

| Word/Phrase | Part of speech | Pronunciation | German | French | Italian | Definition | Example |
|---------------------------|----------------|----------------------------|--|--|--|--|---|
| Lesson 1 | | | | | | | |
| Lesson 1A | | | | | | | |
| service | n | 'sɜ:vɪs | Service | service | servizio | the help that people who work in a shop, restaurant, bar, etc. give you | The service was terrible and so was the food. |
| packed | adj | pækt | sehr voll (mit Menschen) | bondé, plein à craquer | gremito (di persone) | extremely full of people | The island was packed with tourists. |
| terrace | n | 'terɪs | Terrasse | terrasse | terrazza | a flat outdoor area next to a building or on a roof, where you can sit outside to eat, relax, etc. | In the summer, we usually have breakfast on the terrace. |
| vegetarian | adj | ˌvedʒə'teəriən | Vegetarier/in, vegetarisch | végétarien/ne | vegetariano/-a | used to describe someone who does not eat meat or fish | Mei is vegetarian, so let's make a vegetable curry. |
| the fish/Indian place | n phr | ðə 'fɪʃ / ði 'ɪndiən pleɪs | Fischrestaurant / indisches Restaurant | restaurant de poissons / restaurant indien | ristorante di pesce / ristorante indiano | used to refer to a familiar restaurant or café that specialises in fish dishes/Indian food, etc. | We can have lunch at the Turkish place near the station. |
| suit everyone | v phr | ˌsu:t 'evriwʌn | für jeden Geschmack etwas bieten | convenir à tout le monde | offrire qc per tutti i gusti | to be acceptable, suitable or convenient for all the people involved | There are countryside walks to suit everyone. |
| decent | adj | 'di:snt | angemessen | décent, convenable | decente, adeguato | of a good enough standard or quality | They offered him a decent salary. |
| good value | n phr | ˌɡʊd 'vælju: | von guter Qualität | de bonne qualité | di buona qualità | used to say that something is worth what you pay for it | The lunch special is really good value. |
| set menu | n phr | ˌset 'menju: | Menü | le menu prévu | menù fisso | a set menu in a restaurant has a fixed price and a more limited choice than usual | The restaurant has a set menu for Christmas in addition to the à la carte one. |
| fancy | v | 'fænsi | Lust haben auf etwas | avoir envie de qc | avere voglia (di fare qc) | to want to (do something) | Do you fancy a quick coffee, Liz? |
| spicy food | n phr | ˌspaisi 'fu:d | scharfes Essen | nourriture épicée | cibo piccante | food that is spicy has a pleasantly strong taste, and gives you a pleasant burning feeling in your mouth | They serve delicious spicy food that will suit you if you like hot curries. |
| outdoor heater | n | ˌaʊtɔ: 'hi:tə | Außenheizung | chauffage d'extérieur | riscaldamento per esterno | a machine for making air hotter, for use outside | We had a coffee and watched the sunset, because the waiter had lit the outdoor heaters. |
| top quality | n phr | ˌtɒp 'kwɒləti | Spitzenqualität | qualité supérieure | alta qualità | used to say that something is very good | Our chef uses only top quality ingredients. |
| delicious | adj | dɪ'liʃəs | köstlich | délicieux | delizioso | very pleasant to taste | Our recipes will show you ways of creating simple and delicious dishes. |
| wait ages | v phr | ˌweɪt 'eɪdʒɪz | ewig warten | attendre une éternité | aspettare in eterno | to wait for a long time | I had to wait ages to get through airport security. |
| get someone's order wrong | v phr | ˌɡet sʌmwʌnz 'ɔ:də ˌrɒŋ | jmds Bestellung falsch aufnehmen | mal comprendre la commande de qn | sbagliare l'ordinazione di qn | in a café or restaurant, to bring someone the incorrect dish or drink, different from the one they asked for | The server got my order wrong, but I ate the chicken anyway, and it was delicious! |
| be allergic to something | v phr | bɪ ə'leɪdʒɪk tə ˌsʌmθɪŋ | allergisch gegen etwas sein | être allergique à qc | essere allergico a qc | to have a medical condition in which you become ill or in which your skin becomes red and painful because you have eaten or touched a particular substance | I'm allergic to penicillin. |
| plenty of choice | n phr | ˌplenti əv 'tʃɔɪs | reichlich Auswahl | beaucoup de choix | ampia scelta | a wide range of people or things that you can choose from | Although it was a small shop there was plenty of choice. |
| book in advance | v phr | ˌbʊk ɪn əd'vɑ:ns | im Voraus buchen, reservieren | réserver à l'avance | fissare in anticipo, prenotare | to reserve a table, buy tickets, etc. before an event occurs | The band is very popular, so I recommend booking tickets in advance. |
| put up the prices | v phr | ˌpʊt ʌp ðə 'praɪsɪz | die Preise erhöhen | augmenter les prix | alzare i prezzi | to increase the cost or value of something | Most big stores admit they daren't put prices up for fear of losing their customers. |
| Lesson 1B | | | | | | | |
| freezing | adj | 'fri:zɪŋ | eiskalt | glacial, gelé | gelido | extremely cold | It's freezing in this house. Can't I turn on the heating? |
| could do with something | v phr | kʊd 'du: wɪð ˌsʌmθɪŋ | etwas gut gebrauchen können | avoir eu besoin de qc | qc farebbe comodo | to need or want something | I could have done with some help this morning. |

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|-------------------------|---------|--------------------------|--------------------------------|--------------------------------|--------------------------------------|---|--|
| tiny | adj | 'taɪni | winzig | minuscule | minuscolo | extremely small | George grew up in a tiny community in the Midwest. |
| rough | adj | rʌf | gefährlich | violent, dangereux | violento | a rough area is a place where there is a lot of violence or crime | We try to avoid the rough part of town. |
| surrounded by something | adj phr | sə'raʊndəd baɪ sʌmθɪŋ | umgeben von etwas | entouré par qc | circondato da qc | all around (someone or something) on every side | The field was surrounded by trees. |
| move out | phr v | ,mu:v 'aʊt | (von zu Hause) ausziehen | partir de chez soi | lasciare casa | to leave the house where you are living now in order to go and live somewhere else | He moved out, and a year later they were divorced. |
| move away | phr v | ,mu:v ə'weɪ | wegziehen | déménager | trasferirsi | to go to live in a different area | My best friend moved away when I was ten. |
| landlord | n | 'lændlɔ:d | Vermieter | propriétaire | padrone di casa | someone who rents a room, building or piece of land to someone | We asked the landlord for a new fridge. |
| put up the rent | v phr | ,put ʌp ðə 'rent | die Miete erhöhen | augmenter le loyer | alzare l'affitto | to increase the money that someone pays regularly to use a room, house, etc. that belongs to someone else | The landlords haven't put the rent up for four years. |
| good condition | n phr | gʊd kən'dɪʃn | guter Zustand | bon état | buono stato | the good physical state that something is in | The car has been well maintained and is in good condition. |
| lively | adj | 'laɪvli | belebt | vivant, animé | vivace | a place or situation that is lively is exciting because a lot of things are happening | The hotel is situated next to the lively bustling port. |
| neighbourhood | n | 'neɪbəhʊd | Nachbarschaft, Gegend | quartier, voisinage | quartiere, vicinato | the area around you or around a particular place, or the people who live there | Is there a good Chinese restaurant in the neighbourhood? |
| storage | n | 'stɔ:ɹɪdʒ | Lagerraum | rangement | deposito, magazzino | space, etc. for keeping things in | They moved to a house with lots of storage space. |
| knock down | phr v | ,nɒk 'daʊn | abreißen | démolir | demolire, abbattere | to destroy a building or part of a building | They want to knock the house down and rebuild it. |
| repair | v | rɪ'peə | reparieren | réparer | aggiustare | to fix something that is damaged, broken, split or not working properly | Dad was up the ladder, repairing the roof. |
| put in central heating | v phr | ,put ɪn 'sentrəl 'hi:tɪŋ | eine Zentralheizung einbauen | installer un chauffage central | installare il riscaldamento centrale | to install a system in which water or air is heated in one place and then sent around the rest of the building through pipes, etc. to heat it | They recommended that we change the windows and put in new central heating. |
| basement | n | 'beɪsmənt | Kellergeschoss | sous-sol | cantina | a room or area in a building that is under the level of the ground | We use the basement as a games room for the children. |
| keep clean and tidy | v phr | ki:p ,kli:n ən 'taɪdi | sauber und ordentlich halten | garder propre et en ordre | tenere pulito e ordinato | to make sure a place is not dirty and everything is neatly arranged | Rob's kitchen is always clean and tidy. |
| move in with someone | phr v | ,mu:v 'ɪn wɪð sʌmwʌn | mit jmd zusammenziehen | emménager avec qn | andare a vivere con qn | to start living with someone in the same home | I've moved in with my cousin until I start my new job. |
| share the cost | v phr | ,ʃeə ðə 'kɒst | die Kosten teilen | partager les coûts | dividere i costi | to join with someone else to pay the money that you must regularly spend in order to run a home | I shared the cost of running the flat with two other students. |
| Lesson 1B VB | | | | | | | |
| lively | adj | 'laɪvli | lebhaft, quirlig | vivant, animé | vivace, eccitante | a place or situation that is lively is exciting because a lot of things are happening | Glasgow has a lively nightlife. |
| rural | adj | 'rʊərəl | ländlich, Land- | rural | rurale | happening in or relating to the countryside, not the city | Many rural bus routes have been cancelled recently. |
| central | adj | 'sentrəl | zentral | central | centrale | in the middle of an area | We hope to move our office to a more central location. |
| green | adj | gri:n | grün | vert | verde | covered with grass, trees, bushes, etc. | Birmingham has many parks and green areas. |
| convenient for | adj phr | kən'vi:njənt fə | günstig, praktisch, bequem für | commode pour | comodo per | used to describe a place where something is close and easy to reach | Grandma's flat is convenient for the shops and she can meet her friends at the local café. |
| rough | adj | rʌf | gefährlich | violent, dangereux | violento | a rough area is a place where there is a lot of violence or crime | When we first moved here, we lived in quite a rough part of the city. |

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|------------------------------|---------|------------------------------|---------------------------------------|--|--|--|--|
| tiny | adj | 'taɪni | winzig | minuscule | minuscolo | extremely small | The bathroom on the boat was tiny. |
| nice and bright | adj phr | ,naɪs ən 'braɪt | schön und hell | agréable et lumineux | bello e luminoso | pleasant and attractive, with plenty of light | The living room faces south, so it's nice and bright. |
| huge | adj | hju:dʒ | riesig | énorme, vaste | enorme | extremely large | Our hotel bedroom was huge, with three beds and a sofa! |
| quite noisy | adj phr | ,kwaɪt 'nɔɪzi | recht laut | plutôt bruyant | piuttosto rumoroso | a place that is quite noisy is fairly full of noise | The café gets quite noisy at the end of the school day. |
| Lesson 1C | | | | | | | |
| get talking | v phr | get 'tɔ:kɪŋ | ins Gespräch kommen, über etwas reden | parler de qc, se mettre à parler de qc | prendere a parlare (con qn) | to begin a conversation (with someone) | We got talking about the old days. |
| get to bed | v phr | ,get tə 'bed | Schlafen gehen | aller se coucher | andare a letto | to go to bed | Our flight was late so we didn't get to bed till two in the morning. |
| stay in | phr v | ,steɪ 'ɪn | zu Hause bleiben | rester chez soi | rimanere in casa, restare a casa | to spend the evening at home rather than go out | I was tired, so I decided to stay in. |
| tidy up | phr v | ,taɪdi 'ʌp | aufräumen | ranger | mettere a posto | to make a place look neatly arranged with everything in the right place | It's time we tidied up the office. |
| miss | v | mɪs | verpassen | manquer | mancare, perdere | to be too late for (something) | I overslept and missed the train. |
| cost a fortune | v phr | ,kɒst ə 'fɔ:tʃn | ein Vermögen kosten | coûter une fortune | costare una fortuna | to be very expensive | It'll cost a fortune if we all stay in that hotel. |
| stay up (late) | v phr | ,steɪ 'ʌp, ,steɪ ʌp 'leɪt | lange aufbleiben | se coucher tard | stare alzati fino a tardi | to not go to bed till after the time you would normally go to bed | I let the kids stay up late on Fridays. |
| episode | n | 'epɪsəʊd | Episode, Folge | épisode | episodio, puntata | a television or radio programme that is one of a series of programmes in which the same story is continued each week | Watch next week's thrilling episode! |
| play | n | pleɪ | Theaterstück | pièce de théâtre | piece teatrale | a story that is written to be performed by actors, especially in a theatre | The play was performed by Brighton Youth Theatre. |
| get home | v phr | get 'həʊm | nach Hause kommen | rentrer (chez soi) | tornare a casa | to return to the house, apartment or place where you live | Ben gets home at 6.30 most evenings. |
| throw a party | v phr | ,θrəʊ ə 'pɑ:ti | eine Party veranstalten | faire une fête | dare una festa | to have a social event when a lot of people meet together to enjoy themselves by eating, drinking, dancing, etc. | The university threw a party to welcome them. |
| celebrate someone's birthday | v phr | ,seleɪbreɪt sʌmwʌnz 'bɜ:θdeɪ | jmds Geburtstag feiern | fêter l'anniversaire de qn | festeggiare il compleanno di qn | to show that somebody's birthday is important by doing something special or enjoyable | We're going out for a meal to celebrate Dad's birthday. |
| queue | v | kju: | Schlange stehen | faire la queue | fare la fila | to form or join a line of people waiting to do something or go somewhere | We had to queue for ages to get served. |
| be worth it | v phr | bi 'wɜ:θ ɪt | sich lohnen | valoir qc | valere la pena | used to say that you gain something from an action | It was a lot of hard work, but it was worth it. |
| go out for dinner | v phr | gəʊ ,aʊt fə 'dɪnə | zum Essen ausgehen, auswärtig essen | sortir dîner | uscire per cena, andare a mangiare fuori | to go and eat in a restaurant | Would you like to go out for dinner on Saturday? |
| go on somewhere | v phr | gəʊ 'ɒn ,sʌmwɛə | anschließend woanders hingehen | aller ailleurs par la suite | andare da qualche altra parte | to go to a different place to do something after you have finished doing something else | Some of my friends went on to a club, but the rest of us went home after dinner. |
| Lesson 1C VB | | | | | | | |
| rely on someone | phr v | rɪ 'laɪ ɒn ,sʌmwʌn | sich auf jmd verlassen | compter sur qn | fidarsi di qn | to trust or depend on someone or something to do what you need or expect them to do | Many working women rely on relatives to help take care of their children. |
| get on with someone | phr v | get 'ɒn wɪð ,sʌmwʌn | mit jmd gut zurechtkommen | s'entendre avec | andare d'accordo con qn | if you get on with someone, you like each other and have a friendly relationship with each other | I've always got on well with Henry; we've been friends since we were 11. |
| pass a message on | v phr | ,pɑ:s ə 'mesɪdʒ ɒn | eine Nachricht weitergeben | transmettre un message | trasmettere un messaggio | to give someone a message from someone else | I asked Rob if he would pass on a message for me. |
| hang on | phr v | ,hæŋ 'ɒn | kurz warten, am Apparat bleiben | attendre un instant | aspettare un attimo, restare in linea | used to ask or tell someone to wait | Hang on! I'll be back in a minute. |
| go on | v phr | gəʊ 'ɒn | weitergehen | continuer | continuare | to continue | I can't go on like this for much longer. I'm exhausted. |

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| pick someone up | phr v | ˌpɪk sʌmwʌn ʻʌp | jmd abholen | aller chercher qn | venire a prendere qn | to let someone get into your car, boat, etc. and take them somewhere | I'll pick you up at the station. |
| tidy somewhere up | phr v | ˌtaɪdi sʌmwɛər ʻʌp | an einem Ort aufräumen | remettre une place en ordre | mettere ordine da qualche parte | to make a place look neatly arranged with everything in the right place | We need to tidy up the house before the estate agent arrives. |
| stay up | phr v | ˌsteɪ ʻʌp | aufbleiben | rester éveillé | rimanere svegli | to not go to bed till after the time you would normally go to bed | We stayed up all night talking. |
| hurry up | phr v | ˌhʌri ʻʌp | sich beeilen | se dépêcher | sbrigarsi | used to tell someone to do something more quickly | Hurry up! We're late! |
| give up | phr v | ˌɡɪv ʻʌp | aufgeben | abandonner | rinunciare, lasciar perdere | to stop trying to do something | We spent half an hour looking for the keys, but eventually gave up and went home. |

Lesson 2

Lesson 2A

| | | | | | | | |
|-------------------------|-------|------------------------|---|---|---|---|---|
| be keen on something | v phr | bi ˈki:n ɒn ˌsʌmθɪŋ | von etwas begeistert sein, auf etwas versessen sein | aimer qc beaucoup | essere appassionato di qc | to like something | We're all very keen on sports. |
| train | v | treɪn | trainieren | s'entraîner | allenarsi, allenare | to prepare for a sports event or tell (someone) how to prepare for it, especially by exercising | Kate spends two hours a day training for the marathon. |
| technique | n | tek ˈni:k | Technik | technique | tecnica | the special way in which you move your body when you are playing music, doing a sport, etc., which is difficult to learn and needs a lot of skill | He's a great player, with brilliant technique. |
| have a long way to go | v phr | hæv ə ˌlɒŋ weɪ tə ˈɡəʊ | noch einen weiten Weg vor sich haben (auch fig.) | avoir beaucoup de chemin à parcourir (aussi fig.) | avere ancora molta strada da fare (anche fig) | to need to develop or improve a lot | The team has a long way to go before it can match that performance. |
| download | v | ˌdaʊn ˈləʊd | herunterladen | télécharger | scaricare | to move information or programs from a computer network to a small computer | This game can be downloaded free from the internet. |
| exchange | n | ɪks ˈtʃeɪndʒ | Austausch | échange | scambio | an arrangement in which a student, teacher, etc. visits another school or university to work or study, or where two individuals communicate online to exchange ideas, practise a language, etc. | Our college arranged student exchanges with four colleges in France. |
| interest | v | ˈɪntrɪst | interessieren | intéresser | interessare | to make (someone) want to pay attention to something and find out more about it | Here's an article which might interest you. |
| skilled | adj | skɪld | qualifiziert | qualifié | qualificato, competente | someone who is skilled has the training and experience that is needed to do something well | Skilled craftsmen, such as carpenters, are in great demand. |
| expert | n | ˈekspɜ:t | Experte / -in | expert/e | esperto/-a | someone who has a special skill or special knowledge of a subject, gained as a result of training or experience | He's a world expert on marine mammals. |
| make progress | v phr | ˌmeɪk ˈprɒʊɡres | Fortschritte machen | progresser | fare progressi | to get better at doing something, or to get closer to finishing or achieving something | The country has made significant economic progress. |
| challenge | n | ˈtʃæləndʒ | Herausforderung | défi | sfida | something that tests strength, skill or ability, especially in a way that is interesting | The new headteacher has taken on the challenge of improving the school. |
| improve | v | ɪm ˈpru:v | verbessern | améliorer | migliorare | to make (something) better, or to become better | This course is designed for students wishing to improve their English. |
| be useless at something | v phr | bi ˈju:sɪs ət ˌsʌmθɪŋ | für etwas nicht zu gebrauchen sein | être nul | incapace di fare qc | to be very bad at doing something | Emily is useless at cooking: this omelette is burnt but also raw in the middle! |
| have a go | v phr | hæv ə ˈɡəʊ | etwas versuchen | s'en prendre à | fare un tentativo, provarci | to attempt to do something | On the tour, everyone can have a go at making a pot. |
| try out | phr v | ˌtraɪ ʻaʊt | ausprobieren | essayer, tester | provare | to practise (a skill) in order to improve it | She enjoyed trying her French out on Jean-Pierre. |
| go over | phr v | ɡəʊ ˈəʊvə | etwas durchgehen, wiederholen | relire | ripassare | to repeat (something) in order to explain it or make sure it is correct | Once again I went over exactly what I needed to say. |

| Lesson 2A VB | | | | | | | |
|-------------------------|-------|-------------------------|---|-------------------------------------|---------------------------------|---|--|
| do an exam | v phr | ,du: ən ɪg'zæm | eine Prüfung ablegen | passer un examen | passare un esame | to do a spoken or written test of knowledge, especially an important one | We have to do exams at the end of each year. |
| make good money | v phr | ,meɪk ɡʊd 'mʌni | gut verdienen | être bien rémunéré | guadagnare bene | to earn a lot of money | Preston earns good money as a lawyer. |
| do the laundry | v phr | ,du: ðə 'ləʊndri | die Wäsche waschen | faire la lessive | fare il bucato | to wash the clothes, sheets, etc. | She did the laundry and hung it out to dry. |
| do a lot of damage | v phr | ,du: ə lɒt əv 'dæmɪdʒ | viel Schaden anrichten | faire beaucoup de dommages | causare molti danni | to cause physical harm to something or to a part of someone's body, so that it is broken or injured | Too much sun can do severe damage to your skin. |
| make a mess | v phr | ,meɪk ə 'mes | Unordnung veranstalten, etwas verunreinigen | semer le désordre | fare un casino | if you make a mess somewhere, things there are dirty or not neatly arranged | You can make pancakes if you promise not to make a mess in the kitchen. |
| make a speech | v phr | ,meɪk ə 'spi:tʃ | eine Rede halten | prononcer un discours | tenere un discorso | to give a talk to a group of people, especially a formal one about a particular subject | She made a speech at the party conference. |
| make a suggestion | v phr | ,meɪk ə sə'dʒestʃn | einen Vorschlag machen | faire une suggestion | fare una proposta | to mention an idea, plan or possibility | Can I make a suggestion about the menu? |
| do the washing-up | v phr | ,du: ðə 'wɒʃɪŋ 'ʌp | das Geschirr spülen | faire la vaisselle | lavare le stoviglie | to wash the plates, dishes, knives, etc. | It's your turn to do the washing-up, Sam. |
| do your best | v phr | ,du: jə 'best | sein Bestes geben | faire de son mieux | dare il meglio di sé | to try as hard as you can (to do something) | She did her best to make him comfortable. |
| make arrangements | v phr | ,meɪk ə'reɪndʒmənts | Vorbereitungen treffen | prendre des dispositions | fare preparativi | to plan and prepare so that something can happen | Have you made all your travel arrangements? |
| make a fortune | v phr | ,meɪk ə 'fɔ:tʃn | ein Vermögen verdienen | faire une fortune | fare una fortuna | to make a very large amount of money | He made a fortune selling property in Spain. |
| make a mistake | v phr | ,meɪk ə mɪ'steɪk | einen Fehler machen | faire une erreur | fare uno sbaglio | to do something in the wrong way, or to give an opinion or statement that is incorrect | The lab must have made a mistake – this can't be right. |
| make a decision | v phr | ,meɪk ə dɪ'sɪʒn | eine Entscheidung treffen | prendre une décision | prendere una decisione | to make a choice or judgement after a period of discussion or thought | I want to think about it a bit longer before I make a decision. |
| do a course | v phr | ,du: ə 'kɔ:s | einen Kurs absolvieren | faire un cours | frequentare un corso | to study a series of lessons in a particular subject | Andy's doing a one-year journalism course. |
| make progress | v phr | ,meɪk 'prəʊɡres | Fortschritte machen | progresser | fare progressi | to get better at doing something, or get closer to finishing or achieving something | Her teacher says she's making good progress in German. |
| do research | v phr | ,du: rɪ'sɜ:tʃ | forschen, recherchieren | faire des recherches | fare ricerca | to seriously study a subject, in order to discover new facts or test new ideas | They are planning to do research into the genetic causes of the disease. |
| make an effort | v phr | ,meɪk ən 'efət | sich bemühen | faire un effort | fare uno sforzo | to try | She made an effort to change the subject of the conversation. |
| do more exercise | v phr | ,du: mɔ:r 'eksəsəz | mehr Sport treiben | faire davantage d'exercice physique | praticare più sport | to do more physical activities in order to stay healthy and become stronger | Most people need to do more exercise. |
| Lesson 2B | | | | | | | |
| formal clothes | n phr | ,fɔ:məl 'kləʊðz, 'kləʊz | formelle Kleidung | vêtements formels | abiti formali | smart clothing such as a suit, specified as correct by a place of work, a school, etc. | We only have to wear formal clothes to the office if we have a business meeting. |
| union member | n phr | 'ju:njən ,membə | Gewerkschaftsmitglied | membre du syndicat | membro del sindacato | someone who belongs to an organisation formed by workers to protect their rights | Union members are entitled to health insurance discounts. |
| first aid course | n phr | ,fɜ:st 'eɪd kɔ:s | Erste-Hilfe-Kurs | cours de premiers soins | corso di primo soccorso | a series of lessons that teach simple medical treatment that is given as soon as possible to someone who is injured or who suddenly becomes ill | Tom knew what to do because he had attended a first aid course at school. |
| health and safety rules | n phr | ,helθ ən 'seɪftɪ ,ru:lz | Arbeitsschutzvorschriften | règles de santé et de sécurité | regole sulla salute e sicurezza | official instructions that say how things must be done to comply with an area of government and law concerned with people's health and safety, especially at work | The health and safety rules state that all electrical appliances must be checked every year. |
| take time off | v phr | ,teɪk taɪm 'ɒf | sich freinehmen | prendre un congé | prendersi dei giorni liberi | to be absent from work when you are officially allowed not to be at work or studying | Have you ever had to take time off for health reasons? |

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|------------------------|-------|---------------------------|---------------------------------------|----------------------------|----------------------------------|---|---|
| flexible working hours | n phr | 'fleksəbl 'wɜ:kɪŋ ,aʊəz | flexible Arbeitszeiten | horaires flexibles | orario flessibile | used to describe a system where the time that people spend doing their job can change or be changed easily to suit any new situation | Many parents of young children prefer flexible working hours. |
| building site | n phr | 'bɪldɪŋ ,saɪt | Baustelle | chantier | cantiere | a place where a house, factory, etc. is being built | We warned the children not to play near the building site. |
| night shift | n phr | 'naɪt ʃɪft | Nachtschicht | équipe/shift de nuit | turno di notte | a period of time at night when people regularly work, especially in a factory | I haven't seen much of Jessica because she's on the night shift this week. |
| union representative | n phr | 'ju:njən ,reprɛ 'zentətɪv | Gewerkschaftsvertreter | représentant syndical | rappresentante sindacale | someone who speaks or acts on behalf of other workers, in an organisation formed by workers to protect their rights | If you have a complaint, you should speak to your union representative first. |
| strict policy | n phr | 'strikt 'pɒləsi | strenge Vorschriften | politique stricte | politica rigorosa | a policy is a way of doing something that has been officially agreed and chosen by an organisation; if a policy is strict, you must follow its rules | The company has adopted a strict no-smoking policy. |
| casual dress | n phr | 'kæʒuəl 'dres | Freizeitkleidung, informelle Kleidung | tenue décontractée | abbigliamento casual | clothes which are not formal | You can wear casual dress at the conference, so I'm not packing a suit or tie. |
| fire drill | n phr | 'faɪə drɪl | Feuerübung | exercice d'incendie | esercitazione antincendio | an occasion when people pretend that a building is burning and practise leaving it, so that they learn what to do if there is a real fire | The school carries out a fire drill once a term. |
| Lesson 2B VB | | | | | | | |
| practice drill | n phr | 'præktɪs ,drɪl | Notfallübung | exercice de sécurité | esercitazione d'emergenza | an occasion when people practise what they should do in a dangerous situation such as a fire | We should have a practice drill so that nursing staff know what to do if the power fails. |
| union member | n phr | 'ju:njən ,membə | Gewerkschaftsmitglied | syndiqué | membro del sindacato | someone who belongs to an organisation formed by workers to protect their rights | Eighty per cent of union members took part in last Friday's industrial action. |
| department store | n phr | dɪ'pɑ:tmənt ,stɔ: | Kaufhaus | grand magasin | grande magazzino | a large shop that is divided into separate departments, each selling a different type of goods | Several department stores have closed because online shopping is becoming more popular. |
| pay rise | n phr | 'peɪ raɪz | Gehaltserhöhung | augmentation de salaire | aumento di stipendio | an increase in the amount of money you are paid for doing your job | Some company directors have awarded themselves huge pay rises. |
| work experience | n phr | 'wɜ:k ɪk ,spɪəriəns | Arbeiterfahrung | expérience professionnelle | esperienza lavorativa | the experience you have had of working in a particular type of job | She's well qualified but has no relevant work experience. |
| job security | n phr | 'dʒɒb sɪ ,kjʊərəti | Arbeitsplatzsicherheit | sécurité de l'emploi | certezza del posto di lavoro | how permanent your job is likely to be | As an actor, he has very little job security. |
| sales targets | n phr | 'seɪlz ,tɑ:gɪts | Verkaufsziele | objectifs de vente | obiettivi di vendita | the total number of sales that a company, a department or an individual is trying to achieve | The European branch has had to lower its sales targets because of the disruption to air travel. |
| health insurance | n phr | 'helθ ɪn ,fʊərəns | Krankenversicherung | assurance maladie | assicurazione sanitaria | an arrangement with a company in which you pay them money, especially regularly, and they pay the costs if you become ill or have an accident | Now that he's a father, Callum has decided to take out health insurance. |
| pension scheme | n phr | 'penʃn ski:m | Altersversorgung | plan épargne retraite | pensione di vecchiaia | an arrangement in which you pay money regularly into a fund while you are working, so that you will receive an amount of money paid regularly by the government or company when you reach the age when people stop working or because you are ill | She pays a quarter of her salary into a pension scheme. |
| fashion industry | n phr | 'fæʃn ,ɪndəstri | Modeindustrie | industrie de la mode | industria della moda | the business or study of making and selling clothes, shoes, etc. in new and changing styles | London is the centre of the British fashion industry. |
| job market | n phr | 'dʒɒb ,mɑ:kɪt | Arbeitsmarkt | marché du travail | mercato del lavoro | the people looking for work, and the number of jobs that are available | The job market has been badly hit by the recession. |
| company car | n phr | 'kʌmpəni 'kɑ: | Firmenwagen | voiture de société | auto aziendale, auto della ditta | a car that your employer gives you while you work for them | If I get this promotion, it will include a company car. |

| Lesson 2C | | | | | | | |
|--------------------------------|---------|-------------------------------|------------------------------------|---------------------------------|------------------------------------|---|--|
| watch over someone | phr v | ,wɒtʃ 'əʊvə ,sʌmwʌn | jmd beschützen | protéger qn | proteggere qn | to protect someone so that they are not harmed | There must have been an angel watching over me that day. |
| good manners | n phr | ,gʊd 'mæneɪz | gute Manieren | bonnes manières | buone maniere | polite ways of behaving in social situations | It's good manners to open the door for someone who is carrying something. |
| let | v | let | lassen, erlauben | laisser, permettre | lasciare, permettere | to allow (someone to do something) | I can't come out tonight – my dad won't let me. |
| in authority | adj phr | ɪn ɔ: 'θɒrəti | zuständig, mit Befugnis | autorisé, en pouvoir | autorizzato, competente | if someone is in authority, they have a position of power | The whole area is at risk of flooding: I need to speak to someone in authority. |
| get into trouble | v phr | ,get ɪntə 'trʌbl | in Schwierigkeiten geraten | s'attirer des ennuis | finire nei guai | if someone gets into trouble, they get into a situation with a lot of problems | Oliver's fallen in the river again! That boy is always getting into trouble. |
| control | v | kən 'trəʊl | kontrollieren | contrôler, diriger | controllare | to make (someone or something) do what you want, or make something happen in the way that you want | Police had to be called in to control the crowds. |
| feel free | v phr | ,fi:l 'fri: | nicht zögern, etwas zu tun | n'hésiter pas à faire | sentirsi liberi, non esitare | used to tell someone that they can do something if they want to | Feel free to ask questions. |
| force | v | fɔ:s | zwingen | forcer | costringere | to make (someone) do something they do not want to do | The drought forced millions of farmers to sell their cattle. |
| experience difficulties | v phr | ɪk spɪəriəns ,dɪfɪkltɪz | Schwierigkeiten haben | rencontrer des difficultés | incontrare difficoltà | if you experience a difficulty, a problem happens to you or affects you | Many elderly people will experience difficulties as the result of retirement. |
| make arrangements | v phr | ,meɪk ə 'reɪndʒmənts | Vorbereitungen treffen | prendre des dispositions | fare preparativi | to plan and prepare so that something can happen | They have been making arrangements for their wedding for over two years. |
| entertain yourself | v phr | ,entə 'teɪn jə ,self | sich beschäftigen | s'occuper | tenersi occupato | to amuse or interest yourself in a way that gives you pleasure | I need to go to work for a couple of hours. Are you happy to entertain yourself? |
| complicated | adj | 'kɒmplɪkətɪd | kompliziert | compliqué | complicato, complesso | difficult to understand or deal with, because many parts or details are involved | For young children, getting dressed is a complicated business. |
| Lesson 3 | | | | | | | |
| Lesson 3A | | | | | | | |
| climb to the top of something | v phr | ,klaɪm tə ðə 'tɒp əv ,sʌmθɪŋ | zur Spitze von etwas klettern | grimper au sommet de qc | arrampicarsi in cima | to move up to the highest point of something using your feet and hands, especially when this is difficult to do | We climbed five hundred steps to the top of the tower. |
| guided tour | n phr | ,gaɪdəd 'tʊə | Führung | visite guidée | visita guidata | if someone takes you on a guided tour, they show you around a place of interest and tell you all about it | You will be taken on a guided tour of the palace. |
| coach tour | n phr | 'kəʊtʃ tʊə | Busreise | voyage en bus | viaggio in pullman, viaggio in bus | a journey for pleasure, during which you visit several different towns, areas, etc. in a bus with comfortable seats | My grandparents are on a coach tour in New Zealand. |
| walking tour | n phr | 'wɔ:kɪŋ tʊə | Wanderung | promenade à pied | tour a piedi | a holiday on which you walk a lot, especially in the countryside | We are planning a walking tour in Norway this summer. |
| restore | v | rɪ 'sto: | restaurieren | restaurer | restaurare | to repair (an old building, piece of furniture or painting, etc.) so that it is in its original condition | The church was carefully restored after the war. |
| ancient | adj | 'eɪnʃnt | alt, antik | ancien | antico | belonging to a time long ago in history, especially thousands of years ago | We visited an ancient temple in the forest. |
| remains | n | rɪ 'meɪnz | Ruinen, Reste | vestiges | rovine, resti | the parts of something that are left after the rest has been destroyed or has disappeared | You can still see the remains of the Roman settlement. |
| have a great view of something | v phr | hæv ə ,greɪt 'vju: əv ,sʌmθɪŋ | einen tollen Blick auf etwas haben | avoir une magnifique vue sur qc | avere un panorama fantastico di qc | to be able to see a whole area well from somewhere, especially when it is very beautiful or impressive | We had a great view of Edinburgh from the top of the hill. |
| steep | adj | sti:p | steil | raide | ripido | a road, hill, etc. that is steep slopes at a high angle | The road became rocky and steep. |
| Lesson 3B | | | | | | | |

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|---------------------------------|-------|------------------------------------|----------------------------------|------------------------------------|--|--|--|
| global | adj | 'gləʊbl | global, weltweit | global | globale, mondiale | affecting or including the whole world | The financial crisis in 2008 affected the global economy. |
| birth rate | n phr | 'bɜ:θ reɪt | Geburtenrate | taux de natalité | tasso di natalità | the number of births for every 100 or every 1,000 people in a particular year in a particular place | The country's birth rate has decreased dramatically. |
| be at risk of doing something | v phr | bi ət ,rɪsk əv 'du:ɪŋ ,sʌmθɪŋ | gefährdet sein, etwas zu tun | risquer qc | essere a rischio di fare qc | to be in a situation where you may be harmed | Their children are also at risk of developing the disease. |
| research into something | n phr | ri: 'sɜ:tʃ ɪntə ,sʌmθɪŋ, 'ri:sɜ:tʃ | etwas erforschen | faire des recherches sur/dans qc | realizzare ricerche su qc | serious study of a subject, in order to discover new facts or test new ideas | The charity funds research into the causes of cancer. |
| cause | v | kɔ:z | verursachen | causer | causare | to make something happen, especially something bad | Scientists are trying to find out what causes the disease. |
| invest in something | v phr | ɪn'vest ɪn ,sʌmθɪŋ | in etwas investieren | investir dans qc | investire in qc | if a government, business or organisation invests in something, they spend a large amount of money to improve it or help it succeed | The city has invested millions of dollars in the museum. |
| predict | v | prɪ'dɪkt | vorhersagen | prédire | predire | to say that something will happen, before it happens | Scientists are trying to predict what the Amazon will look like in 20 years' time. |
| solar power | n phr | 'səʊlə ,paʊə | Solarstrom | énergie solaire | energia solare | energy created using the power of the sun's light and heat | The Mars rover operates using solar power. |
| find a cure for something | v phr | ,faɪnd ə 'kjʊə fə ,sʌmθɪŋ | ein Mittel gegen etwas finden | trouver un remède contre qc | trovare una cura per qc | to discover or create a medicine or medical treatment that makes an illness go away | Scientists are still hoping to find a cure for the common cold. |
| cancer cells | n pl | 'kænsə selz | Krebszellen | cellules cancéreuses | cellule cancerose | cells in the body which start to grow in a way that is not normal because of a serious disease | Chemotherapy is treatment with drugs that destroy cancer cells. |
| change | n | tʃeɪndʒ | Veränderung | changement | cambiamento | a situation in which someone or something becomes different, or the act of making something different | Reducing waste requires a fundamental change in attitude. |
| earthquake | n | 'ɜ:θkweɪk | Erdbeben | tremblement de terre | terremoto | a sudden shaking of the Earth's surface that often causes a lot of damage | San Francisco was destroyed by the great earthquake of 1906. |
| be affected by something | v phr | bi ə'fektɪd baɪ ,sʌmθɪŋ | betroffen sein von etwas | être touché par | essere turbato da qc | to feel strong emotions caused by something specific | We were all deeply affected by her death. |
| identify | v | aɪ'dentɪfaɪ | identifizieren | identifier | identificare | to recognise something or discover exactly what it is, what its nature or origin is, etc. | Scientists have identified the gene that causes abnormal growth. |
| gene | n | dʒi:n | Gen | gène | gene | a part of a cell in a living thing that controls what it looks like, how it grows, and how it develops. People get their genes from their parents. | Identical twins have the same genes. |
| source | n | sɔ:s | Quelle, Lieferant | source | fonte | a thing, place, activity, etc. that you get something from | Beans are a very good source of protein. |
| fall steadily | v phr | ,fɔ:l 'stedəli | kontinuierlich fallen | diminuer régulièrement | scendere continuamente | to go down gradually and continually to a lower level, amount, price, etc., especially a much lower one | The value of the company's exports has fallen steadily. |
| increase dramatically | v phr | ɪn ,kri:s drə'mætɪkli | dramatisch ansteigen | augmenter de manière spectaculaire | aumentare drammaticamente, crescere in modo drammatico | if something increases dramatically, it becomes bigger in amount, number or degree, in a great and sudden way | The population increased dramatically in the first half of the century. |
| run out of something | v phr | ,rʌn 'aʊt əv ,sʌmθɪŋ | nicht mehr haben, knapp werden | se trouver à court de qc | essere senza, esaurirsi | to use all of something and not have any more left | They ran out of money and had to abandon the project. |
| Lesson 3B VB | | | | | | | |
| apologise for something | v phr | ə'pɒlədʒaɪz fə ,sʌmθɪŋ | sich für etw entschuldigen | s'excuser pour qc | scusarsi per qc | to tell someone that you are sorry that you have done something wrong | I apologise for losing my temper. |
| approve of someone or something | v phr | ə'pru:v əv ,sʌmwʌn, ,sʌmθɪŋ | jmd oder etw gutheißen, billigen | apprécier qn ou qc | approvare qn o qc, trovare giusto | to think that someone or something is good, right or suitable | I approve of the decision to give the money to charity. |
| believe in something | v phr | bi'li:v ɪn ,sʌmθɪŋ | an etwas glauben | croire en qc | credere a qc | to think that something is effective or right | The school believes in letting children learn at their own pace. |
| care for someone or something | v phr | 'keə fə ,sʌmwʌn, ,sʌmθɪŋ | sich um jmd oder etw kümmern | prendre soin de qn ou qc | prendersi cura di qn o qc | to look after someone or an animal that is not able to look after themselves | He thanked the nurses who had cared for him. |

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| comment on someone or something | v phr | 'kɒmənt ɒn ,sʌmʍʌn, ,sʌmθɪŋ | jmd oder etw kommentieren | commenter qc | commentare su qn o qc | to express an opinion about someone or something | The minister said he would prefer not to comment on the accident until he knew more details. |
| concentrate on something | v phr | 'kɒnsəntreɪt ɒn ,sʌmθɪŋ | sich auf etw konzentrieren | se concentrer sur | concentrarsi su qc | to think very carefully about something that you are doing | I'm trying to concentrate on my work. |
| congratulate someone on something | v phr | kən'grætʃəleɪt ,sʌmʍʌn ɒn ,sʌmθɪŋ | jmd zu etw gratulieren | féliciter qn pour qc | congratularsi con qn per qc | to tell someone that you are happy because they have achieved something or because something nice has happened to them | She congratulated me warmly on my exam results. |
| consist of something | v phr | kən'sɪst əv ,sʌmθɪŋ | aus etw bestehen | consister en | consistere di qc | to be formed from two or more things or people | The audience consisted mainly of teenagers. |
| contribute to something | v phr | kən'trɪbjʊ:t tə ,sʌmθɪŋ | zu etw beitragen | contribuer à | contribuire a qc | to give (money, help, ideas, etc.) to something that a lot of other people are also involved in | The volunteers contribute their own time to the project. |
| depend on something | v phr | dɪ'pend ɒn ,sʌmθɪŋ | von etw abhängen | dépendre de qc | dipendere da qc | if something depends on something else, it is directly affected or decided by that thing | Choosing the right bike depends on what you want to use it for. |
| invest in something | v phr | ɪn'vest ɪn ,sʌmθɪŋ | in etw investieren | investir dans qc | investire in qc | if a government, business or organisation invests in something, they spend a large amount of money to improve it or help it succeed | He invested £50,000 in his brother's business. |
| participate in something | v phr | pɑ:'tɪsəpeɪt ɪn ,sʌmθɪŋ | an etw teilnehmen | participer à | partecipare a qc | to take part in an activity or event | The people should have the right to participate in discussions about their future. |
| refer to something | v phr | rɪ'fɜ:t tə ,sʌmθɪŋ | etw ansprechen, sich auf etw beziehen | faire référence à | accennare a qc, riferirsi a qc | to mention or speak about something | We agreed never to refer to the matter again. |
| respond to something | v phr | rɪ'spɒnd tə ,sʌmθɪŋ | auf etw antworten | répondre à qc | rispondere a qc | to say or write something as a reply | Dave didn't respond to any of her emails. |
| succeed in something | v phr | sək'sɪ:d ɪn ,sʌmθɪŋ | mit etw Erfolg haben | réussir dans qc | avere successo in qc | to do what you tried or wanted to do | She succeeded in persuading him. |
| suffer from something | v phr | 'sʌfə frəm ,sʌmθɪŋ | an etw leiden | souffrir de qc | soffrire di qc | to have a particular disease or medical condition, especially for a long time | The writer suffered from ill health for most of his life. |
| Lesson 3C | | | | | | | |
| access healthcare | v phr | ækkses 'helθkeə | medizinische Versorgung erhalten | avoir accès aux soins | accedere ai servizi sanitari | to be able to take advantage of the services that are provided for looking after people's health | An ageing population requires greater ease in accessing healthcare. |
| swear | v phr | sweə | fluchen | jurer | bestemmiare | to use rude and offensive language | Don't swear in front of the children. |
| personal space | n | ˌpɜ:snəl 'speɪs | persönliche Sphäre | espace personnel | spazio personale | the distance that you like to keep between you and other people in order to feel comfortable, for example when you are talking to someone or travelling on a bus or train | She objected to this invasion of her personal space. |
| let someone off something | v phr | ˌlet sʌmʍʌn 'ɒf ,sʌmθɪŋ | jmd aus etw aussteigen lassen | laisser qn descendre de qc | far scendere qn da qc | if you let someone off something, you allow them to get off a vehicle, etc. before you get off or on it yourself | We stood aside to let a mother and her children off the bus. |
| no charge for doing something | n phr | nəʊ ,tʃɑ:dʒ fə 'du:ɪŋ ,sʌmθɪŋ | keine Kosten für etw | gratuit, pas de frais pour | nessun costo per fare qc | if there is no charge, you do not have to pay any money for goods or services | There is no charge for using the swimming pool. |
| in return | v phr | ɪn rɪ'tʌ:n | als Gegenleistung | en échange | in cambio | as payment or reward (for something) | He is always helping people without expecting anything in return. |
| pay a fine | v phr | peɪ ə 'faɪn | eine Geldstrafe zahlen | payer une amende | pagare una multa | to pay money that you have to pay as a punishment | You have to pay a £60 fine if you park there for more than two hours. |
| split the bill | v phr | ˌsplɪt ðə 'bɪl | die Rechnung teilen | partager la facture | dividere il conto | to divide the cost of a meal and share it between two or more people | I split the bill for Mum's birthday lunch with my two brothers. |
| show respect to someone | v phr | ˌʃəʊ rɪ'spekt tə ,sʌmʍʌn | jmd Respekt zeigen | montrer du respect pour qn | mostrare rispetto per qn | to act in a way that shows you believe that someone is important and should not be harmed, treated rudely, etc. | We were taught to show respect to older people. |
| respect someone's privacy | v phr | rɪ'spekt sʌmʍʌnz 'prɪvəsi, 'praɪ- | jmds Privatsphäre respektieren | respecter la vie privée de qn | rispettare la sfera privata di qn | not to invade someone's freedom from public attention | Show teenagers that you respect their privacy by knocking on their bedroom door. |

| Lesson 3C VB | | | | | | | |
|------------------------------------|---------|---------------------------------------|--------------------------------------|--|-----------------------------------|--|---|
| bring the price down | v phr | ˌbrɪŋ ðə ˈpraɪs ˌdaʊn | die Kosten senken | baisser les prix | abbassare i costi | to reduce the cost of (something) | The car manufacturer hopes the new technology will help to bring prices down. |
| ask how much someone earns | v phr | ˌɑːsk haʊ ˌmʌtʃ ˌsʌmwʌn ˈɜːnz | fragen, wie viel jmd verdient | demander combien qn gagne | chiedere quanto qn guadagna | to ask how much money someone receives for the work that they do | In many cultures it is considered rude to ask how much someone earns. |
| hold hands | v phr | ˌhəʊld ˈhændz | Händchen halten | se tenir la main | tenersi per mano | to have another person's hand in one of yours, for a period of time, usually as a sign of affection | Joanne and Kevin held hands on the sofa. |
| in public | adv phr | ɪn ˈpʌblɪk | in der Öffentlichkeit | en public | in pubblico | if you do something in public, you do it where anyone can see | In some countries, men and women are not allowed to show affection to each other in public. |
| open a present in front of someone | v phr | ˌəʊpən ə ˌpreznt ɪn ˈfrʌnt əv ˌsʌmwʌn | ein Geschenk vor jmd öffnen | déballer un cadeau devant les yeux de qn | aprire un regalo davanti a qn | to remove the wrapping from a gift where someone else can see you | They opened their wedding presents in front of all their guests. |
| wait for everyone to be served | v phr | ˌweɪt fɔː ˌevriwʌn tə bi ˈsɜːvd | warten, bis jeder sein Essen hat | attendre jusqu'à ce que tout le monde soit servi | attendere che tutti siano serviti | to wait until everyone has a plate of food and is ready to start eating | Wait for everyone to be served, then you can start eating your pizza. |
| shake hands | v phr | ˌʃeɪk ˈhændz | Hände schütteln, sich die Hand geben | serrer la main | stringersi la mano, darsi la mano | to move someone's hand up and down with your own hand as a greeting or as a sign you have agreed something | We shook hands at the beginning of the interview. |
| blow your nose | v phr | ˌbləʊ jə ˈnəʊz | sich die Nase putzen | se moucher | soffiarsi il naso | to clean your nose by forcing air through it into a cloth or a piece of soft paper | Amy finally stopped crying and blew her nose. |
| Lesson 4 | | | | | | | |
| Lesson 4A | | | | | | | |
| crash | v | kræʃ | abstürzen | avoir un accident, percuter | schiantarsi | to have an accident in a car, plane, etc. by violently hitting something else | The plane crashed into a mountain. |
| cause damage | v phr | ˌkɔːz ˈdæmɪdʒ | Schaden verursachen | causer des dommages | causare danni | to do physical harm to something so that it is broken | These chemicals have been found to cause serious environmental damage. |
| mix up | phr v | ˌmɪks ˈʌp | verwechseln | confondre | scambiare | to make the mistake of thinking that someone or something is another person or thing | I must have mixed up the times. |
| turn up | phr v | ˌtɜːn ˈʌp | auftauchen | venir, arriver | comparire | to arrive at a place, especially in a way that is unexpected | You can't just turn up and expect a meal. |
| tick | v | tɪk | ankreuzen, abhaken | cocher | segnare con una croce, spuntare | to mark a test, list of questions, etc. with a tick (✓), in order to show that something is correct, to choose something, etc. | Tick the description that best fits you. |
| charge | v | tʃɑːdʒ | berechnen, in Rechnung stellen | faire payer | far pagare, mettere in conto | to ask (someone) for a particular amount of money for something you are selling | The restaurant charged us £120 for the meal. |
| measure | v | ˈmeɪʒə | messen | mesurer | misurare | to find the size, length or amount of (something), using standard units such as millimetres, metres, etc. | Measure the length of the room so that we can buy the right size of sofa. |
| fit | v | fɪt | passen | aller à | confarsi, essere adatto | if something fits in a place, it is the right size or shape to go there | I couldn't find a key that fitted the lock. |
| forget | v | fəˈɡet | vergessen | oublier | dimenticare, dimenticarsi | to not remember (to do something that you should do) | Someone's forgotten to turn off their headlights. |
| catch fire | v phr | ˌkætʃ ˈfaɪə | in Brand geraten | prendre feu | prendere fuoco | if something catches fire, it starts to burn accidentally | The boat caught fire and sank. |
| press | v | pres | drücken | appuyer | premere | to push (a button, switch, etc.) to make a machine start, a bell ring, etc. | Press control, alt, delete to log on to the computer. |
| go out | phr v | ɡəʊ ˈaʊt | rausgehen, versendet werden | être envoyé | essere inviato | to be sent | The magazine goes out to all members at the end of the month. |
| knock over | v phr | ˌnɒk ˈəʊvə | umstoßen | renverser, faire tomber | rovesciare, far cadere | to hit (something) with a short quick action so that it falls | At that moment, Sally knocked over her cup of tea. |
| spill | v | spɪl | verschütten | renverser, faire tomber | versare | if you spill a liquid, or if it spills, it accidentally flows over the edge of a container | Oh no! I've spilt coffee all down my shirt! |
| slip | v | slɪp | ausrutschen | glisser | scivolare | if a knife or other tool slips, it moves so that it accidentally cuts the wrong thing | The knife slipped and cut his finger. |

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|---------------------|-------|---------------------|--------------------------------|----------------------------------|---------------------------|---|--|
| go into | v phr | gəʊ 'ɪntə | eindringen in | pénétrer dans | entrare | to enter | The nail went into his foot. |
| leave something on | v phr | ˌli:v sʌmθɪŋ 'ɒn | etwas anlassen | laisser allumé | lasciare qc acceso | to let something remain in a particular state, position or condition | You've left your lights on. |
| flood | v | fɪʌd | überschwemmt werden | être inondé | inondare, essere inondato | to cover (a place) with water, or to become covered with water | The houses down by the river flood quite regularly. |
| slip | v | sɪɪp | ausrutschen | glisser | scivolare | to slide a short distance accidentally, and fall or lose your balance slightly | Wright slipped but managed to keep hold of the ball. |
| fall down | v phr | ˌfɔ:l 'daʊn | hinunterfallen | tomber | cadere giù | to move or drop down from a higher position to a lower position | Rob fell down the stairs. |
| Lesson 4A VB | | | | | | | |
| export | n | 'eksɔ:t | Export, Ausfuhr | exportation | esportazione | a product that is sold to another country | Wheat is one of the country's main exports. |
| export | v | ɪk'spɔ:t | exportieren | exporter | esportare | to sell (goods) to another country | The company exports tuna to the US. |
| flood | n | fɪʌd | Hochwasser | inondation | alluvione | a very large amount of water that covers an area that is usually dry | The village was cut off by floods. |
| flood | v | fɪʌd | überschwemmt werden | être inondé | essere allagato | to cover a place with water, or to become covered with water | The houses down by the river flood quite regularly. |
| object | n | 'ɒbdʒɪkt | Gegenstand, Objekt | objet | oggetto | a solid thing that you can hold, touch or see but that is not alive | The artist sometimes paints using an everyday object such as a fork. |
| object | v | əb'dʒekt | etwas dagegen haben | objecter, protester | obiettare | to feel or say that you oppose or disapprove of something | If no one objects, I would like Mrs Harrison to be present. |
| present | n | 'preznt | Geschenk | cadeau | regalo | something you give someone on a special occasion or to thank them for something | I'm looking for a present for Mark. |
| present | v | prɪ'zent | übergeben, überreichen | remettre, offrir | consegnare | to give (something to someone), for example at a formal or official occasion | She was presented with an award. |
| promise | n | 'prɒmɪs | Versprechen | promesse | promessa | a statement that you will definitely do or provide something or that something will definitely happen | She made a promise to visit them once a month. |
| promise | v | 'prɒmɪs | versprechen | promettre | promettere | to tell someone that you will definitely do or provide something or that something will happen | You promised me the car would be ready on Monday. |
| protest | n | 'prəʊtest | Protest | protestation | protesta | something that you do to show publicly that you think that something is wrong and unfair, for example taking part in big public meetings, refusing to work, or refusing to buy a company's products | The announcement led to widespread public protests. |
| protest | v | prə'test | protestieren | protester | protestare | to come together to publicly express disapproval or opposition to something | Drivers blocked roads around the capital to protest about the rising cost of fuel. |
| research | n | rɪ'sɜ:tʃ, 'ri:sɜ:tʃ | Forschung | recherche | ricerca | serious study of a subject, in order to discover new facts or test new ideas | Our conclusions are based on scientific research. |
| research | v | rɪ'sɜ:tʃ | forschen | rechercher, faire des recherches | investigare | to study (a subject) in detail, especially in order to discover new facts or test new ideas | She's been researching into the history of the area. |
| trust | n | trʌst | Vertrauen | confiance | fiducia | a strong belief in the honesty, goodness, etc. of someone or something | Children at this age have complete trust in their parents. |
| trust | v | trʌst | trauen, vertrauen | faire confiance | fidarsi | to believe that (someone or something) is good or reliable | I would never trust him to keep a secret. |
| challenge | n | 'tʃæləndʒ | Herausforderung | défi | sfida | something that tests strength, skill or ability, especially in a way that is interesting | Our biggest challenge is finding the money. |
| challenge | v | 'tʃæləndʒ | herausfordern, infrage stellen | défier qn, contester qc | sfidare | to question whether (something) is right, fair or legal, or question whether (someone) has the authority to do something | They challenged the claim that carbon dioxide emissions contributed to global warming. |
| control | n | kən'trəʊl | Kontrolle | contrôle | controllo | the ability or power to make someone or something do what you want or make something happen in the way you want | I am against government control of the media. |

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|---------------------|---------|-----------------------|---------------------------------------|--------------------------|------------------------------------|---|---|
| control | v | kən'trəʊl | kontrollieren | contrôler | controllare | to have the power to make the decisions about how (a country, place, company, etc.) is organised or what it does | The oil industry was controlled by five multinational companies. |
| increase | n | 'ɪnkri:s | Zuwachs, Steigerung | augmentation, croissance | incremento, aumento | a rise in amount, number or degree | There has been a great increase in air traffic in the last 20 years. |
| increase | v | ɪn'kri:s | wachsen, sich steigern, zunehmen | augmenter | incrementarsi, aumentare, crescere | if you increase something, or if it increases, it becomes bigger in size, number or amount | The number of students is expected to increase significantly over the next few years. |
| refund | n | 'ri:fʌnd | Rückerstattung | remboursement | rimborso | an amount of money that is given back to you if you are not satisfied with the goods or services that you have paid for | Return your purchase within 14 days for a full refund. |
| refund | v | rɪ'fʌnd | zurückzahlen, zurückerstatten | rembourser | rimborsare | to give someone (their money) back, especially because they are not satisfied with the goods or services they have paid for | I took the radio back, and they refunded my money. |
| struggle | n | 'strʌgl | Kampf | lutte | lotta | a long hard fight to get freedom, political rights, etc. | Her life has been a constant struggle against illness. |
| struggle | v | 'strʌgl | kämpfen, sich abrackern, sich abmühen | lutter | lottare, affaticarsi, sfinirsi | to try extremely hard to achieve something, even though it is very difficult | She's struggling to bring up a family alone. |
| update | n | 'ʌpdeɪt | Update, Aktualisierung | mise à jour | aggiornamento | a change or addition to a computer file so that it has the most recent information | The program sends an alert when there is an update available. |
| update | v | ʌp'deɪt | updaten, aktualisieren | mettre à jour | aggiornare | to add the most recent information to (something) | The files need updating. |
| Lesson 4B | | | | | | | |
| worth | adj | wɜ:θ | im Wert von, wert | d'une valeur de | dal valore di | having a value in money | The thieves stole pictures worth £50,000. |
| badly hurt | adj phr | 'bædli 'hɜ:t | schwer verletzt | gravement blessé | gravemente ferito | suffering considerable pain or injury | Fortunately, no one was badly hurt in the incident. |
| emergency services | n pl | ɪ'mɜ:dʒɪnsɪ 'sɜ:vɪsəz | Notfalldienst | service d'urgence | servizio di emergenza | official organisations such as the police or the fire service, that deal with crime, fires and injuries | The emergency services acted promptly to assist the victims and evacuate the area. |
| criminal | n | 'krɪmɪnl | Krimineller, Verbrecher | criminel | criminale, malvivente | someone who is involved in illegal activities or has been proved guilty of a crime | Police have described the man as a violent and dangerous criminal. |
| jail | n | dʒeɪl | Gefängnis | prison | prigione | a place where criminals are kept as part of their punishment, or where people who have been charged with a crime are kept before they are judged in a law court | Griffiths spent three days in jail after pushing a policeman. |
| trap | v | træp | abfangen, in eine Falle locken | piéger | bloccare, incastrare | to catch (someone) by forcing them into a place from which they cannot escape | The police trapped the terrorists at a roadblock. |
| thief | n | θi:f | Dieb | voleur | ladro | someone who steals things from another person or place | Car thieves are operating in this area. |
| lock someone inside | v phr | 'lɒk sʌmwʌn ɪn'saɪd | jmd einschließen in | enfermer qn dans | chiudere dentro qn | to prevent someone from leaving a room or building by locking the door | They locked the director inside his office. |
| report | v | rɪ'pɔ:t | melden, zur Anzeige bringen | signaler | denunciare | to tell the police or someone in authority that (an accident or crime) has happened | I'd like to report a theft. |
| criminal gang | n phr | 'krɪmɪnl 'gæŋ | Verbrecherbande | organisation criminelle | banda di criminali | a group of criminals who work together | Criminal gangs have hijacked lorries. |
| make threats | v phr | 'meɪk 'θrets | drohen, Drohungen aussprechen | faire des menaces | minacciare, gettare minacce | to tell someone that you will cause them harm or trouble if they do not do what you want | Neighbours say that they heard Gardiner make threats against his wife. |
| attack | n | ə'tæk | Angriff | attaque | attacco | an act of violence that is intended to hurt a person or damage a place | Animal rights activists are believed to have carried out the bomb attack. |
| gang | n | gæŋ | Bande | gang, bande | banda | a group of young people who spend time together, and who are often involved in crime or drugs and who often fight against other groups | The parents have denied that their son is a gang member. |

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|------------------|-------|-----------------|--------------------------------|--------------------|------------------------------------|---|---|
| robber | n | 'rɒbə | Räuber | voleur | rapinatore, rapinatrice | someone who steals money or property | Armed robbers broke into the shop and demanded money from the till. |
| theft | n | θeft | Diebstahl | vol | furto | the crime of stealing, or an act of stealing | Northern Ireland had one of the highest levels of car theft in Europe. |
| trial | n | 'traɪəl | Prozess, Gerichtsverfahren | procès | processo, procedimento giudiziario | a legal process in which a judge and often a jury in a court of law examine information to decide whether someone is guilty of a crime | Taylor went on trial accused of fraud. |
| victim | n | 'vɪktɪm | Opfer | victime | vittima | someone who has been attacked, robbed or murdered | The credit card fraud ring stole millions of dollars from unsuspecting victims. |
| witness | n | 'wɪtnəs | Zeuge | témoïn | testimone | someone who sees a crime or an accident and can describe what happened | Police have appealed for witnesses to come forward. |
| arrest | v | ə'rest | festnehmen, verhaften | arrêter | arrestare | if the police arrest someone, the person is taken to a police station because the police think they have done something illegal | Five men were arrested in connection with the attack. |
| attack | v | ə'tæk | angreifen | attaquer | aggredire | to deliberately use violence to hurt (a person) or damage (a place) | She was attacked while walking home late at night. |
| break into | phr v | ,breɪk 'ɪntə | einbrechen in | s'introduire dans | forzare, entrare con la forza | to enter (a building or car) by using force, in order to steal something | Someone broke into my car and stole the radio. |
| claim | v | kleɪm | Forderungen einreichen bei | réclamer | reclamare | to officially demand or receive (money) from an organisation because you have a right to it | You can claim on the insurance if you have an accident while on holiday. |
| free | v | fri: | befreien, freilassen | libérer | liberare, rilasciare | to allow (someone) to leave prison or somewhere they have been kept as a prisoner | The terrorists have at last agreed to free the hostages. |
| get away | phr v | get ə'weɪ | fliehen | s'enfuir | fuggire | to escape from someone who is chasing you or trying to catch you | The three men got away in a stolen car. |
| Lesson 4C | | | | | | | |
| pay off a loan | v phr | ,peɪ ɒf ə 'ləʊn | einen Kredit zurückzahlen | rembourser un prêt | ripagare un prestito | to give someone all the money you owe them | It'll be years before we've paid off the loan. |
| sort out | phr v | ,sɔ:t 'aʊt | klären | résoudre, régler | chiarire | to successfully deal with (a problem or difficult situation) | I'll be glad to get this misunderstanding sorted out. |
| gear | n | gɪəz | Gang (Gangschaltung) | vitesse | cambio, marcia | the machinery in a vehicle such as a car, truck or bicycle that you use to go comfortably at different speeds | His mountain bike had 18 gears. |
| go | v | gəʊ | kaputtgehen | se casser | rompersi, andare | to stop working properly | The bulb's gone in the bathroom. |
| screen | n | skri:n | Bildschirm | écran | schermo | the part of a television, computer or mobile phone where the picture or information appears | The phone has a touch screen. |
| cracked | adj | krækt | gesprungen, zerbrochen | fêlé, fissuré | crepato | something that is cracked has one or more lines on the surface because it is damaged but not completely broken | The mirror was cracked and dirty. |
| guarantee | n | ,gæərən'ti: | Garantie | garantie | garanzia | a formal written promise to repair or replace a product if it breaks within a specific period of time | They offer a two-year guarantee on all their electrical goods. |
| refund | n | 'ri:fʌnd | Rückerstattung | remboursement | rimborso | an amount of money given back to someone if they are not satisfied with the goods or services that they have paid for | They refused to give me a refund. |
| free wifi | n phr | ,fri: 'waɪfaɪ | kostenloses WLAN | wifi gratuite | WiFi gratuito | a service which you do not have to pay for, which connects your computer or other electronic device to a network by using radio signals rather than wires | The hotel offers free wifi. |
| charge | v | tʃɑ:dʒ | berechnen, in Rechnung stellen | faire payer | far pagare, mettere in conto | to ask (someone) for (a particular amount of money) for something you are selling | Calls will be charged at 44p per minute. |

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|---------------------|-------|-------------------|------------------------------|-------------------------------|--|---|--|
| deal | n | di:l | Abmachung, Vereinbarung | accord | accordo | an agreement or arrangement, especially in business or politics, that helps both sides involved | We have negotiated a special deal with one of the world's leading car hire companies. |
| overcharge | v | ˌəʊvəˈtʃɑ:dʒ | zu viel berechnen | faire payer trop cher | far pagare troppo | to charge (someone) too much money for something | They were overcharged by the taxi driver. |
| delivery | n | dəˈlɪvri | Lieferung | livraison | consegna | the act of bringing goods, letters, etc. to a particular person or place, or the things that are brought | You can expect delivery in a week to ten days. |
| turn up | phr v | ˌtɜ:n ˈʌp | eintreffen, kommen | venir, arriver | giungere, arrivare | to arrive at a place, especially in a way that is unexpected | Steve turned up late, as usual. |
| fault | n | fɔ:lt | Defekt, Fehler, Mangel | défaut | difetto, errore | something that is wrong with a machine, system, design, etc., that prevents it from working properly | It sounds as if there's a fault in one of the loudspeakers. |
| take something back | phr v | ˌteɪk sʌmθɪŋ ˈbæk | zurückbringen | retourner | riportare indietro | to take something you have bought back to a shop because it is not suitable | If the shirt doesn't fit, take it back. |
| exchange | v | ɪksˈtʃeɪndʒ | umtauschen | échanger | cambiare | to give someone something and receive something different from them | If you are unhappy with the jacket, you can always take it back and exchange it for another one. |
| Lesson 4C VB | | | | | | | |
| underpaid | adj | ˌʌndəˈpeɪd | unterbezahlt | sous-payé | sottopagato | earning less money than you deserve for your work | Many workers on coffee plantations are underpaid. |
| undercooked | adj | ˌʌndəˈkʊkt | ungar, nicht gar | pas assez cuit | poco cotto, crudo | if meat, fish, vegetables, etc. are undercooked, they have not been cooked for long enough and are partly raw, too hard, etc. | Please tell the chef that this salmon is undercooked; it's still raw in the middle. |
| overpaid | adj | ˌəʊvəˈpeɪd | überbezahlt | surpayé | sovrapagato | given more money for a job than you deserve | People often complain that footballers are overpaid. |
| underdeveloped | adj | ˌʌndəˈdɛvɪˈvelept | unterentwickelt | sous-développé | sottosviluppato | used to refer to a country, area, etc. that is poor and where there is not much modern industry | Drones could be used to deliver medicines in underdeveloped countries. |
| overused | adj | ˌəʊvəˈju:zd | zu oft benutzt | abusé | troppo usato, abusato | used too much, especially so that something is not effective any more | Clichés are expressions that are overused and that become almost meaningless. |
| underachieve | v | ˌʌndərəˈtʃi:v | weniger leisten als erwartet | avoir des résultats médiocres | non realizzare le proprie potenzialità | to not do as well at school or at work as you could do if you worked harder | James underachieved at school but he performed much better at university, because he was more motivated. |
| overcharge | v | ˌəʊvəˈtʃɑ:dʒ | zu viel berechnen | faire payer trop cher | far pagare troppo | to charge (someone) too much money for something | That is the second time this month I've been overcharged for a train ticket. |
| underestimate | v | ˌʌndərˈestɪmeɪt | unterschätzen | sous-estimer | sottovalutare | to think or guess that something is smaller, cheaper, easier, etc. than it really is | We underestimated how long it would take to get there. |
| underused | adj | ˌʌndəˈju:zd | zu wenig benutzt | sous-utilisé | sottoutilizzato | something that is underused is not used as much as it could be | The mobile library service is underused and may be withdrawn. |
| overachieve | v | ˌəʊvərəˈtʃi:v | übererfüllen | surpasser les objectifs | dare risultati superiori alle attese | to do more or be more successful than people expect of you | People who overachieve in their 20s sometimes burn out in their 30s. |
| Lesson 5 | | | | | | | |
| Lesson 5A | | | | | | | |
| set up | phr v | ˌset ˈʌp | gründen | installer, ouvrir | avviare, fondare | to start (a company, organisation, committee, etc.) | They want to set up their own import-export business. |
| loss | n | lɒs | Verlust | perte | perdita | if a business makes a loss, it spends more than it earns | The company made a loss of \$250,000 last year. |
| break even | v phr | ˌbreɪk ˈi:v | eine schwarze Null schreiben | ne pas finir dans le rouge | essere pareggio | to neither make a profit nor lose money | We're hoping that we'll at least break even, and perhaps make a small profit. |
| wage | n | weɪdʒ | Gehalt | salaire | salario | money you earn that is paid according to the number of hours, days or weeks that you work | The wage increases will come into effect in June. |

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|---------------------|-------|----------------|--------------------------------------|---|--------------------------|--|--|
| profit | n | 'prɒfɪt | Gewinn, Profit | profit, bénéfice | utile, profitto | money that you gain by selling things or doing business, after your costs have been paid | She sold the business and bought a farm with the profits. |
| expand | v | ɪk'spænd | expandieren | se développer | espandersi | if a company, business, etc. expands, or if someone expands it, they open new shops, factories, etc. | The computer industry has expanded greatly over the last decade. |
| market | n | 'mɑ:kɪt | Markt | marché | mercato | a particular country or area where a company sells its goods or where a particular type of goods is sold | Our main overseas market is Japan. |
| export | v | ɪk'spɔ:t | exportieren | exporter | esportare | to sell (goods) to another country | The company exports bananas to the UK. |
| take over | phr v | 'teɪk 'əʊvə | übernehmen | prendre le relais, prendre le contrôle de | rilevare | to take control of something | His only reason for investing in the company was to take it over. |
| competitor | n | kəm'petɪtə | Konkurrent | concurrent | concorrente | a person, team, company, etc. that is competing with another | Last year they sold twice as many computers as their competitors. |
| field | n | fi:ld | Gebiet | domaine | settore | all the people, companies, products, etc. that are competing against each other | Germany was leading the field with a figure of 53%. |
| launch | v | lɔ:ntʃ | herausbringen, auf den Markt bringen | lancer | lanciare sul mercato | to make (a new product, book, etc.) available for sale for the first time | The company hopes to launch the new drug by next October. |
| Lesson 5A VB | | | | | | | |
| act | v | ækt | handeln | agir | agire | to do something in a particular way or for a particular reason | The UN must act now to restore democracy. |
| action | n | 'ækʃn | Maßnahme, Schritt | mesures | provvedimento | the process of doing something, especially in order to achieve a particular thing | The government must take action now to stop the rise in violent crime. |
| authorise | v | 'ɔ:θəraɪz | genehmigen | autoriser | autorizzare | to give official permission for (something) | The Council has authorised a huge housing development in the park. |
| authorisation | n | 'ɔ:θəraɪ'zeɪʃn | Genehmigung | autorisation | autorizzazione | official permission to do something, or the document giving this permission | You need special authorisation to park here. |
| compete | v | kəm'pi:t | konkurrieren | rivaliser | concorrere | if one company or country competes with another, it tries to get people to buy its goods or services rather than those available from another company or country | The company must be able to compete in the international marketplace. |
| competition | n | 'kɒmpə'tɪʃn | Wettbewerb | concurrence | competizione | a situation in which people or organisations try to be more successful than other people or organisations | This price reduction is due to competition among suppliers. |
| create | v | kri'eɪt | schaffen, verursachen | causer, créer | creare, causare | to make (something) exist that did not exist before | Her behaviour is creating a lot of problems. |
| creation | n | kri'eɪʃn | Erschaffung | création | creazione | the act of creating something | He was a key figure in the creation of a single European currency. |
| persuade | v | pə'sweɪd | überzeugen, überreden | convaincre, persuader | convincere, persuadere | to make (someone) decide to do something, especially by giving them reasons why they should do it, or asking them many times to do it | Do you think you can persuade him to lend us the money? |
| persuasion | n | pə'sweɪʒn | Überzeugung, Überredung | persuasion | persuasione | the act of persuading someone to do something | It had taken a great deal of persuasion to get him to accept. |
| Lesson 5B | | | | | | | |
| permission | n | pə'mɪʃn | Erlaubnis | permission | permesso | if you have permission to do something, you are officially allowed to do it | You'll have to get permission from your parents if you want to come. |
| go ahead | phr v | 'gəʊ ə'hed | zur Tat schreiten | y aller | andare avanti, procedere | to start to do something, especially after planning it or asking permission to do it | I went ahead and arranged the trip anyway. |
| date | n | deɪt | Verabredung, Treffen | rendez-vous | appuntamento, incontro | an occasion when you go out with someone that you like in a romantic way | I felt like a teenager going out on a first date. |
| come to nothing | v phr | 'kʌm tə 'nʌθɪŋ | nichts werden aus | n'aboutir à rien | non portare a niente | if a plan or action comes to nothing, it does not continue or does not achieve anything | Our holiday plans came to nothing because Sam's father fell ill. |

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|----------------------|-------|----------------------|--|--------------------------------|----------------------------|---|---|
| destination | n | destə'neɪʃn | Reiseziel, Ziel | destination | destinazione, meta | the place that someone or something is going to | Scotland is a popular destination for conferences. |
| change your mind | v phr | ˌtʃeɪndʒ jə 'maɪnd | sich umentscheiden | changer d'avis | cambiare idea | to change your decision, plan or opinion about something | I was afraid that Liz would change her mind and take me back home. |
| quit | v | kwɪt | verlassen, aufhören mit | quitter | abbandonare, lasciare | to leave (a job, school, etc.), especially without finishing it completely | I quit school at 16. |
| offer | v | 'ɒfə | anbieten | offrir | offrire | to ask someone if they would like to have (something), or to hold (something) out to them so that they can take it | They offered him a very good job, but he turned it down. |
| sort out | phr v | ˌsɔ:t 'aʊt | regeln, organisieren | régler, organiser | preparare, organizzare | to succeed in making arrangements for (something) | Have you sorted out where you're going to live yet? |
| ceremony | n | 'serəməni | Zeremonie, Feierlichkeit | cérémonie | cerimonia | an important social or religious event, when a traditional set of actions is performed in a formal way | We watched the opening ceremony of the Olympic Games on television. |
| get rid of | v phr | get 'rɪd əv | loswerden | se débarrasser de | sbarazzarsi | to throw away or destroy something you do not want any more | It's time we got rid of all these old toys. |
| possessions | n pl | pə'zefnɪz | Besitz | affaires, biens | averi | things that you own or have with you at a particular time | He had sold all his possessions and left the country. |
| struggle | v | 'strʌgl | kämpfen | lutter | lottare | to try extremely hard to achieve something, even though it is very difficult | Firms are struggling against a prolonged recession. |
| graduate | v | 'grædʒueɪt | einen Abschluss machen | obtenir une licence | laurearsi | to obtain a degree, especially a first degree, from a college or university | Kate graduated from medical school last year. |
| approve | v | ə'pru:v | zustimmen | apprécier | approvare | to officially accept (a plan, proposal, etc.) | The conference approved a proposal for a referendum. |
| Lesson 5C | | | | | | | |
| pressure | n | 'preʃə | Druck | pression | pressione | a way of working or living that causes you a lot of anxiety, especially because you feel you have too many things to do | I feel I'm not able to cope well with the pressures of life. |
| maintain discipline | v phr | meɪn'teɪn 'dɪsɪplɪn | Disziplin aufrechterhalten | maintenir la discipline | mantenere la disciplina | to make people obey the rules | A good teacher knows how to maintain discipline. |
| explore | v | ɪk'splɔ: | erkunden, entdecken | explorer | esplorare, scoprire | to travel around (an area) in order to find out about it | Venice is a wonderful city to explore. |
| succeed | v | sək'sɪ:d | Erfolg haben | avoir du succès | avere successo | to do what you tried or wanted to do | Losing his leg made him all the more determined to succeed. |
| raise standards | v phr | ˌreɪz 'stændədz | den Standard heben | augmenter le niveau | alzare gli standard | to increase the level that is considered to be acceptable, or the level that someone or something has achieved | We are determined to raise standards in our schools. |
| individual attention | n phr | ɪndə'vɪdʒuəl ə'tenʃn | individuelle Aufmerksamkeit | attention individuelle | attenzione individuale | when you carefully listen to, look at, or think about one person rather than a group | Children get more individual attention in small classes. |
| feedback | n | 'fi:dbæk | Rückmeldung | réactions, remarques, feedback | riscontro, feedback | advice, criticism, etc. about how successful or useful something is | Try to give each student some feedback on the task. |
| cover | v | 'kʌvə | behandeln, darstellen | couvrir, traiter | coprire, includere | to include or deal with (a particular subject or group of things) | Are there any areas you feel are not covered adequately in the book? |
| suit | v | su:t, sju:t | sich eignen | convenir à | essere adatto | to be acceptable, suitable or convenient for a particular person or in a particular situation | There are countryside walks to suit everyone. |
| encourage | v | ɪn'kʌrɪdʒ | ermutigen, anspornen, anregen | encourager | incoraggiare | to give (someone) the courage or confidence to do something | Cooder was encouraged to begin playing the guitar by his father. |
| perform | v | pə'fɔ:m | auftreten, spielen, Leistung erbringen | jouer, réaliser | esibirsi, fare bene | to work or do something well, badly, etc. | The team performed poorly on Saturday. |
| put someone off | phr v | ˌpʊt sʌmwʌn 'ɒf | jmd abschrecken, vergraulen | dégoûter, décourager | scoraggiare qn, inibire qn | to make you dislike something or not want to do something | Don't let the restaurant's decor put you off – the food is really good. |
| Lesson 5C VB | | | | | | | |
| study | v | 'stʌdi | studieren | étudier | studiare | to learn about (a subject) at school, university, etc. | I've been studying English for six years. |

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|-----------|-----|------------|------------------------------------|-------------------|------------------------|---|---|
| learn | v | lɜ:n | lernen | apprendre | imparare | to gain knowledge of a subject or skill, by experience, by studying it or by being taught | At what age can you learn to drive in America? |
| lose | v | lu:z | verlieren | perdre | smarrire | to become unable to find (someone or something) | I've lost the tickets for tonight's show. |
| miss | v | mɪs | verpassen | manquer | perdere | to be too late for (something) | We got there late and missed the beginning of the movie. |
| career | n | kə'riə | Karriere, Laufbahn | carrière | carriera | a job or profession that you have been trained for, and which you do for a long period of your life | She retired last year after a successful career as a barrister. |
| course | n | kɔ:s | Kurs | cours | corso | a series of lessons in a particular subject | I'm taking a course in graphic design. |
| sensible | adj | 'sensəbl | vernünftig | raisonnable | sensato, ragionevole | reasonable, practical and showing good judgement | It's sensible to keep a note of your passport number. |
| sensitive | adj | 'sensətɪv | sensibel | sensible | sensibile | able to understand other people's feelings and problems | It's made me much more sensitive to the needs of the disabled. |
| advise | v | əd'vaɪz | raten, einen Rat geben | conseiller | consigliare | to tell (someone) what you think they should do, especially when you know more than they do about something | You are strongly advised to take out medical insurance when visiting China. |
| recommend | v | ˌrekə'mend | empfehlen | recommander | raccomandare | to say that (something or someone) is good, or suggest them for a particular purpose or job | Can you recommend a good lawyer? |
| affect | v | ə'fekt | berühren, beeinträchtigen, schaden | affecter, toucher | toccare, colpire | to cause a change in (something or someone) | She was deeply affected by her parents' divorce. |
| effect | n | ɪ'fekt | Auswirkung | effet | effetto, ripercussione | a change that is caused by something | The increase in oil prices will have a big effect on the economy. |

Lesson 6

Lesson 6A

| | | | | | | | |
|----------------------------|-------|----------------------------|------------------------------|---|--|---|--|
| kill off | phr v | ˌkɪl 'ɒf | sterben lassen, eliminieren | éliminer | fare morire, sterminare | if a writer kills off a character, they write that character's death into a series of books, films, TV episodes, etc. | The actor died, so they had to kill off the character he had played for 20 years. |
| character | n | 'kærəktə | Figur | personnage | personaggio | a person in a book, play, film, etc. | Homer Simpson is a great comic character. |
| hilarious | adj | hɪ'leəriəs | lustig, urkomisch | hilarant | divertente, spassoso | extremely funny | The film was absolutely hilarious. |
| make someone laugh | v phr | ˌmeɪk sʌmwʌn 'lɑ:f | jmd zum Lachen bringen | faire qn rire | fare ridere qn | to cause someone to make sounds with their voice, because they think something is funny | I like Ron; he makes me laugh. |
| episode | n | 'epəsəʊd | Episode, Folge | épisode | episodio, puntata | a television or radio programme that is one of a series of programmes in which the same story is continued each week | We watched the first episode of a new drama series, and we'll definitely be watching the rest! |
| switch over | phr v | ˌswɪtʃ 'əʊvə | umschalten | passer sur | cambiare su | to change the television channel you are watching or the radio station you are listening to | Switch over to BBC 2: the tennis is about to start. |
| dull | adj | dʌl | langweilig, öde | ennuyeux | noioso, tedioso | not interesting or exciting | The weekly meeting tends to be very dull. |
| useless | adj | 'ju:sləs | nicht zu gebrauchen, nutzlos | nul | che non serve a niente, inutile | unable or unwilling to do anything properly | Don't ask Tim to fix it. He's completely useless. |
| vote off | phr v | ˌvəʊt 'ɒf | hinauswählen, abwählen | démissionner, éliminer, ne pas donner de vote | votare a sfavore, estromettere | in game shows and reality TV programmes, when other contestants and/or the public vote a contestant off, they vote for the contestant they think should leave, and the contestant with the highest number of votes has to leave the competition | Louisa was the first baker to be voted off the show. |
| a fan of something/someone | v phr | ə 'fæn əv ˌsʌmθɪŋ, ˌsʌmwʌn | ein Fan von etw/jmd | un supporteur / une supportrice de qc / qn | fan di qc o qn, ammiratore/-trice di qc o qn | someone who likes a particular sport or performing art very much, or who admires a famous person | He's a big fan of Elvis Presley. |

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|---------------------|-------|-----------------|--------------------------|------------------------------|---------------------------------|---|---|
| blockbuster | n | 'blɒk, bʌstə | Blockbuster | blockbuster | blockbuster, campione d'incassi | a book or film that is very good or successful | He starred in the latest Hollywood blockbuster. |
| special effects | n phr | 'speʃl ɪ'fekts | Spezialeffekte | effets spéciaux | effetti speciali | unusual images or sounds that have been produced artificially to be used in a film or television programme | Nowadays, computers can create special effects more cheaply. |
| ending | n | 'endɪŋ | Ende | fin | fine | the way that a story, film, etc. finishes | She prefers a story with a happy ending. |
| be in tears | v phr | bi ɪn 'tɪəz | in Tränen aufgelöst sein | être en larmes | essere in lacrime | to be crying | When Evelyn put the phone down, she was in tears. |
| series | n | 'sɪəri:z | Serie | série | serie | a set of television or radio programmes that have the same characters or deal with the same type of subject, and are usually broadcast every week or several times a week | A new drama series, set in Sri Lanka, starts next week. |
| dialogue | n | 'daɪələg | Dialog | dialogue | dialogo | a conversation in a book, play or film | I found the movie boring, and full of bad dialogue. |
| scene | n | si:n | Szene | scène | scena | a single piece of action that happens in one place in a film, book, etc. | The film contains some violent scenes. |
| tense | adj | tens | angespannt | tendu | teso | a tense situation is one in which you feel very anxious and worried because of something bad that might happen | Marion spoke, eager to break the tense silence. |
| filming | n | 'fɪlmɪŋ | Drehen (Film) | tournage | le riprese | the use of a camera, or the way the camera is used, to record a story or real events so that they can be shown in the cinema or on television | Filming starts in October. |
| Lesson 6A VB | | | | | | | |
| complex | adj | 'kɒmpleks | komplex | complexe, compliqué | complesso | consisting of many different parts and often difficult to understand | It was a very complex relationship between two complex people. |
| confusing | adj | kən'fju:zɪŋ | verwirrend | confus, déroutant, pas clair | confondente | unclear and difficult to understand | The road signs were very confusing and we ended up getting lost. |
| dreadful | adj | 'dredfl | furchtbar | épouvantable | tremendo, terribile | used to emphasise how bad something or someone is | The food was absolutely dreadful. |
| enjoyable | adj | ɪn'dʒɔɪəbl | erfreulich | agréable, plaisant | divertente | something enjoyable gives you pleasure | Games can make learning more enjoyable. |
| ordinary | adj | 'ɔ:dnəri | normal, gewöhnlich | ordinaire | normale, comune | average, common or usual, not different or special | The book is about ordinary people. |
| predictable | adj | prɪ'dɪktəbl | vorhersehbar | prévisible | prevedibile | if something or someone is predictable, you know what will happen or what they will do | The play was entertaining but predictable. |
| ridiculous | adj | rɪ'dɪkjələs | lächerlich | ridicule | ridicolo | very silly or unreasonable | None of us believed his ridiculous story. |
| romantic | adj | rəʊ'mæntɪk, rə- | romantisch | romantique | romantico | relating to being or falling in love | They said they were just friends, and there was no romantic relationship. |
| shocking | adj | 'ʃɒkɪŋ | schockierend | choquant, bouleversant | sconvolgente | making you feel very surprised or upset | His death was particularly shocking since the government were obviously involved in some way. |
| violent | adj | 'vaɪələnt | brutal, gewalttätig | violent | violento | involving or showing actions intended to hurt people physically | Do violent films cause violent behaviour? |
| Lesson 6B | | | | | | | |
| deliver | v | dɪ'lɪvə | zustellen, ausliefern | livrer | fornire, consegnare | to take (goods, letters, packages, etc.) to a particular place or person | I'm having some flowers delivered for her birthday. |
| assess | v | ə'ses | bewerten, beurteilen | évaluer, juger | valutare, giudicare | to make a judgement about (a person or situation) after thinking carefully about it | We'll have to assess the situation carefully, and then decide what to do next. |
| replace | v | rɪ'pleɪs | ersetzen | remplacer | sostituire | to remove (something) from its place, and put a new thing there | Two of the tyres had to be replaced. |
| fix | v | fɪks | reparieren | réparer | aggiustare | to repair (something that is broken or not working properly) | He's outside fixing the brakes on the car. |
| do your nails | v phr | 'du: jə 'neɪlz | seine Nägel machen | se faire les ongles | farsi le unghie | to cut or paint your nails | She sat at her desk, doing her nails. |
| do your hair | v phr | 'du: jə 'heə | sich frisieren | se coiffer | farsi i capelli | to arrange your hair in a style | She's upstairs doing her hair. |

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|---------------------|----------|--------------------|--------------------------|--------------------|-----------------------------|---|---|
| remove | v | rɪ'mu:v | entfernen | éliminer | rimuovere | to make (something) no longer exist, especially something that was causing problems | Some stains are difficult to remove with ordinary washing powder. |
| look at something | v phr | 'lʊk ət ,sʌmθɪŋ | etwas anschauen | regarder qc | esaminare qc, far vedere qc | to examine (something) and try to find out what is wrong with it | You should get the doctor to look at that cut. |
| make a mistake | v phr | ,meɪk ə mɪ'steɪk | einen Fehler machen | faire une erreur | fare un errore | to do something in the wrong way, or give an opinion or statement that is incorrect | We may have made a mistake in our calculations. |
| make a copy | v phr | ,meɪk ə 'kɒpi | eine Kopie machen | faire une copie | fare una copia | to create something that is exactly like another thing | Be sure to make copies of all the documents. |
| on time | v phr | ɒn 'taɪm | pünktlich | à l'heure | puntuale | at the correct time or the time that was arranged | Jack was worried about whether he'd be able to get there on time. |
| leave a mess | v phr | ,li:v ə 'mes | Unordnung hinterlassen | semer la pagaille | lasciare in disordine | if you leave a mess somewhere or a place is left in a mess, things there are dirty or not neatly arranged | The burglars left an awful mess in the house. |
| efficient | adj | i'fɪjnt | effizient | efficace | efficace | if someone or something is efficient, they work well without wasting time, money or energy | We aim to provide our clients with an efficient and friendly service. |
| reasonable | adj | 'ri:znəbl | vernünftig, angemessen | raisonnable | ragionevole, appropriato | reasonable prices are not too high | Can you recommend somewhere with good food at a reasonable price? |
| convenient | adj | kən'vi:njənt | passend | convenable | conveniente, adatto | useful to you because it saves you time, or does not spoil your plans or cause you problems | Is three o'clock convenient for you? |
| useless | adj | 'ju:sləs | unnützlich | inutile | inutile | unable or unwilling to do anything properly | That plumber was useless; he made the problem worse! |
| trust | v | trʌst | vertrauen | avoir confiance en | fidarsi | to believe that (someone) is honest or will not do anything bad or wrong | Can they be trusted to look after the house? |
| reliable | adj | rɪ'laɪəbl | zuverlässig, verlässlich | fiable | affidabile, fidato | someone or something that is reliable can be trusted or depended on | People living in the city want a reliable bus and train service. |
| Lesson 6B VB | | | | | | | |
| by chance | prep phr | baɪ 'tʃɑ:ns | zufällig | par hasard | per caso | without being planned or caused by people | I bumped into her quite by chance in Oxford Street. |
| by heart | prep phr | baɪ 'hɑ:t | auswendig | par coeur | a memoria | when you know something by heart, you remember all of it exactly | After a few days of phoning Stephanie, he knew her number by heart. |
| on average | prep phr | ɒn 'ævərɪdʒ | im Durchschnitt | en moyenne | in media | based on a calculation about how many times something usually happens, how much money someone usually gets, how often people usually do something, etc. | Nearly 80% of Swiss citizens on average turn out to vote. |
| by accident | prep phr | baɪ 'æksɪdnt | zufällig | par accident | per errore, accidentalmente | in a way that is not planned or intended | The discovery was made by accident. |
| in a real hurry | prep phr | ɪn ə 'ri:əl 'hʌri | in großer Eile | pressé | in gran fretta | much more quickly than usual | Sorry, I can't stop, I'm in a real hurry. |
| in debt | prep phr | ɪn 'det | verschuldet | endetté | in debito, indebitato | when you owe money to someone | Nearly half the students said they were in debt. |
| on your own | prep phr | ɒn jər 'əʊn | allein | seul | solo | alone | I've been living on my own for four years now. |
| on/by the coast | prep phr | ɒn ðə 'kəʊst, baɪ- | an der Küste, am Meer | sur la côte | sulla / lungo costa | on the land near the sea | I used to live in a small village on the coast. |
| on time | prep phr | ɒn 'taɪm | pünktlich | à l'heure | puntuale | at the correct time or the time that was arranged | The plane arrived right on time. |
| by yourself | prep phr | baɪ jə'self | allein | seul | da solo | alone | You can't go home by yourself in the dark. |
| in trouble | prep phr | ɪn 'trʌbl | in Schwierigkeiten | en difficulté | in difficoltà | if someone is in trouble, they have done something which someone will punish them for or be angry about | We'll get in trouble if Mr Elliott finds out. |
| in tears | prep phr | ɪn 'ti:z | in Tränen aufgelöst | en larmes | in lacrime | crying | The children were all in tears when the class hamster died. |
| Lesson 6C | | | | | | | |

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|----------------------------------|-------|---------------------------------|-----------------------------------|------------------------------------|----------------------------------|---|---|
| business | n | 'bɪznɪs | Unternehmen, Geschäftsleben | commerce | commercio, affari | the activity of making money by producing or buying and selling goods, or providing services | Students on the course learn about all aspects of business. |
| celebrity | n | sə'lebrəti | Prominente/r, Berühmtheit | célébrité | celebrità | the state of being famous | She used her celebrity status to raise money for charity. |
| culture | n | 'kʌltʃə | Kultur | culture | cultura | activities that are related to art, music, literature, etc. | If it's culture you're looking for, the city has plenty of museums and art galleries. |
| environment | n | ɪn'vaɪrənmənt | Umwelt | environnement | ambiente | the air, water and land on Earth, which is affected by man's activities | Legislation to protect the environment was discussed at the international summit. |
| opinion | n | ə'pɪnjən | Meinung | avis, opinion | opinione | your ideas or beliefs about a particular subject | We asked people for their opinions about the Olympics. |
| politics | n | 'pɒlətɪks | Politik | politique | politica | ideas and activities relating to gaining and using power in a country, city, etc. | There was much going on in world politics at the time. |
| science and technology | n | ,saɪəns ən tek'nɒlədʒi | Wissenschaft und Technik | de la science et de la technologie | scienza e tecnica | knowledge about the world, especially based on examining, testing and proving facts, and new machines, equipment and ways of doing things that are based on modern knowledge | The report emphasises the importance of teaching science and technology at all levels of education. |
| sport | n | spɔ:t | Sport | sport | sport | (a) physical activity in which people compete against each other | He picked up the newspaper and turned to the sports pages. |
| travel | n | 'trævl | Reisen | voyages | viaggiare | journeys to places that are far away, usually for pleasure | My interests are travel and photography. |
| world | n | wɜ:ld | Welt | monde | mondo | the planet we live on, and all the people, cities and countries on it | The documentary focuses on Europe's relationship with the rest of the world. |
| record | n | 'rekɔ:d | Rekord | record | record | the fastest speed, longest distance, highest or lowest level, etc. that has ever been achieved or reached, especially in sport | Pollution in the lake has reached record levels. |
| profit | n | 'prɒfɪt | Gewinn | profit, bénéfice | profitto | money that you gain by selling things or doing business, after your costs have been paid | Our profits are down this year. |
| go on strike | v phr | ,geʊ ɒn 'straɪk | streiken | se mettre en grève | fare sciopero | if a group of workers go on strike, they stop working as a protest against something relating to their work, for example how much they are paid, bad working conditions, etc. | An estimated 70,000 public sector workers went on strike. |
| breakthrough | n | 'breɪkθru: | Durchbruch | percée, avancée | svolta, passo avanti | an important new discovery in something you are studying, especially one made after trying for a long time | Their findings led to a major technological breakthrough. |
| treatment | n | 'tri:tmənt | Behandlung | traitement | trattamento | something that is done to cure someone who is injured or ill | There have been great advances in the treatment of cancer. |
| hit | v | hɪt | treffen | toucher | colpire | if something bad hits a place or a person, it suddenly happens and affects people badly | Our business has been badly hit by the downturn in consumer spending. |
| injury | n | 'ɪndʒəri | Verletzung | blessure | ferita, lesione | a wound or damage to part of your body caused by an accident or attack | She was taken to hospital with serious head injuries. |
| scandal | n | 'skændl | Skandal | scandale | scandalo | an event in which someone, especially someone important, behaves in a bad way that shocks people | He has been at the centre of a political scandal. |
| find someone guilty of something | v phr | ,faɪnd sʌmwʌn 'ɡɪlti əv ,sʌmθɪŋ | jmd einer Sache schuldig befinden | trouver qn coupable de qc | dichiarare qn colpevole di qc | to make an official decision in a court of law that someone has done something that is a crime | The jury found her guilty of murder. |
| star player | n phr | ,stɑ: 'pleɪə | der Star unter den Spielern | joueur vedette | giocatore star, giocatore famoso | a famous and successful sports player | The Giants' star player was injured and had to retire from the game after only five minutes. |
| sentence | n | 'sentns | Strafe | peine, sentence | pena | a punishment that a judge gives to someone who is guilty of a crime | She received an eight-year prison sentence. |

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|-------------------------|-------|-----------------------|------------------------|----------------------------------|--------------------------|--|--|
| union | n | 'ju:njən | Gewerkschaft | syndicat | sindacato | an organisation formed by workers to protect their rights | Union members voted to strike over proposed pay cuts. |
| side | n | sɑɪd | Seite | côté | parte | one of the people, groups or countries opposing each other in a quarrel, war, etc. | He fought on the Republican side in the Spanish Civil War. |
| get rid of | v phr | get 'rɪd əv | loswerden | se débarasser de | allontanare | to make (someone) leave because you do not like them or because they are causing problems | It can be difficult for schools to get rid of poor teachers. |
| opinion poll | n | ə'pɪnjən pəʊl | Meinungsumfrage | sondage d'opinion | sondaggio d'opinione | the process of asking a large group of people the same questions in order to find out what most people think about something | An opinion poll showed that 70% of the students were against raising the speed limit on motorways. |
| quit | v | kwɪt | kündigen | démissionner | lasciare | to leave (a job, school, etc.), especially without finishing it completely | People are now calling on the chairman to quit. |
| keep out of the sun | v phr | 'ki:p aʊt əv ðə 'sʌn | die Sonne meiden | se tenir à l'écart du soleil | tenere a riparo dal sole | to avoid being outside in strong sunlight | Parents were advised to keep their children out of the sun during the heatwave. |
| slow | v | sləʊ | verlangsamen | ralentir | rallentare | to become slower or to make something slower | The icy road conditions slowed the traffic. |
| Lesson 6C VB | | | | | | | |
| bid | n | bɪd | Angebot, Gebot | offerte | offerta | an offer to pay a particular price for something | We've made a bid of nearly £400 million for the company. |
| drop | v | drɒp | fallen | chuter, baisser | scendere | to fall to a lower level or amount, especially a much lower level or amount | The number of deaths on the roads has dropped sharply. |
| cut | n | kʌt | Kürzung | coupe (budgétaire) | taglio | a reduction in the size or amount of something, especially the amount of money that is spent by a government or company | Cuts in public spending mean that fewer people can go on to higher education. |
| seize | v | si:z | einnehmen, besetzen | s'emparer de | conquistare, occupare | to take control of (a place) suddenly and quickly, using military force | A group of soldiers seized the airport. |
| row | n | raʊ | Aufruhr, Krach, Tumult | vacarme, tumulte, dispute | tumulto, alterco | a situation in which people disagree strongly about important public matters | They are holding talks in an effort to end the row. |
| rise | n | raɪz | Anstieg | hausse, croissance, augmentation | aumento, incremento | an increase in number, amount or value | There has been an alarming rise in the number of overweight children. |
| Lesson 7 | | | | | | | |
| Lesson 7A | | | | | | | |
| pale | adj | peɪl | blass | pâle | pallido | having a skin colour that is very white, or whiter than it usually is | Sharon went pale and looked as if she might faint. |
| nasty | adj | 'nɑ:sti | schlimm, übel | mauvais, méchant | grave, brutto | severe or very painful | He was carried off the field with a nasty injury. |
| cut | n | kʌt | Schnitt, Schnittwunde | coupure, incision | taglio, ferita da taglio | a wound that is caused when something sharp cuts your skin | The driver escaped with minor cuts and bruises. |
| stiff | adj | stɪf | steif | rigide, raide | rigido | if someone or a part of their body is stiff, their muscles hurt and it is difficult for them to move | I never felt stiff after training until I was in my 30s. |
| ache | v | eɪk | schmerzen | faire mal | dolere | if part of your body aches, you feel a continuous, but not very sharp pain there | His feet were aching from standing so long. |
| injure | v | 'ɪndʒə | verletzen | se blaiser | ferire | to hurt (yourself or someone else), for example in an accident or an attack | Angus injured his leg playing rugby. |
| broken | adj | 'brəʊkən | gebrochen | cassé, rompu | fratturato | if you have a broken bone, you have damaged it by making it crack or split | Pam fell downstairs and the doctor thinks her hip may be broken. |
| have a high temperature | v phr | hæv ə 'haɪ 'tempɹətʃə | Fieber haben | avoir de la fièvre | avere la febbre | to have a body temperature that is much higher than normal, especially because you are ill | Chris had a high temperature and was dehydrated. |
| strain a muscle | v phr | 'streɪn ə 'mʌsl | einen Muskel zerren | se froisser un muscle | stirarsi un muscolo | to injure a muscle by using it too much or making it work too hard | I've strained a muscle in my leg. |

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|---|---------|--------------------------------------|-------------------------------------|------------------------------------|--|--|---|
| keep getting a pain | v phr | ,ki:p getɪŋ ə 'peɪn | immer wieder Schmerzen bekommen | avoir des douleurs récurrentes | continuare a sentire dolore | to repeatedly have a feeling where part of your body hurts | Since the accident, I keep getting a pain in my lower back. |
| eat something that doesn't agree with you | v phr | ,i:t sʌmθɪŋ ðæt ,dʌznt ə'grɪ: wɪð ju | etwas essen, das man nicht verträgt | manger qc qui ne vous convient pas | mangiare qualcosa che non è d'accordo con te | if you eat a type of food that does not agree with you, it makes you feel ill | Greg was sick all night; he must have eaten something that didn't agree with him. |
| bruised | adj | bru:zd | blutunterlaufen, geprellt | couvert de bleus | livido, contuso | if a part of your body is bruised, it has a purple or brown mark on your skin because you have fallen, been hit, etc. | Lisa's shoulder is badly bruised from the seatbelt. |
| out of breath | adj phr | ,aʊt əv 'breθ | atemlos | à bout de souffle | senza fiato | having difficulty breathing after running, hurrying, etc. | Andrew hurried in, slightly out of breath. |
| sore throat | n phr | ,sɔ: 'θrəʊt | Halsschmerzen | mal de gorge | mal di gola, gola irritata | if you have a sore throat, the passage from the back of your mouth to the top of the tubes that go down to your lungs and stomach feels dry and painful | The singer complained of a sore throat after Wednesday's show. |
| bags under your eyes | n phr | ,bægz ʌndə jər 'aɪz | Augenränder | cernes sous les yeux | occhiaie | dark circles or loose skin under your eyes, usually because of old age or being tired | Sarah gets bags under her eyes when she is feeling tired. |
| allergic reaction | n phr | ə,lɜ:dʒɪk ri'ækʃn | allergische Reaktion | réaction allergique | reazione allergica | an illness caused by an allergy (= a medical condition in which you become ill or in which your skin becomes red and painful because you have eaten something, taken a drug or touched a particular substance) | Call an ambulance! Arthur must be having an allergic reaction to nuts. |

Lesson 7A VB

| | | | | | | | |
|-----------------------|-------|-----------------------|---------------------------------|-----------------------------|-------------------------------------|--|---|
| have an appointment | v phr | ,hæv ən ə'pɔɪntmənt | einen Termin haben | avoir un rendez-vous | avere un appuntamento | to have an arrangement for a meeting at an agreed time and place, for a particular purpose | She has an appointment with the dentist at 5 o'clock. |
| have a headache | v phr | ,hæv ə 'hedɜ:k | Kopfschmerzen haben | avoir mal à la tête | avere mal di testa | to have a pain in your head | If you have a headache, you should take some aspirin. |
| have an infection | v phr | ,hæv ən ɪn'fekʃn | eine Infektion/Entzündung haben | avoir une infection | avere un'infezione/un'infiammazione | to have a disease that affects a particular part of your body and is caused by bacteria or a virus | The baby had an ear infection. |
| have an injection | v phr | ,hæv ən ɪn'dʒekʃn | eine Spritze bekommen | avoir une injection | ricevere un'iniezione | to have a drug put into your body using a special needle | He had to have an injection to relieve the pain. |
| have health insurance | v phr | ,hæv 'helθ ɪn'ʃʊərəns | eine Krankenversicherung haben | avoir une assurance-maladie | avere un'assicurazione sanitaria | to have an arrangement with a company in which you pay them money, especially regularly, and they pay the costs if something you become ill or get injured | None of her family have private health insurance. |
| have an operation | v phr | ,hæv ən əpə'reɪʃn | operiert werden | subir une intervention | subire un intervento | if you have an operation, doctors cut into your body to repair or remove a part that is damaged | He had an operation to reduce the swelling in his brain. |
| have a rest | v phr | ,hæv ə 'rest | sich ausruhen | se reposer | riposarsi, fare una pausa | to spend a period of time not doing anything tiring so that you can relax or sleep | You look exhausted! Why don't you have a rest? |
| have stitches | v phr | ,hæv 'stɪtʃɪz | genäht werden | être suturé | ricevere i punti di sutura | if you have stitches, a doctor or nurse uses a piece of special thread to sew the edges of a wound together | He had to have ten stitches in his head. |
| have a temperature | v phr | ,hæv ə 'temprətʃə | Fieber haben | avoir de la fièvre | avere la febbre | to have a body temperature that is higher than normal, especially because you are ill | Susie has a temperature and has gone to bed. |
| have treatment | v phr | ,hæv 'tri:tment | behandelt werden | être traité | subire un trattamento | to have something done to cure you if you are injured or ill | Paul has been having treatment for burns at a local hospital. |
| have a virus | v phr | ,hæv ə 'vaɪərəs | einen Virus haben | avoir un virus | avere un virus | to have an infectious illness caused by a very small living thing | A nurse at the clinic was found to have the virus. |
| have an X-ray | v phr | ,hæv ən 'eks reɪ | geröntgt werden | avoir une radiographie | farsi una lastra | to have a photograph taken of part of your body, using X-rays, to see if anything is wrong | James had an X-ray to check whether his wrist was broken. |

Lesson 7B

| | | | | | | | |
|--|-------|--|---|---|---|---|---|
| earnings | n | 'ɜ:nɪŋz | Einkommen, Verdienst | revenu | reddito, guadagno | the money that you receive for the work that you do | He claimed compensation for loss of earnings. |
| bank account | n | 'bæŋk ə 'kaʊnt | Bankkonto | compte bancaire | conto in banca | an arrangement between a bank and a customer that allows the customer to pay in and take out money | I'd like to open a bank account. |
| earn | v | ɜ:n | verdienen | gagner, toucher | guadagnare | to receive (a particular amount of money) for the work that you do | He earns nearly £20,000 a year. |
| win | v | wɪn | gewinnen | gagner | vincere | to get (something) as a prize for winning in a competition or game | She won £160 on the lottery. |
| lend | v | lend | leihen | prêter | imprestare, prestare | to let (someone) borrow (money or something that belongs to you) for a short time | Can you lend me £10 until tomorrow? |
| owe | v | əʊ | schulden | devoir | dovere | to need to give (someone) back (money that they have lent you) | I still owe you £10 for the taxi. |
| afford | v | ə'fɔ:d | sich leisten | avoir les moyens de faire qc | permettersi | to have enough money to buy or pay for (something) | How can she afford to eat out every night? |
| debt | n | det | Schulden | dette | debito | a sum of money that a person or organisation owes | She had debts of over £100,000. |
| wealth | n | welθ | Reichtum, Wohlstand | richesse | ricchezza | a large amount of money, property, etc. that a person or country owns | The country's wealth comes from its oil. |
| rate | n | reit | Rate | taux | rata | a charge or payment that is set according to a standard scale | They only pay tax at a rate of 5%. |
| payment | n | 'peɪmənt | Zahlung, Bezahlung | paiement | pagamento | the act of paying for something | Payment can be made by cheque or credit card. |
| Lesson 7B VB | | | | | | | |
| withdraw money from your account | v phr | wɪð'drɔ: 'mʌni frəm jər ə 'kaʊnt, wɪθ- | Geld vom Konto abheben | retirer de l'argent de son compte | prelevare denaro dal proprio conto | to take money out of your bank account | I'd like to withdraw £500 from my current account. |
| transfer money from one account to another | v phr | træns'fɜ: 'mʌni frəm 'wʌn ə'kaʊnt tu ə 'nʌðə | Geld von einem Konto auf ein anderes überweisen | virer de l'argent d'un compte bancaire à un autre | trasferire denaro da un conto all'altro | to move money from one bank account to another | I'd like to transfer £500 to my savings account. |
| check your balance | v phr | 'tʃek jə 'bæləns | den Kontostand prüfen | vérifier son solde | controllare il saldo del conto | to see how much money you have in your bank account | You should check your balance before you take a large sum of money out of your account. |
| invest in property | v phr | ɪn'vest ɪn 'prɒpəti | in Immobilien investieren | investir dans l'immobilier | investire in immobili | to buy property (= a building, piece of land, etc.) because you hope that the value will increase and you can make a profit | Investing in property is probably not a good idea right now. |
| open a joint account | v phr | ,'əʊpən ə 'dʒɔɪnt ə 'kaʊnt | ein gemeinsames Konto eröffnen | ouvrir un compte conjoint | aprire un conto cointestato | to open a bank account which is shared by two or more people | She opened a joint account with her husband. |
| take out a loan | v phr | 'teɪk aʊt ə 'ləʊn | einen Kredit aufnehmen | contracter un prêt | chiedere un prestito | to borrow money | Most home buyers take out a loan. |
| charge interest | v phr | 'tʃɑ:dʒ 'ɪntrɪst | Zinsen in Rechnung stellen, fordern | imposer des intérêts | addebitare interessi | to ask you to pay back extra money when you borrow money | The bank charges 16% interest on the loan per year. |
| be in debt | v phr | bi ɪn 'det | Schulden haben | être endetté | avere debiti | to owe money | The band will be in debt to the record company for years. |
| Lesson 7C | | | | | | | |
| fail your driving test | v phr | 'feɪl jə 'draɪvɪŋ test | bei der Fahrprüfung durchfallen | échouer à l'examen du permis de conduire | essere bocciati all'esame di guida | not to pass the official test that you must pass in order to be legally allowed to drive on public roads | I failed my driving test the first time I took it. |
| park | v | pɑ:k | parken | garer | parcheggiare | to put (a car or other vehicle) in a particular place for a period of time | I couldn't find anywhere to park. |
| pull out | phr v | 'pʊl 'aʊt | losfahren, hinausfahren | sortir | partire, uscire | to drive onto a road from another road or from where you have stopped | Don't pull out! There's something coming. |
| brake | v | breɪk | bremsen | freiner | frenare | to make a vehicle or bicycle go more slowly or stop | He braked sharply to avoid the dog. |
| crash | v | kræʃ | auffahren, aufprallen | rentrer dans, percuter | schiantarsi, scontrarsi | to have an accident in a car, plane, etc. by violently hitting something else | The car crashed into a tree. |
| footpath | n | 'fʊtpɑ:θ | Fußweg | sentier | sentiero | a narrow path for people to walk along, especially in the country | A footpath runs through the woods between the two villages. |

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|---|-------|--------------------------------------|--------------------------------|--|-------------------------------|--|--|
| flat tyre | n phr | flæt 'taɪə | platter Reifen | pneu crevé | gomma a terra | a flat tyre has no air or not enough air in it | I had a flat tyre and had to walk home. |
| breakdown service | n | 'breɪkdaʊn_sɜ:vɪs | Pannendienst | service de dépannage | servizio di soccorso stradale | an organisation that sends a mechanic and a truck when a vehicle breaks and stops working | We had to stop at the side of the motorway and phone the breakdown service. |
| in second gear | n phr | ɪn_səkənd 'gɪə | im zweiten Gang | en deuxième vitesse | in seconda marcia | if you are in second gear, you use the machinery in a vehicle such as a car, truck or bicycle to go comfortably at a slow speed | Andy drove cautiously along in second gear. |
| engine | n | 'endʒɪn | Motor | moteur | motore | the part of a vehicle that produces power to make it move | I fastened my seat belt and turned on the engine. |
| lose control | v phr | lʊ:z kən'trəʊl | die Kontrolle verlieren | perdre le contrôle | perdere il controllo | to no longer have the ability or power to make a vehicle do what you want | He lost control of the car and hit a tree. |
| helmet | n | 'helmt | Helm | casque | casco | a strong hard hat that motorcycle riders or cyclists wear to protect their heads | When you buy your child's first bicycle, make sure you also buy a well-fitting helmet. |
| petrol station | n | 'petrəl_s'teɪʃn | Tankstelle | station-service | benzinaio | a place where you can take your car and fill it with petrol | You can also use a machine to put air in your tyres at most petrol stations. |
| lorry driver | n | 'lɒrɪ 'draɪvə | Lastwagenfahrer | chauffeur de camion | camionista | someone who drives a large vehicle for carrying heavy goods | Lorry drivers often stop to sleep in a bed behind the driving seat on long journeys. |
| fine | n | fɑɪn | Geldstrafe | amende | ammenda | money that you have to pay as a punishment | She was ordered to pay £150 in parking fines, plus court costs. |
| have points added to your driving licence | v phr | hæv_pɔɪnts ædəd tə_jə'draɪvɪŋ laɪsns | Punkte (in Flensburg) bekommen | perdre des points sur son permis de conduire | perdere i punti della patente | to have notes made on your driver's licence to show that you have done something wrong while you were driving. If someone gets 12 penalty points, they are no longer allowed to drive a car. | He had six points added to his driving licence for using his mobile phone while driving. |

Lesson 8

Lesson 8A

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|---------------|-------|-----------------|------------------------------------|-------------------|----------------------------|---|--|
| experience | v | ɪk'spɪəriəns | erleben, durchmachen | subir, vivre | sperimentare, attraversare | if you experience a problem, event or situation, it happens to you or affects you | The island has experienced several natural disasters recently. |
| storm | n | stɔ:m | Sturm | orage, tempête | tempesta | a period of very bad weather when there is a lot of rain or snow, strong winds, and often lightning | The weather forecast is for severe storms tonight. |
| flood | n | flʌd | Hochwasser | inondation | inondazione, alluvione | a very large amount of water that covers an area that is usually dry | The village was cut off by floods. |
| cause | v | kɔ:z | verursachen | causer, provoquer | causare | to make (something) happen, especially something bad | The oil spill is causing problems for coastal fisheries. |
| pollution | n | pə'lu:ʃn | Verschmutzung, Umweltverschmutzung | pollution | inquinamento | the process of making air, water, soil, etc. dangerously dirty and not suitable for people to use, or the state of being dangerously dirty | The mines have caused serious pollution of the river system. |
| produce | v | prə'dju:s | hervorbringen | créer, donner | produrre | to cause (a particular result or effect) | New drugs are producing remarkable results. |
| toxic gases | n pl | 'tɒksɪk 'gæses | giftige Gase | gaz toxiques | gas tossici | a substance which is not solid or liquid, and usually cannot be seen, containing poison or caused by poisonous substances | Some car engines produce toxic gases such as carbon monoxide. |
| recycle | v | ri:'saɪkl | recyclen, wiederverwerten | recycler | riciclare | to put (used objects or materials) through a special process so that they can be used again | We take all our bottles to be recycled. |
| plastic waste | n | 'plæstɪk 'weɪst | Plastikmüll | résidu plastique | rifiuti di plastica | unwanted materials or substances, made from a light strong material that is produced by a chemical process, that are left after you have used something | The machine has been designed to remove plastic waste from the oceans. |
| die out | phr v | 'daɪ 'aʊt | aussterben | disparaître | estinguersi | when a species of animal dies out, it disappears or stops existing completely | The wild population of koalas is in danger of dying out. |

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|---------------------|-------|-------------------------------|-----------------------------------|---------------------------------|--------------------------------|---|--|
| reproduce | v | ,ri:prə'dju:s | sich vermehren | se reproduire | riprodursi | if an animal or plant reproduces, or reproduces itself, it produces young plants or animals | The turtles return to the coast to reproduce. |
| prevent | v | prɪ'vent | verhindern | empêcher qc | prevenire | to stop (something) from happening, or stop (someone) from doing something | The rules are intended to prevent accidents. |
| develop | v | dɪ'veləp | entwickeln | développer | sviluppare | to design or make (a new idea, product, system, etc.) over a period of time | Scientists are developing new drugs to treat arthritis. |
| run out | phr v | ,rʌn 'aʊt | ablaufen | ne plus rester, ne plus y avoir | scadere | if something is running out, there will soon be none left | We must act now because time is running out. |
| natural resources | n pl | ,nætʃrəl ri:'zɔ:səz, -'sɔ:səz | Rohstoffe, Bodenschätze | ressources naturelles | risorse naturali | minerals such as oil or coal that exist in a country and can be used to increase its wealth | We support the sustainable use of natural resources. |
| consume | v | kən'sju:m | verbrauchen | consommer | consumare | to use (time, energy, goods, etc.) | A smaller vehicle will consume less fuel. |
| waste | v | weɪst | verschwenden | gâcher, gaspiller | sprecare | to use more (money, time, energy, etc.) than is useful or sensible | Leaving the heating on all the time wastes electricity. |
| overpopulation | n | əʊvəpɒpjə'leɪʃn | Überbevölkerung | surpopulation | sovrappopolazione | when there are too many people living in a particular place | Many global issues such as global warming and famine are made worse by overpopulation. |
| solve | v | sɒlv | lösen | résoudre | risolvere | to find or provide a way of dealing with (a problem) | The issue of how to improve healthcare cannot be solved overnight. |
| climate change | n phr | 'klaɪmət,tʃeɪndʒ | Klimaveränderung | changement climatique | cambiamento climatico | a permanent change in the Earth's weather conditions | These fish are under threat as a result of climate change. |
| rising sea levels | n phr | ,raɪzɪŋ 'si:ləvlz | steigende Meeresspiegel | montée du niveau des océans | aumento del livello del mare | increases in the average height of the world's oceans | Sea walls are being built to protect coastal areas against rising sea levels. |
| Lesson 8A VB | | | | | | | |
| check out | phr v | tʃek 'aʊt | überprüfen, genau ansehen | vérifier, se renseigner sur | verificare, dare un'occhiata a | to look at (someone or something) because they are interesting or attractive, or to find out whether they are interesting or attractive | If I hear about a website that sounds interesting, I check it out. |
| die out | phr v | ,daɪ 'aʊt | aussterben | disparaître | estinguersi | to disappear or stop existing completely | In spite of widespread attempts to conserve them, tigers are still dying out. |
| fall out | phr v | ,fɔ:l 'aʊt | sich entzweien | se brouiller avec | litigare con | to have a quarrel | She fell out with her parents because they did not like her partner. |
| hang out | phr v | ,hæŋ 'aʊt | herumhängen, sich aufhalten | traîner avec | aggirarsi, bazzicare | to spend a lot of time in a particular place or with particular people | Where do Harry and his friends hang out? |
| miss out | phr v | ,mɪs 'aʊt | nicht dabei sein | manquer | mancare | to not have the chance to do something that you enjoy and that would be good for you | Some children miss out because their parents can't afford to pay for school trips. |
| sort out | phr v | ,sɔ:t 'aʊt | regeln, organisieren | régler, organiser | preparare, organizzare | to succeed in making arrangements for (something) | She is trying to sort out childcare. |
| speak out | phr v | ,spi:k 'aʊt | sich äußern, seine Stimme erheben | s'exprimer, s'élever contre | esprimersi, alzare la voce | to publicly speak in protest about something, especially when protesting could be dangerous | Five students who had spoken out against the regime were arrested. |
| work out | phr v | ,wɜ:k 'aʊt | herausfinden | trouver un solution à qc | scoprire | to think carefully about how you are going to do (something) and plan a good way of doing it | We need to work out how we're going to get there. |
| Lesson 8B | | | | | | | |
| difficult | adj | 'dɪfɪkəlt | schwierig | difficile | difficile | someone who is difficult never seems pleased or satisfied | Joe was a very difficult man to live with. |
| talented | adj | 'tæləntɪd | talentiert | talentueux | talentuoso | having a natural ability to do something well | Brian Jones was a highly talented musician who could play several instruments. |
| lack confidence | v phr | ,læk 'kɒnfɪdəns | kein Selbstvertrauen haben | manquer de confiance en soi | non avere fiducia in se stessi | to not have the belief that you have the ability to do things well or deal with situations successfully | Alex is a good candidate but his problem is that he lacks confidence. |
| strict | adj | strikt | streng | strict | severo | expecting people to obey rules or to do what you say | This company is very strict about punctuality. |

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|--------------------|---------|-------------------|--------------------------|---------------------|-------------------------|--|---|
| reliable | adj | rɪˈlaɪəbl | zuverlässig, verlässlich | fiable | affidabile | someone who is reliable can be trusted or depended on | Rachel is always reliable: if she has said she will do something, she always does it. |
| willing | adj | ˈwɪlɪŋ | bereit, gewillt | prêt | pronto, disposto | eager to help, etc. and not needing to be persuaded | We found 20 people willing to take part in the experiment. |
| sweet | adj | swi:t | süß, nett, lieb | gentil | dolce, carino | kind, gentle and friendly | How sweet of you to remember my birthday! |
| nasty | adj | ˈnɑ:sti | gemein, fies | méchant | cattivo, dispettoso | someone who is nasty behaves in an unkind and unpleasant way | She's always being nasty to her sister, teasing her and hiding her things. |
| bright | adj | braɪt | intelligent, klug | brillant | intelligente, brillante | intelligent and able to learn things quickly | He was an exceptionally bright child. |
| politically active | adj phr | pəˌlɪtɪkli ˈæktɪv | politisch aktiv | politiquement actif | politicamente attivo | involved in politics and doing practical things to achieve political aims | He became politically active at college and is now a junior minister. |
| polite | adj | pəˈlaɪt | höflich | poli | cortese, gentile | behaving or speaking in a way that is correct for the social situation you are in, and showing that you are careful to consider other people's needs and feelings | He was too polite to ask how old she was. |
| racist | adj | ˈreɪsɪst | rassistisch | raciste | razzista | believing, or demonstrating the belief, that people of your own race are better than others, and treating people from other races unfairly and sometimes violently | The actor has been accused several times of making racist remarks. |
| patient | adj | ˈpeɪʃnt | geduldig | patient | paziente | able to wait calmly for a long time or to accept difficulties, people's annoying behaviour, etc. without becoming angry | You'll just have to be patient and wait till I'm off the phone. |
| stay calm | v phr | ˌsteɪ ˈkɑ:m | ruhig bleiben | rester calme | restare calmi | to be and remain relaxed and quiet, not angry, nervous or upset | I tried to stay calm and just ignore him. |
| generous | adj | ˈdʒenərəs | großzügig | généreux | generoso | someone who is generous is willing to give money, spend time, etc., in order to help people or give them pleasure | I was thankful for my employer's generous offer to pay all my expenses. |

Lesson 8B VB

| | | | | | | | |
|-------------------------------|-------|------------------------------|-----------------------------------|--|--|---|---|
| come from similar backgrounds | v phr | ˌkʌm frəm ˌsɪmlə ˈbækgraʊndz | einen ähnlichen Hintergrund haben | venir de milieux semblables | provenire da contesti simili | when someone's family, education, previous work, etc. is like your own | Although they represent opposing political parties, the two men come from similar backgrounds. |
| go back a long way | v phr | gəʊ ˌbæk ə ˌlɒŋ ˈweɪ | sich schon ziemlich lange kennen | avoir une longue histoire, se connaître depuis longtemps | conoscersi da molto tempo, risalire a molto tempo fa | to have been friends for a long time | Elaine and I go back a long way: we met in hospital on the day our first children were born. |
| break up | phr v | ˌbreɪk ˈʌp | sich trennen | se séparer | separarsi | if a marriage, group of people or relationship breaks up, the people in it separate and do not live or work together any more | The couple broke up last year. |
| go your separate ways | v phr | gəʊ jə ˌseprət ˈweɪz | getrennte Wege gehen | prendre des chemins différents | prendere vie separate | if people go their separate ways, they stop being friends or end a personal relationship | They were very good friends when they were at school, but they have gone their separate ways now. |
| get on very well | v phr | get ˌɒn veri ˈwel | sehr gut miteinander auskommen | s'entendre très bien | andare molto d'accordo | if people get on very well, they like each other and have a very friendly relationship with each other | Occasionally they argue, but the two boys get on very well most of the time. |
| lose touch | v phr | ˌlu:z ˈtʌtʃ | den Kontakt verlieren | perdre le contact avec | perdersi di vista | if two people lose touch, they gradually stop communicating, for example by no longer phoning or writing to each other | I lost touch with Julie after we moved. |
| have a lot in common | v phr | hæv ə ˌlɒt ɪn ˈkɒmən | viel gemeinsam haben | avoir beaucoup en commun | avere molto in comune | to have a lot of the same interests, attitudes, etc. as someone else | I found I had a lot in common with these people and we started going on holiday together. |
| be very close | v phr | bi ˌveri ˈkləʊs | sich sehr nahe stehen | être lié à/avec qn | essere molto vicini | if two people are close, they like or love each other very much | My brother and I are very close. |
| not see eye to eye | v phr | ˌnɒt si: ˌaɪ tu ˈaɪ | nicht einer Meinung sein | ne pas être d'accord | non essere d'accordo | if two people don't see eye to eye, they disagree with each other | I don't always see eye to eye with my father. |

Lesson 8C

| | | | | | | | |
|------------------------------|-------|---------------------------------|-------------------------------|------------------------------------|---|---|---|
| announce your engagement | v phr | əˌnaʊns jər ɪnˈgeɪdʒmənt | seine Verlobung mitteilen | annoncer ses fiançailles | annunciare il fidanzamento | to tell people about your agreement to marry someone | The couple are expected to announce their engagement today. |
| get married | v phr | get ˈmæriəd | heiraten | se marier | sposarsi | if you get married to someone, you become their husband or wife | They got married last week in St Lucia. |
| hold a ceremony | v phr | ˌhəʊld ə ˈserəməni | eine Feier abhalten | célébrer une cérémonie | tenere / fare / celebrare una cerimonia | to present an important social or religious event, when a traditional set of actions is performed in a formal way | A ceremony was held in Berlin to mark the occasion. |
| remember those who died | v phr | rɪˌmembə ðəʊz huː ˈdaɪd | der Verstorbenen gedenken | se souvenir de ceux qui sont morts | ricordare i morti | to think with respect about people who have died, often in a ceremony | On this day we remember the dead of two world wars. |
| be pregnant | v phr | bi ˈpregnənt | schwanger sein | être enceinte | essere incinta | if a woman or female animal is pregnant, she has an unborn baby growing inside her body | The doctor said that she was eight weeks pregnant. |
| give birth | v phr | ˌɡɪv ˈbɜːθ | auf die Welt bringen, gebären | accoucher, donner naissance | dare alla luce, far nascere | if a woman gives birth, she produces a baby from her body | His wife gave birth to twins yesterday. |
| partner | n | ˈpɑːtnə | Partner/in | conjoint/e | partner | one of two people who are married, or who live together and have a sexual relationship | Discuss your worries with your partner. |
| anniversary | n | ˌænəˈvɜːsəri | Jahrestag, Jubiläum | anniversaire | anniversario, ricorrenza | a date on which something special or important happened in a previous year | Jack and Kim celebrated their twentieth wedding anniversary in January. |
| retire | v | rɪˈtaɪə | in Rente gehen | prendre sa retraite | andare in pensione, ritirarsi | to stop working, usually because you have reached a certain age | He was forced to retire early because of poor health. |
| pay off your mortgage | v phr | ˌpeɪ ɒf jə ˈmɔːɡɪdʒ | eine Hypothek abzahlen | rembourser son hypothèque | estinguere un mutuo | to finish paying back all the money you borrowed to purchase a house | They paid off their mortgage five years early. |
| graduate | v | ˈɡrædʒueɪt | einen Abschluss machen | être diplômé | diplomarsi, laurearsi | to obtain a degree, especially a first degree, from a college or university | He graduated in physics from Cambridge University. |
| take a year off | v phr | ˌteɪk ə ˌjɪər ˈɒf | ein Jahr frei nehmen | prendre une année de congé | prendersi un anno sabbatico | to spend a year where you do not study or work in a permanent job; people often travel or do volunteer work in a year off | Guy took a year off to work as a volunteer in an elephant sanctuary in Botswana. |
| be in a serious relationship | v phr | bi ɪn ə ˈsɪəriəs rɪˈleɪʃnʃɪp | eine feste Beziehung haben | être dans une relation sérieuse | avere una relazione seria | to spend time together or live together, and have romantic or sexual feelings for each other, for quite a long time | Freya has had a couple of boyfriends, but she's never been in a serious relationship. |
| live together | v phr | ˈlɪv təˌgeðə | zusammenleben | vivre ensemble | convivere | if people live together, they live in the same house and have a sexual relationship but are not married | A lot of people live together before getting married. |
| separate | v | ˈsepəreɪt | sich trennen | se séparer | separarsi | if two people who are married or have been living together separate, they start to live apart | She and her husband separated a year ago. |
| divorce | v | dɪˈvɔːs | sich scheiden lassen | divorcer | divorziarsi, divorziare | if someone divorces their husband or wife, or if two people divorce, they legally end their marriage | David's parents divorced when he was six. |

Lesson 9

Lesson 9A

| | | | | | | | |
|------------------|-------|--------------------|--|-------------------|--------------------|---|--|
| strong community | n phr | ˌstrɒŋ kəˈmjuːnəti | Gemeinde/Gemeinschaft mit starkem Zusammenhalt | communauté forte | comunità forte | when the people who live in the same area, town, etc. have a lot of power or influence, or work together successfully to achieve what they want to do for that area or town | The village is a strong community and has set up several support groups for the elderly and young people, as well as a recycling scheme. |
| green space | n phr | ˌɡriːn ˈspeɪs | Grünfläche, Grünraum, Natur | espace vert | spazio verde | land, or an area of land, that has not been built on and is covered in grass, trees, etc. | The loss of green space in cities means that many children grow up with little experience of the natural world. |
| pressure | n | ˈpreʃə | Druck | pression | pressione | an attempt to persuade someone by using influence, arguments or threats | There is pressure on all of us to lose weight. |
| cause | v | kɔːz | verursachen | provoquer, causer | causare | to make (something) happen, especially something bad | Investigators are trying to find out what caused the accident. |
| anxiety | n | æŋˈzaiəti | Angst, Unruhe | anxiété | ansia, inquietezza | the feeling of being very worried about something | There is considerable anxiety among staff about job losses. |

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|---------------------|-------|----------------------|-----------------------------------|--------------------------|-------------------------------|---|--|
| work part-time | v phr | 'wɜ:k pɑ:t 'taɪm | Teilzeit arbeiten | travail à temps partiel | lavorare part-time | someone who works part-time works for only part of each day or week | She wants to work part-time after she's had the baby. |
| wages | n | 'weɪdʒəz | Löhne | salaires | salari | money you earn that is paid according to the number of hours, days or weeks that you work | The factory workers are demanding higher wages. |
| generous | adj | 'dʒenrəs | großzügig | généreux | generoso | someone who is generous is willing to give money, spend time, etc., in order to help people or give them pleasure | Jim is very generous with his time. He visits our elderly neighbour three evenings a week. |
| charity | n | 'tʃærəti | Hilfsorganisation | association caritative | beneficenza | an organisation that gives money, goods or help to people who are poor, sick, etc. | Several charities sent aid to the flood victims. |
| purpose in life | n phr | 'pɜ:pəs ɪn laɪf | Lebensziel | but dans la vie | scopo di vita | a feeling of determination to achieve things in life | My football career was over and I had no purpose in life. |
| equality | n | i'kwɒləti | Gleichberechtigung, Gleichheit | égalité | uguaglianza, pari opportunità | a situation in which people have the same rights, advantages, etc. | He praised the generations who struggled to achieve racial equality. |
| face | v | feɪs | gegenüberstehen | faire face à | affrontare | if you face or are faced with a difficult situation, or if a difficult situation faces you, it is going to affect you and you must deal with it | Emergency services are facing additional problems this winter. |
| discrimination | n | dɪ skrɪmɪ'neɪʃn | Diskriminierung | discrimination | discriminazione | the practice of treating one person or group differently from another in an unfair way | There is still widespread discrimination against older people in the job market. |
| trust | v | trʌst | vertrauen | faire confiance à | fidarsi | to believe that (someone) is honest or will not do anything bad or wrong | Can they be trusted to look after the house? |
| have faith in | v phr | hæv 'feɪθ ɪn | Vertrauen haben in | avoir foi en | avere fiducia in | to have a strong feeling of trust or confidence in (someone or something) | The public no longer has faith in the government's policies. |
| violence | n | 'vaɪələns | Gewalt | violence | violenza | behaviour that is intended to hurt other people physically | The nation has suffered terrorist violence for many years. |
| fact of life | n phr | 'fækt əv 'laɪf | Tatsache des Lebens | fait de vie | fatto della vita | an unpleasant situation that exists and that must be accepted | Persuading others to accept the hard financial facts of life is not a very popular job. |
| tolerance | n | 'tɒlərəns | Toleranz | tolérance | tolleranza | willingness to allow people to do, say or believe what they want without criticising or punishing them | These role-playing sessions are intended to help people learn tolerance. |
| Lesson 9A VB | | | | | | | |
| able | adj | 'eɪbl | in der Lage, fähig | capable de | capace, in grado | if you are able to do something, you are in a situation in which it is possible for you to do it | I'd like to do more gardening, but I never seem able to find the time. |
| ability | n | ə'biləti | Fähigkeit | capacité | capacità | the state of being able to do something | The health centre serves all patients, regardless of their ability to pay. |
| anxious | adj | 'æŋkʃəs | unruhig, besorgt, ängstlich | anxieux | ansioso, pauroso, preoccupato | worried about something | She is anxious about the interview. |
| anxiety | n | æŋ'zaɪəti | Befürchtung, Angst | anxiété | ansia, paura | the feeling of being very worried about something | There is growing anxiety about the rise in violent crime. |
| charitable | adj | 'tʃærətəbl | karitativ, wohltätig | caritatif | caritativo | relating to giving help to the poor or other people in need | A charitable organisation sponsors the food bank scheme. |
| charity | n | 'tʃærəti | Hilfs-/Wohltätigkeitsorganisation | association caritative | carità | an organisation that gives money, goods or help to people who are poor, sick, etc. | All the money raised goes to local charities. |
| communal | adj | 'kɒmjənəl, kə'mju:nl | Gemeinde-, gemeinschaftlich | communautaire, collectif | comune, collettivo | relating or belonging to all the people living in a particular community | Crops are grown on communal land. |
| community | n | kə'mju:nəti | Gemeinde | communauté, population | comunità | the people who live in the same area, town, etc. | The whole community gets involved in planning the festival. |
| equal | adj | 'i:kwəl | gleich | égal | uguale | having the same rights, opportunities, etc. as everyone else, whatever your race, religion or sex | Our education system should provide equal opportunities for all children. |
| equality | n | i'kwɒləti | Gleichberechtigung, Gleichheit | égalité | uguaglianza, pari opportunità | a situation in which people have the same rights, advantages, etc. | Women fought for equality throughout the 20th century. |
| creative | adj | kri'eɪtɪv | kreativ | créatif | creativo | involving the use of imagination to produce new ideas or things | I teach creative writing at Trinity College. |

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|------------------|-------|------------------|-------------------------|-------------------------------|-----------------------|--|---|
| creativity | n | 'kri:ei'tivəti | Kreativität | créativité | creatività | the ability to use your imagination to produce new ideas, make things, etc. | Teachers have been attacked for stifling creativity in their pupils. |
| generous | adj | 'dʒenrəs | großzügig | généreux | generoso | someone who is generous is willing to give money, spend time, etc., in order to help people or give them pleasure | She's always very generous to the kids and often takes them out for a treat. |
| generosity | n | dʒenə'rɒsəti | Großzügigkeit | générosité | generosità | a generous attitude, or generous behaviour | He is remembered for his generosity to the poor people of the city. |
| national | adj | 'næʃnəl | national | national | nazionale | relating to one particular nation as opposed to other nations | We refuse to sign any treaty that is against our national interests. |
| nationality | n | 'næʃə'næləti | Nationalität | nationalité | nazionalità | the state of being legally a citizen of a particular country | The Olympic Games brings together people of many nationalities. |
| normal | adj | 'nɔ:ml | normal | normal | normale | usual, typical or expected | A normal working week is 40 hours. |
| normality | n | no:'mæləti | Normalität | normalité | normalità | a situation in which things happen in the usual or expected way | After a week of strikes and unrest, we're hoping for a return to normality as soon as possible. |
| probable | adj | 'prɒbəbl | möglich, wahrscheinlich | probable | possibile, probabile | likely to exist, happen or be true | The probable cause of the fire was faulty wiring. |
| probability | n | 'prɒbə'bɪləti | Wahrscheinlichkeit | probabilité | probabilità | what is likely or something that is likely | The probability is that smaller businesses will not have to pay the tax. |
| Lesson 9B | | | | | | | |
| poverty | n | 'pɒvəti | Armut | pauvreté | povertà | the situation or experience of being poor | Millions of elderly people live in poverty. |
| wealth | n | welθ | Reichtum, Wohlstand | richesse | ricchezza | a large amount of money, property, etc. that a person or country owns | The family's wealth comes from diamond mining. |
| homeless | adj | 'həʊmləs | obdachlos | sans domicile fixe, sans abri | senzatetto | without a home | The earthquake has left thousands of people homeless. |
| state | n | steɪt | Staat | état | stato | the government or political organisation of a country | The state has allocated special funds for the emergency. |
| democracy | n | dɪ'mɒkrəsi | Demokratie | démocratie | democrazia | a country that has a government which has been elected by the people of the country | It is one of the few countries in the area that is a true democracy. |
| rule | v | ru:l | herrschen | régner sur | governare | to have the official power to control (a country and the people who live there) | Alexander the Great ruled over a huge empire. |
| own | v | əʊn | besitzen | posséder | possedere | to have (something which belongs to you), especially because you have bought it, been given it, etc. and it is legally yours | Many more people now own their own homes. |
| fund | v | fʌnd | finanzieren | financer | finanziare | to provide money for (an activity, organisation, event, etc.) | The community garden is jointly funded by several local companies. |
| pay | v | peɪ | bezahlen | payer | pagare | to give (someone) (money) for something you buy or for a service | He didn't even offer to pay me for the ticket. |
| racism | n | 'reɪsɪzəm | Rassismus | racisme | razzismo | unfair treatment of people, or violence against them, because they belong to a different race from your own | The company has promised to continue to fight against racism in the workplace. |
| majority | n | mə'dʒɔ:prəti | Mehrzahl | majorité | maggioranza | most of the people or things in a group | In the vast majority of cases the disease is fatal. |
| rights | n pl | raɪts | Rechte | droits | diritti | something that you are morally, legally or officially allowed to do or have | The new charter establishes the rights and duties of citizens. |
| vote | n | vəʊt | Stimme, Wahlstimme | voix, votes | voto, voto elettorale | an act of voting in an election or meeting, or the choice that you make when you vote | The proposal was rejected by 19 votes to 7. |
| healthcare | n | 'helθkeə | medizinische Versorgung | services de santé | servizi sanitari | the services that are provided for looking after people's health, or the activity of doing this | An ageing population requires greater expenditure on healthcare. |
| get rid of | v phr | get 'rɪd əv | abschaffen | se débarrasser de | sbarazzarsi di | to throw away or destroy (something you do not want any more) | The campaign demands that the government should get rid of all nuclear weapons. |
| put up with | phr v | pʊt 'ʌp wɪð, wɪθ | etwas dulden, hinnehmen | supporter, tolérer | sopportare, tollerare | to accept (an unpleasant situation or person) without complaining | She put up with his violent temper. |

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|---------------------|-------|--------------------|----------------------------------|------------------------|--|---|--|
| peace | n | pi:s | Frieden | paix | pace | a situation in which there is no war or fighting | The country is at peace with its neighbours for the first time in years. |
| chaos | n | 'keɪ-ɒs | Chaos | chaos | caos | a situation in which everything is happening in a confused way and nothing is organised or arranged in order | Snow has caused chaos on the roads this morning. |
| take over | phr v | 'teɪk 'əʊvə | die Kontrolle übernehmen | prendre le contrôle | prendere il controllo | to take control of (something) | Ruth moved into our apartment and promptly took over. |
| lose power | v phr | ˌlu:z 'paʊə | die Macht verlieren | perdre la puissance | perdere il potere | to stop having the ability or right to control people or events | The party lost power immediately after the war. |
| control | n | kən'trəʊl | kontrollieren | contrôler | controllare | to have the power to make the decisions about how a country, place, company, etc. is organised or what it does | China gained control of the island in 1683. |
| free | v | fri: | befreien | libérer | liberare | to allow (someone) to say and do what they want, after controlling or restricting them in the past | The press has now been freed from political control. |
| Lesson 9B VB | | | | | | | |
| social care | n phr | ˌsəʊʃl 'keə | Sozialfürsorge | aide sociale | previdenza sociale, assistenza sociale | care for the elderly, people with disabilities, etc. who need support to manage daily life, eg washing, preparing meals, etc. | One of the demands of an ageing population is the provision of good, affordable social care for all who need it. |
| the elderly | n | ði 'eldəli | Senioren | les personnes âgées | gli anziani | people who are old | My grandma lives in sheltered housing for the elderly. |
| get divorced | v phr | get dɪ'vɔ:st | sich scheiden lassen | divorcer | divorziarsi | to go through the legal process of no longer being married to your wife or husband | My parents are getting divorced. |
| middle class | adj | ˌmɪdl 'klɑ:s | Mittelklasse | classe moyenne | classe media | belonging to the social class that includes people who are educated and work in professional jobs, for example teachers or managers | They live in a middle-class neighbourhood where most people own their own home. |
| life expectancy | n phr | ˌlaɪf ɪk'spektənsɪ | Lebenserwartung | espérance de vie | speranza di vita | the length of time that a person or animal is expected to live | A person's life expectancy 200 years ago in Europe was much lower than it is today. |
| vandalism | n | 'vændl-ɪzəm | Vandalismus | vandalisme | vandalismo | the crime of deliberately damaging things, especially public property | This area of the city is well-known for vandalism: windows are broken and cars are set on fire almost every night. |
| noise pollution | n phr | 'nɔɪz pəˌlu:ʃn | Lärmverschmutzung, Lärmbelastung | pollution sonore | inquinamento acustico | very loud or continuous noise which is considered unpleasant and harmful to people | Residents who live near the airport have complained about noise pollution. |
| access | n | 'ækses | Zugang | accès | accesso | the right to use something | The basic principle of the National Health Service was universal access to healthcare. |
| higher education | n phr | ˌhaɪəɹ edʒu'keɪʃn | höhere Bildung | enseignement supérieur | istruzione superiore | college or university education as opposed to school | Many young people do not apply to progress to higher education because of the cost. |
| benefits | n pl | 'benəfɪts | Beihilfe, Unterstützungszahlung | allocation | sussidio, assegno sociale | money provided by the government to people who are sick, unemployed or have little money | You may be entitled to housing benefit. |
| poverty | n | 'pɒvəti | Armut | pauvreté | povertà | the situation or experience of being poor | His art was not appreciated and he died in poverty. |
| wages | n pl | 'weɪdʒəz | Gehälter, Löhne | salaires | salari, stipendi | money you earn that is paid according to the number of hours, days or weeks that you work | There are high numbers of people on low wages. |
| rights | n pl | raɪts | Rechte | droits | diritti | something that you are morally, legally or officially allowed to do or have | As a young man, he was involved in the struggle for civil rights. |
| beg | v | beg | betteln | mendier | mendicare | to ask people to give you food, money, etc., usually because you are very poor | The old man went from door to door begging for food. |

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|----------------------------|----------|--------------------------|----------------------------------|-------------------------------------|--|---|---|
| homeless | adj | 'həʊmləs | obdachlos | sans domicile fixe, sans abri | senzatetto | without a home | Homeless people can go to the shelter for a hot meal, a shower and a bed for the night. |
| all walks of life | n phr | ˌɔ:l wɔ:ks əv 'laɪf | aus allen Gesellschaftsschichten | de toutes les couches de la société | di ogni estrazione sociale | your walk of life describes the position in society you have, especially the type of job you have | Our volunteers include people from all walks of life. |
| a fact of life | n phr | ə 'fækt əv 'laɪf | eine Tatsache des Lebens | un fait de vie | un fatto della vita | an unpleasant situation that exists and that must be accepted | Mass unemployment seems to be a fact of life nowadays. |
| later in life | prep phr | ˌleɪtə rɪn 'laɪf | in fortgeschrittenem Alter | plus tard dans la vie | in età avanzata | when you are older | Many people don't want to meet a partner and buy a home until later in life. |
| life's too short | n phr | 'laɪfs tu: 'ʃɔ:t | das Leben ist zu kurz | la vie est trop courte | la vita è troppo breve | used to say that you should not waste time doing something or worrying about something | Forget about it. Life's too short. |
| quality of life | n phr | 'kwɒləti əv 'laɪf | Lebensqualität | qualité de vie | qualità della vita | how good or bad your life is, shown for example by whether or not you are happy, healthy, able to do what you want, etc. | It is hoped that these drugs will improve the quality of life for very ill patients. |
| see life | v phr | 'si: 'laɪf | das Leben kennenlernen | voir la vie | vedere la vita | to experience a wide range of different things, often unusual things | As a police officer in a large city, I really saw life. |
| that's life | n phr | ðæt s 'laɪf | so ist das Leben | c'est la vie | così è la vita | used to say that something is disappointing but you have to accept it | I didn't get the job. Oh well, that's life! |
| have the time of your life | v phr | hæv ðə 'taɪm əv jə 'laɪf | sich herrlich amüsieren | s'amuser beaucoup à qc | divertirsi un mondo | to enjoy yourself very much | Julie went to a wedding at the weekend and had the time of her life. |
| Lesson 9C | | | | | | | |
| drown | v | draʊn | ertrinken | se noyer | annegare | to die from being under water for too long, or to kill (someone) in this way | Many people drowned when the boat overturned. |
| come last | v phr | 'kʌm 'lɑ:st | als Letzte/r ankommen | terminer dernier | arrivare ultimo | to lose a race by being slower than everyone else | I tripped early on in the race, so I came last. |
| be in the lead | v phr | 'bi ɪn ðə 'li:d | in Führung sein | mener | essere in testa, essere in prima linea | to be in the first position in a race or competition | He was in the lead after the first lap of the race. |
| fall over | phr v | 'fɔ:l 'əʊvə | hinfallen, stürzen | tomber | cadere | to fall onto the ground | Tommy fell over and cut his knee badly. |
| miss a penalty | v phr | 'mɪs ə 'penlti | einen Elfmeter verschießen | rater un penalty | sbagliare un rigore | to fail to kick the ball or hit the puck into the goal in a game of football, rugby or ice hockey, when you have been given the chance because the other team has broken a rule | He missed that penalty against France. |
| send off | phr v | 'send 'ɒf | vom Platz stellen | retirer | espellere | to order (a sports player) to leave the field because they have broken the rules | One of Dundee's players was sent off for punching another player. |
| break the record time | v phr | 'breɪk ðə 'rekɔ:d 'taɪm | die Rekordzeit brechen | battre le temps record | battere il tempo record | to go faster than has ever been achieved or reached, especially in sport | He broke the world record time for the 1500 metres. |
| a fair contest | n phr | ə 'feə 'kɒntest | ein fairer Wettbewerb | un concours équitable | una gara leale | a competition in which everyone has the same chance of winning | Divide the class into groups in a way that will make it a fair contest. |
| knock out | phr v | 'nɒk 'aʊt | aus einem Wettbewerb werfen | éliminer | eliminare | to defeat (a person) in a competition so that they can no longer take part | He hit the headlines when he knocked Nadal out of the French Open Tournament. |
| train | v | treɪn | trainieren | s'entraîner | allenarsi, allenare | to prepare for a sports event or tell (someone) how to prepare for it, especially by exercising | They have been training for six months for the next World Cup. |
| black belt | n phr | 'blæk 'belt | schwarzer Gürtel | ceinture noire | cintura nera | (someone who has) a high rank in sports such as judo and karate | Molly is a black belt in judo. |
| represent your country | v phr | reprə'zent jə 'kʌntri | sein Land repräsentieren | représenter son pays | rappresentare il proprio paese | if you represent your country in a sport, you take part in a sports event for that country | Her greatest ambition was to represent her country at the Olympics. |
| slope | n | sləʊp | Piste | piste | pista | an area of steep ground covered with snow that people ski down | He learned to ski on the slopes around Corvara. |
| the favourite | n | ðə 'feɪvərət | der Favorit / die Favoritin | le favori / la favorite | il favorito / la favorita | the team, player, etc. that is expected to win a race or competition | Wilson's Lad is the favourite to win the Irish Grand National. |

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|---------------------------|-------|-----------------------------|-----------------------------|--------------------------------|-----------------------------------|---|---|
| get to the quarter-finals | v phr | ˌget tə ðə ˌkwɔːtə ˈfaɪnəlz | ins Viertelfinale einziehen | atteindre les quarts de finale | arrivare ai quarti di finale | to qualify for one of the four games near the end of a competition, whose winners play in the two semi-finals | Scotland got to the quarter-finals of the rugby World Cup. |
| get beaten | v phr | get ˈbiːtən | geschlagen werden | être battu | essere battuti | to be defeated | Trapero cycled well but got beaten in the last 200 metres. |
| Lesson 10 | | | | | | | |
| Lesson 10A | | | | | | | |
| architect | n | ˈɑːkɪtekt | Architekt | architecte | architetto | someone whose job is to design buildings | The museum was designed by the architect Frank Gehry. |
| design | v | dɪˈzaɪn | entwerfen | concevoir | disegnare | to make a drawing or plan of (something that will be made or built) | The tower was designed by Gilbert Scott. |
| painter | n | ˈpeɪntə | Maler/in | peintre | pittore, pittrice | someone who paints pictures | Cézanne was a Post-Impressionist painter, famous for portraits and landscapes. |
| work | n | wɜːk | Werk | oeuvre | opera | something such as a painting, play, piece of music, etc. that is produced by a painter, writer or musician | <i>Guernica</i> is a famous work by Pablo Picasso. |
| military leader | n phr | ˌmɪlətri ˈliːdə | Heerführer | chef militaire | comandante dell'esercito | someone who controls the armed forces | The country's military leader had seized power in a coup. |
| victory | n | ˈvɪktəri | Sieg | victoire | vittoria | a situation in which you win a battle, game, election or dispute | The battle was a decisive victory for the USA. |
| activist | n | ˈæktɪvɪst | Aktivist/in | activiste | attivista | someone who works hard doing practical things to achieve social or political change | Malala Yousafzai is an activist for female education. |
| women's rights | n phr | ˌwɪmɪnz ˈraɪts | Frauenrechte | droits des femmes | diritti delle donne | the campaign for women's rights aims to improve the social, economic and political position of women and end sexual discrimination | New laws have been passed to protect women's rights. |
| trade union leader | n phr | ˌtreɪd ˈjuːnjən ˈliːdə | Gewerkschaftsführer | dirigeant syndical | sindacalista, dirigente sindacale | someone who controls an organisation, usually in a particular trade or profession, that represents workers, especially in meetings with employers | Trade union leaders have put pressure on the government to introduce new safety standards. |
| the rights of workers | n phr | ðə ˈraɪts əv ˈwɜːkəz | Rechte der Arbeiter | les droits des travailleurs | diritti del lavoratore | things that employees are morally, legally or officially allowed to do or have | The company's actions are a violation of the rights of workers. |
| athlete | n | ˈæθli:t | Sportler/in | athlète | atleta | someone who competes in sports competitions, especially running, jumping and throwing | Athletes have to take routine drug tests before and after competitions. |
| gold medal | n phr | ˌgəʊld ˈmedl | Goldmedaille | médaille d'or | medaglia d'oro | a prize made of gold that is given to someone for winning a race or competition | Phelps has won 23 Olympic gold medals. |
| poet | n | ˈpəʊt | Dichter/in | poète | poeta / poetessa | someone who writes poems | Seamus Heaney was an Irish poet who won a Nobel Prize. |
| widely read | v phr | ˌwaɪdli ˈred | viel gelesen | beaucoup lu | molto letto | if an author is widely read, many people read what that author has written | Agatha Christie is still a widely read crime novelist. |
| explorer | n | ɪkˈsplɔːrə | Entdecker/in | explorateur/-trice | scopritore / scopritrice | someone who travels through an unknown area to find out about it | Potatoes were brought to England by explorers such as Sir Francis Drake and Sir Walter Raleigh. |
| sail | v | seɪl | segeln | faire de la voile | navigare a vela, veleggiare | to travel on or across an area of water in a boat or ship | She always wanted to sail around the world. |
| philosopher | n | fəˈlɒsəfə | Philosoph/in | philosophe | filosofo/-a | someone who studies and develops ideas about the nature and meaning of existence, truth, good and evil, etc. | Plato, Aristotle, and other Greek philosophers still influence our thinking today. |
| lawyer | n | ˈlɔːjə | Rechtsanwalt/-anwältin | avocat/e | avvocato/-essa | someone whose job is to advise people about laws, write formal agreements or represent people in court | She is one of the country's leading criminal lawyers. |
| defend | v | dɪˈfend | verteidigen | défendre | difendere | to be a lawyer for (someone who has been charged with a crime) | He had top lawyers to defend him. |

| Lesson 10A VB | | | | | | | |
|--------------------------|-------|----------------------------------|-------------------------------------|------------------------------------|-----------------------------------|---|--|
| abolish | v | ə' bɒlɪʃ | abschaffen | abolir | abolire | to officially end (a law, system, etc.), especially one that has existed for a long time | Slavery was abolished in the USA in the 19th century. |
| discover | v | dɪs' kʌvə | entdecken | découvrir | scoprire | if someone discovers a new place, fact, substance, etc., they are the first person to find it or know that it exists | The Curies are best known for discovering radium. |
| elect | v | ɪ' lekt | wählen | élire | votare | to choose (someone) for an official position by voting | The country has democratically elected a government for the first time. |
| form | v | fɔ:m | gründen | former | formare, costituire | to establish (an organisation, committee, government, etc.) | The World Trade Organisation was formed in 1995. |
| introduce | v | ˌɪntrə'dju:s | einführen | introduire | introdurre | to bring (a plan, system or product) into use for the first time | The store has introduced a new range of food for children. |
| invade | v | ɪn'veɪd | eindringen, einmarschieren | envahir | invadere | to enter (a country, town or area) using military force, in order to take control of it | The Romans invaded Britain 2,000 years ago. |
| invade someone's privacy | v phr | ɪn'veɪd sʌmwʌnz 'prɪvəsi, 'praɪ- | in jmds Privatsphäre eindringen | envahir la vie privée de qn | invadere la sfera privata di qn | to get involved in someone's private business in an unwanted and annoying way | What right does he have to invade my privacy? |
| invent | v | ɪn'vent | erfinden | inventer | inventare | to make, design or think of (a new type of thing) | Alexander Graham Bell invented the telephone in 1876. |
| launch | v | lɔ:ntʃ | starten, in die Umlaufbahn bringen | lancer | lanciare, immettere nell'orbita | to send (a weapon or spacecraft) into the sky or into space | A test satellite was launched from Cape Canaveral. |
| launch | v | lɔ:ntʃ | auf den Markt bringen | lancer | lanciare, immettere (sul mercato) | to make (a new product, book, etc.) available for sale for the first time | The company hopes to launch the new drug by next October. |
| sign | v | saɪn | unterzeichnen | signer | sottoscrivere | to make (a document, agreement, etc.) official and legal by writing your signature on it | France has just signed a new trade deal with Japan. |
| transform | v | træns'fɔ:m | verändern | transformer | trasformare | to completely change the appearance, form or character of (something or someone), especially in a way that improves it or them | Increased population has transformed the landscape. |
| Lesson 10B | | | | | | | |
| attract | v | ə'trækt | anziehen, anlocken | attirer | attrarre | to provoke or cause | The story has attracted a lot of interest from the media. |
| opposition | n | ˌɒpə'zɪʃn | Widerstand | résistance, opposition | opposizione | strong disagreement with, or protest against, something such as a plan, law or system | They face opposition from local residents as well as from environmentalists. |
| present | v | pri'zent | präsentieren, vortragen | présenter | presentare, illustrare | to show or describe (someone or something) | We'll present the information using a chart. |
| evidence | n | 'eɪdɪns | Beweis | preuve | prova | facts or signs that show clearly that something exists or is true | Do you have evidence that this treatment works? |
| delay | v | dɪ'leɪ | hinauszögern | remettre à plus tard | rimandare | to wait until a later time to do something | He delayed his decision on whether to call an election. |
| volunteer | v | ˌvɒlən'tɪə | sich anbieten, sich bereit erklären | se porter volontaire pour faire qc | offrirsi, dirsi disponibili | to offer to do something without expecting any reward, often something that other people do not want to do | Helen volunteered to have Thanksgiving at her house this year. |
| gain | v | geɪn | profitieren | gagner | profittare | to get an advantage from a situation, opportunity or event | Who really stands to gain from these tax cuts? |
| persuade | v | pə'sweɪd | überreden, überzeugen | persuader | persuadere, convincere | to make (someone) decide to do something, especially by giving them reasons why they should do it, or asking them many times to do it | Don't let yourself be persuaded into buying things you don't want. |
| force | v | fɔ:s | zwingen | forcer | costringere | to make (someone) do something they do not want to do | Bad health forced him into taking early retirement. |
| deadline | n | 'dedlaɪn | Termin | date limite | scadenza | a date or time by which you have to do or complete something | I'm always working under pressure to meet deadlines. |

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| achieve | v | ə'tʃi:v | erreichen, erzielen | accomplir | raggiungere, ottenere | to successfully complete (something) or get a good result, especially by working hard | Frances achieved very good exam results. |
| disagreement | n | dɪsə'gri:mənt | Meinungsverschiedenheit | désaccord, différent | disaccordo, dissenso | a situation in which people express different opinions about something and sometimes argue | The only disagreements we have are about money. |
| extend | v | ɪk'stend | verlängern | prolonger | estendere | to continue for a longer period of time, or to make (something) last longer | The government has extended the ban on the import of beef until June. |
| grade | n | greɪd | Note | note | voto | a mark that a student is given for their work or for an examination | He got a grade A in maths. |
| responsible | adj | rɪ'spɒnsəbl | verantwortlich | responsable | responsabile | having a duty to be in charge of or to look after someone or something | He is responsible for recruiting and training new staff. |
| manage | v | 'mænɪdʒ | bewältigen, schaffen, hinbekommen | se débrouiller | farcela, riuscire | to succeed in doing something difficult, especially after trying very hard | I don't know how I'll manage it, but I'll be there. |
| rush | n | rʌʃ | Eile | hâte | fretta | a situation in which you need to hurry | I had to do my homework in a rush because I was late. |
| higher standard | n phr | 'haɪə 'stændəd | höherer Standard | niveau plus élevé | standard più elevato | an increased level to be considered acceptable | Many food businesses need to set higher standards of hygiene. |
| Lesson 10B VB | | | | | | | |
| qualify | v | 'kwɒləfaɪ | ein Examen ablegen | obtenir son diplôme de | qualificarsi | to pass an examination or finish a course of study that you need in order to do something | After qualifying, doctors spend at least two years working in hospitals. |
| qualification | n | 'kwɒləfaɪ'keɪʃn | Qualifikation | diplôme | qualifica | if you have a qualification, you have passed an examination or course to show you have a particular level of skill or knowledge in a subject | We are looking for graduates with qualifications in maths or science. |
| correct | v | kə'rekt | verbessern | corriger | correggere | if someone corrects another person's written work, he or she writes marks on it to show the mistakes in it | Correct my pronunciation if it's wrong. |
| correction | n | kə'rekʃn | Verbesserung | correction | correzione | a change made in something in order to make it right or better | I just need to make a few corrections, and then we can send it to the printer. |
| explode | v | ɪk'spləʊd | explodieren | exploser | esplosione | to burst, or to make something burst, into small pieces, usually with a loud noise and in a way that causes damage or injury | The device was thrown at an army patrol but failed to explode. |
| explosion | n | ɪk'spləʊʒn | Explosion | explosion | esplosione | a loud sound and the energy produced by something such as a bomb bursting into small pieces | Several people were injured in a bomb explosion. |
| oppose | v | ə'pəʊz | sich widersetzen, ablehnen | s'opposer à | opporsi | to disagree with (something such as a plan or idea) and try to prevent it from happening or succeeding | Hundreds of people wrote to oppose the scheme. |
| opposition | n | ə'pəʊzɪʃn | Widerstand | opposition, résistance | opposizione, resistenza | strong disagreement with, or protest against, something such as a plan, law or system | There was a great deal of opposition to the war. |
| react | v | ri'ækt | reagieren | réagir | reagire | to behave in a particular way or show a particular emotion because of something that has happened or been said | He reacted angrily to the suggestion that he had lied. |
| reaction | n | ri'ækʃn | Reaktion | réaction | reazione | something that you feel or do because of something that has happened or been said | What was Jeff's reaction when you told him about the job? |
| admit | v | əd'mɪt | zugeben | admettre | ammettere | to say that you have done (something wrong, especially something criminal) | A quarter of all workers admit to taking time off when they are not ill. |
| admission | n | əd'mɪʃn | Eingeständnis | confession | ammissione | a statement in which you admit that something is true or that you have done something wrong | Silence is often interpreted as an admission of guilt. |
| Lesson 10C | | | | | | | |

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|-----------------------------|---------|-----------------------------|------------------------------------|------------------------------|--|--|--|
| design | v | dɪˈzaɪn | gestalten, entwerfen | concevoir | disegnare | to make a drawing or plan of (something that will be made or built or made) | The car is beautifully designed – I love the look of the front end! |
| value for money | n phr | ˌvæljuː fə ˈmʌni | Gegenwert für Geld | rapport qualité-prix | rapporto qualità prezzo | good value, or the quality of being good value | Every customer is looking for value for money. |
| a reasonable price | n phr | ə ˈriːznəbl ˈpraɪs | ein vernünftiger Preis | un prix raisonnable | un prezzo ragionevole | reasonable prices are not too high | The school cafeteria offers good food at a reasonable price. |
| battery life | n phr | ˈbætri laɪf | Batterielebensdauer | vie des batteries | durata della batteria | how long a battery (= an object that provides a supply of electricity for something such as a radio, car or toy) lasts | My old phone had a longer battery life. |
| tough | adj | tʌf | widerstandsfähig | résistant | resistente | not easily broken or made weaker | The device comes with a tough, durable plastic cover, suitable for all weather conditions. |
| feature | n | ˈfiːtʃə | Funktion, Ausstattungsmerkmal | fonction, caractéristique | funzione, caratteristica | a part of something that you notice because it seems important, interesting or typical | Airbags are a standard feature in most new cars. |
| ideal | adj | aɪˈdiəl | ideal | idéa | ideale | the best or most suitable that something could possibly be | The large buttons and speaker function make this phone ideal for the elderly. |
| complicated | adj | ˈkɒmplɪkətɪd | kompliziert | compliqué, complexe | complicato, complesso | difficult to understand or deal with, because many parts or details are involved | I didn't realise programming the smart TV would be so complicated. |
| leather | n | ˈleðə | Leder | cuir | cuoio | animal skin that has been treated to preserve it, and is used for making shoes, bags, etc. | The inside of the bag was lined with soft leather. |
| bargain | n | ˈbɑːɡɪn | Schnäppchen | bonne affaire | affare | something you buy cheaply or for less than its usual price | In the market you can sometimes pick up a real bargain. |
| have room | v phr | hæv ˈruːm | Platz haben | avoir de la place | avere posto | to have space somewhere for a particular thing, person or activity | My suitcase was so full I didn't have enough room for anything else. |
| stylish | adj | ˈstaɪlɪʃ | schick, stylish | élégant, chic | elegante, raffinato | attractive in a fashionable way | The furniture looked very stylish and modern. |
| decent | adj | ˈdiːsnt | respektabel, ordentlich, annehmbar | pas mal, correct, convenable | decente, soddisfacente | of quite a good standard or quality | It is actually a decent read – for a free, in-flight magazine. |
| set up | phr v | ˌset ˈʌp | anschließen, aufstellen | installer | allestire, predisporre | to prepare (the equipment that will be needed for an activity) so that it is ready to be used | Can someone set the overhead projector up? |
| automatically | adv | ˌɔːtəˈmætɪkli | automatisch | automatiquement | automaticamente | by the action of a machine, without a person making it work | The doors opened automatically as we approached. |
| last | v | lɑːst | halten, dauern, ausreichen | durer | durare | to continue to exist, be effective or remain in good condition for a long time | The batteries won't last very long if you leave it switched on all the time. |
| Lesson 10C VB | | | | | | | |
| black and blue | adj phr | ˌblæk ən ˈbluː | grün und blau | couvert de bleus | pieno di lividi | skin that is black and blue has bruises (=dark marks) on it as a result of being hit | If you do that again, I'll beat you black and blue. |
| the green belt | n phr | ðə ˈɡriːn belt | Grünzone, Grüngürtel | la ceinture verte | zona verde | an area of land around a city where building is not allowed, in order to protect fields and woods | One of the purposes of the green belt is to conserve wildlife. |
| be in the red | v phr | ˌbi ɪn ðə ˈred | in den roten Zahlen sein | être dans le rouge | essere in rosso | to owe more money than you have; to be overdrawn in your bank account | This is the airline's fourth straight year in the red. |
| a white-collar job | n phr | ə ˌwaɪt ˈkɒlə dʒɒb | Bürojob | employé/e de bureau | un lavoro impiegatizio | a job in an office, bank, etc. rather than a job working in a factory, building things, etc. | In the past, university graduates were more or less guaranteed a white-collar job. |
| feel a bit blue | v phr | fiːl ə bɪt ˈbluː | etwas deprimiert sein | se sentir un peu déprimé | sentirsi un po' tristi, essere un po' depressi | to feel quite sad and without hope | He's been feeling a bit blue since his brothers left home. |
| give a plan the green light | v phr | ˌɡɪv ə plæn ðə ˈɡriːn ˈlaɪt | einem Plan grünes Licht geben | donner le feu vert à un plan | dare il nulla osta a un progetto | to allow a plan to begin | The Council has given the green light to the proposed recycling scheme. |
| a black eye | n phr | ə ˌblæk ˈaɪ | ein blaues Auge | un oeil au beurre noir | un occhio nero | if you have a black eye, you have a dark area around your eye because you have been hit | I've got a black eye from walking into a lamp-post. |

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| a golden opportunity | n phr | ə ˌɡəʊldn ɒpə ˈtjuːnəti | einmalige Gelegenheit | occasion en or | occasione d'oro | a good chance to get something valuable or to be very successful | He wasted a golden opportunity when he missed from the penalty spot. |
| out of the blue | adv phr | ˌaʊt əv ðə ˈbluː | aus heiterem Himmel | à l'improviste | come un fulmine a ciel sereno | if something happens out of the blue, it is very unexpected | The news of her illness came out of the blue; she seemed really well the last time I saw her. |
| be in the black | v phr | ˌbi ɪn ðə ˈblæk | im Plus sein, schwarze Zahlen schreiben | être en bénéfice | registrare saldi attivi | to have money in your bank account | This is the first time I've been in the black since leaving college. |
| black and white | adj phr | ˌblæk ən ˈwaɪt | schwarz-weiß | simple | o bianco o nero | considering things in a way that is too simple and as if things are either completely good or completely bad | There's still a tendency to see the issues in a black and white way. |