

GOLD

C1 Advanced

NEW EDITION

Word	Part of speech	Pronunciation	Definition	Example	Unit
mansion	noun	'mænjən	a very large house	a beautiful country mansion	1
take into account	phrasal verb	teɪk 'ɪntə ə 'kaʊnt	to consider something when judging a situation	Can you take into account the fact that he is a vegetarian when booking the restaurant.	1
cabin	noun	'kæbən, 'kæbɪn	a small house, especially one built of wood in an area of forest or mountains	a log cabin	1
opt	verb	ɒpt	to choose one thing or do one thing instead of another	We finally opted for the wood finish.	1
proximity	noun	prɒk'sɪməti, prɒk'sɪmɪti	nearness in distance or time	We chose the house for its proximity to the school.	1
vicinity	noun	və'sɪnəti, vɪ'sɪnəti	in the area around a particular place	The stolen car was found in the vicinity of the station.	1
immediacy	noun	ɪ'mi:diəsi	when something is important or urgent because it relates to a situation or event that is happening now	the immediacy of everyday experience	1
locality	noun	ləʊ'kæləti, ləʊ'kælti	a small area of a country, city, etc.	weather reports from several different localities	1
permit	verb	pə'mɪt	to allow something to happen, especially by an official decision, rule, or law	Smoking is only permitted in the public lounge.	1
aspire	verb	ə'spaɪə	to desire and work towards achieving something important	college graduates aspiring to careers in finance	1
fantasise	verb	'fæntəsaɪz	to imagine that you are doing something which is very pleasant or exciting, but which is very unlikely to happen	Sometimes she fantasised about buying a boat and sailing around the world.	1
esteem	noun	ɪ'sti:m	a feeling of respect for someone, or a good opinion of someone	The critics held him in high esteem as an actor.	1
hustle and bustle	noun	'hʌsəl ənd 'bʌsəl	busy and noisy activity	the hustle and bustle of the market place	1
retrace your steps	verb	rɪ'treɪs jə steps	to go back exactly the way you have come	After a few minutes, he turned around and began to retrace his steps.	1
glorious	adj	'glɔ:riəs	having or deserving great fame, praise, and honour	a truly glorious future	1
solitude	noun	'sɒlətju:d, 'sɒltju:d	when you are alone, especially when this is what you enjoy	Carl spent the morning in solitude.	1
possess	verb	pə'zes	to have a particular quality or ability	Different workers possess different skills.	1
indicator	noun	'ɪndəkeɪtə, 'ɪndɪkətə	something that can be regarded as a sign of something else	All the main economic indicators suggest that trade is improving.	1
perception	noun	pə'sepʃən	the way you think about something and your idea of what it is like	children's perceptions of the world	1
insignificant	adj	,ɪnsɪg'nɪfɪkənt	too small or unimportant to consider or worry about	You realise that your problems are insignificant in comparison.	1
GPS	noun	,dʒi: pi: 'es	a system that uses radio signals from satellites to show your exact position on the Earth on a special piece of equipment	The new car comes with GPS.	1
remotely	adv	rɪ'məʊtli	from a distance	access information remotely	1
hybrid	noun	'haɪbrɪd, 'haɪbrɪd	something that consists of or comes from a mixture of two or more other things	a unique hybrid of blues, country, pop, and gospel music	1
authorities	noun	ɔ:'θɔ:rtɪz	the people or organisations that are in charge of a particular country or area	an agreement between the US and Colombian authorities	1
accomplishment	noun	ə'kʌmplɪʃmənt	something successful or impressive that is achieved after a lot of effort and hard work	Cutting the budget was an impressive accomplishment.	1
exploration	noun	,eksplə'reɪʃən	the act of travelling through a place in order to find out about it or find something such as oil or gold in it	oil exploration facilities in the North Sea	1
structure	noun	'strʌktʃə	the way in which the parts of something are connected with each other and form a whole, or the thing that these parts make up	the social structure of organisations	1
boundary	noun	'baʊndəri	the real or imaginary line that marks the edge of a state, country, thing, etc., or the edge of an area of land that belongs to someone	The Mississippi River forms a natural boundary between Iowa and Illinois.	1
tracking	adj	'trækɪŋ	when the system on a video recorder keeps the picture from a videotape clear on the screen	a railroad tracking shot	1
favela	noun	fə'velə	a Brazilian shack, shanty town or slum	a rapidly growing population in the favelas of the city	1
mass	verb	mæs	to come together, or to make people or things come together, in a large group	grey clouds massing behind the mountains	1
complex	adj	'kɒmpleks	consisting of many different parts and often difficult to understand	a complex system of highways	1
airship	noun	'eəʃɪp	a large aircraft with no wings, that has an engine and is filled with gas to make it float	He made his reputation building airships.	1
drone	noun	drəʊn	a remote-controlled pilotless aircraft or missile	A drone was heard overhead.	1
context	noun	'kɒntekst	the situation, events, or information that are related to something and that help you to understand it	To appreciate what these changes will mean, it is necessary to look at them in context.	1
intersect	verb	,ɪntə'sekt	if two lines or roads intersect, they meet or go across each other	The plain is intersected by a network of canals.	1
conception	noun	kən'sepʃən	an idea about what something is like, or a general understanding of something	the original conception of the book	1
perspective	noun	pə'spektɪv	a way of thinking about something, especially one which is influenced by the type of person you are or by your experiences	His father's passing gave him a whole new perspective on life.	1
disembodied	adj	,dɪsəm'bɒdɪd	existing without a body or separated from a body	the disembodied voice of the narrator	1
soul	noun	səʊl	the part of a person that is not physical, and that contains their character, thoughts, and feelings. Many people believe that a person's soul continues to exist after they have died	the immortality of the soul	1
pervasive	adj	pə'veɪsɪv	existing everywhere	the pervasive influence of television	1

navigate	verb	'nævəgeɪt, 'nævɪgeɪt	to find which way you need to go when you are travelling from one place to another	I'll drive, you take the map and navigate.	1
landmark	noun	'lændmɑ:k	something that is easy to recognise, such as a tall tree or building, and that helps you know where you are	One of the city's most famous landmarks has been demolished.	1
quantum	noun	'kwɒntəm	a unit of energy in nuclear physics	the quantam amount of the object	1
mechanics	noun	mɪ 'kæən ɪks	the science that deals with the effects of forces on objects	the study of quantam mechanics	1
feat	noun	fi:t	something that is an impressive achievement, because it needs a lot of skill, strength, etc., to do	They climbed the mountain in 28 days, a remarkable feat.	1
beam	verb	bi:m	a line of light shining from the sun, a lamp, etc.	The sun beamed through the clouds.	1
coordinate	verb	kəʊ'ɔ:dəneɪt, kəʊ'ɔ:dɪnɪt	to organise an activity so that the people involved in it work well together and achieve a good result	The agencies are working together to coordinate policy on food safety.	1
affirm	verb	ə'fɜ:m	to state publicly that something is true	The general affirmed rumours of an attack.	1
phenomenon	noun	fi'nɒmənən, fi'nɒmɪnən	something that happens or exists in society, science, or nature, especially something that is studied because it is difficult to understand	the growing phenomenon of telecommuting	1
archly	adv	'ɑ:tʃli	in an amused manner because you think you understand something better than other people	'I think he's in for a surprise,' Ian said archly.	1
urbanism	noun	'ɜ:bənɪz(ə)m	the development and planning of cities and towns	Her interests include architectural design and urbanism.	1
mapping	noun	'mæpɪŋ	making a map, or a matching process where the points of one set are matched against the points of another set.	A lot of progress has been made in the scientific mapping of the islands.	1
provoke	verb	prə'vəʊk	to cause a reaction or feeling, especially a sudden one	The proposal provoked widespread criticism.	1
homogenous	adj	,həʊmə'dʒi:niəs	consisting of people or things that are all of the same type	a homogeneous society	1
globalised	adj	'gləʊbəlaɪzd	if a company, industry, or economy is globalised, it has business activities all over the world	a globalised industry	1
corporate	adj	'kɔ:pərət, 'kɔ:pəɪt	belonging to or relating to a corporation	The company is moving its corporate headquarters from New York to Houston.	1
signage	noun	'saɪnɪdʒ	the signs in or on a building, or in a public place	The signage at the hospital is being made clearer.	1
visceral	adj	'vɪsərəl	visceral beliefs and attitudes are the result of strong feelings rather than careful thought	his visceral hatred of the ruling class	1
peppered	adj	'pep əd	when something is dotted or sprinkled liberally with something	His prose was peppered with rhyme and repetition.	1
sprawl	noun	sprɔ:l	a large area of buildings that are spread out in an untidy and unattractive way	We drove through miles of urban sprawl before we finally got out into the countryside.	1
parameter	noun	pə'ræmətə, pə'ræmɪtə	a set of fixed limits that control the way that something should be done	The inquiry has to stay within the parameters laid down by Congress.	1
linear	adj	'lɪniə	consisting of lines, or in the form of a straight line	a linear diagram	1
astute	adj	ə'stju:t	able to understand situations or behaviour very well and very quickly, especially so that you can get an advantage for yourself	an astute politician	1
credential	noun	krə'dentʃəl	someone's education, achievements, experience, etc., that prove they have the ability to do something	She had excellent credentials for the job.	1
blueprint	noun	'blu:prɪnt	a plan for achieving something	a blueprint for health-care reform	1
vault	noun	vɔ:lt	a room with thick walls and a strong door where money, jewels, etc., are kept to prevent them from being stolen or damaged	a bank vault	1
reconnaissance	noun	rɪ'kɒnəsəns, rɪ'kɒnɪsəns	the military activity of sending soldiers and aircraft to find out about the enemy's forces	reconnaissance aircraft	1
heist	noun	haɪst	an act of stealing something very valuable from a shop, bank, etc.	a jewellery heist	1
subvert	verb	səb'vɜ:t	to try to destroy the power and influence of a government or the established system	an attempt to subvert the democratic process	1
frequent	verb	'fri:kwənt	to go to a particular place often	The bar was frequented by actors from the nearby theatre.	1
distinctive	adj	dɪ'stɪŋktɪv	having a special quality, character, or appearance that is different and easy to recognise	a rock band with a distinctive sound	1
barge	noun	bɑ:dʒ	a large low boat with a flat bottom, used for carrying goods on a canal or river	Each barge weighs about 850 tons and carries about eleven hundred tons of steel.	1
mecca	noun	'mekə	a place that many people want to visit for a particular reason	Florence is a mecca for students of Art History.	1
iconic	adj	aɪ'kɒnɪk	someone famous who is admired by many people and is thought to represent an important idea	a sixties cultural icon	1
endowed	adj	ɪn'dəʊd	when something is provided with a quality, ability, or asset	He was endowed with tremendous physical strength.	1
asset	noun	'æset	the things that a company owns, that can be sold to pay debts	a corporation with \$9 billion in assets	1
slogan	noun	'sləʊgən	a short phrase that is easy to remember and is used in advertisements, or by politicians, organisations, etc.	an advertising slogan	1
claim	verb	kleɪm	to state that something is true, even though it has not been proved	The product claims that it can make you thin without dieting.	1
run-down	adj	,rʌn'daʊn	a building or area that is run-down is in very bad condition	a run-down inner-city area	1
transplant	noun	træns'plɑ:nt	the moving of an organ, piece of skin, etc., from one person's body into another as a form of medical treatment	a heart transplant	1
blissful	adj	'blɪsfəl	extremely happy or enjoyable	blissful sunny days	1
bear fruit	phrase	beə fru:t	if a plan, decision, etc., bears fruit, it is successful, especially after a long period of time	Charles's diplomacy eventually bore fruit.	1

infrastructure	noun	'ɪnfɹəˌstrʌktʃə	the basic systems and structures that a country or organisation needs in order to work properly, for example roads, railways, banks, etc.	Some countries lack a suitable economic infrastructure.	1
burden	noun	'bɜːdn	something difficult or worrying that you are responsible for	His family responsibilities had started to become a burden.	1
campaign	noun	kæm'peɪn	a series of actions intended to achieve a particular result relating to politics or business, or a social improvement	an advertising campaign	1
optimism	noun	'ɒptɪmɪzəm, 'ɒptɪmɪzəm	a tendency to believe that good things will always happen	Recent results must give some cause for optimism.	1
renewal	noun	rɪ'njuːəl	when an activity, situation, or process begins again after a period when it had stopped	a renewal of the recent conflict	1
pretty up	verb	'prɪti ʌp	to make something more attractive by adding something that is pretty or beautiful	Let's pretty up the garden before the guests arrive', he suggested.	1
incentive	noun	ɪn'sentɪv	something that encourages you to work harder, start a new activity, etc.	As an added incentive, there's a bottle of champagne for the best team.	1
panel	noun	'pænl	a group of people with skills or specialist knowledge who have been chosen to give advice or opinions on a particular subject	A panel of experts has looked at the proposal.	1
nocturnal	adj	nɒk'tɜːnl	happening at night	Rebecca paid a nocturnal visit to the flat.	2
epidemic	noun	,epə'demɪk, ,epɪ'demɪk	a sudden increase in the number of times that something bad happens	Britain is suffering an epidemic of petty crime.	2
aimlessly	adv	'eɪmləsli	not having a clear purpose or reason	a young man drifting through life aimlessly	2
small hours	noun	smɔːl 'aʊ_əz	the early morning hours, between about one and four o'clock	He finally fell exhausted into bed in the small hours.	2
needlessly	adv	'niːdləsli	needless troubles, suffering, loss, etc., are unnecessary because they could easily have been avoided	People are dying needlessly every year of heart attacks.	2
dread	verb	dred	to feel anxious or worried about something that is going to happen or may happen	I've got an interview tomorrow and I'm dreading it.	2
introvert	noun	'ɪntɹəvɜːt	someone who is quiet and shy, and does not enjoy being with other people	My brother is an introvert and refuses to go to any parties.	2
relieved	adj	rɪ'liːvd	feeling happy because you are no longer worried about something	She looked immensely relieved when she heard the news.	2
unbalanced	adj	ʌn'bælənst	a report, argument, etc., that is unbalanced is unfair because it emphasises one opinion too much	an unbalanced relationship	2
disturbed	adj	dɪ'stɜːbd	worried or upset	Police are very disturbed about the latest trend.	2
isolation	noun	,aɪsə'leɪʃən	when one group, person, or thing is separate from others	Because of its geographical isolation, the area developed its own unique culture.	2
self-disciplined	adj	,self'dɪs ə'plɪnd	the ability to make yourself do the things you know you ought to do, without someone making you do them	A lot of the kids seemed to lack self-discipline.	2
cultivated	adj	'kʌltɪveɪtəd, 'kʌltɪveɪtəd	someone who is cultivated is intelligent and knows a lot about music, art, literature, etc.	a highly cultivated man	2
devote	verb	dɪ'vəʊt	to use all or most of your time, effort, etc., in order to do something or help someone	He devoted his energies to writing films.	2
emoji	noun	ɪ'məʊdʒi	an icon, similar to an emoticon, used in electronic messages and on websites, originally in Japan	He always included an emoji in his texts to me.	2
characteristic	noun	,kærəktə'rɪstɪk, ,kærɪktə'rɪstɪk	a quality or feature of something or someone that is typical of them and easy to recognise	a baby discovering the physical characteristics of objects	2
attachment	noun	ə'tætʃmənt	a feeling that you like or love someone or something and that you would be unhappy without them	a child's attachment to its mother	2
specific	adj	spə'sɪfɪk, spɪ'sɪfɪk	a specific thing, person, or group is one particular thing, person, or group	games suitable for specific age groups	2
literal	adj	'lɪtərəl	the literal meaning of a word or expression is its basic or original meaning	A trade war is not a war in the literal sense.	2
random	adj	'rændəm	happening or chosen without any definite plan, aim, or pattern	a random selection of women who were in the shop	2
subtle	adj	'sʌtl	not easy to notice or understand unless you pay careful attention	The pictures are similar, but there are subtle differences between them.	2
comprehend	verb	,kɒmpɹɪ'hend	to understand something that is complicated or difficult	She cannot comprehend the extent of the disaster.	2
ironically	adv	aɪ'rɒnɪkli	used when talking about a situation in which the opposite of what you expected happens or is true	Ironically, his cold got better on the last day of his holiday.	2
instinctively	adv	ɪn'stɪŋktɪvli	based on instinct and not involving thought	She instinctively knew her mother needed her help.	2
browse	verb	braʊz	to look through the pages of a book, magazine, etc., without a particular purpose, just looking at the most interesting parts	Jon was browsing through the photographs.	2
spontaneous	adj	spɒn'teɪniəs	something that is spontaneous has not been planned or organised, but happens by itself, or because you suddenly feel you want to do it	The crowd gave a spontaneous cheer.	2
irony	noun	'aɪərəni	a situation that is unusual or amusing because something strange happens, or the opposite of what is expected happens or is true	Life is full of little ironies.	2
witty	adj	'wɪti	using words in a clever and amusing way	witty remarks	2
conversationalist	noun	,kɒnvə'seɪʃənəlɪst, ,kɒnvə'seɪʃə	someone who talks about intelligent, amusing, and interesting things	She had always been a very amusing conversationalist.	2
mask	noun	mɑːsk	something that covers all or part of your face, to protect or to hide it	a surgical face mask	2
empathise	verb	'empəθaɪz	to be able to understand someone else's feelings, problems, etc., especially because you have had similar experiences	My mother passed away last year so I can really empathise with what he's going through.	2
Enlightenment	noun	ɪn'laɪtnmənt	The Enlightenment was a period in European history, in the 18th century, when educated people thought that belief should depend on reason and scientific proof	a novel from the Age of Enlightenment	2
salon	noun	'sælɒn	a regular meeting of famous people at which they talk about art, literature, or music, popular in the past in France	a literary salon	2
eloquence	noun	'el ək wɒnts	able to express your ideas and opinions well, especially in a way that influences people	She spoke about her mother with such eloquence.	2

banter	noun	'bæntə	friendly conversation in which people make a lot of jokes with, and amusing remarks about, each other	easy banter between her cousins	2
sarcastic	adj	sɑ:'kæstɪk	saying things that are the opposite of what you mean, in order to make an unkind joke or to show that you are annoyed	Was she being sarcastic?	2
sporadic	adj	spə'rædɪk	happening fairly often, but not regularly	There has been sporadic violence downtown.	2
unease	noun	ʌn'i:z	a feeling of worry or slight fear about something	As she neared the door, Amy felt a growing sense of unease.	2
creep	verb	kri:p	to move in a quiet, careful way, especially to avoid attracting attention	Johann would creep into the gallery to listen to the singers.	2
role play	noun	'rəʊl pleɪ	an exercise in which you pretend to be in a particular situation, especially to help you learn a language or deal with problems	Language teachers often use role play in the classroom.	2
dismantle	verb	dɪs'mæntl	to take a machine or piece of equipment apart so that it is in separate pieces	Chris dismantled the bike in five minutes.	2
dwindle	verb	'dwɪndl	to gradually become less and less or smaller and smaller	The elephant population is dwindling.	2
courteous	adj	'kɜ:tiəs	polite and showing respect for other people	The staff are always courteous and helpful.	2
meaningful	adj	'mi:nɪŋfəl	having a meaning that is easy to understand and makes sense	Without more data we cannot make a meaningful comparison of the two systems.	2
strike down	phrasal verb	straɪk daʊn	to kill someone or something or make them extremely ill	Over 50 nurses at the clinic have been struck down with a mystery virus.	2
acquaintance	noun	ə'kweɪntəns	someone you know, but who is not a close friend, or something you encounter	She was a casual acquaintance of my family in Vienna.	2
block off	phrasal verb	blɒk ɒf	to completely close off something such as a road or an opening	Police blocked off the city centre streets.	2
wander	verb	'wɒndə	to walk slowly across or around an area, usually without a clear direction or purpose	I'll wander around the mall for half an hour.	2
attentively	adv	ə'tentɪvli	listening to or watching someone carefully because you are interested	John attentively listened to the lecture.	2
stereotype	verb	'steriətaɪp, 'strə-	a belief or idea of what a particular type of person or thing is like	racist stereotypes in the media	2
opener	noun	'əʊpənə	a remark used as an excuse to initiate a conversation	a provocative opener	2
eagerness	noun	'i:g ənəs	very keen and excited about something that is going to happen or about something you want to do	People were pushing each other out of the way in their eagerness to get to the front.	2
gossip	noun	'gɒsɪp, 'gɒsɪp	information that is passed from one person to another about other people's behaviour and private lives, often including unkind or untrue remarks	Here's an interesting piece of gossip about Mrs Smith.	2
controversial	adj	,kɒntrə'vɜ:ʃəl	causing a lot of disagreement, because many people have strong opinions about the subject being discussed	the controversial issue of welfare reform	2
trustworthy	adj	'trʌst,wɜ:ði	able to be trusted and depended on	We need someone who is 100% trustworthy.	2
authoritative	adj	ɔ:'θɒrətətɪv, ɔ:'θɒrɪtətɪv,	an authoritative book, account, etc., is respected because the person who wrote it knows a lot about the subject	the most authoritative work on English surnames	2
harsh	adj	hɑ:ʃ	harsh conditions are difficult to live in and very uncomfortable	The hostages are being held in harsh conditions.	2
high-pitched	adj	,haɪ 'pɪʃt	a high-pitched voice or sound is very high	Her voice was clear but rather high-pitched.	2
husky	adj	'hʌski	a husky voice is deep, quiet, and attractive	'Come quickly,' she said in a husky whisper.	2
mellow	adj	'meləʊ	a mellow colour or light looks soft, warm, and not too bright	the mellow golden light of early evening	2
monotonous	adj	mə'nɒtənəs	boring because of always being the same	a monotonous diet	2
nasal	adj	'neɪzəl	related to the nose	the nasal passage	2
soothing	adj	'su:ð ɪŋ	to make someone feel calmer and less anxious, upset, or angry	gentle, soothing music	2
squeaky	adj	'skwi:ki	making very high noises that are not loud	a squeaky voice	2
wobbly	adj	'wɒbli	moving unsteadily from side to side	a wobbly table	2
manner	noun	'mænə	the way in which something is done or happens	It seemed rather an odd manner of deciding things.	2
drowsy	adj	'draʊzi	tired and almost asleep	The drug can make you drowsy.	2
monotone	noun	'mɒnətəʊn	a sound or way of speaking or singing that continues on the same note without getting any louder or softer, and therefore sounds very boring	He answered all the lawyer's questions in a dull monotone.	2
vocal	adj	'vəʊkəl	expressing strong opinions publicly, especially about things that you disagree with	He has been particularly vocal in his criticism of the government.	2
breathy	adj	'breθi	if someone's voice is breathy, you can hear their breath when they speak	She made a breathy sound when she was singing.	2
lifeless	adj	'laɪfləs	lacking the positive qualities that make something or someone interesting, exciting, or active	The actors' performances were lifeless.	2
insecure	adj	,ɪnsɪ'kjʊə	not feeling at all confident about yourself, your abilities, or your relationships with people	She's very insecure about her appearance.	2
disinclined	adj	,dɪsɪn'klaɪnd	to be unwilling to do something	I was disinclined to talk to Sam about it.	2
excessively	adv	ɪk'sesɪvli	to a greater degree or in greater amounts than is necessary, normal, or desirable	excessively high taxes	2
cognitive	adj	'kɒgnətɪv, 'kɒgnɪtv	related to the process of knowing, understanding, and learning something	cognitive psychology	REVIEW
persistent	adj	pə'sɪstənt	continuing to exist or happen, especially for longer than is usual or desirable	persistent rumours	GRAMMAR REFERENCE
artefact	noun	'ɑ:təfækt, 'ɑ:trɪfækt	an object such as a tool, weapon, etc., that was made in the past and is historically important	ancient Egyptian artefacts	GRAMMAR REFERENCE
hammock	noun	'hæmək	a large piece of cloth that is hung between two trees or posts so that you can sleep in it	Relaxing in a hammock on the beach is what I look forward to most when I am on holiday.	GRAMMAR REFERENCE
vacuum	verb	'vækjuəm	to clean using a vacuum cleaner	I vacuumed all the carpets in the house.	GRAMMAR REFERENCE
regards	noun	rɪ'gɑ:dz	used to send good wishes to someone in a polite and slightly formal way	My father sends his regards to you.	GRAMMAR REFERENCE
wasted	adj	'weɪstəd, 'weɪstɪd	when something such as money or skills are not used in a way that is effective, useful, or sensible	I'm sorry you've had a wasted trip. Mr Newton isn't here.	3
juvenile	adj	'dʒu:vənəl	relating to young people who are not yet adults	juvenile behaviour	3

suitability	noun	,su:tə'biləti, ,su:tə'bilɪti, ,sju:-	the degree to which something or someone has the right qualities for a particular purpose	There's no doubt about Christine's suitability for the job.	3
tact	noun	tækt	the ability to be careful about what you say or do, so that you do not upset or embarrass other people	With great tact, Clive persuaded her to apologise.	3
retain	verb	rɪ'teɪn	to keep something or continue to have something	You have the right to retain possession of the goods.	3
demeanour	noun	di'mi:nə	the way someone behaves, dresses, speaks, etc., that shows what their character is like	his quiet, reserved demeanour	3
advancing	adj	əd'vɑ:nsɪŋ	the fact of growing older	Blake had grown much quieter – another sign of his advancing years.	3
spring chicken	noun	sprɪŋ 'tʃɪkɪn	used to say that someone is no longer young – used humorously	After all, you're thirty now and no spring chicken!	3
over the hill	phrase	'əʊvə ðə hɪl	no longer young, and therefore no longer attractive or good at doing things	Kathleen thinks she's over the hill, but she's only 32 I think.	3
boyish	adj	'bɔɪ-ɪʃ	someone who is boyish looks or behaves like a boy in a way that is attractive	boyish good looks	3
infantile	adj	'ɪnfəntaɪl	infantile behaviour seems silly in an adult because it is typical of a child	infantile jokes	3
sacrifice	noun	'sækrɪfəɪs, 'sækrɪfais	when you decide not to have something valuable, in order to get something that is more important	The workforce were willing to make sacrifices in order to preserve jobs.	3
life coach	noun	laɪf kəʊtʃ	someone whose job is to help other people be successful in their lives by making them clear about what they want to do in the future	I have an appointment with my life coach once a week.	3
map out	phrv	mæp aʊt	to plan carefully how something will happen	Her own future had been mapped out for her by wealthy and adoring parents.	3
contradictory	adj	,kɒntrə'dɪktəri	two statements, beliefs, etc., that are contradictory are different and therefore cannot both be true or correct	The public is being fed contradictory messages about the economy.	3
deter	verb	di'tɜ:	to stop someone from doing something, by making them realise it will be difficult or have bad results	The security camera was installed to deter people from stealing.	3
disclose	verb	dis'kləʊz	to make something publicly known, especially after it has been kept secret	Some companies have already voluntarily disclosed similar information.	3
wrong	verb	rɒŋ	act unjustly or dishonestly towards somebody	I have badly wronged her.	3
tempting	adj	'temptɪŋ	something that is tempting seems very good and you would like to have it or do it	a tempting job offer	3
outspoken	adj	aʊt'spəʊkən	expressing your opinions honestly and directly, even when doing this might annoy some people	an outspoken critic of the education reforms	3
angst	noun	æŋst	strong feelings of anxiety and unhappiness because you are worried about your life, your future, or what you should do in a particular situation	love letters full of angst	3
profoundly	adv	prə'faʊndli	having a strong influence or effect	The experience had been profoundly disturbing.	3
disconcerting	adj	,dɪskən'sɜ:ɪŋ	making you feel slightly confused, embarrassed, or worried	a disconcerting question	3
impermanent	adj	ɪm'pɜ:mənənt	not staying the same forever	single-storey structures, built from cheap and impermanent materials	3
digital footprint	noun	'dɪdʒɪtl 'fʊt,prɪnt	the information about a particular person that exists on the Internet as a result of their online activity	His reputation was damaged thanks to his extensive digital footprint.	3
uncharitable	adj	ʌn'tʃærətəbəl, ʌn'tʃærɪtəbəl	unkind or unfair in the way you judge people	uncharitable remarks	3
narcissistic	adj	,nɑ:sə'sɪstɪk, ,nɑ:sɪ'sɪstɪk	when someone is too concerned about their appearance or abilities or spends too much time admiring them – used to show disapproval	He went to the gym every day, driven purely by narcissism.	3
retaliate	verb	rɪ'tæliət	to do something bad to someone because they have done something bad to you	The British government retaliated by breaking off diplomatic relations.	3
ridicule	noun	'rɪdɪkjʊ:l, 'rɪdɪkjʊ:l	unkind laughter or remarks that are intended to make someone or something seem stupid	He had become an object of ridicule among the other teachers.	3
prospect	noun	'prɒspekt	the possibility that something will happen	I see no prospect of things improving here.	3
outpouring	noun	'aʊtpɔ:ɪŋ	an expression of strong feelings	an outpouring of grief	3
unreasonable	adj	ʌn'ri:zənəbəl	not fair or sensible	I think he's being unreasonable.	3
founded	adj	'faʊndɪd	to be the main idea, belief etc that something else develops from	The British parliamentary system is founded on debate and opposition.	3
induce	verb	ɪn'dju:s	to persuade someone to do something, especially something that does not seem wise	Nothing would induce me to vote for him again.	3
infatuation	noun	ɪn,fætʃu'eɪʃən	a strong feeling of love for someone or interest in something, especially a feeling that is unreasonable and does not continue for a long time	the current infatuation with seventies style	3
pent-up	adj	,pent 'ʌp	pent-up feelings or energy have not been expressed or used for a long time	years of pent-up anger and frustration	3
rage	noun	reɪdʒ	a strong feeling of uncontrollable anger	Sobbing with rage, Carol was taken to the hospital.	3
insight	noun	'ɪnsaɪt	a sudden clear understanding of something or part of something, especially a complicated situation or idea	The research provides new insights into the way we process language.	3
elicit	verb	ɪ'lɪsət, ɪ'lɪsɪt	to succeed in getting information or a reaction from someone, especially when this is difficult	When her knock elicited no response, she opened the door and peeped in.	3
assumption	noun	ə'sʌmpʃən	something that you think is true although you have no definite proof	A lot of people make the assumption that poverty only exists in the Third World.	3
bare	verb	beə	to remove something that was covering or hiding something	The dog bared its teeth.	3
ephemeral	adj	ɪ'femərəl	existing or popular for only a short time	Fashion is by nature ephemeral.	3
posterity	noun	pɒ'sterəti, pɒ'sterɪti	all the people in the future who will be alive after you are dead	a priceless work of art that must be kept for posterity	3
reticence	noun	'ret ɪs ənts	unwilling to talk about what you feel or what you know	the reticence of the British to enter the discussion	3
justifiable	adj	'dʒʌstɪfəɪəbəl, 'dʒʌstɪfəɪəbəl	actions, reactions, decisions, etc., that are justifiable are acceptable because they are done for good reasons	justifiable anger	3
sentimentality	noun	,sentəmən'tæləti, ,sentɪmən'tælə	the quality of being sentimental	these poems are pure sentimentality	3
appalled	adj	ə'pɔ:ld	very shocked and upset by something very bad or unpleasant	I was appalled by what I saw.	3

CPR	noun	,si: pi: 'ɑ:	cardiopulmonary resuscitation: when you breathe into someone's mouth and press repeatedly on their chest in order to make them breathe again and make their heart start beating again after it has stopped	The doctor administered CPR on the woman and her heart started beating again.	3
Heimlich Manoeuvre	noun	'haɪm hɪk mə'nu:və	a first-aid procedure for dislodging an obstruction from a person's windpipe in which a sudden strong pressure is applied on their abdomen, between the navel and the ribcage	He performed the Heimlich manoeuvre on the child and she was able to breathe again.	3
gist	noun	dʒɪst	the main idea and meaning of what someone has said or written	The gist of his argument is that full employment is impossible.	3
screwdriver	noun	'skru: draɪvə	a tool with a narrow blade at one end that you use for turning screws	I will need a screwdriver to put up this shelf for you.	3
saw	noun	sə:	a tool that you use for cutting wood. It has a flat blade with an edge cut into many V shapes	a wood saw	3
carpentry	noun	'kɑ:pəntri, 'kɑ:pɪntri	the skill or work of a carpenter	He's going to start carpentry lessons at the youth club.	3
beguiling	adj	bɪ'gɑ:ɪlɪŋ	attractive and interesting	a beguiling look on her face	3
disconnected	adj	,dɪskə'nektəd, ,dɪskə'nektɪd	disconnected thoughts or ideas do not seem to be related to each other	I feel very disconnected from my childhood village.	3
vital	adj	'vaɪtl	extremely important and necessary for something to succeed or exist	The work she does is absolutely vital.	3
reliant	adj	rɪ'laɪənt	dependent on someone or something	Most companies are now reliant on computer technology.	3
longevity	noun	lɒn'dʒevəti, lɒn'dʒevɪti	the amount of time that someone or something lives	the greater longevity of women compared with men	3
centenarian	noun	,sentə'neəriən, ,senti'neəriən	someone who is 100 years old or older	my centenarian grandmother	3
peer	noun	pɪə	your peers are the people who are the same age as you, or who have the same type of job, social class, etc.	American children did less well in maths than their peers in Japan.	3
compile	verb	kəm'paɪl	to make a book, list, record, etc., using different pieces of information, music, etc.	The document was compiled by the Department of Health.	3
prognosis	noun	prɒɡ'nɒsəs, prɒɡ'nəʊsɪs	a doctor's opinion of how an illness or disease will develop	The doctors said Tom's long-term prognosis is good.	3
expectancy	noun	ɪk'spektənsi	the feeling that something pleasant or exciting is going to happen	I saw the look of expectancy in the children's eyes.	3
confide	verb	kən'faɪd	to tell someone you trust about personal things that you do not want other people to know	He confided to his friends that he didn't have much hope for his marriage.	3
accumulation	noun	ə,kju:mjə'leɪʃən, ə,kju:mjə'leɪʃə	to gradually get more and more money, possessions, knowledge, etc., over a period of time	the accumulation of data	3
sceptical	adj	'skeptɪkəl	tending to disagree with what other people tell you	I'm extremely sceptical about what I read in the press.	3
redress	verb	rɪ'dres	to correct something that is wrong or unfair	Little could be done to redress the situation.	3
misconception	noun	,mɪskən'sepʃən	an idea which is wrong or untrue, but which people believe because they do not understand the subject properly	There is a popular misconception that too much exercise is bad for you.	3
misrepresent	verb	,mɪsreprɪ'zent	to deliberately give a wrong description of someone's opinions or of a situation	These statistics grossly misrepresent the reality.	3
wishful thinking	noun	'wɪʃ fəl 'θɪŋkɪŋ	when you believe that what you want to happen will happen, when in fact it is not possible	I think she rather likes me. But maybe that's just wishful thinking.	3
granted	adv	'grɑ:ntəd, 'grɑ:ntɪd	used when you admit that something is true	Granted, the music is not perfect, but the flaws are outweighed by the sheer joy of the piece.	3
laid-back	adj	,leɪd 'bæk	relaxed and seeming not to be worried about anything	I don't know how you can be so laid-back about your exams.	3
veer	verb	vɪə	to change direction	A tanker driver got injured when his lorry veered off the motorway.	3
boot on the other foot	phrase	bu:t ɒn ðə 'ʌðə fʊt	used to say that a situation has changed to the opposite of what it was before	She doesn't like being told what to do but at least the boot is on the other foot now.	3
succinct	adj	sək'sɪŋkt	clearly expressed in a few words – use this to show approval	a succinct explanation	3
coin	verb	kɔɪn	to invent a new word or expression, especially one that many people start to use	coin a phrase	REVIEW
bandwagon	noun	'bænd,wægən	an activity that a lot of people are doing	The keep-fit bandwagon started rolling in the mid-80s.	REVIEW
subsist	verb	səb'sɪst	to stay alive when you only have small amounts of food or money	We had to subsist on bread and water.	REVIEW
pitch	verb	pɪtʃ	to set prices at a particular level	Room rates are pitched at £69 for a single.	REVIEW
inflatable	adj	ɪn'fleɪtəbəl	an inflatable object has to be filled with air before you can use it	an inflatable mattress	GRAMMAR FOCUS
perfectionist	noun	pə'fekʃənəst, pə'fekʃənɪst	someone who is not satisfied with anything unless it is completely perfect	Many top athletes are perfectionists who drive themselves to excel.	4
ritual	noun	'rɪʃuəl	something that you do regularly and in the same way each time	the daily ritual of mealtimes	4
comfort zone	noun	'kʌmfət zəʊn	your comfort zone is the range of activities or situations that you feel happy and confident in	Doing business presentations always make her feel very much out of her comfort zone.	4
fulfill	verb	fʊl'fɪl	if you fulfil a hope, wish, or aim, you achieve the thing that you hoped for, wished for, etc.	Visiting Disneyland has fulfilled a boyhood dream.	4
persistence	noun	pə'sɪstəns	determination to do something even though it is difficult or other people oppose it	Her persistence paid off when she was offered the job of manager.	4
dividend	noun	'dɪvədənd, 'dɪvɪdənd, -dend	a part of a company's profit that is divided among the people with shares in the company	Good eating habits will pay dividends later on in life.	4
high flyer	noun	haɪ 'flaɪə	someone who is extremely successful in their job or in school	Retailing is not generally the first career choice of young high fliers.	4
exposure	noun	ɪk'spəʊʒə	the attention that someone or something gets from newspapers, television, etc.	The failure of their marriage has got a lot of exposure recently.	4
envisage	verb	ɪn'vɪzɪdʒ	to think that something is likely to happen in the future	The scheme cost a lot more than we had originally envisaged.	4
grant	verb	grɑ:nt	to give someone something or allow them to have something that they have asked for	I would love to be able to grant her wish.	4
outsell	verb	aʊt'sel	to be sold in larger quantities than something else	It may outsell his previous novels.	4
venture	noun	'ventʃə	a new business activity that involves taking risks	a new sales venture	4
mantra	noun	'mæntərə	a word or sound that is repeated, often as a prayer or to help people meditate	He closed his eyes and began to recite a Buddhist mantra.	4

intuition	noun	ˌɪntjuːʃən	the ability to understand or know something because of a feeling rather than by considering the facts	feminine intuition	4
grasp	verb	grɑːsp	to take and hold something firmly	I grasped his arm firmly and led him away.	4
potential	adj	pəˈtenʃəl	likely to develop into a particular type of person or thing in the future	new ways of attracting potential customers	4
logic	noun	ˈlɒdʒɪk	a way of thinking about something that seems correct and reasonable, or a set of sensible reasons for doing something	The logic behind this statement is faulty.	4
selective	adj	səˈlektɪv, sɪˈlektɪv	careful about what you choose to do, buy, allow, etc.	We're very selective about what we let the children watch.	4
exclude	verb	ɪkˈskluːd	to deliberately not include something	a special diet that excludes dairy products	4
poignant	adj	ˈpɔɪnjənt	making you feel sad or full of pity	a poignant reminder of our nation's great sacrifices	4
haphazardly	adv	ˌhæpˈhæzədli	happening or being done in a way that is not planned or organised	bushes growing haphazardly here and there	4
aisle	noun	aɪl	a long passage between rows of seats in a church, plane, theatre, etc., or between rows of shelves in a shop	Would you like a window seat or an aisle seat (= seat next to the aisle)?	4
durable	adj	ˈdʒʊərəbəl	staying in good condition for a long time, even if used a lot	Wood is a durable material.	4
indiscriminately	adv	ˌɪndɪˈskrɪmənətli, ˌɪndɪˈskrɪmənə	being done without thinking about what harm it might cause	The police fired rubber bullets indiscriminately into the crowd.	4
fleeting	adj	ˈfliːtɪŋ	lasting for only a short time	a fleeting smile	4
aversion	noun	əˈvɜːʃən	a strong dislike of something or someone	Despite his aversion to publicity, Arnold was persuaded to talk to the press.	4
confront	verb	kənˈfrʌnt	if a problem, difficulty, etc., confronts you, it appears and needs to be dealt with	The problems confronting the new government were enormous.	4
unwillingness	noun	ʌnˈwɪl ɪŋnəs	not wanting to do something and refusing to do it	There was an unwillingness on his part to take charge of the situation.	4
doomed	adj	duːmd	to make someone or something certain to fail, die, be destroyed, etc.	passengers on the doomed flight	4
shattered	adj	ˈʃætəd	very shocked and upset	I wasn't just disappointed, I was absolutely shattered.	4
cram	verb	kræm	to force something into a small space	Jill crammed her clothes into the bag.	4
unappealing	adj	ˌʌnəˈpiːlɪŋ	not pleasant or attractive	an unappealing shade of grey	4
off-putting	adj	ˈɒf ˌpʊt ɪŋ	if someone's behaviour or the appearance of something is off-putting, you do not like it or you think it is unattractive	Some women found the competitive style of the discussions off-putting.	4
flaw	noun	flɔː	a mistake, mark, or weakness that makes something imperfect	a flaw in the software	4
regrettable	adj	rɪˈɡretəbəl	something that is regrettable is unpleasant, and you wish things could be different	This was a very regrettable error.	4
tendency	noun	ˈtendənsi	if someone or something has a tendency to do or become a particular thing, they are likely to do or become it	Greg's tendency to be critical made him unpopular with his co-workers.	4
pathos	noun	ˈpeɪθəs	the quality that a person, situation, film, or play has that makes you feel pity and sadness	the pathos of the woman trying to keep her lover	4
capture	verb	ˈkæptʃə	to succeed in recording, showing, or describing a situation or feeling, using words or pictures	These photographs capture the essence of working-class life at the turn of the century.	4
bittersweet	adj	ˌbɪtəˈswiːt	feelings, memories, or experiences that are bittersweet are happy and sad at the same time	bittersweet memories of childhood	4
melancholy	noun	ˈmelənkəli	a feeling of sadness for no particular reason	He sank into deep melancholy.	4
impermanence	noun	ɪm ˈpɜːm ən ənts	not staying the same forever	His philosophy stressed the impermanence of the world.	4
impart	verb	ɪmˈpɑːt	to give a particular quality to something	Use a piece of fresh ginger to impart a Far-Eastern flavour to simple ingredients.	4
blossom	noun	ˈblɒsəm	a flower or the flowers on a tree or bush	pale pink blossoms	4
understatedly	adv	ˌʌndəˈsteɪtədli, ˌʌndəˈsteɪtɪdli	done in a way that is attractive because it is simple and does not have too many decorations	All the rooms in the hotel feature understatedly elegant furnishings.	4
embody	verb	ɪmˈbɒdi	to be a very good example of an idea or quality	She embodies everything I admire in a teacher.	4
marketer	noun	ˈmɑːkətə, ˈmɑːkɪtə	an organisation or person that sells a product or service	a marketer of business information and related services	4
albeit	conj	ɔːlˈbiːət, ɔːlˈbiːɪt	used to add information that reduces the force or importance of what you have just said	He accepted the job, albeit with some hesitation.	4
accumulate	verb	əˈkjuːmjəleɪt, əˈkjuːmjələɪt	to gradually get more and more money, possessions, knowledge, etc., over a period of time	It is unjust that a privileged few should continue to accumulate wealth.	4
per se	adv	ˌpɜːˈseɪ	used to say that something is being considered alone, not with other connected things	The colour of the shell per se does not affect the quality of the egg.	4
granary	noun	ˈɡrænəri	a place where grain, especially wheat, is stored	It was the only granary in the area.	4
hoard	noun	hɔːd	a collection of things that someone hides somewhere, especially so they can use them later	the discovery of a hoard of gold coins	4
viable	adj	ˈvaɪəbəl	a viable idea, plan, or method can work successfully	The committee came forward with one viable solution.	4
stewarded	adj	ˈstjuːədɪd	something that is protected by someone, such as nature, public property, or money	the stewarded fields beside the cliffs	4
belatedly	adv	bɪˈleɪtədli, bɪˈleɪtɪdli	happening or arriving late	She belatedly wished me a happy birthday.	4
downside	noun	ˈdaʊnsaɪd	the negative part or disadvantage of something	Digital cell phones offer more security, but the downside is that they have less power.	4
conspire	verb	kənˈspaɪə	to secretly plan with someone else to do something illegal	All six men admitted conspiring to steal cars.	4
misfortune	noun	mɪsˈfɔːtʃən	very bad luck, or something that happens to you as a result of bad luck	It seems the banks always profit from farmers' misfortunes.	4
outcome	noun	ˈaʊtkʌm	the final result of a meeting, discussion, war, etc., – used especially when no one knows what it will be until it actually happens	It was impossible to predict the outcome of the election.	4
inspirational	adj	ˌɪnspəˈreɪʃənəl, ˌɪnspɪˈreɪʃənəl	making people enthusiastic for something	an inspirational speech	4

every cloud has a silver lining	phrase	'evri klaʊd z eɪ 'sɪlvə 'laɪnɪŋ	used to say that there is something good even in a situation that seems very sad or difficult	Despite these hard economic times there has been a fall in inflation, so every cloud has a silver lining.	4
scout	verb	skaʊt	to look for something in a particular area	I'm scouting round for a place to stay.	4
demotivated	adj	di:'mɔʊtəveɪtɪd	if people are demotivated they are less willing to do something, often a job	As a result of the redundancies, we now have a demoralised and demotivated workforce.	4
Paralympic Games	noun	pærə'laɪmpɪk geɪmz	an international sports event held every four years for disabled athletes who cannot use a part of their body properly. It is held after the Olympic Games, in the same city	We were lucky enough to get tickets to the athletics final at the Paralympic games.	4
speculate	verb	'spekjələɪt, 'spekjələɪt	to guess about the possible causes or effects of something, without knowing all the facts or details	She refused to speculate.	4
visualisation	noun	'vɪʒuəlaɪzɪʃ(ə)n	to form a picture of someone or something in your mind	As he was describing the event, a clear visualisation began to form in my mind.	4
productivity	noun	ˌprɒdʌk'tɪvəti, ˌprɒdʌk'tɪvɪti, -dɪ	the rate at which goods are produced, and the amount produced, especially in relation to the work, time, and money needed to produce them	ways of increasing productivity	4
empowering	adj	ɪm 'pəʊəɪŋ	to give someone more control over their own life or situation	It was empowering to see so many people gather and protest about wage cuts.	4
adversity	noun	əd'vɜ:səti, əd'vɜ:sɪti	a situation in which you have a lot of problems that seem to be caused by bad luck	his courage in the face of adversity	REVIEW
exceed	verb	ɪk'si:d	to be more than a particular number or amount	Working hours must not exceed 42 hours a week.	REVIEW
entrepreneur	noun	ˌɒntrəprə'nɜ:	someone who starts a new business or arranges business deals in order to make money, often in a way that involves financial risks	The managing director helped his son become a very successful entrepreneur.	REVIEW
budding	adj	'bʌdɪŋ	someone who is just starting to paint, act, etc., and will probably be successful at it	a budding romance	REVIEW
take smtg to heart	phrase	teɪk sʌmθɪŋ tə hæ:t	to consider what someone says to you very seriously, often because it upsets you	Anne took his criticisms very much to heart.	REVIEW
recognition	noun	ˌrekəg'nɪʃən	the act of realising and accepting that something is true or important	Don's recognition of the importance of Suzy in his life	REVIEW
resent	verb	rɪ'zent	to feel angry or upset about a situation or about something that someone has done, especially because you think that it is not fair	I resented having to work such long hours.	GRAMMAR FOCUS
detest	verb	dɪ'test	to hate something or someone very much	The two men detested each other.	GRAMMAR FOCUS
overhear	verb	ˌəʊvə'hɪə	to accidentally hear what other people are saying, when they do not know that you have heard	I overheard part of their conversation.	GRAMMAR FOCUS
forbid	verb	fə'bɪd	to tell someone that they are not allowed to do something, or that something is not allowed	He was forbidden to leave the house, as a punishment.	GRAMMAR FOCUS
critical	adj	'krɪtɪkəl	if you are critical, you criticise someone or something	Many economists are critical of the government's economic policies.	GRAMMAR FOCUS
bear	verb	beə	to bravely accept or deal with a painful, difficult or upsetting situation	She was afraid she wouldn't be able to bear the pain.	GRAMMAR FOCUS
advent	noun	'ædvent	the time when something first begins to be widely used	the advent of the computer	5
enlightening	adj	ɪn 'laɪt ən_ɪŋ	to explain something to someone	an enlightening lecture	5
mutter	verb	'mʌtə	to speak in a low voice, especially because you are annoyed about something, or you do not want people to hear you	'I never want to come here again,' he muttered to himself.	5
beep	verb	bi:p	if a machine beeps, it makes a short high sound	Why does the computer keep beeping?	5
inopportune	adj	ɪn'ɒpətju:n	an inopportune moment or time is not suitable or good for something	I'm afraid you've called at rather an inopportune moment.	5
contented	adj	kən'tentəd, kən'tentɪd	happy and satisfied because your life is good	I felt warm, cosy, and contented.	5
regardless	adv	rɪ'gɑ:dləs	without being affected or influenced by something	The law requires equal treatment for all, regardless of race, religion, or sex.	5
expertise	noun	ˌekspɜ:'ti:z	special skills or knowledge in a particular subject, that you learn by experience or training	What he's bringing to the company is financial expertise.	5
hierarchy	noun	'haɪərɑ:ki	a system of organisation in which people or things are divided into levels of importance	a rigid social hierarchy	5
fraught	adj	frɔ:t	full of problems, anxiety or worry	Their marriage has been fraught with difficulties.	5
merit	verb	'merət, 'merɪt	to be good, important, or serious enough for praise or attention	It's a fascinating book which merits attention.	5
make ends meet	phrase	meɪk endz mi:t	to have only just enough money to buy the things you need	When Mike lost his job, we could barely make ends meet.	5
squander	verb	'skwɒndə	to carelessly waste money, time, opportunities, etc.	The home team squandered a number of chances in the first half.	5
inclined	adj	ɪn'klaɪnd	to hold a particular opinion, but not very strongly	Arthur has some strange ideas, but on this occasion I'm inclined to agree with him.	5
obsess	verb	əb'ses	if something or someone obsesses you, you think or worry about them all the time and you cannot think about anything else – used to show disapproval	A lot of young girls are obsessed by their weight.	5
altruistic	adj	ˌæltru'ɪstɪk	altruistic behaviour shows that you care about and will help other people, even though this brings no advantage for yourself	Were his motives entirely altruistic?	5
quibble	verb	'kwɪbəl	to argue about small unimportant details	Let's not quibble over minor details.	5
inherent	adj	ɪn'hɪərənt	a quality that is inherent in something is a natural part of it and cannot be separated from it	I'm afraid the problems you mention are inherent in the system.	5
cynicism	noun	sɪnɪsɪz(ə)m	the belief that people don't have good, honest, or sincere reasons for doing something	public cynicism about politics	5
emulate	verb	'emjələɪt, 'emjələɪt	to do something or behave in the same way as someone else, especially because you admire them	He hoped to emulate the success of Wilder.	5
boost	verb	bu:st	to increase or improve something and make it more successful	The new resort area has boosted tourism.	5

serotonin	noun	,serə'təʊnɪn	a chemical in the body that helps carry messages from the brain and is believed to make you feel happy	Studies have shown it kills brain cells that release serotonin.	5
endorphin	noun	en'dɔ:fm	a chemical produced by your body that reduces pain and can make you feel happier	Laughter reduces stress and stimulates the body's endorphins.	5
taste bud	noun	teɪst bʌd	one of the small parts of the surface of your tongue with which you can taste things	The spices in Indian food always stimulate my taste buds.	5
into the bargain	phrase	'ɪntə ðə 'bɑ:gən	in addition to everything else	I am now tired, cold, and hungry, with a headache into the bargain.	5
banish	verb	'bænɪʃ	to not allow someone or something to stay in a particular place	I was banished to a distant corridor.	5
affective	adj	ə'fektɪv	relating to or having an effect on the emotions	affective disorders	5
disorder	noun	dɪs'ɔ:də	a mental or physical illness which prevents part of your body from working properly	He suffers from a rare disorder of the liver.	5
blast	noun	blɑ:st	a sudden strong movement of wind or air	A blast of cold air swept through the hut.	5
hardened	adj	'hɑ:dnd	to become used to something shocking because you have seen it many times	I have a hardened attitude when it comes to military intervention.	5
misanthrope	noun	'mɪs ən θrəʊp	someone who does not like other people and prefers to be alone	She had become such a misanthrope in her old age.	5
contentment	noun	kən'tentmənt	the state of being happy and satisfied	He gave a sigh of contentment, and fell asleep.	5
internship	noun	'ɪntɜ:nʃɪp	a job that lasts for a short time, that someone, especially a student, does in order to gain experience	The internship he did at the advertising agency led to a full time job after just a few months.	5
intern	verb	ɪn'tɜ:n	someone, especially a student, who works for a short time in a particular job in order to gain experience	an intern at the hospital	5
tolerable	adj	'tɒlərəbəl	a situation that is tolerable is not very good, but you are able to accept it	The apartment is really too small, but it's tolerable for the time being.	5
nose to the grindstone	phrase	nəʊz tə ðə 'grændstəʊn	to work very hard, without stopping to rest	Jim had decided he was going to keep his nose to the grindstone.	5
slave driver	noun	sleɪv 'draɪvə	someone who makes people work very hard – used in a disapproving or humorous way	My boss has always been a slave driver but he does get the results he wants.	5
get a foot on the career ladder	phrase	get ɪf fʊt ɒn ðə kə'rɪə 'lædə	to start out on a career, considered as a series of levels that lead to better and better jobs	I need to get my foot on the career ladder if I want to become a head teacher.	5
burn-out	noun	bɜ:n aʊt	a feeling of extreme tiredness and lack of energy caused by working too hard	With longer vacations you would see less burn-out and higher productivity.	5
archive	noun	'ɑ:kɑɪv	a place where a large number of historical records are stored, or the records that are stored	an archive of the writer's unpublished work	5
exploitative	adj	ɪk'splɔɪtətɪv	taking as much as possible from someone or something and giving very little in return	the exploitative nature of multinational companies	5
come to terms with	phrase	kʌm tə tɜ:mz wɪð	to accept an unpleasant or sad situation and no longer feel upset or angry about it	Counselling helped her come to terms with her grief.	5
commute	noun	kə'mju:t	the journey to work every day	My morning commute takes 45 minutes.	5
parliamentary	adj	,pɑ:lə'mentəri	relating to or governed by a parliament	the world's oldest parliamentary democracy	5
canvass	verb	'kænvəs	to try to persuade people to support a political party, politician, plan, etc., by going to see them and talking to them, especially when you want them to vote for you in an election	Candidates from all three parties were out canvassing in Darlington today.	5
constituent	noun	kən'stɪtʃuənt	someone who votes in a particular area	Can he say anything that will reassure my worried constituents?	5
resigned	adj	rɪ'zaɪnd	to calmly accept a situation that is bad, but cannot be changed	She's resigned to spending Christmas on her own.	5
generosity	noun	,dʒenə'rɒsəti, ,dʒenə'rɒsɪti	a generous attitude, or generous behaviour	an act of great generosity	5
seamstress	noun	'si:mstrəs, 'si:mstrɪs	a woman whose job is sewing and making clothes	The seamstresses worked all night to get the dress finished in time.	5
come in handy	phrase	kʌm ɪn 'hændɪ	to be useful	That little tool came in handy for mending my bike.	5
proactive	adj	prəʊ'æktɪv	making things happen or change rather than reacting to events	a proactive approach to staffing requirements	5
hypothetical	adj	,haɪpə'θetɪkəl	based on a situation that is not real, but that might happen	The question is purely hypothetical.	5
stapler	noun	'steɪplə	a tool used for putting staples into paper	Can I borrow your stapler? I need to keep the top of this paper bag together.	5
misguided	adj	mɪs'gaɪdɪd, mɪs'gaɪdɪd	intended to be helpful but in fact making a situation worse	He described the government's economic policy as misguided.	5
misleading	adj	mɪs'li:dɪŋ	likely to make someone believe something that is not true	The article was misleading, and the newspaper has apologised.	5
misgiving	noun	mɪs'gɪvɪŋ	a feeling of doubt or fear about what might happen or about whether something is right	Despite her misgivings about leaving the baby, she decided to accompany her husband.	5
misprint	noun	'mɪs-prɪnt	a small mistake, especially a spelling mistake, in a book, magazine, etc.	The misprint in the leaflet caused a lot of confusion.	5
mistrust	noun	mɪs'trʌst	the feeling that you cannot trust someone, especially because you think they may treat you unfairly or dishonestly	He had a deep mistrust of the legal profession.	5
conventional	adj	kən'venʃənəl	a conventional method, product, practice, etc., has been used for a long time and is considered the usual type	Internet connections through conventional phone lines are fairly slow.	5
unassuming	adj	,ʌnə'sju:mɪŋ	showing no desire to be noticed or given special treatment	He was an unassuming and quiet person.	5
inadvertently	adv	,ɪn əd 'vɜ:t əntli	without realising what you are doing	Viruses can be spread inadvertently by email users.	5
reclaim	noun	rɪ'kleɪm	the action or process of reclaiming or being reclaimed	baggage reclaim	5
insipid	adj	ɪn'sɪpɪd, ɪn'sɪpɪd	food or drink that is insipid does not have much taste	an insipid pasta dish	5
nondescript	adj	'nɒndə ,skrɪpt, 'nɒndɪ ,skrɪpt	someone or something that is nondescript looks very ordinary and is not at all interesting or unusual	a rather nondescript suburban house	5
nonchalant	adj	'nɒŋʃələnt	behaving calmly and not seeming interested in anything or worried about anything	'Has he got a girlfriend?' Jill asked, trying to sound nonchalant.	5
disgruntled	adj	dɪs'grʌntld	annoyed or disappointed, especially because things have not happened in the way that you wanted	a disgruntled client	5

exhaustive	adj	ɪg'zɔ:stɪv	extremely thorough and complete	an exhaustive investigation	5
scholar	noun	'skɒlə	an intelligent and well-educated person	the great Dutch scholar Erasmus	5
trace	noun	treɪs	a small sign that shows that someone or something was present or existed	There was no trace of anyone having entered the room since then.	5
miscast	adj	,mɪs'kɑ:st	someone who is an unsuitable actor to play a particular character in a play or film	She was hopelessly miscast in her last film.	5
has-been	noun	'hæz bi:n	someone who was important or popular but who has now been forgotten	He's just a hopeless has-been.	5
disastrous	adj	dɪ'zɑ:stɹəs	very bad, or ending in failure	a disastrous first marriage	5
calibre	noun	'kæləbə, 'kælibə	the level of quality or ability that someone or something has achieved	Where will we find another man of his calibre?	5
evaluation	noun	ɪ,vælju'eɪʃən	a judgment about how good, useful, or successful something is	We need to carry out a proper evaluation of the new system.	5
uplifting	adj	ʌp'liftɪŋ	making you feel happier and more hopeful	an uplifting experience	5
downer	noun	'daʊnə	a person or situation that stops you feeling happy	The weather was a bit of a downer.	5
high time	phrase	haɪ taɪm	used to say that something should be done now	It's high time you got a job.	REVIEW
misled	adj	mɪs'led	when someone is made to believe something that is not true by giving them information that is false or not complete	The public have been misled by the politicians over the dangers of these chemicals.	REVIEW
misspelt	adj	,mɪs'spelt	when a word is spelt incorrectly	My name was misspelt on the programme.	REVIEW
disillusioned	adj	,dɪsə'lu:ʒənd, ,dɪstɪ'lu:ʒənd	disappointed because you have lost your belief that someone is good, or that an idea is right	As she grew older, Laura became increasingly disillusioned with politics.	REVIEW
off the scale	phrase	ɒf ðə skeɪl	if something is off the scale, it far exceeds the normal standards, good or bad, for something	When it comes to Matt's football skills, he was off the scale.	REVIEW
Stone Age	noun	stəʊn eɪdʒ	a very early time in human history, when only stone was used for making tools, weapons, etc.	Stone Age weapons	6
mammoth	noun	'mæməθ	an animal like a large hairy elephant that lived on Earth thousands of years ago	The mammoth had a shaggy coat to protect it against the extreme cold.	6
zoologist	noun	zu:'ɒlədʒəst, zu:'ɒlədʒɪst	a scientist who studies animals and their behaviour	I have always been interested in animals and knew from an early age that I wanted to be a zoologist.	6
extinction	noun	ɪk'stɪŋkʃən	when a particular type of animal or plant stops existing	species in danger of extinction	6
permafrost	noun	'pɜ:məfrɒst	a layer of soil that is always frozen in countries where it is very cold	Much of the Canadian Arctic is covered by ice and permafrost.	6
marsh	noun	mɑ:ʃ	an area of low flat ground that is always wet and soft	The saltwater marsh is an important habitat for several species of birds.	6
Ice Age	noun	aɪs eɪdʒ	one of the long periods of time, thousands of years ago, when ice covered many northern countries	During the Ice Age, it was wetter and full of deep lakes.	6
tusk	noun	tʌsk	one of a pair of very long pointed teeth, that stick out of the mouth of animals such as elephants	a ban on trading elephant tusks	6
confrontation	noun	,kɒnfrən'teɪʃən	a situation in which there is a lot of angry disagreement between two people or groups	She had stayed in her room to avoid another confrontation.	6
swamp	noun	swɒmp	land that is always very wet or covered with a layer of water	the soft, swampy ground	6
excavation	noun	,ekskə'veɪʃən	if a scientist or archaeologist excavates an area of land, they dig carefully to find ancient objects, bones, etc.	The excavation near Cairo went on for several months.	6
stubbornly	adv	'stʌb ənli	determined not to change your mind, even when people think you are being unreasonable	'I don't care,' she said stubbornly.	6
persistent	adj	pə'sɪstənt	continuing to exist or happen, especially for longer than is usual or desirable	persistent rumours	6
illusion	noun	ɪ'lu:ʒən	an idea or opinion that is wrong, especially about yourself	They suffer from the illusion that they cannot solve their problems.	6
boom	noun	bu:m	a quick increase of business activity	The boom has created job opportunities.	6
obliged	adj	ə'blaɪdʒd	to be forced to do something	We were obliged to accept the lowest offer.	6
quest	noun	kwest	a long search for something that is difficult to find	his long quest for truth	6
worthy	adj	'wɜ:ði	deserving respect from people	a worthy opponent	6
ancestor	noun	'æntsəstə	a member of your family who lived a long time ago	My ancestors were French.	6
absorption	noun	əb'sɔ:pʃən, -'zɔ:p-	a process in which something takes in liquid, gas, or heat	the body's absorption of iron	6
census	noun	'sensəs	an official process of counting a country's population and finding out about the people	a traffic census	6
ancestral	adj	æn'sestrəl	relating or belonging to someone's ancestors	the family's ancestral home	6
heritage	noun	'herətɪdʒ, 'herɪtɪdʒ	the traditional beliefs, values, customs, etc., of a family, country, or society	the importance of preserving the national heritage	6
tailor-made	adj	,teɪl ə'meɪd	exactly right or suitable for someone or something	The job's tailor-made for you.	6
driven	adj	'drɪvən	something that is motivated or determined by a specified factor or feeling	a market-driven response to customer needs	6
forebear	noun	'fɔ:beə	someone who was a member of your family a long time in the past	I discovered recently that my forebears all came from Scandinavia.	6
genealogy	noun	,dʒɪ:ni'ælədʒɪ	the study of the history of families	a useful source of information on their genealogy	6
authenticity	noun	,ɔ:θen'tɪsəti, ,ɔ:θen'tɪsɪti	the quality of being real or true	Archaeological evidence may help to establish the authenticity of the statue.	6
sham	noun	ʃæm	someone or something that is not what they are claimed to be – used to show disapproval	The elections were a complete sham.	6
scepticism	noun	'skeptɪsɪzəm, 'skeptsɪzəm	an attitude of doubting that particular claims or statements are true or that something will happen	Public scepticism had to be overcome before the system could function effectively', he said.	6
bragging	noun	'brægɪŋ	excessively proud and boastful talk about one's achievements or possessions	Her endless bragging about her house in Spain was really annoying.	6
dwel on	phrasal verb	dwel ɒn	to think or talk for too long about something that happened, especially something unpleasant	dwel on the past	6
await	verb	ə'weɪt	to wait for something	Several men are awaiting trial for robbery.	6
rapture	noun	'ræptʃə	great excitement and happiness	The boys gazed up at him in rapture.	6

pore over	phrasal verb	pɔ: 'əʊvə	to read or look at something very carefully for a long time	She was poring over a book.	6
microfiche	noun	'maɪkrəʊfɪ:ʃ	a sheet of microfilm which can only be read using a special machine, especially in a library	Details of all members are now available on microfiche.	6
convict	verb	kən 'vɪkt	to prove or officially announce that someone is guilty of a crime after a trial in a law court	She was convicted of shoplifting.	6
psychobabble	noun	'saɪkəʊ,bæbəl	language that sounds scientific but is not really, that some people use when talking about their emotional problems – used in order to show disapproval	The journalist described the report as psychobabble.	6
recount	verb	rɪ'kaʊnt	to tell someone a story or describe a series of events	Alan recounted how he and Joyce had met.	6
clergyman	noun	'klɜ:dʒɪmən	a male member of the clergy	As a clergyman I find this very hard to believe.	6
high-minded	adj	,haɪ 'maɪnd ɪd	having very high moral standards or principles	a high-minded sermon on charity	6
scruple	noun	'skru:pəl	a belief about what is right and wrong that prevents you from doing bad things	He had no scruples about selling faulty goods to people.	6
deserting	adj	dɪ'zɜ:tɪŋ	when someone leaves the army, navy, etc., without permission	several hundred deserting soldiers	6
gold digger	noun	gəʊld 'dɪgə	people who dig for gold	nineteenth century wealth that derived from gold digging	6
born-again	adj	,bɔ:nə'gɛn	newly converted to and very enthusiastic about an idea or cause	born-again environmentalist	6
bore	noun	bɔ:	something that is not interesting to you or that annoys you	Waiting for the bus is a bore.	6
unsettling	adj	ʌn'setlɪŋ	making you feel nervous or worried	an unsettling experience	6
DNA	noun	,di: en 'eɪ	deoxyribonucleic acid: a substance that carries genetic information in the cells of the body	A DNA test showed that he was not the baby's father.	6
ethnicity	noun	eθ 'nɪs ət ɪ	the fact that someone belongs to a particular race of people	the interrelationship between gender, ethnicity, and class	6
migration	noun	maɪ'grɛɪʃən	when large numbers of people go to live in another area or country, especially in order to find work	a net increase in migration	6
illogical	adj	ɪ'lɒdʒɪkəl	not sensible or reasonable	illogical and unreasonable fear	6
changeable	adj	'tʃeɪndʒəbəl	likely to change, or changing often	changeable weather	6
imagineable	adj	ɪ'mædʒənəbəl	used to emphasise that something is the best, worst, etc., that can be imagined	This travel brochure is full of the most wonderful resorts imagineable.	6
recall	verb	rɪ'kɔ:l	to remember a particular fact, event, or situation from the past	You don't happen to recall his name, do you?	6
so forth	phrase	səʊ fɔ:θ	used to refer to other things of the type you have already mentioned, without actually naming them	She started telling me about her bad back, her migraines, and so forth.	6
infer	verb	ɪn'fɜ:	to form an opinion that something is probably true because of information that you have	A lot can be inferred from these statistics.	6
sponsor	noun	'spɒnsə	a person or company that pays for a show, broadcast, sports event, etc., especially in exchange for the right to advertise at that event	Numerous prizes, donated by sponsors, were given out at the end of the day.	6
priority	noun	pɹaɪ'ɔ:ɹəti, pɹaɪ'ɔ:rti	the thing that you think is most important and that needs attention before anything else	The club's priority is to win the League.	6
dialect	noun	'daɪələkt	a form of a language which is spoken only in one area, with words or grammar that are slightly different from other forms of the same language	The people there speak a Tibetan dialect.	6
irreversible	adj	,ɪrɪ'vɜ:səbəl	irreversible damage, change, etc., is so serious or so great that you cannot change something back to how it was before	Fossil fuels have caused irreversible damage to the environment.	REVIEW
accessible	adj	ək'sesəbəl, ək'sesɪbəl	a place, building, or object that is accessible is easy to reach or get into	The island is only accessible by boat.	REVIEW
innovative	adj	'ɪnəvətɪv	an innovative idea or way of doing something is new, different, and better than those that existed before	an innovative approach to language teaching	REVIEW
rein in	verb	reɪn ɪn	to start to control a situation more strictly	The government is reining in public expenditure.	PROGRESS TEST 2
redefine	verb	,ri: di 'faɪn	define again or differently	The role of the President was redefined after the election.	PROGRESS TEST 2
consecutive	adj	kən'sekjətɪv, kən'sekjətɪv	consecutive numbers or periods of time follow one after the other without any interruptions	It had rained for four consecutive days.	PROGRESS TEST 2
setback	noun	'setbæk	a problem that delays or prevents progress, or makes things worse than they were	The December elections were a major setback for the party.	PROGRESS TEST 2
strive	verb	straɪv	to make a great effort to achieve something	I was still striving to be successful.	PROGRESS TEST 2
pretence	noun	pɹɪ'tens	a way of behaving which is intended to make people believe something that is not true	the pretence that the old system could be made to work	PROGRESS TEST 2
crush	verb	kɹʌʃ	to press something so hard that it breaks or is damaged	Joe crushed his cigarette into an ashtray.	PROGRESS TEST 2
oxen	noun	'ɒks ən	(the plural form of 'ox') large cows or bulls	During the last century, oxen were used on the farm to pull the heavy carts.	PROGRESS TEST 2
interactive	adj	,ɪntər'æktɪv	an interactive computer program, television system, etc., allows you to communicate directly with it, and does things in reaction to your actions	interactive computer systems	PROGRESS TEST 2
prehistoric	adj	,pɹɪ:'hɪ'stɔ:ɹɪk	relating to the time in history before anything was written down	prehistoric burial grounds	PROGRESS TEST 2
scarcely	adv	'skeəslɪ	almost not or almost none at all	The city had scarcely changed in 20 years.	GRAMMAR FOCUS
abruptly	adv	ə 'brʌptli	suddenly and unexpectedly	She stopped abruptly and looked at him.	GRAMMAR FOCUS
devastating	adj	'devəsteɪtɪŋ	badly damaging or destroying something	Acid rain has a devastating effect on the forest.	GRAMMAR FOCUS
staggering	adj	'stægəɹɪŋ	extremely great or surprising	The cost was a staggering \$10 million.	GRAMMAR FOCUS
immense	adj	ɪ'mens	extremely large	People who travel by rail still read an immense amount.	GRAMMAR FOCUS
bitterly	adv	'bɪtəli	in a way that produces or shows feelings of great sadness or anger	He complained bitterly about his exam grades.	GRAMMAR FOCUS
dehydrated	adj	,di:haɪ'dreɪt	to remove the liquid from a substance such as food or a chemical	Many old people were dehydrated during this extremely hot weather.	GRAMMAR FOCUS
decrease	verb	dɪ'kri:s	to become less or go down to a lower level, or to make something do this	The number of people who have the disease has decreased significantly in recent years.	GRAMMAR FOCUS

carnival	noun	'kɑ:nəvəl, 'kɑ:nɪvəl	a public event at which people play music, wear special clothes, and dance in the streets	preparations for this year's carnival	GRAMMAR FOCUS
handicraft	noun	'hændɪkrɑ:ft	an activity such as sewing or making baskets, in which you use your hands in a skilful way to make things	a shop selling handicrafts	7
bazaar	noun	bə'zɑ:	a market or area where there are a lot of small shops, especially in India or the Middle East	I bought a lovely leather bag at the bazaar in Delhi.	7
kasbah	noun	'kæz bɑ:	the area surrounding a North African citadel	He took me to a flat in the kasbah.	7
archetypal	adj	ˌɑ:kɪ'taɪpəl	being a perfect example of something, because it has all the most important qualities of things that belong to that type	Byron was the archetypal Romantic hero.	7
convert	verb	kən'veɜ:t	to change something into a different form, or to change something so that it can be used for a different purpose or in a different way	They converted the spare bedroom into an office.	7
shark-like	adj	ʃɑ:k laɪk	something that has the quality of a shark: someone who cheats other people out of money	a shark-like determination	7
gullible	adj	'gʌləbəl, 'gʌlɪbəl	too ready to believe what other people tell you, so that you are easily tricked	Plastic replicas of the Greek pottery are sold to gullible tourists.	7
virtually	adv	'vɜ:tʃuəli	being made, done, seen, etc., on the Internet or on a computer, rather than in the real world	The website allows you to take a tour of the art gallery virtually.	7
staggering	adj	'stægərɪŋ	extremely great or surprising	The cost was a staggering \$10 million.	7
wholeheartedly	adv	ˌhəʊl 'hɑ:tɪdli	involving all your feelings, interests, etc.	I agree whole-heartedly with the mayor on this issue.	7
payoff	noun	'peɪf	an advantage or profit that you get as a result of doing something	With electric cars there is a big environmental payoff.	7
rapproch	noun	rə'pɔ:	friendly agreement and understanding between people	He had an excellent rapproch with his patients.	7
pose	noun	pəʊz	the position in which someone stands or sits, especially in a painting, photograph, etc.	a painting of the Duchess in a dramatic pose	7
scent	noun	sent	a pleasant smell that something has	a yellow rose with a lovely scent	7
justified	adj	'dʒʌstəfaɪd, 'dʒʌstɪfaɪd	having an acceptable explanation or reason	In the Chief Constable's view, the use of force was fully justified.	7
overpowering	adj	ˌəʊvə'pəʊərɪŋ	very strong	an overpowering smell of rotten flesh	7
accentuate	verb	ək'sentʃueɪt	to make something more noticeable	The photograph seemed to accentuate his large nose.	7
occurring	adj	ə'kɜ:rɪŋ	something that happens	a naturally occurring sound	7
undetectable	adj	ˌʌn dɪ 'tektəbl	when something isn't noticeable or discovered, especially something that is not easy to see, hear, etc.	The smoke from the fire was undetectable at first.	7
manipulate	verb	mə'nɪpjəleɪt, mə'nɪpjəleɪt	to make someone think and behave exactly as you want them to, by skilfully deceiving or influencing them	He was one of those men who manipulated people.	7
coincidentally	adv	kəʊ'ɪnsə'dentli, kəʊ'ɪnsɪ'dentli	happening completely by chance without being planned	Her mum coincidentally happens to be my teacher at school.	7
heart and soul	noun	hɑ:t ənd səʊl	the whole of one's energy and passion	She put her heart and soul into her dance classes.	7
entice	verb	ɪn'taɪs	to persuade someone to do something or go somewhere, usually by offering them something that they want	The birds were enticed back into Britain 40 years ago.	7
cinnamon	noun	'sɪnəmən	a sweet-smelling brown substance used for giving a special taste to cakes and other sweet foods	a cinnamon roll	7
lavender	noun	'lævəndə, 'lævɪndə	a plant that has grey-green leaves and purple flowers with a strong pleasant smell	a lavender bush	7
sour	adj	səʊə	having a sharp acid taste, like the taste of a lemon or a fruit that is not ready to be eaten	Rachel sampled the wine. It was sour.	7
umami	adj	u:'mɑ:mi	having a strong pleasant taste that is not sweet, sour, salty, or bitter, especially like the tastes found in meat, strong cheeses, tomatoes, etc.	Western scientists are just starting to recognise umami as an official taste.	7
asparagus	noun	ə'spærəgəs	a long thin green vegetable with a point at one end	The crop of asparagus was better than ever this year.	7
detect	verb	dɪ'tekt	to notice or discover something, especially something that is not easy to see, hear, etc.	Many forms of cancer can be cured if detected early.	7
avant-garde	adj	ˌævəŋ 'gɑ:d	avant-garde music, literature, etc., is extremely modern and often seems strange or slightly shocking	an avant-garde play	7
humble	adj	'hʌmbəl	not considering yourself or things to be as important as other people's	a modest and humble man	7
consciousness	noun	'kɒŋʃəsnəs, 'kɒŋʃəsnɪs	when you know that something exists or is true	This will increase public consciousness of the pollution issue.	7
quiz	verb	kwɪz	to ask someone a lot of questions	Four men have been quizzed about the burglary, but no one has yet been charged.	7
grant	verb	grɑ:nt	to give someone something or allow them to have something that they have asked for	I would love to be able to grant her wish.	7
diverse	adj	dɑ:'vɜ:s	very different from each other	subjects as diverse as pop music and archaeology	7
incompetent	adj	ɪn'kɒmpətənt, ɪn'kɒmpɪtənt	not having the ability or skill to do a job properly	an incompetent manager	7
assumed	adj	ə'sju:md	when something is thought to be true, although you do not have definite proof	I didn't see your car, so I assumed you'd gone out.	7
hysterical	adj	hɪ'sterɪkəl	unable to control your behaviour or emotions because you are very upset, afraid, excited, etc.	Janet became hysterical and began screaming.	7
mouldy	adj	'məʊldɪ	covered with mould (a soft green, grey, or black substance that grows on food which has been kept too long)	mouldy cheese	7
plummet	verb	'plʌmət, 'plʌmɪt	to suddenly and quickly decrease in value or amount	Profits plummeted from £49 million to £11 million.	7
impair	verb	ɪm'peə	to damage something or make it not as good as it should be	The illness had impaired his ability to think and concentrate.	7
agitated	adj	'ædʒɪteɪtəd, 'ædʒɪtɪtəd	so nervous or upset that you are unable to keep still or think calmly	Amanda was getting visibly agitated.	7

sheer	adj	ʃiə	used to emphasise the amount, size, or degree of something	The sheer size of some files caused problems.	7
translucent	adj	trænz'lu:sənt	not transparent, but clear enough to allow light to pass through	Blue veins showed through her translucent skin.	7
multitude	noun	'mʌltətju:d, 'mʌltitju:d	a very large number of people or things	I had never seen such a multitude of stars before.	7
intrinsic	adj	ɪn'trɪnsɪk, -zɪk	being part of the nature or character of someone or something	the intrinsic interest of the subject	7
hackles	noun	'hækəlz	if someone's hackles rise, they begin to feel very angry, because someone's behaviour or attitude offends them	Laura heard his remark, and felt her hackles rising.	7
luminous	adj	'lu:mənəs, 'lu:mɪnəs	shining in the dark	luminous paint	7
glitter	noun	'glɪtə	brightness consisting of many flashing points of light	the glitter of her gold necklace	7
glow	noun	gləʊ	a soft steady light	the glow from the dying fire	7
glimmer	noun	'glɪmə	a small sign of something such as hope or understanding	a glimmer of hope for the future	7
registration	noun	,redʒə'streɪʃən, ,redʒɪ'streɪʃən	the act of recording names and details on an official list	the registration of motor vehicles	7
juggle	verb	'dʒʌɡəl	to try to fit two or more jobs, activities, etc., into your life, especially with difficulty	It's hard trying to juggle a job with kids and the housework.	7
competing	adj	kəm'pi:tɪŋ	competing stories, ideas, etc., cannot all be right or accepted	Several people gave competing accounts of the accident.	7
concern	noun	kən'sɜ:n	a feeling of worry about something important	the concerns expressed by parents	7
notorious	adj	nəʊ'tɔ:riəs, nə-	famous or well known for something bad	a notorious computer hacker	7
demise	noun	dɪ'maɪz	the end of something that used to exist	the imminent demise of the local newspaper	7
creamy	adj	'kri:mɪ	thick and smooth like cream	A soft cheese has a creamier texture than a hard cheese.	7
zippy	adj	'zɪpɪ	fast and exciting	My car is zippier than the one I had before.	7
submissiveness	noun	səb'mɪsɪvnəs	a willingness to obey someone and never disagree with them, even if they are unkind to you	Submissiveness is sometimes seen as a sign of weakness.	7
resilience	noun	rɪ'zɪliəns	the ability to become strong, happy, or successful again after a difficult situation or event	Their courage and resilience inspired us all.	7
gutsiness	noun	'gʌtsɪnɪs	the strong and interesting nature of something	You have to admire her sheer gutsiness for entering the competition.	7
steer clear of	phrasal verb	stiə'kliə əv	to avoid someone or something unpleasant or difficult	Jo tried to steer clear of political issues.	7
debacle	noun	deɪ'bɑ:kəl, dɪ-	an event or situation that is a complete failure	the debacle of the 1994 elections	7
dismally	adv	'dɪzməli	in a way that is so bad it makes you feel very unhappy and hopeless	The first half was disappointing with both teams performing dismally.	7
linguist	noun	'lɪŋgwəst, 'lɪŋgwɪst	someone who is good at foreign languages, especially someone who speaks several	a brilliant linguist at the university	7
symbolism	noun	'sɪmbəlɪzəm	the use of symbols to represent ideas or qualities	religious symbolism	7
symbolise	verb	'sɪmbəlaɪz	if something symbolises a quality, feeling, etc., it represents it	Crime often symbolises a wider social problem.	7
amphibian	noun	æm'fɪbiən	an animal such as a frog that can live both on land and in water	She was surprised at how many amphibians were surviving in this lake.	7
whining	adj	'waɪnɪŋ	making a long high sound because something or someone is in pain or unhappy	He could hear the dog whining behind the door.	7
whimpering	noun	'wɪmpərɪŋ	making low crying sounds	He could hear the dog whimper.	7
partial	adj	'pɑ:ʃəl	not complete	The exhibition was only a partial success.	7
stealth	noun	stelθ	when you do something very quietly, slowly, or secretly, so that no one notices you	Cats rely on stealth to catch their prey.	7
imposition	noun	,ɪmpə'zɪʃən	the introduction of something such as a rule, punishment, tax, etc.	the imposition of martial law	7
telemarketing	noun	,teli'mɑ:kəʊtɪŋ, ,teli'mɑ:kɪtɪŋ	a way of selling products to people in which you telephone people to see if they want to buy something	telemarketing companies	7
patronised	adj	'pætrənaɪzd	when you are talked to by someone in a way which seems friendly but shows that they think you are not as intelligent as them	It's nice to work in a job where I don't feel I'm being patronised.	7
commission	verb	kə'mɪʃən	to formally ask someone to write an official report, produce a work of art for you, etc.	The report was commissioned by the Welsh Office.	7
hoarding	noun	'hɔ:dɪŋ	a large board fixed high on a wall outside on which large advertisements are shown	advertising hoardings	7
giveaway	noun	'gɪvəweɪ	something that is given away free, especially something that a shop gives you when you buy a product	Comic books were first published in the US in 1933, for use as advertising giveaways.	7
overload	noun	,əʊvə'ləʊd	to put too many things or people on or into something	the modern day information overload	7
downturn	noun	'daʊntɜ:n	a period or process in which business activity, production, etc., is reduced and conditions become worse	America's current economic downturn	REVIEW
downhill	adv	,daʊn'hɪl	if something that was successful is going downhill, it is starting to fail, and is getting gradually worse	Sales had peaked in 2005 at \$3.8 million but had gone steadily downhill.	REVIEW
empathy	noun	'empəθi	the ability to understand other people's feelings and problems	She had great empathy with people.	REVIEW
bankrupt	adj	'bæŋkrʌpt	without enough money to pay what you owe	The firm went bankrupt before the building work was completed.	REVIEW
tackle	verb	'tækəl	to try to deal with a difficult problem	There is more than one way to tackle the problem.	REVIEW
mounting	adj	'maʊntɪŋ	gradually increasing – often used about things that cause problems or trouble	There was mounting pressure on him to resign.	REVIEW
unreliable	adj	,ʌnrɪ'laɪəbəl	unable to be trusted or depended on	The car's becoming very unreliable.	8
ukulele	noun	'ju:kə'leɪli	a musical instrument with four strings, like a small guitar	My uncle would play the ukulele every evening in the town square.	8
manta ray	noun	'mænt ə reɪ	a very large ray (a large flat sea fish) that has fins that resemble wings	We could hardly see the manta ray against the sandy ocean floor.	8
moonlight	noun	'mu:nlaɪt	the light of the moon	The water looked silver in the moonlight.	8
off the beaten track	phrase	ɒf ðə 'bi:tən træk	a place that is off the beaten track is not well known and is far away from the places that people usually visit	camping off the beaten track	8
respectful	adj	rɪ'spektfəl	feeling or showing respect	They listened in respectful silence.	8

respected	adj	rɪˈspektəd, rɪˈspektɪd	admired by many people because of your good work or achievements	He's one of the most respected managers in the game.	8
resistant	adj	rɪˈzɪstənt	not damaged or affected by something	an infection that's resistant to antibiotics	8
irresistible	adj	ˌɪrɪˈzɪstəbəl, ˌɪrɪˈzɪstɪbəl	so attractive, desirable, etc., that you cannot prevent yourself from wanting it	the irresistible smell of fresh coffee	8
selfie	noun	ˈselfi	a photograph you take of yourself, usually so that you can put it on a social networkingsite	This is the selfie I took from the top of the Eiffel Tower.	8
symbolic	adj	sɪmˈbɒlɪk	a symbolic action is important because of what it represents but may not have any real effect	The protest was a symbolic gesture of anger at official policy.	8
worthless	adj	ˈwɜːθləs	something that is worthless has no value, importance, or use	The house was full of worthless junk.	8
authentic	adj	ɔːˈθentɪk	done or made in the traditional or original way	authentic French food	8
memento mori	noun	məˈmentəʊ ˈmɔːrɪ	a small object, sometimes religious, that you keep to remind you of someone or something	He placed the object in his room as a memento mori of his travels in Greece.	8
miniature	adj	ˈmɪnɪətʃə, ˈmɪnɪtʃə	much smaller than normal	miniature roses	8
transportable	adj	trænts ˈpɔːt əb əl	when things, goods, people, etc., are taken from one place to another in a vehicle	All my possessions are easily transportable.	8
mass-produced	adj	mæs prəˈdjuːst	produced in large numbers using machinery, so that each object is the same and can be sold cheaply	mass-produced furniture	8
monetary	adj	ˈmʌnətəri	relating to money or currency	objects of little monetary value	8
seahorse	noun	ˈsiːhɔːs	a small sea fish with a head and neck that look like those of a horse	My grandmother had a brooch in the shape of a seahorse.	8
expatriate	noun	eksˈpætriət, -trɪət	someone who lives in a foreign country	British expatriates living in Spain	8
immigrant	noun	ˈɪmɪgrənt, ˈɪmɪgrənt	someone who enters another country to live there permanently	an illegal immigrant	8
cope with	verb	kəʊp wɪð	to succeed in dealing with a difficult problem or situation	My computer can cope with huge amounts of data.	8
roots	noun	ruːts	the place where someone or something began	He was born in London but had always felt his roots were in India.	8
culture shock	noun	ˈkʌltʃə ʃɒk	the feeling of being confused or anxious that you get when you visit a foreign country or a place that is very different from the one you are used to	India is where I first experienced real culture shock.	8
overcome	verb	ˌəʊvəˈkʌm	to successfully control a feeling or problem that prevents you from achieving something	He struggled to overcome his shyness.	8
language barrier	noun	ˈlæŋɡwɪdʒ ˈbæriə	a barrier to communication between people who are unable to speak a common language	She didn't enjoy her holiday in Japan because of the language barrier.	8
expat	noun	ˌeksˈpæt	an expatriate	Some of the other expats would meet every evening at the golf club.	8
daunting	adj	ˈdɔːntɪŋ	frightening in a way that makes you feel less confident	The trip seemed rather daunting for a young girl.	8
liberating	adj	ˈlɪbəreɪtɪŋ	when someone is released from a situation which limits freedom of thought or behaviour	She found the experience of travelling alone truly liberating.	8
blend in	phrv	blend ɪn	if someone or something blends in with people or objects, they match them or are similar, and you do not notice them	The old house blends in perfectly with the countryside.	8
tie	noun	taɪ	a thing that unites or links people	it is important that we keep family ties strong	8
reinvent	verb	ˌriːɪnˈvent	change something so much that it appears to be entirely new	The move to New Zealand allowed them to entirely reinvent themselves.	8
adjust	verb	əˈdʒʌst	to gradually become familiar with a new situation	They'll soon settle in – kids are very good at adjusting.	8
overwhelming	adj	ˌəʊvəˈwelmɪŋ	having such a great effect on you that you feel confused and do not know how to react	an overwhelming sense of guilt	8
seamlessly	adv	ˈsiːmləsli	done or made so smoothly that you cannot tell where one thing stops and another begins	each story seamlessly integrated into the play	8
unquestionably	adv	ʌnˈkwɛstʃənəbli	used to emphasise that something is certainly true	The Eiffel Tower is unquestionably one of Paris's most familiar landmarks.	8
dispense	verb	dɪˈspens	to give something to people, especially in fixed amounts	Villagers dispensed tea to visitors.	8
realisation	noun	ˌrɪəlɪzˈeɪʃən	when you understand something that you had not understood before	I was shocked by the realisation of what I had done.	8
indifferent	adj	ɪnˈdɪfərənt	not at all interested in someone or something	Sarah was absolutely indifferent to him, and it hurt.	8
detachment	noun	dɪˈtætʃmənt	the state of not reacting to or being involved in something in an emotional way	He felt a sense of detachment from what was happening around him.	8
of no consequence	phrase	əv nəʊ ˈkɒnsəkwəns	not important in any way	the past is of no consequence	8
effortlessly	adv	ˈef ət ləsli	something that is effortless is done in a very skilful way that makes it seem easy	He dived effortlessly into the turquoise water.	8
nurture	verb	ˈnɜːtʃə	to help a plan, idea, feeling, etc., to develop	European union is an ideal that has been nurtured since the post-war years.	8
refreshingly	adv	rɪˈfrefʃɪŋli	in a way that is welcome or stimulating through being new or different	Fortunately, they have a refreshingly healthy attitude to work.	8
curiosity	noun	ˌkjʊəriˈɒsəti, ˌkjʊəriˈɒsɪti	the desire to know about something	I opened the packet just to satisfy my curiosity.	8
embrace	verb	ɪmˈbreɪs	to put your arms around someone and hold them in a friendly or loving way	Jack warmly embraced his son.	8
charming	adj	ˈtʃɑːmɪŋ	very pleasing or attractive	a charming little Italian restaurant	8
mistakenly	adv	mɪˈsteɪk ənli	if you are mistaken, you are wrong about something that you thought you knew or saw	I mistakenly thought you were arriving on Saturday.	8
prompt	verb	pɹɒmpt	to make someone decide to do something	What prompted you to buy that suit?	8
identity crisis	noun	aɪˈdentɪti ˈkraɪsɪs	a period of uncertainty and confusion in which a person experiences uncertainly about who they really are and their proper role in life	She suffered a terrible identity crisis after she lost her job.	8
precipitate	verb	prəˈsɪpətet, prɪˈsɪpətet	to make something serious happen suddenly or more quickly than was expected	The riot was precipitated when four black men were arrested.	8
inevitable	adj	ɪˈnevətəbəl, ɪˈnevɪtəbəl	certain to happen and impossible to avoid	A further escalation of the crisis now seems inevitable.	8
yearning	noun	ˈjɜːnɪŋ	a strong desire for something	a yearning for travel	8
native	adj	ˈneɪtɪv	your native country, town, etc., is the place where you were born	They never saw their native land again.	8

perversely	adv	pə 'vɜ:sli	behaving in an unreasonable way, especially by deliberately doing the opposite of what people want you to do	Perversely, she was irritated by his kindness.	8
tag on	phrasal verb	tæg ɒn	to go somewhere with someone, especially when they have not asked you to go with them	He was always tagging on to us even though we didn't like him.	8
resolutely	adv	'rez ə lu:tli	doing something in a very determined way because you have very strong beliefs, aims, etc.	Mia resolutely refused to talk about her illness.	8
transient	adj	'trænzɪənt	continuing only for a short time	transient fashions	8
ultimately	adv	'ʌltəmətli, 'ʌltɪmətli	finally, after everything else has been done or considered	Ultimately, the decision rests with the child's parents.	8
bond	noun	bɒnd	something that unites two or more people or groups, such as love, or a shared interest or idea	the emotional bond between mother and child	8
compound	verb	kəm 'paʊnd	to make a difficult situation worse by adding more problems	She just compounded the problem by attending the wedding.	8
dawn on	phrv	dɔ:n ɒn	is a fact dawns on you, you realise it for the first time	The awful truth suddenly dawned on me.	8
acceptance	noun	ək'septəns	when people agree that an idea, statement, explanation, etc., is right or true	There is still not widespread acceptance that fathers can care for children as well as mothers do.	8
overtake	verb	,əʊvə'teɪk	to develop or increase more quickly than someone or something else and become more successful, more important, or more advanced than them	Television soon overtook the cinema as the most popular form of entertainment.	8
dip	noun	dɪp	a slight decrease in the amount of something	an unexpected dip in profits	8
steep	adj	sti:p	involving a big increase or decrease	a steep drop in orders	8
decline	noun	dɪ'klaɪn	a decrease in the quality, quantity, or importance of something	There has been a decline in the size of families.	8
unexpectedly	adv	,ʌn ɪk 'spekt ɪd li	used to describe something that is surprising because you were not expecting it	This all happened completely unexpectedly.	8
metropolitan	adj	,metrə'pɒlətən, ,metrə'pɒlɪtən	relating or belonging to a very large city	a metropolitan area of South Australia	8
object	verb	'ɒbdʒɪkt	to feel or say that you oppose or disapprove of something	I objected to having to rewrite the article.	8
consent	verb	kən'sent	to give your permission for something or agree to do something	Her father reluctantly consented to the marriage.	8
emigrate	verb	'emɪgreɪt, 'emɪgreɪt	to leave your own country in order to live in another country	He emigrated to Australia as a young man.	8
reassure	verb	,ri:ə'ʃʊə	to make someone feel calmer and less worried or frightened about a problem or situation	Teachers reassured anxious parents.	8
migrant worker	noun	'maɪgrənt 'wɜ:kə	someone who goes to live (sometimes illegally) in another country in order to find work, often seasonal work	A lot of factory work is done by migrant workers.	8
sufficient	adj	sə'fɪʃənt	as much as is needed for a particular purpose	We can only prosecute if there is sufficient evidence.	8
disadvantaged	adj	,dɪsəd'vɑ:ntɪdʒd	having social problems, such as a lack of money or education, which make it difficult for you to succeed	disadvantaged areas of the city	8
fluctuate	verb	'flʌktʃueɪt	if a price or amount fluctuates, it keeps changing and becoming higher and lower	Prices were fluctuating between \$20 and \$40.	REVIEW
steadily	adv	'stedəli	continuing or developing gradually or without stopping, and not likely to change	The company's exports have grown steadily.	REVIEW
assimilate	verb	ə'sɪməleɪt, ə'sɪmɪleɪt	to completely understand and begin to use new ideas, information, etc.	It will take time to assimilate all these facts.	REVIEW
substantial	adj	səb'stænʃəl	large in amount or number	We have the support of a substantial number of parents.	GRAMMAR FOCUS
defy	verb	dɪ'faɪ	to refuse to obey a law or rule, or refuse to do what someone in authority tells you to do	people who openly defy the law	9
mind-boggling	adj	'maɪnd ,bɒg əl_ɪŋ	difficult to imagine and very big, strange, or complicated	a problem of mind-boggling complexity	9
occurrence	noun	ə'kʌrəns	something that happens	Laughter was a rare occurrence in his classroom.	9
fixedly	adv	'fɪksədli, 'fɪksɪdli	without looking at or thinking about anything else	Ann stared fixedly at the screen.	9
whatsoever	adv	,wɒtsəʊ'evə	used to emphasise a negative statement	He's had no luck whatsoever.	9
milestone	noun	'maɪlstəʊn	a very important event in the development of something	an important milestone in South African history	9
teaser	noun	'ti:zə	a very difficult question that you have to answer as part of a game or competition	brain teaser	9
brain drain	noun	breɪn drem	a movement of highly skilled or professional people from their own country to a country where they can earn more money	Many of the country's top scientists have joined the brain drain to the US.	9
brainchild	noun	'breɪntʃaɪld	an idea, plan, organisation, etc., that someone has thought of without any help from anyone else	The festival was the brainchild of Reeves.	9
brainstorm	verb	'breɪnstɔ:m	hold a group discussion to produce ideas	a brainstorming session	9
brainwave	noun	'breɪnwɛɪv	a sudden clever idea	I've had a brainwave! Let's go this weekend instead.	9
cryptic	adj	'krɪptɪk	having a meaning that is mysterious or not easily understood	a cryptic note at the end of the letter	9
Sudoku	noun	su:'dɒʊku:	a game in which you have to write numbers in a large square which is made up of 81 smaller squares. Each line of squares across and down, and each of the nine groups of nine squares, must contain the numbers 1 to 9 once only	She looked forward to doing the Sudoku in the newspaper every morning.	9
brainwash	verb	'breɪnwɒʃ	to make someone believe something that is not true, by using force, confusing them, or continuously repeating it over a long period of time	Young people are being brainwashed by this religious group.	9
bear in mind	phrase	beə ɪn maɪnd	used to tell someone they should not forget a fact or idea	Here are a few things to bear in mind.	9
crest	noun	krest	the top or highest point of something such as a hill or a wave	It took us over an hour to reach the crest of the hill.	9
neuroimaging	noun	,njʊərəʊ'ɪmɪdʒɪŋ	the process of producing images of the structure or activity of the brain or other part of the nervous system by techniques such as magnetic resonance imaging	The doctor said more research is needed before scientists can use neuroimaging to confirm a diagnosis of the vegetative state.	9
acquire	verb	ə'kwɪə	to obtain something by buying it or being given it	Manning hoped to acquire valuable works of art as cheaply as possible.	9
optimal	adj	'ɒptɪməl, 'ɒptɪməl	the best or most suitable	An increased corn crop is expected, based on optimal growing conditions.	9
trivial	adj	'trɪvɪəl	not serious, important, or valuable	We were punished for the most trivial offences.	9
breakthrough	noun	'breɪkθru:	an important new discovery in something you are studying, especially one made after trying for a long time	Scientists have made a major breakthrough in the treatment of cancer.	9

unethical	adj	ʌn' eθɪkəl	morally unacceptable	unethical medical practices	9
self-conscious	adj	ˌself 'kɒntʃ əs	worried and embarrassed about what you look like or what other people think of you	Jerry's pretty self-conscious about his weight.	9
analogue	adj	'ænləʊg	a clock or watch that uses pointers, not changing numbers	He'd always found it easier using an analogue watch.	9
memorise	verb	'memərəɪz	to learn words, music, etc., so that you know them perfectly	I recited the poem she has asked me to memorise.	9
shoelace	noun	'ʃu:ləs	a thin piece of material, like string, that goes through holes in the front of your shoes and is used to fasten them	Roger bent to tie his shoelace.	9
proven	adj	'pru:vən, 'prəʊvən	tested and shown to be true or good, or shown to exist	a player of proven ability	9
devise	verb	dɪ'vaɪz	to plan or invent a new way of doing something	She devised a method for quicker communications between offices.	9
auditory	adj	'ɔ:dətəri, 'ɔ:ditəri	relating to the ability to hear	His auditory faculties got worse the older he got.	9
dolt	noun	dəʊlt	a silly or stupid person	He pretended to be a dolt, even though he could read and write.	9
crystallise	verb	'krɪstəlaɪz	if an idea, plan, etc., crystallises or is crystallised, it becomes very clear in your mind	Inside her a thought was crystallising.	9
fragmented	adj	'frægmentɪd	to break something, or be broken into a lot of small separate parts – used to show disapproval	a fragmented society	9
vigil	noun	'vɪdʒəl, 'vɪdʒɪl	a period of time, especially during the night, when you stay awake in order to do something e.g. pray, remain with someone who is ill, or watch for danger	Eva and Paul kept a constant vigil by their daughter's hospital bedside.	9
receptivity	noun	ˌri: səp 'tɪv ət i	the willingness to consider new ideas or listen to someone else's opinions	She was known for her generosity and receptivity.	9
neuropsychologist	noun	ˌnju:əərə'kɒlədʒɪst	a psychologist who specialises in understanding the relationship between the physical brain and behaviour	We had an appointment with a neuropsychologist at the hospital.	9
lodge	verb	lɒdʒ	become firmly stuck somewhere, or to make something become stuck	The bullet was lodged in the wall.	9
synthesise	verb	'sɪnθəsaɪz, 'sɪnθɪsaɪz	to make something by combining different things or substances	DDT is a pesticide that was first synthesised in 1874.	9
malfunction	verb	mæl'fʌŋkʃən	if a machine or part of someone's body malfunctions, it does not work properly	A warning light seems to have malfunctioned.	9
diagnosis	noun	ˌdaɪəg'nəʊsəs, ˌdaɪəg'nəʊsɪs	the process of discovering exactly what is wrong with someone or something, by examining them closely	diagnosis of kidney disease	9
groundbreaking	adj	'graʊnd,breɪkɪŋ	groundbreaking work involves making new discoveries, using new methods, etc.	groundbreaking research	9
tormented	adj	tɔ:'mentɪd	when someone suffers a lot, especially mentally	She was continually tormented by the image she had in her head of the car crash.	9
reasoning	noun	'ri:zənɪŋ	a process of thinking carefully about something in order to make a judgment	What is the reasoning behind this decision?	9
literacy	noun	'lɪtərəsi	the state of being able to read and write	a new adult literacy campaign	9
numeracy	noun	'nju:mərəsi	the ability to do calculations and understand simple mathematics	The report suggests that students need to improve their numeracy skills.	9
neuroplasticity	noun	ˌnju:ərəʊplə'stɪsɪtɪ	the ability of the brain to form and reorganise synaptic connections, especially in response to learning or experience or following injury	Neuroplasticity offers real hope to people who have suffered strokes.	9
disguise	verb	dɪs'gɑɪz	to change someone's appearance so that people cannot recognise them	He escaped across the border disguised as a priest.	9
fundamentally	adv	ˌfʌndə'mentəli	in every way that is important or basic	The conclusions of the report are fundamentally wrong.	9
revolutionary	adj	ˌrevə'lu:ʃənəri	completely new and different, especially in a way that leads to great improvements	The new cancer drug is a revolutionary breakthrough.	9
compensate	verb	'kɒmpənsət	to replace or balance the effect of something bad	Because my left eye is so weak, my right eye is compensating by working harder.	9
premise	noun	'preməs, 'premɪs	a statement or idea that you accept as true and use as a base for developing other ideas	The idea that there is life on other planets is the central premise of the novel.	9
write off	phrasal verb	raɪt ɒf	to decide that someone or something is useless, unimportant, or a failure	After six months of work, we eventually wrote the project off as a non-starter.	9
have a memory like a sieve	phrase	hæv ə 'meməri laɪk ə sɪv	to forget things easily	You'd better remind him about the party – he's got a memory like a sieve!	9
absent-minded	adj	ˌæb sənt 'maɪnd ɪd	likely to forget things, especially because you are thinking about something else	Grandad's been getting rather absent-minded lately.	9
institute	noun	'ɪnstətju:t, 'ɪnstɪtju:t	an organisation that has a particular purpose such as scientific or educational work, or the building where this organisation is based	research institutes	9
temptation	noun	temp'teɪʃən	a strong desire to have or do something even though you know you should not	There might be a temptation to cheat if students sit too close together.	9
colloquial	adj	kə'ləʊkwɪəl	language or words that are colloquial are used mainly in informal conversations rather than in writing or formal speech	colloquial English used in the novel	9
hilarious	adj	hɪ'leəriəs	extremely funny	a hilarious story	9
immersion	noun	ɪ'mɜ:ʃən, -ʒən	the action of immersing something in liquid, or the state of being immersed	his near-fatal immersion in the icy Atlantic Ocean	9
coherent	adj	kəʊ'hɪərənt	if a piece of writing, set of ideas, etc., is coherent, it is easy to understand because it is clear and reasonable	The three years of the course are planned as a coherent whole.	9
trick of the trade	phrase	trɪk əv ðə treɪd	special techniques used in a profession or craft, especially those that are little known by outsiders	Don't worry, she'll teach you all the tricks of the trade.	9
inclusion	noun	ɪn'klu:ʒən	the act of including someone or something in a larger group or set, or the fact of being included in one	His inclusion in the team has caused controversy.	9
relocate	verb	ˌri:ləʊ'keɪt	if a person or business relocates, or if they are relocated, they move to a different place	A lot of firms are relocating to the North of England.	9
reiterate	verb	ri:'ɪtəreɪt	to repeat a statement or opinion in order to make your meaning as clear as possible	Let me reiterate the most important points.	9
salutation	noun	ˌsælju'eɪʃən, ˌsælju'teɪʃən	a word or phrase used at the beginning of a letter or speech, such as 'Dear Mr Smith'	The letter started with a personal salutation.	9

rumour	noun	'ru:mə	information or a story that is passed from one person to another and which may or may not be true	I've heard all sorts of rumours about him and his secretary.	REVIEW
legendary	adj	'ledʒəndəri	very famous and admired	Lonnie Johnson, the legendary blues guitarist	REVIEW
leadership	noun	'li:dəʃɪp	the position of being the leader of a group, organisation, country, etc.	the leadership of the Conservative party	REVIEW
formula	noun	'fɔ:mjələ	a series of numbers or letters that represent a mathematical or scientific rule	the formula for calculating distance	PROGRESS TEST 3
prominent	adj	'prɒmɪnənt, 'prɒmɪnənt	important	a prominent Russian scientist	PROGRESS TEST 3
astounding	adj	ə'staʊndɪŋ	so surprising that it is almost impossible to believe	The concert was an astounding success.	PROGRESS TEST 3
proof	noun	pru:f	facts, information, documents, etc., that prove something is true	proof of the existence of life on other planets	PROGRESS TEST 3
collaboration	noun	kə,læbə'reɪʃən	when you work together with another person or group to achieve something, especially in science or art	The company is building the centre in collaboration with the Institute of Offshore Engineering.	PROGRESS TEST 3
counterpart	noun	'kaʊntəpɑ:t	someone or something that has the same job or purpose as someone or something else in a different place	Belgian officials are discussing this with their French counterparts.	PROGRESS TEST 3
interaction	noun	,ɪntər'ækʃən	a process by which two or more things affect each other	Price is determined through the interaction of demand and supply.	PROGRESS TEST 3
account for	phrasal verb	ə'kaʊnt fə	to be the reason why something happens	Recent pressure at work may account for his behaviour.	PROGRESS TEST 3
prospective	adj	prə'spektɪv	someone who is likely to do a particular thing or achieve a particular position	the prospective costs of providing pensions	PROGRESS TEST 3
recruitment	noun	rɪ'kru:t mənt	to find new people to work in a company, join an organisation, do a job, etc.	the recruitment of nurses	PROGRESS TEST 3
rank	noun	ræŋk	the position or level that someone holds in an organisation, especially in the police or the army, navy, etc.	officers below the rank of Colonel	PROGRESS TEST 3
exceptional	adj	ɪk'seɪʃənəl	unusual and likely not to happen often	This is an exceptional case; I've never seen anything like it before.	PROGRESS TEST 3
differ	verb	'dɪfə	to be different from something in some way	The two systems differ in many respects.	10
complementary	adj	,kɒmplə'mentəri, ,kɒmplɪ'ment	complementary things go well together, although they are usually different	The computer and the human mind have different but complementary abilities.	10
wavelength	noun	'weɪvləŋθ	the same or different opinions and feelings as someone else	Dad is just on a different wavelength from me.	10
as different as chalk and cheese	phrase	əz 'dɪfərənt əz tʃɔ:k ənd tʃi:z	to be completely different from each other	The two brothers are as different as chalk and cheese.	10
get on like a house on fire	phrase	get ɒn laɪk ɪə haʊs ɒn faɪə	to quickly have a very friendly relationship	We had only just met but we got on like a house on fire.	10
correspond	verb	,kɒrə'spɒnd, ,kɒrɪ'spɒnd	if two things or ideas correspond, the parts or information in one relate to the parts or information in the other	The two halves of the document did not correspond.	10
click	verb	klɪk	to make a short hard sound, or make something produce this sound	The door clicked shut behind me.	10
fit in	phrv	fit ɪn	if someone fits in, they are accepted by the other people in a group	I never really fitted in at school.	10
ill-fitting	adj	,ɪl 'fɪt ɪŋ	ill-fitting clothes do not fit the person who is wearing them	Many children have problems with their feet, caused by ill-fitting shoes.	10
match up	phrasal verb	mætʃ ʌp	to put two people or things together that are related to or suitable for each other	The employment agency exists to match up graduates and IT companies.	10
fitting	adj	'fɪtɪŋ	right for a particular situation or occasion	I thought the memorial was a fitting tribute to the President.	10
unsuitable	adj	ʌn'su:təbəl	not having the right qualities for a particular person, purpose, or situation	unsuitable housing	10
privacy	noun	'prɪvəsi	the state of being able to be alone, and not seen or heard by other people	With seven people squashed in one house, you don't get much privacy.	10
compromise	noun	'kɒmprəmaɪz	an agreement that is achieved after everyone involved accepts less than what they wanted at first, or the act of making this agreement	Compromise is an inevitable part of marriage.	10
unoccupied	adj	ʌn'ɒkjəpaɪd, ʌn'ɒkjəpaɪd	a seat, house, room, etc., that is unoccupied has no one in it	Many of the houses by the station are unoccupied.	10
willing	adj	'wɪlɪŋ	prepared to do something, or having no reason to not want to do it	How much are they willing to pay?	10
notification	noun	,nəʊtɪfə'keɪʃən, ,nəʊtɪfə'keɪʃən	official information about something	I was given no prior notification.	10
broadcast	verb	'brɔ:dkɑ:st	to tell something to a lot of people	Don't broadcast the fact that he lost his job.	10
match-make	verb	mætʃ'meɪk	to find a suitable partner for someone else to marry	She successively managed to match-make her two friends.	10
sophistication	noun	sə,fɪstə'keɪʃən, sə,fɪstɪ'keɪʃən	having a lot of experience of life, and good judgment about socially important things such as art, fashion, etc.	a New York nightclub that was the height of sophistication	10
effective	adj	rɪ'fektɪv	successful, and working in the way that was intended	The cheaper drugs are just as effective in treating headaches.	10
undermine	verb	,ʌndə'maɪn	to gradually make someone or something less strong or effective	economic policies that threaten to undermine the health care system	10
validity	noun	və'lɪdəti, və'lɪdɪti	a valid ticket, document, or agreement is legally or officially acceptable	I would question the validity of that statement.	10
subscriber	noun	səb'skraɪbə	someone who pays money, usually once a year, to have a service, or to receive copies of a newspaper or magazine	cable television subscribers	10
subscribe	verb	səb'skraɪb	to pay money regularly to be a member of an organisation or to help its work	She subscribes to an environmental action group.	10
eliminate	verb	rɪ'lɪmɪneɪt, rɪ'lɪmɪneɪt	to completely get rid of something that is unnecessary or unwanted	The credit card eliminates the need for cash or cheques.	10
popularity	noun	,pɒpjə'lærəti, ,pɒpjə'lærəti	when something or someone is liked or supported by a lot of people	The popularity of the Internet has soared.	10
register	verb	'redʒɪstə, 'redʒɪstə	to put someone's or something's name on an official list	How many students have registered for English classes?	10
seductively	adv	sɪ'dʌktɪvli	done in an interesting and attractive way that persuades you to do something you would not usually do	The solution was seductively simple.	10
match	verb	mætʃ	to put two people or things together that are similar to or somehow connected with each other	Can you name the animals and match them to the correct countries?	10
fast forward	verb	fɑ:st 'fɔ:wəd	to move quickly to a later point in a story	Fast-forward to York at the turn of the century.	10
roam	verb	rəʊm	to walk or travel, usually for a long time, with no clear purpose or direction	The dogs are allowed to roam around.	10
subscription	noun	səb'skrɪpʃən	an amount of money you pay, usually once a year, to receive copies of a newspaper or magazine, or receive a service, or the act of paying money for this	You may cancel your subscription at any time.	10
niche	adj	ni:ʃ, nɪtʃ	relating to selling goods to a particular small group of people who have similar needs, interests, etc.	a niche product	10
punch-card	adj	pʌntʃ'kɑ:d	relating to punch cards – a card with a pattern of holes in it that was used in the past for putting information into a computer	The factory in our town stopped using punch-card technology in the early 1970s.	10

patented	adj	'peɪntɪ, 'pæ-	to be protected by a special document that gives you the right to make or sell a new invention or product that no one else is allowed to copy	a new patented method of removing paint	10
supposedly	adv	sə'pəʊzədlɪ, sə'pəʊzɪdli	used when saying what many people say or believe is true, especially when you disagree with them	How could a supposedly intelligent person be so stupid?	10
specialised	adj	'speʃəlaɪzɪd	trained, designed, or developed for a particular purpose, type of work, place, etc.	specialised training for specific jobs	10
rigorous	adj	'rɪgərəs	careful, thorough, and exact	the rigorous standards required by the college	10
committed	adj	kə'mɪtəd, kə'mɪtɪd	willing to work very hard at something	The party has a core of committed supporters.	10
subject	verb	'sʌbdʒɪkt	to force someone or something to experience something very unpleasant, especially over a long time	Police subjected him to hours of questioning.	10
algorithm	noun	'ælgərɪðəm	a set of instructions that are followed in a fixed order and used for solving a mathematical problem, making a computer program, etc.	Scientists spent many hours working on an algorithm to solve the problem.	10
calculation	noun	,kælkjə'leɪʃən, ,kælkjʊ'leɪʃən	when you use numbers in order to find out an amount, price, or value	Dee looked at the bill and made some rapid calculations.	10
scrutiny	noun	'skru:təni, 'skru:tɪni	careful and thorough examination of someone or something	Careful scrutiny of the company's accounts revealed a whole series of errors.	10
bias	noun	'bi:əs	an opinion about whether a person, group, or idea is good or bad that influences how you deal with it	political bias in the press	10
norm	noun	nɔ:m	the usual or normal situation, way of doing something, etc.	Short term contracts are now the norm with some big companies.	10
for starters	phrase	fə'stɑ:t əz	used to emphasise the first of a series of facts, opinions, questions, etc.	Well, for starters, you'll need to fill out an application form.	10
disposable income	noun	dɪ'spəʊzəbəl 'ɪŋkʌm	the amount of money you have left to spend after you have paid your taxes, bills, etc.	We don't go on holiday because we have no disposable income.	10
narrow	verb	'nærəʊ	to reduce the number of things included in a range	The police have narrowed down their list of suspects.	10
pool	noun	pu:l	a group of people who are available to work or to do an activity when they are needed	a pool of talented applicants to choose from	10
eligible	adj	'elɪdʒəbəl, 'elɪdʒɪbəl	someone who is eligible for something is able or allowed to do it, for example because they are the right age	Students on a part-time course are not eligible for a loan.	10
weed out	phrasal verb	wi:d əʊt	to get rid of people or things that are not very good	The research will help governments to weed out ineffective aid schemes.	10
soul mate	noun	səʊl meɪt	someone you have a very close relationship with because you share or understand the same emotions and interests	I'm meeting my only soul mate from college today.	10
placebo	noun	plə'si:bəʊ	a harmless substance given to a sick person instead of medicine, without telling them it is not real	a placebo effect	10
aura	noun	'ɔ:rə	a quality or feeling that seems to surround or come from a person or a place	The building retains an aura of mystery.	10
inherent	adj	ɪn'hɪərənt, -'her-	a quality that is inherent in something is a natural part of it and cannot be separated from it	I'm afraid the problems you mention are inherent in the system.	10
validate	verb	'vælədeɪt, 'vælɪdeɪt	to prove that something is true or correct, or to make a document or agreement officially and legally acceptable	Many scientists plan to wait until the results of the study are validated by future research.	10
forum	noun	'fɔ:rəm	a group of computer users who are interested in a particular subject and discuss it using email or the Internet	The issue was discussed widely through an online forum.	10
boardroom	noun	'bɔ:dru:m, -rʊm	a room where the important people in a company have meetings	The presentation will take place in the boardroom.	10
indignant	adj	ɪn'dɪgnənt	angry and surprised because you feel insulted or unfairly treated	Liz was indignant at the way her child had been treated.	10
satisfy	verb	'sætɪsfaɪ, 'sætɪsfai	to make someone feel pleased by doing what they want	Nothing I did would ever satisfy my father.	10
inconsistent	adj	,ɪnkən'sɪstənt	two statements that are inconsistent cannot both be true	The accounts of the witnesses are inconsistent.	10
robotics	noun	rəʊ'bɒtɪks	the study of how robots are made and used	School children don't normally study robotics until they are eleven.	10
android	noun	'ændrɔɪd	a robot that looks completely human	The android security guard met us at the door.	10
inanimate	adj	ɪn'ænəmət, ɪn'ænɪmət	not living	an inanimate object	10
meaningful	adj	'mi:nɪŋfəl	having a meaning that is easy to understand and makes sense	Teaching history to five-year-olds in a meaningful way can be very difficult.	10
replicant	noun	'replɪk(ə)nt	in science fiction, a genetically engineered or artificial being created as an exact replica of a human being	His description of the replicants was astonishing.	10
sleep a wink	phrase	slɪ:p eɪ wɪŋk	not be able to sleep at all	I didn't get a wink of sleep last night.	10
hold true	phrasal verb	həʊld tru:	to remain true or valid	Her views still hold true today.	10
categorical	adj	,kætə'gɒrɪkəl, ,kæti'gɒrɪkəl	a categorical statement is a clear statement that something is definitely true or false	Can you give us a categorical assurance that no jobs will be lost?	10
proficiency	noun	prə'fɪʃənsɪ	a good standard of ability and skill	a high level of proficiency in English	10
apparently	adv	ə'pærəntli	used to say that you have heard that something is true, although you are not completely sure about it	Apparently the company is losing a lot of money.	10
welfare	noun	'welʃeə	someone's welfare is their health and happiness	Our only concern is the children's welfare.	10
predominate	verb	prɪ'dɒmənert, prɪ'dɒmɪnert	if one type of person or thing predominates in a group or area, there are more of this type than any other	Pine trees predominate in this area of forest.	10
take offence	phrase	teɪk ə'fens	to feel offended because of something someone says or does	I think he took offence at my lack of enthusiasm.	REVIEW
irrespective	adj	,ɪrɪ'spektɪv	used when saying that a particular fact has no effect on a situation and is not important	The course is open to anyone, irrespective of age.	REVIEW
compatible	adj	kəm'pætəbəl, kəm'pætɪbəl	able to exist or be used together without causing problems	Stephen's political views often weren't compatible with her own.	REVIEW
radically	adv	'rædɪkli	if something changes radically, it changes a lot in an important way	a radically different method of production	REVIEW
bandwidth	noun	'bændwɪðθ	the amount of information that can be carried through a telephone wire, computer connection, etc., at one time	You need good bandwidth if you are going to communicate easily.	REVIEW
modulation	noun	,mɒdʒə'leɪʃən, ,mɒdʒʊ'leɪʃən	to change the sound of your voice	Her speech lacks variety and modulation.	REVIEW

frown	verb	fraʊn	to make an angry, unhappy, or confused expression, moving your eyebrows together	She frowned as she read the letter.	11
astonishment	noun	ə'stɒnɪʃmənt	complete surprise	She stared at him in astonishment.	11
bitterness	noun	'bɪt ə nəʃ	feeling angry, jealous, and upset because you think you have been treated unfairly	The thought filled him with bitterness.	11
exhilaration	noun	ɪg,zɪlə'reɪʃən	a feeling of being happy, excited, and full of energy	She enjoyed the exhilaration of jet-skiing.	11
hysteria	noun	hɪ'stɪəriə	extreme excitement that makes people cry, laugh, shout, etc., in a way that is out of control	Since the general's passing, the population has been gripped by mass hysteria	11
indifference	noun	ɪn'dɪfərəns	lack of interest or concern	his apparent indifference to material luxuries	11
rejection	noun	rɪ'dʒekʃən	the act of not accepting, believing in, or agreeing with something	What are the reasons for his rejection of the theory?	11
binge	noun	bɪndʒ	a short period when you do too much of something, such as eating or drinking	an eating binge	11
associate	verb	ə'səʊʃieɪt, ə'səʊsi-	to make a connection in your mind between one thing or person and another	I don't associate him with energetic sports.	11
enhance	verb	ɪn'hɑ:ns	to improve something	Good lighting will enhance any room.	11
lubricant	noun	'lu:bɪkənt	something that lessens or prevents friction or difficulty	Laughter is a great lubricant for life.	11
implication	noun	,ɪmplə'keɪʃən, ,ɪmplɪ'keɪʃən	a possible future effect or result of an action, event, decision, etc.	What are the implications of these proposals?	11
contradict	verb	,kɒntrə'dɪkt	to disagree with something, especially by saying that the opposite is true	Deborah opened her mouth to contradict, but closed it again.	11
intimidated	adj	ɪn'tɪmɪdeɪtəd, ɪn'tɪmɪdətəd	feeling worried and lacking confidence because of the situation you are in or the people you are with	I was shy, and felt intimidated by the older students.	11
light-hearted	adj	,laɪt 'hɑ:təd	not intended to be serious	a light-hearted comedy	11
inappropriate	adj	,ɪnə'prəʊpri-ət, ,ɪnə'prəʊpri-ɪt	not suitable or right for a particular purpose or in a particular situation	His comments were wholly inappropriate on such a solemn occasion.	11
conversational	adj	,kɒnvə'seɪʃənəl	a conversational style, phrase, etc., is informal and commonly used in conversation	The article was written in straightforward, almost conversational language.	11
uncontrollable	adj	,ʌnkən'trəʊləbəl	if an emotion, desire, or physical action is uncontrollable, you cannot control it or stop yourself from feeling it or doing it	I felt an uncontrollable urge to scream.	11
advocate	verb	'ædvəkeɪt	to publicly support a particular way of doing something	Extremists were openly advocating violence.	11
lighten up	phrasal verb	'laɪtn ʌp	used to tell someone not to be so serious about something	You need to lighten up a bit.	11
monitor	verb	'mɒnɪtə	to carefully watch and check a situation in order to see how it changes over a period of time	Patients who are given the new drug will be asked to monitor their progress.	11
impulse	noun	'ɪmpʌls	a sudden strong desire to do something without thinking about whether it is a sensible thing to do	a sudden impulse to laugh	11
anecdote	noun	'ænɪkdəʊt	a short story based on your personal experience	The book is full of amusing anecdotes about his life in Japan.	11
contagious	adj	kən'teɪdʒəs	if a feeling, attitude, or action is contagious, other people are quickly affected by it and begin to have it or do it	her contagious enthusiasm	11
prick up	phrv	prɪk ʌp	if an animal pricks up its ears, it raises them to listen to a sound	The rabbit stopped suddenly, pricking up its ears.	11
furrowed	adj	'fʌr əʊd	marked on the surface of the skin with deep lines	a furrowed brow	11
brow	noun	braʊ	the part of your face above your eyes and below your hair	His brow furrowed.	11
cast	verb	kɑ:st	to look quickly in a particular direction	She blushed, casting her eyes down.	11
wag	verb	wæg	if a dog wags its tail, or if its tail wags, the dog moves its tail many times from one side to the other	Look at that dog wagging its tail. It's so happy!	11
interpret	verb	ɪn'tɜ:prət, ɪn'tɜ:prɪt	to explain the meaning of something	Freud's attempts to interpret the meaning of dreams	11
facial	adj	'feɪʃəl	on your face or relating to your face	Victor's facial expression didn't change.	11
dispute	verb	dɪ'spju:t, 'dɪspju:t	to say that something such as a fact or idea is not correct or true	The main facts of the book have never been disputed.	11
slink	verb	sɪŋk	to move somewhere quietly and secretly, especially because you are afraid or ashamed	Edward was hoping to slink past unnoticed.	11
consistency	noun	kən'sɪstənsɪ	the quality of always being the same, doing things in the same way, having the same standards, etc., – used to show approval	Consumer groups are demanding greater consistency in the labelling of food products.	11
conscious	adj	'kɒnʃəs	noticing or realising something	I became conscious of someone watching me.	11
exaggerate	verb	ɪg'zædʒəreɪt	to make something seem better, larger, worse, etc., than it really is	I couldn't sleep for three days – I'm not exaggerating.	11
gesture	noun	'dʒestʃə	a movement of part of your body, especially your hands or head, to show what you mean or how you feel	Jim raised his hands in a despairing gesture.	11
simplicity	noun	sɪm'plɪsəti, sɪm'plɪsɪti	the quality of being simple and not complicated, especially when this is attractive or useful	Mona wrote with a beautiful simplicity of style.	11
expose	verb	ɪk'spəʊz	to show something that is usually covered or hidden	The report exposed corruption among officials.	11
icon	noun	'aɪkɒn	someone famous who is admired by many people and is thought to represent an important idea	a sixties cultural icon	11
magnify	verb	'mægnəfaɪ, 'mægnɪfaɪ	to make something seem bigger or louder, especially using special equipment	At the Sheffield arena, the speakers were magnified ten times on a giant screen.	11
assembled	adj	ə'sembəld	when a large number of people or things are gathered together in one place, often for a particular purpose	She had assembled a collection of her favourite songs.	11
unashamedly	adv	,ʌnə'feɪmdli, ʌnə'feɪmɪdli	not feeling embarrassed or ashamed about something that people might disapprove of	his unashamed love of money	11
bare	adj	beə	empty, not covered by anything, or not having any decorations	She looked round her tiny bare room.	11
trappings	noun	'træpɪŋz	things such as money, influence, possessions, etc., that are related to a particular type of person, job, or way of life	the trappings of power	11
mastery	noun	'mɑ:stəri	thorough understanding or great skill	She possesses complete technical mastery of her instrument.	11

imitate	verb	'ɪməteɪ, 'ɪmɪteɪ	to copy something because you think it is good	The Japanese have no wish to imitate Western social customs and attitudes.	11
continuity	noun	,kɒntə'nju:əti, ,kɒntɪ'nju:əti	the state of continuing for a period of time, without problems, interruptions, or changes	We should ensure continuity of care between hospital and home.	11
sensitivity	noun	,sensə'trɪvəti, ,sensɪ'trɪvəti	the ability to understand other people's feelings and problems	His comments show a lack of sensitivity.	11
limitation	noun	,lɪmə'teɪʃən, ,lɪmɪ'teɪʃən	the act or process of controlling or reducing something	Any limitation to the king's power could be permanent.	11
depict	verb	dɪ'pɪkt	to describe something or someone in writing or speech, or to show them in a painting, picture, etc.	a book depicting life in pre-revolutionary Russia	11
precision	noun	pri'sɪʒən	the quality of being very exact or correct	The work was carried out with military precision.	11
meticulously	adv	mə'tɪkjələsli, mɪ'tɪkjələsli	being very careful about small details, and always making sure that everything is done correctly	She planned the event meticulously.	11
composition	noun	,kɒmpə'zɪʃən	the way in which something is made up of different parts, things, or members	The composition of the group that is studied depends on the interests of the researcher.	11
relevance	noun	'rel əv əns	directly relating to the subject or problem being discussed or considered	They have no relevance to the story.	11
endure	verb	ɪn'dʒʊə	to remain alive or continue to exist for a long time	friendships which endure over many years	11
omission	noun	əʊ'mɪʃən, ə-	when you do not include or do not do something	his omission from the team	11
incapable	adj	ɪn'keɪpəbəl	not able to do something	He seemed incapable of understanding how she felt.	11
span	verb	spæn	to include all of a period of time	a career which spanned nearly 60 years	11
comprehensive	adj	,kɒmprɪ'hensɪv	including all the necessary facts, details, or problems that need to be dealt with	We offer our customers a comprehensive range of financial products.	11
prop	noun	pɒp	a small object, usually used by actors in a play or film	stage props	11
exhilarating	adj	ɪg'zɪləreɪtɪŋ	making you feel happy, excited, and full of energy	an exhilarating experience	11
publicist	noun	'pʌblɪsəst, 'pʌblɪsɪst	someone whose job is to make sure that people know about a new product, film, book, etc., or what a famous person is doing	She was not only a distinguished publicist, she was also my close friend.	11
stylist	noun	'stɑɪləst, 'stɑɪlɪst	a person whose job is to arrange and coordinate food, clothes, etc., in a stylish and attractive way in photographs or films	Renee was the top stylist at the salon.	11
flatter	verb	'flætə	to make someone look as attractive as they can	That dress really flatters your figure.	11
chronological	adj	,krɒnə'lɒdʒɪkəl	arranged according to when things happened or were made	We arranged the documents in chronological order.	11
beneficial	adj	,benə'fɪʃəl, ,benɪ'fɪʃəl	having a good effect	Cycling is highly beneficial to health and the environment.	11
prestigious	adj	pre'stɪdʒəs	admired as one of the best and most important	a prestigious literary award	11
undeniable	adj	,ʌndɪ'naɪəbəl	definitely true or certain	undeniable proof	11
attired	adj	ə'taɪəd	dressed in a particular way	He arrived suitably attired in a dark dinner suit.	11
credibility	noun	,kredə'bɪləti, ,kredɪ'bɪləti	the quality of deserving to be believed and trusted	The scandal has damaged his credibility as a leader.	11
don	verb	dɒn	to put on a hat, coat, etc.	He donned a brightly coloured jacket.	11
impeccably	adv	ɪm'pekəbli	without any faults and impossible to criticise	impeccably dressed	11
affluence	noun	'æf luəns	having plenty of money, nice houses, expensive things, etc.	a sign of growing affluence	11
speak volumes	phrasal verb	spi:k 'vɒl ju:mz	if something speaks volumes, it clearly shows the nature of something or the feelings of a person	What you wear speaks volumes about you.	11
utter	verb	'ʌtə	to say something	'You fool!' she uttered in disgust.	11
scruffy	adj	'skrʌfi	dirty and untidy	a scruffy old pair of jeans	11
signify	verb	'sɪgnəfaɪ, 'sɪgnɪfaɪ	to represent, mean, or be a sign of something	Some tribes use special facial markings to signify status.	11
pierced	adj	pɪəst	when a small hole is made in your ears, nose, etc., so that you can wear jewellery through the hole	pierced ears	11
hoodie	noun	'hʊdi	a loose jacket or top made of soft material, which has a hood	He wore the same hoodie every day because it was so comfortable.	11
proposed	adj	prə'pəʊzd	a proposed change, plan, development, etc., is one that has been formally suggested to an official person or group	The document supplies details of the proposed changes.	11
act on impulse	phrv	ækt ɒn 'ɪmpʌls	to do or decide something suddenly and without forethought	He tends to always act on impulse.	REVIEW
favourable	adj	'feɪvərəbəl	making people like or approve of someone or something	A smart appearance makes a favourable impression at an interview.	REVIEW
slavishly	adv	'sleɪv ɪʃli	obeying, supporting, or copying someone completely – used to show disapproval	not a rule to be slavishly followed in every instance	REVIEW
founder	noun	'faʊndə	someone who establishes a business, organisation, school, etc.	the founder of the company	12
astrophysicist	noun	,æstrəʊ'fɪzəsəst, -'fɪzɪsəst	a scientist who studies the chemical structure of the stars and the forces that influence them	an astrophysicist at Edinburgh university	12
wingspan	noun	'wɪŋspæn	the distance from the end of one wing to the end of the other	a wingspan of 80 feet	12
take issue with	phrv	teɪk 'ɪʃu: wɪð	to disagree or argue with someone about something	I must take issue with you over what you said yesterday.	12
clarify	verb	'klærəfaɪ, 'klærɪfaɪ	to make something clearer or easier to understand	Could you clarify one or two points for me?	12
acquisition	noun	,ækwɪ'zɪʃən, ,ækwi'zɪʃən	the process by which you gain knowledge or learn a skill	the acquisition of language	12
tabby	adj	'tæbi	light and dark lines on fur	tabby cat	12
contest	verb	'kɒntest	to say formally that you do not accept something or do not agree with it	His brothers are contesting the will.	12
nap	noun	næp	a short sleep, especially during the day	I usually take a nap after lunch.	12
nag	verb	næg	to keep asking someone to do something, or to keep complaining to someone about their behaviour, in an annoying way	I wish you'd stop nagging!	12
neurophysiologist	noun	'nju:ərəʊ'fɪzɪ'ɒlədʒɪst	a doctor who investigates and diagnoses disorders of the nervous system	This was the careful approach of the neurophysiologist.	12
siesta	noun	si'estə	a short sleep in the afternoon, especially in warm countries	The stores all close after lunch when everyone takes a siesta.	12
jot	verb	dʒɒt	to write a short piece of information quickly	Let me jot down your number and I'll call you tomorrow.	12
decipher	verb	dɪ'saɪfə	to find the meaning of something that is difficult to read or understand	She studied the envelope, trying to decipher the handwriting.	12

Nobel Prize	noun	(,)nəʊ 'bel praɪz	one of the prizes given each year to people who have done important work in various types of activity	Nobel Prize for literature	12
handy	adj	'hændi	useful	It's quite a handy little tool.	12
initiate	verb	i 'niʃiət	to arrange for something important to start, such as an official process or a new plan	They have decided to initiate legal proceedings against the newspaper.	12
monumental	adj	,mɒnjə'mentl, ,mɒnju'mentl	a monumental achievement, piece of work, etc., is very important and is usually based on many years of work	a monumental contribution to the field of medicine	12
pomp and circumstance	noun	pɒmp ənd 'sɜ:kəmstæns	a pretentious or showy display of wealth or ceremony, designed to impress	The queen was welcomed with great pomp and circumstance.	12
muster	verb	'mʌstə	to get enough courage, confidence, support, etc., to do something, especially with difficulty	Finally I mustered up the courage to ask her out.	12
obscurity	noun	əb'skjʊərəti, əb'skjʊərɪti	the state of not being known or remembered	The group produced two albums before disappearing into obscurity.	12
radium	noun	'reɪdiəm	a white metal that is radioactive and is used in the treatment of diseases such as cancer	radium treatment	12
pioneering	adj	,paɪə'maɪnɪŋ	introducing new and better methods or ideas for the first time	the pioneering work of NASA scientists	12
radiation	noun	,reɪdi'eɪʃən	a form of energy that comes especially from nuclear reactions, which in large amounts is very harmful to living things	An accident at the power station could result in large amounts of radiation being released.	12
entombed	adj	ɪn 'tu:md	to bury a dead body in a tomb or trap someone in something or under the ground	Burns' body was entombed at Forest Lawn Cemetery.	12
trace	noun	treɪs	a small sign that shows that someone or something was present or existed	There was no trace of anyone having entered the room since then.	12
sustain	verb	sə'steɪn	to make something continue to exist or happen for a period of time	She found it difficult to sustain the children's interest.	12
artistry	noun	'ɑ:təstri, 'ɑ:tɪstri	skill in a particular artistic activity	the artistry of dance	12
recollection	noun	,rekə'lekʃən	something from the past that you remember	My earliest recollections are of my mother bending over my cot.	12
behalf	noun	bɪ'hɑ:f	instead of someone, or as their representative	On behalf of everyone here, may I wish you a very happy retirement.	12
determined	adj	dɪ'tɜ:mənd, dɪ'tɜ:mɪnd	having a strong desire to do something, so that you will not let anyone stop you	Gwen is a very determined woman.	12
strike	verb	straɪk	if something strikes you, you think of it, notice it, or realise that it is important, interesting, true, etc.	A rather worrying thought struck me.	12
resolve	verb	rɪ'zɒlv	to find a satisfactory way of dealing with a problem or difficulty	The crisis was resolved by negotiations.	12
pip (sbd) at the post	phrase	pɪp ət ðə pəʊst	to beat someone at the last moment in a race, competition etc, when they were expecting to win	The McLaren team were narrowly pipped at the post by Ferrari.	12
narrowly	adv	'nærəʊli	by only a small amount	He was narrowly defeated in the election.	12
eulogise	verb	'ju:lədʒaɪz	to praise someone or something very much	The poem does not eulogise the dead soldiers.	12
pan	verb	pæn	to strongly criticise a film, play, etc., in a newspaper or on television or radio	The movie was panned by the critics.	12
plea	noun	pli:	a request that is urgent or full of emotion	a plea for help	12
declaration	noun	,deklə'reɪʃən	an important official statement about a particular situation or plan, or the act of making this statement	the declaration of war	12
get wind of	phrasal verb	get wɪnd əv	to hear or find out about something secret or private	You'd better hope the press doesn't get wind of this.	12
matter of principle	noun	'mætə əv 'prɪnsəpəl	something that you feel you must or must not do, because of your moral principles	She couldn't take the money. It was a matter of principle.	12
dark matter	noun	dɑ:k 'mætə	a type of matter that scientists think may exist. It cannot be seen but seems to affect the movements of stars	The problem is that dark matter is invisible', he explained.	12
glossy	adj	'glɒsi	shiny and smooth	the glossy surface of the leaves	12
tangibly	adv	'tændʒəbəli, 'tændʒɪbəli	done in a way that is clear enough or definite enough to be easily seen or noticed	There is a tangibly American aspect to his writing.	12
eccentric	adj	ɪk'sentɪk	behaving in a way that is unusual and different from most people	His eccentric behaviour lost him his job.	12
know no bounds	phrasal verb	nəʊ nəʊ baʊndz	if someone's honesty, kindness, etc., knows no bounds, they are extremely honest, etc.	Her pride in her daughter's achievements knew no bounds.	12
demonise	verb	'di:mənəɪz	portray as wicked and threatening	He was demonised by the left-wing press.	12
inventive	adj	ɪn'ventɪv	able to think of new, different, or interesting ideas	one of the most talented and inventive drummers in modern music	12
attribute	noun	ə'trɪbjʊ:t	a quality or feature, especially one that is considered to be good or useful	What attributes should a good manager possess?	12
edge towards	phrasal verb	edʒ tə'wɔ:dz	to move gradually towards something with several small movements	He edged her towards the door.	12
electrify	verb	ɪ'lektɹəfaɪ, ɪ'lektɹɪfaɪ	if a performance or a speech electrifies people, it makes them feel very interested or excited	She would sit at the piano and sing, electrifying us all.	12
undoing	noun	ʌn'du:ɪŋ	someone's shame, failure, etc.	In the end, drink was his undoing.	12
quintessential	adj	,kwɪntə'senʃəl, ,kwɪntɪ'senʃəl	being a perfect example of a particular type of person or thing	'Guys and Dolls' is the quintessential American musical.	12
loathing	noun	'ləʊðɪŋ	a very strong feeling of hatred	her loathing for her first husband	12
divisible	adj	də'vɪzəbəl, dɪ'vɪzəbəl	able to be divided, for example by a number	6 is divisible by 3.	12
vehement	adj	'vi:əmənt	showing very strong feelings or opinions	Despite her vehement protests, he pulled her inside.	12
detractor	noun	dɪ'træktə	someone who says bad things about someone or something, in order to make them seem less good than they really are	Even the President's detractors admit that the decision was the right one.	12
geeky	adj	'gi:ki	knowledgeable and obsessively interested in something, especially technology	a bunch of geeky teenagers playing computer games	12
pledge	verb	pledʒ	to make a formal, usually public, promise that you will do something	Moore pledged \$100,000 to the orchestra at the fund-raising dinner.	12
notoriety	noun	,nəʊtə'raɪəti	the state of being famous or well known for something that is bad or that people do not approve of	John is already a writer of some notoriety.	12
coil	noun	kɔɪl	a continuous series of circular rings into which something such as wire or rope has been wound or twisted	a coil of rope	12

profitability	noun	ˌprɒfɪtəˈbɪləti, ˌprɒfɪtəˈbɪləti	when a business or an activity makes a profit, or the amount of profit it makes	a decline in company profitability	12
ubiquitous	adj	juːˈbɪkwətəs, juːˈbɪkwɪtəs	seeming to be everywhere – sometimes used humorously	Coffee shops are ubiquitous these days.	12
antipathy	noun	ænˈtɪpəθi	a feeling of strong dislike towards someone or something	a growing antipathy towards the government	12
volatile	adj	ˈvɒlətaɪl	someone who is volatile can suddenly become angry or violent	a volatile young man	12
rhetorical	adj	rɪˈtɒrɪkəl	when you ask a question as a way of making a statement, without expecting an answer to develop something new, especially a strong relationship with other people, groups, or countries	a speech full of rhetorical phrases	12
forge	verb	fɔːdʒ	to take action or make changes that you have officially decided should happen	In 1776 the United States forged an alliance with France.	12
implement	verb	ˈɪmpləment, ˈɪmplɪment	a reduction in something, such as the number of workers in a company or the amount of money a government or company spends	We have decided to implement the committee’s recommendations in full.	12
cutback	noun	ˈkʌtbæk	the words that are written down for actors to say in a film, and the instructions that tell them what they should do	The shortage of teachers was blamed on government cutbacks.	12
screenplay	noun	ˈskriːnpleɪ	unwilling to believe that people have good, honest, or sincere reasons for doing something	He really wanted to write a screenplay before he was 30.	PROGRESS TEST 4
cynical	adj	ˈsɪnɪkəl	not having enough of something or any of it	a cynical view of human nature	PROGRESS TEST 4
lacking in	adj	ˈlækɪŋ ɪn	two people who are incompatible have such different characters, beliefs, etc., that they cannot have a friendly relationship	He was lacking in confidence.	PROGRESS TEST 4
incompatibility	noun	ˌɪnkəmpeɪtəˈbɪləti, ˌɪnkəmpeɪtɪˈb	if a belief, custom, situation, etc., prevails, it exists among a group of people at a certain time	Our different backgrounds had something to do with our incompatibility.	PROGRESS TEST 4
prevail	verb	prɪˈveɪl	a thin wall that separates one part of a room from another	the economic conditions which prevail in England and Wales	PROGRESS TEST 4
partition	noun	pɑːˈtɪʃən	a small part of a room that is separated from the rest of the room	the partition between the kitchen and the living room	PROGRESS TEST 4
cubicle	noun	ˈkjuːbɪkəl	individuals who are considered as a whole group	office workers in their cubicles	PROGRESS TEST 4
collectivity	noun	ˌkɒl ɛk ˈtrɪv ət ʃi	a new idea, method, or invention	There was a real sense of collectivity amongst the students.	PROGRESS TEST 4
innovation	noun	ˌɪnəˈveɪʃən	progress or development in your job, level of knowledge, etc.	recent innovations in English teaching	PROGRESS TEST 4
advancement	noun	ədˈvɑːnsmənt	something, usually a surface, that can be marked	career advancement	PROGRESS TEST 4
markable	adj	mɑːrkəbəl	clear and direct	a markable board	PROGRESS TEST 4
outright	adj	ˈaʊtraɪt	feelings of anger and surprise because you feel insulted or unfairly treated	an outright attack on his actions	PROGRESS TEST 4
indignation	noun	ˌɪndɪgˈneɪʃən	unusual and attractive, especially in an old-fashioned way	To his indignation, Charles found that his name was not on the list.	PROGRESS TEST 4
quaint	adj	kweɪnt	when other people do not know who you are or what your name is	a quaint little village in Yorkshire	Audio scripts
anonymity	noun	ˌænəˈnɪməti, ˌænəˈnɪmɪti	things that fill a space in an untidy way	Every step will be taken to preserve your anonymity.	Audio scripts
clutter	verb	ˈklʌtə	to surround someone or something closely	Lack of storage space does encourage clutter.	Audio scripts
hem in	phrasal verb	hem ɪn	nervous and worried	They were hemmed in on all sides by the soldiers and the dogs.	Audio scripts
edgy	adj	ˈedʒi	the long high noise something, such as a door, wooden floor, old bed, or stair makes when someone opens it, walks on it, sits on it, etc.	She’s been edgy lately, waiting for the test results.	Audio scripts
creak	noun	kriːk	a long low deep sound	the creak of the floorboards	Audio scripts
groan	noun	grəʊn	one of the large sloping pieces of wood that form the structure of a roof	The door opened with a groan.	Audio scripts
rafter	noun	ˈrɑːftə	to wait somewhere quietly and secretly, usually because you are going to do something wrong	the ceiling rafters	Audio scripts
lurk	verb	lɜːk	If someone or something is walled in, they are surrounded or enclosed by a wall or barrier	She didn’t see the figure lurking behind the bushes.	Audio scripts
wall in	phrasal verb	wɔːl ɪn	full of activity or energy in a way that is exciting and attractive	I feel walled in by all these trees and hedges.	Audio scripts
vibrant	adj	ˈvaɪbrənt	a cramped room, building, etc., does not have enough space for the people in it	Hong Kong is a vibrant, fascinating city.	Audio scripts
cramped	adj	kræmpt	extremely unlikely to be true or to happen	The kitchen was small and cramped.	Audio scripts
far-fetched	adj	fɑː ˈfetʃt	someone who is not at all brave	Her explanation sounded bizarre and far-fetched, but I wanted to believe her.	Audio scripts
cowardly	adv	ˈkaʊədli	not noticing, or not taking the care to notice, other people’s feelings, and not realising when they are upset or when something that you do will upset them	a cowardly attack on a defenceless man	Audio scripts
insensitive	adj	ɪnˈsensətɪv, ɪnˈsensɪtv	thinking about something a lot, with the result that you do not pay attention to other things	an insensitive remark	Audio scripts
preoccupied	adj	priːˈɒkjəpaɪd, priːˈɒkjəpaɪd	someone who is active and confident, and who enjoys spending time with other people	What’s wrong with Cindy? She seems a little preoccupied.	Audio scripts
extrovert	noun	ˈekstrəvɜːt	a piece of work that takes a lot of time and effort and is usually boring	Her sister was always more of an extrovert.	Audio scripts
slog	noun	slɒg	not seeming to be ashamed of your bad behaviour although other people think you should be ashamed	It’ll be a slog, but I know we can do it.	Audio scripts
shameless	adj	ˈʃeɪmləs	to put several things, problems, etc., in order of importance, so that you can deal with the most important ones first	the shameless way he lied to us	Audio scripts
prioritise	verb	praɪˈɒrətaɪz, praɪˈɒrɪtaɪz	teaching or relating to the skills you need to do a particular job	You need to prioritise your tasks.	Audio scripts
vocational	adj	vəʊˈkeɪʃənəl	to give an acceptable explanation for something that other people think is unreasonable	vocational qualifications	Audio scripts
justify	verb	ˈdʒʌstəfaɪ, ˈdʒʌstɪfaɪ	backbreaking work is physically difficult and makes you very tired	Ministers must appear before Parliament and justify their actions.	Audio scripts
backbreaking	adj	ˈbækbreɪkɪŋ	careful to do everything that it is your job or duty to do	a backbreaking task	Audio scripts
conscientious	adj	ˌkɒnʃɪˈenʃəs	consisting of short stories based on someone’s personal experience	a conscientious and hard-working student	Audio scripts
anecdotal	adj	ˌænɪkˈdəʊtl	the acceptance of something as true	His findings are based on anecdotal evidence rather than serious research.	Audio scripts
credence	noun	ˈkriːdəns	cruel or violent treatment of someone	I don’t give any credence to these rumours.	Audio scripts
abuse	noun	əˈbjuːs		several cases of child abuse	Audio scripts

erase	verb	ɪ'reɪz	to get rid of something so that it has gone completely and no longer exists	Their dream is to erase poverty and injustice from the world.	Audio scripts
grounded	adj	'graʊndəd, 'graʊndɪd	when something is given a firm theoretical or practical basis	The theory was grounded in a thorough knowledge of the past.	Audio scripts
cutting-edge	adj	'kʌtɪŋ edʒ	highly advanced, innovative or pioneering	cutting-edge scientific discoveries	Audio scripts
neuroscience	noun	'njʊərəʊ,saɪəns	the scientific study of the brain	The field of neuroscience was fairly new when I was a student.	Audio scripts
dopamine	noun	'dɒp ə mi:n	a compound present in the body as a neurotransmitter	levels of dopamine in the brain	Audio scripts
nutritionist	noun	nju:'trɪʃənəst, nju:'trɪʃənɪst	someone who has a special knowledge of nutrition	The nutritionist is helping me to change my diet because I need to lose weight.	Audio scripts
slumped	adj	slʌmpt	if your shoulders or head are slumped, they bend forward because you are unhappy, tired, or unconscious	Her shoulders slumped and her eyes filled with tears.	Audio scripts
trigger	verb	'trɪgə	to make something happen very quickly, especially a series of events	Certain forms of mental illness can be triggered by food allergies.	Audio scripts
mindset	noun	'maɪndset	someone's general attitude, and the way in which they think about things and make decisions	The company seems to have a very old-fashioned mindset.	Audio scripts
paradox	noun	'pærədɒks	a situation that seems strange because it involves two ideas or qualities that are very different	It's a paradox that in such a rich country there can be so much poverty.	Audio scripts
indulge	verb	ɪn'dʌldʒ	to let yourself do or have something that you enjoy, especially something that is considered bad for you	Eva had never been one to indulge in self-pity.	Audio scripts
definitive	adj	di'fɪnətɪv, di'fɪnɪtv	a definitive book, description, etc., is considered to be the best and cannot be improved	the definitive study of Victorian railway stations	Audio scripts
clear-cut	adj	,kliə 'kʌt	easy to understand or be certain about	There is not always a clear-cut distinction between right and wrong.	Audio scripts
rabid	adj	'ræbəd, 'ræbɪd, 'rei-	having very extreme and unreasonable opinions	a group of rabid right-wing fanatics	Audio scripts
consumerism	noun	kən'sju:mərɪzəm	the belief that it is good to buy and use a lot of goods and services – often used to show disapproval	the growth of consumerism	Audio scripts
unearth	verb	ʌn'ɜ:θ	to find something after searching for it, especially something that has been buried in the ground or lost for a long time	Farmers still sometimes unearth human bones here.	Audio scripts
creepy	adj	'kri:pi	making you feel nervous and slightly frightened	There's something creepy about the way he looks at me.	Audio scripts
preservation order	noun	,prezə'veɪʃən 'ɔ:də	in Britain, an official order that something, especially an area of countryside or an old building, must be preserved and not damaged	a tree preservation order	Audio scripts
pushy	adj	'pʊʃɪ	someone who is pushy does everything they can to get what they want from other people – used in order to show disapproval	a pushy salesman	Audio scripts
souk	noun	su:k	a market in an Arab country	I bought this carpet from the souk.	Audio scripts
tug	verb	'tʌg	to pull with one or more short, quick pulls	The woman gently tugged his arm.	Audio scripts
claw	verb	klɔ:	to tear or pull at something, using claws or your fingers	The cat keeps clawing at the rug.	Audio scripts
trinket	noun	'trɪŋkət, 'trɪŋkɪt	a piece of jewellery or a small pretty object that is not valuable	One shelf displayed trinkets from each country she had visited.	Audio scripts
haggle	verb	'hæɡəl	to argue when you are trying to agree about the price of something	tourists haggling over the price of souvenirs	Audio scripts
humility	noun	hju:'mɪləti, hju:'mɪlɪti	the quality of not being too proud about yourself – use this to show approval	He spoke with great humility about his role.	Audio scripts
fickleness	noun	'fɪk əlnəs	someone who is fickle is always changing their mind about people or things that they like, so that you cannot depend on them – used to show disapproval	the fickleness of fame	Audio scripts
peddler	noun	'pedlə	a person who sells stolen goods or illegal drugs	His opinion was that I was just a dangerous and untrustworthy peddler.	Audio scripts
akin	adj	ə'kɪn	very similar to something	Something akin to panic overwhelmed him.	Audio scripts
abuzz	adj	ə 'bʌz	filled with a continuous humming sound	the exhibition was abuzz with young people	Audio scripts
soulless	adj	'səʊl-ləs	lacking the attractive qualities that make people happy	a soulless city of grey concrete	Audio scripts
cut-throat	adj	'kʌtθrəʊt	a cut-throat activity or business involves people competing with each other in an unpleasant way	the cut-throat world of advertising	Audio scripts
chuffed	adj	tʃʌft	very pleased or happy	He's really chuffed about passing the exam.	Audio scripts
manipulative	adj	mə'nɪpjələtɪv, mə'nɪpjələtv	clever at controlling or deceiving people to get what you want – used in order to show disapproval	She was sly, selfish, and manipulative.	Audio scripts
patronising	adj	'pætrənaɪzɪŋ	someone who is patronising talks to you in a way that shows they think you are less intelligent or important than them	I don't mean to sound patronising.	Audio scripts
deck out	phrv	dek aʊt	to decorate something with flowers, flags etc	The street was decked out with flags for the royal wedding.	Audio scripts
all and sundry	phrase	ɔ:l ənd 'sʌndri	everyone, not just a few carefully chosen people	I don't want you telling our private business to all and sundry.	Audio scripts
chit-chat	noun	tʃɪt tʃæt	conversation about things that are not very important	boring social chit-chat	Audio scripts
fob off	phrasal verb	fɒb ɒf	to deceitfully attempt to satisfy someone by making excuses or giving them something inferior	She tried to fob me off with some unconvincing excuses.	Audio scripts
chillingly	adv	'tʃɪlɪŋli	something that is chilling makes you feel frightened, especially because it is cruel, violent, or dangerous	It was chillingly clear that he wanted revenge.	Audio scripts
fashionista	noun	,fæʃə'ni:stə	someone who is very interested in fashion and who likes the very newest styles	a magazine aimed at fashionistas	Audio scripts
ambience	noun	'æmbiəns	the qualities and character of a particular place and the way these make you feel	The restaurant's new owners have created a welcoming ambience.	Audio scripts
burgeoning	adj	'bɜ:dʒ ənɪŋ	growing or developing quickly	the burgeoning market for digital cameras	Audio scripts
hindrance	noun	'hɪndrəns	something or someone that makes it difficult for you to do something	The floods have been a major hindrance to relief efforts.	Audio scripts
engrossed	adj	ɪn 'grəʊst	when something interests you so much that you do not notice anything else	Dad was engrossed in the paper.	Audio scripts
solitaire	noun	,sɒlə'teə, ,sɒlɪ'teə	a game played by one person with small wooden or plastic pieces on a board	she played solitaire every Sunday afternoon	Audio scripts
jam-packed	adj	,dʒæm 'pækt	full of people or things	The place was jam-packed with tourists.	Audio scripts
blush	verb	blʌʃ	to become red in the face, usually because you are embarrassed	Wilson saw she was watching him and blushed.	Audio scripts
rusty	adj	'rʌsti	metal that is rusty is covered in rust	a rusty nail	Audio scripts
rack one's brains	phrase	ræk breɪnz	to try very hard to remember or think of something	I racked my brains, trying to remember his name.	Audio scripts

discrepancy	noun	di'skreɪənsi	a difference between two amounts, details, reports, etc., that should be the same	Police found discrepancies in the two men's reports.	Audio scripts
handle	verb	'hændl	to do the things that are necessary to complete a job	I handled most of the paperwork.	Audio scripts
preference	noun	'prefərəns	if you have a preference for something, you like it more than another thing and will choose it if you can	Do you have a colour preference?	Audio scripts
stuffy	adj	'stʌfi	a room or building that is stuffy does not have enough fresh air in it	It's getting stuffy in here – do you mind if I open the window?	Audio scripts
stunned	adj	stʌnd	too surprised or shocked to speak	He looked completely stunned.	Audio scripts
taken aback	phrasal verb	'teɪkən ə'bæk	to be very surprised about something	Emma was somewhat taken aback by his directness.	Audio scripts
loner	noun	'ləʊnə	someone who prefers to be alone or who has no friends	Ken's always been a bit of a loner.	Audio scripts
popularise	verb	'pɒpjələraɪz, 'pɒpjələraɪz	to make something well known and liked	Bob Marley popularised reggae music in the 1970s.	Audio scripts
outgrow	verb	,aʊt 'grəʊ	to grow too big for something	They outgrow their clothes so quickly.	Audio scripts
up and coming	adj	ʌp ənd 'kʌmɪŋ	likely to become successful or popular	up and coming young artists	Audio scripts
bizarrely	adv	bə'zɑ:lɪ, bɪ'zɑ:lɪ	very unusual or strange	she often dressed bizarrely	Audio scripts
down-to-earth	adj	,daʊn tu 'ɜ:θ	practical and direct in a sensible honest way	Fran's a friendly, down-to-earth person.	Audio scripts
topical	adj	'tɒpɪkəl	a subject that is topical is interesting because it is important at the present time	a new TV comedy dealing with topical issues	Audio scripts
elusive	adj	ɪ'lu:sɪv	an elusive person or animal is difficult to find or not often seen	She managed to get an interview with that elusive man.	Audio scripts
invaluable	adj	ɪn'veljʊəbəl, -jəbəl	extremely useful	Your advice has been invaluable to us.	Audio scripts
precise	adj	pri'saɪs	precise information, details, etc., are exact, clear, and correct	precise sales figures	Audio scripts
inclusive	adj	ɪn'klu:sɪv	including a wide variety of people, things, etc.	I like the inclusive ethos of this club.	Audio scripts