

Core vocabulary/phrases	Extra vocabulary	Extended vocabulary	Part of speech	Pron	Definition	Example	GSE	Unit	Topic	Notes & Queries
add to			v + prep	ˌæd tuː	to put something with something else or with a group of other things	Add water to the mixture if it's too dry.	51		1 Sound	
begin with			v + prep	bɪˈɡɪn wɪð	if you begin with something or begin by doing something, you do it first	Let's begin with exercise 5.	28		1 Sound	
compare to			v + prep	kəmˈpeɪ tuː	if you compare things, you examine them in order to find out how they are similar or different	If you compare it to the other camping site, this one is much better.	48		1 Sound	
consist of			v + prep	kənˈsɪst ɒv	to be formed from two or more things or people	The audience consists mainly of teenagers.	64		1 Sound	
depend on			v + prep	dɪˈpend ɒn	if something depends on something else, it is directly affected or decided by that thing	Choosing the right bike depends on what you want to use it for.	-		1 Sound	
focus on			v + prep	ˈfəʊkəs ɒn	to give all your attention to a particular thing	He needs to focus on his career.	53		1 Sound	
rely on			v + prep	rɪˈlaɪ ɒn	to trust or depend on someone or something to use your mind to decide about something, imagine something etc	Many people now rely on the Internet for news.	56		1 Sound	
think about			v + prep	θɪŋk əˈbaʊt		What are you thinking about?	26		1 Sound	
concentrate on			v + prep	ˈkɒnsəntreɪt ɒn	to give most of your attention to one thing	Be quiet – let me concentrate on my homework.	59		1 Sound	
disturb (someone)			v	dɪˈstɜːb (ˈsʌmwʌn) ɡəʊ ɒf (iː.dʒiː.əl əˈlɑːm)	to interrupt someone so that they cannot continue what they are doing	Sorry to disturb you, but I have an urgent message.	-		1 Sound	
go off (e.g. an alarm)			phr v	hæv eɪ (ɡʊd/bæd) ˈmɛməri	to make a loud noise	Sorry I'm late. My alarm clock didn't go off!	50		1 Sound	
have a (good/bad) memory			v phr		to be able to (easily or with difficulty) remember things, places, experiences etc	She has a really bad memory for names and dates.	47		1 Sound	
keep quiet			v phr	kiːp ˈkwaɪət	to not make a lot of noise	Keep quiet! I'm trying to watch the game.	23		1 Sound	
make a decision			v phr	meɪk ə dɪˈsɪʒən	to make a choice or judgment after a period of discussion or thought	Do you ever wonder if you made the right decision?	45		1 Sound	
make a noise			v phr	meɪk ə nɔɪz	to make a sound, especially one that is loud, unpleasant, or frightening	I hate it when people make a noise when I am trying to study.	41		1 Sound	
ring (e.g. a phone)			v	rɪŋ (iː.dʒiː.əl fəʊn)	if a telephone rings, it makes a sound to show that someone is calling you	I didn't hear my phone when it rang.	40		1 Sound	
switch (something) off			phr v	swɪtʃ (ˈsʌmθɪŋ) ɒf	to turn off a machine, light etc, using a switch	You have to switch your phone off when you get on a plane.	42		1 Sound	
think of (something)			v + prep	θɪŋk ɒv (ˈsʌmθɪŋ) θɪŋk (ˈsʌmθɪŋ)	to produce a new idea or plan	We'll have to think of a pretty good excuse for being late.	-		1 Sound	
think (something) through			phr v	θruː	to think carefully about the possible results of doing something	It sounds like a good idea, but I don't think they've really thought it through.	56		1 Sound	
I (honestly) have no idea.			phr	ɑː (ˈɒnɪstli) hæv nəʊ aɪ dɪə	used to say that you do not know the answer to a question	'Where's Tom?' 'I have no idea.'	56		1 Sound	
I'm looking forward to it.			phr	aɪm ˈlʊkɪŋ ˈfɔːwəd tə ɪt	to be excited and happy about something that is going to happen	I'm really looking forward to going to Japan for a month.	45		1 Sound	
loads of (something)			phr	ləʊdz ɒv (ˈsʌmθɪŋ)	much or many	There were loads of people standing in front of the shop.	-		1 Sound	
(It) Sounds good to me.			phr	(ɪt) saʊndz ɡʊd tuː miː	used for telling someone that their idea or suggestion seems like a good one	'How about dinner and a film tonight?' 'Sounds good to me.'	-		1 Sound	
audience			n	ˈɔːdiəns	a group of people who come to watch and listen to someone speaking or performing in public	The audience began clapping and cheering.	49		1 Sound	
film-maker			n	ˈfɪlm, meɪkə	someone who makes films, especially a director or producer	Steven Spielberg is one of the most successful Hollywood film-makers.	69		1 Sound	
film-making			n	ˈfɪlm ˈmeɪkɪŋ	the process of creating films	Film-making today relies heavily on computer generated images.	-		1 Sound	
horror			n	ˈhɒrə	a film in which strange and frightening things happen	I don't watch horror films because they are too scary.	-		1 Sound	
orchestra			n	ˈɔːkɛstrə	a large group of musicians playing many different kinds of instruments and led by a conductor	The orchestra performed a concert at the Royal Albert Hall.	65		1 Sound	
perform			v	pəˈfɔːm	to do something to entertain people, for example by acting a play or playing a piece of music	We performed 'Hamlet' last year.	51		1 Sound	
(see a) play			n	(siː ə) pleɪ	a story that is written to be performed by actors, especially in a theatre	We went to see a new play by Tom Stoppard.	55		1 Sound	
professional (singer)			adj	prəˈfeʃənəl (ˈsɪŋə)	relating to a job that needs special education and training	Rachel wants to be a professional singer, so she is taking singing lessons.	55		1 Sound	

recording	n	riˈkɔːdɪŋ	something that has been recorded on tape or disc, or the process of recording something	Have you heard the new recording of Mozart's 'Requiem'?	51	1	Sound
scene	n	siːn	part of a play during which there is no change in time or place	The opening scene of the film shows the main character in his office.	60	1	Sound
silence	n	ˈsaɪləns	complete absence of sound or noise	There was a loud noise, then complete silence.	59	1	Sound
silent	adj	ˈsaɪlənt	not saying anything	Alan was silent for a long time before he started to speak.	45	1	Sound
studio	n	ˈstjuːdiəʊ	a room where television and radio programmes are made and broadcast or where music is recorded	We met the film artist in his studio.	52	1	Sound
distance	n	ˈdɪstəns	the amount of space between two places or things	What's the distance from Chicago to Detroit?	38	1	Sound
explore	v	ɪkˈsploː	to travel around an area to find out what it is like	We spent a week exploring the Oregon coastline.	55	1	Sound
go camping	v phr	ɡəʊ ˈkæmpɪŋ	to have a holiday in which you sleep in tents	Scouts often go hiking and camping.	50	1	Sound
hire	v	haɪə	to pay money to borrow something for a short period of time	The best way to explore the island is to hire a car.	39	1	Sound
(be) keen on	adj + prep	(biː) kiːn ɒn	wanting to do something or wanting something to happen very much	I'm not very keen on doing homework on Friday evening.	57	1	Sound
local	adj	ˈləʊkəl	relating to the particular area you live in, or the area you are talking about	Our kids go to the local school.	42	1	Sound
scenery	n	ˈsiːnəri	the natural features of a particular part of a country that you can see, such as mountains, forests, deserts etc	The best part of the trip was the fantastic scenery.	60	1	Sound
stay	n/v	steɪ	to live in a place for a short time as a visitor or guest	They're staying at her mother's house.	27/53	1	Sound
take a cruise	v phr	teɪk ə kruːz	to go on a holiday on a large ship	They're taking a cruise round the Mediterranean Sea.	66	1	Sound
visit	n/v	ˈvɪzɪt, ˈvɪzɪt	to go and spend time in a place or with someone, especially for pleasure or interest	Eric went to Seattle to visit his cousins.	20/30	1	Sound
app	n	æp	a piece of computer software that does a particular job	You can download an app that reminds you of things you have to do.	71	1	Sound
communicate (with)	v	kəˈmjuːnɪkeɪt (wɪð)	to exchange information or conversation with other people, using words, signs, writing etc	We communicated mostly by e-mail.	60	1	Sound
messaging app	n	ˈmesɪdʒɪŋ æp	a mobile-phone-based software programme that allows users to send and receive information using their phone's internet connection	This messaging app lets you record yourself so you don't have to type your reply.	71	1	Sound
(be/go) online	adj/adv	(biː/ɡəʊ) ˈɒn.laɪn	connected to other computers through the Internet, or available through the Internet	All the city's schools will be online by the end of the year.	32	1	Sound
sign up	v	saɪn ʌp	to put your name on a list for something because you want to take part in it	I'm thinking of signing up for a yoga course.	-	1	Sound
social media	n	ˈsəʊʃəl ˈmiːdiə	ways of sharing information, opinions, images, videos etc using the Internet, especially social networking sites	Nowadays people spend all their time on social media.	81	1	Sound
talk face-to-face	v phr	tɔːk feɪs-tuː-fets	to meet someone and talk to them, instead of just talking to them on the phone etc	'You could have just phoned.' 'I wanted to talk to you face-to-face.'	65	1	Sound
voice	n	vɔɪs	the sounds that you make when you speak, or the ability to make these sounds	He recognised her voice immediately.	45	1	Sound
air pollution	n	eə peɪˈluːʃən	harmful substances in the air, often consisting of waste from vehicles or industry	Over two-thirds of air pollution in the cities is caused by transportation.	45	1	Sound
car alarm	n	kɑːr əˈlɑːm	equipment in a car that makes a loud noise if anyone tries to steal or damage the car	The car alarm went off when I opened the trunk.	54	1	Sound
complain	v	kəmˈpleɪn	to say that you are not satisfied with something or not happy about something	They're complaining because the price has increased.	35	1	Sound
complaint	n	kəmˈpleɪnt	something that you say or write when you are not happy about something	We've received complaints about the noise.	53	1	Sound
litter	n	ˈlɪtə	waste paper, cans etc that people have thrown away and left on the ground in a public place	People who drop litter can be fined in some cities.	52	1	Sound
mess	n	mes	when a place or person looks dirty and untidy	The house was a complete mess when I came home in the evening.	46	1	Sound
public transport	n	ˈpʌblɪk ˈtrænsˌpɔːt	trains, buses etc that are available for everyone to use	Most investment has been spent on road construction and not on public transport.	51	1	Sound

stress	n	stres	continuous feelings of worry about your work or personal life, that prevent you from relaxing	Your headaches are caused by stress.	34	1 Sound
untidy	adj	ʌn 'taɪdi	not neat	How can you work at such an untidy desk?	73	1 Sound
permitted	adj	pə 'mɪtɪd	to be allowed to happen or to do something when someone is officially allowed to do something	Pets are not permitted in this hotel. You can only use the computer with permission from the librarian.	59	1 Sound
(with) permission	n	(wɪð) pə 'mɪʃən			63	1 Sound
(feel) unwell	adj	(fi:l) ʌn 'wel	ill, especially for a short time	Anna's feeling unwell today.	67	1 Sound
safety helmet	n	'seɪftɪ 'helmt	a hard hat that protects your head an artificial wall with places to put your hands and feet, used for practising the sport of climbing	You must wear a safety helmet when you go climbing.	60	1 Sound
climbing wall	n	'klaɪmɪŋ wɔ:l		That is one of the tallest climbing walls I have ever seen!	-	1 Sound
forbidden	adj	fə 'bɪdn	not allowed, especially because of an official rule	It is forbidden to take photos in the museum.	75	1 Sound
(be) allowed to	v	(bi:) ə 'laʊd tu:	to be able to do something with somebody else's permission	You're allowed to have a 15-minute break.	43	1 Sound
collect	v	kə 'lekt	to get things and bring them together	I'll collect everyone's papers at the end of the test.	45	1 Sound
take place	v phr	teɪk pleɪs	to happen	The concert will take place next week.	52	1 Sound
do research	v phr	du: rɪ 'sɜ:ʃ	to find information about something that you are interested in or need to know about	It's a good idea to do some research before you buy a house.	57	1 Sound
pay attention	v phr	peɪ ə 'tenʃən	to listen to or watch someone or something carefully	Always pay attention to the car in front of you.	56	1 Sound
make progress	v phr	meɪk 'prɒɡres	to get better at doing something, or get closer to finishing or achieving something	The country has made significant economic progress.	67	1 Sound
last for (two hours)	v + prep	lɑ:st fɔ: (tu: 'aʊəz)	to continue for a particular length of time	The hot weather lasted for two weeks.	44	1 Sound
attend (a meeting)	v	ə 'tend (ə 'mi:tiŋ)	to go to an event such as a meeting or a class to start to have a feeling or quality, or to start to develop into something	Only 12 people attended the meeting.	55	1 Sound
become (angry)	v	bɪ 'kʌm ('æŋɡri)	to stop what you are doing in order to rest, eat etc	The weather became warmer.	39	1 Sound
take a break	v phr	teɪk ə breɪk	to use something that is available to you to your advantage	Let's take a ten-minute break.	28	1 Sound
make good use of	v phr	meɪk ɡʊd ju:z əv	feeling annoyed, upset, and impatient, because you cannot control or change a situation, or achieve something	She made good use of her contacts within the organisation.	-	1 Sound
frustrated	adj	fɹʌs 'tɹeɪtɪd	to try to do something, especially when you are not sure that you will succeed	He gets frustrated when people don't understand what he's trying to say.	70	1 Sound
give something a try	v phr	ɡɪv 'sʌmθɪŋ ɪz traɪ	available to be bought in a shop	I'm not very good at fixing things, but I'll give it a try.	-	1 Sound
on sale	phr	ɒn seɪl	a reduction in the usual price of something	Tickets for the show will go on sale tomorrow.	39	1 Sound
discount	n	'dɪskaʊnt	without any doubt	Members get a 15% discount.	46	1 Sound
definitely	adv	'defɪnɪtli	used to say that you cannot give a definite answer to something because your answer will be affected by something else	That's definitely true.	49	1 Sound
(it) depends	v	(ɪt) dɪ 'pendz	in most cases or most of the time	'How long are you staying?' 'I don't know; it depends.'	-	1 Sound
mostly	adv	'məʊstli	a job, experience, or situation that is stressful makes you worry a lot	Green teas are mostly from China or Japan.	51	1 Sound
stressful	adj	'stresfəl		Moving to a new house is a very stressful experience.	54	1 Sound
excitement	n	ɪk 'saɪtmənt	the feeling of being excited	The children were full of excitement at the thought of visiting the amusement park.	64	1 Sound
convenient	adj	kən 'vi:niənt	a convenient place is near and easy to get to	The bus stop around the corner is probably the most convenient.	60	1 Sound
can't stand	v	kɑ:nɪt steɪnd	to hate someone or something	I can't stand Emma's new boyfriend.	52	1 Sound
chat	v	tʃæt	to talk in a friendly informal way, especially about things that are not important	Jo was chatting to Sam at the party.	44	1 Sound
incredible	adj	ɪn 'krɛdəbl	extremely good, large, or great	The view is just incredible.	60	1 Sound
awesome	adj	'ɔ:səm	extremely nice or enjoyable	'How was your holiday?' 'It was awesome!'	38	1 Sound
go kayaking	v phr	ɡəʊ 'kaɪækɪŋ	to do the activity or sport of travelling in a kayak	We're going kayaking at the weekend.	78	1 Sound
access	v	'ækses	to find information, especially on a computer to join something to a supply of electricity, gas, or water, or to a computer or telephone network	Users can access their voice mail remotely.	58	1 Sound
connect to	v	kə 'nekt tu:	to remove something that has been written down or stored in a computer	You have to connect to wifi first.	55	1 Sound
delete	v	dɪ 'li:t		His name was deleted from the list.	48	1 Sound

	dial	v	daɪəl	to press the buttons or turn the dial on a telephone in order to make a telephone call to finish a telephone conversation by putting the telephone down	I think I dialled the wrong number.	66	1	Sound
	hang up	phr v	hæŋ ʌp		She said good night and hung up.	53	1	Sound
	install	v	ɪnˈstɔːl	to add new software to a computer	We've installed new anti-virus software.	54	1	Sound
	password	n	ˈpɑːswɜːd	a secret group of letters or numbers that you must type into a computer before you can use a system or program	Enter your password, then click on the 'log in' icon.	41	1	Sound
	ring up	phr v	rɪŋ ʌp	to telephone someone	Why don't you ring Suzie up?	65	1	Sound
	video clip	n	ˈvɪdɪəʊ klɪp	a short piece of film, sometimes taken from a longer film or television programme	They showed us a short video clip and we had to answer questions on it.	75	1	Sound
bright		adj	braɪt	full of light	You should wear sunglasses to protect your eyes when it's so bright outside.	45	2	Sight
clear		adj	klɪə	easy to see	If the picture isn't clear, you can move closer.	42	2	Sight
dark		adj	dɑːk	if it is dark, there is little or no light	Turn on the light; it's dark in here.	25	2	Sight
difficult to see		adj	ˈdɪfɪkəlt tuː siː	hard to see	It's difficult to see things clearly in the dark.	-	2	Sight
huge		adj	hjuːdʒ	extremely large in size, amount, or degree	Your room is huge compared to mine.	47	2	Sight
powerful		adj	ˈpaʊəfəl	having a lot of physical power, strength, or force	Our jaw muscles are very powerful.	63	2	Sight
tiny		adj	ˈtaɪni	extremely small	You only need to use a tiny amount of salt.	53	2	Sight
weak		adj	wiːk	not physically strong	The illness left her feeling weak.	33	2	Sight
annoyed		adj	əˈnɔɪd	slightly angry	I'll be annoyed if we don't finish by eight.	72	2	Sight
annoying		adj	əˈnɔɪɪŋ	making you feel slightly angry	Tom has an annoying habit of interrupting.	64	2	Sight
confused		adj	kənˈfjuːzd	unable to understand or think clearly about what someone is saying or what is happening	I'm totally confused. Could you explain that again?	61	2	Sight
confusing		adj	kənˈfjuːzɪŋ	unclear and difficult to understand	The instructions were really confusing.	63	2	Sight
disappointed		adj	ˌdɪsəˈpɔɪntəd	unhappy because something you hoped for did not happen, or because someone or something was not as good as you expected	I was disappointed that we played so well but still lost.	67	2	Sight
disappointing		adj	ˌdɪsəˈpɔɪntɪŋ	not as good as you hoped or expected	His exam results were very disappointing.	61	2	Sight
fascinated		adj	ˈfæsəneɪtəd	extremely interested by something or someone	I am fascinated by space travel.	63	2	Sight
fascinating		adj	ˈfæsəneɪtɪŋ	extremely interesting	Space travel is a fascinating subject.	61	2	Sight
surprised		adj	səˈpraɪzd	having a feeling of surprise	We were surprised Tom wasn't there.	59	2	Sight
surprising		adj	səˈpraɪzɪŋ	unusual or unexpected	She told me a surprising thing.	53	2	Sight
experience		n	ɪkˈspɪəriəns	something that happens to you	I had a very strange experience last week.	36	2	Sight
experiment		n	ɪkˈspɪrɪmənt	a scientific test done to find out how something reacts under certain conditions, or to find out if a particular idea is true	The theory will be tested in a controlled experiment.	50	2	Sight
expert		n	ˈekspɜːt	someone who has a special skill or special knowledge of a subject, gained as a result of training or experience	He's a world expert on ancient Egyptian art.	45	2	Sight
mind		n	maɪnd	the part of a person that makes them able to think, feel, and imagine things	Relaxation is good for mind and body.	43	2	Sight
professor		n	prəˈfesə	a teacher of the highest rank in a university department	She's a professor of history at Oxford University.	54	2	Sight
research		n	rɪˈsɜːtʃ	serious study of a subject, in order to discover new facts or test new ideas	The research was done by a team of scientists at Edinburgh University.	57	2	Sight
scientist		n	ˈsaɪəntɪst	someone who works or is trained in science to decide or plan something in order to solve a problem	Scientists discovered a new virus.	35	2	Sight
work (something) out		phr v	wɜːk (ˈsʌmθɪŋ) aʊt	to solve a problem	He still hasn't worked out where he'll live.	54	2	Sight
cave		n	keɪv	a large natural hole in the side of a cliff or hill, or under the ground	There were ancient paintings at the entrance to the cave.	58	2	Sight
cliff		n	klɪf	a large area of rock or a mountain with a very steep side, often at the edge of the sea or a river	The white cliffs of Dover are an iconic view.	50	2	Sight
coast		n	kəʊst	the area where the land meets the sea	We drove along the Pacific coast to Seattle.	36	2	Sight
land		n	lænd	an area of ground, especially when used for farming or building	They own a lot of land.	31	2	Sight
landscape		n	ˈlændskeɪp	an area of countryside or land of a particular type, used especially when talking about its appearance	The island's landscape is similar to Hawaii's.	58	2	Sight

outdoor	adj	,aʊtˈdɔː	existing, happening, or used outside, not inside a building	Outdoor swimming pools are very popular in the summer.	63	2 Sight
peaceful	adj	ˈpiːsfəl	a peaceful time, place, or situation is quiet and calm without any worry or excitement	It's very peaceful out here in the woods.	50	2 Sight
rock	n	rɒk	a large piece of stone	Jack stood on a rock for a better view.	32	2 Sight
sand	n	sænd	a substance consisting of very small pieces of rocks and minerals, that forms beaches and deserts	It was difficult to walk on the hot sand on the beach.	37	2 Sight
sight	n	sɑɪt	something that you can see	A cloudless sky with thousands of stars is an amazing sight.	58	2 Sight
surrounded by (something)	adj	seɪˈraʊndɪd baɪ (ˈsʌmθɪŋ)	to have a lot of a particular kind of people or things near you	She is surrounded by friends.	66	2 Sight
waterfall	n	ˈwɔːtəfɔːl	a place where water from a river or stream falls down over a cliff or rock	Niagara Falls is the most famous waterfall in the world.	67	2 Sight
wild	adj	waɪld	living in a natural state, not changed or controlled by people	In my opinion, wild animals should not be kept in zoos.	32	2 Sight
wildlife	n	ˈwaɪldlaɪf	animals and plants growing in natural conditions	The island has got a lot of wildlife – animals, birds and fish.	44	2 Sight
anxious	adj	ˈæŋkʃəs	worried about something	He was a bit anxious about his exams.	58	2 Sight
confident	adj	ˈkɒnfɪdənt	sure that something will happen in the way that you want or expect	We are confident that the problem will be solved soon.	50	2 Sight
horrible	adj	ˈhɒrɪbəl	very bad – used, for example, about things you see, taste, or smell, or about the weather	The weather has been really horrible all week.	46	2 Sight
impressed	adj	ɪmˈprest	feeling admiration and respect for someone or something	I was really impressed with your qualifications for the job.	75	2 Sight
proud	adj	praʊd	feeling pleased about something that you have done or something that you own, or about someone or something you are involved with or related to	Her parents are very proud of her.	54	2 Sight
relieved	adj	rɪˈliːvd	feeling happy because you are no longer worried about something	She was relieved to be back home after a long and hard journey.	79	2 Sight
shocked	adj	ʃɒkt	feeling surprised and upset by something very unexpected and unpleasant	John looked shocked when he heard the news.	69	2 Sight
silly	adj	ˈsɪli	stupid or not sensible; showing bad judgment	I left my keys at home, which was a silly thing to do.	41	2 Sight
advert	n	ˈædvɜːt	an advertisement - a picture, set of words, or short film that is intended to persuade people to buy something, or that gives information about a concert, film, job etc	The Sunday papers are full of adverts for cars.	52	2 Sight
advertisement	n	ədˈvɜːtɪsmənt	a picture, set of words, or a short film, which is intended to persuade people to buy a product or use a service, or that gives information about a job that is available, an event that is going to happen etc	The Sunday papers are full of advertisements for cars.	52	2 Sight
an amount (of)	n	ən əˈmaʊnt (ɒv)	a quantity of something such as time, money, or a substance	I was surprised at the amount of work I had to do.	43	2 Sight
bargain	n	ˈbɑːɡɪn	something you buy cheaply or for less than its usual price	There are no bargains in the clothes shops at the moment.	57	2 Sight
charge (for)	v	tʃɑːdʒ (fɔː)	to ask someone for a particular amount of money for something you are selling	The hotel charges \$125 a night.	57	2 Sight
choice	n	tʃɔɪs	if you have a choice, you can choose between several things	Voters have a choice between three main political parties.	43	2 Sight
display	n	dɪˈspleɪ	an arrangement of things for people to look at or buy	I walked into this shop because I liked the display in the window.	61	2 Sight
(designer) label	n	(dɪˈzaɪnə)ˈleɪbl	clothing designed by a recognised designer carrying their label (a tag which designates their brand)	I don't often buy designer label clothing, but that dress was a bargain.		2 Sight
luxury (product)	adj	ˈlʌkʃəri (ˈprɒdʌkt)	of, relating to, or affording luxury	We stayed in a luxury hotel with six swimming pools and five restaurants.		2 Sight
persuade	v	pəˈsweɪd	to make someone decide to do something, especially by giving them reasons why they should do it, or asking them many times to do it	John was trying to persuade me to stay.	56	2 Sight
product	n	ˈprɒdʌkt	something that is grown or made in a factory in large quantities, usually in order to be sold	Our new product will answer the needs of our most demanding customers.	41	2 Sight

special offer	n	'speʃəl 'ɒfə	a special low price that is charged for something for a short period of time	It was a special offer – three for the price of two!	65	2 Sight
waste	n	weɪst	something	More household waste could be recycled.	46	2 Sight
(be) worth	adj	(bi:) wɜ:θ	to have a value in money	The house must be worth quite a lot of money now.	53	2 Sight
wrap (something up)	v	ræp ('sʌmθɪŋ ʌp)	to put paper or cloth over something to cover it	The present was wrapped in gold paper.	67	2 Sight
action	n	'ækjən	exciting things that are happening	Hurry up! You don't want to miss all the action.	59	2 Sight
compete	v	kəm'pi:t	to try to win something or to be more successful than someone else	Ten runners are competing in the race.	44	2 Sight
court	n	ko:t	an area made for playing games such as tennis	Can you book a squash court for tomorrow?	59	2 Sight
event	n	'ɪvent	a performance, competition, party etc that has been arranged for a particular date or time	The next event will be the 100 metres.	47	2 Sight
live	adj	laɪv	live music, theatre etc is performed for people who are watching in the same place	We have live bands on Saturdays.	52	2 Sight
pitch	n	pɪtʃ	a marked out area of ground on which a sport is played	He ran out onto the football pitch.	46	2 Sight
	n phr	ɒn fʊt	walking	It's easier to explore the city on foot.	52	2 Sight
campsite	n	'kæmpsaɪt	an area where people can camp, often with a water supply and toilets	You can buy maps and guides from campsites in the country areas.	61	2 Sight
tent	n	tent	a shelter consisting of a sheet of cloth supported by poles and ropes, used especially for camping	We looked for a place where we could put up our tent.	42	2 Sight
stretch (as far as the eye can see)	v	streɪtʃ (æz fɑ:r æz ði aɪ kæn si:)	to cover a large area of land	The hills stretched as far as the eye could see.	66	2 Sight
(hiking) trail	n	('haɪkɪŋ) treɪl	a rough path across countryside or through a forest	This hiking trail leads to the shelter up on the mountain.	57	2 Sight
amazed	adj	ə'meɪzɪd	very surprised	I'm amazed you've never heard of the Rolling Stones.	74	2 Sight
embarrassed	adj	ɪm'bærəst	feeling uncomfortable or nervous and worrying about what people think of you, for example because you have made a silly mistake, or because you have to talk or sing in public	Lori gets embarrassed if we ask her to sing.	66	2 Sight
jealous	adj	'dʒeləs	feeling unhappy because someone has something that you wish you had	Why are you so jealous of his success?	62	2 Sight
afraid	adj	ə'freɪd	frightened because you think that you may get hurt or that something bad may happen	There's no need to be afraid. This is not dangerous.	37	2 Sight
ashamed	adj	ə'ʃeɪmd	feeling very sorry and embarrassed because of something you have done	Mike felt ashamed of his own behaviour.	68	2 Sight
frightened	adj	'fraɪtnd	feeling afraid	Don't be frightened. We're not going to hurt you.	60	2 Sight
worried	adj	'wʌrɪd	unhappy because you keep thinking about a problem, or about something bad that might happen	I'm really worried about my brother.	55	2 Sight
strange	adj	streɪndʒ	unusual or surprising, especially in a way that is difficult to explain or understand	I had a strange dream last night.	44	2 Sight
frightening	adj	'fraɪtnɪŋ	making you feel afraid or nervous	Going to hospital can be very frightening for a child.	59	2 Sight
decoration	n	'dekeɪ'reɪʃənz	something pretty that you put onto something else in order to make it more attractive	The Christmas decorations on your house are always amazing!	67	2 Sight
double-decker bus	n	'dʌbəl 'dekeɪ bʌs	a bus with two levels	A red double-decker bus is one of the symbols of London.	79	2 Sight
(in the) background	n	(ɪn ði:) 'bækgraʊnd	the area that is behind the main things that you look at in a picture	You can see some houses in the background.	56	2 Sight
audience	n	'ɔ:diəns	a group of people who come to watch and listen to someone speaking or performing in public	The audience began clapping and cheering.	49	2 Sight
commentary (on the radio)	n	'kɒmentəri (ɒn ðə 'reɪdɪəʊ)	a spoken description of an event, given while the event is happening, especially on the television or radio	The royal wedding will be accompanied by a live television commentary.	70	2 Sight
VR	n	vi:-ɑ:	virtual reality - images produced by a computer that give you the experience of seeing or being inside a real place or physical object	Video game makers were the first mainstream users of virtual reality.	-	2 Sight

	VR headset	n	vi:-ɑ: 'hedset	a piece of equipment that a person wears over their eyes that allows them to experience images and sounds produced by a computer as if they were part of real life	Experience a whole new world with this high-quality VR headset.	-	2	Sight
	athletics	n	æθ'letɪks	sports such as running and jumping	I used to be into athletics, but then I switched to golf.	70	2	Sight
	badminton	n	'bædmɪntən	a game in which you hit a small object with feathers on it over a net	We often played badminton in our backyard.	73	2	Sight
	baseball	n	'beɪsbɔ:l	an outdoor game between two teams of nine players, in which players try to get points by hitting a ball and running around four bases	We could play baseball but I don't have a wooden bat.	60	2	Sight
	basketball	n	'bɑ:skɛtbɔ:l	a game played indoors between two teams of five players, in which each team tries to win points by throwing a ball through a net	You are so tall that you should play basketball.	47	2	Sight
	cricket	n	'krɪkɪt	a game between two teams of 11 players in which players try to get points by hitting a ball and running between two sets of three sticks	I've never understood the rules in cricket.	60	2	Sight
	cycling	n	'saɪklɪŋ	the activity of riding a bicycle	I recently started cycling to get some outdoor exercise.	73	2	Sight
	diving	n	'daɪvɪŋ	the sport of swimming under water using special equipment to help you breathe	We went diving on the coral reef.	62	2	Sight
	football	n	'fʊtbɔ:l	a game played by two teams of eleven players who try to kick a round ball into the other team's goal	Football is the most commonly watched sport on TV around the world.	29	2	Sight
	hockey	n	'hɒki	a game played on grass by two teams of 11 players, with sticks and a ball	He scored his first goal in hockey without even trying.	63	2	Sight
	motor racing	n	'məʊtə'reɪsɪŋ	the sport of racing fast cars on a special track	Motor racing is one of the most expensive sports in the world.	-	2	Sight
	rugby	n	'rʌɡbi	an outdoor game played by two teams with an oval (=egg-shaped) ball that you kick or carry	I wanted to play rugby but they said I was too small.	60	2	Sight
	table tennis	n	'teɪbəl'tenɪs	an indoor game played on a table by two or four players who hit a small plastic ball to each other across a net	If it's raining in the afternoon, we will go inside and play table tennis.	69	2	Sight
	tennis	n	'tenɪs	a game for two people or two pairs of people who use rackets to hit a small soft ball backwards and forwards over a net	Wimbledon is one of the most famous tournaments in tennis.	48	2	Sight
	volleyball	n	'vɒlibɔ:l	a game in which two teams use their hands to hit a ball over a high net	Lately I've enjoyed playing volleyball on the beach.	70	2	Sight
	anxious about	adj + prep	'æŋkʃəs ə'baut	worried about something	He was a bit anxious about the safety of the machinery.	58	3	Touch
	curious about	adj + prep	'kjʊəriəs ə'baut	wanting to know about something	Puppies are naturally curious about their environment.	63	3	Touch
	different from	adj + prep	'dɪfərənt frɒm	not like something or someone else, or not like before	Our sons are very different from each other.	30	3	Touch
	(not) good at	adj + prep	(nɒt) gʊd æt	able to do something well (or not)	Alex is very good at languages. He knows five!	29	3	Touch
	important for	adj + prep	ɪm'pɔ:tnt fɔ:	something that is important has a big effect on what happens	Encouraging creativity is important for a child's development.	32	3	Touch
	keen on	adj + prep	ki:n ɒn	liking someone or something very much, or being very interested in them	I'm not very keen on their music.	56	3	Touch
	similar to	adj + prep	'sɪmlə tu:	almost the same	Her ideas are quite similar to mine.	51	3	Touch
	typical of	adj + prep	'tɪpɪkəl ɒv	having the usual features or qualities of a particular group or thing	This rainy weather is quite typical of Great Britain.	60	3	Touch
	at home	prep phr	æt həʊm	in the house, apartment, or place where you live	I spent the whole weekend at home because the weather wasn't nice.	-	3	Touch
	by accident	prep phr	bai 'æksɪdɪnt	in a way that is not planned or intended	I met her completely by accident.	53	3	Touch
	by mistake	prep phr	bai mɪs'teɪk	without intending to do something	Someone left the door open by mistake.	53	3	Touch
	for breakfast/lunch/dinner	prep phr	fɔ: 'brɛkfəst/lʌntʃ/ 'dɪnə	what you have for the meal you have in the morning/middle of the day/in the evening	We had bacon and eggs for breakfast. We always stay home on Fridays. Let's eat out for a change!	-	3	Touch
	for a change	prep phr	fɔ: ə 'tʃeɪndʒ	as something different from what is usual		-	3	Touch
	(be) in a hurry	prep phr	(bi:) ɪn ə 'hʌri	if you are in a hurry, you need to do things quickly because you do not have much time	I'm sorry, but I can't talk now – I'm in a hurry.	58	3	Touch
	on fire	prep phr	ɒn faɪə	burning	The whole house was on fire within minutes.	38	3	Touch
	on holiday	prep phr	ɒn 'hɒlədeɪ	during the period when you travel to another place for pleasure	The children were excited about going on holiday.	28	3	Touch
	on top of	prep phr	ɒn tɒp ɒv	on the highest surface of something	There should be an envelope on top of the fridge.	-	3	Touch

on TV	prep phr	ɒn, ti: 'vi: (həʊld æn)	on television a show of paintings, photographs, or other objects that people can go to see	I watched the film on TV. There is an exhibition of historical photographs at our local museum.	20	3	Touch
(hold an) exhibition	n	'eksɪ' bɪʃən	the lights that light a room, building, or street, or the quality of the light produced	The photograph is bad because the lighting was very poor inside.	63	3	Touch
lighting	n	'laɪtɪŋ	the art, profession, or method of producing photographs or the scenes in films	He did fashion photography for 'Vogue' magazine.	63	3	Touch
photography	n	fə'tɒɡrəfi	people in general	The museum is open to the public every day.	53	3	Touch
the public	n	ðə 'pʌblɪk	an object made out of stone, wood, clay etc by an artist	I love this stone sculpture of a horse!	66	3	Touch
sculpture	n	'skʌlptʃə	a photograph that you take of yourself, usually so you can put it on a social networking site	Luke has thousands of selfies on his smartphone.	77	3	Touch
selfie	n	'seɪfi	the action or process of making a physical object from a three-dimensional digital model, typically by laying down many thin layers of a material in succession	3-D printing allows designers to see their creations in minutes.	-	3	Touch
3-D printing	n	θri:-di: 'prɪntɪŋ	to join two or more things together	The M11 connects London and Cambridge.	50	3	Touch
connect	v	kə'nekt	to draw or plan something that you will make or build	The tower was designed by an Italian architect.	55/53	3	Touch
design	n/v	dɪ'zaɪn	to make a new product or idea over a period of time	Scientists are developing new drugs to fight this disease.	42	3	Touch
develop	v	dɪ'veləp	the things, tools, machines etc that you need to do a particular job or activity	Ageing computer equipment should be replaced, not upgraded.	57	3	Touch
equipment	n	ɪ'kwɪpmənt	the action of putting your arms around someone and holding them tightly to show love or friendship	Paul gave me a big hug before he left.	63	3	Touch
hug	n	hʌɡ	a useful machine, tool, instrument etc that has been invented	The computer was one of the most important inventions of the twentieth century.	62	3	Touch
invention	n	ɪn'venʃən	to succeed in doing something difficult or in dealing with problems	I finally managed to open the door.	52	3	Touch
manage to (do something)	v	'mænzɪʒ tu: (du: 'sʌmθɪŋ)	a radio programme that can be downloaded from the Internet	You'll be able to listen to our new podcast online.	70	3	Touch
podcast	n	'pɒdkɑ:st	to make something using a particular process or skill	The factory produces 100 cars an hour.	48	3	Touch
produce	v	prə'dju:s	to telephone someone	Why don't you ring Suzie up and ask if she wants to come to the party?	65	3	Touch
ring (someone) up	v	rɪŋ ('sʌmwʌn) ʌp	a machine that can move and do some of the work of a person, and is usually controlled by a computer	Today cars are built mostly by robots, not by people.	62	3	Touch
robot	n	'rəʊbɒt	to send someone a text on a mobile phone	Can you please send me a text message when you get home?	58	3	Touch
send a text message	v phr	send ə tekst 'mesɪdʒ	to hold someone's hand and move it up and down, as a greeting or when you have made an agreement	We shook hands and said goodbye.	53	3	Touch
shake hands	v phr	ʃeɪk hændz	something that you hold in your hand and use to do a particular job	I don't have the right tools to start fixing the engine.	37	3	Touch
tool	n	tu:l	to move photos from a computer to a computer network so that other people can see them	It might take a while for this photo to upload.	68	3	Touch
upload photos	v phr	ʌp'ləʊd 'fəʊtəʊz	a video camera that broadcasts what it is filming on a website	Use a webcam so that people can see you during online meetings.	78	3	Touch
(use a) webcam	n	(ju:z eɪ) 'webkæm	the time in your life that you spend working or doing a particular type of work	Ted spent most of his career as a teacher.	54	3	Touch
career	n	kə'ɪə	a short written document that lists your education and previous jobs, which you send to employers when you are looking for a job	I sent my CV to dozens of employers, and now I'm waiting for a reply.	79	3	Touch
CV	n	'si: 'vi:	someone who has invented something, or whose job is to invent things	Alexander Graham Bell was the inventor of the telephone.	66	3	Touch
inventor	n	ɪn'ventə	someone who plays a musical instrument, especially very well or as a job	Jack is a talented young musician.	48	3	Touch
musician	n	mju: 'zɪʃən	someone who works in politics, especially an elected member of the government	She is an ambitious politician – she wants to become Prime Minister.	36	3	Touch
politician	n	'pɒlɪ' tʃən	the official leader of a country that does not have a king or queen	Who is the current president of the United States?	41	3	Touch
president	n	'prezɪdənt					



skill	n	skɪl	an ability to do something well, especially because you have learned and practised it	Reading and writing are two different skills.	31	3	Touch
writer	n	'raɪtə	especially as a job	She's one of my favourite science-fiction writers.	37	3	Touch
air conditioning	n	ee kən 'dɪʃənɪŋ	a system that makes the air in a room or building cooler and drier	Can we please turn the air conditioning on? It's so hot in here!	68	3	Touch
blind	n	blaɪnd	a covering, especially one made of cloth, that can be rolled up and down to cover a window inside a building	The blinds were pulled down to protect the new furniture from the sun.	67	3	Touch
central heating	n	'sentrəl 'hi:trɪŋ	a system of heating buildings in which heat is produced in one place and taken to the rest of the building by pipes	We'd like to install central heating in the building.	65	3	Touch
digital assistant	n	'dɪdʒɪtl ə'sɪstənt	a computer program designed to assist a user by answering questions and performing basic tasks	If you want to have a 'smart home', you need to get a digital assistant!	-	3	Touch
get rid of	v phr	get rɪd əv	to throw away or destroy something you do not want any more	It's time we got rid of all these old toys.	61	3	Touch
kettle	n	'ketl	a container with a lid, a handle, and a spout, used for boiling and pouring water	She filled the kettle with water and switched it on to make tea.	58	3	Touch
lock	n/v	lok	to fasten something, usually with a key, so that other people cannot open it, or to be fastened like this	Did you lock the car?	58/40	3	Touch
microwave	n	'maɪkrəweɪv	a type of oven that cooks food very quickly using very short electric waves instead of heat	I'll heat it up in the microwave.	56	3	Touch
music player	n	'mju:zɪk 'pleɪə	a machine that is used to play music	I can't listen to my favourite music now because my music player is broken.	63	3	Touch
picture/photo frame	n	'pɪktʃə/ 'fəʊtəʊ freɪm	a structure made of wood, metal, plastic etc that surrounds a picture/photo and holds it in place	They removed the picture from its wooden frame.	57	3	Touch
recycle	v	ri:'saɪkəl	to put used objects or materials through a special process so that they can be used again	We take all our bottles to be recycled.	56	3	Touch
second-hand furniture	n	'sekənd-hænd 'fɜ:nɪʃə	large objects such as chairs, tables, beds, and cupboards that are not new when you get them, because they were owned by someone else before you	I love this market because you can find everything here, from second-hand clothes to second-hand furniture.	67	3	Touch
shelf	n	ʃelf	a long flat narrow board attached to a wall or in a frame or cupboard, used for putting things on	Put the book back on the top shelf.	43	3	Touch
(light) switch	n	(laɪt) swɪtʃ	the thing you press to make a machine, light etc start or stop working	It's so dark in here. Where is the light switch?	44	3	Touch
turn on	v	tɜ:n ɒn	to make a machine or piece of electrical equipment such as a television, engine, light etc start operating by pushing a button, turning a key etc	Jake turned on his computer and checked his mail.	32	3	Touch
dull	adj	dʌl	not interesting or exciting	I left the party early because it was pretty dull.	62	3	Touch
costume	n	'kɒstjəm	a set of clothes worn by an actor or by someone to make them look like something	I thought the historical costumes in the film were very accurate.	61	3	Touch
last-minute	adj	'lɑ:st 'mɪnɪt	such as an animal, famous person etc happening or done as late as possible before something else happens	I was out doing some last-minute Christmas shopping.	66	3	Touch
props	n	prɒps	small objects such as a book, weapon etc, used by actors in a play or film	Anna looks after costumes and props for all our plays.	76	3	Touch
for pleasure	prep phr	fɔ: 'pleɪʒə	in order to get the feeling of happiness, enjoyment, or satisfaction	I want to write and play music for pleasure, not for money.	59	3	Touch
in search of	prep phr	ɪn sɜ:tʃ əv	attempting to find; looking for	Scientists are in search of the answer.	53	3	Touch
in the end	prep phr	ɪn ði end	eventually	In the end, I realised that she was right.	-	3	Touch
(a large) part (of)	prep phr	(ə lɑ:dʒ) pɑ:t (əv)	one of the pieces, areas etc that form the whole of something	Unfortunately, fast food was a large part of their diet.	39	3	Touch
talk about	v + prep	tɔ:k ə 'baʊt	to say things to someone on a particular subject as part of a conversation	I heard Jack and Anna talking about yesterday's match.	22	3	Touch
(be) interested in	prep phr	(bi:) 'ɪntrɪstɪd ɪn	giving a lot of attention to something because you want to find out more about it or because you enjoy it	I've always been interested in music.	33	3	Touch

(be) satisfied with	prep phr	(bi:) 'sætɪsfáɪd wɪð	feeling that something is as good as it should be, or that something has happened in the way that you want	I'm not really satisfied with the way he cut my hair.	71	3 Touch
provide someone with	v + prep	prə'vaɪd 'sʌmwʌn wɪð	to give something to someone or make it available to them, because they need it or want it	The participants will be provided with tea and biscuits during breaks.	54	3 Touch
consist of	phr v	kən'sɪst ɒv	to be formed from two or more things or people	The audience consists largely of teenagers.	64	3 Touch
mug	n	mʌg	a tall cup used for drinking tea, coffee etc	This is my favourite mug – I never drink coffee from anything else.	57	3 Touch
surfing	n	'sɜ:fɪŋ	the activity or sport of riding over the waves on a special board	When we were in Hawaii, we went surfing every day.	68	3 Touch
bookcase	n	'bʊk-keɪs	a piece of furniture with shelves to hold books	The books on chemistry and maths are in the first bookcase.	71	3 Touch
wooden	adj	'wʊdn	made of wood	We sat down on a wooden bench in the park.	55	3 Touch
blow	v	bləʊ	if the wind or a current of air blows, it moves	A cold wind was blowing hard.	52	3 Touch
lightning	n	'laɪtnɪŋ	a bright flash of electrical light in the sky during a storm	Several trees were hit by lightning during the storm.	56	3 Touch
lie down	phr v	laɪ daʊn	to put yourself in a position in which your body is flat on the floor, a bed etc	I'm really tired, so I'm going upstairs to lie down.	53	3 Touch
torch	n	tɔ:ʃ	a small electric lamp that you carry in your hand	Use a torch when it's dark outside to help you see where you're going.	59	3 Touch
scream	v	skri:m	to make a loud high noise with your voice because you are hurt, frightened, excited etc	I screamed out for help.	58	3 Touch
apply for	phr v	ə'plai fɔ:	to make a formal request, usually written, for something such as a job, a place at a university, or permission to do something	She applied for a job with the local newspaper.	42	3 Touch
candidate	n	'kændɪdət	someone who is being considered for a job or is competing in an election	She's a likely candidate for the job.	61	3 Touch
employee	n	ɪm'plɔɪ-i:	someone who is paid to work for someone else to receive a particular amount of money for the work that you do	The Birmingham-based company has over 200 employees.	56	3 Touch
earn	v	ɜ:n	to receive a particular amount of money for the work that you do	He earns nearly £40,000 a year.	54	3 Touch
part-time	adj	ˌpɑ:t 'taɪm	someone who has a part-time job works for only part of each day or week	She's still at university, so she can only get a part-time job.	-	3 Touch
full-time	adj	ˌfʊl 'taɪm	for all the hours of a week during which it is usual for people to work, study etc	This is a full-time job, so please think carefully if you can do it while at university.	54	3 Touch
occupation	n	ˌɒkjʊ'peɪʃən	a job or profession	Please state your name, address and occupation.	47	3 Touch
unemployed	adj	ˌʌnɪm'plɔɪd	without a job	Fifty percent of the men in this town are unemployed.	54	3 Touch
out of work	adj	aʊt əv wɜ:k	unemployed, especially for a long period of time, when you had a job before	I've been out of work for two years.	-	3 Touch
achievement	n	ə'tʃi:vmənt	something important that you succeed in doing by your own efforts	We try to celebrate the achievements of our students.	62	4 Movement
announcement	n	ə'naʊnsmənt	an important or official statement	The minister made the announcement at a news conference.	65	4 Movement
development	n	dɪ'veləpmənt	the process of growing, changing, or becoming better	Vitamins are necessary for a child's growth and development.	55	4 Movement
entertainment	n	ˌentə'teɪnmənt	things such as films, television, performances etc that are intended to amuse or interest people	The town provides a wide choice of entertainment.	58	4 Movement
improvement	n	ɪm'pru:vmənt	when something becomes better than it was	There's been a big improvement in the children's behaviour.	58	4 Movement
movement	n	'mu:vmənt	a group of people who share the same ideas or beliefs and who work together to achieve a particular aim	The civil rights movement of the 1960s led to many important changes.	60	4 Movement
appearance	n	ə'ptɪərəns	the way someone or something looks to other people	Annette was always very concerned about her appearance.	61	4 Movement
performance	n	pə'fɔ:məns	when someone performs a play or a piece of music	Their performance of Beethoven's Fifth Symphony was brilliant.	52	4 Movement
celebration	n	ˌselə'breɪʃən	an occasion or party when you celebrate something	We're having a small celebration for Dad's birthday.	50	4 Movement
communication	n	kə'mju:nɪ'keɪʃən	the process by which people exchange information or express their thoughts and feelings	Good communication is very important in a large organisation.	57	4 Movement

connection	n	kə'nekʃən	when two or more machines or telephones are joined together or joined to a larger system, using an electrical connection	There is free Internet connection in the hotel rooms.	60	4	Movement
direction	n	də'rekʃən	the place or point that you are moving, facing, or pointing towards	Which direction did they go in?	52	4	Movement
explanation	n	ˌeksplə'neɪʃən	the reasons why something happened or why you did something	Can you think of any explanation for this failure?	57	4	Movement
imagination	n	ɪ,mædʒɪ'neɪʃən	the ability to form pictures or ideas in your mind	His incredible imagination is shown in his stories for children.	66	4	Movement
location	n	ləu'keɪʃən	a particular place, especially in relation to other areas, buildings etc	His apartment is in a really good location.	49	4	Movement
organisation	n	ˌɔ:gənəɪ'zeɪʃən	a group such as a club or business that has formed for a particular purpose	The public expect high standards from any large organisation.	32	4	Movement
possibility	n	ˌpɒsə'bɪləti	one of the things that you could do	I'm not sure what I want to study but French is one possibility.	58	4	Movement
bee	n	bi:	a black and yellow flying insect that makes honey and can sting you	In the spring these plants have pink flowers that attract bees.	44	4	Movement
branch	n	brɑ:ntʃ	a part of a tree that grows out from the trunk (=main stem) and that has leaves, fruit, or smaller branches growing from it	After the storm, there were branches and leaves everywhere on the ground.	59	4	Movement
female	adj	'fi:meɪl	belonging to the sex that can have babies or produce eggs	The female spider is much bigger and scarier looking.	34	4	Movement
human	n	'hju:mən	a person	To be treated like a human is a luxury in this industry.	39	4	Movement
male	adj	meɪl	belonging to the sex that cannot have babies	The male chicken is very colourful and loud.	24	4	Movement
parrot	n	'pærət	a tropical bird with a curved beak and brightly coloured feathers that can be taught to copy human speech	I taught my parrot to sing a few songs.	69	4	Movement
spider	n	'spaɪdə	a small creature with eight legs, which catches insects using a fine network of sticky threads	Tarantulas are large and hairy spiders.	47	4	Movement
approach	v	ə'prəʊtʃ	to move towards or nearer to someone or something	As I approached the house, I noticed a light on upstairs.	58	4	Movement
bring back	v	bɪŋ bæk	to return from somewhere with something or someone	I'll bring back some sweets for the kids.	50	4	Movement
city break	n	'sɪti breɪk	a short holiday in a large city	Book now and make huge savings on city breaks to Paris, Berlin and Edinburgh.	-	4	Movement
destination	n	ˌdestə'neɪʃən	the place that someone or something is going to	Allow plenty of time to get to your destination.	58	4	Movement
flight	n	flaɪt	a journey in a plane or space vehicle, or the plane or vehicle that is making the journey	He immediately booked a flight to Toulouse.	33	4	Movement
form of transport	n	fɔ:m ɒv 'trænspɔ:t	a particular type of system for carrying passengers or goods from one place to another	Horses are not usually used as a form of transport any more.	52	4	Movement
get (free) entry to	v phr	get (fri:) 'entri tu: get 'ɪntə (ə	to be able to get in somewhere (without having to pay for it)	You can get free entry to the museum on Mondays.	69	4	Movement
get into (a car/truck)	v	ka:/trʌk)	to enter a place	Get into the car quickly; it's raining.	50	4	Movement
go for a swim	v phr	gəʊ fɔ:r ə swɪm	go swimming	I usually go for a swim to cool down when I'm sunbathing on the beach.	-	4	Movement
journey	n	'dʒɜ:nɪ	an occasion when you travel from one place to another, especially over a long distance	My journey to work takes about an hour.	41	4	Movement
market stall	n	'mɑ:kt stɔ:l	a stand or booth where goods are sold in a market	There are dozens of market stalls selling fresh fruit and vegetables in the open market.	61	4	Movement
mobile (e.g. home)	adj	'məʊbaɪl (i..dʒi: hæʊm)	not fixed in one position, and easy to move and use in different places	These mobile air-conditioners are very popular because you can easily move them from room to room.	66	4	Movement
move on	v	mu:v ɒn	to stop doing or dealing with one thing, and start doing or dealing with something else	I enjoyed my job, but it was time to move on.	55	4	Movement
path	n	pɑ:θ	a track that has been made deliberately or made by many people walking over the same ground	I walked nervously up the garden path towards the front door.	57	4	Movement
route	n	ru:t	a way from one place to another	What's the best route to Cambridge?	40	4	Movement
sightseeing	n	'saɪt si:ɪŋ	when you visit famous or interesting places, especially as tourists	In the afternoon, we went sightseeing in the city centre.	57	4	Movement
sunbathing	n	'sʌn beɪðɪŋ	to sit or lie outside in the sun in order to become brown	I love sunbathing on the beach on holidays!	74	4	Movement

travel (around/to/from)	v	'trævəl (ə 'raʊnd/tu:/frɒm)	to go from one place to another, or to several places, especially ones that are far away	Someday I'd like to travel abroad.	25	4	Movement
(take a) trip	n	(teɪk eɪ) trɪp	a visit to a place that involves a journey, for pleasure or a particular purpose	Did you enjoy your trip to Paris?	39	4	Movement
climate change	n	'klaɪmət tʃeɪndʒ	important changes in the weather of the whole world	The effects of climate change on agriculture are often very bad.	58	4	Movement
damage	n/v	'dæmɪdʒ	to cause physical harm to something	The house has been badly damaged by fire.	54/45	4	Movement
environment	n	ɪn 'vaɪrənmənt	the air, water, and land on Earth, which is affected by man's activities	Some of these chemicals are very bad for the environment.	33	4	Movement
environmental	adj	ɪn 'vaɪrən 'mentl hæv ə 'pɒzətɪv/ 'neɡətɪv	concerning or affecting the air, land, or water on Earth	The environmental damage was a result of some chemicals poured into the lake.	56	4	Movement
have a positive/negative effect (on)	v phr	ɪ 'fekt (ɒn)	to cause a positive/negative change or result	The medicine seemed to have a negative effect at first.	58	4	Movement
recycling	n	ri: 'saɪklɪŋ	the process of treating used objects or materials so that they can be used again	Recycling is important to help protect our environment.	60	4	Movement
worldwide	adj	'wɜ:ld 'waɪd	everywhere in the world	The company employs 2,000 people worldwide.	58	4	Movement
active	adj	'æktɪv	always busy doing things, especially physical or mental activities	Liam has a very active lifestyle. He just doesn't like to sit in one place.	52	4	Movement
cycle	v	'saɪkəl	to travel by bicycle	Do you cycle to work all year round?	59	4	Movement
(get) depressed	adj	(ɡet) dɪ 'prest	very unhappy	She felt lonely and depressed.	65	4	Movement
do exercise	v phr	du: 'eksəsaɪz	to do physical activities in order to stay healthy and become stronger	I really need to do more exercise and try to eat healthier.	29	4	Movement
do sport	v phr	du: spɔ:t	to participate in sport	In this country, children do a lot of sport at school.	-	4	Movement
go to the gym	v phr	ɡəʊ tu: ðə dʒɪm	to go to a special building or room that has equipment for doing physical exercise	I try to go to the local gym once a week.	42	4	Movement
health problem	n	helθ 'prɒbləm	a problem that affects someone's health	Lack of sleep can lead to serious health problems.	-	4	Movement
heart (problem)	n	hɑ:t ('prɒbləm)	the organ in your chest which pumps blood through your body	Regular exercise is good for the heart.	26	4	Movement
move around	phr v	mu:v ə 'raʊnd	to change where you live very frequently, especially so that you live in many different parts of a country	My dad was in the army, so we moved around a lot.	-	4	Movement
sit down	phr v	sɪt daʊn	to move into a sitting position after you have been standing	Please sit down and wait for the doctor to call you.	19	4	Movement
take the stairs	v phr	teɪk ðə steəz	to use the stairs (e.g. instead of a lift) to get to higher storeys of a building	I always take the stairs, even if there is a lift in the building.	-	4	Movement
waste	v	weɪst	to use more money, time, energy etc than is useful or sensible	Leaving the heating on all the time wastes electricity.	50	4	Movement
replace	v	rɪ 'pleɪs	to remove someone from their job or something from its place, and put a new person or thing there	Two of the tyres had to be replaced.	-	4	Movement
household item	n	'haʊshəʊld 'aɪtəm	equipment, tools, machines, and other things used in a house	This shop sells a range of household items, from alarm clocks to kettles.	81	4	Movement
decrease	n	'di:kri:s	the process of becoming less, or the amount by which something becomes less	There was a decrease in sales of luxury goods.	67	4	Movement
reduce	v	rɪ 'dju:s	to make something smaller or less in size, amount, or price	The governor announced a new plan to reduce unemployment.	53	4	Movement
limit	v	'lɪmɪt	to stop an amount or number from increasing beyond a particular point	The government made a decision to limit imports of foreign cars into the country.	61	4	Movement
protest	n	'prəʊtest	something that you do to show publicly that you think that something is wrong and unfair, for example taking part in big public meetings, refusing to work, or refusing to buy a company's products	Students organised a series of protests against the college's recent decision.	57	4	Movement
(in) those days	n phr	(ɪn) ðəʊz deɪz	during a period of time in the past	In those days, women didn't have the right to vote.	-	4	Movement
each other	pron	i:tʃ 'ʌðə	used to show that each of two or more people does something to the other or others	The two kids played happily with each other all morning.	36	4	Movement
one day	n phr	wʌn deɪ	at a particular but unspecified time in the future	I'm sure that our wishes will come true one day.	-	4	Movement
creature	n	'kri:tʃə	anything that is living, such as an animal, fish, or insect, but not a plant	We should respect all living creatures.	59	4	Movement
(get some) sunshine	n	(ɡet sʌm) 'sʌnʃaɪn	the light and heat that come from the sun when there is no cloud	Let's go out and get some sunshine.	50	4	Movement

babysit	v	'beɪbɪsɪt	to take care of children while their parents are away for a short time	He used to babysit for Mary when she worked nights.	77	4	Movement
personally	phr	'pɜː.sənəli	used to emphasize that you are only giving your own opinion about something	Personally, I think it's a bad idea.	55	4	Movement
house-warming party	n	haus 'wɔː.mɪŋ 'pɑːti	new house	Are you coming to Jo's house-warming party on Friday?	84	4	Movement
nomad	n	'nəʊmæd	a member of a tribe that travels from place to place instead of living in one place all the time, usually in order to find grass for their animals	The film follows the nomads as they cross the desert with their camels.	79	4	Movement
traditional	adj	trə'dɪʃənəl	group of people	The restaurant offers a wide range of traditional Italian food.	48	4	Movement
hut	n	hʌt	a small simple building with only one or two rooms	We stayed in a little wooden hut in the middle of the forest.	69	4	Movement
spectacular	adj	spek'tækjʊlə	very impressive	The view from the top floor is absolutely spectacular.	70	4	Movement
raw	adj	rɔː	not cooked	Sushi is a dish which is often made with raw fish.	56	4	Movement
boiled	adj	bɔɪəld	cooked by boiling	It's only safe to drink bottled or boiled water.	54	4	Movement
butterfly	n	'bʌtəflaɪ	a type of insect that has large wings, often with beautiful colours	I saw dozens of colourful butterflies.	46	4	Movement
dolphin	n	'dɒlfɪn	a very intelligent sea animal like a fish with a long grey pointed nose	Dolphins are very intelligent animals.	49	4	Movement
donkey	n	'dɒŋki	a grey or brown animal like a horse, but smaller and with long ears	They use donkeys to help carry luggage in the Himalayas.	58	4	Movement
giraffe	n	dʒɪ'raːf	a tall African animal with a very long neck and legs and dark spots on its yellow-brown fur	The giraffe was so tall that it could eat the leaves from the top of the tree.	68	4	Movement
kangaroo	n	'kæŋgə'ruː	an Australian animal that moves by jumping and carries its babies in a pouch (=a special pocket of skin) on its stomach	I'd like to go to Australia to see kangaroos in the wild.	69	4	Movement
mosquito	n	mə'skiːtəʊ	a small flying insect that sucks the blood of people and animals, sometimes spreading the disease malaria	It's hot and wet here, so there are many mosquitos.	66	4	Movement
penguin	n	'peŋgwɛn	a large black and white Antarctic sea bird, which cannot fly but uses its wings for swimming	Last night I watched a documentary about penguins in the Antarctic.	50	4	Movement
shark	n	ʃɑːk	a large sea fish with several rows of very sharp teeth that is considered to be dangerous to humans	Sharks were circling around our boat.	58	4	Movement
disadvantage	n	'dɪsəd'vɑːntɪdʒ	something that causes problems, or that makes someone or something less likely to be successful or effective	One of the disadvantages of living in a city is that it's very loud.	57	5	Taste
disagree	v	'dɪsə'griː	to have or express a different opinion from someone else	People often disagree about what to do on holidays.	41	5	Taste
disappear	v	'dɪsə'pɪə	to become impossible to see any longer	The sun disappeared behind a cloud.	51	5	Taste
dislike	v	dɪs'lʌk	to not like someone or something	Why do you dislike her so much? She's always so nice to you.	63	5	Taste
impossible	adj	ɪm'pɒsəbəl	something that is impossible cannot happen or be done	'I want to speak to Mr Franks.' 'I'm afraid that's impossible.'	36	5	Taste
incorrect	adj	ɪn'kɜː'rekt	not correct or true	The information you gave us was incorrect.	51	5	Taste
unable	adj	ʌn'eɪbəl	not able to do something	She was unable to sleep because her neighbours had a party.	55	5	Taste
unemployed	adj	ˌʌnɪm'plɔɪd	without a job	Fifty percent of the men in this town are unemployed.	54	5	Taste
unhappy	adj	ʌn'hæpi	not happy	If you're so unhappy, why don't you change jobs?	42	5	Taste
unkind	adj	ˌʌn'kaɪnd	nasty, unpleasant, or cruel	This was a very unkind thing to say. I think you should apologise to him.	67	5	Taste
unlucky	adj	ʌn'lʌki	having bad luck	We were unlucky with the weather this weekend.	61	5	Taste
unpleasant	adj	ʌn'plezənt	not pleasant or enjoyable	It was an unpleasant surprise when nobody remembered my birthday.	63	5	Taste
classical music	n	'klæsɪkəl 'mjuːzɪk	music that is considered to be part of a long, formal tradition and to have lasting value	Do you prefer classical music like Mozart and Mahler, or pop?	63	5	Taste
dance music	n	dɑːns 'mjuːzɪk	a type of music with a strong beat that people dance to in a club	I like dance music because it's energetic and loud.	47	5	Taste
folk music	n	fəʊk 'mjuːzɪk	the traditional music of a particular region or group of people	I think folk music is an important way of remembering traditions.	79	5	Taste

hip hop	n	hɪp hɒp	a type of popular dance music with a regular heavy beat and spoken words	Hip hop music is very popular with teenagers.	72	5 Taste
jazz music	n	dʒæz 'mju:zɪk	a type of music that has a strong beat and parts for performers to play alone	New Orleans is the birthplace of jazz music.	64	5 Taste
(be/play) on the radio	phr	(bi:/pleɪ) ɒn ðə 'reɪdiəʊ	heard from a radio device	I heard on the radio that the weather was going to get warmer.	33	5 Taste
opera	n	'ɒpərə	a musical play in which all of the words are sung	'Carmen' is my favourite opera.	67	5 Taste
pop music	n	pɒp 'mju:zɪk	modern music that is popular, especially with young people, and usually consists of simple tunes with a strong beat	Pop music is so popular because it's very simple and easy to sing along.	45	5 Taste
rock music	n	rɒk 'mju:zɪk	a type of popular modern music with a strong loud beat	Rock music has a strong loud beat, so it's perfect to listen to when you're running.	74	5 Taste
taste (in music)	n	teɪst (ɪn 'mju:zɪk)	the kind of things that you like	We had similar tastes in music – we both liked jazz and disliked hip hop.	63	5 Taste
(turn up/down the) volume	n	(tɜ:n ʌp/daʊn ði:) 'vɒljʊ:m	the amount of sound produced by a television, radio etc	I can't hear it. Can you turn the volume up?	43	5 Taste
can/can't afford	v	kæn/ka:n't ə'fɔ:d	to have/not have enough money to buy or pay for something	We can't afford to go on vacation this year.	58	5 Taste
changing room	n	'tʃeɪndʒɪŋ ru:m	a room in a shop where you can try on clothes to see if they fit and look nice before you buy them	Excuse me, where are the changing rooms? I'd like to try on this shirt.	67	5 Taste
cotton	adj/n	'kɒtɪn	cloth or thread made from the white hair of the cotton plant	The towels are 100% cotton.	62	5 Taste
designer (clothes)	adj/n	dɪ'zaɪnə (kləʊðz)	designer clothing, furniture, etc is made by a famous fashion designer	You have to be aware that when you buy designer clothes, you often pay for the name, not for quality.	64	5 Taste
fashionable	adj	'fæʃənəbəl	popular, especially for a short period of time if a piece of clothing fits you, it is the right size for your body	Strong colours are very fashionable at the moment.	67	5 Taste
fit	v	fit	a single thing, especially one thing in a list, group, or set of things	I wonder if my wedding dress still fits me after 15 years?	56	5 Taste
item	n	'aɪtəm	if one thing matches another, or if two things match, they look good together because they are the same or similar	What was the last item of clothing you bought?	51	5 Taste
match	n/v	mætʃ	cloth used for making clothes, curtains etc	We painted the cabinets green to match the carpet.	57	5 Taste
material	n	mə'tɪəriəl	not considered to be modern or fashionable any more	What material is your dress made of?	43	5 Taste
old-fashioned	adj	ˌəʊld 'fæʃənd	to put clothes on your body	She wears really old-fashioned clothes!	64	5 Taste
put something on	phr v	put 'sʌmθɪŋ ɒn	to put clothes on your body	Put your coat on – it's cold.	27	5 Taste
quality	n	'kwɒləti	how good or bad something is	I was impressed that the quality of their work was so high.	57	5 Taste
style	n	staɪl	a particular design or fashion for something such as clothes, hair, or furniture	Shoes are available in several styles.	44	5 Taste
suit someone	v	sju:t 'sʌmwʌn	clothes, colours etc that suit you make you look attractive	I don't think that new hairstyle really suits her.	53	5 Taste
take something off	phr v	teɪk 'sʌmθɪŋ ɒf	to remove a piece of clothing	He sat down on the bed to take his boots off.	34	5 Taste
throw (e.g. clothes) away	phr v	θrəʊ (i:.dʒi: kləʊðz) ə'weɪ	to get rid of something that you do not want or need	Can I throw those boxes away?	38	5 Taste
trend	n	trend	a fashion or something that is fashionable, such as a type of clothing	He's always dressed in the latest trends.	67	5 Taste
try on	phr v	traɪ ɒn	to put on a piece of clothing to find out if it fits or if you like it	Can I try these jeans on, please?	33	5 Taste
value	n	'vælju:	the importance or usefulness of something	When a product becomes too popular, it loses its special value.	59	5 Taste
get a bargain	v phr	get ə'ba:ɡɪn	to buy something cheaply or for less than its usual price	You can get a real bargain if you know when to shop for certain things.	57	5 Taste
get broken	v phr	get 'brəʊkən	to become broken (= not working properly or in small pieces because it has been hit, dropped, etc)	Do you know how the phone got broken?	50	5 Taste
get dressed	v phr	get drest	to put your clothes on	Go and get dressed! We're already late.	39	5 Taste
get money out of the bank	v phr	get 'mʌni aʊt əv ðə bæŋk	to withdraw money from your account; to take the money out of the bank	I need to get some money out of the bank before I go shopping.	-	5 Taste
get paid	v phr	get peɪd	to receive money for work completed	I'll get paid at the end of the project.	-	5 Taste
get a sense of something	v phr	get ɪz sens əv 'sʌmθɪŋ	to have an awareness of something, or an ability to understand something	You get a sense of purpose when you help other people.	-	5 Taste
get your hair cut	v phr	get jə heə kʌt	to have someone cut your hair (instead of doing it yourself)	I want to go to the hairdresser and get my hair cut this week.	-	5 Taste

a variety of (e.g. food)	n	ə've'raɪəti ov (i:.dʒi:. fu:d)	a lot of things of the same type that are different from each other in some way	Children do badly at school for a variety of reasons.	52	5 Taste
bitter	adj	'bɪtə	something that is bitter has a strong taste that is not sweet	This dessert is made with bitter chocolate so it's not very sweet.	56	5 Taste
delicious	adj	dɪ'ljʊəs	very pleasant to taste or smell	'The meal was absolutely delicious,' she said politely.	59	5 Taste
(a healthy) diet	n	(ə'helθi)'daɪət	the kind of food that you eat each day	It is important to eat a healthy diet.	67	5 Taste
disgusting	adj	dɪs'gɑ:stɪŋ	extremely unpleasant and making you feel sick	Rubbish was piled everywhere – it was disgusting.	56	5 Taste
flavour	n	'flɛvə	the particular taste of a food or drink	Which flavour do you want – chocolate or vanilla?	62	5 Taste
gorgeous	adj	'gɔ:dʒəs	extremely beautiful or attractive	This summer dress is absolutely gorgeous. I have to buy it.	62	5 Taste
ingredient	n	ɪn'grɪ:dɪənt	one of the foods that you use to make a particular food or dish	Mix all the ingredients in a large bowl.	58	5 Taste
jam	n	dʒæm	a thick sweet substance made from boiled fruit and sugar, eaten especially on bread	I always eat toast with strawberry jam.	53	5 Taste
mushroom	n	'mʌʃrʊm	one of several kinds of fungus with stems and round tops, some of which can be eaten	You should be careful with wild mushrooms because some of them are not edible.	56	5 Taste
(be) on a diet	n phr	(bi:)ɒn ə'daɪət	a way of eating in which you only eat certain foods, in order to lose weight, or to improve your health	Lyn always seems to be on a diet. I prefer red peppers to green peppers because they are sweeter.	62	5 Taste
pepper	n	'pepə	a hollow red, yellow, or green vegetable		55	5 Taste
recipe	n	'resəpi	a set of instructions for cooking a particular type of food	Could you please give me your recipe for tomato soup?	45	5 Taste
smell	n/v	smel	the quality that people and animals recognise by using their nose	The air was filled with the smell of flowers.	44/41	5 Taste
spicy	adj	'spæsi	food that is spicy has a pleasantly strong taste, and gives you a pleasant burning feeling in your mouth	The sauce is too spicy – you added too much chilli.	66	5 Taste
taste (e.g. a strong taste)	n	teɪst (i:.dʒi:. ə strɒŋ) teɪst	the feeling that is produced by a particular food or drink when you put it in your mouth	The medicine had a slightly bitter taste.	44	5 Taste
taste (e.g. it tastes good)	v	teɪst (i:.dʒi:. ɪt teɪsts gud)	to have a particular kind of taste	Mmm! This tastes good!	44	5 Taste
tongue	n	tʌŋ	the soft part inside your mouth that you can move about and use for eating and speaking	The taste of the chocolate was still on her tongue.	42	5 Taste
vegetable	n	'vedʒtəbəl	a plant that is eaten raw or cooked, such as a cabbage, a carrot, or peas	If we had a garden, we could grow our own vegetables.	32	5 Taste
vegetarian	adj/n	'vedʒə'teəriən	someone who does not eat meat or fish	I just stopped eating meat and became a vegetarian.	68/65	5 Taste
common	n	'kɒmən	something that is common is often seen or often happens	Rabbits are a common wild animal in this area.	51	5 Taste
general	adj	'dʒenərəl	including most people or situations	In general, women are paid less.	55	5 Taste
usual	adj	'ju:ʒuəl	happening, done, or existing most of the time or in most situations	I'll meet you at the usual time.	43	5 Taste
strong	adj	strɒŋ	something that is strong cannot be broken or damaged easily	We need a very strong material that won't be easily damaged.	28	5 Taste
hard work	adj	hɑ:d wɜ:k	a great deal of effort or endurance	It takes a lot of hard work to be successful in business.	-	5 Taste
method (of transport)	n	'meθəd (ɒv 'træns'pɔ:t)	a planned way of doing something, especially one that a lot of people know about and use	You can choose whichever method of payment you prefer.	57	5 Taste
style	n	stɑɪl	the way in which a person or group of people typically does something	He's trying to copy Picasso's style of painting.	53	5 Taste
way	n	weɪ	a method that you use to do or achieve something	There are several different ways we can solve this problem.	45	5 Taste
display	n	dɪ'spleɪ	the part of a piece of equipment that shows information, for example a computer screen	The computer display is now showing an error message.	56	5 Taste
scene	n	si:n	a view of a place as you see it, or as it appears in a picture	He photographed a wide range of street scenes.	52	5 Taste
out of sight	n phr	aʊt ɒv saɪt	if something is out of sight, you cannot see it for one particular purpose, and only for that purpose	Please move this out of sight. I don't want to look at it any more.	55	5 Taste
specially (built)	adv	'speʃəli (bɪlt)		This plane is specially designed for speed.	63	5 Taste
exactly	adv	ɪg'zæktli	used when emphasizing that something is no more and no less than a number or amount, or is completely correct in every detail	It's exactly half past five.	53	5 Taste

properly	adv	'prɒpəli	correctly, or in a way that is considered right to continue to be in a particular state, and not change	I can't see properly without my glasses.	57	5 Taste
stay	v	steɪ	to have something in your hand, hands, or arms	It was hard to stay awake.	55	5 Taste
hold	v	həʊld		Could you hold my bag for me?	-	5 Taste
keep something fresh	v phr	ki:p 'sʌmθɪŋ freʃ	to make something stay fresh	Store the fruit in the fridge to keep it fresh.	52	5 Taste
fairly (modern)	adv	'feəli ('mɒdən)	more than a little, but much less than very	The house had a fairly large garden.	56	5 Taste
R&B music	n	ɑ:&bi: 'mju:zɪk	a style of popular music that is a mixture of blues and jazz	When I listen to the radio now, all I hear is R&B music.	83	5 Taste
rap music	n	ræp 'mju:zɪk	a type of popular music in which the words of a song are not sung, but spoken in time to music with a steady beat	I think the lyrics in popular rap music say a lot about society.	61	5 Taste
get caught	v phr	get kɔ:t	to be spotted in the act of doing something wrong	Sheila got caught stealing office supplies.	-	5 Taste
get flu	v phr	get flu:	to get a common disease which is like a bad cold but is more serious	The whole team got flu last week.	42	5 Taste
get in touch with	v phr	get ɪn tʌtʃ wɪð	to contact someone by writing to them or phoning them	I tried to get in touch with you yesterday, but the office said that you were out sick.	52	5 Taste
get on with (someone)	v phr	get ɒn wɪð ('sʌmwʌn)	if people get on, they have a friendly relationship	Do you get on with your colleagues?	60	5 Taste
get something repaired	v phr	get 'sʌmθɪŋ rɪ'peəd	to ask someone to fix something	I have to get my car repaired.	45	5 Taste
get something wrong	v phr	get 'sʌmθɪŋ rɒŋ	to make a mistake in the way you write, judge, or understand something	This isn't it. We got the address wrong.	61	5 Taste
get together with	v phr	get tə'geðə wɪð	if people get together, they meet in order to do something nice	We must get together for a coffee!	51	5 Taste
get told off	v phr	get təʊld ɒf	to be talked to angrily because you have done something wrong	Sean is always getting told off at school.	49	5 Taste
care (about someone/something)	v	keə (ə'baʊt 'sʌmwʌn/ 'sʌmθɪŋ)	to think that something is important, so that you are interested in it, worried about it etc	The only thing he seems to care about is money.	49	6 Feelings
cry	v	kraɪ	to produce tears from your eyes, usually because you are unhappy or hurt	Don't cry, Jake. It will be OK.	36	6 Feelings
laugh (at something, e.g. a joke)	v	lɑ:f (æt 'sʌmθɪŋ, i:ɔ:ʃi: ə dʒəʊk)	to make sounds with your voice, usually while you are smiling, because you think something is funny	Maria was laughing at the memory.	33	6 Feelings
look forward to something	v	lʊk 'fɔ:wəd tu: 'sʌmθɪŋ	to be excited and happy about something that is going to happen	I'm really looking forward to going to Japan.	45	6 Feelings
shout	v	ʃaʊt	to say something very loudly	There's no need to shout! I can hear you!	45	6 Feelings
smile	v	smɑɪl	to make your mouth curve upwards, in order to be friendly or because you are happy or amused	Susan smiled at him and waved.	34	6 Feelings
trust (someone)	v	trʌst ('sʌmwʌn)	to believe that someone is honest or will not do anything bad or wrong	I just don't trust him. He lied to us before.	56	6 Feelings
worry	v	'wɒri	to be anxious or unhappy about someone or something, so that you think about them a lot	Parents always worry about their children.	34	6 Feelings
brave	adj	breɪv	showing that you are not afraid to do something that is dangerous, frightening, or difficult	The brave firefighters ran into the burning building to save them.	60	6 Feelings
cheerful	adj	'tʃɪəfəl	happy, or behaving in a way that shows you are happy	She's feeling more cheerful today.	65	6 Feelings
delighted	adj	dɪ'laɪtəd	very pleased and happy	Sandy will be delighted to see you.	67	6 Feelings
depressed	adj	dɪ'prest	very unhappy	Mark felt lonely and depressed.	65	6 Feelings
glad	adj	glæd	pleased and happy about something	I'm really glad I don't have to go back there again.	57	6 Feelings
happiness	n	'hæpɪnəs	the state of being happy	Happiness is more important than money.	44	6 Feelings
mad	adj	mæd	angry	Are you still mad at me? I said I was really sorry.	59	6 Feelings
miserable	adj	'mɪzərəbəl	extremely unhappy, for example because you feel lonely, cold, or badly treated	I've been so miserable since I lost my job.	62	6 Feelings
pleased (with)	adj	pli:zd (wɪð)	happy about something or satisfied with something	Are you pleased with the result?	57	6 Feelings
positive	adj	'pɒzɪtɪv	if you are positive about things, you are hopeful and confident, and think about what is good in a situation rather than what is bad	You've got to be more positive about your work.	55	6 Feelings



realistic	adj	rɪəˈlɪstɪk	judging and dealing with situations in a practical way according to what is actually possible rather than what you would like to happen	It's just not realistic to expect a promotion so soon.	67	6 Feelings
scary	adj	ˈskeəri	frightening	I don't like watching scary films at night.	55	6 Feelings
stressed	adj	streɪst	so worried and tired that you cannot relax	I always eat when I'm feeling stressed.	41	6 Feelings
terrified	adj	ˈterɪfaɪd	very frightened	I'm absolutely terrified of spiders.	61	6 Feelings
captain	n	ˈkæptən	someone who is in charge of a ship or plane	Eventually the captain turned off the seat belt sign.	43	6 Feelings
challenge	n	ˈtʃæləndʒ	something that tests strength, skill, or ability, especially in a way that is interesting	The company is ready to meet the challenges of the next few years. The captain and crew would like to welcome you on board Flight 381 to Geneva.	60	6 Feelings
crew	n	kruː	all the people who work on a ship or plane		56	6 Feelings
dive	v	daɪv	to jump into deep water with your head and arms going in first	She dived into a pool.	47	6 Feelings
(go) diving	n	(gəʊ) ˈdaɪvɪŋ	the sport of swimming under water using special equipment to help you breathe	We went diving on the coral reef.	62	6 Feelings
escape (to/from a place)	v	ɪsˈkeɪp (tuː/frɒm ə pleɪs)	to leave a place when someone is trying to catch you or stop you, or when there is a dangerous situation	He broke through the locked door and escaped.	58	6 Feelings
experienced	adj	ɪkˈspɪəriənst	possessing skills or knowledge because you have done something often or for a long time	She's a very experienced pilot, with over 1,000 hours of flying a plane.	59	6 Feelings
fun	n/adj	fʌn	an experience or activity that is very enjoyable and exciting	Did you have fun with your friends?	31/82	6 Feelings
indoors	adv	ˌɪnˈdoʊz	into or inside a building	It's raining – let's go indoors and have something to eat.	59	6 Feelings
instructor	n	ɪnˈstrʌktə	someone who teaches a sport or practical skill	I managed to find a very good driving instructor.	61	6 Feelings
reach (a place)	v	rɪːʃ (ə pleɪs)	to arrive at a place	It took four days for the letter to reach me.	55	6 Feelings
relax	v	rɪˈlæks	to rest or do something that is enjoyable, especially after you have been working	I just want to sit down and relax.	21	6 Feelings
sail	n/v	seɪl	to travel on or across an area of water in a boat or ship	We sailed along the coast of Alaska.	63/61	6 Feelings
wave	n	weɪv	a line of raised water that moves across the surface of the sea	Melissa watched the waves breaking on the shore.	46	6 Feelings
admit to (something)	v	ədˈmɪt tuː ('sʌmθɪŋ)	to agree unwillingly that something is true or that someone else is right	Jenny admitted to being a little scared.	62	6 Feelings
allow (something)	v	əˈlaʊ ('sʌmθɪŋ)	to let someone do or have something, or let something happen	How much time are we allowed?	-	6 Feelings
carry on (doing something)	v + prep	ˈkæri ɒn ('duː(ː)ɪŋ 'sʌmθɪŋ)	to continue doing something, or to do something many times	You'll have an accident if you carry on driving like that.	57	6 Feelings
end up (somewhere/doing something)	v phr	end ʌp ('sʌmwɛə/ˈduː(ː)ɪŋ 'sʌmθɪŋ)	to finally be in a particular place, situation, or state without intending to	When I diet, I always end up putting weight back on.	68	6 Feelings
expect (something)	v	ɪkˈspekt ('sʌmθɪŋ)	to think that something will happen because it seems likely or has been planned	I expect to be back within a week.	43	6 Feelings
protect (someone/something)	v	prəˈtekt ('sʌmwʌn/ˈsʌmθɪŋ)	to keep someone or something safe from harm, damage, or illness	Are we doing enough to protect the environment?	38	6 Feelings
spend time (doing something)	v phr	spend taɪm ('duː(ː)ɪŋ 'sʌmθɪŋ)	use the time available to you to do something	I like spending my weekends jogging and hiking.	-	6 Feelings
achieve (e.g. success)	v	əˈtʃiːv (ɪː.dʒɪː. sɛkˈsɛs)	to successfully complete something or get a good result, especially by working hard	Frances achieved very good exam results.	51	6 Feelings
challenging	adj	ˈtʃæləndʒɪŋ	difficult in an interesting or enjoyable way	Teaching young children is a challenging and rewarding job.	62	6 Feelings
fail	v	feɪl	to not succeed in doing something that you try to do	If you fail at first, just keep trying until you manage to do it.	44	6 Feelings
fear	n	fɪə	the feeling you get when you are afraid or worried that something bad is going to happen	I've never been on a plane because I have a fear of flying.	52	6 Feelings
get a (good/bad) score	v phr	get ɪz (gʊd/bæd) skɔː	to get a certain (high or low) number of points in a test	Sammy got a score of 90% on the Biology test.	43	6 Feelings
give up	phr v	ɡɪv ʌp	to stop trying to do something	You shouldn't give up so easily.	57	6 Feelings
make an effort	phr	meɪk ən ˈefət	to make an attempt to do something	Kim is making an effort to lose weight.	60	6 Feelings
make mistakes	v phr	meɪk mɪsˈteɪks	to do something in a wrong way	Don't worry if you make mistakes at first – learn from them.	32	6 Feelings

(it's) my fault	n phr	(its) maɪ fəʊlt	if something bad that happens is your fault, you are responsible for it happening	I'm really sorry – it's all my fault.	56	6 Feelings
(be) perfect	adj	(bi-) 'pɜːfɪkt	not having any mistakes, faults, or damage	The car was in perfect condition.	41	6 Feelings
situation	n	ˌsɪtʃu'eɪʃən	a combination of all the things that are happening and all the conditions that exist at a particular time in a particular place	He's in a very difficult situation. She wanted to be the first woman to climb Mount Everest, and she almost succeeded.	38	6 Feelings
succeed	v	sək'siːd	to do what you tried or wanted to do	Her success is due to hard work and a little bit of luck.	56	6 Feelings
success	n	sək'ses	when you achieve what you want or intend achieving what you wanted, or having the effect or result you intended	If the operation is successful, you should make a full recovery.	47	6 Feelings
successful	adj	sək'sesfəl		I was always terrible at sports. Nobody wanted to have me on their team at school!	42	6 Feelings
(be) terrible at something	adj phr	(bi-) 'terəbl æt 'sʌmθɪŋ	to be very bad at something	It's good to try new things and learn new skills.	45	6 Feelings
try something new	v phr	traɪ 'sʌmθɪŋ njuː	to do something else that you usually do			6 Feelings
(be) useless at something	adj phr	(bi-) 'juːslɪs æt 'sʌmθɪŋ	very bad at doing something	I'm useless at golf. It's just too difficult for me to learn.	67	6 Feelings
according to (e.g. Jon)	phr	ə'koːdɪŋ tuː (iː.dʒiː.ɔːpən)	as stated by someone	According to Sarah they're not getting on very well at the moment.	64	6 Feelings
get something wrong/right	v phr	get 'sʌmθɪŋ rɒŋ/raɪt	to make a mistake or misjudge when making a decision or doing something	Sorry, I thought you liked pop. I always get it wrong when buying music for you.		6 Feelings
give an opinion	v phr	ɡɪv ən ə'pɪnjən	to tell someone what you think about something	He didn't give an opinion on the matter.	38	6 Feelings
It's a shame that (e.g. you're ill)	v phr	ɪts ə 'ʃeɪm ðæt (iː.dʒiː.juə əɪl)	used to show someone that you feel sympathetic or sad about what they have told you	It's a shame that you can't come to the party with us. Charles Dickens was one of the greatest 19th century novelists.	57	6 Feelings
novelist	n	'nɒvəlɪst	someone who writes novels		66	6 Feelings
sunbathe	v	'sʌnbæθ	to sit or lie outside in the sun, especially in order to become brown	Her mother was sunbathing in the back garden.	75	6 Feelings
cough	v	kɒf	to suddenly push air out of your throat with a short sound, often repeatedly	Matthew was coughing so I guess he is ill.	64	6 Feelings
drag	v	dræɡ	to move words, pictures etc on a computer screen by pulling them with the mouse	Move the files by dragging them to this folder.	63	6 Feelings
grab	v	ɡræb	to get some food or sleep quickly because you are busy	Let's grab some lunch before we have to go back to the meeting.	75	6 Feelings
hurry	v	'hʌrɪ	to do something or go somewhere more quickly than usual, especially because there is not much time	If we hurry, we'll get there in time.	63	6 Feelings
knock	v	nɒk	to hit a door or window with your closed hand	There's someone knocking on the front door.	56	6 Feelings
stir	v	stɜː	to attract the attention of the people inside	She added sugar to her tea and stirred it.	55	6 Feelings
fall	n	fɔːl	to move a liquid or substance around with a spoon or stick in order to mix it together	The president lived on for twenty years after his fall from power.	70	6 Feelings
net	n	net	a situation when someone or something loses their power or is defeated			
net	n	net	the thing that you hit the ball into in sports such as football, or that you hit the ball over in tennis	The ball bounced off the post and into the net.	37	6 Feelings
knock someone down	v	nɒk 'sʌmwʌn daʊn	to hit someone and make them fall down to the ground	The other player ran into me and knocked me down.	57	6 Feelings
referee	n	ˌrefə'riː	someone who makes sure that the rules of a sport such as football, basketball, or boxing, are followed	One of the players was sent off for arguing with the referee.	66	6 Feelings
whistle	n	'wɪsl	a small object that produces a high whistling sound when you blow into it	The referee looked at his watch and blew the whistle for the end of the match.	72	6 Feelings
penalty	n	'penltɪ	a chance to kick the ball into the goal in a game of football, given because the other team has not obeyed a rule	They kicked a penalty at the end of the match to win.	55	6 Feelings
score	v	skoː	to win a point in a sport, game, competition, or test	Dallas scored in the final minute of the game.	57	6 Feelings
nod	v	nɒd	to move your head up and down, especially in order to show agreement or understanding	I asked her if she was ready to go, and she nodded.	58	6 Feelings
bossy	adj	'bɒsi	always telling other people what to do, in a way that is annoying	My older brother was very bossy, always telling me what to do.	80	6 Feelings
brilliant	adj	'brɪljənt	very clever, skilful, or successful	She's brilliant at dealing with difficult clients.	59	6 Feelings
charming	adj	'tʃɑːmɪŋ	very pleasing or attractive	Gabby's parents thought Bill was charming.	68	6 Feelings

	cruel	adj	'kru:əl	deliberately hurting people or making them suffer	She was often cruel to her sister when they were young.	57	6 Feelings
	generous	adj	'dʒenərəs	someone who is generous is willing to give money, spend time etc, in order to help people or give them pleasure	She's always very generous to the kids.	60	6 Feelings
	gentle	adj	'dʒentl	kind and careful in the way you behave or do things, so that you do not hurt or damage anyone or anything	Arthur was a very gentle, caring person.	59	6 Feelings
	ordinary	adj	'ɔ:dənəri	average, common, or usual, not different or special	It's just an ordinary camera.	60	6 Feelings
	unusual	adj	ʌn 'ju:ʒuəl	different from what is usual or normal	This is a very unusual situation. I don't know how to react.	46	6 Feelings
	do (something) badly/well	v phr	du: ('sʌmθɪŋ) 'bædli/wəl	to do something in an unsatisfactory/satisfactory or unsuccessful/successful way	You need to know when you do something badly so that you can improve.	-	7 Danger
	do exercise	v phr	du: 'eksəsəɪz	to do physical activities so that you stay strong and healthy	It is important to do exercise regularly.	-	7 Danger
	do nothing	v phr	du: 'nʌθɪŋ	to take no action	You can't just do nothing and wait for other people to solve your problems.	-	7 Danger
	do your best	v phr	du: jɔ: bɛst	to try as hard as you can to do something	I did my best to reassure her that everything was going to be fine.	-	7 Danger
	get angry	v phr	get 'æŋɡrɪ	to start feeling or showing anger	He was beginning to get angry because no one was listening to him.	32	7 Danger
	get lost	v phr	get lɒst	to not know where you are or how to find your way	We got lost driving around the city.	41	7 Danger
	get ready (for)	v phr	get 'rɛdi (fɔ:)	to become prepared or make preparations for something	We didn't have much time to get ready before they arrived.	-	7 Danger
	get a shock	v phr	get ə ʃɒk	if you get a shock, something that happens makes you feel very surprised, and usually upset	I got a shock when I opened the package.	62	7 Danger
	have an accident	v phr	hæv ən 'æksɪdɪnt	to be in a situation in which someone is hurt or something is damaged without anyone intending it to happen	I had an accident when I was riding my bike.	33	7 Danger
	have an argument (with)	v phr	hæv ən 'ɑ:gjʊmənt (wɪð)	to shout and say angry things to someone because you disagree with them	She had a big argument with her husband.	40	7 Danger
	have a break	v phr	hæv ə breɪk	to stop what you are doing in order to rest, eat etc	Let's have a ten-minute break for coffee.	28	7 Danger
	have fun	v phr	hæv fʌn	to do something that is enjoyable	Did you have fun with your friends?	31	7 Danger
	keep calm	v phr	ki:p kɑ:m	to stay relaxed and quiet, not angry, nervous, or upset	Please, everyone, try to keep calm! There is no danger any more.	56	7 Danger
	keep a diary	v phr	ki:p ə 'daɪəri	to write down things that have happened to you in a book	Tony kept a diary where he described his days and even his dreams at night.	38	7 Danger
	keep a promise	v phr	ki:p ə 'prɒmɪs	to tell someone that you will definitely do or provide something and then do it	He kept his promise to look after the family.	50	7 Danger
	keep a secret	v phr	ki:p ə 'si:kret	to not tell anyone about a secret	Can you keep a secret? You can't tell anyone about this.	57	7 Danger
	make an effort	v phr	meɪk ən 'efət	to make an attempt to do something	Kim is making an effort to lose weight.	60	7 Danger
	make fun of (someone)	v phr	meɪk fʌn ɒv ('sʌmwʌn)	to make unkind jokes about someone or something	They made fun of him because he was quite short.	55	7 Danger
	make sense of (something)	v phr	meɪk sɛns ɒv ('sʌmθɪŋ)	to understand something difficult	Can you make sense of the instructions? They're so complicated.	66	7 Danger
	make sure (of something)	v phr	meɪk juə (ɒv 'sʌmθɪŋ)	to check that something is a particular way	Make sure of the time you have to be there.	51	7 Danger
	take (some) advice	v phr	teɪk (sʌm) əd'vaɪs	to do what someone advised you	I think I'll take your advice and go home.	49	7 Danger
	take care (of)	v phr	teɪk keə (ɒv)	to preserve and ensure that something stays in good condition	I take care of my body by eating lots of fruits and vegetables.	-	7 Danger
	take a chance	v phr	teɪk ə tʃɑ:ns	to do something that could have either good or bad results	It might not work, but it's a chance we'll have to take.	-	7 Danger
	take a photo	v phr	teɪk ə 'fəʊtəʊ	to create an image with a camera, to capture a picture	Will you take a photo of me and Anna together?	23	7 Danger
	bring	v	briŋ	to take something or someone with you to the place where you are now, or to the place you are talking about	I brought these pictures to show you.	31	7 Danger
	take	v	teɪk	to carry something or have it with you when you go somewhere	Don't forget to take your keys.	15	7 Danger

come	v	kʌm	to move towards you or arrive at the place where you are	Let me know when they come.	24	7	Danger
go	v	ɡəʊ	to travel or move to a place that is away from where you are or where you live	There's nothing more we can do here. Let's go home.	15	7	Danger
remember	v	rɪ'membə	to not forget something that you should do, get, or bring	I must remember to phone Nicky.	28	7	Danger
remind	v	rɪ'maɪnd	to make someone remember something that they must do	Yes, I'll be there. Thanks for reminding me.	56	7	Danger
say	v	seɪ	to express an idea, feeling, thought etc using words	'I'm so tired,' she said.	15	7	Danger
tell	v	tel	to give someone information by speaking or writing to them	Have you told John about the party?	29	7	Danger
a trip	n	ə'trɪp	a visit to a place that involves a journey, for pleasure or a particular purpose	Did you enjoy your trip to Paris?	39	7	Danger
travel	n/v	'trævl	to go from one place to another, or to several places, especially ones that are far away	Someday I'd like to travel abroad.	38/25	7	Danger
be in danger	v phr	bi: ɪn 'deɪndʒə	to be in a situation in which loss of life or serious harm is possible	The public was not in danger at any time. The room filled with smoke, and it was becoming difficult to breathe.	54	7	Danger
(can't) breathe	v	(kɑ:nt) brɪ.ð	to take air into your lungs and send it out again		42	7	Danger
be dangerous for (our health)	phr	bi: 'deɪndʒərəs fɔ: ('aʊə helθ)	likely to cause physical harm or death, or something bad to happen	It's dangerous for our health to eat too much fast food.	35	7	Danger
have stomach pains	v phr	hæv 'stʌmək peɪnz	to have stomach ache	I had stomach pains after eating too much cheese.	-	7	Danger
injure (yourself)	v	'ɪndʒə (jɔ: 'self)	to hurt yourself or someone else, for example in an accident or an attack	Bruce injured his leg playing rugby.	58	7	Danger
(high/low) stress level	n	(haɪ/ləʊ) stres 'levl	the degree to which you feel overwhelmed or unable to cope as a result of pressures that are unmanageable	High stress levels can cause heart problems. My parents have always supported my decision to be an actor.	-	7	Danger
support	n/v	sə'pɔ:t	to help and encourage someone or something		67/62	7	Danger
ask permission	v phr	ɑ:sk pə'mɪʃən	to ask someone to officially allow you to do something	Tommy asked permission to go to the bathroom.	63	7	Danger
do/take a course/an online course	v phr	du:/teɪk ə kɔ:s/ən 'ɒn.laɪn kɔ:s	to attend a series of lessons in a particular subject, or to do that online	Andy's doing a computer course to improve his qualifications.	27	7	Danger
go on a ride (at a theme park)	v phr	ɡəʊ ɒn ə raɪd (æɪt ə θi:m pa:k)	to get on a large moving machine that people go on for fun	We went on lots of rides at the theme park.	60	7	Danger
ignore an issue	v phr	ɪɡ'no: r ən 'ɪʃu:	to deliberately pay no attention to something that you have been told or that you know about	The government can't ignore the issue of air pollution in the cities. His fans set up a website, giving every detail of his private life.	56	7	Danger
set up (a website)	v phr	set ʌp (ə 'web saɪt)	to create (a website)		57	7	Danger
share photos online	v phr	ʃeə 'fəuteɪz 'ɒn.laɪn	to put photos on a social media website so that other people can see them	Nowadays people always share their photos from holidays online.	-	7	Danger
take part (in a medical trial)	v phr	teɪk pɑ:t (ɪn ə 'mɛdɪkəl 'traɪəl)	to be involved in an activity with other people	Liam is taking part in a medical test for a new drug.	35	7	Danger
take place (in/on)	v phr	teɪk pleɪs (ɪn/ɒn)	to happen	The concert took place on the 20th of July. Stop taking selfies and just look at the beautiful view before you!	52	7	Danger
take a selfie	v phr	teɪk ə 'selfi	to take a photograph of yourself		77	7	Danger
watch a horror film	v phr	wɒtʃ ə 'hɒrə fɪlm	to watch a scary film	I don't watch horror films because they are too scary. Mark won a national singing competition when he was young.	-	7	Danger
win a competition	v phr	wɪn ə ,kɒmpɪ'tɪʃən	to be the best or most successful in a competition		27	7	Danger
(job) candidate	n	(dʒɒb) 'kændɪdət	someone who is being considered for a job	She's a likely candidate for the job. We order dinner online and a delivery driver brings us our meal.	61	7	Danger
delivery driver	n	dɪ'lɪvəri 'draɪvə	a person who delivers goods to people using a car or a van		-	7	Danger
electronic	adj	,elɪk'trɒnɪk	electronic equipment, such as computers and televisions, uses electricity that has passed through computer chips, transistors etc	You can't just throw electronic waste into a normal litter bin.	52	7	Danger
employ	v	ɪm'plɔɪ	to pay someone to work for you	The factory employs over 2,000 people.	42	7	Danger
(safety) equipment	n	('seɪftɪ) ɪ'kwɪpmənt	the things, tools, machines etc that you need to do a particular job or activity	Ageing computer equipment should be replaced, not upgraded. The brave firefighters ran into the burning building to save them.	57	7	Danger
firefighter	n	'faɪə,faɪtə	someone whose job is to stop fires burning		63	7	Danger
go wrong	v phr	ɡəʊ rɒŋ	if a situation goes wrong, there are problems or there is a bad result	Call for help if something goes wrong.	-	7	Danger

law(s)	n	lɔ:(z)	a rule that people in a country or place must obey	This law makes it illegal to smoke in public places.	32	7	Danger
a pile (of rubbish)	n	ə paɪl (ɒv 'rʌbɪʃ)	a large amount of something arranged in a shape like a small hill	There was a huge pile of rubbish on the street, next to the bin.	64	7	Danger
(publish a) report	n	('rʌblɪʃ eɪ)	a written or spoken description of a situation or event, giving people the information they need	Colleges have to provide a written report on the progress of each student during the year.	37	7	Danger
training	n	'treɪnɪŋ	the process of teaching or being taught the skills for a particular job or activity	On the course we received training in every aspect of the job.	47	7	Danger
working conditions	n	'wɜ:kɪŋ kən'dɪʃənz	the environment in which people work, that affects their life	There were protests against poor working conditions in the factory.	57	7	Danger
working environment	n	'wɜ:kɪŋ ɪn'vaɪərənmənt	the people and things around you at work that affect your life	The employer needs to provide workers with a safe working environment.	56	7	Danger
rainforest	n	'reɪn,fɔ:rst	a forest in a tropical area that receives a lot of rain	Many plants and animals are found only in the rainforests.	65	7	Danger
jungle	n	'dʒʌŋɡəl	a thick tropical forest with many large plants growing very close together	The lion is often called the king of the jungle.	42	7	Danger
leave home	v phr	li:v həʊm	to permanently stop living at home	I got a job and left home when I was 18.	32	7	Danger
not enough room	n phr	nɒt ɪ'naʃ ru:m	not enough space for something or someone to live in a place for a short time as a visitor or guest	There's not enough room in the fridge for the whole cake.	50	7	Danger
stay (in a hotel)	v	steɪ (ɪn ə həʊ'tel)	to stop what you are doing in order to rest, eat etc	We stayed in a very nice hotel for our holiday.	27	7	Danger
take a break	v phr	teɪk ə breɪk	an occasion when you travel from one place to another, especially over a long distance	I need to take a break and go for a short walk.	28	7	Danger
(long) journey	n	(lɒŋ) 'dʒɜ:nɪ	(of a thought or idea) occur to someone	I was so tired after the long journey that I just went to bed.	41	7	Danger
come to mind	v phr	kʌm tu: maɪnd	land that is outside cities and towns	A new idea just came to my mind.	7	7	Danger
countryside	n	'kʌntrɪsaɪd	everything in the physical world that is not controlled by humans, such as wild plants and animals, earth and rocks, and the weather	The house had lovely views over open countryside.	49	7	Danger
nature	n	'neɪtʃə	to buy something (online)	We grew up in the countryside, surrounded by the beauties of nature.	42	7	Danger
get (something online)	v	get ('sʌmθɪŋ	to give food to a person or animal	I got the tickets online.	15	7	Danger
feed	v	fɪd	used to make a suggestion	Have you fed the cat?	22	7	Danger
how about	phr	haʊ ə'baʊt	a flat cover made of wool or similar warm material, usually used on a bed	How about Japanese food tonight?	54	7	Danger
blanket	n	'blæŋkət	material, usually used on a bed	Can you pass me my blanket? I'm getting cold sitting here.	56	7	Danger
(box of) matches	n	(bɒks ɒv) 'mætʃɪz	wooden sticks with a coloured substance at one end that produces a flame when you rub it quickly against something rough	Don't let your children play with matches.	55	7	Danger
first-aid kit	n	'fɜ:steɪd kɪt	a box or bag containing basic medical equipment such as bandages and antiseptic cream	Make sure to take a first-aid kit and a torch when you go camping.	62	7	Danger
penknife	n	'pen-naɪf	a small knife with blades that fold into the handle, usually carried in your pocket	John couldn't open the tin so he took out his penknife and put a hole in it.	83	7	Danger
pillow	n	'pɪləʊ	a cloth bag filled with soft material that you put your head on when you are sleeping	I'll be asleep as soon as my head hits the pillow.	48	7	Danger
rope	n	rəʊp	very strong thick string, made by twisting together many thinner strings	You need to tie the rope around the fence so that the horse doesn't run off.	54	7	Danger
perhaps	adv	pə'hæps	used to say that something may be true, but you are not sure	Sarah's late – perhaps she missed the bus.	37	7	Danger
get around	phr v	get ə'raʊnd	to go or travel to different places	We had to use public transport to get around.	60	7	Danger
moon	n	mu:n	the appearance or shape of the moon at a particular time	The clouds blocked out the light of the moon.	69	7	Danger
container	n	kən'teɪnə	something such as a box or bowl that you use to keep things in	Ice cream is sold in plastic containers.	56	7	Danger
ambulance	n	'æmbjuləns	a special vehicle that is used to take people who are ill or injured to hospital	You need to call an ambulance if you see a car accident.	38	7	Danger
bandage	n	'bændɪdʒ	a narrow piece of cloth that you tie around a wound or around a part of the body that has been injured	If you cut your finger, you can take a bandage from the cupboard.	69	7	Danger
broken	adj	'brəʊkən	cracked because you have had an accident	I have a broken leg and a head injury.	50	7	Danger
operation	n	,'ɒpə'reɪʃən	the process of cutting into someone's body to repair or remove a part that is damaged	He is almost back to full fitness after a knee operation.	44	7	Danger
painful	adj	'peɪnful	making you feel physical pain	My ankle was painful for a while after the fall.	38	7	Danger

	patient	n	'peɪjənt	someone who is receiving medical treatment from a doctor or in a hospital	Dr Ross is very popular with his patients.	51	7	Danger
	prescription	n	prɪ'skrɪpʃən	a piece of paper on which a doctor writes what medicine a sick person should have, so that they can get it from a pharmacist	The doctor gave me a prescription for sleeping pills.	49	7	Danger
	recover	v	rɪ'kʌvə	to get better after an illness, accident, shock etc	After a few days of fever, she began to recover.	41	7	Danger
	breathe in	phr v	bri:ð ɪn	to take air into your lungs	The doctor told her to breathe in and then hold her breath for a few seconds.	63	8	Smell
	find out	phr v	faɪnd aʊt	to get information about something or someone	I need to find out more about these night courses.	44	8	Smell
	get away	phr v	get ə'weɪ	to leave a place, especially when this is not easy	I didn't get away from work until seven.	50	8	Smell
	go after	phr v	ɡəʊ 'ɑ:ftə	to try to catch someone or get something	They both went after the same job.	58	8	Smell
	go off	phr v	ɡəʊ ɒf	if food goes off, it becomes too bad to eat to make sure that someone stays safe and has everything they need, or make sure that something stays in good condition	The milk's gone off – don't drink it.	-	8	Smell
	look after	phr v	lʊk 'ɑ:ftə	to move your eyes to see in different directions	We look after Rodney's kids until he gets home from work. She finished her speech and looked around to see if there were any questions.	33	8	Smell
	look around	phr v	lʊk ə'raʊnd			-	8	Smell
	pick up	phr v	pɪk ʌp	to notice something that is not easy to notice, such as a slight smell or a sign of something	I picked up the sweet smell of coffee when I walked into the cafe.	65	8	Smell
	behaviour	n	bɪ'heɪvjə	the things that a person or animal does	It is important to reward good behaviour.	41	8	Smell
	carry out (e.g. research)	phr v	'kæri aʊt (i:.dʒi:. rɪ'sɜ:ʃ)	to do something that has been planned or discussed, or that someone has told you to do	The students carried out a survey on creating new after-school clubs.	67	8	Smell
	cover (e.g. a topic)	v	'kʌvə (i:.dʒi:. ə'tɒpɪk)	to include or deal with something involving the use of imagination to produce new ideas or things	The course covers all aspects of business. This job is so boring. I wish I could do something more creative.	43	8	Smell
	creative	adj	kri'eɪtɪv			55	8	Smell
	encourage someone to do something	v	ɪn'kʌrɪdʒ 'sʌmwʌn tu: du: 'sʌmθɪŋ	to give someone the courage or confidence to do something	I want to thank everyone who has encouraged and supported me.	52	8	Smell
	explore (e.g. a topic)	v	ɪk'splɔ: (i:.dʒi:. ə'tɒpɪk)	to discuss or think about something carefully	Explore all the possibilities before you make a decision.	60	8	Smell
	fully understand (something)	v phr	'fʊli ,ʌndə'stænd ('sʌmθɪŋ)	to understand something in its entirety	I fully understand the seriousness of the problem.	60	8	Smell
	gain (experience/knowledge)	v	ɡeɪn (ɪks'prɪəriəns/'nɒlɪdʒ)	to get or achieve something	You can gain valuable experience during a summer internship programme.	56	8	Smell
	invent	v	ɪn'vent	to make, design, or think of a new type of thing	Alexander Graham Bell invented the telephone in 1876.	45	8	Smell
	pass (e.g. an exam)	v	pɑ:s (i:.dʒi:. ən'ɪɡ'zæm)	to succeed in an examination or test	Did you pass all your exams?	50	8	Smell
	(research/exam) results	n	(rɪ'sɜ:ʃ/ɪɡ'zæm) rɪ'zʌltz	the information that you get from a scientific study or test	The study has produced some very interesting results.	50	8	Smell
	talent	n	'tælənt	a natural ability to do something well	He has a lot of talent, and his work is fresh and interesting.	62	8	Smell
	topic	n	'tɒpɪk	a subject that people talk or write about	The environment is a popular topic these days.	43	8	Smell
	alive	adj	ə'laɪv	full of energy, happiness, activity etc	The band's song was alive with energy.	-	8	Smell
	be connected to	phr	bɪ:kə'nektɪd tu:	having to do with something	His bad behaviour was connected to what happened to him last year.	-	8	Smell
	close your eyes	v phr	kləʊz jɔ:r aɪz	to shut your eyes	Beth closed her eyes and tried to sleep.	-	8	Smell
	feel like	v phr	fi:l laɪk	to have a feeling which is connected or comparable to something specific	It feels like something special is happening.	-	8	Smell
	pleasure	n	'pleɪʒə	an experience or activity that you enjoy very much	Learn to appreciate the simple pleasures of life, like enjoying a walk in the park or the smell of coffee in the morning.	55	8	Smell
	sense	n/v	sens	one of the five physical abilities of sight, hearing, touch, taste, and smell	Dogs have a good sense of smell.	59/61	8	Smell
	the smell of (e.g. chocolate)	n phr	ðə smel ɒv (i:.dʒi:. 'ʃɒkələɪt)	the quality that people and animals recognize by using their nose	The air was filled with the smell of flowers.	44	8	Smell
	to smell of	v	tu: smel ɒv	to have a particular smell	Your perfume smells of spring flowers!	41	8	Smell
	sound like	v	saʊnd laɪk	to seem to be something when heard	You sound like you're tired.	-	8	Smell

ancient	adj	'eɪnʃənt	belonging to a time long ago in history, especially thousands of years ago	Rome is famous for its ancient monuments.	54	8	Smell
culture	n	'kʌltʃə	the beliefs, way of life, art, and customs that are shared and accepted by people in a particular society	You have to spend time in a country to understand its culture.	32	8	Smell
deal with (e.g. a travel problem)	v phr	di:l wɪð (i: dʒi: ə 'trævl 'prɒbləm)	to do what is necessary, especially in order to solve a problem	For a while I had no idea how to deal with the situation.	57	8	Smell
get to know (e.g. someone local)	v phr	get tu: nəʊ (i: dʒi: 'sʌmwʌn 'ləʊkəl)	to start to be familiar with someone or something	I'd really like to see you again and get to know you better.	60	8	Smell
historical	adj	hɪ 'stɔ:ri:kəl	relating to people or things that happened or existed in the past	I like visiting historical sites like castles and cathedrals.	54	8	Smell
(be) on the coast	phr	(bi:) ɒn ðə kəʊst	to be on the land next to the sea	We lived on the southeast coast of Florida.	36	8	Smell
pay attention to	v phr	peɪ ə 'tɛnʃ(ə)n tu: plæn (tu: du: 'sʌmθɪŋ)	to listen to or watch someone or something carefully	Always pay attention to the car in front when you're driving.	56	8	Smell
plan (to do something)	v		to intend to do something	I was planning to spend the weekend at home, but my friend called me and we went out for dinner on Saturday.	35	8	Smell
resort	n	rɪ 'zɔ:t	a place where a lot of people go for holidays to find or provide a way of dealing with a problem	Rimini is a popular holiday resort on the east coast of Italy.	54	8	Smell
solve a problem	v phr	sɒlv ə 'prɒbləm		Charlie thinks money will solve all his problems.	53	8	Smell
stay in	phr v	steɪ ɪn	to stay in your home and not go out	I was tired, so I decided to stay in.	43	8	Smell
travel guide	n	'trævl gaɪd	someone whose job is to show a place to tourists	Nico is an experienced travel guide and knows this area really well.	77	8	Smell
amazed	adj	ə 'meɪzd	very surprised	I'm amazed you've never heard of the Rolling Stones.	74	8	Smell
complicated	adj	'kɒmplɛkətɪd	difficult to understand or deal with, because many parts or details are involved	The brain is like a very powerful, very complicated computer.	58	8	Smell
honest	adj	'ɒnɪst	sincere or telling the true facts about something	I'm going to ask you something, and I want you to give me an honest answer.	47	8	Smell
natural	adj	'nætʃərəl	existing in nature and not caused, made, or controlled by people	It was fascinating to see the elephants in their natural environment.	45	8	Smell
obvious	adj	'ɒbvɪəs	easy to notice or understand	The obvious way of reducing pollution is to use cars less.	55	8	Smell
patient	adj	'peɪʃənt	able to wait calmly for a long time or to accept difficulties, people's annoying behaviour etc without becoming angry	You'll just have to be patient and wait till I finish talking on the phone.	58	8	Smell
popular	adj	'pɒpjələ	liked by a lot of people	Hilary was popular at school. Everybody liked her.	46	8	Smell
suitable	adj	'su:təbəl	having the right qualities for a particular person, purpose, or situation	We are hoping to find a suitable school.	60	8	Smell
action scene	n	'ækʃ(ə)n si:n	part of a play or film (usually when the events happen in one place) in which a lot of dangerous and exciting things happen	I like exciting films with lots of action scenes.	60	8	Smell
(be/feel) involved	adj	(bi:/fi:l) ɪn 'vɒlvd	to take part in an activity or event, or be connected with it in some way	More than 30 software firms were involved in the project.	-	8	Smell
new technologies	n	nju: tek'nɒlədʒɪz	modern machines and equipment which offer significant improvement over the established technology	There are some exciting new technologies that will let you experience things virtually.	-	8	Smell
on the screen	phr	ɒn ðə skri:n	appearing on the screen of a television, cinema or computer	The conversation didn't match what was happening on the screen.	35	8	Smell
play a trick	v phr	pleɪ ə trɪk	to deceive someone	The girls were playing tricks on their teacher.	-	8	Smell
athlete	n	'æθli:t	someone who competes in sports competitions, especially running, jumping, and throwing	Over 150 athletes will compete in the Indoor Championships at the stadium.	55	8	Smell
beat	v	bi:t	to get the most points, votes etc in a game, race, or competition	Spain beat Italy 3-1.	55	8	Smell
benefit	n	'benəfɪt	an advantage, improvement, or help that you get from something	What are the benefits of contact lenses?	54	8	Smell
competitor	n	kəm'petɪtə	a person, team, company etc that is competing with another	Last year they sold twice as many computers as their competitors.	56	8	Smell
track	n	træk	a circular path or road used by people, cars etc for races	To run a mile, you have to run four times around the track.	63	8	Smell
fortunately	adv	'fɔ:tʃənətli	happening because of good luck	Fortunately, everything worked out all right in the end.	61	8	Smell
for instance	n phr	fɔ:r 'ɪnstəns	for example	In many countries, for instance Japan, fish is an important part of the diet.	55	8	Smell
reserve (a seat)	v	rɪ 'zɜ:v (ə si:t)	to arrange for a place in a hotel, restaurant, plane etc to be kept for you to use at a particular time in the future	I'd like to reserve a table for two.	42	8	Smell

(be) rubbish at	v phr	(bi:) 'rʌbɪʃ æt	to be completely without skill at a particular activity	I'm rubbish at arithmetic.	69	8 Smell
mental imagery	n	'mentl 'ɪmɪdʒəri	a mental picture of something not real or present that is produced by the memory or the imagination	Mental imagery is very important in sports – if you imagine yourself winning, it will help you to do it in real life!	74	8 Smell
splash about	v	splæʃ ə 'baʊt	to move around in some amount or body of water in a playful, frenetic manner, causing lots of splashes in the process	Don't splash about too much in the bath, kids. I don't want the floor to get all wet.	-	8 Smell
puddle	n	'pʌdl	a small pool of liquid, especially rainwater	Children splashed through the puddles.	71	8 Smell
bare (feet)	adj	beə (fi:t)	not covered by clothes	I love walking on grass with bare feet.	63	8 Smell
accommodation	n	ə kɒmə 'deɪʃən	a place for someone to stay, live, or work when someone or something arrives somewhere	The price for the holiday includes flights and accommodation. Just after our arrival in London, Lisa decided that she wanted to go home.	38	8 Smell
arrival	n	ə 'raɪvəl	the activity of travelling for pleasure, usually without very much money, and carrying a backpack	Backpacking on holiday is especially popular among students and young people.	39	8 Smell
backpacking	n	'bæk pækɪŋ	the official line that separates two countries, states, or areas, or the area close to this line	To cross the border, you will need a valid passport.	79	8 Smell
border	n	'bɔ: də	the system or type of money that a country uses	The local currency of Switzerland is the Swiss franc.	51	8 Smell
currency	n	'kʌrənsi	when someone or something has to wait, or the length of the waiting time	There are long delays on the motorway because of roadworks.	58	8 Smell
delay	n	dɪ 'leɪ	the place at an airport, sea port etc where officials check the documents of everyone entering the country	We had to show our visas at immigration before entering the country.	47	8 Smell
immigration	n	'ɪmɪ 'grɛɪʃən	happening during the night or for the night	She's staying overnight at a friend's house.	56	8 Smell
overnight	adj	'əʊvənɪt			63	8 Smell