



Pearson

Wordlist ROADMAP B1

Word/Phrase	Page	Part of speech	Pronunciation	German	French	Italian	Definition	Example
Lesson 1								
Lesson 1A								
do a/take a course in something	6	v phr	ˌduː ə ˈteɪk ə ˈkɔːs ɪn	einen Kurs in etwas nehmen	suivre un cours de qc	fare / prendere un corso in qc	to take part in a series of lessons in a particular subject	I'm taking a course in graphic design.
do a degree in/qualification in something	6	v phr	ˌduː ə dɪ ˈɡriː ɪn/ kwɒlɪf	einen Abschluss / eine Qualifikation in etwas bekommen	passer un diplôme / un examen en	laurearsi, passare un esame	to take part in a course of study at a university or college in a particular subject	Sarah's doing a degree in physics.
get a degree in/qualification in something	6	v phr	ˌɡet ə dɪ ˈɡriː ɪn/ kwɒlɪf	einen Abschluss / eine Qualifikation in etwas bekommen	obtenir un diplôme en	laurearsi, ottenere la laurea	to receive the qualification that is given to you when you have successfully completed a university or college course in a particular subject	I need to get a qualification in food hygiene and safety before I can open a café.
have a degree in/qualification in something	6	v phr	ˌhæv ə dɪ ˈɡriː ɪn/ kwɒlɪf	einen Abschluss / eine Qualifikation in etwas haben	avoir un diplôme en	essere laureato / avere una laurea in	to have the qualification that is given to you when you have successfully completed a university or college course in a particular subject	Applicants must have a degree in engineering.
study for a degree in/qualification in something	6	v phr	ˌstʌdi fɔː ə dɪ ˈɡriː ɪn/ kwɒlɪf	für einen Abschluss / eine Qualifikation in etwas studieren	étudier pour obtenir un diplôme en	studiare per ottenere la laurea in qc	to take part in a course of study at a university or college in a particular subject	They're studying for a qualification in accountancy.
do/take an exam	6	v phr	ˌduː ˌteɪk ən ɪɡ ˈzæm	ein Examen ablegen	passer un examen	passare un' esame	to do a spoken or written test of knowledge, especially an important one	We have to take exams at the end of each year.
pass an exam	6	v phr	ˌpɑːs ən ɪɡ ˈzæm	ein Examen bestehen	réussir un examen	superare un esame	to succeed in a spoken or written test of knowledge, especially an important one	If I pass all these exams, I'll be a qualified nurse.
train as something	6	v phr	ˌtreɪn əz ˌsʌmθɪŋ	eine Ausbildung in/als etwas machen	se former en	fare tirocinio come	to be taught the skills of a particular job or activity	Nadia trained as a singer.
work as something	6	v phr	ˌwɜːk əz ˌsʌmθɪŋ	arbeiten als etwas	travailler comme	lavorare come	to do a job that you are paid for	She works as a cook in the army.
have/run your own company	6	v phr	ˌhæv/ ˌrʌn jɔː əʊn ˈkʌmpəni	sein eigenes Unternehmen haben / leiten	avoir/gérer sa propre entreprise	avere la sua propria ditta / impresa	to own and be in charge of an organisation	Theo's dream is to run his own company.
work for a company	6	v phr	ˌwɜːk fɔː ə ˈkʌmpəni	für ein Unternehmen arbeiten	travailler pour une entreprise	lavorare per una ditta / impresa	to do a job that you are paid for in an organisation	They both work for the same company.
work for yourself	6	v phr	ˌwɜːk fɔː jə ˈself	selbstständig arbeiten	travailler à son compte	lavoratore in proprio	to do a job that you organise yourself	He resigned from the law firm and now works for himself.
work part time	6	v phr	ˌwɜːk pɑːt ˈtaɪm	Teilzeit arbeiten	travailler à temps partiel	lavorare a tempo parziale	someone who works part time has a job for only part of each day or week	She wants to work part time after she's had the baby.

work full time	6	v phr	wɜ:k fu:l 'taɪm	Vollzeit arbeiten	travailler à plein temps	lavorare a tempo pieno	someone who works full time has a job for all the hours of a week during which it is usual for people to work	She works full time and has two children.
Lesson 1A VB								
architecture	136	n	'ɑ:kitektʃə	Architektur	architecture	architettura	the art and practice of planning and designing buildings	His architecture degree included two years working for a firm of architects.
economics	136	n	'ekə'nɒmɪks, 'i:-	Wirtschaft	économie	economia	the study of the way in which money and goods are produced and used	Economics is often studied with politics.
engineering	136	n	'endʒə'niəriŋ	Ingenieurwesen	ingénierie	ingegneria	the work involved in designing and building roads, bridges, machines, etc.	You need to be good at mathematics if you want to study engineering.
journalism	136	n	'dʒɜ:nlɪzəm	Journalismus	journalisme	giornalismo	the job or activity of writing news reports for newspapers, magazines, television or radio	She began her career in journalism working on a local newspaper.
law	136	n	lɔ:	Jura	droit	giurisprudenza, legge	a subject of study about the whole system of rules that people in a particular country or area must obey	She's studying international business law, so she will spend a year in Germany as part of her course.
medicine	136	n	'medsən	Medizin	médecine	medicina	the treatment and study of illnesses and injuries	Lucy studied medicine and now works in testing drugs.
politics	136	n	'pɒlətɪks	Politik	politique	politica	the study of political power and systems of government	Not all politicians studied politics at university.
science	136	n	'saɪəns	Naturwissenschaft	science	scienza	the study of knowledge about the world, especially based on examining, testing and proving facts	Statements about climate change should be based on science, not just personal opinions.
Lesson 1B								
caring	8	adj	'keəriŋ	fürsorglich	attentionné	premuroso	thinking about what other people need or want and trying to help them	The school aims to provide a caring environment.
reliable	8	adj	rɪ'laɪəbl	zuverlässig	fiable	affidabile	someone or something that is reliable can be trusted or depended on	People living in the city want a reliable bus and train service.
organised	8	adj	'ɔ:gənəɪzd	gut organisiert	bien organisé	ben organizzato	achieving your aims in a way that is effective, ordered and sensible	It will take me a few days to get organised after moving house.
lazy	8	adj	'leɪzi	faul	paresseux	pigro	not liking work or physical activity, or not making any effort to do anything	Make your own breakfast! Don't be so lazy!
ambitious	8	adj	æm'brɪʃəs	ehrgeizig	ambitieux	ambizioso	determined to be successful, rich, powerful, etc.	Jacob was intensely ambitious, obsessed with the idea of becoming rich
shy	8	adj	ʃaɪ	schüchtern	timide	timido	nervous and embarrassed about meeting and speaking to other people, especially people you do not know	He was too shy to come and sit next to me in class.
confident	8	adj	'kɒnfɪdənt	selbstsicher	confiant, sûr de soi	sicuro di sé	sure that you have the ability to do something well or deal with situations successfully	She seemed confident that she would pass.
calm	8	adj	kɑ:m	ruhig	calme	calmo	relaxed and quiet, not angry, nervous or upset	Everyone praised Douglas for the calm way in which he handled the situation.
patient	8	adj	'peɪʃnt	geduldig	patient	paziente	able to wait calmly for a long time or to accept difficulties, people's annoying behaviour, etc. without becoming angry	You'll just have to be patient and wait till I'm off the phone.

sensitive	8	adj	'sensətɪv	empfindlich	sensible, susceptible	sensibile	easily upset or offended by events or things that people say	Throughout her career she remained very sensitive to criticism.
open	8	adj	'əʊpən	offen	ouvert, franc	aperto	honest and not wanting to hide any facts from other people	The couple are quite open with each other about their feelings.
honest	8	adj	'ɒnɪst	ehrlich	honnête, sincère	sincero, onesto	saying what you really think and not hiding the truth or the facts	I'm going to ask you something, and I want you to be honest with me.
hard-working	8	adj	hɑ:d 'wɜ:kɪŋ	fleißig, arbeitsam	travailleur	diligente	working with a lot of effort	Sam is a hard-working student; he deserves to do well in his exams.
creative	8	adj	kri'eɪtɪv	kreativ	créatif	creativo	someone who is creative is very good at using their imagination to make things or find solutions to problems	You're so creative! I could never make my own clothes.

Lesson 1B VB

bossy	136	adj	'bɒsi	herrisch, rechthaberisch	autoritaire	autoritario	always telling other people what to do, in a way that is annoying	My older sister was bossy when we were children but we get on well these days.
disorganised	136	adj	dɪs'ɔ:gənəɪzd	unorganisiert	désorganisé	disorganizzato	someone who is disorganised is very bad at arranging or planning things	Rob is so disorganised that he'd forgotten we had invited him to dinner.
easy-going	136	adj	i:zɪ'gəʊɪŋ	unbeschwert	décontracté	gioioso, spensierato	not easily upset, annoyed or worried	Her easy-going nature made her popular.
kind	136	adj	kɑɪnd	nett, freundlich	gentil, aimable	gentile, amabile	someone who is kind tries to help people and make them happy or comfortable, and shows that they care about them	They were very kind to us and let us stay in their house as long as we liked.
moody	136	adj	'mu:di	launisch	lunatique, d'humeur changeante	lunatico, capriccioso	often changing quickly from being in a good temper to being in a bad temper	Harry was a good-natured teenager, hardly ever moody.
negative	136	adj	'neɡetɪv	negativ	négatif	negativo	considering only the bad qualities of a situation, person, etc. and not the good ones	Jean rarely sounded so negative about her mother.
sociable	136	adj	'səʊʃəbl	gesellig, kontaktfreudig	sociable	socievole	someone who is sociable is friendly and enjoys being with other people	Some research has shown that people without brothers and sisters tend to be less sociable.
stubborn	136	adj	'stʌbən	störrisch, stur	têtu, entêté	ostinato	determined not to change your mind, even when people think you are being unreasonable	Dave can be really stubborn once he's made up his mind.

Lesson 1C

increase	10	v	ɪn'kri:s	wachsen, zunehmen	augmenter	crescere, aumentare	to become larger in number, amount or degree	The population increased dramatically in the first half of the century.
get/become easier	10	v phr	get/bɪ'kʌm 'i:ziə	einfacher werden	devenir plus facile	diventare più facile	to be less and less difficult to do or understand	Downloading music is getting easier as new software is developed.
get/become harder	10	v phr	get/bɪ'kʌm 'hɑ:də	schwieriger werden	devenir plus difficile	diventare più difficile	to be more and more difficult to do or understand	The maths exams are becoming harder every year.
decrease	10	v	dɪ'kri:s	sinken, abnehmen	diminuer	diminuire	to become less or go down to a lower level	Violent crime has significantly decreased over the last ten years.
go down	10	phr v	gəʊ'daʊn	sinken, weniger werden	diminuer	diminuire	to become lower in level, amount, etc.	Computers have gone down in price.
reduce	10	v	rɪ'dju:s	senken, verringern	réduire	ridurre	to make (something) smaller or less in size, amount or price	We need to reduce the amount of salt in our diet.
improve	10	v	ɪm'pru:v	verbessern	améliorer	migliorare	to make something better, or to become better	This course is for students wishing to improve their English.
rise	10	v	raɪz	steigen	augmenter	augmentare, salire	to increase in number, amount or value	House prices rose rapidly last year.
go up	10	phr v	gəʊ'ʌp	steigen	augmenter	augmentare, salire	to increase in price, amount, level, etc.	Train fares have gone up.

fall	10	v	fɔ:l	fallen	tomber, descendre	calare, scendere	to go down to a lower level, amount, price, etc., especially a much lower one	The island is warm all year round and winter temperatures never fall below 10 degrees.
get better	10	v phr	get 'betə	besser werden	s'améliorer	migliorare	to improve	Her cooking isn't really getting any better.
get worse	10	v phr	get 'wɜ:s	schlechter werden, verschlimmern	empirer	peggiore	to become more unpleasant, bad or severe	Conditions will get worse as the winter continues.

Lesson 2

Lesson 2A

amazed	14	adj	ə'meɪzd	erstaunt, überrascht	étonné, stupéfait	sorpreso	very surprised	You'd be amazed how much money you can save.
amazing	14	adj	ə'meɪzɪŋ	verblüffend, erstaunlich	extraordinaire	straordinario, incredibile	very good, especially in an unexpected way	He's an amazing player to watch.
annoyed	14	adj	ə'noɪd	verärgert, gereizt	fâché	irritato	slightly angry	I'll be annoyed if we don't finish by eight.
annoying	14	adj	ə'noɪ-ɪŋ	ärgerlich	énervant, pénible	fastidioso	making you feel slightly angry	It's annoying that we didn't know about this before.
disappointed	14	adj	dɪsə'pɔɪntɪd	enttäuscht	déçu	disilluso	unhappy because something you hoped for did not happen, or because someone or something was not as good as you expected	Hundreds of disappointed fans were unable to get tickets for the game.
disappointing	14	adj	dɪsə'pɔɪntɪŋ	enttäuschend	décevant	deludente	not as good as you hoped or expected	The result of the semi-finals was very disappointing.
embarrassed	14	adj	ɪm'bærəst	verlegen, beschämt	gêné, embarrassé	imbarazzato	feeling uncomfortable or nervous and worrying about what people think of you, for example because you have made a silly mistake, or because you have to talk or sing in public	Lori gets embarrassed if we ask her to sing.
embarrassing	14	adj	ɪm'bærəsɪŋ	peinlich, blamabel	embarrassant, gênant	imbarazzante	making you feel ashamed, nervous or uncomfortable	This incident is deeply embarrassing for the government.
frightened	14	adj	'fraɪnd	ängstlich, angstvoll	effrayé	timido	feeling afraid	I was frightened of being left by myself in the house.
frightening	14	adj	'fraɪn-ɪŋ	beängstigend, furchterregend	effrayant	pauroso, spaventoso	making you feel afraid or nervous	Going into hospital can be very frightening for a child.
relaxed	14	adj	rɪ'læksɪd	entspannt	détendu	rilassato	feeling calm, comfortable, and not worried or annoyed	I was feeling relaxed after my holiday.
relaxing	14	adj	rɪ'læksɪŋ	entspannend	reposant	rilassante	making you feel relaxed	After a busy week at work, I'm looking forward to a relaxing evening at home.
surprised	14	adj	sə'praɪzd	überrascht	étonné	sorpreso	having the feeling you have when something unexpected or unusual happens	I was surprised to see her again so soon.
surprising	14	adj	sə'praɪzɪŋ	überraschend	étonnant, surprenant	sorprendente	unusual or unexpected	It's surprising how quickly you get used to it.
tired	14	adj	taɪəd	müde	fatigué	stanco	feeling that you want to sleep or rest	I'm so tired I could sleep for a week.
tiring	14	adj	'taɪərɪŋ	ermüdend, anstrengend	fatigant	stancante	making you feel that you want to sleep or rest	The journey was really tiring.
worried	14	adj	'wʌrɪd	besorgt, beunruhigt	inquiet	preoccupato, inquieto	unhappy because you keep thinking about a problem, or about something bad that might happen	The family became worried about her safety.
worrying	14	adj	'wʌrɪ-ɪŋ	beunruhigend, besorgniserrend	inquiétant	preoccupante	something that is worrying makes you feel anxious or worried	The pollution in our rivers is extremely worrying.

Lesson 2B

remind you of something	16	v phr	rɪˈmaɪnd ju əv smθɪŋ	jmd an etw erinnern	rappeler qc à qn	ricordare qc a qn	to make someone remember someone that they know or something that happened in the past	That song always reminds me of Tim and Liz's wedding.
make you think of something	16	v phr	meɪk ju ˈθɪŋk əv smθɪŋ	jmd an etw denken lassen	faire qn penser à qc	lasciare pensare qn a qc	to make someone think about someone that they know or something that happened in the past	Those flowers make her think of her grandmother's garden.
have happy memories of something	16	v phr	hæv ˈhæpi ˈmemərɪz əv smθɪŋ	glückliche Erinnerungen an etw haben	garder de bons souvenirs de	avere ricordi felici di	to make someone remember someone that they know or something that happened in the past in a positive way	I have happy memories of our summer holidays in Wales.
make you feel ...	16	v phr	meɪk ju fi:l	jmd [traurig / glücklich ...] machen	faire qn sentir [heureux / triste ...]	rendere [felice / triste ...] qn	if a situation, event, etc. makes you feel good, strange, etc., that is the emotion or feeling that it gives you	Looking at photos of my aunt makes me feel sad.
I'll never forget ...	16	v phr	aɪl ˌnevə fəˈget	Ich werde nie vergessen ...	Je n'oublierai jamais ...	Non dimenticherò mai...	used to show that a memory is very strong	I'll never forget the time my dad fell off the boat!
I'll always remember ...	16	v phr	aɪl ˌɔ:lweɪz rɪˈmembə	Ich werde immer daran denken ...	Je me souviendrai toujours de ...	Mi ricorderò sempre...	used to show that a memory is very strong	I'll always remember how kind they were when I was lost.

Lesson 2B VB

sight	137	n	sɑɪt	Augenlicht, Sehvermögen	vue	vista	the physical ability to see	He began to lose his sight six years ago.
sound	137	n	saʊnd	Töne, Geräusche	bruit	suoni	something that you hear, or what can be heard	There were strange sounds coming from the next room.
touch	137	n	tʌtʃ	Tasten, Tastsinn	toucher	tatto	the sense that you use to discover what something feels like, by putting your hand or fingers on it	The room was dark but she found her way to the door by touch.
smell	137	n	smel	Geruch	odorat	odore	the ability to notice or recognise qualities by using your nose	Dogs have a very good sense of smell.
taste	137	n	teɪst	Geschmack	goût	sapore	the feeling that is produced by a particular food or drink when you put it in your mouth	The medicine had a slightly bitter taste.
look at	137	v phr	ˈlʊk ət	ansehen, anschauen	regarder	guardare	to turn your eyes towards (someone or something), so that you can see them	The twins looked at each other and smiled.
see	137	v	si:	sehen	voir	vedere	to notice or examine (someone or something), using your eyes	Can I see your ticket, please?
watch	137	v	wɒtʃ	zuschauen, beobachten	regarder	guardare	to look at (someone or something) for a period of time, paying attention to what is happening	Watch carefully. You may learn something.
listen	137	v	ˈlɪsn	zuhören	écouter	ascoltare	to pay attention to what someone is saying or to a sound that you can hear	I listened to the rain falling on the roof.
hear	137	v	ˈhɪə	hören	entendre	sentire	to know that a sound is being made, using your ears	I couldn't hear what they were saying most of the time.
touch	137	v	tʌtʃ	berühren	toucher	toccare	to put your hand, finger, etc. on (someone or something)	A hand touched her on the shoulder.
feel	137	v	fi:l	sich anfühlen	sentir / être [froid ...] au toucher	sentire / essere al tatto	to give you a particular physical feeling, especially when you touch or hold something	His hands felt cold.
hold	137	v	həʊld	halten	tenir	tenere	to have (something) in your hand, hands or arms	Could you hold my bag for me?
smell	137	v	smel	riechen	sentir	sentire odore di	to notice or recognise a particular smell or to have a particular smell	Can you smell something burning? / My clothes smelt of smoke.

taste	137	v	teɪst	schmecken	goûter / avoir un goût agréable	sentire, avere un buon gusto / sapore	to have a particular kind of taste (= the feeling that is produced by a particular food or drink when you put it in your mouth)	The food tasted better than it looked.
Lesson 2C								
anxious	18	adj	ˈæŋkjəs	ängstlich, unruhig, besorgt	anxieux	timoroso, inquieto, preoccupato	worried about something	She is anxious about the interview.
cheerful	18	adj	ˈtʃɪfl	fröhlich	joyeux	allegro	happy, or behaving in a way that shows you are happy	Before the accident he had been cheerful and confident.
dull	18	adj	dʌl	fade, öde, langweilig	ennuyeux	noioso, monotono	not interesting or exciting	The weekly meeting tends to be dull.
enjoyable	18	adj	ɪn ˈdʒɔɪəbl	unterhaltsam, erfreulich	agréable, plaisant	divertente, piacevole	something enjoyable gives you pleasure	Games can make learning more enjoyable.
extraordinary	18	adj	ɪkˈstrɔːdnri	außergewöhnlich	extraordinaire	straordinario	very unusual or surprising	Organising the conference took an extraordinary amount of work.
homesick	18	adj	ˈhəʊmsɪk	Heimweh haben	avoir le mal du pays	avere nostalgia (di casa)	feeling unhappy because you are a long way from your home	Some students feel homesick when they first go to university.
lively	18	adj	ˈlaɪvli	lebhaft	vivant	vivace	someone who is lively has a lot of energy and is very active	Looking after three lively children keeps me busy.
nervous	18	adj	ˈnɜːvəs	nervös	nerveux	nervoso	worried or frightened about something, and unable to relax	Paul always gets nervous when he has to give a presentation.
optimistic	18	adj	ɒptəˈmɪstɪk	optimistisch	optimiste	ottimistico	believing that good things will happen in the future	I'm optimistic about our chances of winning.
peaceful	18	adj	ˈpiːsfl	friedlich	paisible	pacifico	a peaceful time, place or situation is quiet and calm without any worry or excitement	It's very peaceful out here in the woods.
positive	18	adj	ˈpɒzətɪv	positiv	positif	positivo	if you are positive about things, you are hopeful and confident, and think about what is good in a situation rather than what is bad	You've got to be more positive about your work.
strange	18	adj	streɪndʒ	seltsam, merkwürdig	étrange, bizarre	strano, bizzaro	unusual or surprising, especially in a way that is difficult to explain or understand	It's strange that we've never met before.
stressful	18	adj	ˈstresfl	stressig, anstrengend	stressant	stressante	a job, experience or situation that is stressful makes you worry a lot	Moving to a new house is a very stressful experience.
unpleasant	18	adj	ʌnˈpleznt	unerfreulich	désagréable	spiacevole	not pleasant or enjoyable	Tom got a rather unpleasant surprise when he opened the door.
Lesson 2C VB								
delicious	137	adj	dɪˈlɪʃəs	köstlich, lecker	délicieux	delizioso	very pleasant to taste or smell	The delicious smell of apple pie was coming from the kitchen.
negative	137	adj	ˈneɡətɪv	negativ	négatif	negativo	expecting that something bad will happen, or criticising or disapproving of someone or something	The news reports focused on the negative aspects of the situation.
dangerous	137	adj	ˈdeɪndʒərəs	gefährlich	dangereux	pericoloso	likely to harm or kill someone, or cause very serious problems	The mountains are a dangerous place for walkers because the weather changes quickly.
special	137	adj	ˈspeʃl	besonders	particulier, spécial	speciale, particolare	not ordinary or usual, but different in some way and often better or more important	He only wears this suit on special occasions.
drinkable	137	adj	ˈdrɪŋkəbl	trinkbar, Trink-	potable	potabile, da bere	water that is drinkable is safe to drink	After the earthquake there was only a limited supply of drinkable water.
attractive	137	adj	əˈtræktɪv	attraktiv	séduisant, attirant, beau	attraente	good-looking	As well as being clever, he was also very attractive.
financial	137	adj	fəˈnæɪnʃl, faɪ-	finanziell	financier	finanziario	relating to money or the management of money	The Japanese government gives financial support to farmers.
creative	137	adj	kriˈeɪtɪv	kreativ	créativ	creativo	involving the use of imagination to produce new ideas or things	He talks about the creative process of writing a poem.

helpful	137	adj	'helpfl	hilfsbereit	serviabile	servizievole	always willing to help people	The waiter was only trying to be helpful.
important	137	adj	ɪm'pɔ:tnt	wichtig	important	importante	having a big effect on people's lives or on events in the future	Good qualifications are increasingly important.
poisonous	137	adj	'pɔɪznəs	giftig	vénéneux	velenoso	containing poison or producing poison	Some mushrooms are extremely poisonous.

Lesson 3

Lesson 3A

bucket list	22	n	'bʌkɪt lɪst	Liste von Dingen, die man im Leben noch tun will	liste choses à faire avant de mourir	elenco di cose da fare prima di morire	a list of things that you want to do before you die	Swimming with dolphins is one of the things on my bucket list.
take part in	22	v phr	teɪk 'pɑ:t ɪn	teilnehmen an	participer à	partecipare, prendere parte a	to be involved in (an activity, sport, event, etc.) with other people	About 400 students took part in the protest.
perform	22	v	pə'fɔ:m	aufführen	jouer	rappresentare, recitare	to do something to entertain people, for example by acting a play or playing a piece of music	The children perform two plays each school year.
raise money	22	v phr	reɪz 'mʌni	Geld sammeln	collecter des fonds	raccogliere soldi	to do something to get money for a charity, school, etc.	The Christmas fair raises money for the school.
take up	22	phr v	teɪk 'ʌp	etw anfangen	se mettre à	darsi a	to become interested in (a new activity) and to spend time doing it	Roger took painting up for a while, but soon lost interest.
go (backpacking, trekking, etc)	22	v phr	ɡəʊ 'bækpækɪŋ/ 'trekɪŋ	(auf eine Rucksacktour, Wandern etc.) gehen	aller (faire qc)	andare (a fare qc)	to do an activity for pleasure, usually involving travelling (for example without very much money, and carrying a backpack, or going for a long, challenging walk in the hills)	Utah is a great place to go hiking.
explore	22	v	ɪk'splɔ:	entdecken, erkunden	explorer	scoprire, esplorare	to travel around an area in order to find out about it	Venice is a wonderful city to explore.
experience	22	v	ɪk'spɪəriəns	Erfahrungen machen	faire des expériences	fare l'esperienza di	if you experience a problem, event or situation, it happens to you or affects you	Children need to experience things for themselves in order to learn from them.
apply	22	v	ə'plai	sich bewerben	postuler à qc, poser sa candidature à	fare domanda di, candidarsi a	to make a formal request, usually written, for something such as a job, a place at a university, or permission to do something	She applied to work as a volunteer in Nepal.
try	22	v	traɪ	probieren	essayer	provare	to do or use (something) for a short while to discover if it is suitable, successful, enjoyable, etc.	They decided they would try living in America for a while.

Lesson 3A VB

get in touch	138	v phr	ˌget ɪn 'tʌtʃ	Kontakt aufnehmen	contacter	mettersi in contatto, contattare	to start talking or writing to someone	Can I have your phone number in case I need to get in touch with you?
get what someone's saying	138	v phr	ˌget wɒt ˌsʌmwʌnz 'seɪ	verstehen, was jmd sagt	comprendre ce que qn dit	capire qc che dice qn	to understand something someone says	I don't think she got the joke.
get a bonus	138	v phr	ˌget ə 'bəʊnəs	einen Bonus bekommen	obtenir une prime	ricevere una ricompensa / un bonus	to receive money added to your wages, especially as a reward for good work	Each worker gets an annual bonus when the company makes a profit.
get someone a sandwich	138	v phr	ˌget ˌsʌmwʌn ə 'sænwɪtʃ	jmd ein Sandwich besorgen	aller chercher un sandwich à qn	andare a comprare un panino per qn	to buy or get someone two pieces of bread with cheese, meat, cooked egg, etc. between them and bring it back from somewhere	When you go to the café, can you get me a cheese salad sandwich?
get tired of something	138	v phr	ˌget 'taɪəd əv ˌsʌmθɪŋ	von etw genug bekommen	en avoir assez de	essere stufo di	to become bored with something, because it is no longer interesting or has become annoying	I'm getting tired of watching television; let's go for a walk.
get on well	138	v phr	ˌget ɒn 'wel	sich gut verstehen	bien s'entendre	andare molto d'accordo	if people get on well, they like each other and have a friendly relationship with each other	The two girls get on well most of the time.

get here	138	v phr	'get hzə	(hier) ankommen	arriver	arrivare	to arrive	They won't get here till after nine o'clock.
Lesson 3B								
keep in touch (with someone)	24	v phr	'ki:p ɪn 'tʌtʃ wɪð ,sʌmw	Kontakt halten (zu jmd)	rester en contact (avec qn)	restare in contatto (con qn)	to keep writing to someone or calling them	I hope you'll keep in touch while you're away.
lose touch (with someone)	24	v phr	'lu:z 'tʌtʃ wɪð ,sʌmwʌn	den Kontakt verlieren (zu jmd)	perdre le contact (avec qn)	perdere il contatto (con qn)	to stop writing or talking to someone	I lost touch with Julie after we moved.
get on really well	24	v phr	'get ɒn ,ri:li 'wel	sich sehr gut verstehen	très bien s'entendre	andare / essere molto d'accordo	if people get on really well, they like each other very much and have a very friendly relationship with each other	The three boys have always got on really well ever since they started school together.
see each other	24	v phr	'si: i:tʃ ,ləðə	sich sehen	se fréquenter, sortir ensemble	incontrare, vedersi, uscire assieme	to visit or meet someone	We haven't seen each other since we left school.
spend time with someone	24	v phr	'spend 'taɪm wɪð ,sʌm	Zeit mit jmd verbringen	passer du temps avec qn	spendere tempo con qn	to use time doing something with a particular person/particular people	I want to spend more time with my family.
hang out	24	phr v	'hæŋ 'aʊt	sich mit jmd herumtreiben	traîner avec	girellonare / ciondolare con	to spend a lot of time in a particular place or with particular people	I don't really know who she hangs out with.
catch up with	24	v phr	'kætʃ 'ʌp wɪð	sich auf den neuesten Stand bringen	se mettre au courant	aggiornare	to spend time finding out what has been happening while you have been away or during the time you have not seen someone	When she gets home I want to catch up with Jo. We haven't seen each other for two years.
get together	24	phr v	'get tə 'geðə	sich treffen	se réunir	incontrare	if people get together, they meet in order to spend time with each other	We must get together for a coffee.
get to know someone	24	v phr	'get tə 'nəʊ ,sʌmwʌn	jmd kennen lernen	apprendre à connaître qn	far conoscere	to gradually begin to know someone	It'll take a while for you to get to know everyone.
see a lot of someone	24	v phr	'si: ə 'lɒt əv ,sʌmwʌn	jmd oft sehen	voir qn souvent	vedere qn spesso	to spend a lot of time with a particular person	Jack's been seeing a lot of Ben recently.
meet up with someone	24	v phr	'mi:t 'ʌp wɪð ,sʌmwʌn	jmd treffen	recontrer qn	incontrarsi	if people meet up, they meet in order to do something together	Why don't I meet up with you after lunch?
Lesson 3C								
art gallery	26	n	'ɑ:t ,gæləri	Kunstgalerie	galerie d'art	galleria d'arte	a building where paintings are shown to the public	The Prado is a famous art gallery in Madrid.
cycle lane	26	n	'saɪkl leɪn	Radweg	piste cyclable	pista ciclabile	a part of a wide road that only bicycles are allowed to use	There's a cycle lane all the way into Norwich from our village.
landmark	26	n	'lændmɑ:k	Wahrzeichen	monument	monumento	something that is easy to recognise, such as a tall tree or building, and that helps you know where you are	The Scott Monument is one of Edinburgh's most famous landmarks.
neighbourhood	26	n	'neɪbəhʊd	Viertel, Wohngegend	quartier, alentours	quartiere	an area of a town or city	She grew up in a quiet neighbourhood in Boston.
outdoor café	26	n	'aʊtdo: 'kæfeɪ	Café, bei dem man draußen sitzen kann	café avec terrasse	caffè con tavolini all'aperto	a small restaurant where you can buy drinks and simple meals and eat or drink them outside the building	The central square was full of outdoor cafés.
pedestrian street	26	n	'pe,destrɪən 'stri:t	Fußgängerzone	zone piétonne	zona pedonale	a street which is only for people walking, not for vehicles	The area around the cathedral is all pedestrian streets.
skyline	26	n	'skaɪlaɪn	Skyline	silhouette des immeubles	profilo, skyline	the shape made by hills or buildings against the sky	Taking the Staten Island ferry is a great way to view the famous Manhattan skyline.
square	26	n	'skweə	Platz	place	piazza	a large open area in the centre of a town or city, usually in the shape of a square, or the buildings surrounding it	The hotel is just off the main square of Sorrento.

suburb	26	n	'sʌbɜ:b	Vorort	banlieue	periferia, sobborgo	an area where people live which is away from the centre of a town or city	We grew up in a suburb of Los Angeles.
traffic jam	26	n	'træfɪk dʒæm	Verkehrsstau	bouchon	coda, ingorgo stradale	a long line of vehicles on a road, that cannot move or can only move very slowly	We were stuck in a traffic jam for two hours.

Lesson 3C VB

through	138	prep	θru:	durch	à travers	per, attraverso	from one side of an area to the other, or between a group of things	We walked through the village to the farm.
on your/the right	138	prep phr	ɒn jə/ðə 'raɪt	auf der rechten Seite, rechts	sur votre/la droite	sulla destra	on the side of your body that has the hand that most people write with, or this side of anything else	Take the first turning on the right.
on your/the left	138	prep phr	ɒn jə/ðə 'left	auf der linken Seite, links	sur votre/la gauche	sulla sinistra	on the side of your body that has the hand that most people do not write with, or this side of anything else	The school is on your left as you come into the village.
next to	138	prep phr	'nekst tu	neben	à côté de	accanto a	very close to someone or something, with no other person, building, place, etc. in between	The hotel was right next to the airport.
over	138	prep	'əʊvə	über	par	sopra, su	from one side of something to the other side of it	The road over the mountains is steep and dangerous.
around	138	prep	ə 'raʊnd	um ... herum	autour de	intorno a	on the other side of something, or to the other side of it without going through it or over it	If the gate's locked, you'll have to go around the side of the house.
along	138	prep	ə 'lɒŋ	entlang, hinunter	le long de	lungo	a particular distance away, on or beside something long such as a line, road, edge, etc.	Hugo's house was about two hundred yards away along the main street.
across	138	prep	ə 'krɒs	(quer) durch	à travers	attraverso	from one side of something to the other	We'll have to swim across the river.
between	138	prep	bɪ 'twi:n	zwischen	entre	fra	in or through the space that separates two things, people or places	I sat down between Sue and Jane.

Lesson 4

Lesson 4A

active	30	adj	'æktɪv	aktiv	actif	attivo	always busy doing things, especially physical or mental activities	She's over 80, but is still very active.
busy	30	adj	'bɪzi	beschäftigt	occupé	occupato	if you are busy, you are working hard and have a lot of things to do	Helen is a busy mother of four.
easy-going	30	adj	i:zi 'geʊɪŋ	entspannt, unbeschwert	facile à vivre, décontracté	tranquillo, rilassato	not easily upset, annoyed or worried	Dad's very easy-going; he hardly ever gets cross.
energetic	30	adj	'enə 'dʒetɪk	aktiv, voller Energie	énergique, dynamique	energetico, dinamico	having a lot of energy	If you're feeling energetic, we could go out for a run.
fun	30	adj	fʌn	spaßig, lustig	amusant	divertente, buffo	enjoyable and amusing	Try snowboarding – it's a really fun sport.
healthy	30	adj	'helθi	gesund	sain	sano	good for your body	My grandmother is 95 now and still very active because she's always had a healthy lifestyle.
inactive	30	adj	ɪn 'æktɪv	inaktiv	inactif	inattivo	not doing anything, not working or not moving	The brain cells are inactive during sleep.
quiet	30	adj	'kwaɪət	ruhig	calme	tranquillo, calmo	without much activity or without many people	Rebecca wants to go to the party, but Oliver wants a quiet night in.
sensible	30	adj	'sensəbl	vernünftig	raisonnable	ragionevole, sensato	reasonable, practical and showing good judgement	Moving house seemed like the sensible thing to do.
simple	30	adj	'sɪmpl	einfach	simple	semplice	honest and ordinary and not special in any way	Joe was just a simple farmer.

sociable	30	adj	'səʊfəbl	gesellig, kontaktfreudig	sociable	socievole	someone who is sociable is friendly and enjoys being with other people	Our neighbours seem like a pleasant, sociable couple.
stressful	30	adj	'stresfl	anstrengend, stressig	stressant	stressante	making you worried and unable to relax	Police officers may be working in stressful conditions.
unhealthy	30	adj	ʌn'helθi	ungesund	malsain	malsano	likely to make you ill	Working in an unhealthy environment is linked with various diseases.
Lesson 4B								
brand	32	n	brænd	Marke	marque	marca	a type of product made by a particular company, that has a particular name or design	A company carefully protects its brand image.
environmentally friendly	32	adj phr	ɪn'vaɪrənməntli-ɪ'frendli	umweltfreundlich	écologique	ambientale, ecologico	not harmful to the environment	Is there such a thing as an environmentally friendly car?
high quality	32	adj phr	haɪ'kwɒləti	hochwertig	de qualité supérieure	di qualità superiore	very good	Our chef uses only high quality ingredients.
easy to use	32	adj phr	i:zi tə'ju:z	leicht zu benutzen / bedienen	facile d'utilisation	facile da usare	not difficult to operate	It's a great piece of software, and very easy to use.
good value	32	adj phr	ɡʊd'vælju:	sein Geld wert	bon rapport qualité-prix	vale i suoi soldi	used to say that something is worth what you pay for it	The lunch special is really good value.
poor value	32	adj phr	pɔ:'vælju:	sein Geld nicht wert	mauvais rapport qualité-prix	non vale i soldi	used to say that something is not worth what you pay for it	Ten dollars for a coffee is very poor value.
poorly designed	32	adj phr	pɔ:li di'zaɪnd	schlecht geplant, schlecht gestaltet, schlecht entworfen	mal conçu	progettato male	badly drawn or planned and not suited to its purpose	Their office is poorly designed for a media company, so they are moving to new premises.
well designed	32	adj phr	wel di'zaɪnd	gut konstruiert, gut gestaltet	bien conçu	ben costruito	well drawn or planned and well suited to its purpose	The new camera equipment is well designed for use under water.
excellent service	32	n phr	eksələnt'sɜ:vɪs	exzellente Dienstleistung	excellent service	servizio eccellente	very good help that people who work in a shop, restaurant, bar, etc. give you	We received excellent service from the bank advisers.
popular	32	adj	'pɒpjələ	beliebt	apprécié	apprezzato	liked by a lot of people	Coffee is probably the most popular drink in the world.
reliable	32	adj	rɪ'laɪəbl	verlässlich	fiable	affidabile	someone or something that is reliable can be trusted or depended on	It's a long journey, so we'll need a reliable car.
unreliable	32	adj	ʌnrɪ'laɪəbl	unzuverlässig	peu fiable	inaffidabile	unable to be trusted or depended on	This lawnmower is getting more and more unreliable. Let's get a new one.
Lesson 4B VB								
fitness tracker	139	n	'fɪtnəs'trækə	Fitness-Tracker	traqueur de fitness	fitness tracker	a personal electronic device that monitors your physical activity	Their latest watch model includes a fitness tracker and GPS.
laptop	139	n	'læptɒp	Laptop	ordinateur portable	laptop	a small computer that you can carry with you	I used my laptop to check in for my flight.
tablet	139	n	'tæblɪt	Tablet	tablette	tablet	a computer that you can carry with you which has a touch screen and does not have a separate keyboard	Every classroom is provided with at least two tablets to assist students' learning.
make-up	139	n	'meɪkʌp	Make-up, Schminke	maquillage	maquillage	coloured substances that are put on your face to improve or change your appearance	They're not allowed to wear make-up to school.
perfume	139	n	'pɜ:fju:m	Parfüm	parfum	profumo	a liquid with a strong pleasant smell that women put on their skin or clothing to make themselves smell nice	What's that perfume you're wearing?
aftershave	139	n	'ɑ:ftəʃeɪv	Rasierwasser, Aftershave	après-rasage	dopobarba	a liquid with a nice smell that a man puts on his face after he has shaved	She gave me a bottle of my favourite aftershave.
console	139	n	'kɒnsəʊl	Spielekonsole	console	console	an electronic machine that is used for playing games on a screen	They're bringing out a new games console in June.

e-reader	139	n	'i: ri:de	E-Book-Reader	liseuse électronique	lettore di e-book	a small piece of electronic equipment for reading books on a computer screen or on a special small computer that you can hold in your hands, and that are not printed on paper	My e-reader is very convenient for holidays; I don't need to pack any books.
luggage	139	n	'lʌɡɪdʒ	Gepäck	bagage	bagaglio	the cases, bags, etc. that you carry when you are travelling	Security officers checked every piece of luggage.
jewellery	139	n	'dʒu:əlri	Schmuck	bijoux	gioielli	small things that you wear for decoration, such as rings or necklaces	She wears a lot of gold jewellery.

Lesson 4C

action film	34	n	'ækʃən fɪlm	Actionfilm	film d'action	film d'azione	an action film has a lot of exciting scenes in it, in which people fight, chase and kill each other	Gibson became famous in action films.
animation	34	n	'æneɪ meɪʃn	Animationsfilm	film d'animation	cartone animato	a film, television programme, computer game, etc. that has pictures, clay models, etc. that seem to be really moving	The animation tells the story of an inventor and his dog landing on the moon.
biopic	34	n	'baɪəʊ pɪk	Filmbiographie	biographie filmée	biopic	a film that tells the story of someone's life	Mandela died shortly after his biopic was released.
comedy	34	n	'kɒmədi	Komödie	comédie	commedia	a play, film or television programme that is intended to make people laugh	The film is a comedy about an unsuccessful secret agent.
documentary	34	n	'dɒkjə'mentəri	Dokumentarfilm	documentaire	documentario	a film or a television or radio programme that gives detailed information about a particular subject	A local film crew is making a documentary about volcanoes.
fantasy	34	n	'fæntəsi	Fantasy	fantaisie	fantasy	a story, film, etc. that is based on imagination and not facts	The fantasy series is based on the famous novels by Tolkien.
historical drama	34	n	hɪs'tɒrɪkl 'drɑ:mə	Historiendrama	drame historique	dramma in costume	a film or a television or radio programme describing or based on events in the past	It's a historical drama set in eighteenth-century Russia.
horror film	34	n	'hɒrə fɪlm	Horrorfilm	film d'horreur	film dell'orrore	a film about something that is very terrible, shocking or frightening	I can't watch horror films – they're just too frightening!
musical	34	n	'mju:zɪkl	Musical	comédie musicale	musical	a play or film that includes singing and dancing	Webber had three musicals playing in London at one time.
romantic comedy	34	n	rəʊ'mæntɪk 'kɒmədi	romantische Komödie	comédie romantique	commedia romantica	a film that is intended to make people laugh and that involves a love story	Four Weddings and a Funeral' is a well-known romantic comedy.
science fiction film	34	n	saɪəns 'fɪkʃn fɪlm	Science-Fiction-Film	film de science fiction	film di fantascienza	a film about events in the future that are affected by imaginary developments in science, for example about travelling in time or to other planets with life on them	'2001: A Space Odyssey' is probably the most famous science fiction film ever made.
thriller	34	n	'θrɪlə	Thriller	film à suspense, thriller	thriller, giallo	a book or film that tells an exciting story about murder or crime	'The Birds' is a classic Hitchcock thriller.
war film	34	n	'wɔ: fɪlm	Kriegsfilm	de guerre	film di guerra	a film about fighting between two or more countries or between opposing groups within a country, involving large numbers of soldiers and weapons	Many US war films feature the Vietnam War.

Lesson 4C VB

popular	139	adj	'pɒpjələ	beliebt	à la mode	popolare	liked by a lot of people	Business management courses are increasingly popular.
popularity	139	n	'pɒpjə'lærəti	Beliebtheit	popularité	popolarità	when something or someone is liked or supported by a lot of people	Extreme sports are growing in popularity.

active	139	adj	'æktiv	aktiv	actif	attivo	always busy doing things, especially physical or mental activities	My father always led a very active life.
action	139	n	'ækʃn	Vorgehen, Handeln	action, mesures	atto	the process of doing something, especially in order to achieve a particular thing	Environmental groups want tougher action on pollution from cars.
reliable	139	adj	ri'laɪəbl	zuverlässig	fiable	affidabile	someone or something that is reliable can be trusted or depended on	The information had come from a reliable source.
reliability	139	n	ri'laɪə'bɪləti	Zuverlässigkeit	fiabilité	affidabilità	the quality of being accurate or able to be trusted	Reliability is an important quality for a pilot.
animated	139	adj	'ænimetɪd	Zeichentrick-, Animations-	animé	animato	(a film, television programme, computer game, etc.) showing pictures, clay models, etc. that seem to be really moving	Disney is most famous for making animated films.
animation	139	n	'æni'meɪʃn	Animation	animation	animazione	the process of making animated films, television programmes, computer games, etc.	They used computer animation in the film.
environmental	139	adj	ɪn'vaɪrən'mentl	Umwelt-, was die Umwelt betrifft	écologique	ecologico, ambientale	concerning or affecting the air, land or water on Earth	Environmental issues, such as cliff erosion and pollution, directly affect people's lives.
environment	139	n	ɪn'vaɪrənmənt	Umwelt	environnement	ambiente	the air, water and land on Earth, which is affected by man's activities	The government insists that the dam will not harm the environment.
romantic	139	adj	rəu'mæntɪk	romantisch	romantique	romantico	relating to feelings of love or a loving relationship	After dinner, they went for a romantic walk by the sea.
romance	139	n	rəu'mæns, 'rəʊmæns	Romantik	idylle, amour	fascino, amore	love, or a feeling of being in love	The romance had gone out of their relationship.
tired	139	adj	'taɪəd	müde	fatigué	stanco	feeling that you want to sleep or rest	He was tired from walking all day.
tiredness	139	n	'taɪədnəs	Müdigkeit	fatigue	stanchezza	the feeling you get when you want to sleep or rest	Tiredness is one of the symptoms of her illness.
education	139	n	'edʒu'keɪʃn	Bildung	éducation	educazione	the process of teaching and learning, usually at school, college or university	She had a poor education, and left school without qualifications.
relaxation	139	n	'ri:læks'eɪʃn	Entspannung	relaxation	relax, ricreazione	a way of resting and enjoying yourself	I play the piano for relaxation.
application	139	n	'æplɪ'keɪʃn	Bewerbung	candidature	candidatura	a formal, usually written, request for something such as a job, place at university, or permission to do something	The university welcomes applications from overseas students.
responsibility	139	n	ri'spɒnsə'bɪləti	Verantwortung	responsabilité	responsabilità	a duty to be in charge of someone or something, so that you make decisions and can be blamed if something bad happens	It's your responsibility to inform us of any changes.
electricity	139	n	ɪ'lek'trɪsəti, 'elɪk-	Strom, Elektrizität	électricité	corrente	the power that is carried by wires, cables, etc. and is used to provide light or heat, to make machines work, etc.	The storms have disrupted the electricity supply to some areas.
creativity	139	n	'kri:əɪ'trɪvəti	Kreativität	créativité	creatività	the ability to use your imagination to produce new ideas, make things, etc.	Editors complain about the lack of creativity in the ideas put to them.
government	139	n	'gʌvəmənt, 'gʌvənmənt	Regierung	gouvernement	governo	the group of people who govern a country or state	The UK government has offered to send aid.

advertisement	139	n	əd'vɜ:təsmənt	Werbung	publicité	pubblicità	a picture, set of words, or a short film that is intended to persuade people to buy a product or use a service, or that gives information about a job that is available, an event that is going to happen, etc.	The Sunday papers are full of advertisements for cars.
excitement	139	n	ɪk'saɪtmənt	Aufregung	excitation, enthousiasme	eccitazione, entusiasmo	happiness, interest or hope because something good has happened or will happen	Her excitement grew as the day of the wedding came nearer.
excellence	139	n	'eksləns	Exzellenz, Spitzenleistung	excellence	eccellenza	being extremely good or of very high quality	The university's reputation for excellence is well deserved.
difference	139	n	'dɪfrəns	Unterschied	différence	differenza	a way in which two or more people or things are not like each other	There's only a slight difference between the male and the female bird.
convenience	139	n	kən'vi:niəns	Bequemlichkeit	avantage, confort	comodità	the quality of being suitable or useful for a particular purpose, especially by making something easier or saving you time	Most of us like the convenience of using credit cards to buy things.
happiness	139	n	'hæpɪnəs	Glück	bonheur	felicità	the state of being happy	His grandchildren bring him great happiness.
lateness	139	n	'leɪtnəs	Verspätung, Unpünktlichkeit	retard	ritardo	arriving, happening or done after the time that was expected, agreed or arranged	Your repeated lateness is not acceptable.
darkness	139	n	'dɑ:knəs	Dunkelheit	obscurité	oscurità, buio	when there is no light	We ended up coming down the mountain in total darkness.
instruction	139	n	ɪn'strʌkʃn	Anleitung	instruction	istruzione	(a piece of) written information that tells you how to do or use something	Always read the instructions before switching on the machine.
fashion	139	n	'fæʃn	Mode	mode	moda	something that is popular or thought to be good at a particular time	Young people are very concerned with fashion.
completion	139	n	kəm'pli:ʃn	Fertigstellung, Abschluss	achèvement	compimento	the state of being finished	The project has a completion date of 22nd December.
appearance	139	n	ə'piərəns	Aussehen, Erscheinungsbild	apparence	apparenza	the way someone or something looks to other people	They've changed the appearance of the whole building.
importance	139	n	ɪm'pɔ:təns	Wichtigkeit, Bedeutung	importance	importanza	having a big effect or influence on people's lives or on events in the future	I'd like to emphasise the importance of reading exam questions carefully.
distance	139	n	'dɪstəns	Entfernung	distance	distanza	the amount of space between two places or things	Now we are able to measure the distances between the planets.

Lesson 5

Lesson 5A

fashionable	38	adj	'fæʃnəbl	modisch, modern	à la mode	alla moda, trendy	popular, especially for a short period of time	It was fashionable to have red hair.
stylish	38	adj	'stɑɪlɪʃ	elegant, modisch	élégant, chic	elegante, alla moda	fashionable and well-designed in an attractive way	The furniture looked very stylish and modern.
matching	38	adj	'mætʃɪŋ	passend	assorti, coordonné	abbinato, coordinato	having the same colour, style or pattern as something else	She wore a ruby necklace with matching earrings.
dress up	38	phr v	dres 'ʌp	sich schick machen	bien s'habiller	vestirsi elegante	to wear clothes that are more formal than the ones you would usually wear	It's a small, informal party – you don't have to dress up.
smart	38	adj	smɑ:t	elegant, schick	élégant, chic	chic, elegante	smart clothes, buildings, etc. are clean, tidy and attractive	He wore a smart black suit for the interview.
casual	38	adj	'kæʒuəl	lässig, sportlich	décontracté, sport	informale, casual, sportivo	not formal or not for a formal situation	Jean felt more comfortable in casual clothes.
old-fashioned	38	adj	'əʊld 'fæʃnd	altmodisch	démodé	fuori moda	not considered to be modern or fashionable any more	I can't wear that dress – it's too old-fashioned.

have got something on	38	v phr	hæv ˌɡɒt sʌmθɪŋ ˈɒn	etwas anhaben, tragen	porter qc	indossare, portare	to be wearing a piece of clothing or type of clothing	Jimmy had nothing on but his socks.
tight	38	adj	taɪt	eng	serré	stretto	tight clothes fit your body very closely, especially in a way that is uncomfortable	My shoes were so tight that I could hardly walk.
loose	38	adj	lu:s	lose, locker sitzend	lâche	comodo, largo	loose clothes are big and do not fit your body tightly	She usually wears jeans and loose sweatshirts.
Lesson 5A VB								
earrings	140	n pl	ˈɪərɪŋz	Ohringe	boucles d'oreille	orecchini	a piece of jewellery that you wear on your ear	She was wearing a pair of beautiful diamond earrings.
scarf	140	n	skɑ:f	Schal	foulard	scialle	a piece of cloth that you wear around your neck, head or shoulders, especially to keep warm	I wore a dark coat and my favourite silk scarf.
trainers	140	n pl	ˈtreɪnəz	Sportschuhe	chaussures de sport	scarpe da ginnastica	a type of strong shoes that you wear for sport	Bring your trainers – we'll probably play football in the park later.
belt	140	n	belt	Gürtel	ceinture	cintura	a band of leather, cloth, etc. that you wear around your waist to hold up your clothes or for decoration	He unbuckled his leather belt.
sandals	140	n pl	ˈsændlz	Sandalen	sandales	sandali	light shoes that are fastened onto your feet by bands of leather or cloth, and are worn in warm weather	The children wore T-shirts, shorts and sandals to go to the beach.
high heels	140	n pl	haɪ ˈhi:lz	hochhackige Schuhe	talons hauts	scarpe coi tacchi alti	women's shoes with high heels	Whenever she wore high heels she was taller than the men she worked with.
bracelet	140	n	ˈbreɪslɪt	Armband, Armreif	bracelet	bracciale	a band or chain that you wear around your wrist or arm as a decoration	She often wears a silver bracelet that her husband gave her.
tie	140	n	taɪ	Krawatte	cravate	cravatta	a long narrow piece of cloth tied in a knot around the neck, worn by men	I wear a shirt and tie at work.
tracksuit	140	n	ˈtræksu:t	Trainingsanzug	survêtement	tuta da ginnastica	loose clothes consisting of trousers and a jacket, worn especially for sport	The player wore his new team tracksuit for the press interview.
sweatshirt	140	n	ˈswet-ʃɜ:t	Sweatshirt, Pullover	sweat-shirt	felpa, maglione, pullover	a loose warm piece of clothing which covers the top part of your body and arms and is worn especially for sport or relaxation	The team were wearing sweatshirts to keep warm before the game started.
Lesson 5B								
air conditioning	40	n	ˈeə kən dɪʃnɪŋ	Klimaanlage	climatisation	aria condizionata	a system that makes the air in a room or building cooler and drier	We only turn on the air conditioning when the weather gets very hot.
balcony	40	n	ˈbælkəni	Balkon	balcon	balcone	a structure that you can stand on, that is attached to the outside wall of a building, above ground level	We ate breakfast on the balcony of our hotel room every day.
block of flats	40	n	blɒk əv ˈflæts	Apartmenthaus	immeuble	condominio	a large building divided into separate living spaces	They live in one of the new blocks of flats near the hospital.
ceiling	40	n	ˈsi:lɪŋ	Zimmerdecke	plafond	soffitto	the inner surface of the top part of a room	All the rooms have high ceilings.
central heating	40	n	ˌsentrəl ˈhi:tɪŋ	Zentralheizung	chauffage central	riscaldamento centralizzato	a system of heating buildings in which water or air is heated in one place and then sent around the rest of the building through pipes, etc.	We need a new boiler for the central heating.
cottage	40	n	ˈkɒtɪdʒ	Häuschen, Hütte, Ferienhaus	petite maison, cottage	casetta, villetta	a small house in the country	They live in London but they also have a weekend cottage by the sea.
detached house	40	n	dɪ ˈtæft ˈhaʊs	freistehendes Haus	maison individuelle	casa indipendente, villetta	a detached house is not joined to another building	I grew up in an old detached house with a large garden.

entrance	40	n	'entrəns	Eingang	entrée	entrata, ingresso	a door, gate, etc. that you go through to enter a place	She found a parking space close to the hospital's main entrance.
floor	40	n	flo:	Fußboden	sol	pavimento	the flat surface that you stand on inside a building	There was a puddle of water on the kitchen floor.
patio	40	n	'pætiəʊ	Terrasse, Innenhof	patio	patio	a flat hard area near a house, where people sit outside	We invited friends for a barbecue on the new patio.
roof	40	n	ru:f	Dach	toit	tetto	the structure that covers or forms the top of a building, vehicle, tent, etc.	Birds were perching on the roof of the farmhouse.
staircase	40	n	'steəkeɪs	Treppe	escalier	scala	a set of stairs inside a building, with its supports and the side parts that you hold on to	A wooden staircase leads to the top floor of the house.
studio	40	n	'stju:diəʊ	Studio, Atelier	studio, atelier	studio, atelier	a room where an artist or photographer regularly works	Craig uses the spare bedroom as a photography studio.
terraced house	40	n	terəst 'haus	Reihenhaus	maison mitoyenne	villetta a schiera	a house which is part of a row of houses that are joined together	The house we're going to look at is in the middle of a row of Victorian terraced houses.

Lesson 5C

dairy products	42	n pl	'deəri prɒdʌkts	Milchprodukte	produits laitiers	latticini	milk, butter, cheese, etc.	Many people prefer dairy products from goats and sheep.
fish	42	n	fɪʃ	Fisch	poisson	pesce	the flesh of a fish used as food	In Japan, people eat raw fish.
fruit	42	n	fru:t	Obst	fruit	frutta	something that grows on a plant, tree or bush, can be eaten as a food, contains seeds or a stone, and is usually sweet	Try to eat plenty of fresh fruit.
meat	42	n	mi:t	Fleisch	viande	carne	the flesh of animals and birds eaten as food	People are eating less meat these days.
seafood	42	n	'si:fu:d	Meeresfrüchte	fruits de mer	frutti di mare	animals from the sea that you can eat, for example fish and shellfish	You can buy seafood in the harbour, straight from the fishing boats.
vegetable	42	n	'vedʒtəbl	Gemüse	légume	verdura	a plant that is eaten raw or cooked, such as a cabbage, a carrot or peas	Some vegetables are better eaten raw.
vegetarian	42	adj	'vedʒə'teəriən	vegetarisch	végétarien	vegetariano	suitable for someone who does not eat meat or fish	Our local restaurant always has a good range of vegetarian dishes on the menu.
sweet	42	adj	swi:t	süß	sucré	dolce	containing or having a taste like sugar	This tea is too sweet.
savoury	42	adj	'seɪvəri	herzhaft	salé	salato	savoury food tastes of salt	They sell pancakes with sweet and savoury fillings.
fresh	42	adj	freʃ	frisch	frais	fresco	fresh food has recently been picked or prepared, and is not frozen or preserved	The beans are fresh from the garden.
spicy	42	adj	'spai:si	scharf gewürzt	épicé, piquant	piccante	food that is spicy has a pleasantly strong taste, and gives you a pleasant burning feeling in your mouth	Harry makes a lovely pasta dish, with a spicy tomato sauce.
tasty	42	adj	'teɪsti	köstlich, wohlschmeckend	savoureux	delizioso, gustoso	food that is tasty has a good taste, but is not sweet	Alex cooked a simple but tasty meal for all the helpers.
hot	42	adj	hɒt	scharf gewürzt	épicé, fort	piccante, forte	food that tastes hot has a burning taste because it contains strong spices	I love Mexican food – but that was too hot even for me!
fried	42	adj	fraid	gebraten	frit	fritto	having been cooked in hot oil	The chicken is delicious served with fried onions.
healthy	42	adj	'helθi	gesund	sain	sano	good for your body	The children are given fruit as a healthy mid-morning snack.

grilled	42	adj	grɪld	gegrillt	grillé	grigliato	if something has been grilled, it has been cooked by putting it on a flat metal frame with bars across it, above or below strong direct heat	We ate on the beach: grilled swordfish fresh from the sea.
homemade	42	adj	ˈhəʊmˈmeɪd	selbstgemacht	fait maison	fatto in casa	made at home and not bought from a shop	All her jam is homemade.
bitter	42	adj	ˈbɪtə	bitter	amer	amaro	having a strong sharp taste, like black coffee without sugar	Bitter oranges are good for making marmalade.
light	42	adj	laɪt	leicht	léger	leggero	food or drink that is light either does not have a strong taste or does not make you feel full very quickly, for example because it does not contain very much fat, sugar or alcohol	I had a light lunch in town.
Lesson 5C VB								
grate	140	v	ɡreɪt	reiben, raspeln	râper	raspare	to rub (cheese, vegetables, etc.) against a rough or sharp surface in order to break them into small pieces	Peel and grate the potatoes.
fry	140	v	fraɪ	braten	faire frire	riggere	to cook (something) in hot fat or oil, or to be cooked in hot fat or oil	I could smell onions frying.
boil	140	v	bɔɪl	kochen	faire bouillir	far bollire	to cook (something) in boiling water, or to be cooked in boiling water	Boil the rice for 15 minutes.
bake	140	v	beɪk	backen	faire	cuocersi	to cook (something) using dry heat, in an oven, or to be cooked in this way	I'm baking some bread.
chop	140	v	tʃɒp	hacken, zerkleinern	hacher, couper, émincer	tagliare (a pezzi)	to cut (something) into smaller pieces	Can you chop up some carrots for me?
grill	140	v	ɡrɪl	grillen	griller, faire cuire au gril	grigliare	if you grill something, or if it grills, you cook it by putting it on a flat metal frame with bars across it, above or below strong direct heat	Grill the bacon until crisp.
peel	140	v	pi:l	schälen	éplucher	sgusciare	to remove the skin from (fruit or vegetables)	Peel the apples and place them in a dish with some butter and sugar.
stir	140	v	stɜ:	umrühren	mélanger	mescolare	to move (a liquid or substance) around with a spoon or stick in order to mix it together	Stir a cup of cooked brown rice into the mixture.
pour	140	v	pɔ:	gießen	verser	versare	to make (a liquid or other substance) flow out of or into a container by holding it at an angle	She poured coffee for everyone.
roast	140	v	rəʊst	braten	rôtir	arrostire	to cook (something, such as meat) in an oven or over a fire, or to be cooked in this way	Are you going to roast the chicken?
Lesson 6								
Lesson 6A								
charge	46	v	tʃɑ:dʒ	laden	recharger	scaricare	if a battery charges, or if you charge it, it takes in and stores electricity	I forgot to charge my mobile phone.
empty	46	v	ˈempti	leeren, ausräumen	vider, décharger	vuotare, scaricare	to remove everything that is inside (something)	Did you empty the washing machine and hang out the clothes?
fill something with ...	46	v	ˈfɪl_sʌmθɪŋ wɪð	etwas füllen mit	remplir qc de	riempire qc di	if a container or place fills, or if you fill it, enough of something goes into it to make it full	First, fill the kettle with cold water.

load	46	v	ləʊd	packen, beladen	charger	caricare	to put a large quantity of something into a vehicle or container	Will you help me load the dishwasher?
unload	46	v	ʌn'ləʊd	auspacken, ausladen	décharger	scaricare	to remove a large quantity of something from a vehicle or container	We helped them unload the boxes from the car.
switch on	46	phr v	swɪtʃ 'ɒn	einschalten	allumer	accendere	to turn on (a machine, light, radio, etc.), or to be turned on, using a switch	The light switches on automatically when it gets dark.
switch off	46	phr v	swɪtʃ 'ɒf	ausschalten	éteindre	spegnerne	to turn off (a machine, light, radio, etc.), or to be turned off, using a switch	Don't forget to switch off the lights before you go.
turn down	46	phr v	tʌ:n 'daʊn	herunterstellen, leiser machen	baisser	abbassare	to turn the switch on (a machine such as an oven, radio, etc.) so that it produces less heat, sound, etc.	Can you turn the TV down? I'm trying to work.
turn up	46	phr v	tʌ:n 'ʌp	höherstellen, lauter machen	monter	alzare	to turn a switch on (a machine such as an oven, radio, etc.) so that it produces more heat, sound, etc.	It's getting colder. Shall we turn the heating up?

Lesson 6B

cheat	48	v	tʃi:t	betrügen, spicken	tricher	ingannare, truffare	to behave in a dishonest way in order to win or to get an advantage, especially in a competition, game or examination	He had cheated in the test by using a calculator.
fair	48	adj	'feə	gerecht, fair	juste	giusto	treating everyone in a way that is right or equal	Why does Eric get to go and I don't? It's not fair!
jump the queue	48	v phr	dʒʌmp ðə 'kjuː	sich vordrängeln	passer devant tout le monde	saltare la coda / fila	to go to the front rather than joining the end of a queue	An argument developed when she tried to jump the queue.
rude	48	adj	ru:d	unhöflich, ungezogen, rüpelhaft	impoli	rude, rozzo	speaking or behaving in a way that is not polite and is likely to offend or annoy people	It's rude to interrupt.
polite	48	adj	pə'laɪt	höflich	poli	gentile, cortese	behaving or speaking in a way that is correct for the social situation you are in, and showing that you are careful to consider other people's needs and feelings	He was too polite to ask how old she was.
steal	48	v	sti:l	stehlen	voler	rubare	to take (something that belongs to someone else)	Boys broke into a shop and stole £45 in cash.
illegal	48	adj	i'li:gl	illegal	illégal	illegale	not allowed by the law	She was found guilty of possession of illegal drugs.
wrong	48	adj	rɒŋ	falsch, nicht in Ordnung	faux, mal	sbagliato, cattivo	not morally right or acceptable	It's wrong that people should have to sleep on the streets.
drop litter	48	v phr	drɒp 'lɪtə	Abfall auf die Straße werfen, herumliegen lassen	jeter des détritius	buttare rifiuti per strada	to throw away waste paper, cans, etc. and leave them on the ground in a public place	People who drop litter can be fined in some cities.
speed	48	v	spi:d	rasen, zu schnell fahren	faire un excès de vitesse	superare i limiti di velocità	to be driving faster than the legal limit	I got caught speeding on the A40 yesterday.
be against the law	48	v phr	bi ə'genst ðə 'lɔː	gesetzlich verboten sein	être contraire à la loi	essere proibito per legge	to be forbidden by law	Driving a car without insurance is against the law.
lie	48	v	laɪ	lügen	mentir	mentire	to deliberately tell someone something that is not true	She had lied to protect her son.
dishonest	48	adj	dɪ'sɒnɪst	unehrlich	malhonnête	disonesto	not honest, and so deceiving or cheating people	People are no longer surprised to find that politicians are dishonest.

Lesson 6B VB

criminal	141	n	'krɪmɪnl	Kriminelle/r	criminel/le	criminale	someone who is involved in illegal activities or has been proved guilty of a crime	Criminals are stealing people's credit card details off the internet.
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judge	141	n	ˈdʒʌdʒ	Richter/in	juge	giudice	the official in control of a court, who decides how criminals should be punished	The trial judge specifies the number of years to be spent in prison.
motive	141	n	ˈməʊtv	Motiv, Beweggrund	motivation	motivo	the reason that makes someone do something, especially when this reason is kept hidden	The main motive for the killings seemed to be revenge.
prison	141	n	ˈprɪzn	Gefängnis	prison	prigione	a building where people are kept as a punishment for a crime, or while they are waiting to go to court for their trial	Helen was sent to prison for attacking a man with a knife.
suspect	141	n	ˈsʌspekt	Tatverdächtige/r	suspect/e	indiziato/-a	someone who is thought to be guilty of a crime	Two suspects were arrested today in connection with the robbery.
thief	141	n	θi:f	Dieb/in	voleur/-euse	ladro/-a	someone who steals things from another person or place	The thief grabbed her handbag and ran off down the street.
victim	141	n	ˈvɪktɪm	Opfer	victime	vittima	someone who has been attacked, robbed or murdered	The victim received head injuries from which she died a week later.
witness	141	n	ˈwɪtnəs	Zeuge/Zeugin	témoin	testimone	someone who sees a crime or an accident and can describe what happened	One witness to the accident said the driver appeared to be drunk.
Lesson 6C								
air pollution	50	n	ˈeə pəˌluːʃn	Luftverschmutzung	pollution de l'air	polluzione dell'aria	damage caused to the gases that we breathe, for example by chemicals from factories and vehicles	Air pollution can cause breathing problems for some people.
endangered animal	50	n phr	ɪnˌdeɪndʒəd ˈænəml	bedrohte Tierart	animal en voie d'extinction	animali in via di estinzione	an endangered animal is one that may soon no longer exist because there are so few of them	The lizards are classed as endangered animals.
extreme weather	50	n phr	ɪkˈstri:m ˈweðə	Extremwetter	conditions météorologiques extrêmes	condizioni estreme metereologiche	very unusual and severe temperature and other conditions such as sun, rain and wind	The search had to be abandoned because of the extreme weather.
global warming	50	n	ˌɡləʊbl ˈwɔːmɪŋ	Erderwärmung	réchauffement planétaire	riscaldamento del pianeta	a general increase in world temperatures caused by increased amounts of carbon dioxide around the Earth	The recent floods have been linked to global warming.
plastic waste	50	n	ˌplæstɪk ˈweɪst	Plastikmüll	déchets plastique	rifiuti di plastica	unwanted plastic materials that are left after you have used them, e.g. drinks bottles	The device will be used to clear plastic waste from the world's oceans.
reduce	50	v	rɪˈdjuːs	verringern	réduire	ridurre	to make (something) smaller or less in size, amount or price	We need to reduce the amount of salt in our diet.
destroy	50	v	dɪˈstrɔɪ	zerstören	dévaster	devastare	to damage (something) so badly that it no longer exists or cannot be used or repaired	Some of these companies are polluting and destroying the environment.
waste	50	v	weɪst	verschwenden	gâcher	sperperare, sprecare	to use more (money, time, energy, etc.) than is useful or sensible	Leaving the heating on all the time wastes electricity.
save	50	v	seɪv	sparen	(faire) gagner, économiser	risparmiare	to use less (money, time, energy, etc.) so that you do not waste any	We'll save a lot of time if we go by car.
throw away	50	v	θrəʊ əˈweɪ	wegwerfen	jeter	buttare via	to get rid of (something that you do not want or need)	I never throw clothes away.
recycle	50	v	rɪˈsaɪkl	recyceln, wiederverwerten	recycler	riciclare	to put used objects or materials through a special process so that they can be used again	We send all our clothes to be recycled.
reuse	50	v	rɪˈjuːz	wiederverwenden	réutiliser	riutilizzare	to use (something) again	The bottles are designed to be reused up to 20 times.
damage	50	v	ˈdæmɪdʒ	beschädigen	endommager	danneggiare	to cause harm to or have a bad effect on (something or part of someone's body)	Several buildings were damaged by the earthquake.

support	50	v	sə'pɔ:t	unterstützen	soutenir	sostenere	to give money to (a group, organisation, or event, etc.) to encourage it or pay for its costs	There are a handful of charities which I support regularly.
injure	50	v	'ɪndʒə	verletzen	se blesser	ferire	to hurt (yourself or someone else), for example in an accident or an attack	Angus injured his leg playing rugby.
attack	50	v	ə'tæk	angreifen	attaquer	attaccare	to deliberately use violence to hurt (a person) or damage (a place)	Police dogs are trained to attack.
protect	50	v	prə'tekt	beschützen	protéger	proteggere	to keep (someone or something) safe from harm, damage or illness	The cover protects the machine from dust.
kill	50	v	kɪl	töten	tuer	uccidere	to make (a person or animal) die	The driver and his passenger were killed in the crash.
Lesson 6C VB								
destruction	141	n	dɪ'strʌkʃn	Zerstörung	destruction	distruzione	the act or process of damaging something so badly that it no longer exists or cannot be used or repaired	The rains caused widespread destruction to crops.
protection	141	n	prə'tekʃn	Schutz	protection	protezione	keeping someone or something safe from harm, damage or illness	This law provides protection for threatened animals and plants.
pollute	141	v	pə'lu:t	verschmutzen	contaminer, polluer	contaminare, inquinare	to make (air, water, soil, etc.) dangerously dirty and not suitable for people to use	The island has been seriously polluted by a copper mine.
pollution	141	n	pə'lu:ʃn	Verschmutzung	contamination, pollution	contaminazione, inquinazione	damage caused to the environment, for example by chemicals from factories and vehicles	Oil spills are a major cause of marine pollution.
damage	141	n	'dæmɪdʒ	Schäden, Schaden	dommages	danni	harm to something	Biofuels cause less damage to the environment.
waste	141	n	weɪst	Abfall, Müll	déchets, ordures	rifiuti	unwanted materials or substances that are left after you have used something	How much of our household waste is recycled?
injure	141	v	'ɪndʒə	verletzen	blesser	ferire	to hurt (yourself or someone else), for example in an accident or attack	Her husband was injured in an accident at work.
lose	141	v	lu:z	verlieren	perdre	perdere	to become unable to find (someone or something)	I've lost the tickets for tonight's show.
miss	141	v	mis	verpassen	manquer	mancare	to be too late for (something)	I overslept and missed the train.
take	141	v	teɪk	mitnehmen	prendre, emmener	prendere, portare con sé	to take (something or someone) to another place, or help (someone) go to another place	Don't forget to take your keys.
bring	141	v	briŋ	mitbringen	amener	portare (con sé)	to move (something) to another place, or help (someone) go to another place	He asked his father if he could bring a friend to stay.
lend	141	v	lend	verleihen, leihen	prêter	prestare	to let someone borrow (money or something that belongs to you) for a short time	Did you lend that book to Mike?
borrow	141	v	'bɒrəʊ	sich borgen, ausleihen	emprunter	farsi prestare	to use (something that belongs to someone else and that you must give back to them later)	Can I borrow your pen for a minute?
journey	141	n	'dʒɜ:nɪ	Reise	voyage	viaggio	an occasion when you travel from one place to another, especially over a long distance	We stopped for breakfast, then continued our journey.
travel	141	n	'trævl	Reisen	voyages	viaggi	the activity of going from one place to another, or to several places, especially ones that are far away	My new job involves a fair amount of travel.
at the moment	141	adv	ət ðə 'məʊmənt	im Augenblick	en ce moment	al momento	now	Julia's on holiday in Spain at the moment.

actually	141	adv	'æktʃuəli, -tʃəli	tatsächlich	en fait	in effetti	in fact; used to emphasise the real or exact truth of a situation, rather than what people may think	What time are you actually leaving?
Lesson 7								
Lesson 7A								
work on your language skills	54	v phr	wɜ:k ɒn jə 'læŋgwɪdʒ	seine Fremdsprachenkenntnisse verbessern	améliorer ses compétences linguistiques	migliorare le competenze linguistiche	to try very hard to improve your ability to speak another language	My new job involves a lot of travel, so I'm working on my language skills.
work on your singing	54	v phr	wɜ:k ɒn jə 'sɪŋɪŋ	seine Fähigkeit zu singen verbessern	améliorer son chant	migliorare il suo canto	to try very hard to improve your ability to sing	You're a good actor, but you need to work on your singing.
gain confidence	54	v phr	geɪn 'kɒnfɪdəns	Selbstvertrauen gewinnen	prendre confiance	conquistare fiducia in se stessi	to gradually get more and more sure that you have the ability to do things well or deal with situations successfully	As you gain confidence you will become a better driver.
gain experience	54	v phr	geɪn ɪk'spɪəriəns	Erfahrung gewinnen	acquérir de l'expérience	acquisire esperienza	to gradually obtain knowledge or skill from doing a job or activity	Voluntary work is a good way of gaining experience.
improve your maths	54	v phr	ɪm pru:v jə 'mæθs	seine Mathematikkenntnisse verbessern	améliorer ses aptitudes en mathématiques	migliorare le sue competenze matematiche	to make your maths skills better	Practice is one of the best ways to improve your maths.
improve your speaking skills	54	v phr	ɪm pru:v jə 'spi:kɪŋ skɪlz	seine Sprechfertigkeiten verbessern	améliorer ses aptitudes à s'exprimer à l'oral	migliorare le sue capacità dell'espressione orale	to make your ability to speak in public better	She has been attending drama classes to improve her speaking skills.
develop practical skills	54	v phr	dɪveləp 'præktɪkl skɪlz	praktische Fertigkeiten entwickeln	développer des compétences pratiques	sviluppare delle abilità pratiche	if you develop a practical skill, you become better at doing things relating to real situations and events rather than ideas, emotions, etc.	The course is designed to help mechanical engineers develop their practical skills.
develop your interview skills	54	v phr	dɪveləp jər 'ɪntəvjʊ: s	Vorstellungsgespräche gut einüben	acquérir des techniques d'entrevue	esercitare / studiare bene sui colloqui	if you develop your interview skills, you become better at answering questions about whether you are suitable for a job, course of study, etc.	Even if you don't get the job, it will be a good opportunity to develop your interview skills.
prepare delicious dishes	54	v phr	pri peə dɪ 'lɪfəs 'dɪʃz	köstliche Mahlzeiten zubereiten, sehr gut kochen	préparer des plats délicieux	preparare pasti deliziosi, cucinare benissimo	to make excellent food	We learned to prepare delicious Vietnamese dishes.
prepare for an interview	54	v phr	pri peə fər ən 'ɪntəvjʊ: s	sich auf ein Vorstellungsgespräch vorbereiten	se préparer pour une entrevue	prepararsi per un colloquio	to make yourself mentally or physically ready for a formal meeting at which you are asked questions in order to find out whether you are suitable for a job, course of study, etc.	Josh has been preparing for his army interview for months.
edit photos	54	v phr	edɪt 'fəʊtəʊz	Fotos bearbeiten	retoucher des photos	ritoccare delle foto	to improve photographs by adding effects, removing material or making parts clearer	This software includes improved tools for editing photos.
edit your work	54	v phr	edɪt jə 'wɜ:k	seine Arbeit sorgfältig überprüfen / bearbeiten	corriger son travail	correggere / controllare il suo lavoro	to prepare a piece of written work by removing mistakes or parts that are not acceptable	Editing your work carefully could mean you receive a higher mark.
design a website	54	v phr	dɪ zaɪn ə 'websaɪt	eine Webseite entwerfen	concevoir / créer un site Internet	progettare / creare una pagina web, un sito	to plan or develop a place on the internet where you can find information	Their website has been professionally designed.
design your own clothes	54	v phr	dɪ zaɪn jər əʊn 'kləʊðz	seine eigenen Kleider entwerfen	dessiner ses propres vêtements	disegnare i suoi propri vestiti	to make a drawing or plan of something that you will wear yourself	Most fashion students have designed their own clothes at some time.
learn how to change a plug	54	v phr	lɜ:n haʊ tə 'tʃeɪndʒ ə	lernen, einen Stecker auszutauschen	apprendre à changer une prise de courant	imparare a cambiare una spina	to gain knowledge of the skill of changing the small object at the end of a wire that is used for connecting a piece of electrical equipment to the main supply of electricity	I learned to change a plug in a physics lesson when I was 12.

learn the drums	54	v phr	lɜ:n dʌ 'drʌmz	Schlagzeug spielen lernen	apprendre à jouer de la batterie	imparare a suonare batteria	to gain knowledge of how to play musical instruments made of skin stretched over a circular frame	Rick starting playing guitar but learnt the drums when the drummer left the band.
take photos	54	v phr	teɪk 'fəʊtəʊz	Fotos machen	prendre des photos	scattare foto	to use a camera to create images	We took photos of each other on the beach.
take a course	54	v phr	teɪk ə 'kɔ:s	einen Kurs machen	suivre un cours	fare un corso	to do a series of lessons in a particular subject	I'm taking a course in graphic design.
Lesson 7B								
get married	56	v phr	get 'mærid	heiraten	se marier	sposarsi	if you get married to someone, you become their husband or wife	The princess is getting married next April.
get engaged	56	v phr	get ɪn 'geɪdʒd	sich verloben	se fiancer	fidanzarsi	if two people get engaged, they agree to marry	They're planning to get engaged when they've finished their training.
get divorced	56	v phr	get dɪ 'vɔ:st	sich scheiden lassen	divorcer	divorzare	to end a marriage	My parents are getting divorced.
have children	56	v phr	hæv 'tʃɪldrən	Kinder haben	avoir des enfants	avere bambini	to become a parent and have more than one baby	He stopped racing when he had children.
move house	56	v phr	'mu:v 'haus	umziehen	déménager	trasferirsi	to go and live in a different place	We moved house four times in ten years because of Greg's job.
graduate from university/college	56	v phr	grædʒu:erɪt frəm 'ju:nɪvɜ:səti/ˌkɒlɪdʒ	einen Universitäts- / Collegeabschluss machen	obtenir son diplôme universitaire / collégial	diplomarsi all'università / college, fare un diploma universitario	to obtain a degree, especially a first degree, from a college or university	He graduated in physics from Cambridge University.
find your first job	56	v phr	faɪnd jə 'fɜ:st 'dʒɒb	seine erste Arbeit / Anstellung finden	trouver son premier emploi	trovare il suo primo posto di lavoro	to arrange your first work position	Stella found her first job a week after leaving school.
get your first job	56	v phr	get jə 'fɜ:st 'dʒɒb	seine erste Arbeit / Anstellung bekommen	obtenir son premier travail	ottenere il primo posto di lavoro	to be offered your first work position	Henry got his first job at an engineering company.
lose your first job	56	v phr	lu:z jə 'fɜ:st 'dʒɒb	seine erste Arbeit / Anstellung verlieren	perdre son premier travail	perdere il primo posto di lavoro	to be asked to leave your first work position	I lost my first job after three days – but it was very boring, so I didn't mind!
pass a driving test	56	v phr	'pɑ:s ə 'draɪvɪŋ test	die Führerscheinprüfung bestehen	passer son permis de conduire	passare l'esame per la patente di guida	to succeed in the test that you must pass before you are allowed to drive	I passed my driving test the second time I took it.
pass an exam	56	v phr	'pɑ:s ən ɪg'zæm	ein Examen bestehen	réussir un examen	passare / superare un'esamen	to succeed in an important test	Did you pass your final exam?
win an award	56	v phr	wɪn ən ə'wɔ:d	eine Auszeichnung gewinnen	gagner un prix	vincere un premio	to be given a prize	Jacobs won an award for his life-changing invention.
go travelling	56	v phr	gəʊ 'trævlɪŋ	auf Reisen gehen	partir en voyage	(andare a) viaggiare	to travel to a lot of different places, especially places that are far away	Zak went travelling for two years after leaving university.
go abroad	56	v phr	gəʊ ə'brɔ:d	ins Ausland gehen	partir à l'étranger	andare all'estero	to travel to a foreign country	She often goes abroad on business.
start a business	56	v phr	stɑ:t ə 'bɪznəs	eine Firma gründen	monter une entreprise	fondare una ditta	to set up an organisation such as a company, shop or factory that produces or sells goods or provides a service	The two brothers started a printing business.
leave school	56	v phr	li:v 'sku:l	von der Schule abgehen	quitter l'école	lasciare la scuola	to permanently stop attending school	He left school when he was 14 to help his father run the farm.
leave home	56	v phr	li:v 'həʊm	zu Hause ausziehen	quitter le foyer	andare via di casa	to permanently stop living at home	How old were you when you left home?
fall in love	56	v phr	fɔ:l ɪn 'lʌv	sich verlieben	tomber amoureux	innamorarsi	to start being in love	I fell in love with her the minute I saw her.
Lesson 7C								
backpack	58	n	'bækpæk	Rucksack	sac à dos	zaino	a bag used for carrying things on your back, especially by people on long walks	I can carry everything I need for a day in the mountains in a small backpack.
camping stove	58	n	'kæmpɪŋ ,stəʊv	Campingkocher	réchaud de camping	fornello da campeggio	a small device used to cook food in a single pot outdoors, when camping, etc.	We've become quite good at inventing meals you can cook on a camping stove.
insect repellent	58	n	'ɪnsɛkt rɪ ,pelənt	Insektenschutzmittel	produit anti-moustique	repellente per insetti	a chemical to keep insects away	If you go camping, you should take some insect repellent.

portable charger	58	n	'pɔ:təbl 'tʃɑ:dʒə	tragbares Ladegerät	chargeur portable	caricatore portabile	a piece of equipment used to put electricity into a battery, which you can use when travelling	The portable charger meant I could still use my mobile phone after three days at sea.
sleeping bag	58	n	'slɪ:pɪŋ bæɡ	Schlafsack	sac de couchage	sacco a pelo	a large warm bag that you sleep in, especially when camping	Rob lent me a sleeping bag and let me sleep on his floor.
sunglasses	58	n	'sʌŋ glɑ:sɪz	Sonnenbrille	lunettes de soleil	occhiali da sole	dark glasses that you wear to protect your eyes when the sun is very bright	Pilots are advised to wear sunglasses to prevent problems with their eyes later in life.
sunscreen	58	n	'sʌnskri:n	Sonnencreme	crème solaire	crema solare	a cream or oil that you rub into your skin to stop the sun from burning you	It's important to protect your child's skin with sunscreen.
tent	58	n	tent	Zelt	tente	tenda	a shelter consisting of a sheet of cloth supported by poles and ropes, used especially for camping	We put our tent up by the river.
torch	58	n	tɔ:tʃ	Taschenlampe	lampe torche	torcia	a small electric lamp that you carry in your hand	We shone our torches around the cave.
walking boots	58	n pl	'wɔ:kɪŋ bu:ts	Wanderstiefel	chaussures de marche	scarpe da trekking / escursionismo	shoes that cover your whole foot and the lower part of your leg	In the mountains you'll need some strong walking boots.
waterproof jacket	58	n	'wɔ:təpru:f 'dʒækɪt	Regenjacke, wasserdichte Jacke	veste imperméable	mantella impermeabile	a short light coat that does not allow water to enter	Please provide your child with a packed lunch and a waterproof jacket for the trip.
Lesson 7C VB								
headphones	142	n pl	'hedfəʊnz	Kopfhörer	écouteurs	cuffie	a piece of equipment that you wear over your ears to listen to the radio, music, etc. without other people hearing it	He didn't hear the bus driver's instructions because he was wearing headphones.
passport	142	n	'pɑ:spɔ:t	Pass	passeport	passaporto	a small official document that you get from your government, that proves who you are, and which you need in order to leave your country and enter other countries	She was born in India but has a British passport.
tennis racket	142	n	'tenɪs ,ræktɪ	Tennisschläger	raquette de tennis	racchetta da tennis	a specially shaped piece of wood or metal that you use for hitting the ball in tennis	Most professional players will use at least six tennis rackets in a match.
swimsuit	142	n	'swɪmsu:t	Badeanzug, Badebekleidung	maillot de bain	costume da bagno	a piece of clothing worn for swimming	Bring a swimsuit, because we're planning to swim in the river before the picnic.
can opener	142	n	'kæn ,əʊpnə	Dosenöffner	ouvre-boîtes	apricatole	a tool for opening a can of food	My pocket knife has a good can opener.
basketball	142	n	'bɑ:skɪtbɔ:l	Basketball	basket-ball	pallone da basket	the ball used in a game played indoors between two teams of five players, in which each team tries to win points by throwing a ball through a net	The whole team wrote their names on Joe's basketball.
running shoes	142	n pl	'rʌnɪŋ ʃu:z	Joggingschuhe	chaussures de course	scarpe da corsa	light sports shoes that are designed for the sport of running	Get yourself a good pair of running shoes if you want to enter the race.
guidebook	142	n	'gaɪdbʊk	Reiseführer	guide	guida	a book about a city, country, etc.	Can I borrow your guidebook to Barcelona?
toothbrush	142	n	'tu:θbrʌʃ	Zahnbürste	brosse à dents	spazzolino da denti	a small brush that you use for cleaning your teeth	Buy a new toothbrush every three months.
Lesson 8								
Lesson 8A								
clear up	62	phr v	klɪər 'ʌp	aufräumen	ranger	mettere in ordine	to make a place look tidier by putting things back where they belong	Adam, clear up this mess before your father sees it.

take out	62	phr v	teɪk 'aʊt	hinausbringen	sortir	portare fuori	to remove (things that people throw away, such as old food, dirty paper, etc.) from the house to a bin outside	We take the rubbish out every night before locking up the restaurant.
call back	62	phr v	kɒ:l 'bæk	zurückrufen	rappeler	richiamare	to telephone someone again, for example because they were not at home when you telephoned last time, or because they have previously called you	Can you ask John to call me back when he gets in?
shut down	62	phr v	ʃʌt 'daʊn	ausschalten	éteindre	spegnere, fermare,	if a large machine, etc. is shut down, it stops operating, either permanently or for a short time	The way to shut the machine down is to type EXIT.
join in	62	phr v	dʒɔɪn 'ɪn	teilnehmen	rejoindre	partecipare	to take part in something that a group of people are doing or that someone else does	In the evening there was a barbecue, with the whole village joining in the fun.
put away	62	phr v	put ə 'weɪ	wegräumen	ranger	mettere via, mettere a posto	to put (something) in the place where it is usually kept	He put his toys away every night.
throw away	62	phr v	θrəʊ ə 'weɪ	wegwerfen	jeter	buttare via	to get rid of (something that you do not want or need)	I shouldn't have thrown away the receipt.
put back	62	phr v	put 'bæk	zurückstellen	remettre	rimettere (a posto)	to put (people or things) in the place or situation they were in before	She put the saucepan back on the stove.
give out	62	phr v	gɪv 'aʊt	verteilen	distribuer	distribuire	to give (something) to each person in a group	Students were giving out leaflets to everyone on the street.
deal with	62	phr v	'di:l wɪð	zu tun haben mit	s'occuper de, se charger de	avere a che fare con	to do business with (someone) or have a business connection with (someone)	Most travel agents do not deal directly with these companies.
hand in	62	phr v	hænd 'ɪn	abgeben, einreichen	rendre	consegnare qc a qn	to give (something) to someone in authority	Did you hand your homework in on time?
Lesson 8A VB								
look after	143	phr v	lʊk 'ɑ:ftə	sich kümmern um	s'occuper de	occuparsi di	to take care of (someone) by helping them, giving them what they need or keeping them safe	Don't worry, I'll look after the kids tomorrow.
look forward to	143	phr v	lʊk 'fɔ:wəd tə	sich freuen auf	attendre avec impatience, avoir hâte de	essere contento di / entusiasta di fare qc	to be excited and pleased about (something that is going to happen)	My mother says she's looking forward to meeting you.
take after	143	phr v	'teɪk ,ɑ:ftə	ähneln, jmd nachgeraten	être le portrait craché de	essere il ritratto di qn / somigliarsi a qn	to look or behave like (an older relative)	Jenni really takes after her mother.
take up	143	phr v	teɪk 'ʌp	(eine Sache) aufnehmen, beginnen mit	se mettre à	darsi a, iniziare a fare	to become interested in (a new activity) and to spend time doing it	Rosie's taken up photography, so she needs a new camera.
get over	143	phr v	get 'əʊvə	überwinden	se remettre	superare	to become well again after (an illness)	It's taken me ages to get over the flu.
get in	143	phr v	get 'ɪn	hineinkommen	entrer, monter	entrare in	to enter a place or a vehicle	We managed to get in through a window.
put off	143	phr v	put 'ɒf	aufschieben	remettre à plus tard	rimandare a più tardi	to delay doing (something) or to arrange to do (something) at a later time or date, especially because there is a problem or you do not want to do it now	I put off going to the doctor but I wish I hadn't.
Lesson 8B								
amazingly	65	adv	ə 'meɪzɪŋli	erstaunlicherweise	étonnamment	sorprendentemente	very surprisingly	Amazingly, you still see people using mobile phones while driving.
fortunately	65	adv	'fɔ:ʃnətli	zum Glück, glücklicherweise	heureusement	fortunatamente, per fortuna	happening because of good luck	Fortunately, everything worked out all right in the end.
unfortunately	65	adv	ʌn 'fɔ:ʃnətli	leider	malheureusement	purtroppo, sfortunatamente	used when you are mentioning a fact that you wish was not true	Unfortunately, you were out when we called.
happily	65	adv	'hæpəli	glücklich	gaiement, joyeusement	felicamente	in a happy way / fortunately	Michelle smiled happily. / Happily, his injuries were not serious.

sadly	65	adv	'sædli	traurig / leider	tristement	tristemente, sfortunatamente	in a way that shows that you are sad / unfortunately	Peter shook his head sadly. / Sadly, the business failed.
hopefully	65	adv	'həʊpflɪ	hoffentlich	avec un peu de chance	se tutto va bene	a way of saying what you hope will happen	By then the problem will hopefully have been solved.
luckily	65	adv	'lʌkəli	glücklicherweise, zum Glück	heureusement	fortunatamente, per fortuna	used to say that it is good that something happened or was done because if it had not, the situation would be unpleasant or difficult	Luckily, the museum was not damaged by the earthquake.
unluckily	65	adv	ʌn 'lʌkəli	unglücklicherweise	malheureusement	sfortunatamente	used to say that it is bad that something happened or was done because it resulted in an unpleasant or difficult situation	Unluckily, the car broke down on the way to his interview.
obviously	65	adv	'ɒbvɪəslɪ	offensichtlich	évidemment	ovviamente	used to mean that a fact can easily be noticed or understood	Obviously, this is going to take some time.
strangely	65	adv	'streɪndʒli	seltamerweise	étrangement	stranamente	in an unusual or surprising way	Strangely enough, I wasn't that disappointed.
surprisingly	65	adv	sə 'praɪzɪŋli	überraschenderweise	chose étonnante	sorprendentemente	unusually or unexpectedly	Surprisingly, there has been very little research into the disease.
not surprisingly	65	adv	not sə 'praɪzɪŋli	wenig überraschend	chose peu étonnante	poco sorprendentemente	used to mean that something is not surprising or could have been expected	Not surprisingly, with youth unemployment so high, some school-leavers with qualifications fail to find jobs.
thankfully	65	adv	'θæŋkflɪ	Gott sei Dank, glücklicherweise	heureusement	meno male!, fortunatamente	used to say that you are glad that something has happened, especially because a difficult situation has ended or been avoided	Thankfully, I managed to pay off all my debts before we got married.
tragically	65	adv	'trædʒɪkli	tragischerweise	tragiquement	tragicamente	in a way that makes you feel sad, especially because someone has died	Tragically, her dancing career ended only six months later.
Lesson 8C								
bay	66	n	beɪ	Bucht	baie	baia	a part of the sea that is partly enclosed by a curve in the land	We spent a week in a house with a view across the bay.
cave	66	n	keɪv	Höhle	grotte, caverne	caverna, grotta	a large natural hole in the side of a cliff or hill, or under the ground	The boys went into a cave until the storm was over.
cliff	66	n	klɪf	Klippe	falaise	scogliera	a large area of rock or a mountain with a very steep side, often at the edge of the sea or a river	Keep away from the cliff edge.
coast	66	n	kəʊst	Küste	côte	costa	the area where the land meets the sea	We drove along the Pacific coast to Seattle.
desert	66	n	'deɪzət	Wüste	désert	deserto	a large area of land where it is always very dry, there are few plants, and there is a lot of sand or rocks	A hot dry wind blows from the desert areas of North Africa.
forest	66	n	'fɒrɪst	Wald	forêt	foresta	a large area of land that is covered with trees	Much of Scandinavia is covered in dense forest.
hill	66	n	hɪl	Hügel, Anhöhe	colline, montée	collina	an area of land that is higher than the land around it, like a mountain but smaller	The view from the top of the hill was beautiful.
island	66	n	'aɪlənd	Insel	île	isola	a piece of land completely surrounded by water	We stayed on the Greek island of Crete.
lake	66	n	leɪk	See	lac	lago	a large area of water surrounded by land	Are there any fish in the lake?
mountain	66	n	'maʊntɪn	Berg	montagne	montagna	a very high hill	She was the first British woman to climb the mountain.
peak	66	n	pi:k	Gipfel	sommet	picco	the sharply pointed top of a mountain	All around are the spectacular mountain peaks of the Jungfrau region.

rainforest	66	n	'reɪnfɔ:st	Regenwald	forêt tropicale	foresta pluviale	a tropical forest with tall trees that are very close together, growing in an area where it rains a lot	My uncle studies insects in the Amazon rainforest.
river	66	n	'rɪvə	Fluss	fleuve	fiume	a natural and continuous flow of water in a long line across a country into the sea	The story is set on the Mississippi River.
shore	66	n	ʃɔ:	Küste	rivage	costa	the land along the edge of a large area of water such as an ocean or lake	Split lies on the shore of the Adriatic.
valley	66	n	'væli	Tal	vallée	valle	an area of lower land between two lines of hills or mountains, usually with a river flowing through it	There are extensive views across the San Fernando Valley.
waterfall	66	n	'wɔ:təfɔ:l	Wasserfall	cascade	cascata	a place where water from a river or stream falls down over a cliff or rock	We swam in a pool at the bottom of the waterfall.

Lesson 9

Lesson 9A

save up for	70	phr v	'seɪv 'ʌp fə	sparen für	économiser pour	economizzare / risparmiare per	to keep money in a bank so that you can use it later to buy something, especially when you gradually add more money over a period of time	I'm saving up for a new car.
pay in cash	70	v phr	'peɪ ɪn 'kæʃ	bar bezahlen	payer comptant	pagare in contanti	to buy something using money in the form of coins or notes rather than cheques, credit cards, etc.	The shop charges less if the customer pays in cash.
pay by credit card	70	v phr	'peɪ baɪ 'kredɪt kɑ:d	mit Kreditkarte bezahlen	payer par carte de crédit	pagare con carta di credito	to buy something using a small plastic card that you use to buy goods or services and pay for them later	It's safer to pay by credit card when you shop online.
keep the receipt	70	v phr	'ki:p ðə rɪ'si:t	die Quittung aufheben	garder le reçu	mantenere la ricevuta	to keep the piece of paper that you are given which shows that you have paid for something	Keep your receipt in case you want to bring it back.
exchange	70	v	'ɪks'tʃeɪndʒ	tauschen gegen	échanger contre	scambiare, cambiare con	to replace (one thing) with another	He exchanged the black jacket for a blue one.
look for bargains	70	v phr	'lʊk fə 'bɑ:gɪnz	nach Schnäppchen suchen	rechercher des aubaines	cercare un buon affare	to try to find something you can buy cheaply or for less than its usual price	She began looking for bargains at car boot sales.
look for special offers	70	v phr	'lʊk fə 'speʃl 'ɔ:fəz	nach Sonderangeboten suchen	rechercher des offres spéciales	cercare delle offerte	to try to buy something which has been reduced in price for a short time	It's worth looking for special offers on garden furniture in September.
a good deal	70	n phr	ə 'gʊd 'di:l	ein gutes Angebot	une bonne affaire	una buona offerta	when you buy something at a good price	He managed to get a good deal on a car for his son.
the sales	70	n phr	ðə 'seɪlz	der Ausverkauf	les soldes	vendita, sale	when all the shops have a sale	I picked up some real bargains in the January sales this year.
go on sale	70	v phr	'gəʊ ɒn 'seɪl	auf den Markt kommen	être (mis) en vente	essere (messo) in vendita	to begin to be sold	Stephen King's new novel will go on sale next week.
goods	70	n	gʊdz	Waren	biens, marchandises	merce, mercanzia	things that are produced in order to be sold	Today's shoppers are spending more money on mobile phones and electrical goods than on clothing.
deliver	70	v	dɪ'lɪvə	liefern	livrer	consegnare	to take (goods, letters, packages, etc.) to a particular place or person	I'm having some flowers delivered for her birthday.
get a refund	70	v phr	get ə 'rɪ:fʌnd	eine Rückerstattung bekommen	obtenir un remboursement	ottenere un rimborso	to receive back an amount of money if you are not satisfied with the goods or services that you have paid for	If you return an item within 28 days, you will get a refund.

cancel an order	70	v phr	kænsəl ən 'o:də	eine Bestellung stornieren	annuler une commande	annullare un'ordinazione	to end an agreement that you have with someone to buy something or have something delivered	If you can't deliver the furniture on the agreed date, I'll have to cancel the order.
Lesson 9B								
wonderful	73	adj	'wʌndəfl	wunderbar	merveilleux	meraviglioso	making you feel very happy	We had a wonderful time in Spain.
terrible	73	adj	'terəbl	schrecklich	horrible	orribile	very bad	The journey was terrible – it took six hours.
tiny	73	adj	'taɪni	winzig	minuscule	minuscolo	very small	Dairy foods provide your body with a tiny amount of vitamin D.
disgusting	73	adj	dɪs'gʌstɪŋ	ekelhaft, widerlich	dégoûtant	disgustoso	extremely unpleasant and making you feel sick	Rubbish was piled everywhere – it was disgusting.
excellent	73	adj	'eksələnt	ausgezeichnet	excellent	eccellente	extremely good or of very high quality	His English was excellent.
huge	73	adj	hju:dʒ	riesig	énorme	enorme	extremely large in size, amount or degree	She was chased by a huge dog.
furious	73	adj	'fjʊəriəs	wütend, außer sich	furieux	furioso	very angry	Her family are furious that her name has been published by the press.
thrilled	73	adj	θrɪld	begeistert	très heureux	deliziato, molto felice	very excited, happy and pleased	We were so thrilled to hear about the baby.
terrified	73	adj	'terɪfaɪd	sehr erschrocken, verängstigt	terrifié	spaventato	very frightened	We were terrified that the bridge would collapse.
gorgeous	73	adj	'gɔ:dʒəs	hinreißend, wunderschön	splendide	splendido	extremely pleasant or enjoyable	The hotel room had a gorgeous view.
exhausted	73	adj	ɪg'zɔ:stɪd	erschöpft	épuisé	esausto	extremely tired	When I got to the end of my exams I was mentally exhausted.
Lesson 9B VB								
freezing	144	adj	'fri:zɪŋ	eiskalt	gelé	gelido	extremely cold	It's freezing in this house. Can't I turn on the heating?
boiling	144	adj	'bɔɪlɪŋ	sehr heiß	torride	bollente, scottante	extremely hot	Can I open a window? It's boiling in here.
shocked	144	adj	'ʃɒkt	schockiert	choqué	scioccato	feeling surprised and upset by something very unexpected and unpleasant	We were too shocked to talk.
enormous	144	adj	ɪ'nɔ:məs	ungeheuer, enorm	énorme, immense	enorme	very big in size or in amount	The team made an enormous effort.
ancient	144	adj	'eɪnʃɪnt	alt, antik	ancien	anziano	having existed for a very long time	We explored the ancient walled city.
awful	144	adj	'ɔ:fl	furchtbar	horrible, affreux	terribile, tremendo	very bad or unpleasant	The weather was awful.
fascinating	144	adj	'fæsəneɪtɪŋ	faszinierend	fascinant	affascinante	extremely interesting	We watched a fascinating documentary about dolphins.
delighted	144	adj	dɪ'laɪtɪd	entzückt, begeistert	ravi, enchanté	deliziato, entusiastico, appassionato	very pleased and happy	She was delighted with her new home.
Lesson 9C								
abstract	74	adj	'æbstrækt	abstrakt	abstrait	astratto	abstract paintings, designs, etc. consist of shapes and patterns that do not look like real people or things	Kandinsky's paintings became more abstract as the years passed.
cheerful	74	adj	'tʃɪəfl	fröhlich	joyeux, gai	allegro, gaio	something that is cheerful makes you feel happy because it is so bright or pleasant	The house has a cheerful atmosphere.
colourful	74	adj	'kʌləfl	bunt	coloré	colorato	having bright colours or a lot of different colours	The dancers wore colourful costumes.
creative	74	adj	kri'i'eɪtv	kreativ	créatif	creativo	involving the use of imagination to produce new ideas or things	I teach creative writing at Trinity College.
old-fashioned	74	adj	'əʊld 'fæʃnd	altmodisch	démodé	fuori moda	not considered to be modern or fashionable any more	She wears really old-fashioned clothes!
original	74	adj	ə'ɪrɪdʒɪnəl, -dʒɪnəl	originell	original	originale	completely new and different from anything that anyone has thought of before	She came up with some really good and original ideas for the centenary celebrations.

powerful	74	adj	'paʊəfl	gewaltig, kraftvoll, stark	fort, puissant	forte, potente	having a strong effect on someone's feelings or opinions	The final act is a powerful piece of theatre.
realistic	74	adj	rɪə'lɪstrɪk	realistisch	réaliste	realistico	realistic pictures or stories show things as they are in real life	The series aims to give a realistic portrayal of life in Victorian Britain.
silly	74	adj	'sɪli	dumm, dämlich, albern	absurde, stupide	assurdo, stupido	not serious or practical	They served us coffee in these silly little cups.
spectacular	74	adj	spek'tækjələ	spektakulär	spectaculaire	spettacolare	very impressive	Corsica is a mountainous island with spectacular scenery.
traditional	74	adj	trə'dɪʃnəl	traditionell	traditionnel	tradizionale	following ideas and methods that have existed for a long time, rather than doing anything new or different	I went to a very traditional school.
ugly	74	adj	'ʌɡli	hässlich	laid	brutto	extremely unattractive and unpleasant to look at	They have built several very ugly blocks of flats near the airport.
unoriginal	74	adj	ʌnə'ɹɪdʒɪnəl, -dʒɪnəl	wenig originell	banal	banale	not new or different from anything that anyone has thought of before	That's an unoriginal suggestion.
weird	74	adj	'wiəd	merkwürdig, seltsam	bizarre, étrange	bizzarro, strano	very strange and unusual, and difficult to understand or explain	They sell all sorts of weird products.

Lesson 10

Lesson 10A

revise (for a test/an exam)	78	v phr	rɪ'vaɪz fər ə'test/ən'ɪɡəm	lernen (für einen Test / eine Prüfung)	réviser (pour un test / examen)	ripassare, studiare (per un esame)	to study facts again, in order to learn them before a test or an examination	She's revising for her history exam.
do well (in a test/an exam)	78	v phr	du:'welɪn ə'test/ən'ɪɡəm	gut abschneiden (in einem Test / einem Examen)	obtenir un bon résultat (à un test / examen)	andare bene (a un esame / compito)	to be successful in a test or an examination	Students are under considerable pressure to do well.
take (a test/an exam)	78	v phr	teɪk ə'test/ən'ɪɡ'zæm	(einen Test / ein Examen) ablegen	passer (un test / examen)	sostenere un esame / compito	to do a test or an examination	Applicants are asked to take a written test.
pass (a test/an exam)	78	v phr	pɑ:s ə'test/ən'ɪɡ'zæm	(einen Test / ein Examen) bestehen	réussir (un test / examen)	superare / passare (un esame / test)	to succeed in a test or an examination	He hasn't passed his driving test yet.
fail (a test/an exam)	78	v phr	feɪl ə'test/ən'ɪɡ'zæm	(einen Test / ein Examen) nicht bestehen, durchfallen	ne pas avoir (un test / examen)	non passare (un esame / compito)	to not pass a test or an examination	He failed maths but passed all his other subjects.
boarding school	78	n	'bɔ:dɪŋ'sku:l	Internat	internat	collegio, convitto	a school where students live as well as study	Rugby is a famous English boarding school, where the game of that name was invented.
secondary school	78	n	'sekəndrɪ'sku:l	weiterführende Schule, Sekundarschule, Mittelschule	établissement d'enseignement secondaire / collège / lycée	scuola superiore	a school for children between the ages of 11 and 16 or 18	My sister and I attended different secondary schools after the age of 14.
primary school	78	n	'praɪmrɪ'sku:l	Grundschule	école primaire	scuola elementare	a school for children between 5 and 11 years old in England, Scotland and Wales	Children start primary school here at the age of 5.
get low/high grades	78	v phr	get'ləʊ/hɑɪ'ɡreɪdz	gute / schlechten Noten bekommen	avoir de mauvaises / bonnes notes	avere bassi / buoni voti	to get poor/good marks in a test or an examination	Tim worked hard and got good grades.
pay fees	78	v phr	'peɪ'fi:z	Gebühren bezahlen	payer des frais	pagare delle tasse	to pay an amount of money to do something, e.g. to attend a school or college	We have three children at the school, so we'll be paying fees for many years.
state school	78	n	'steɪt'sku:l	staatliche Schule	école publique	scuola pubblica	a British school which receives money from the government and provides free education	Universities encourage students from state schools to apply.
attend (a school)	78	v phr	ə'tend ə'sku:l	(eine Schule) besuchen	aller (à une école)	andare (a scuola)	to go regularly to (a school, church, etc.)	I am the first child in my family to attend college.
take a subject	78	v phr	teɪk ə'sʌbdʒɪkt	ein Fach nehmen	faire du, prendre des cours de	sgegliere / prendere un corso	to study a particular subject in school or college for an examination	Are you taking French next year?
get qualifications	78	v phr	get'kwɒlɪfɪ'keɪʃnz	Qualifikationen erwerben	obtenir des qualifications	ottenere le competenze / capacità	to pass an examination or course to show that you have a particular level of skill or knowledge in a subject	I want to get the qualifications so that I can become a doctor.

Lesson 10A VB								
say goodbye	145	v phr	ˌseɪ ɡʊdˈbaɪ	sich verabschieden	dire au revoir	dire addio a	to say the words used when you are leaving someone, or when they are leaving	She left without saying goodbye.
say nothing	145	v phr	ˌseɪ ˈnʌθɪŋ	nichts sagen	ne rien dire	dire niente	to remain silent	I wished I had said nothing about Jordi.
say what you think	145	v phr	ˌseɪ wɒt ju ˈθɪŋk	sagen, was man denkt	dire ce que l'on pense	dire quello che si pensa	to use words to express your opinion about something	At last I'm free to say what I think about my mother-in-law!
say yes	145	v phr	ˌseɪ ˈjes	ja sagen	dire oui	dire sì	to agree to something	Can I go to Sam's party, Dad? Please say yes!
tell someone a secret	145	v phr	ˌtel sʌmwʌn ə ˈsi:kri:t	jmd ein Geheimnis verraten	dire un secret à qn	raccontare un segreto a qn	to talk to someone about something that is kept hidden or that is known about by only a few people	Shall I tell you a secret?
tell someone something	145	v phr	ˌtel sʌmwʌn ˌsʌmθɪŋ	jmd etwas sagen / mitteilen	dire qc à qn	dire qc a qn	if someone tells you something, they communicate information, a story, their feelings, etc. to you	I wish someone had told me the meeting was cancelled.
tell a story	145	v phr	ˌtel ə ˈsto:ri	eine Geschichte erzählen	raconter une histoire	raccontare una storia	to speak to people, giving them a description of events, told to entertain them	He then told the story of how he was injured while riding his motorcycle.
tell the truth	145	v phr	ˌtel ðə ˈtru:θ	die Wahrheit sagen	dire la vérité	dire la verità	to say the true facts about something, rather than something untrue, imagined or guessed	How do we know you're telling us the truth?
speak about something	145	v phr	ˈspi:k əbaʊt ˌsʌmθɪŋ	über etwas sprechen	parler de qc	parlare di qc	to talk to someone, or a group of people, about something	I haven't spoken to Steve about all this.
speak a language	145	v phr	ˈspi:k ə ˈlæŋgwɪdʒ	eine Sprache sprechen	parler une langue	parlare una lingua	to be able to talk in a particular language	Can you speak a foreign language?
speak on the phone	145	v phr	ˈspi:k ɒn ðə ˈfəʊn	telefonieren	parler au téléphone	parlare al telefono	to use the telephone to have a conversation with someone	I haven't seen my parents for six months but we speak on the phone twice a week.
speak quietly	145	v phr	ˈspi:k ˈkwaɪətli	leise sprechen	parler doucement	parlare a bassa voce / piano	to talk without making much noise	We spoke quietly because Sophie was still asleep.
speak with someone	145	v phr	ˈspi:k wɪð ˌsʌmwʌn	mit jmd sprechen	parler avec qn	parlare con qn	to talk to someone	They did not want to speak with reporters.
Lesson 10B								
persuade	80	v	pəˈsweɪd	überreden	persuader	persuadere	to make someone decide to do something, especially by giving them reasons why they should do it, or asking them many times to do it	Do you think you can persuade him to lend us the money?
encourage	80	v	ɪnˈkʌrɪdʒ	ermutigen	encourager	incoraggiare	to give someone more confidence or desire to do something, or to make something easier or more desirable to do	Language students are strongly encouraged to study abroad for one semester.
advise	80	v	ədˈvaɪz	raten, einen Rat geben	conseiller	consigliare	to tell someone what you think they should do, especially when you know more than they do about something	I'd advise you not to say anything to the press.
warn	80	v	wɔ:n	warnen	mettre en garde, prévenir	mettere in guardia	to tell someone that something bad or dangerous may happen, so that they can avoid it or prevent it	I warned you not to walk home alone.
promise	80	v	ˈprɒmɪs	versprechen	promettre	promettere	to tell someone that you will definitely do or provide something or that something will happen	'Promise me you won't do anything stupid.' 'I promise.'
start	80	v	stɑ:t	beginnen, veranlassen	commencer à faire	cominciare a fare	to do something that you were not doing before, and continue doing it	What Kerry said started me thinking.

avoid	80	v	ə'vɔɪd	vermeiden	éviter	evitare	to deliberately not do something, especially something wrong, dangerous or harmful	You should avoid over-spending in the first half of the year.
suggest	80	v	sə'dʒest	vorschlagen	suggérer	suggerire	to tell someone your ideas about what they should do, where they should go, etc.	Tracey suggested meeting for a drink after work.
refuse	80	v	rɪ'fju:z	sich weigern	refuser	rifiutare	to say firmly that you will not do something that someone has asked you to do	I absolutely refuse to take part in anything illegal.
consider	80	v	kən'sɪdə	in Betracht ziehen	prendre en considération	prendere in considerazione	to think about something carefully, especially before making a choice or decision	I seriously considered resigning.
recommend	80	v	ˌrekə'mend	empfehlen	recommander	raccomandare	to advise someone to do something, especially because you have special knowledge of a situation or subject	I would strongly recommend buying a good quality bicycle rather than a cheap one.
Lesson 10C								
arrange an interview	82	v phr	ə'reɪndʒ ən 'ɪntəvju:	einen Termin für ein Vorstellungsgespräch vereinbaren	fixer une entrevue	fissare (un appuntamento per) un colloquio	to organise or make plans for a formal meeting at which someone is asked questions in order to find out whether they are suitable for a job, course of study, etc.	Beth arranged interviews for all six candidates with the marketing director.
arrange/set up a meeting	82	v phr	ə'reɪndʒ / set ʌp ə 'mi:	eine Besprechung organisieren	organiser une réunion	organizzare una riunione	to organise or make plans for an event at which people meet to discuss and decide things	We've arranged a meeting next week to discuss the matter.
do research	82	v phr	ˌdu: rɪ'sɜ:tʃ	forschen, erforschen	faire des recherches	fare ricerche	to carry out serious study of a subject, in order to discover new facts or test new ideas	They are doing research into the effects of the drug.
employ people	82	v phr	ɪm'plɔɪ ,pi:pl	Mitarbeiter beschäftigen	embaucher des gens	impiegare / ingaggiare personale	to pay individuals to work for you	The factory employs over 2,000 people.
give a presentation	82	v phr	ˌgɪv ə prezn 'teɪʃn	einen Vortrag halten	faire une présentation	dare una presentazione	to speak at an event at which you describe or explain a new product or idea	I'm going to ask each of you to give a short presentation.
interview people	82	v phr	'ɪntəvju: ,pi:pl	Personen interviewen	interroger des personnes	sollecitare delle persone	to ask individuals questions during an interview	We're interviewing six candidates for the job.
manage a project	82	v phr	ˌmænzɪʒ ə 'prɒdʒekt	ein Projekt leiten	gérer un projet	gestire un progetto	to direct or control a carefully planned piece of work and the people, equipment and money involved in it, to get information about something, build something, improve something, etc.	I've been asked to manage the new shopping centre project.
manage people	82	v phr	ˌmænzɪʒ ,pi:pl	Personalverantwortung haben	gérer du personnel	avere responsabilità personale	to direct or control the individuals who work in a particular department or job	Do you have any experience of managing hospital staff?
manage a shop	82	v phr	ˌmænzɪʒ ə 'ʃɒp	ein Geschäft leiten	gérer un magasin	gestire un'impresa / un negozio	to direct or control a building where you can buy things, and the people, equipment and money involved in it	She's managing her uncle's butcher's shop while he is recovering from an illness.
offer someone a job	82	v phr	ɒfə sʌmwʌn ə 'dʒɒb	jmd eine Arbeit / Stelle anbieten	offrir un emploi à qn	offrire un lavoro a qn	to ask someone if they would like to be employed by you or your company	They offered him a very good job, but he turned it down.
serve customers	82	v phr	sɜ:v 'kʌstəməz	Kunden bedienen	servir des clients	servire i clienti	to help the customers in a shop, especially by bringing them the things that they want	There was only one girl serving customers.
write a report	82	v phr	ˌraɪt ə rɪ'pɔ:t	einen Bericht schreiben	écrire un rapport	scrivere un rapporto	to write a written or spoken description of a situation or event, giving people the information they need	Her social worker has written a report on the case.

work in a team	82	v phr	.w3:k ɪn ə 'ti:m	in einem Team arbeiten	travailler en équipe	lavorare in squadra	to work in a group of people who have been chosen to work together to do a particular job	I work well on my own, but even better in a team.
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