

Wordlist Formula C1

Words	Part of speech	Pronunciation	German	French	Italian	Definition	Example	GSE
Unit 1 Topic One								
Core vocabulary/phrases								
associated with	phr v	ə'səʊtʃeɪtɪd wɪð	assoziiert mit	associé à	associato a	to be related to a particular subject, activity etc	How did the colours red and green become associated with Christmas?	69
back down	phr v	bæk daʊn	einlenken, nachgeben	céder	cedere, fare dietrofront	to agree not to do something, or to admit that you are wrong	The government has backed down on its proposal to raise taxes.	64
catch on	phr v	kætʃ ɒn	Anklang finden, sich durchsetzen, erfolgreich sein	devenir à la mode, prendre	diffondersi, attecchire con successo	if a product or an idea catches on, it becomes popular	Industry executives believe that the company's products will catch on as customers become more security conscious.	69
come out with	phr v	kʌm aʊt wɪð	etw sagen, aussprechen	sortir	uscirsene con, affermare qc	to say something, especially something that is not expected	The things he comes out with are so funny!	69
devote (yourself) to	phr v	dɪ'vəʊt (jɔ:'self) tu:	(sich) einer Sache widmen	(se) consacrer à	dedicarsi a	to use all or most of your time, effort etc in order to do something	He devoted his energies to writing films.	73
fall for (nonsense)	phr v	fɔ:l fɔ: ('nɒnsəns)	hereinfallen auf (Unsinn)	se faire avoir (sottises)	casarci (cretinate), crederci (assurdità)	to be tricked into believing something that is not true	I told him I was French and he fell for it!	67
follow through on	phr v	'fɒləʊ θru: ɒn	an etw dranbleiben, zu Ende bringen	mener à terme	portare qc a termine, qc fino in fondo	to complete (an activity or process that has been started)	He doesn't follow through on his good intentions.	-
move on (with)	phr v	mu:v ɒn (wɪð)	sich weiterentwickeln	passer à autre chose	andare avanti (con)	to develop, improve, or become more modern	Her ideas have hardly moved on since the fifties.	65
pay someone back for	phr v	peɪ 'sʌmwʌn bæ k fɔ:	jdm etw heimzahlen	se venger de qn	far pagare caro qc a qn, rendere pan per focaccia	to do something unpleasant to someone because they have done something unpleasant to you	I'll pay Jenny back for what she did to me!	64
put (yourself) forward for	phr v	put (jɔ:'self) 'fɔ:wəd fɔ:	(sich) vorschlagen, anbieten für	se proposer, se porter volontaire	proporsi, offrirsi	to officially suggest that someone should be considered for a particular job or position	When Jack put his name forward for the election, he didn't expect the campaign to be so competitive.	66
put forward	phr v	put 'fɔ:wəd	vorschlagen	proposer	proporre	to state an idea or opinion, or to suggest a plan, for other people to consider	I wasn't convinced by any of the arguments that he put forward.	66
read up on	phr v	ri:d ʌp ɒn	sich über etw informieren	faire des recherches sur	documentarsi su qc	to read a lot about something because you will need to know about it	We need to read up on the new tax laws.	64
spring up	phr v	sprɪŋ ʌp	aus dem Boden schießen, auftauchen	pousser	spuntare, emergere	to suddenly appear or start to exist	Dozens of websites have sprung up to provide information for travellers.	79
take (someone) in	phr v	teɪk ('sʌmwʌn) ɪn	jdn in die Irre führen	duper	ingannare (qn)	to completely deceive someone by lying to them	Don't be taken in by products claiming to help you lose weight in a week.	-
throw (yourself) into	phr v	θrəʊ (jɔ:'self) 'ɪntu:	sich reinhängen	(se) lancer dans	buttarsi in qc	to do something actively and enthusiastically	She's thrown herself into this new job.	-
bravado	n	brə'vɑ:dəʊ	Draufgängertum, Prahlerei	bravade	bravata	a show of courage, especially when unnecessary and dangerous, to make people admire you	It was an act of bravado that made him ask his boss to resign.	-
camouflage	n	'kæməflɑ:ʒ	Tarnung	camouflage	camuffamento, mimetizzazione	the way that the colour or shape of an animal protects it by making it difficult to see in the area in which it lives	The whiteness of the arctic fox acts as camouflage, hiding it from its enemies.	76

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fingerprint	n	'fɪŋgə.prɪnt	Fingerabdruck	empreinte	impronta digitale	a mark made by the pattern of lines at the end of a person's finger, which is used by the police to find out who has committed a crime	All we've got to do is to take his fingerprints and compare them with the prints on this envelope.	68
leap	n	li:p	Sprung	saut	salto, balzo	a big jump or increase	This device is a big leap in technology.	69
outlet	n	'aʊtlet	Ventil	exutoire	valvola (di sfogo)	a way of expressing or getting rid of strong feelings	I use judo as an outlet for stress.	76
practical joke	n	'præktɪkəl dʒəʊk	Streich, Spaß, Schabernack	blague, farce	scherzo, burla, tiro mancino	a joke that makes someone seem silly and involves a physical action rather than words	She glued her boss's cup and saucer together as a practical joke.	-
primate	n	'praɪmeɪt	Primat	primate	primato	a member of the group of animals that includes humans and monkeys	It's their size that distinguishes gorillas from other primates.	75
ridge	n	rɪdʒ	Rille, Furche	profil (chaussure)	solco, rigatura	a raised line on a surface	The ridges on the soles give the shoes a better grip.	71
segment	n	'seɡmənt	(Radio/TV) Beitrag	reportage	segmento, contributo (radio/televisivo)	a short piece of film that forms part of a television or radio programme, or that is broadcast on the internet	Last week, CNN broadcast a segment on the effects of climate change.	-
stigma	n	'stɪgmə	Stigma	marque d'infamie	stigma	a strong feeling in society that being in a particular situation or having a particular illness is something to be ashamed of	The stigma of mental illness made it difficult for people to seek professional help.	79
(someone's) take on (something)	n	('sʌmwʌnz) teɪk ɒn ('sʌmθɪŋ)	(jmds) Ansicht zu (etw)	le point de vue (de qn) (sur qc)	parere (di qn) su (qc)	what someone thinks about a particular subject	What's your take on the political situation?	80
apprehensive	adj	æprɪ'hensɪv	ängstlich, besorgt	craintif	apprensivo, ansioso	worried or nervous about something that you are going to do, or about the future	We'd been a little apprehensive about their visit.	77
credible	adj	'kredəbəl	glaubwürdig	crédible	credibile	deserving or able to be believed or trusted	He was unable to give a credible explanation for his behaviour.	72
daunting	adj	'doʊntɪŋ	beängstigend, abschreckend	intimidant	spaventoso, intimorente	frightening in a way that makes you feel less confident	The trip seemed rather daunting for a young girl.	76
empowering	adj	ɪm'pauəɪŋ	stärkend, befähigend	encourageant, responsabilisant	rafforzante, qualificante	something that is empowering makes you more confident and makes you feel that you are in control of your life	For me, learning to drive was an empowering experience.	-
makeshift	adj	'meɪkʃɪft	provisorisch	improvisé	improvvisato	made to be used for a short time only when nothing better is available	We ate our picnic using an old tree-trunk as a makeshift table.	-
misleading	adj	mɪs'li:dlɪŋ	irreführend	trompeur	fuorviante	likely to make someone believe something that is not true	The article was misleading, and the newspaper has apologised.	76
sceptical	adj	'skeptɪkəl	skeptisch	sceptique	scettico	doubting whether something is true or right	I'm extremely sceptical about what I read in the press.	77
unscrupulous	adj	ʌn'skru:pjələs	skrupellos	sans scrupules	spregiudicato, amorale	behaving in a dishonest way in order to get what you want	Isn't it time we did something to protect the elderly from unscrupulous business people?	82
incapable of	adj + prep	ɪn'keɪpəbəl ɒv	unfähig, zu	incapable de	incapace di	not able to do something	He seemed incapable of understanding how she felt.	74
regardless of	adj + prep	rɪ'gɑ:dləs ɒv	ungeachtet	en dépit de	a prescindere da	without being affected or influenced by something	He'll sign that contract regardless of what anyone says!	72

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suited to	adj + prep	'sju:tɪd tu:	geeignet für	approprié à	adatto per	right or appropriate for a particular person, purpose, or situation	With her qualifications and experience, she would seem to be ideally suited to the job.	-
boost your determination	v + n coll	bu:st jə: dɪ,tɜ:mɪ'neɪʃən	die eigene Entschlossenheit bestärken	renforcer la détermination de qn	aumentare la propria determinazione	to increase the desire to continue trying to do something even when it is difficult	Her doubt in my abilities really boosted my determination to complete the task on my own.	73
dismiss a theory	v + n coll	dɪs'mɪs ə 'θɪəri	sich von einer Theorie verabschieden	rejeter une théorie	abbandonare una teoria	to negate the possibility that a theory is valid or true	Scientists have quickly dismissed the new theory as completely implausible.	70
exceed (your) expectations	v + n coll	ɪk'si:d (jə:) 'ɛkspeɪk'teɪʃənz	(seine) Erwartungen übertreffen	dépassez les attentes de qn	andare oltre le (proprie) aspettative	to go beyond expectations	His performance really exceeded our expectations.	70
play a joke on	v + n coll	pleɪ ə dʒəʊk ɒn	jdm einen Streich spielen	faire une blague à	fare uno scherzo a qn	trick someone to make people laugh	John's always playing jokes on his brothers.	-
pose a threat to	v + n coll	pəʊz ə θret tu:	eine Bedrohung darstellen für	constituer une menace pour	rappresentare una minaccia per	to present a possible danger to something or someone	Officials claim the chemical plant poses no real threat to people living nearby.	-
realise an ambition	v + n coll	'ri:əlaɪz ən æm'bɪʃ(ə)n	ein Ziel erreichen	réaliser une ambition	realizzare un'ambizione	to achieve something that you were hoping to achieve	She never realised her ambition of winning an Olympic gold medal.	-
release tension	v + n coll	ri'li:s 'tenʃən	Anspannung loslassen	relâcher les tensions	sciogliere tensioni	to get rid of a nervous or worried feeling that makes it impossible for you to relax	Physical exercise is a good way to release tension after a hard day.	-
seasoned traveller	v + n coll	'si:znd 'trævələ	erfahrene/r Reisende/r	voyageur/-euse expérimenté/e	viaggiatore esperto/viaggiatrice esperta	with a lot of experience of travelling	Being a seasoned traveller, he was fully prepared for the long delay at the airport.	81
a step too far	fixed phr	ə stɛp tu: fɑ:	ein Schritt zu weit	un pas de trop	un passo di troppo	something that is too extreme	An amendment to the constitution would be regarded as a step too far.	-
all things considered	fixed phr	ɔ:l θɪŋz kən'sɪdəd	alles in allem, unter dem Strich	tout bien considéré	tutto sommato, in fin dei conti	taking everything into account	All things considered, I think the day went well.	77
at the forefront	fixed phr	æt ðə 'fɔ:frʌnt	führend	à l'avant-garde	in prima linea, all'avanguardia	to be in a leading position in an important activity that is trying to achieve something or develop new ideas	The company has always been at the forefront of science and technology.	-
be inclined to think	fixed phr	bi: ɪn 'klaɪnd tu: θɪŋk	geneigt sein zu denken	être enclin à penser	essere incline a pensare	to hold a particular opinion, but not very strongly	Arthur has some strange ideas, but on this occasion I'm inclined to think that he's right.	73
capture the public's attention	fixed phr	'kæptʃə ðə 'pʌblɪks ə'tenʃ(ə)n	die Aufmerksamkeit des Publikums fesseln	capter l'attention du public	catturare l'attenzione del pubblico	to make someone feel very interested in something	I wasn't sure that my performance would capture the public's attention, but the response was overwhelmingly positive.	70
come to blows about	fixed phr	kʌm tu: bləʊz ə'baʊt	handgreiflich werden wegen	en venir aux mains en raison de	venire alle mani per	if two people come to blows, they start fighting	Mike and Tom almost came to blows about the loan that Tom failed to pay back.	75
get cold feet	fixed phr	get kəʊld fi:t	kalte FüÙe bekommen	avoir la frousse	avere i sudori freddi	to suddenly feel that you are not brave enough to do something you planned to do	The plan failed after sponsors got cold feet.	-
get stuck for words	fixed phr	get stʌk fɔ: wɜ:dz	keine Worte finden	ne pas savoir quoi dire	rimanere senza parole	to be unable to think of anything to say	I got stuck for words when I heard that they chose me for the position. I really didn't expect it.	-
get stung by	fixed phr	get stʌŋ baɪ	abgezockt werden, übers Ohr gehauen werden	se faire escroquer	venire spillato da, essere truffato da	to be charged a surprisingly large amount of money for something	I got stung by the taxi driver who took me on a long detour because I didn't know the city.	-

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in retrospect	fixed phr	ɪn ˈretrəspekt	rückblickend	rétrospectivement	a posteriori, col senno di poi	thinking back to a time in the past, especially with the advantage of knowing more now than you did then	In retrospect, I shouldn't have given him the money.	76
in the same breath	fixed phr	ɪn ðə seɪm breθ	im selben Atemzug	dans le même souffle	nello stesso respiro	if you say two things in the same breath, you say two things that are so different that if one is true, the other must be false	He criticised the film, then predicted in the same breath that it would be a great success.	-
let alone	fixed phr	let ə ˈləʊn	geschweige denn	encore moins	figuriamoci	used to say that one thing is not true or does not happen, so another thing cannot possibly be true or happen	The baby can't even crawl yet, let alone walk!	66
out of your comfort zone	fixed phr	aʊt ɒv jɔː ˈkɒmfət zəʊn	außerhalb der eigenen Komfortzone	en dehors de sa zone de confort	fuori dall'area di azione in cui uno si sente sicuro	if a situation or activity is out of your comfort zone, it does not make you feel secure, comfortable, or in control	Sometimes you have to step out of your comfort zone and challenge yourself.	-
play on ignorance	fixed phr	pleɪ ɒn ˈɪɡnərəns	Unwissen ausnutzen	profiter de l'ignorance	giocare sull'ignoranza	to use someone's lack of knowledge about something to get what you want, often in an unfair way	Companies often play on people's ignorance and charge them for returning a product.	74
roll off the tongue	fixed phr	rəʊl ɒf ðə tʌŋ	leicht auszusprechen sein	se laisser prononcer facilement	facile da dire, facile da pronunciare	to be easy to say or pronounce	When you name your food truck, make sure it's something that rolls off the tongue so that people will remember it.	-
while I'm on the subject	fixed phr	waɪl aɪm ɒn ðə ˈsʌbdʒɪkt	wo wir gerade dabei sind	tant que j'y suis	già che ne parliamo	used to introduce a new point relevant to a subject that has already been raised	While I'm on the subject of money, do you have the \$10 you owe me?	67
Extra vocabulary								
damp	adj	dæmp	feucht	humide	umido	slightly wet	Wipe the leather with a damp cloth to clean it.	66
underfoot	adv	ˌʌndə ˈfʊt	unter den Füßen	sous les pieds	sotto i piedi	under your feet where you are walking	Be careful! The wet wood is very slippery underfoot.	82
hurtle	v	ˈhɜːtl	rasen, sausen	se ruer, avancer à toute allure	sfrecciare, passare con grande velocità	if something, especially something big or heavy, hurtles somewhere, it moves or falls very fast	All of a sudden, a car came hurtling round the corner.	-
hand-me-down	adj	ˈhænd mi daʊn	gebrauchtes Kleidungsstück	vieux vêtement	vestito di seconda mano	a piece of clothing which has been used by someone and then given to another person	She refused to wear hand-me-downs.	-
torrential (rain)	adj	tɒ ˈrɛnʃəl (reɪn)	sintflutartig (Regen)	torrentiel (pluie)	(pioggia) torrenziale	very heavy (rain)	I woke to the sound of torrential rain.	80
as a matter of course	fixed phr	ə ˈmætər ɒv kɔːs	selbstverständlich	naturellement	come d'abitudine	part of the normal process or system	They checked the rest of the house as a matter of course.	72
in any event	fixed phr	ɪn ˈeni ɪ ˈvɛnt	jedenfalls, auf jeden Fall	quoi qu'il arrive	in ogni caso	whatever happens or may have happened	In any event, I was not in a position to undertake such a task.	-
in light of	fixed phr	ɪn laɪt ɒv	angesichts	vu, au vu de	al cospetto di, alla luce di	taking (something) into consideration	The exorbitant prices are explainable in light of the facts.	-
be a question of	fixed phr	biː ə ˈkwɛstʃən ɒv	eine Frage sein von	être une question de	essere una questione di	used to say what the most important fact, part, or feature of something is	Dance is a question of control and creative expression.	-
any minute (now)	phr	ˈeni ˈmɪnɪt (naʊ)	(jetzt) jeden Augenblick	à tout instant	in qualsiasi momento (adesso)	very soon	It looks as though it might rain at any minute now.	65

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(put the) finishing touches (to)	phr	(pʊt ði:) 'fɪnɪʃɪŋ 'tʌʃtʃz (tu:)	etw den letzten Schliff geben	(mettre les) touches finales (à)	(dare il) tocco finale (a)	final details or actions completing and enhancing a piece of work	He's putting the finishing touches to his latest novel.	-
there are times when	phr	ðeə ɑ: taɪmz wen	es gibt Zeiten, da	il y a des moments où	ci sono momenti in cui	used to say that there are occasions when something is true or when something happens	There are times when I think that I'll never feel at home here.	-
I suppose	phr	aɪ sə 'pəʊz	ich nehme an, vermute	je suppose	suppongo, presumo	used to say you think something is true, although you are uncertain about it	I suppose you're right.	55
having said that	phr	'hævɪŋ sæd ðæt	nichtsdestotrotz	ceci dit	detto questo	used when you are adding a different opinion to the one you have just expressed	This isn't really a brilliant movie, but having said that, the kids should enjoy it.	66
given the opportunity	phr	'gɪvn ði ɒpə'tju:nɪti	wenn sich die Gelegenheit böte/bietet	si j'en avais l'occasion	data la possibilità	if I were allowed to do something	Given the opportunity, I'd spend all day reading in bed.	-
nutrition value	n	nju: 'trɪʃən 'vælju:	Nährwert	valeur nutritionnelle	valore nutrizionale	an indication of the contribution of a food to the nutrient content of the diet	Sweets have very little nutrition value.	-
at other times	phr	ət 'lðə taɪmz	sonst, zu anderen Zeiten	à d'autres moments	altrimenti, fuori da quelle ore	on other occasions	Sometimes I like to eat out, but at other times I just want to have dinner in front of the TV.	-
be lost for words	phr	bɪ lɒst fə wɜ:dz	sprachlos sein	ne pas savoir quoi dire	essere senza parole	to be so shocked, impressed etc that you cannot think what to say	For once in her life, she was lost for words.	76
common ground	n	'kɒmən graʊnd	Gemeinsamkeit	terrain d'entente	base comune	facts, features, or beliefs that are shared by people or things that are very different	There is a great deal of common ground between management and trade unions on this issue.	-
(come) out of your shell	phr	(kʌm) aʊt ɒv jɔ:ʃel	aus seinem Schneckenhaus (herauskommen)	(sortir) de sa coquille	(uscire) dal proprio guscio	becoming less shy and more confident and willing to talk to people	I had hoped that university would bring him out of his shell.	-
break the ice	phr	breɪk ðə aɪs	das Eis brechen	briser la glace	rompere il ghiaccio	to make people feel more friendly and willing to talk to each other	Sam's arrival broke the ice and people began to talk and laugh.	61
fall flat	v	fɔ:l flæt	verpuffen, scheitern	tomber à plat	fare fiasco, fallire	if a joke, remark, or performance falls flat, it fails to interest or amuse people	All my attempts at jokes fell flat.	74
steer clear of	v	stiə klɪər ɒv	meiden, einen Bogen machen um	éviter	schivare, tenersi alla larga da	to try to avoid someone or something	I steer clear of talking about politics.	76
fair game	n	feə geɪm	Freiwild	proie idéale	facile preda	if someone or something is fair game, it is acceptable, reasonable, or right to criticise them	The young star's behaviour made him fair game for the tabloid press.	-
cold call	n/v	kəʊld kɔ:l	Kaltakquise/jdn unangemeldet anrufen	prospection téléphonique	fare telefonate a freddo	to telephone or visit someone you have never met before and try to sell them something	We were cold called by a company offering savings on our phone bill.	-
hot desking	n	hɒt 'deskɪŋ	Hotdesking, den Schreibtisch teilen	partager le même bureau	condividere la scrivania con altri impiegati	when people working in an office do not each have their own desk, but work where there is one available	Hot desking ensures that desks are never left unoccupied while people are away from the office.	-
(be) part and parcel of	n	(bi:) pɑ:t ənd 'pɑ:səl ɒv	fester Bestandteil von etw (sein)	(être) partie intégrante de	(essere) parte integrante di	to be a part of an activity, job etc that cannot be avoided	Working long hours is part and parcel of being a journalist.	77
Extended vocabulary								

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object to	v + prep	əb' dʒekt tu:	ablehnen, Einspruch erheben gegen	s'opposer à	opporsi a	to say that you do not like or approve of something	Residents objected to the plans for a bypass nearby.	70
hint at	v + prep	hɪnt æt	anspielen auf etw	faire allusion à	alludere a qc	to suggest something to someone without saying it directly	What exactly are you hinting at?	72
abstain from	v + prep	əb' steɪn frɒm	sich etw enthalten	s'abstenir de	astenersi da	to not do something that you would normally enjoy doing	Patients were advised to abstain from fried food.	79
consent to	v + prep	kən 'sent tu:	zustimmen zu	consentir à	consentire a	to give your permission for something, or agree to something	He had not consented to medical treatment.	75
pride (yourself) on	v + prep	praɪd (jɔ:' self) ɒn	(sich) einer Sache rühmen, stolz auf etw sein	s'enorgueillir de	vantarsi, inorgogliarsi (di qc)	to be very proud of something that you can do well	The restaurant prides itself on serving top quality food.	77
impose (a ban) on	v + prep	ɪm' pəʊz (ə bæŋ) ɒn	(ein Verbot) verhängen gegen	prononcer l'interdiction de	imporre (un divieto) su	if someone in authority imposes a rule, punishment, tax etc, they force people to accept it	The government imposed a ban on all imports.	67
infer (something) from	v + prep	ɪn 'fɜ: (' sʌmθɪŋ) frɒm	(etw) ableiten von, schließen von	déduire (qc) de	dedurre (qc) da, desumere	to form an opinion that something is probably true because of information that you have	A lot can be inferred from these statistics.	79
peer at	v + prep	pɪər æt	schauen auf, betrachten	regarder	scrutare, guardare	to look very carefully, especially because it is difficult for you to see something clearly	She adjusted her glasses and peered at the man.	73
Unit 2 Topic Two								
Core vocabulary/phrases								
backup	n	' bækʌp	Verstärkung	renforts	supporto, rinforzi	extra help or support that can be used if it is needed	The police called for backup when they realised that they were outnumbered.	74
breakthrough	n	' breɪkθru:	Durchbruch	percée, avancée	scoperta fondamentale, svolta	an important new discovery in something you are studying, especially one made after trying for a long time	Scientists have made a major breakthrough in the treatment of cancer.	73
input	n	' ɪnpʊt	Beitrag	contribution, participation	contributo, apporto	ideas, advice, money, or effort that you put into a job or activity in order to help it succeed	Farmers contributed most of the input into the survey.	-
outbreak	n	' aʊtbreɪk	Ausbruch	épidémie	scoppio	when something bad such as a serious disease or a war starts	Doctors are very concerned about an outbreak of tuberculosis in an East London School.	59
outcome	n	' aʊtkʌm	Ergebnis	résultat	risultato, esito	the final result of a meeting, discussion, war etc – used especially when no one knows what it will be until it actually happens	It was impossible to predict the outcome of the election.	68
outset	n	' aʊtset	Beginn	début	inizio	at or from the beginning of an event or process	It was clear from the outset that there were going to be problems.	-
pushover	n	' pʊʃ, əʊvə	Kinderspiel	jeu d'enfant	gioco da ragazzi, preda facile	to be easy to do or win	The exam was a pushover. I needn't have stressed about it so much.	83
setback	n	' setbæk	Rückschlag	contretemps	contraccolpo	a problem that delays or prevents progress, or makes things worse than they were	Today's result was a major setback for the team.	75

Wordlist Formula C1

a follow-up	n	ə 'fɒl əʊ ʌp	Fortsetzung, Sequel	suite (d'un film)	seguito, sequel	a film, book, event etc that is based on an earlier one	The follow-up wasn't as good as the original film.	75
a spin-off	n	ə 'spɪnɒf	Spin-off, Ableger	spin-off, série dérivée	spin-off, derivato	a television programme involving characters that were previously in another programme or film	Two characters from this series left the show to star in a spin-off.	-
blown away (by)	adj	bləʊn ə 'weɪ (baɪ)	umgehauen, beeindruckt (von)	époustouflé (par)	sbalordito (da), esterrefatto (da)	to be made to feel very surprised and pleased	I was blown away by their kindness.	78
far-fetched	adj	fɑː'fetʃt	weit hergeholt	tiré par les cheveux	azzardato	extremely unlikely to be true or to happen	All this may sound a bit far-fetched, but companies are already developing 'intelligent' homes.	81
jaw-dropping	adj	dʒɔː-'drɒpɪŋ	atemberaubend	stupéfiant	strabiliante, che lascia a bocca aperta	very impressive or surprising	This mountainous region has jaw-dropping scenery.	-
mind-blowing	adj	'maɪnd- bləʊɪŋ	überwältigend, irre	époustouflant	sconvolgente, pazzesco	very exciting, shocking, or strange	What happened in the next 15 minutes is hard to describe, but it was mind-blowing.	83
slow-moving	adj	'sləʊ-'muːvɪŋ	langsam (vorankommend)	lent	lento, che procede lentamente	developing at a slow pace	I much prefer action films to slow-moving dramas.	-
spine-tingling	adj	'spɑɪn-, tɪŋglɪŋ	gruselig, schaurig	à vous donner des frissons	da brivido, agghiacciante	making you feel very excited or frightened, in an enjoyable way	The festival opened with the director's latest spine-tingling film.	-
tear-jerking	adj	tɪə-'dʒɜ:kɪŋ	rührselig, auf die Tränendrüse drückend	émouvant	strappalacrime, commovente	(esp. of a book, film, play, etc) a sad story intended to make people cry or be sad	Bring a pile of tissues with you when you see that film – it's really tear-jerking!	-
come second	phr	kʌm 'sekənd	als Zweite/r eintreffen	arriver deuxième	arrivare secondo/-a	to reach second place (in a competition)	I came second in the 100m race.	52
come up with the goods	phr	kʌm ʌp wɪð ðə guːdz	die gewünschten Ergebnisse bringen	arriver aux résultats voulus	mantenere le promesse, rispettare un impegno	to do what is expected or required of one; to produce what is wanted	What they promise sounds impressive enough – let's see if they come up with the goods.	-
perk	n	pɜ:k	Vorteil, Vergünstigung, Sonderzulage	avantage	vantaggio, beneficio, gratifica	something that your employer gives you in addition to your pay, such as free meals or a car	Free travel is one of the perks of the job.	76
present a challenge	phr	priː'zent ə 'tʃælɪndʒ	eine Herausforderung darstellen	constituer un défi	rappresentare una sfida	to cause a problem	Heavy rain has presented a new challenge for tournament organisers.	63
prove someone wrong	phr	pruːv 'sʌmwʌn rɒŋ	jdn widerlegen	donner tort à qn, prouver que qn a tort	smentire, provare che qn ha torto	to do something to show someone that they are mistaken about something	They say I'm too old, but I'm going to prove them all wrong.	57
relish the opportunity	phr	'relɪʃ ði ,ɒpə'tjuːnɪti	sich über die Gelegenheit freuen	se réjouir de l'occasion	pregustarsi l'opportunità	to enjoy an opportunity or the thought of something that is going to happen	The players will relish the opportunity to go and play there.	81
runner-up	n	'rʌnər-ʌp	Zweitplatzierte/r	le/la deuxième	secondo/-a classificato/-a	the person or team that finishes second in a race or competition	Jake finished runner-up in the race, losing by just a fraction of a second to the winner.	72
scrutiny	n	'skruːtɪni	Überprüfung	examen	scrutinio	careful and thorough examination of someone or something	Careful scrutiny of the company's accounts revealed a whole series of errors.	76
discomfort	n	dɪs'kʌmfət	Unbehagen, Beschwerden	inconfort	sconforto	a feeling of slight pain or of being physically uncomfortable	If the exercise causes discomfort, stop immediately.	72
illogical	adj	ɪ'lɒdʒɪkəl	unlogisch	illogique	illogico	not sensible or reasonable	It is illogical to assume you can do the work of three people.	79
inability	n	ɪ'nə'bɪləti	Unfähigkeit, Unvermögen	incapacité	incapacità	the fact of being unable to do something	A big reason why retailers file for bankruptcy is their inability to get credit.	68

Wordlist Formula C1

insane	adj	ɪnˈseɪn	verrückt	fou	pazzo	maddening or extremely annoying	I go insane when I can't find what I'm looking for. It's so frustrating!	-
insignificant	adj	ˌɪnsɪɡˈnɪfɪkənt	unbedeutend	insignifiant	insignificante	too small or unimportant to consider or worry about	You should realise that your problems are insignificant in comparison.	73
interaction	n	ˌɪntərˈæksjən	Zusammenspiel	interaction	interazione	a process by which two or more things affect each other	Price is determined through the interaction of demand and supply.	68
misleading	adj	mɪsˈliːdɪŋ	irreführend	trompeur	fuorviante	likely to make someone believe something that is not true	The article was misleading, and the newspaper has apologised.	76
misplace	v	ˌmɪsˈpleɪs	verlegen, an den falschen Platz legen	égarer, perdre	smarrire, lasciare in giro	to lose something for a short time by putting it in the wrong place	She misplaced her keys so often that her secretary used to carry spare ones for her.	77
reconsider	v	ˌriːkənˈsɪdə	überdenken	reconsidérer	riconsiderare	to think again about something in order to decide if you should change your opinion or do something different	He should reconsider his decision to resign.	74
reorganisation	n	ˌriːɔːɡənəɪˈzeɪʃən	Neuorganisation	réorganisation	riorganizzazione	when something is arranged or organised in a new way	The plan proposed reorganisation of the country into 10 provinces.	74
underestimate	v	ˌʌndəˈrestɪmeɪt	unterschätzen	sous-estimer	sottovalutare	to think or guess that something is smaller, cheaper, easier etc than it really is	We underestimated how long it would take to get there.	73
undoubtedly	adv	ʌnˈdaʊtɪdli	zweifellos	sans aucun doute	indubbiamente	used to emphasise your opinion or emphasise that something is definitely true	He is undoubtedly one of the best writers of his generation.	69
be appreciative of	phr	biː əˈpriːjətɪv ɒv	dankbar, wertschätzend sein für	être reconnaissant pour	apprezzare qc, mostrarsi grato per	feeling or showing that you have enjoyed something or feel grateful for it	She was appreciative of Greg's concern for her health.	79
be attributed to	phr	biː əˈtrɪbjʊːtɪd tuː	zurückgeführt werden auf	être attribué à	essere attribuito a/al fatto che	to believe that something was written, said, or made by a particular person	The accident was attributed to slippery road conditions.	71
be down to	phr	biː daʊn tuː	bei jdm liegen, jds Sache sein	être responsable de	toccare a qn di	to be someone's responsibility or decision	It's down to me to find a suitable person for the job.	-
be prone to	phr	biː prəʊn tuː	anfällig sein für	enclin à	essere soggetto a	likely to do something or suffer from something, especially something bad or harmful	Some plants are very prone to disease.	79
fall back into	phr	fɔːl bæk ˈɪntuː	zurückfallen in	retomber dans, reprendre	ricadere in	to go back to doing something or behaving in a way which you did before	I was amazed at how easily I fell back into the old routine.	-
forge ahead with	phr	fɔːdʒ əˈhed wɪð	mit etw gut vorankommen	avancer dans	andare avanti con, fare progressi con	to suddenly make a lot of progress with something	The organisers are forging ahead with a programme of public events.	79
keep track of	phr	kiːp træk ɒv	den Überblick behalten über	suivre	tenere traccia di, tenere conto di	remain fully aware of or informed about	My sister has had so many different jobs that it's hard for me to keep track of what she's doing.	-
open up to	phr	ˈəʊpən ʌp tuː	sich jdm öffnen	se confier à qn	aprirsi a qn	to stop being shy and say what you really think	I finally opened up to my best friend and told her about my problems.	61
accessible	adj	əkˈsesəbəl	zugänglich	accessible	accessibile	a place, building, or object that is accessible is easy to reach or get into	The island is only accessible by boat.	71
engrossed	adj	ɪnˈɡrəʊst	vertieft	absorbé	assorto, assortito	so interested in something that you do not think of anything else	Dad was engrossed in the paper.	80

Wordlist Formula C1

enigmatic	adj	ˈenɪɡˈmæɪtɪk	hintergründig, mysteriös	énigmatique	enigmatico, misterioso	mysterious and difficult to understand	'You'll see,' he replied with an enigmatic smile.	81
lengthy	adj	ˈleŋθi	lang, ausführlich	long	lungo, prolisso	continuing for a long time, often too long	A lengthy period of training is required.	72
reckless	adj	ˈrekləs	leichtsinnig, unverantwortlich	imprudent, irréfléchi	incosciente, sconsiderato	not caring or worrying about the possible bad or dangerous results of your actions	They started making increasingly reckless investments and eventually lost all their money.	76
relentless	adj	rɪˈlentləs	unaufhaltsam, unerbittlich	incessant	inarrestabile, inesorabile	continuing in a severe or extreme way	The snow was relentless and covered everything in our front yard.	77
sensory	adj	ˈsensəri	sinnlich, Sinnes-	sensoriel	sensorio, sensoriale	relating to or using your senses of sight, hearing, smell, taste, or touch	Trying to listen to music while watching the TV and eating dinner caused a sort of sensory overload.	74
shortlisted	adj	ʃɔ:tˈlɪstɪd	in der engeren Wahl	préselectionné	selezionato, fra i candidati/le candidate	to be among a list of people or things that have been chosen from a larger group to be considered for a job or prize	Our restaurant was shortlisted for the 'Restaurateur of the Year' award.	75
sound	adj	saʊnd	solide, vernünftig	sain, solide	sano, solido	sensible or good, and likely to produce the right results	The book is full of sound advice.	68
be in someone's best interests	phr	bi: ɪn ˈsʌmwʌnz best ˈɪntrɪsts	in jds bestem Interesse sein	être dans le meilleur intérêt de qn	essere nel miglior interesse di qn	be the best thing for someone	The court decided that it was in the child's best interests to remain with her grandparents.	-
be in two minds	phr	bi: ɪn tu: maɪnɪz	unentschieden sein	être indécis	avere dubbi, essere indeciso	to be unable to decide what to do, or what you think about something	I'm still in two minds about how I'll vote.	-
come to a standstill	phr	kʌm tu: ə ˈstændstɪl	zum Stillstand kommen, zum Stehen kommen	s'arrêter net	subire un arresto, fermarsi	if movement or activity comes to or is brought to a standstill, it stops completely	Abruptly the group ahead of us came to a standstill.	80
know full well (that)	phr	nəʊ fʊl wəl (ðæt)	ganz genau wissen (dass)	savoir très bien (que)	sapere benissimo (che)	to know something without a doubt	You know full well that you're not supposed to take the car without asking me!	-
raise someone's profile	phr	reɪz ˈsʌmwʌnz ˈprəʊfaɪl	jds Bekanntheitsgrad erhöhen	mieux faire connaître qn	aumentare la notorietà di qn	raises its profile, it gets more attention from the public	advertising campaign designed to raise the bank's profile.	-
take someone/something for granted	phr	teɪk ˈsʌmwʌn/ˈsʌmθɪŋ fɔ: ˈgrɑ:ntɪd	jdn/etw als selbstverständlich ansehen, als gegeben hinnehmen	considérer qn/qc comme normal, comme allant de soi	dare per scontato	to expect that someone or something will always be there when you need them and never think how important or useful they are	He spends all his time at work and takes his family for granted.	68
take something as read	phr	teɪk ˈsʌmθɪŋ æz rɛd	einfach davon ausgehen, dass	tenir qn/qc pour acquis	dare per certo che, partire dal presupposto che	to accept that something is true without making sure that it is	I just took it as read that anyone who applied for the course would have the necessary qualifications.	-
to cut straight to the chase	phr	tu: kʌt streɪt tu: ðə tʃeɪs	gleich zum Kern der Sache kommen	aller droit au but	andare dritto al nocciolo della questione	to get to the point without wasting time	I didn't have long to talk so I cut straight to the chase and asked how much it would cost.	-
to foil an attempt	phr	tu: fɔɪl ən ə ˈtempt	einen Versuch vereiteln	contrecarrer une tentative	sventare/vanificare un tentativo	if you foil someone's plan or attempt to do something, you succeed in stopping them from doing what they want	Several attempts to climb the mountain were foiled by the weather.	83
to produce from scratch	phr	tu: prəˈdju:s frɒm skrætʃ	von Null an herstellen	produire à partir de rien	produrre dal nulla	to make something from the beginning, without using anything that already exists	The chef produces all of his dishes from scratch. You won't find anything ready-made in his kitchen!	-
to take (something/someone) seriously	phr	tu: teɪk (ˈsʌmθɪŋ/ˈsʌmwʌn) ˈsɪəriəsli	(etw/jdn) ernst nehmen	prendre (qc/qn) au sérieux	prendere (qc/qn) sul serio	regard someone or something as important and worthy of attention	These kinds of threats have to be taken seriously.	-

Wordlist Formula C1

two heads are better than one	phr	tu: hedz ɑ: 'betə ðən wʌn	vier Augen sehen mehr als zwei	deux têtes valent mieux qu'une	quattr'occhi vedono più di due	used to say that two people are more likely to solve a problem or think of an idea than one person working alone	We need to work together to figure this out. Two heads are better than one.	-
Extra vocabulary								
concur	v	kən 'kɜ:	beipflichten, übereinstimmen	être d'accord	concordare, essere d'accordo	to agree with someone or have the same opinion as them	The committee largely concurred with these views.	81
imperfection	n	ˌɪmpə 'fekʃən	Unvollkommenheit, Mangel	imperfection	imperfezione	something that is not perfect, or the quality of not being perfect	She won't tolerate imperfection in her own or anyone else's work.	78
readjust	v	ˌri: ə dʒʌst	korrigieren, nachjustieren	rajuster	riadattare, rivedere	to make a small change to something or to its position	We may need to readjust these figures slightly.	-
unreasonably	adv	ʌn 'ri:znəbli	ungerechtfertigt, überzogen	déraisonnablement, excessivement	irragionevolmente, eccessivamente	in a way that is not fair or acceptable	Rents in the area are unreasonably high.	79
inadequate	adj	ɪn 'ædəkwət	unzureichend	inapproprié	inadeguato, insufficiente	not good enough, big enough, skilled enough etc for a particular purpose	The school has inadequate computer facilities.	66
irregularity	n	ɪ 'regjʊ lærəti	Unregelmäßigkeit	irrégularité	irregolarità	an anomaly or irregular occurrence	Thankfully, the mission has not experienced any irregularities.	76
misinform	v	ˌmɪsɪn 'fɔ:m	falsch informieren	mal informer	disinformare, informare male	to give someone information that is incorrect	I was told she would be at the meeting, but clearly I was misinformed.	-
disadvantaged	adj	ˌdɪsəd 'vɑ:ntɪdʒd	benachteiligt	défavorisé	svantaggiato	having social problems, such as a lack of money or education, which make it difficult for you to succeed	A new educational programme has been set up for economically disadvantaged children.	72
underneath	prep	ˌʌndə 'ni:θ	darunter	au-dessous	sotto	directly under another object or covered by it	He got out of the car and looked underneath.	58
be on a par (with)	phr	bi: ɒn ə pɑ: (wɪð)	auf einer Stufe stehen (mit)	être sur un pied d'égalité (avec)	essere alla pari (con)	to be at the same level or standard	Technological developments in the US are on a par with those in Japan.	78
on balance	phr	ɒn 'bæləns	unter dem Strich, im Großen und Ganzen	tout compte fait	nel complesso, a conti fatti	used to tell someone your opinion after considering all the facts	On balance, I prefer the new system.	71
doppelgänger	n	ˈdɒpəlɡæŋə	Doppelgänger	double	sosia	someone who looks exactly like someone else but is not related to that person	At the mall today, I saw someone who could be your doppelgänger!	-
on the face of it	phr	ɒn ðə feɪs ɒv ɪt	auf den ersten Blick	à première vue	a prima vista	when you first consider something, before you know the details	On the face of it, it seemed reasonable.	72
sway	v	sweɪ	überreden, überzeugen	influencer, impressionner	influenzare, persuadere	to make someone change their opinion	Nothing you say will sway her. She's made up her mind.	73
letdown	n	'letdaʊn	Enttäuschung	déception	delusione	an event, performance etc that is not as good as you expected it to be	The ending of the book was a real letdown.	83
stunning	adj	'stʌnɪŋ	fantastisch, toll	éblouissant	fantastico, splendido	extremely attractive or beautiful	You look absolutely stunning in that dress.	66
menace	n	'menəs	Bedrohung	menace	minaccia	something or someone that is dangerous	Plastic bags are a menace to marine environments because they don't break down quickly.	80
futuristic	adj	ˌfju:tʃə 'rɪstɪk	futuristisch	futuriste	futuristico	something which is futuristic looks unusual and modern, as if it belongs in the future instead of the present	The futuristic sports stadium is the pride of the city.	-
drenched	adj	drentʃt	durchnässt, klitschnass	trempe	bagnato/sudato fradicio	covered with a lot of a liquid	The athletes were drenched in sweat.	-

Wordlist Formula C1

authenticity	n	ˌɔːθenˈtʃəti	Echtheit	authenticité	autenticità	the quality of being real or true	Archaeological evidence may help to establish the authenticity of the statue.	75
mesmerised	adj	ˈmezməraɪzd	fasziniert, hypnotisiert	fasciné	affascinato, ipnotizzato	if you are mesmerised by someone or something, you cannot stop looking at them or listening to them because they are so attractive or interesting	I was completely mesmerised by their performance.	82
electrifying	adj	ɪˈlektɪraɪɪŋ	elektrisierend	électrisant	elettrizzante	very exciting; thrilling	He gave an electrifying performance.	82
desolate	adj	ˈdesələt	trostlos, öde	désolé	desolato, deserto	a place that is desolate is empty and looks sad because there are no people there	Northern Aetolia remains a desolate region, inhabited mainly by shepherds.	81
bleak	adj	ˈbliːk	trostlos, düster	peu réjouissant	triste, tetro	without anything to make you feel happy or hopeful	The company still hopes to find a buyer, but the future looks bleak.	78
riveting	adj	ˈrɪvətɪŋ	fesselnd	captivant	avvincente	something that is riveting is so interesting or exciting that you cannot stop watching it or listening to it	It was a riveting story and the audience was captivated.	81
Extended vocabulary								
upbringing	n	ˈʌpˌbrɪŋɪŋ	Erziehung	éducation	educazione	the way that your parents care for you and teach you to behave when you are growing up	Mike had had a strict upbringing.	77
outcry	n	ˈaʊtkraɪ	Aufschrei, Protestwelle	tollé	protesta, clamore	an angry protest by a lot of ordinary people	The closure of the local hospital has caused a huge public outcry.	79
intake	n	ˈɪnteɪk	Verzehr, Zufuhr	consommation	assunzione, consumo	the amount of food, drink etc that you take into your body	Try to reduce your intake of fat.	78
turnout	n	ˈtɜːnaʊt	Wahlbeteiligung, Beteiligung	participation	affluenza/partecipazione elettorale	the number of people who go to an event such as a party, meeting, or election	We think that thirty-five per cent is a good turnout for local elections.	75
outlay	n	ˈaʊtleɪ	Ausgabe, Vorleistung	dépense	spesa, esborso	the amount of money that you have to spend in order to start a new business, activity etc	For a relatively small outlay, you can start a home hairdressing business.	80
fallout	n	ˈfɔːlaʊt	(negative) Auswirkungen	répercussions	effetti (negativi)	the effects of an event	We are still dealing with the fallout from his resignation.	79
downturn	n	ˈdaʊntsˌn	Abschwung, Rückgang	baisse	recessione, rallentamento	a period or process in which business activity, production etc is reduced and conditions become worse	Thousands of workers have lost their jobs in the economic downturn.	76
outlook	n	ˈaʊtlʊk	Perspektive, Aussicht	perspectives	prospettiva	what is expected to happen in the future	The long-term outlook for the industry is worrying.	75
Unit 3 Topic Three								
Core vocabulary/phrases								
come about	phr v	kʌm əˈbaʊt	sich ergeben, zustande kommen	se produire	avvenire, realizzarsi	to happen or develop	How did this extraordinary situation come about?	65
come round to	phr v	kʌm raʊnd tuː	sich anschließen	se rallier à	cambiare opinione	to change your opinion so that you now agree with someone	I'm sure he'll come round to our way of thinking.	61
do away with	phr v	duː əˈweɪ wɪð	abschaffen, aufräumen mit	en finir avec, se débarrasser de	eliminare, farla finita con	to get rid of something	We should do away with those old customs.	67
get (somebody) out of	phr v	get (ˈsʌmbədi) aʊt ɒv	(jdn) hinausbekommen aus	évacuer qn de	fare uscire (qn) da	to help someone to leave or get extracted from a particular place.	The Embassy helped tourists get out of the country safely.	49

Wordlist Formula C1

go into	phr v	gəʊ 'ɪntə	einfließen in, gewidmet sein	être consacré	entrare in, confluire in	to be spent or used to get, make, or do something	Years of research have gone into this book.	-
mess about with	phr v	mes ə 'baʊt wɪð	mit etw herummachen, sich beschäftigen mit etw	s'occuper de	armeggiare/trafficare con qc	to bother or have to deal with something	We have a dishwasher so you don't have to mess about with the dishes.	-
refer to	phr v	rɪ 'fɜ: tu:	zu sprechen kommen auf, erwähnen	mentionner	riferirsi a, parlare di	to mention or speak about someone or something	We agreed never to refer to the matter again.	66
run (something) past	phr v	rʌn ('sʌmθɪŋ) pɑ:st	(etw) (jdm) kurz vorlegen	soumettre qc (à qn)	fare sapere (qc a qn)	to tell someone something so that they can give you their opinion	I just wanted to run it past you and see what you thought.	70
set back	phr v	set bæk	zurückwerfen	retarder	ostacolare, rallentare	to delay something, or delay someone in doing something	Her resignation set back the project.	73
shy away from	phr v	ʃaɪ ə 'weɪ frɒm	zurückschrecken vor	reculer devant	rifuggire da	to avoid something that you dislike, fear, or do not feel confident about	I've never shied away from hard work.	-
stem from	phr v	stɛm frɒm	stammen von	provenir de	derivare da, provenire da	to develop as a result of something	Most of her health problems stem from an accident she had when she was younger.	73
accumulate knowledge	v + n coll	ə 'kju:mjuleɪt 'nɒlɪdʒ	Wissen ansammeln	accumuler des connaissances	accumulare sapere	to gradually get more knowledge over a period of time	As she progressed through her education, she continued to accumulate knowledge that would prepare her for a career.	70
boost energy	v + n coll	bʊ:st 'ɛnədʒi	einen Energieschub verleihen	stimuler l'énergie	aumentare l'energia	to increase the energy	Eat this cereal bar to boost your energy.	73
complicate matters	v + n coll	'kɒmplɪkeɪt 'mætəz	eine Angelegenheit verkomplizieren	compliquer les choses	complicare le cose	to make a problem or situation more difficult	Don't tell Michael about this. It'll only complicate matters.	68
deepen understanding	v + n coll	'di:pən ,ʌndə 'stændɪŋ	Verständnis vertiefen	approfondir la compréhension	approfondire la comprensione	to understand more	Students explore new ideas as they deepen their understanding of the subject.	-
determine the facts	v + n coll	dɪ 'tɜ:mɪn ðə fæktz	die Tatsachen bestimmen	déterminer les faits	accertare i fatti	to find out the facts about something	Investigators are still trying to determine the facts of the case.	64
draw on experience	v + n coll	dro: ɒn ɪks 'pɪəriəns	auf Erfahrung zurückgreifen	s'appuyer sur l'expérience	basarsi sull'esperienza	to use information, experience, knowledge etc for a particular purpose	She can draw on her 20 years of teaching experience.	-
establish a rapport	v + n coll	ɪ 'stæblɪʃ ə ræ 'pɔ:	ein gutes Verhältnis zu jdm aufbauen	établir une relation	stabilire un rapporto	to develop a friendly understanding and agreement between people	She quickly established a rapport with her students.	77
exude confidence	v + n coll	ɪg 'zju:d 'kɒnfɪdəns	Selbstvertrauen ausstrahlen	respirer la confiance	esprimere fiducia in se stessi	if you exude confidence, it is easy to see that you have a lot of it	She just exudes confidence in the way she talks and moves.	83
heed advice	v + n coll	hi:d əd 'vaɪs	einen Rat befolgen	tenir compte de l'avis	seguire un consiglio	to pay attention to someone's advice or warning	If she had only heeded my advice, none of this would have happened.	-
meet the criteria	v + n coll	mi:t ðə kraɪ 'tɪəriə	Kriterien erfüllen	satisfaire aux critères	soddisfare i criteri	to achieve a level that has been set or expected	Everyone whose qualifications meet our criteria will be considered.	-
strike up a friendship	v + n coll	straɪk ʌp ə 'frɛndʃɪp	Freundschaft schließen	entamer une relation amicale	stringere amicizia	to start to become friendly with someone, to start talking to them, etc	Matthew and I quickly struck up a friendship because we had a lot in common.	-
thwart expectations	v + n coll	θwa:t 'ɛkspek 'teɪʃənz	Erwartungen enttäuschen	laisser qn sur sa faim	disattendere le aspettative	to do something which prevents someone's expectations from being met	I don't want to thwart your expectations, but you may have to settle for a lower salary.	81
distinctive feature	adj + n coll	dɪs'tɪŋktɪv 'fi:tʃə	besonderes Merkmal	particularité	tratto distintivo	something that is different from other things and very easy to recognise	This is a distinctive feature of our new product that will set it apart from the competition.	72
exceptionally difficult	adv + adj coll	ɪk'sɛpʃənli 'dɪfɪkəlt	außergewöhnlich schwierig	exceptionnellement difficile	estremamente difficile	extremely difficult	Trying to find a cure for this disease is an exceptionally difficult task.	76

Wordlist Formula C1

heartfelt emotion	adj + n coll	'ha:tfelt ɪ 'mæʃən	aufrichtiges Gefühl	émotion sincère	sentimento accorato	a strong human feeling such as love, hate, or anger felt very strongly and sincerely	You could see the heartfelt emotion in his face when he was thanking them for the gift.	76
highly symmetrical	adv + adj coll	'haɪli sɪ 'metrɪkəl	stark symmetrisch	fortement symétrique	altamente simmetrico	having two halves that are exactly the same shape and size	The pattern was highly symmetrical.	79
highly thought of	adv + adj coll	'haɪli θɔ:t əv	hoch angesehen	très estimé	molto stimato	regarded with approval or respect	Michael was totally dedicated to the department and was highly thought of by his colleagues.	66
relatively unsurprising	adv + adj coll	'rɛlətɪvli ʌnsə 'prɑ:zɪŋ	verhältnismäßig wenig überraschend	relativement peu surprenant	relativamente poco sorprendente	comparatively not a surprise	It is relatively unsurprising that many people do not support the tax increase.	70
remarkably beautiful	adv + adj coll	rɪ 'mɑ:kəbli 'bjʊ:təfʊl	bemerkenswert schön	d'une beauté remarquable	davvero bello	beautiful to a degree that is unusual or surprising	Prague is a remarkably beautiful place.	73
stark contrast	adj + n coll	stɑ:k 'kɒntrɑ:st	starker Kontrast	fort contraste	forte contrasto	a difference between people, ideas, situations, things etc that is unpleasantly clear and impossible to avoid	The extreme poverty of the local people is in stark contrast to the wealth of the tourists.	-
unique combination	adj + n coll	ju:'ni:k 'kɒmbɪ'neɪʃən	einzigartige Kombination	combinaison unique	combinazione unica	two or more different things that exist together in a one of a kind way	He has a unique combination of experience in both the public and private sectors.	61
unsolved mystery	adj + n coll	ʌn'sɒlvd 'mɪstəri	ungelöstes Rätsel	mystère non résolu	mistero irrisolto	a problem or mystery that is unsolved has never been solved	What happened to the men on the expedition will always be an unsolved mystery.	-
armed (with)	adj	ɑ:md (wɪð)	bewaffnet (mit)	armé (de)	munito (di)	having something useful that you need	I went into the meeting armed with a copy of the report.	68
compatible (with)	adj	kəm'pætəbl (wɪð)	kompatibel, vereinbar (mit)	compatible (avec)	compatibile (con)	if two pieces of computer equipment are compatible, they can be used together, especially when they are made by different companies	Is the software compatible with your PC?	73
diluted	adj	dɑ: 'ljʊ:tɪd	verwässert	dilué	diluito	made weaker or less effective	They felt that their original aims and demands were being diluted.	-
intimidating	adj	ɪn'tɪmɪdeɪtɪŋ	einschüchternd	intimidant	intimidatorio	making you feel nervous and not confident	Some people find interview situations very intimidating.	78
plausible	adj	'plɔ:zəbəl	glaubwürdig	plausible	plausibile	reasonable and likely to be true or successful	His story certainly sounds plausible.	78
straightforward	adj	'streɪt'fɔ:wəd	aufrichtig	franc	schietto	honest and not hiding what you think	Are you sure that he is being straightforward with us?	69
undervalued	adj	ʌndə'væljʊ:d	unterbewertet	sous-estimé	sottovalutato	more important or valuable than people think	If employees feel undervalued, they won't make any extra effort for the company.	83
adversity	n	əd'vɜ:sɪti	Unglück, Not, Widrigkeit	adversité	avversità, sfortuna	a situation in which you have a lot of problems that seem to be caused by bad luck	His courage in the face of adversity is admirable.	78
brevity	n	'breɪvɪti	Kürze	brièveté	brevità	the quality of expressing something in very few words	Letters published in the newspaper are edited for brevity and clarity.	-
chunk	n	tʃʌŋk	Brocken, eine Menge	(grosse) partie	blocco, una parte	a unit of information retained in the memory and easily recalled	You should try to learn whole chunks of vocabulary instead of single words.	-
cradle	n	'kreɪdl	Wiege	berceau	culla	a small bed for a baby, especially one that moves gently from side to side	She rocked the cradle to quieten the child.	79
mantra	n	'mæntərə	Mantra	mantra	mantra	a statement or slogan repeated frequently	'Think global, act local' is a powerful mantra for the 21st century.	79

Wordlist Formula C1

protagonist	n	prəuˈtæɡənɪst	Protagonist	protagoniste	protagonista	the most important character in a play, film, or story	The novel's main protagonist is an American intelligence officer.	75
punch line	n	pʌntʃ laɪn	Pointe	chute	battuta finale	the last few words of a joke or story, which make it funny or clever	Jake's joke fell flat because he had forgotten the punch line.	82
repercussions	n	ˌriːpəˈkʌʃənz	Auswirkungen, Nachwirkungen	répercussions	ripercussioni	the bad effects that are the results of an action or event, and which last a long time	The collapse of the company will have repercussions for the whole industry.	78
stance	n	stɑːns	Haltung, Positur	position, posture	posizione, postura	a position in which you stand, especially when playing a sport	She altered her stance, resting all her weight on one leg.	-
swirl	n	swɜːl	Wirbel	tourbillon	mulinello	a circular pattern	The wind had strengthened, and there was more rain too, blowing in swirls.	81
the naked eye	n	ðəˈneɪkɪd aɪ	(mit) bloßem Auge	l'œil nu	(a) occhio nudo	if you can see something with the naked eye, you can see it without using any artificial help such as a telescope or microscope	It's just about possible to see the planet with the naked eye on a clear night.	-
a far cry from	phr	ə faː kraɪ frɒm	weit entfernt von (fig.)	ne rien avoir à voir avec	ben lontano da	very different from something else	His life as a pop star was a far cry from his childhood in Leeds.	80
can't string a sentence together	phr	kɑːnt strɪŋ əˈsentəns təˈɡeðə	keinen ganzen Satz herausbringen	avoir du mal à enchaîner correctement ses phrases	non poter fare una frase per intero	to not be able to say or write something that other people can understand	He was so shocked that he couldn't string a sentence together.	-
different walks of life	phr	ˈdɪfərənt wɔːks əv laɪf	verschiedene Milieus	différents milieux	di ogni estrazione sociale	when people talk about walk(s) of life, they are referring to different types of jobs and different levels of society	Members of the gym include lawyers, teachers, plumbers, and hairdressers – people from all different walks of life.	68
eyes go vacant	phr	aɪz ɡəʊ ˈveɪkənt	kein Interesse mehr zeigen	avoir le regard absent	avere lo sguardo perso nel vuoto	if your eyes go vacant, they show no interest or mental activity	He saw the audience's eyes go vacant and stopped speaking.	76
it's more a case of	phr	ɪts mɔːr ə keɪs əv	es geht eher darum, es ist mehr eine Frage von	il s'agit plutôt de	è piuttosto il caso di, è più una questione di	it's to a greater degree	It's more a case of practising until you learn how to do it.	66
keep someone in the loop	phr	kiːp ˈsʌmwʌn ɪn ðə luːp	jdn auf dem Laufenden halten	tenir qn informé	tenere qn al corrente	to keep someone informed about and/or involved in something, such as a plan or project	We've hired a new intern to help you with data entry, so be sure to keep her in the loop about the project.	-
let me get this straight	phr	let miː get ðɪs streɪt	Lass mich/Lassen Sie mich das richtig verstehen	laisse/laissez-moi vérifier si j'ai bien compris	fammi/mi faccia capire bene	used when someone has said something to you and you want to check if it is true	So let me get this straight. You want to leave all your money to a stranger?	68
on the go	phr	ɒn ðə ɡəʊ	unterwegs, zum Mitnehmen	sur le pouce	strada facendo, in giro	quickly while doing some other activity	I always have coffee on the go in the morning.	-
rooted to the spot	phr	ˈruːtɪd tuː ðə spɒt	wie angewurzelt	figé sur la place	inchiodato sul posto	unable to move	She was rooted to the spot with fear.	80
take exception to	phr	teɪk ɪkˈsepʃən tuː	etw. übelnehmen, an etw. Anstoß nehmen	s'offusquer (de)	risentirsi di/per qc	to be offended by something	He took exception to one of the interviewer's remarks.	69
to and fro	phr	tuː ænd frəʊ	hin und her	d'avant en arrière	avanti e indietro	moving in one direction and then in the other	She was gazing out the window, rocking rhythmically to and fro.	74
Extra vocabulary								
(be) plagued (with)	adj	(biː) pleɪɡd (wɪð)	geplagt (sein von)	(être) rongé/affecté (par)	(essere) tormentato (da)	causing pain or trouble to someone for a long time	Frederick was plagued with one illness after another throughout his childhood.	78
lucid dream	n	ˈluːsɪd driːm	Klartraum	rêve lucide	sogno lucido	lucid dreams are when you know that you're dreaming while you're asleep	It's a weird feeling when you're having a lucid dream and think that you can wake up when you want to.	-

Wordlist Formula C1

highly controversial	coll	'hazli ,kɒntre 'vɜ:fəl	sehr umstritten	très controversé	molto controverso	causing a lot of disagreement among people	This policy is highly controversial.	69
highly efficient	coll	'hazli i 'fɪʃənt	hoch effizient	extrêmement efficace	altamente efficiente	working very well without wasting time, money, or energy	The factory is modern and highly efficient.	64
highly sophisticated	coll	'hazli sə 'fɪstɪkətəd	technisch ausgefeilt	très perfectionné	molto sofisticato	a highly sophisticated machine or system is designed in a very clever way	Even with a highly sophisticated scheduling system, some human intervention is desirable.	67
widely available	coll	'waɪdli ə'veɪləbəl	weitverbreitet, verbreitete Meinung	largement disponible	ampiamente disponibile	very easy to obtain; available in many places	Organic food is now widely available.	57
widely held	coll	'waɪdli held	weit verbreitet, verbreitete Meinung	très répandu	comunemente ritenuto	believed by a lot of people	It was widely held that the management was out of touch with the workers.	-
widely understood	coll	'waɪdli ,ʌndə'stʊd	nach allgemeinem Verständnis	généralement compris	ampiamente compreso	if something is widely understood, it is generally known or accepted	It's widely understood that this programme is necessary for the economy.	-
deeply offended	coll	'di:pli ə'fendɪd	schwer beleidigt	profondément blessé	profondamente offeso	someone who is deeply offended is very angry and upset by someone's behaviour or remarks	I've only been here a day and he's already deeply offended me.	-
deeply regretful	coll	'di:pli rɪ'gretfəl	stark bedauernd	qui regrette amèrement	profondamente dispiaciuto	someone who is deeply regretful feels very sorry or disappointed	She apologised and sounded deeply regretful.	83
deeply upset	coll	'di:pli ,ʌp'set	sehr verärgert, aufgebracht	profondément bouleversé	profondamente sconvolto	very unhappy and worried because something unpleasant or disappointing has happened	She was deeply upset about the way her father treated her.	66
broadly accepted	coll	'brɔ:dli ək'septɪd	auf breiter Basis akzeptiert	largement accepté	largamente accettato	something that is broadly accepted is accepted by most people in a general way, even if they do not agree about all the details	The plans have been broadly accepted.	76
broadly interpreted	coll	'brɔ:dli ɪn'tɜ:prɪtɪd	breit interpretiert	pris dans un sens large	interpretato in senso lato	understood in a general or non-specific way	This law should be interpreted very broadly, so as not to restrict it to just a few cases.	73
broadly similar	coll	'brɔ:dli 'sɪmɪlə	weitgehend ähnlich	globalement semblable	sostanzialmente simile	similar in a general way	We reached broadly similar conclusions.	73
strongly attached	coll	'strɒŋli ə'tæʃt	stark hängen an	fortement attaché	fortemente legato a	having a strong connection to something	He's strongly attached to his childhood house.	66
strongly implied	coll	'strɒŋli ɪm'plaɪd	sehr deutlich gemacht	très clairement sous-entendu	fortemente implicato	hinted at or suggested in a strong way	It was strongly implied that the minister should resign.	69
strongly opposed	coll	'strɒŋli ə'pəʊzd	stark dagegen	fermement opposé	fortemente contrario	believing that something is wrong and should not be allowed	Most bosses say they are strongly opposed to employees working a lot of overtime.	82
heavily built	coll	'hevɪli bɪlt	grobschlächtig, klobig	de forte corpulence	grossolano, massiccio	someone who is heavily-built has a large body that looks strong	Most football players are heavily built.	68
heavily guarded	coll	'hevɪli 'gɑ:dɪd	schwer bewacht	sous haute protection	strettamente sorvegliato	guarded by a lot of people, usually with weapons	The museum is heavily guarded and all visitors have to pass through metal detectors.	-
heavily involved	coll	'hevɪli ɪn'vɒlvɪd	stark involviert	fortement impliqué	largamente coinvolto	to take part in an activity or event, or be connected with it to a great degree	The family is also heavily involved in charity work, helping the long-term unemployed.	-
finely balanced	coll	'faɪnli 'bælənst	fein ausgewogen	bien équilibré	finemente bilanciato	very carefully arranged to include things or people of different kinds in the right amounts	This recipe is finely balanced between a salty and sweet taste.	57

Wordlist Formula C1

finely crafted	coll	'faɪnli 'krɑ:ftɪd	sorgfältig gearbeitet	finement travaillé	finemente lavorato	made using a special skill, especially with your hands, with attention to detail	Each chair is finely crafted by our carpenters.	-
finely tuned	coll	'faɪnli tju:nd	feingestimmt	affiné	finemente sintonizzato	finely tuned feelings, senses, or systems are extremely sensitive and able to react quickly	Successful entrepreneurs quickly develop a finely tuned instinct for investing their time in high-profit opportunities.	-
cross paths	v	kɹɒs pɑ:ðz	die Wege von jdn kreuzen sich	croiser le chemin de qn	le strade di qn si incrociano	if two people's paths cross, or if they cross paths, they meet, usually without expecting it	We didn't cross paths again until 2019.	-
spot on	adj	spɒt ɒn	punktgenau	in plein dans le mille	azzeccato	exactly right	Her prediction was spot on.	76
reasonable assumption	n	'ri:zənbəl ə 'sʌmpjən	begründete Annahme	hypothèse raisonnable	ipotesi ragionevole	something that one could logically consider to be true	We're working on the reasonable assumption that prices will rise.	75
go along with	phr v	gəʊ ə 'lɒŋ wɪð	einverstanden sein mit	être d'accord avec	acconsentire a, essere d'accordo con	to agree with or support someone or something	I'm happy to go along with your suggestion.	63
as far as I'm concerned	phr	æz fa:ɪ əz aɪm kən 'sɜ:nd	was mich betrifft	à mon avis	per quanto mi riguarda, per quanto ne so	used to show your opinion	As far as I'm concerned, the whole idea is crazy.	65
shortlist	n	'ʃɔ:tlɪst	engere Wahl	liste de présélection	rosa di candidati, preselezione	a list of people or things that have been chosen from a larger group to be considered for a job or prize	After being selected from a shortlist of five people, I was finally not offered the position.	75
nicely put	phr	'naɪsli pʊt	nett ausgedrückt	joliment dit	ben detto	well said	That was nicely put. I couldn't have said it better myself.	-
be on the cards	phr	bi: ɒn ðə kɑ:dz	anstehen, zu erwarten sein	à l'ordre du jour, inéluctable	essere in programma, essere probabile	to seem likely to happen	I've quit my job. It's been on the cards for a long time.	75
shattering	adj	'ʃætərɪŋ	niederschmetternd	bouleversant	devastante	very shocking and upsetting	Losing the family business was a shattering blow.	79
it goes without saying	phr	ɪt gəʊz wɪ'ðaʊt 'seɪɪŋ	es versteht sich von selbst	cela va sans dire	va da sé	used to mean that something is obvious	Of course, it goes without saying that you'll be paid for the extra hours you work.	-
Extended vocabulary								
boot up	v + prep	bu:t ʌp	starten (Computer)	démarrer	avviarsi (computer)	to start a computer by loading its operating system	He's having trouble booting up his computer.	-
go down	v + prep	gəʊ daʊn	nicht mehr funktionieren, abstürzen (Computer)	se planter	impallarsi (computer)	if a computer goes down, it stops working	The battery should prevent the computer system from going down in the event of a power cut.	65
hack into	v + prep	hæk 'ɪntu:	hacken	pirater	hackerare	to secretly find a way of getting information from someone else's computer or changing information on it	Somebody hacked into the company's central database.	73
hook up	v + prep	hʊk ʌp	anschießen, verkabeln	connecter, brancher	collegare, cablare	to connect one piece of electronic equipment to another piece of equipment or to an electricity supply	Don't forget to hook up the printer.	-
key in	v + prep	ki: ɪn	eintippen, eingeben	saisir, entrer, taper	digitare	to put information into a computer	Key in your password and press 'Return'.	76
opt out	v + prep	ɒpt aʊt	nicht mitmachen, austreten	choisir de ne pas participer	uscire, dissociarsi	to choose not to join in a group or system	Several countries may opt out of the agreement.	72
power up	v + prep	'paʊə ʌp	einschalten	allumer	accendere	to switch on an electrical device	Simply power up your laptop and continue working.	-
scroll down	v + prep	skrəʊl daʊn	hinunterscrollen	faire défiler l'écran vers le bas	scorrere verso il basso	to move information down a computer screen so that you can read it	If you scroll down the page, you'll find a link to the home page.	65
Unit 4 Topic Four								

Wordlist Formula C1

Core vocabulary/phrases								
date back to	phr v	dɛɪt bæk tuː	stammen aus	remonter à	risalire a	to have been made in or to have come into being in (a certain time in the past)	They found jewellery dating back to the 1700s.	-
elaborate on	phr v	ɪ læbəreɪt ɒn	etw näher ausführen	donner plus de détails sur	approfondire qc	to give more details about something	He refused to elaborate on his reasons for resigning.	75
indulge in	phr v	ɪn ˈdʌldʒ ɪn	sich etw gönnen	se permettre	concedersi qc	to let yourself do or have something that you enjoy, especially something that is considered bad for you	I was downtown, so I decided to indulge in a little shopping.	79
lay on (a meal)	phr v	leɪ ɒn (ə miːl)	(eine Mahlzeit) servieren	préparer (un repas)	servire (un pasto)	to provide food, entertainment etc	Duncan laid on a great meal for us.	78
mess up	phr v	mes ʌp	vermasseln, verpatzen	gâcher	rovinare, acciabbattare	to make a mistake and do something badly	I messed up on the last test question.	67
pass on something	phr v	pɑːs ɒn ˈsʌmθɪŋ	auf etw verzichten	décliner, refuser	rinunciare a qc	to refuse an opportunity or decide not to take part in something	He passed on the chance to be head coach and took a job in Florida instead.	-
ply someone with	phr v	plaɪ ˈsʌmwʌn wɪð	jdn mit etwas traktieren, zu etw nötigen (Essen und Trinken)	bourrer qn de qc, ne jamais cesser de servir et de resservir qc à qn	continuare a offrire qc a qn, imporre qc a qn	to give someone large amounts of food or drink	My parents always ply me with food when I come to visit them from university.	83
rustle up something	phr v	rʌsl ʌp ˈsʌmθɪŋ	etw aufreiben, auf die Schnelle zubereiten	préparer en vitesse	racimolare qc, improvvisare qc	to make something quickly, especially a meal	If you're hungry, I can rustle up something to eat in five minutes.	83
set someone back	phr v	set ˈsʌmwʌn bæk	jdn etw kosten	coûter qc à qn	costare qc a qn	(of a purchase) cost someone a particular amount of money	Buying that suit must have set you back quite a bit.	-
stave off	phr v	steɪv ɒf	vorbeugen, verhindern	éviter, repousser	prevenire, evitare	to keep someone or something from reaching you or affecting you for a period of time	She brought some fruit on the journey to stave off hunger.	-
stay over	phr v	steɪ ˈəʊvə	übernachten	passer la nuit	passare la notte, pernottare	(of a guest or visitor) sleep somewhere, especially at someone's home, for the night	We hadn't planned to stay over but the bad weather changed our plans.	-
switch off	phr v	swɪtʃ ɒf	abschalten, eine Pause machen	décrocher	staccare, fare una pausa	to relax for a short time	I usually switch off by listening to music.	-
tide someone over	phr v	taɪd ˈsʌmwʌn ˈəʊvə	jdn über Wasser halten	aider qn à passer le cap	tenere qn a galla	to help someone through a difficult period, especially by lending them money	I'll lend you \$50 to tide you over until you get your paycheck at the end of the week.	84
warm up	phr v	wɔːm ʌp	aufwärmen	chauffer	riscaldare	to perform or speak first at an event, so that the people listening are relaxed or excited before the main singer, speaker etc comes on	He warmed up the audience by telling them a few jokes.	-
wash something down with	phr v	wɒʃ ˈsʌmθɪŋ daʊn wɪð	etw hinunterspülen mit	faire descendre avec	mandare giù qc con	to drink something with food or medicine	I washed the bitter medicine down quickly with some juice.	79
work up (an appetite)	phr v	wɜːk ʌp (ən ˈæpɪtaɪt)	(Appetit) entwickeln	creuser	sviluppare (un appetito)	to make yourself hungry	I worked up an appetite after a few hours of hiking.	72
acidity	n	ə ˈsɪdɪtɪ	Säuregehalt	acidité	acidità	the amount of acid in a substance	This low pH level clearly shows the acidity of the soil here.	79
biome	n	ˈbaɪəʊm	Klimazone	biome	bioma, area climatica	a region of the earth's surface and the particular combination of climate, plants, and animals that are found in it	Tropical rainforest is a very complex biome.	-
correlation	n	ˌkɒrə ˈleɪʃən	Zusammenhang	corrélacion	correlazione	a connection between two ideas, facts etc, especially when one may be the cause of the other	There is a correlation between poverty and ill health.	77

Wordlist Formula C1

cycle	n	'saɪkəl	Zyklus	cycle	ciclo	a number of related events that happen again and again in the same order	Some economists predict the business cycle will turn downward.	70
graze	v	greɪz	grasen, weiden	paître	brucare, pascolare	if an animal grazes, or if you graze it, it eats grass that is growing	Groups of cattle were grazing on the rich grass.	70
harvest	n/v	'hɑ:vəst	Ernte/ernten	récolte/récolter	raccolto/raccogliere	the time when crops are gathered from the fields, or the act of gathering them	July is the time for the wheat harvest.	60/65
latitude	n	'læɪtɪtju:d	Breitengrad	latitude	latitudine	the distance north or south of the equator (=the imaginary line around the middle of the world), measured in degrees	At these latitudes the sun does not rise at all on winter days.	74
livelihood	n	'lɑ:vlihud	Lebensunterhalt	moyens de subsistence	sostentamento	the way you earn money in order to live	Fishing is the main source of livelihood for many people in the area.	74
livestock	n	'lɑ:vstɒk	Vieh	bétail	bestiame	animals such as cows and sheep that are kept on a farm	My parents have a lot of livestock on their farm.	67
pest	n	pest	Schädling	insecte nuisible	parassita	a small animal or insect that destroys crops or food supplies	This is a popular chemical used to get rid of pests.	69
ravage	v	'rævɪdʒ	verwüsten	ravager, dévaster	devastare	to damage something very badly	The forest was ravaged by fire.	81
seasonal shift	n	'si:zənl ʃɪft	jahreszeitliche Verschiebung	décalage saisonnier	slittamento di stagione	the change in the normal cycle of seasons	Seasonal shifts may have a disastrous impact on the tourist industry in the mountains.	-
thrive	v	θraɪv	gedeihen, florieren	bien pousser	crescere bene, prosperare	to become very successful or very strong and healthy	A cactus is a plant that is able to thrive in dry conditions.	73
unseasonable	adj	ʌn'si:zənbəl	für die Jahreszeit ungewöhnlich	hors de saison	insolito per la stagione	used for saying that the weather is warmer, colder etc than usual at a particular time of year	When you're used to snow in January, warm sunny weather feels unseasonable.	-
wetland	n	'wetlənd	Feuchtgebiet	zone humide	zona umida	an area of land that is partly covered with water, or is wet most of the time	Our local wetlands are rich in plants, insects and birds.	77
attentive	adj	ə'tentɪv	aufmerksam	attentif	attento	listening to or watching someone carefully because you are interested	It's a honour to perform in front of such an attentive audience! Thank you all.	77
compelling	adj	kəm'pelɪŋ	zwingend, überzeugend	impérieux, convaincant	convincente, stringente	an argument etc that makes you feel certain that something is true or that you must do something about it	Lucy had no compelling reason to go into town.	76
delicate	adj	'delɪkət	delikat, heikel	délicat	delicato, scabroso	needing to be dealt with carefully or sensitively in order to avoid problems or failure	There's something I have to speak to you about – it's a delicate matter.	70
distinctive	adj	dɪ'stɪŋktɪv	charakteristisch, markant	distinctif	distintivo	having a special quality, character or appearance that is different and easy to recognise	This fruit has a very distinctive smell, which I love.	72
far-reaching	adj	fɑ:'ri:tʃɪŋ	weitreichend	considérable	di vasta portata	having a great influence or effect	The country carried out far-reaching reforms to modernise its economy.	77
geometrical	adj	dʒɪə'metrɪkəl	geometrisch	géométrique	geometrico	having a regular pattern of shapes and lines	Concrete buildings rose like geometric blocks.	79
healing	n	'hi:lɪŋ	Heilung	guérison	guarigione	the treatment of illness using natural powers or prayer rather than medicine	The medical establishment is taking healing increasingly seriously.	72

Wordlist Formula C1

irrational	adj	ɪˈræʃənəl	irrational, unlogisch	irrationnel	irrazionale, illogico	not based on clear thought or reason	Dan has an irrational fear of flying.	76
stranded	adj	ˈstrændəd	gestrandet	bloqué	bloccato, rimasto a terra	a person or vehicle that is stranded is unable to move from the place where they are	Air travellers were left stranded because of icy conditions.	71
thankful	adj	ˈθæŋkful	dankbar	reconnaissant	grato	grateful and glad about something that has happened, especially because without it the situation would be much worse	I'll be thankful for a good night's sleep after the week I've had.	72
viable	adj	ˈvaɪəbəl	machbar, realisierbar	viable	praticabile, fattibile	a viable idea, plan, or method can work successfully	The committee came forward with one viable solution.	74
belongings	n	bɪˈlɒŋɪŋz	Eigentum, Habe	affaires	proprietà, averi	the things you own, especially things that you can carry with you	Please take all your personal belongings with you.	72
breadth	n	bredθ	Breite	largeur	larghezza, ampiezza	the distance from one side of something to the other	This flower resembles a lily and may reach a breadth of four inches.	73
dimension	n	dɑːˈmenʃən	Maß	dimensions	dimensione	the length, height, width, depth, or diameter of something	We'll need to know the exact dimensions of the room.	-
endeavour	n	ɪnˈdeɪvə	Bemühen	effort	sforzo, impegno	an attempt to do something new or difficult	Despite our best endeavours, we couldn't start the car.	80
increment	n	ˈɪŋkrəmənt	Zuwachsrate	augmentation	tasso di crescita, incremento	the amount by which a number, value, or amount increases	The tariff increases by increments of £50.	81
insight	n	ˈɪnsaɪt	Einblick	aperçu, idée	intuizione, idea di qc	a clear understanding of something or part of something, especially a complicated situation or idea	The article gives us a real insight into the causes of the present economic crisis.	68
prosperity	n	prɒˈsperəti	Wohlstand	prospérité	prosperità, agiatezza	when people have money and everything that is needed for a good life	The country hopes to achieve prosperity through increased trade and investment.	73
ritual	n	ˈrɪtʃuəl	Ritual	rituel	rituale	something that you do regularly and in the same way each time	Coffee and reading the newspaper are part of my morning ritual.	71
acquire	v	əˈkwɪə	sich aneignen	acquérir	acquisire	to learn something	He's acquired some knowledge of Arabic.	67
concede	v	kənˈsiːd	zugeben, eingestehen	concéder, admettre	concedere, ammettere	to admit that something is true or correct, although you wish it were not true	'That's the only possible solution.' 'Yes, I suppose so,' Charles conceded.	75
dictate	v	dɪkˈteɪt	vorgeben, diktieren	dicter	dettare, imporre	to tell someone what they must do or how they must behave	We can't dictate how the money will be spent.	75
navigate	v	ˈnævɪgeɪt	leiten, den Weg angeben	guider, indiquer le chemin	indicare la strada	to find which way you need to go when you are travelling from one place to another	I'll drive – you take the map and navigate.	74
resolve	v	rɪˈzɒlv	beschließen	être décidé à faire	decidere	to make a definite decision to do something	He resolved to leave the country as soon as possible.	68
a bit of a thing	phr	ə bɪt ɒv ə θɪŋ	ein ziemliches Ding	une grande chose	un certo debole	something recognised as an element of life	Posting cat pictures has become a bit of a thing.	-
all doom and gloom	phr	ɔːl duːm ænd gluːm	hoffnungslos, aussichtslos	être sans espoir, vain	tutto nero, senza speranza	characterised by negativity or futility	The situation isn't all doom and gloom – there are still plenty of good schools that did accept you!	-

Wordlist Formula C1

be at stake	phr	bi: æt steɪk	auf dem Spiel stehen	être en jeu	essere a rischio	if something that you value very much is at stake, you will lose it if a plan or action is not successful	We need this contract – hundreds of jobs are at stake.	71
dead to the world	phr	dɛd tu: ðə wɜ:ld	schlafen wie ein Toter	avoir un sommeil de plomb	dormire come un sasso	sleeping very deeply	You can't wake him up. He's dead to the world.	-
follow a pattern	phr	'fɒləʊ ə 'pætən	einem Muster folgen	suivre un schéma	seguire uno schema	to continue to happen or develop in a particular way, especially in a way that is expected	In Australia, the weather follows a fairly predictable pattern.	-
have the guts to	phr	hæv ðə ɡʌts tu:	den Mumm haben, etw zu tun	avoir le courage de faire qc	avere il fegato di fare qc	to have enough courage, conviction, or resolve to do something	I know it can be difficult, but you've got to have the guts to stand up for your beliefs!	-
off the beaten track	phr	ɒf ðə 'bi:tn træk	abgelegen, abseits	hors des sentiers battus	fuorimano, lontano da	in a place where few people go, far from any main roads and towns	The farmhouse we stayed in was completely off the beaten track.	-
on the brink (of)	phr	ɒn ðə brɪŋk (ɒv)	drauf und dran, kurz davor	au bord de	sull'orlo di, in procinto di	if you are on the brink of something, usually something important, terrible, or exciting, you are just about to do it or experience it	We're on the brink of success with these experiments, I just know it.	-
strike a good balance	phr	straɪk ə ɡʊd 'bæləns	ein gutes Gleichgewicht finden	trouver le juste équilibre	trovare un buon equilibrio	to give the right amount of importance to two different things	It's never easy to strike a good balance between work and family.	75
swallow your pride	phr	'swɒləʊ jɔ: praɪd	seinen Stolz hinunterschlucken	ravalier sa fierté	mettere da parte l'orgoglio	to decide to do something although it will make you feel embarrassed or ashamed	He was forced to swallow his pride and ask if he could have his old job back.	78
talking in terms of	phr	'tɔ:ktɪŋ ɪn tɜ:mz ɒv	im Hinblick auf etw sprechen	parler en termes de	parlare in termini di qc	speaking with respect to a certain context	We are talking in terms of a major shift in our marketing strategy.	-
those in the know	phr	ðəʊz ɪn ðə nəʊ	diejenigen, die sich auskennen	ceux qui savent	quelli che ne sanno di più	those who have more information about something than most people	Those in the know say that interest rates will have to rise again soon.	85
understand the bigger picture	phr	ˌʌndə'stænd ðə 'bɪɡə 'pɪktʃə	die größeren Zusammenhänge verstehen	comprendre la situation dans son ensemble	comprendere il quadro generale	to understand the most important facts about a situation and the effects of that situation on other things	You need to understand the bigger picture before you focus on the details.	-
Extra vocabulary								
advisability	n	ədˌvaɪzə'bɪləti	Ratsamkeit	sagesse, opportunité	opportunità	the quality of being advisable or sensible; wisdom	Many questioned the advisability of this policy.	-
congestion charge	n	kən'dʒesʃən tʃɑ:dʒ	Staugebühr	péage urbain	pedaggio, tassa sul traffico	an amount of money that you have to pay each day to drive into a city centre, charged in order to reduce traffic	One of the possible ways of reducing traffic in the city centre is introducing a congestion charge.	-
pricey	adj	'praɪsi	kostspielig, ziemlich teuer	cher, coûteux	costoso, abbastanza caro	expensive	The clothes are beautiful but very pricey.	76
hopeless	adj	'həʊpləs	hoffnungslos	sans espoir	senza speranza	if something that you try to do is hopeless, there is no possibility of it being successful	We tried to stop the flames from spreading, but we knew it was hopeless.	67
pointless	adj	'pɔɪntləs	zwecklos, sinnlos	inutile, vain	inutile, senza senso	worthless or not likely to have any useful result	Can we please stop organising pointless meetings that just take up everyone's time?	73
supportive	adj	sə'pɔ:tv	unterstützend, eine Stütze	de soutien	solidale, di supporto	giving help or encouragement, especially to someone who is in a difficult situation	My family were very supportive throughout the whole ordeal.	68

Wordlist Formula C1

constructive	adj	kən'strʌktɪv	konstruktiv	constructif	costruttivo	useful and helpful, or likely to produce good results	We welcome any constructive criticism that will help us make the product better.	72
worthless	adj	'wɜ:θləs	wertlos	sans valeur	senza valore, inutile	something that is worthless has no value, importance, or use	The house was full of worthless rubbish.	70
priceless	adj	'praɪsləs	unbezahlbar	inestimable	impagabile	extremely valuable	He has a priceless collection of antique silver.	69
audacious	adj	ɔ:'deɪʃəs	kühn, verwegen	audacieux	audace, temerario	showing great courage or confidence in a way that is impressive or slightly shocking	The car maker's audacious goal is to compete with the luxury cars of other manufacturers.	83
courageous	adj	ke'reɪdʒəs	mutig	courageux	coraggioso	brave	It was a courageous decision to resign in protest at the company's pollution record.	68
wordy	adj	'wɜ:di	wortreich, weitschweifend	verbeux	verboso	using too many words	His emails are too wordy. He could really learn to write more succinctly!	83
lengthy	adj	'lenθi	sehr lang	très long	molto persistente	continuing for a long time, often too long	A lengthy period of training is required.	72
digest	v	daɪ'dʒest	verdauen, geistig verarbeiten	digérer	digerire, abituarsi all'idea	to understand new or difficult information after thinking about it	It took us a while to digest the news.	76
case in point	phr	keɪs ɪn pɔɪnt	typisches Beispiel	parfait exemple	caso esemplare	an instance or example that illustrates what is being discussed	Supermarkets often charge too much for goods. Bananas are a case in point.	-
disused	adj	ˌdɪs'ju:zd	stillgelegt	abandonné	fuori uso	a disused building, railway, mine etc is no longer used	They have been given a grant to convert the disused factory into luxury flats.	79
upmarket	adj	ˌʌp'mɑ:kət	exklusiv, hochwertig	haut de gamme, de luxe	esclusivo, lussuoso	designed for or used by people who have a lot of money	I was surprised when I saw her flat – I'd have expected a lawyer to have something a little more upmarket.	77
anecdote	n	'ænɪkdəʊt	Anekdote	anecdote	aneddoto	a short story based on your personal experience	The book is full of amusing anecdotes about his life in Japan.	77
slop about	phr v	slop ə'baʊt	herumhängen	glandouiller	gironzolare	to relax, wearing clothes that are untidy or old	Jenny would never slop about in old jeans.	-
showcase	v	'ʃəʊkeɪs	präsentieren, zur Schau stellen	présenter	mostrare, presentare	to exhibit; display	The Olympic Games gave the country an opportunity to showcase its economic achievements.	-
(be) of great benefit	phr	(bi:) ɒv greɪt 'benɪfɪt	von großem Nutzen (sein)	profiter grandement	(essere) di grande beneficio/utilità	to be beneficial to someone or something	These changes will be of great benefit to all of you.	
Extended vocabulary								
gobble down	phr v	'gɒbl daʊn	herunterschlingen	engloutir	ingozzarsi (di qc)	to eat something very quickly, especially in an impolite or greedy way	I was so hungry that when dinner arrived, I gobbled it down.	82
pick at	phr v	pɪk æt	herumstochern (Essen)	picorer	smangiucchiare, mangiare controvoglia	to eat only a small amount of food because you are not hungry or do not like the food	I was so nervous I could only pick at my lunch.	78
plump for	phr v	plʌmp fɔ:	etw wählen	pencher pour	scegliere, optare per	to choose something after thinking carefully about it	In the end I plumped for the tuna steak.	84
polish off	phr v	'pɒlɪʃ ɒf	etw verputzen	finir	spolverare	to quickly eat or finish all of something	He polished off two burgers and a mountain of French fries.	79
wean off	phr v	wi:n ɒf	(jdm etw) abgewöhnen	sevrer de	svezzare, disabituare, (fare) perdere l'abitudine/il vizio	to help someone to gradually stop doing or having something	She wanted to wean him off junk food.	81
Unit 5 Topic Five								
Core vocabulary/phrases								

Wordlist Formula C1

a rule of thumb	idiom	ə ru:l ðv θlʌm	eine Faustregel	règle générale	una regola pratica	a general principle or method for calculating something	As a rule of thumb, plant tall hedge plants two feet apart.	78
at face value	idiom	æt feɪs 'vælju:	für bare Münze	au pied de la lettre	per oro colato	to accept what you are told without thinking carefully first	Don't take what adverts tell you at face value.	74
be a pain in the neck	idiom	bi: ə peɪn ɪn ðə nek	ein Stressfaktor/eine Nerverei sein	être pénible	essere una spina nel fianco	be very annoying	All this paperwork is a pain in the neck.	70
be in the public eye	idiom	bi: ɪn ðə 'pʌblɪk aɪ	in der Öffentlichkeit stehen	être sur le devant de la scène	essere sotto gli occhi di tutti	someone who is in the public eye is seen a lot on television, written about in newspapers etc	I don't enjoy being in the public eye but it's part of my job.	-
face the music	idiom	feɪs ðə 'mju:zɪk	die Suppe auslöffeln	faire face aux conséquences	affrontare le conseguenze	to be confronted with the unpleasant consequences of one's actions	If we do nothing to curb this pollution, I guarantee we will face the music in the future.	-
go hand in hand	idiom	gəʊ hænd ɪn hænd	Hand in Hand gehen	aller de pair	andare di pari passo	to be closely connected	Wealth and power usually go hand in hand.	69
lose your head	idiom	lu:z jɔ: həd	den Kopf verlieren	perdre son sang-froid	perdere la testa	to lose control and not act in a calm way	He usually stays quite calm in meetings but this time he just lost his head.	-
turn a blind eye	idiom	tɜ:n ə blaɪnd aɪ	die Augen verschließen vor	fermer les yeux sur qc	chiudere gli occhi dinanzi/su	to ignore something that you know is wrong	Management often turn a blind eye to bullying in the workplace.	-
chunky	adj	'tʃŋki	klobig	gros	grosso, pesante	thick, solid, and heavy	She wore a lot of chunky silver jewellery.	78
legendary	adj	'ledʒəndəri	legendär	légendaire	leggendaro	very famous and admired	The album was recorded at a legendary studio in London.	73
musty	adj	'mʌsti	muffig, modrig	odeur de moisi	stantio, che sa di muffa	having an unpleasant, old, or wet smell	I actually like the musty smell of old books.	83
rebellious	adj	rɪ'beljəs	rebellisch	rebelle	ribelle	deliberately not obeying people in authority or rules of behaviour	Her teachers regard her as a rebellious, trouble-making girl.	77
underlying	adj	ˌʌndə'laɪɪŋ	zugrundeliegend, tieferliegend	sous-jacent	sottostante, sotteso	the cause, idea etc that is the most important, although it is not easily noticed	It is important to look at all the underlying causes of the conflict.	-
unheard of	adj	ˌʌn'hɜ:d əv	gänzlich unbekannt	du jamais-vu	inaudito, sconosciuto	something that is unheard of is so unusual that it has not happened or been known before	Travel for pleasure was almost unheard of until the 19th century.	-
widespread	adj	'waɪdspred	großflächig	étendu, répandu	capillare	existing or happening in many places or situations, or among many people	The storm caused widespread damage.	60
wiped out	adj	waɪpt aʊt	total erledigt	crevé, épuisé	distrutto	extremely tired	After that five-mile run I was completely wiped out.	-
come off well (or badly)	phr v	kʌm ɒf wəl (ɔ: 'bædli)	gut (oder schlecht) abschneiden, gut (oder schlecht) verlaufen	bien (ou mal) se passer	riuscire bene (o male), concludere bene (o male)	to happen as planned, or to succeed (or not)	I thought the party came off really well.	64
come together	phr v	kʌm tə'geðə	zusammenkommen	venir ensemble	riunirsi, ritrovarsi	to start working successfully with each other	I remember how the community came together and were so supportive of each other.	-
come under (a heading)	phr v	kʌm ˌʌndə (ə 'hɛdɪŋ)	unter (eine Überschrift) fallen	faire partie (d'une rubrique)	rientrare in (un titolo)	to be in a particular part of a book or information system	Skiing? That'll come under 'Sport'.	73
draw up	phr v	dro: ʌp	entwerfen, anfertigen	établir, rédiger	elaborare, stilare	to prepare a document	We drew up a list of the options.	63
fit in with	phr v	fɪt ɪn wɪð	sich einfügen in	cadrer avec	inserirsi in	if something fits in with other things, it is similar to them or goes well with them	A new building must fit in with its surroundings.	65
go against (instincts)	phr v	gəʊ ə'genst ('ɪnstɪŋkts)	widerstreben, zuwiderlaufen (Instinkte)	aller à contre-courant de (instincts)	andare contro (l'istinto)	to oppose or be in disagreement with something or someone	What you're asking me to do goes against everything I believe in.	62

Wordlist Formula C1

hold up (evidence/argument)	phr v	həʊld ʌp ('eɪdəns/ ɑ:gjʊmənt)	bestehen, Bestand haben (Beweis/Argument)	tenir (évidence, argument)	reggere, sussistere (prova/argomento)	if information holds up, it is proved to be true	The evidence may not hold up in court.	-
iron out	phr v	'aɪən aʊt	ins Reine bringen	aplanir	risolvere, colmare, chiarire	to put something into a finished state by solving problems, removing differences, or taking care of details	They met to iron out the details of the contract.	-
line up	phr v	laɪn ʌp	organisieren	organiser, prévoir	mettere in programma, pianificare	if you line up an event or activity, you arrange for it to happen	The band is lining up a two-week UK tour for the New Year.	77
rush into	phr v	rʌʃ 'ɪntu:	etw überstürzen	précipiter	affrettare qc	to do something without first thinking carefully about it	Try not to rush into a decision you may later regret.	-
show off	phr v	ʃəʊ ɒf	zur Schau stellen	présenter, exhiber	ostentare	to make it possible for others to see and admire something or someone	Mum wanted to show off her new hairstyle at the party.	-
step up	phr v	step ʌp	sich stärker engagieren	s'engager plus résolument	rafforzare l'impegno	to take action when there is a need or opportunity for it	Investors have to step up and assume more responsibility for their assets.	79
take on	phr v	teɪk ɒn	annehmen, übernehmen	assumer	assumere, incaricarsi di qc	to start doing some work or start being responsible for something	I've taken on far too much work lately.	63
wind round	phr v	wɑɪnd raʊnd	herumwinden um	enrouler autour	avvolgere attorno a	to wrap something around an object several times or twist it repeatedly around itself	He wound a small bandage round his finger.	-
boot	n	bu:t	Kofferraum	coffre	bagagliaio	an enclosed space at the back of a car, used for carrying bags etc	We put our suitcases in the boot of the car.	59
brand loyalty	n	brænd 'lɔɪəlti	Markentreue	fidélité envers la marque	fedeltà alla marca	the tendency of some consumers to continue buying the same brand of goods rather than competing brands	All manufacturers want to encourage brand loyalty to their own products.	63
eccentricity	n	'eksen 'trɪsəti	Exzentrizität, Überspantheit	excentricité	eccentricità	strange or unusual behaviour	His eccentricity often puts people off.	82
glitch	n	glɪtʃ	Panne, Fehler, Defekt	bug, bogue	guasto, intoppo, errore	a small fault in a machine or piece of equipment, that stops it working	Company records were lost due to a computer glitch.	79
knock-on effect	n	'nɒk 'ɒn ɪ'fekt	Dominoeffekt	effet domino	effetto a catena, effetto domino	a process in which everything that happens causes something else to happen	These price rises will have a knock-on effect on the economy.	76
lodgings	n	'lɒdʒɪŋz	Unterkunft, möblierte Unterkunft	chambre, hébergement	alloggio, alloggio arredato	a room in someone's house which you live in and pay rent for	After work she returned to her lodgings on the outskirts of town.	77
maze	n	meɪz	Gewirr, Labyrinth	labyrinthe	meandri, labirinto	a complicated and confusing arrangement of streets, roads etc	The old part of the town was a maze of narrow passages.	75
nerd	n	nɜ:d	Nerd, Tüftler, Streber	geek, crack	nerd, fricchettone, secchione	a person who is extremely interested in one subject, especially computers, and knows a lot of facts about it	I'm a real grammar nerd.	80
nonconformity	n	'nɒnkən'fɔ:məti	Nonkonformismus	non-conformisme	anticonformismo	the quality of living and thinking in a way that is different from other people	Her clothes were an immediate sign of her nonconformity.	-

Wordlist Formula C1

scaffolding	n	'skæfəldɪŋ	Gerüst	échafaudage	ponteggio, impalcatura	a set of poles and boards that are built into a structure for workers to stand on when they are working on the outside of a building	Scaffolding has been erected around the tower and repair work will start next week.	80
scrutiny	n	'skru:təni	genaue Überprüfung	examen approfondi	scrutinio	careful and thorough examination of someone or something	Careful scrutiny of the company's accounts revealed a whole series of errors.	76
soundtrack	n	'saundtræk	Filmmusik	bande originale	colonna sonora	the recorded music from a film	I love listening to the soundtracks from my favourite films.	67
spiral	n	'spærəl	Spirale	spirale	spirale	a line in the form of a curve that winds around a central point, moving further away from the centre all the time	The artwork used a spiral to represent the circular path of life.	73
stack	n	stæk	Stapel	pile	pila	a neat pile of things	There were stacks of papers on his desk.	67
swish	n	swɪʃ	Rascheln, Rauschen	froufrou	fruscio	a movement through the air with a soft sound	With a swish of the curtains, the stage was revealed.	84
cash in (something)	v	kæʃ ɪn ('sʌmθɪŋ)	(etw) zu Geld machen, verkaufen	vendre (qc)	riscuotere, riscattare	to exchange something such as an insurance policy for its value in money	A cut in Spanish interest rates caused him to cash in his Spanish government bonds.	-
face value	n	feɪs 'vælju:	Nennwert	valeur nominale	valore nominale	the value or cost shown on the front of something such as a stamp or coin	Super Bowl tickets with a face value of \$300 are being sold for \$2,000.	-
go up in value	v	gəʊ ʌp ɪn 'vælju:	im Wert steigen	augmenter en valeur	aumentare di valore	to increase in price or worth	We thought that the company's shares would only go up in value, and we weren't wrong.	-
in circulation	phr	ɪn ,sɜ:kju:'leɪʃən	im Umlauf	en circulation	in circolazione	if something is in circulation, it is available	Are the new dollar coins in circulation yet?	-
inflated (fare)	adj	ɪn'fleɪtɪd (feə)	überhöht (Preis)	trop élevé, excessif (prix)	(tariffa) gonfiata	inflated prices, amounts etc are high and unreasonable	These company directors are paid grossly inflated salaries.	78
loose change	n	lu:s tʃeɪndʒ	Kleingeld, Münzen	petite monnaie	spiccioli, monete	coins that a person is carrying	He had a few pounds in loose change in his pockets.	61
toss a coin	v	tɒs ə kɔɪn	eine Münze werfen	tirer à pile ou face	gettare la moneta	to decide something by throwing a coin up in the air and seeing which side is shown after it lands	My brother and I used to toss a coin to decide everything when we were kids.	68
compromise	v	'kɒmprəmaɪz	Kompromisse eingehen	trouver un compromis	fare compromessi	to reach an agreement in which everyone involved accepts less than what they wanted at first	The employers will have to be ready to compromise if they want to avoid a strike.	69
dapple	v	'dæpəl	sprenkeln	tacheter	screziare	to mark something with spots of colour, light, or shade	It was a mild morning, with a wintry sunshine dappling the ground under the trees.	-
offload	v	ˌɒf'leʊd	abstoßen, abladen	décharger	scaricare, liberarsi di	to get rid of something that you do not want by giving it or selling it to someone else	The dealer had offloaded some of the shares onto a willing client.	-
redesign	v	ˌri:di'zaɪn	neu gestalten	redessiner, repenser	riprogettare	to change the design of something	The car has been completely redesigned.	75
bear in mind	phr	bɛər ɪn maɪnd	bedenken, berücksichtigen	garder à l'esprit	tenere conto di qc, tenere presente qc	used to tell someone they should not forget a fact or idea	Here are a few things to bear in mind.	70
it stands to reason	phr	ɪt stændz tu: 'ri:zn	es liegt nahe, dass	il va sans dire que	è ragionevole pensare che	used to say that something is clearly true	It stands to reason that children will want to do what their friends do.	75

Wordlist Formula C1

on the subject of	phr	ɒn ðə 'sʌbdʒɪkt ɒv	beim Thema ...	sur le sujet de	a proposito di, in materia di	used to refer back to something that has just been said and link it to what you are going to say next	While we're on the subject of dinner, can you tell me why you don't want to order from the place across the street?	67
peaks and troughs	phr	pi:ks ænd trɔ:fs	Höhen und Tiefen	des hauts et des bas	alti e bassi	a regular series of high and low points	Investing small amounts regularly is a good way of smoothing out the peaks and troughs of the stock market.	-
rub shoulders with	phr	rʌb 'ʃəʊldəz wɪð	sich unter jdm aufhalten, jds Nähe suchen	côtoyer qn	mescolarsi a, socializzare con	to meet and spend time with people, especially rich and famous people	As a reporter he gets to rub shoulders with all the big names in politics.	-
Extra vocabulary								
familiarise (someone) with	v	fə'milɪəraɪz ('sʌmwʌn) wɪð	(jdn) vertraut machen mit	familiariser qn avec	familiarizzarsi con qc	to learn about something so that you know it well	Familiarise yourself with the office routine.	82
humorous	adj	'hju:mərəs	humorvoll	amusant, humoristique	umoristico, divertente	funny and enjoyable	Her latest book is a humorous look at teenage life.	72
misconception	n	,mɪskən'sepʃən	irrigé Vorstellung, Fehlannahme	idée fausse	equivoco, malinteso	untrue, but which people believe because they do not understand	There is a popular misconception that too much exercise is bad for you.	-
purport	v	pɜ:'pɔ:t	behaupten, den Anschein erwecken	prétendre faire qc	pretendere, presumere	to claim to be or do something, even if this is not true	They purport to represent the wishes of the majority of parents at the school.	81
scare someone half to death	phr	skeə 'sʌmwʌn hæ:f tu: deθ	jdn zu Tode erschrecken	faire une peur bleue à qn	spaventare qn a morte	to shock or frighten someone very suddenly and/or severely	Don't sneak up on me like that, you scared me half to death!	-
gullibility	n	,gʌlə'bɪləti	Leichtgläubigkeit	crédulité	credulità, ingenuità	the quality of being easily tricked	His arguments are aimed at the public's gullibility rather than their intelligence.	85
come across as	phr v	kʌm ə'krɒs æz	den Eindruck erwecken (dass)	donner l'impression d'être	sembrare, apparire come	if someone comes across in a particular way, they seem to have particular qualities	He comes across as a nice guy.	67
come on	phr v	kʌm ɒn	ankommen, aufziehen	(sentir) venir	arrivare, avvicinarsi	if an illness comes on, you start to be ill with it	I can feel a headache coming on.	72
come over	phr v	kʌm 'əʊvə	vorbeikommen, zu Besuch kommen	venir chez	passare, fare visita	if someone comes over, they visit you at your house	Do you want to come over to my house on Friday evening?	54
come round (after an operation)	phr v	kʌm raʊnd ('ɑ:fər ən ,ɒpə'reɪʃən)	vorbeikommen (nach einer Operation)	passer chez qn (après une opération)	venire a trovare/far visita (dopo un'operazione)	to become conscious again	When she came round after the operation, her mother was sitting by the bed.	71
come under (a lot of pressure)	phr v	kʌm 'ʌndə (ə lot ɒv 'preʃə)	unter (starken Druck) geraten	subir (de fortes pressions)	subire (forti pressioni)	if you come under something, you suddenly experience or suffer it	The government is coming under pressure to change the law.	-
come up	phr v	kʌm ʌp	dazwischenkommen	se présenter	avere un imprevisto	if a problem comes up, it suddenly happens	Something's come up, so I won't be able to go with you.	62
exemplify	v	ɪg'zɛmpləfaɪ	veranschaulichen, als Beispiel dienen für	être l'exemple de	esemplificare, dare esempio	to be a very typical example of something	The building exemplifies the style of architecture which was popular at the time.	78
in all likelihood	phr	ɪn ɔ:l 'laɪklihʊd	aller Wahrscheinlichkeit nach	très probablement	con ogni probabilità	almost certainly	The president will, in all likelihood, have to resign.	79
get the impression (that)	phr	get ði ɪm'preʃən (ðæt)	den Eindruck bekommen (dass)	avoir l'impression que	avere l'impressione (che)	to form an opinion or feeling about someone or something	I got the impression that she wasn't very happy.	69
(there's) no indication (that)	phr	(ðeəz) nəʊ ,ɪndɪ'keɪʃən (ðæt)	(es gibt) keinen Hinweis darauf (dass)	rien n'indique (que)	(non c'è) alcun segno (che)	an indication is a sign, remark, event etc that shows what is happening, what someone is thinking or feeling, or what is true	He gave no indication that he was ready to compromise.	71
commemorative (coin)	adj	ke'memə'reɪtɪv (kɔɪn)	Gedenk- (Münze)	(monnaie) commémorative	(moneta) commemorativa	done or made to officially remember and give respect to a great person or event	In 2009, he was honored with a commemorative stamp.	81

Wordlist Formula C1

busk	v	bʌsk	Straßenmusik machen	jouer dans la rue	suonare per strada	to play music in a public place in order to earn money	A guitarist was busking at the entrance to the train station.	84
to die for	phr	tə daɪ fə	unwiderstehlich, umwerfend	irrésistible	irresistibile	used when saying that something is very good	The views here are to die for. You must come!	72
advise against	v	əd'vaɪz ə'genst	abraten von	déconseiller de	sconsigliare da	to tell someone not to do (something)	Our lawyer advised us against buying that house.	52
understaffing	n	ˌʌndə'stɑ:ftɪŋ	Personalmangel	manque de personnel	carezza di personale	understaffing is a situation in which an organisation does not have enough employees to do its work properly	Understaffing of the stores leaves employees with too much work to complete in 40 hours.	-
accommodating	adj	ə'kɒmədeɪtɪŋ	zuvorkommend	accommodant	premuroso, accomodante	helpful and willing to do what someone else wants	He was very accommodating, always asking if I needed anything.	83
query	v	'kwɪəri	infragestellen, beanstanden	mettre en doute	mettere in dubbio, dubitare	to express doubt about whether something is true or correct	Several players queried the referee's decision.	72
well equipped (with)	adj	wel ɪ'kwɪpt (wɪð)	gut ausgestattet (mit)	bien équipé (de)	ben attrezzato (con)	supplied with all the necessary equipment	The kitchen is well-equipped with an oven, a microwave and a dishwasher.	-
locality	n	ləu'kælɪti	Gegend, Ortschaft	région, quartier	località	a small area of a country, city etc	Many people are opting to live in the city rather than in rural localities.	74
shrub	n	ʃrʌb	Strauch, Staude	arbuste	cespuglio, arbusto	a small bush with several woody stems	She planted some roses and other flowering shrubs.	70
gale	n	geɪl	Sturm	grand vent	burrasca, vento forte	a very strong wind	Our fence blew down in the gale.	73
riverside	adj	'rɪvəsaɪd	Flussufer	rive	riva del fiume	the land along the sides of a river	Let's go down to the riverside and watch the boats pass by.	76
a matter of urgency	phr	ə'mætər ɒv 'ɜ:dʒənsi	dringliche Angelegenheit	question d'urgence	una questione urgente	very important and needing to be dealt with immediately	The new law should be introduced as a matter of urgency.	72
Extended vocabulary								
it's no skin off somebody's nose	idiom	ɪts nəʊ skɪn ɒf 'sʌmbədɪz nəʊz	das juckt mich nicht, das ist mir egal	je m'en balance	non mi interessa, non è un mio problema	used to say that someone does not care or does not have a strong opinion about something	Go if you like – it's no skin off my nose.	-
your (own) flesh and blood	idiom	jo: (əʊn) fleʃ ənd blʌd	sein (eigen) Fleisch und Blut	la chair de sa chair	sangue del suo sangue	someone who is part of your family	He raised those kids like they were his own flesh and blood.	74
jump down someone's throat	idiom	dʒʌmp daʊn 'sʌmwʌnz θrəʊt	jdn anschnauzen, anfahren	s'en prendre à qn	saltare al collo a qn	to suddenly speak angrily to someone	It was just a suggestion. You don't have to jump down my throat.	79
be all ears	idiom	bi ɔ:l iəz	ganz Ohr sein	être tout ouïe	essere tutt'orecchi	to be very keen to hear what someone is going to tell you	As soon as I mentioned money, Karen was all ears.	66
toe the line	idiom	təʊ ðə laɪn	sich einfügen	suivre la ligne de qn	allinearsi, essere in linea	to do what other people in a job or organisation say you should do, whether you agree with them or not	You toe the line or you don't stay on the team!	-
be an old hand (at something)	idiom	bi ən əʊld hænd (æt 'sʌmθɪŋ)	ein alter Hase (bei etw) sein	s'y connaître (en qc)	essere un esperto (in qc)	to have a lot of experience of doing something	Chris is an old hand at dealing with this sort of problem.	77
scratch someone's back	idiom	skrætʃ 'sʌmwʌnz bæk	jdm einen Gefallen tun, Vorteile verschaffen	faire une faveur à quelqu'un	fare un favore a qn	to do something that helps someone else but that is often difficult to do and with the expectation of help in return	The president has been accused of scratching the oil industry's backs with a series of executive actions that put them in a position to make a lot more money.	-
Unit 6 Topic Six								
Core vocabulary/phrases								
at a loose end	fixed phr	æt ə lu:s end	nichts zu tun haben	être désœuvré	non avere niente da fare	to have nothing to do	I was at a loose end so I decided to go see an old movie.	-
at a stretch	fixed phr	æt ə streɪtʃ	im äußersten Fall	à la rigueur	se proprio necessario	only with difficulty or in extreme circumstances	This programme is aimed at one age group, adults, or, at a stretch, college students.	-

Wordlist Formula C1

at first glance	fixed phr	æt fɜːst glɑːns	auf den ersten Blick	à première vue	a prima vista	when you first look at something	At first glance, the place seemed deserted.	-
at sixes and sevens	fixed phr	æt 'sɪksɪz ænd 'sevnz	völlig durcheinander sein	être sens dessus dessous	essere sottosopra, andare a rotoli	disorganised and confused	When the visitors arrived, we were still at sixes and sevens.	-
by all accounts	fixed phr	bai ɔ:l ə 'kaʊnts	nach allem, was gesagt wird	au dire de tous	a detta di tutti, a quanto si dice	according to what a lot of people say	I've never seen any of her movies, but she's a brilliant director, by all accounts.	-
by default	fixed phr	bai di 'fɔ:lt	kampflos, automatisch	par défaut	automaticamente, normalmente	if something happens by default, it happens only because something else does not happen	The other team never arrived, so we won by default.	78
by no means	fixed phr	bai nəʊ mi:nz	keinesfalls	pas du tout	in nessun modo	not at all	It is by no means certain that the game will take place.	-
in action	fixed phr	ɪn 'ækʃən	in Aktion	en (pleine) action	in azione	doing a particular job, activity, or sport	These photos show the ski jumpers in action.	71
in conjunction with	fixed phr	ɪn kən' dʒʌŋkʃən wɪð	in Verbindung mit	conjointement avec	in combinazione con, in concomitanza con, in collaborazione con	working, happening, or being used with someone or something else	The worksheets are designed to be used in conjunction with the new coursebooks.	70
in my element	fixed phr	ɪn maɪ 'eləmənt	in meinem Element	dans mon élément	nel mio elemento	to be in a situation that you enjoy, because you are good at it	Graham was in his element, building a fire and cooking the steaks.	-
in no time	fixed phr	ɪn nəʊ taɪm	in null Komma nichts	en un rien de temps	in men che non si dica	very soon or very quickly	We'll be home in no time.	65
in turn	fixed phr	ɪn tɜ:n	wiederum	ensuite, à son tour	a sua/loro volta	as a result of something	Interest rates were cut and, in turn, share prices rose.	-
in vain	fixed phr	ɪn veɪn	vergeblich	en vain	invano	without success	Workers tried in vain to keep the building from collapsing.	73
at breakneck speed	phr	æt 'breɪknek spi:d	in halsbrecherischer Geschwindigkeit	à tombeau ouvert	a una velocità spericolata	carelessly fast and dangerous	He drove away at breakneck speed.	-
beyond recovery	phr	bɪ' jɒnd rɪ' kʌvəri	unwiederbringlich	irréversible	irrimediabile	past a point that something or someone can get better	We can't plant anything in the soil because it's eroded beyond recovery.	66
go out on a limb	phr	gəʊ aʊt ɒn ə lɪm	sich in eine prekäre Lage bringen	prendre des risques	correre il rischio di, sbilanciarsi	to do something risky or extreme, which puts you in a position of weakness	The politician went out on a limb and publicly questioned the views of his party.	-
have a gut feeling	phr	hæv ə ɡʌt 'fi:lɪŋ	ein Bauchgefühl haben	penser instinctivement	avere una strana sensazione	to have a feeling that you are sure is right, although you cannot give a reason for it	He had a gut feeling that Sarah was lying.	-
have a mental block	phr	hæv ə 'mentl blɒk	einen Aussetzer haben, eine geistige Blockade haben	avoir un trou de mémoire, être bloqué	avere un blocco mentale	if you have a mental block about something, you cannot understand it or do it because something in your mind prevents you	He has a mental block about names – he just can't remember them.	-
in its entirety	phr	ɪn ɪts ɪn'taɪətɪ	ganz, komplett	en entier	interamente, integralmente	including every part	The film has been shown in its entirety for the first time.	-
yours truly	phr	jo:z 'tru:lɪ	meine Wenigkeit	votre humble serviteur/votre humble servante	la mia (modesta) persona	used humorously to mean yourself	They all went out, leaving yours truly to clear up the mess.	-
anecdotal	adj	ˌænɪk'dəʊtl	anekdotisch	anecdotique	aneddotico	consisting of short stories based on someone's personal experience	His findings are based on anecdotal evidence rather than serious research.	-
chronic	adj	'krɒnɪk	chronisch	chronique	cronico	a chronic problem is one that continues for a long time and cannot easily be solved	There is a chronic shortage of teachers.	66
clear-cut	adj	klɪə 'kʌt	eindeutig	clair, clair et net	chiaro, preciso	certain or definite	There is not always a clear-cut distinction between right and wrong.	77
continuously	adv	kən'tɪnjuəsli	am Stück, ununterbrochen	en continu	continuamente, in continuazione	continuing to happen or exist without stopping	You can't work continuously for six hours without a break!	76

Wordlist Formula C1

conventional	adj	kən'venfənəl	konventionell, herkömmlich	conventionnel	convenzionale, usuale	a conventional method, product, practice etc has been used for a long time and is considered the usual type	Internet connections through conventional phone lines are fairly slow.	71
defeatist	adj	dɪ'fi:tɪst	pessimistisch, hoffnungslos	défaitiste	rinunciatorio, disfattista, pessimista	behaving in a way that shows you expect to fail	Being defeatist will get us nowhere.	84
flawed	adj	fləʊd	unausgereift, unzureichend	imparfait, faillible	difettoso, imperfetto	spoiled by having mistakes, weaknesses, or by being damaged	The system is not just broken but fundamentally flawed.	73
gory	adj	'gɔ:ri	blutrünstig	sanglant	cruento	involving a lot of violence and blood	I hate gory horror movies – I much prefer psychological horrors.	81
inaccessible	adj	ˌɪnək'sesəbəl	unzugänglich	inaccessible	inaccessibile	difficult or impossible to reach	In winter, the villages are inaccessible by road.	78
invaluable	adj	ɪn'væljuəbəl	von unschätzbarem Wert	inestimable	inestimabile	extremely useful	Your advice has been invaluable to us.	74
laughable	adj	'lɑ:fəbəl	lächerlich	risible, ridicule	ridicolo, risibile	something that is laughable is impossible to believe or be serious about, because it is so silly or bad	The promises are so far from reality that they are laughable.	-
nostalgic	adj	nɒ'stældʒɪk	nostalgisch	nostalgique	nostalgico	if you feel nostalgic about a time in the past, you feel happy when you remember it, and in some ways you wish that things had not changed	Seeing those old school photographs has made me feel quite nostalgic.	-
pharmaceutical	adj	'fɑ:mə'sju:tɪkəl	pharmazeutisch	pharmaceutique	farmaceutico	relating to the production of drugs and medicines	The pharmaceutical industry is huge, and consequently holds a lot of influence over the government.	69
provoking	adj	prə'veʊkɪŋ	provozierend	provocant	provocatorio, irritante	causing mild anger; annoying	The host's provoking comments are the reason why people tune in to his radio talk show in the first place.	-
sighted	adj	'saɪtɪd	sehend	voyant	vedente	someone who is sighted can see, and is not blind	Blind and sighted children are taught in the same classroom.	81
squeamish	adj	'skwi:mɪʃ	zimperlich, zart besaitet	sensible, délicat	schizzinoso, delicato	easily shocked or upset, or easily made to feel sick by seeing unpleasant things	I couldn't be a nurse – I'm too squeamish.	83
stationary	adj	'steɪʃənəri	stehend	à l'arrêt	stazionario	standing still instead of moving	How did you manage to drive into a stationary vehicle?	76
tactile	adj	'tæktəl	taktil	tactile	tattile	if something is tactile, it has a surface that is pleasant or attractive to touch	Her paintings have a very tactile quality.	-
undeniable	adj	ˌʌndɪ'næəbəl	unbestritten	indéniable	indisusso, incontestato	definitely true or certain	Her popularity among teenagers is undeniable.	79
undignified	adj	ʌn'dɪgnəfaɪd	würdelos	peu digne	indegno, indecoroso	making you look silly and lose people's respect, especially because of not being controlled, serious, or calm	There was an undignified scramble for seats on the train.	-
unmanageable	adj	ʌn'mænɪdʒəbəl	unkontrollierbar	ingérable	incontrollabile, intrattabile	difficult to control or deal with	74 percent of teachers said their paperwork was unmanageable.	-
curiosity	n	'kjʊəri'ɒsəti	Neugier	curiosité	curiosità	the desire to know about something	I opened the packet just to satisfy my curiosity.	71
dependence on	n	dɪ'pendəns ɒn	Abhängigkeit von	dépendance à	dipendenza da	the fact of needing someone or something in order to exist, be successful, healthy etc	The region's complete dependence on tourism is rather worrying.	76

Wordlist Formula C1

dragonfly	n	'drægenflaɪ	Libelle	libellule	libellula	a brightly-coloured insect with a long thin body and transparent wings which lives near water	He was a world authority on mosquitoes and dragonflies.	80
drought	n	draʊt	Trockenheit, Dürre	sécheresse	siccità, aridità	a long period of dry weather when there is not enough water for plants and animals to live	A severe drought has caused most of the corn crop to fail.	72
empathy	n	'empəθi	Empathie	empathie	empatia	the ability to understand other people's feelings and problems	She had great empathy with people.	80
honeycomb	n	'hʌnikəʊm	Bienenwabe, Wabe	rayon de miel	favo	a structure made by bees, which consists of many six-sided cells in which honey is stored	If we make this structure a honeycomb, it will be much stronger.	82
hunch	n	hʌntʃ	Vermutung, Ahnung	pressentiment, intuition	vago sospetto, presagio, presentimento	a feeling you have that something is true or that something will happen, even if you have no information or proof	I had a hunch that something like this would happen.	80
inflection	n	ɪn'flekʃən	Betonung, Hervorhebung	modulation	inflessione, intonazione	the way the sound of your voice goes up and down when you are speaking	He spoke slowly and without inflection.	79
initiative	n	ɪ'nɪʃətɪv	Initiative	initiative	iniziativa	an important new plan or process to achieve an aim or solve a problem	The cost-cutting initiatives are expected to result in savings of \$300 million.	69
inscription	n	ɪn'skrɪpʃən	Widmung	dédicace	dedica, epigrafe, iscrizione	words that are written or cut in something	The inscription in the book read 'To darling Molly, Christmas 1904'.	80
proponent	n	prə'pəʊnənt	Fürsprecher/in, Befürworter/in	avocat/e	sostenitore/-trice, fautore/-rice	someone who supports something or persuades people to do something	She has always been a strong proponent of women's rights.	81
quest	n	kwest	Suche	quête	ricerca	a long search for something that is difficult to find	World leaders are now united in their quest for peace.	74
rivalry	n	'raɪvəlri	Rivalität	rivalité	rivalità	when people or groups try to show that they are better than each other	There is a friendly rivalry between the two teams.	75
threshold	n	'θreʃhəʊld	Schwelle	seuil	soglia	the level at which something starts to happen or have an effect	I know that young children have very low boredom threshold.	-
tile	n	taɪl	Fliese, Kachel	carreau, tile	piastrella, mattonella	a flat square piece of baked clay or other material, used for covering walls, floors etc	We put tiles on the floor in the hallway so that it would be easy to clean.	62
wax	n	wæks	Wachs	cire	cera	a solid substance made of fat or oil and used to make candles, polish etc	She watched the wax as it dripped down the side of the candle.	75
abound	v	ə'baʊnd	voll sein, reich sein an, reichlich vorhanden sein	abonder	abbondare di qc.	to exist in very large numbers	The streams and rivers abound in fish.	81
backtrack	v	'bæktræk	seine Meinung ändern	faire marche arrière sur qc	fare marcia indietro	to change an opinion or promise that you gave so that it is not as strong as it was earlier	The President is backtracking on his promise to increase health care spending.	81
compile	v	kəm'paɪl	erstellen	dresser, compiler	compilare, redigere	to make a book, list etc, using different pieces of information	They are compiling a dictionary of new words.	77

Wordlist Formula C1

outdo	v	ˌaʊtˈduː	übertreffen, übertrumpfen	surpasser	superare qn, fare meglio di qn	to be better or more successful than someone else at doing something	When it comes to speed of response, a small firm can outdo a big company.	80
promote understanding	v	prəˈmeɪt , ʌndəˈstændɪŋ	Verständnis fördern	favoriser la compréhension	promuovere la comprensione	to raise awareness or strengthen someone's understanding	The meeting was used to promote understanding between the two groups.	-
topple	v	ˈtɒpl	umkippen, einstürzen	s'écrouler, se renverser	rovesciare, far cadere	to become unsteady and then fall over, or to make something do this	A stack of plates swayed, and began to topple over.	80
bypass	v	ˈbaɪpɑːs	herumführen um	contourner	aggirare, circondare	to go around something	The road bypasses the town.	73
cater for	v	ˈkeɪtə fɔː	versorgen, anbieten	pourvoir aux besoins/goûts de	provvedere a qc per qn, incontrare i gusti di	to provide a particular group of people with the things they need or want	There are plenty of events taking place at the festival to cater for all tastes.	-
decommissioned	adj	ˌdiːkəˈmɪʃənd	stillgelegt	mis hors service	sospeso	if something (such as equipment) is decommissioned, it is taken out of use	The old tank road was decommissioned after they built the highway.	82
drive the length of	phr	draɪv ðə læŋθ ɒv	die ganze Länge fahren	parcourir toute la longueur de ... en voiture	guidare per tutta la lunghezza di	to travel by car from the beginning to the end of something (e.g. a particular road)	We drove the length of the coast on our holiday.	-
fall into disrepair	phr	fɔːl ɪnˈtuː ˌdɪsrɪˈpeə	baufällig werden	se délabrer	andare in rovina	buildings, roads etc that fall into disrepair degrade into an unusable condition because they have not been maintained	The old house had fallen into disrepair.	83
go off track	phr	gəʊ ɒf træk	die Route verlassen	dévier de la route	uscire dai sentieri battuti	to leave the planned route	We would never have discovered this beautiful castle if we hadn't gone off track!	-
gravel	n	ˈgrævəl	Schotter, Kies	gravier	ghiaia, ciottoli	small stones, used to make a surface for paths, roads etc	The path, which had been mud only weeks before, was now crunchy gravel.	77
head for	v	hed fɔː	etw ansteuern	se diriger vers	dirigersi verso	to go or travel towards a particular place, especially in a deliberate way	The ship was heading for Cuba.	67
make a diversion	phr	meɪk ə daɪˈvɜːʃən	einen Umweg machen	faire une déviation	effettuare una diversione	to stray from a planned route	We made a diversion to the lake away from the road.	-
memorabilia	n	ˌmemərəˈbiːliə	Erinnerungsstücke, Andenken	souvenirs	cimeli, souvenir	things that you keep or collect because they are connected with a famous person, event, or time	We have lots of theatre memorabilia saved from old music halls and theatres.	82
spring up	v	sprɪŋ ʌp	aus dem Boden schießen	pousser	spuntare	to suddenly appear or start to exist	Hotels are springing up all over the city.	79
stretch	n	stretʃ	Abschnitt, Strecke	portion de route	tratto, striscia	an area of land or water, especially one that is long and narrow	This particular stretch of coast is especially popular with hikers.	73
trading post	n	ˈtreɪdɪŋ pəʊst	Handelsniederlassung	comptoir	spaccio, sede aziendale	a small place, especially in the past, far from other places in which people live, where goods can be bought and sold or exchanged	New York was originally a Dutch trading post.	-
circumference	n	səˈkʌmfərəns	Umfang	circonférence	circonferenza	the distance or measurement around the outside of a circle or any round shape	The earth's circumference is nearly 25,000 miles.	78

Wordlist Formula C1

diameter	n	daɪˈæmətə	Durchmesser	diamètre	diametro	a straight line from one side of a circle to the other side, passing through the centre of the circle, or the length of this line	The wheel was about two feet in diameter.	68
hexagon	n	ˈheksəɡən	Sechseck	hexagone	esagono	a flat shape with six sides	This artwork is a hexagon, which can be viewed from all sides.	82
minuscule	adj	ˈmɪnəskuːl	winzig	minuscule	minuscolo	very small	Compared to its adult size, a new-born kangaroo is minuscule.	83
radius	n	ˈreɪdiəs	Radius	rayon	raggio	the distance from the centre to the edge of a circle, or a line drawn from the centre to the edge	This wheel has a radius of 30 cm.	75
rhombus	n	ˈrɒmbəs	Rhombus	losange	rombo	a shape with four equal straight sides, especially one that is not a square	This board game is played on a rhombus.	-
symmetrical	adj	sɪˈmetrɪkəl	symmetrisch	symétrique	simmetrico	an object or design that is symmetrical has two halves that are exactly the same shape and size	The pattern was perfectly symmetrical.	79
technological	adj	ˈteknəˈlɒdʒɪkəl	technisch	technologique	tecnologico	related to technology	The steam engine was the greatest technological advance of the 19th century.	68
Extra vocabulary								
squeeze out	v	skwiːz aʊt	hinausdrängen, verdrängen	écarter qn	fare fuori, allontanare	to force (someone or something) out of a position, place, etc	Big stores have squeezed out a lot of the smaller locally owned shops.	-
short-sighted (approach)	adj	ʃɔːt ˈsaɪtəd (ə ˈprəʊf)	kurzsichtig (Vorgehen)	irréfléchi, à courte vue	(approccio) miope	not considering the possible effects in the future of something that seems good now	The policy of reducing investment in training was very short-sighted.	-
noticeable	adj	ˈnəʊtɪsəbəl	auffällig	notable	evidente	easy to notice	There's been a noticeable improvement in your work.	67
debatable	adj	dɪˈbeɪtəbəl	umstritten, fraglich	discutable, contestable	discutibile, opinabile	an idea, fact, or decision that is debatable may be right but it could easily be wrong	It's debatable whether this book is as good as her last.	79
justifiable	adj	ˈdʒʌstɪfaɪəbəl	berechtigt, zu rechtfertigen	justifiable	giustificabile, giustificato	actions, reactions, decisions etc that are justifiable are acceptable because they are done for good reasons	Is football a justifiable expense when the college cannot afford enough English classes to meet students' needs?	79
edible	adj	ˈedɪbəl	essbar	comestibile	commestibile	something that is edible can be eaten	These berries are edible, but those are poisonous.	76
profitable	adj	ˈprɒfɪtəbəl	profitabel	rentable	redditizio	producing a profit or a useful result	The advertising campaign proved very profitable.	73
defensible	adj	dɪˈfensɪbəl	vertretbar	défendable	difendibile, sostenibile	a defensible opinion, idea, or action seems reasonable, and you can easily support it	Cooper believes the plan is fair and legally defensible.	-
alternatively	adv	ɔːlˈtɜːnətɪvli	alternativ	ou sinon	in alternativa, alternativamente	used for suggesting something different	You can relax on the beach or alternatively visit the bustling town centre.	-
assumption	n	əˈsʌmpʃən	Annahme, Vermutung	supposition, hypothèse	assunzione, presupposto, ipotesi	something that you think is true although you have no definite proof	We're working on the assumption that prices will rise.	75

Wordlist Formula C1

beneficial	adj	ˌbeneʃɪfəl	vorteilhaft, nützlich	bénéfique, avantageux	vantaggioso, utile	helpful or useful	The agreement will be beneficial to both groups.	70
endurance	n	ɪnˈdʒʊərəns	Ausdauer	endurance	resistenza	the ability to continue doing something difficult or painful	The marathon is a test of endurance.	75
implication	n	ˌɪmplɪˈkeɪʃən	Auswirkungen, Konsequenzen	conséquences	implicazioni, ripercussioni	a possible future effect or result of an action, event, decision etc	What are the implications of these proposals?	70
removal	n	rɪˈmuːvəl	Entfernen, Beseitigen	enlèvement	rimozione, allontanamento	when something is taken away or someone gets rid of it	The company charged him for the removal of the vehicle.	64
mistaken belief	n	mɪsˈteɪkən bɪˈliːf	irrigie Annahme	fausse croyance	credenza sbagliata	a misconception; misunderstanding	I did so in the genuine though mistaken belief that it was necessary.	-
get hooked on	phr	get hʊkt ɒn	angefixt von, süchtig nach etw sein	devenir dépendant	farsi prendere da, avere una fissa per	if you are hooked on something, you like it a lot and want to continue doing it	It's easy to get hooked on playing computer games and stop doing everything else.	79
double-book	v	ˌdʌbl ˈbʊk	doppelt buchen	réserver deux fois	fare una prenotazione doppia	to promise the same seat in a theatre, on a plane etc to more than one person by mistake	The room was double-booked so they had to give us a different one.	-
intriguing	adj	ɪnˈtriːɡɪŋ	interessant, faszinierend	fascinant	intrigante, affascinante	something that is intriguing is very interesting because it is strange, mysterious, or unexpected	His comments were thought to be quite intriguing at the time.	-
chore	n	tʃɔː	Arbeit im Haushalt, Routinearbeit	tâche ménagère, corvée	faccenda, lavoretto, compito	a small job that you have to do regularly, especially work that you do to keep a house clean	Everyone in the flat shared the cooking and domestic chores.	72
fade	v	feɪd	schwinden	diminuer	svanire	to gradually disappear	Hopes of a peace settlement are beginning to fade.	66
Extended vocabulary								
in an uproar	phr	ɪn ən ˈʌprɔː	in Aufruhr	dans la plus vive agitation	in subbuglio	with a lot of noise or angry protest about something	The house was in an uproar, with babies crying and people shouting.	-
on second thoughts	phr	ɒn ˈsekənd θɔːts	bei genauerem Nachdenken	à la réflexion	ripensandoci, a pensarci bene	used to say that you have changed your mind about something	I'll call her tomorrow – no, on second thoughts, I'll try now.	66
at a standstill	phr	æt ə ˈstænd.stɪl	im Stillstand	à l'arrêt	a un punto morto	in a situation in which all movement or activity has stopped	Labour negotiations are almost at a standstill.	80
on impulse	phr	ɒn ˈɪmpʌls	impulsiv	sur un coup de tête	d'impulso	if you do something on impulse, you suddenly decide to do it, without planning it	'I didn't know you were looking for some new shoes.' 'Oh, I wasn't – I just bought them on impulse.'	71
out of stock	phr	aʊt ɒv stɒk	nicht vorrätig	épuisé	non disponibile, esaurito	(of goods) unavailable for immediate sale in a shop	We will recommend alternative products in the event that we are out of stock of that particular item.	-
to someone's credit	phr	tuː ˈsɒmwʌnz ˈkredɪt	jdm hoch anzurechnen sein, jds Verdienst sein	être tout à l'honneur de qn	a suo merito	used for saying that someone deserves praise	Jane, to her credit, helped the woman without knowing the situation.	-
on good terms	phr	ɒn gʊd tɜːmz	auf gutem Fuß	en bons termes	in buoni rapporti	if two people are on good terms, they are friendly with each other	Are you on good terms with your boss?	-
in line with	phr	ɪn laɪn wɪð	in Einklang mit	en accord avec	in linea con	according to or following something such as a rule or principle	A workforce diversity committee will set specific objectives in line with the policy.	-
Unit 7 Topic Seven								
Core vocabulary/phrases								

Wordlist Formula C1

die out	phr v	daɪ aʊt	aussterben	disparaître	estinguersi, scomparire	to disappear or stop existing completely	All but three of the lake's fish species have died out.	53
dispose of	phr v	dɪˈspəʊz əv	beseitigen	se débarrasser de	smaltire, eliminare	to get rid of something	Nuclear waste can cause serious damage to the environment if not disposed of properly.	63
draw on	phr v	dɹɔː ɒn	zurückgreifen auf	puiser dans, exploiter	attingere da	to use something to achieve a particular result	We can draw on this chemical's healing properties to cure patients.	-
go into	phr v	gəʊ ˈɪntə	hineingesteckt werden	être investi dans	essere impiegato per	to be put into or utilised	A lot of effort went into preparing this festival.	-
keep from	phr v	kiːp frɒm	verhindern, abhalten von	empêcher qc	impedire, trattenere da	to prevent someone from doing something or prevent something from happening	Put the pizza in the bottom of the oven to keep the cheese from burning.	-
kick in	phr v	kɪk ɪn	anfangen zu wirken	faire effet, se faire sentir	iniziare a fare effetto	to start or to begin to have an effect	The painkillers kicked in and his headache slowly started lifting.	-
make up	phr v	meɪk ʌp	ausmachen	représenter	costituire	to combine together to form a particular total or result	Plastic bags now make up 60% of all bags used in grocery stores.	-
map out	phr v	mæp aʊt	entwerfen, planen	planifier	delineare, pianificare	to plan carefully how something will happen	Her parents had already mapped out her future.	75
smooth out	phr v	smuːð aʊt	ausbügeln, glätten	aplanir, résoudre	sistemare, appianare	to get rid of problems or difficulties	a PR firm to smooth out some of his problems relating to younger voters.	-
speed up	phr v	spiːd ʌp	beschleunigen	accélérer	accelerare	to happen more quickly, or to make something happen more quickly	The new system will speed up the registration process.	62
tap into	phr v	tæp ˈɪntuː	anzapfen, nutzbar machen	puiser dans	attingere da, sfruttare	to manage to use something in a way that brings good results	If only we could tap into all that energy and creativity.	-
track down	phr v	træk daʊn	aufspüren	localiser	rintracciare	to find someone or something by searching for a long time	I finally managed to track down the book you wanted in a shop near the station.	70
decompression sickness	n	diːkəmˈpreʃ(ə)n ˈsɪknɪs	Dekompressionskrankheit	maladie des caissons	malattia da decompressione	a serious medical condition caused by returning too quickly to the surface of the sea when diving with breathing equipment	Quickly ascending from a greater depth can cause decompression sickness.	-
element	n	ˈeləmənt	Element	élément	elemento	a simple chemical substance that consists of only one kind of atom	Argon is an element.	64
fluctuations in pressure	n phr	ˌflʌktʃuːˈeɪʃnz ɪn ˈpreʃə	Druckschwankungen	fluctuation de pression	fluttuazioni di pressione	changes in the level of pressure	The scientists observed fluctuations in pressure before the explosion.	77
high-voltage	adj	ˌhaɪ ˈvəʊltdʒ	Hochspannungs-	à haute-tension	ad alta tensione	relating to or containing large amounts of electricity	We need a high-voltage generator to run this machine.	76
oxidise	v	ˈɒksədaɪz	oxidieren	oxyder	ossidare	to combine with oxygen, or make something combine with oxygen, especially in a way that causes rust	Iron oxidizes to form rust.	-
pharmacological	adj	ˌfɑːməkəˈlɒdʒɪkəl	pharmakologisch	pharmacologique	farmacologico	relating to the branch of medicine concerned with the uses, effects, and modes of action of drugs	From a pharmacological standpoint, this medicine is no different than aspirin.	-
pollutant	n	pəˈluːtənt	Schadstoff	polluant	inquinante	a substance that makes air, water, soil etc dangerously dirty, and is caused by cars, factories etc	New regulations will reduce hazardous air pollutants.	74

Wordlist Formula C1

specimen	n	'spesɪmən	Probe, Exemplar	échantillon, specimen	campione, esemplare	a small amount or piece that is taken from something, so that it can be tested or examined	Astronauts brought back specimens of moon rock.	64
stable atmosphere	adj + n	'steɪbl̩ 'ætməsfɪə	stabile Atmosphäre	atmosphère stable	atmosfera stabile	a maintained or steady atmosphere	The astronauts were able to keep a stable atmosphere inside their capsule.	-
vapour	n	'veɪpə	Dampf	vapeur	vapore	a mass of very small drops of a liquid which float in the air, for example because the liquid has been heated	If there's too much water vapour, you should wipe off the glass with a paper towel.	76
ventilated	adj	'ventɪleɪtɪd	belüftet	ventilé, aéré	ventilato	made pleasant by having fresh air inside it	I work in a very poorly-ventilated building.	82
accolade	n	'ækələɪd	Auszeichnung, Anerkennung	récompense, honneur	onorificenza, riconoscimento	praise given to someone because people think they are very good, or a prize given to them for their work	She received a Grammy Award, the highest accolade in the music business.	79
bring to life	v	bɪŋ tə laɪf	zum Leben erwecken	donner vie à	far vivere	(with reference to a fictional character or inanimate object) cause to be alive or real	The author brings the character of MacDonald to life with power and precision.	-
enrapture	v	ɪn 'ræptʃə	entzücken, hinreißen	enchanter, fasciner	rapire, affascinare	to give someone very great pleasure	The performance enraptured adults and children alike.	-
fatal flaw	adj + n	'feɪtl̩ fləʊ	fataler Fehler	erreur fatale	difetto fatale	a weakness that makes something certain to fail	The main character in a tragedy usually has a fatal flaw that prevents him from achieving happiness.	-
narrative structure	adj + n	'nærətɪv 'strʌktʃə	Erzählstruktur	structure narrative	struttura narrativa	a literary element generally described as the structural framework that underlies the order and manner in which a narrative is presented to a reader, listener, or viewer	The narrative structure of this novel is quite distracting.	-
personify	v	pə'sɒnɪfaɪ	personifizieren	personnifier	personificare	to think of or represent something as a person	Time is often personified as an old man.	80
pitch at	v	pɪtʃ æt	bestimmen für, vorsehen für	destiner à	destinare a, prevedere per	to aim a product at a particular type of organisation, group of people etc, or to describe it in a particular way, in order to sell it	The new machine will be pitched at users in the hotel and air reservation business.	-
recount	v	rɪ'kaʊnt	erzählen	raconter	raccontare, narrare	to tell someone a story or describe a series of events	Alan recounted how he and Joyce had met.	75
yarn	n	ja:n	Geschichte	histoire, récit, conte	storia	a story of adventures, travels etc, usually made more exciting and interesting by adding things that never really happened	The old captain would often tell us a yarn about life aboard ship.	82
applicable	adj	ə'plɪkəbəl	anwendbar	applicable	applicabile, pertinente	if something is applicable to a particular person, group, or situation, it affects them or is related to them	The offer is only applicable to bookings for double rooms.	-
classy	adj	'kla:si	nobel	élégant, chic	di classe, elegante	fashionable and expensive	She took us to a very classy seafood restaurant in the old part of the city.	75
convivial	adj	kən'vɪvɪəl	gesellig, fröhlich	convivial	conviviale, allegro	friendly and pleasantly cheerful	The mood at the meeting was relaxed and convivial.	84
duplicitous	adj	dju'plɪsɪtəs	scheinheilig, heuchlerisch	fourbe	sleale, ambiguo	deceptive in words or action; deceitful	It was very duplicitous of you to hide this information from me.	-

Wordlist Formula C1

formative	adj	'fɔ:mətv	prägend, formend	formateur	formativo	having an important influence on the way someone or something develops	He exposed his children to music throughout their formative years.	79
harmonious	adj	hɑ:'məʊniəs	harmonisch	harmonieux	armonioso	harmonious relationships are ones in which people are friendly and helpful to one another	It is a harmonious community where pupils are happy and industrious.	77
life-threatening	adj	'laɪf_θretənɪŋ	lebensbedrohlich	être une menace pour la survie de qn	potenzialmente mortale	a life-threatening situation, illness, or injury could cause a person to die	The injuries are serious but not life-threatening.	73
lifelong	adj	'laɪflɒŋ	lebenslang	de longue date	lungo tutta la vita	continuing or existing all through your life	She became a lifelong friend of ours.	73
near-perfect	adj	nɪə 'pɜ:fɪkt	fast perfekt	presque parfait	quasi perfetto	almost perfect	This jacket is used but still in near-perfect condition.	-
patronising	adj	'pætrənaɪzɪŋ	herablassend, gönnerhaft	condescendant	paternalistico, condiscendente	speaking or behaving towards someone as if they are stupid or not important	The tone of the interview was unnecessarily patronising.	83
sceptical	adj	'skeptɪkəl	skeptisch	sceptique	scettico	doubting whether something is true or right	I'm extremely sceptical about what I read in the press.	77
sought-after	adj	'sɔ:t_ɑ:ftə	begehrt	convoité, recherché	ricercato, ambito	wanted by a lot of people but rare or difficult to get	Her paintings are highly sought-after and sell for millions at auctions.	80
speechless	adj	'spi:tʃləs	sprachlos	sans voix	senza parole	unable to speak because you feel very angry, upset etc	His comments left me speechless with rage.	78
allusion	n	ə'lu:ʒən	Anspielung	allusion	allusione	something said or written that mentions a subject, person etc indirectly	His poetry is full of historical allusions.	82
asphyxiation	n	æs'fɪksɪ'eɪʃən	Ersticken	asphyxie	asfissia, soffocamento	when someone is prevented from breathing	Asphyxiation from excess carbon dioxide was responsible for the die off of large numbers of fish.	84
categorisation	n	'kætəgəraɪzɪʃən	Kategorisierung	catégorisation	categorizzazione	the process of putting people or things into categories (= groups with the same features)	You can upload your photos and assign them keywords for quick categorisation.	-
clarification	n	'klærɪfə'keɪʃən	Klärung	clarification	chiarimento	the act of making something clearer or easier to understand, or an explanation that makes something clearer	I asked for clarification on a point he had made at the press conference.	71
defection	n	dɪ'fekʃən	Überlaufen, Flucht	défection	defezione	the act of leaving your own country or group in order to go to or join an opposing one	Over the years there were hundreds of defections to the West.	82
displacement	n	dɪs'pleɪsmənt	Vertreibung, Verdrängung	déplacement	dislocazione	when a group of people or animals are forced to leave the place where they usually live	The recent famine in these parts has caused the displacement of tens of thousands of people.	80
diversity	n	daɪ'vɜ:səti	Vielfalt	diversité	diversità	the fact of including many different types of people or things	It is a city of huge musical and artistic diversity, where every taste is catered for.	68
espionage	n	'espiənə:dʒ	Spionage	espionnage	spionaggio	the activity of secretly finding out secret information and giving it to a country's enemies or a company's competitors	Three people were accused of engaging in espionage against a rival firm.	79
ignorance	n	'ɪgnərəns	Unwissenheit	ignorance	ignoranza	lack of knowledge or information about something	Excuse my ignorance, but how does it actually work?	72

Wordlist Formula C1

incarnation	n	ˌɪnkaːˈneɪʃən	Umsetzung, Inkarnation	incarnation	incarnazione	a particular physical form or condition of something or someone that is changing or developing	This film is the latest incarnation of a fairy tale that dates back to the Middle Ages.	-
infiltration	n	ˌɪnfɪlˈtreɪʃən	Infiltrierung	infiltration	infiltrazione	the process of secretly becoming part of a group in order to get information or to influence the way that a group thinks or behaves	The spy's successful infiltration of their organisation was shocking.	-
jingle	n	ˈdʒɪŋɡəl	Jingle, Werbemelodie	jingle	jingle, motivo pubblicitario	a short song used in advertisements	She is one of America's most successful commercial jingle writers.	79
mortality	n	mɔːˈtæləti	Sterblichkeit	mortalité	mortalità	the number of deaths during a particular period of time among a particular type or group of people	Advancements in medicine caused a decline in mortality rates.	69
onslaught	n	ˈɒnsloːt	Ansturm, Angriffe	attaque, assaut	assalto, attacchi	strong criticism of someone	I was not prepared for the onslaught when I posted that comment.	81
premise	n	ˈpremɪs	Prämisse, Voraussetzung	prémisse, hypothèse	premessa	a statement or idea that you consider to be true and use to develop other ideas	The idea that there is life on other planets is the central premise of the novel.	76
principal	n	ˈprɪnsəpəl	Rektor/in	directeur/-trice	direttore/-trice	someone who is in charge of a school	This is a small school with just three teachers and the principal.	51
principle	n	ˈprɪnsəpl	Prinzip	principe	principio	a moral rule or belief about what is right and wrong, that influences how you behave	Schools try to teach children a set of principles.	66
sentiment	n	ˈsentɪmənt	Meinung, Stimmung, Empfindung	opinion, sentiment	opinione, sentimento, sensazione	an opinion or feeling you have about something	Similar sentiments were expressed by many politicians.	75
sophistication	n	səˈfɪstɪˈkeɪʃən	Verfeinerung, Differenziertheit	sophistication	raffinatezza eccessiva, ricercatezza	the quality of being complicated or made with great skill	The level of sophistication in the cameras has grown tremendously.	76
upbringing	n	ˈʌpˌbrɪŋɪŋ	Erziehung	éducation	educazione	the way that your parents care for you and teach you to behave when you are growing up	Mike had had a pretty strict upbringing.	77
wisdom	n	ˈwɪzdəm	Weisheit, Klugheit	sagesse	saggezza, sapienza	whether something is sensible	Some people doubted the wisdom of his decision.	78
adhere to	v	ədˈhɪə tuː	sich halten an, einhalten	respecter, observer, adhérer à	aderire a, attenersi a	to behave according to a rule, agreement etc	Now companies must adhere to stricter guidelines on the disposal of toxic waste.	-
amend	v	əˈmend	ergänzen, modifizieren, novellieren	amender, modifier	ammendare, modificare, rinovellare	to correct or make small changes to something that is written or spoken	The law has been amended several times.	73
ascribe	v	əˈskraɪb	zuschreiben	attribuer	ascrivere	to claim that something is caused by a particular person, situation etc	The report ascribes the rise in childhood asthma to the increase in pollution.	81
complement	v	ˈkɒmplɪmənt	ergänzen	compléter	completare	to make a good combination with someone or something else	The curtains complement the carpet well.	74
deter	v	dɪˈtɜː	abschrecken	décourager	distogliere, dissuadere qn dal fare qc	to stop someone from doing something, by making them realize it will be difficult or have bad results	The company's financial difficulties have deterred potential investors.	72

Wordlist Formula C1

ensure	v	ɪn'ʃʊə	sicherstellen	assurer	assicurarsi	to make certain that something will happen properly	You must ensure that the fire doors are kept clear at all times.	67
fulfil	v	fʊl'fɪl	erfüllen	répondre à	adempiere a, soddisfare	to do or provide what is necessary or needed	Much of the electrical equipment failed to fulfil safety requirements.	-
hone	v	həʊn	verbessern, vervollkommen	aiguiser	migliorare, perfezionare	to improve your skill at doing something, especially when you are already very good at it	Some of the best players in the world honed their skills playing street football.	-
outrun	v	aʊt'rʌn	überholen, übertreffen	dépasser	uperare, andare oltre	to develop more quickly than something else	Consumer demand has outrun our production capabilities.	82
proscribe	v	prəʊ'skraɪb	ächteln, verbieten	proscrire	proscrivere, vietare	to officially say that something is not allowed to exist or be done	The Act proscribes discrimination on the grounds of race.	83
face head on	v coll	feɪs hɛd ɒn	direkt in Angriff nehmen	affronter directement	affrontare a testa alta/a viso aperto	to confront a problem directly and openly	Let's face this problem head-on and try to solve it quickly and painlessly.	75
fall into a category	v coll	fɔ:l'ɪntu: ə'kætɪgəri	in eine Kategorie fallen	rentrer dans une catégorie	rientrare in una categoria	to belong to or be part of a particular group, area of responsibility, range of things, or type of things	Many illnesses fall into the category of stress-related illnesses.	-
fulfil a need	v coll	fʊl'fɪl eɪ ni:d	einen Bedarf stillen	répondre à un besoin	soddisfare un'esigenza	to do or provide what is necessary or needed	months but may become permanent if it fulfils a need.	-
hazard a guess	v coll	'hæzəd ə ɡɛs	eine Hypothese wagen	hasarder une idée	azzardare un'ipotesi	to say something that is only a guess	I don't know how much he earns, but I could hazard a guess.	83
make an assumption	v coll	meɪk ən ə'sʌmpʃən	eine Annahme machen	faire une supposition	fare un'assunzione	to think something is true although you have no definite proof	They made a naive assumption that because it's popular it must be good.	75
(be) under no illusion	v coll	(bi:) 'ʌndə nəʊ ɪ'lu:ʒən	sich keine Illusionen machen	ne pas se faire d'illusion	non farsi illusioni	to be fully aware of the true state of affairs	I am under no illusion that moving abroad is going to be very easy.	-
be in operation	phr	bi: ɪn 'ɒpə'reɪʃən	in Kraft sein, in Betrieb sein	être en vigueur	essere operativo	to be functioning, operating or being active	The Education Business Partnership has been in operation since 1989.	64
have time to kill	phr	hæv taɪm tu: kɪl	Zeit tötlich schlagen müssen	avoir du temps à tuer	dover ammazzare il tempo	to have nothing to do for a particular period	We've got some time to kill before the flight if you want to get some coffee.	-
in pursuit of	phr	ɪn pə'sju:t ɒv	auf der Suche nach, im Streben nach	en quête de	in cerca di, alla ricerca di	when someone tries to get, achieve, or find something in a determined way	He left his home town in pursuit of work.	75
in some circles	phr	ɪn səm 'sɜ:klz	in manchen Kreisen	dans certains milieux	in alcuni circoli, in certi circoli	in certain social or professional groups	His ideas are very unpopular in some circles, but he continues to defend them.	65
(second) night running	phr	('sɛkənd) naɪt 'rʌnɪŋ	(zweite) Nacht in Folge	(deuxième) nuit de suite	(seconda) notte di fila	if something happens for the second night running, it happens two nights in a row	I'm absolutely exhausted – I couldn't sleep for the second night running!	-
Extra vocabulary								
solitude	n	'sɒlɪtju:d	Einsamkeit	solitude	solitudine	when you are alone, especially when this is what you enjoy	After months of solitude at sea it felt strange to be in company.	-
sympathy	n	'sɪmpəθi	Mitgefühl	compassion	compassione, empatia	the feeling of being sorry for someone who is in a bad situation	I have a lot of sympathy for her; she had to bring up the children on her own.	70
discrete	adj	dɪ'skri:t	einzelnen, eigenständig	distinct, séparé	diviso, separato	clearly separate	The change happens in a series of discrete steps.	80
discreet	adj	dɪ'skri:t	diskret, dezent, verschwiegen	discret	discreto, riservato, oculato	careful about what you say or do, so that you do not offend, upset, or embarrass people or tell secrets	Can you please be discreet about this? We're in a very sensitive situation.	78

Wordlist Formula C1

illicit	adj	ɪˈlɪsɪt	illegal	illicite, illégal	illecito	not allowed by laws or rules, or strongly disapproved of by society	The investigation uncovered evidence of illicit and unconstitutional behaviour.	81
elicit	v	ɪˈlɪsɪt	entlocken, hervorrufen	susciter, provoquer	suscitare, provocare	to get or produce something, especially information or a reaction	Have you managed to elicit a response from them yet?	-
alternately	adv	ɔːlˈtɜːnətli	abwechselnd	alternativement, tour à tour	alternativamente, in alternativa	happening in a regular way, first one thing and then the other thing	The ice on the road alternately freezes and melts as temperatures get colder at night and warmer during the day.	-
grumpy	adj	ˈgrʌmpɪ	mürrisch	grincheux	scontroso	bad-tempered and easily annoyed	She's always a bit grumpy first thing in the morning.	76
(be) in the mood (to)	phr	ɪn ðə muːd (tuː)	in der Stimmung (sein für)	(être) d'humeur (à)	(essere) in vena (di)	to feel that you would like to do something	I don't want to talk about it now. I'm not in the mood.	-
cringe	v	kɪŋdʒ	erschauern	avoir envie de rentrer sous terre	rabbrivire	to feel embarrassed by something	It makes me cringe when I think how stupid I was.	79
mend	v	mend	reparieren, ausbessern	reparer, raccomoder	riparare, rammendare	to repair a tear or hole in a piece of clothing	My father used to mend our shoes.	67
reticent	adj	ˈretsənt	wortkarg, zurückhaltend	réticent, réservé	reticente, riservato	unwilling to talk about what you feel or what you know	John is clearly reticent about discussing his private life.	-
detrimental (effect on)	adj	ˌdetrɪˈmentl (ɪˈfekt ɒn)	schädlich (Wirkung auf)	nuisible (à)	(effetto) nocivo (su)	causing harm or damage	These chemicals have a detrimental effect on the environment.	-
pane	n	ˈwɪndəʊ peɪn	Scheibe, Glasscheibe	vitre	vetro, vetrata	a piece of glass used in a window or door	He threw the baseball too far and broke the window pane.	77
rattle	v	ˈrætl	rütteln	faire vibrer	scuotere	if you rattle something, or if it rattles, it shakes and makes a quick series of short sounds	The wind was rattling the windows.	67
rogue	n	rəʊg	Schlingel, Gauner	voyou	mascalzone, furbone	a person who behaves badly, but who you like in spite of this – often used humorously	What's the old rogue done now, I wonder?	-
unpick	v	ʌnˈpɪk	auseinandernehmen, auftrennen	défaire, démonter	disfare, sciogliere	to examine the different parts of a subject, deal etc, especially in order to find faults	I didn't want to unpick the past.	-
Extended vocabulary								
account for	phr v	əˈkaʊnt fɔː	erklären, der Grund sein für	expliquer, causer	spiegare, rendere conto di	to be the reason for something, or to explain the reason for something	Recent pressure at work may account for his behavior.	69
arrive at	phr v	əˈraɪv æt	kommen zu	parvenir à	arrivare a, giungere a	to reach a decision, solution etc after a lot of effort	After much consideration, we have arrived at a decision.	62
be on to something	phr v	biː ɒn tuː ˈsʌmθɪŋ	etw auf der Spur sein, an etw dran sein	être sur la trace de qc	aver trovato una pista, essere sulla strada giusta	to have an idea or information that is likely to lead to an important discovery	I think you could be on to something here when it comes to a solution.	63
bring about	phr v	bɪŋ əˈbaʊt	hervorrufen	provoquer, amener	determinare, portare a	to make something happen	A huge amount of environmental damage has been brought about by the destruction	64
boil down to	phr v	bɔɪl daʊn tuː	hinauslaufen auf	réduire à	ridursi a, riassumersi in	if a situation or statement boils down to something, that is the most important fact or the basic meaning	It all boils down to how much money you have.	78
buy into	phr v	bʌɪ ˈɪntuː	an etw glauben	adhérer à	credere a qc	to accept or believe an idea	My last employer expected us to buy into the ideas of every new business guru, without question.	75
give off	phr v	ɡɪv ɒf	abgeben, ausstoßen	exhaler	emanare	to produce a smell, light, heat etc	The burning wood gave off a sweet smell.	59

narrow down	phr v	'nærəʊ daʊn	begrenzen	réduire à, limiter à	restringere, ridurre, sfoltire	to reduce the number of people or things that you can choose from	We've narrowed down the number of candidates to two.	71
Unit 8 Topic Eight								
Core vocabulary/phrases								
blissfully unaware	coll	'blɪsfuli ,ʌnə'weə	sich zum Glück nicht bewusst sein	parfaitement ignorant	beatamente ignaro	to be blissfully unaware is to be happier not knowing the truth about something	Most people are blissfully unaware of how much corruption happens in our government.	83
blisteringly hot	coll	'blɪstərɪŋli hɒt	glühend heiß	torride	caldo torrido/opprimente	extremely hot	Summers here are blisteringly hot, so I'm thankful that we have air conditioning.	81
endlessly versatile	coll	'endlɪsli 'vɜ:sətəɪl	unendlich variierbar	infiniment variable	infinitamente versatile	having an infinite number of different uses	This omelette recipe is endlessly versatile – just use the ingredients you have in the fridge at the moment!	76
exclusively used	coll	ɪks'klu:svli ju:zd	ausschließlich verwendet	exclusivement utilisé	utilizzato esclusivamente	used only (e.g. by a certain group)	Originally, computers were exclusively used by the government.	71
fiercely competitive	coll	'fɪəslɪ kəm'petɪtv	in hartem Konkurrenzkampf	de compétition féroce	fortemente competitivo	determined or trying extremely hard to be more successful than other people or businesses	They are fiercely competitive and offer lower prices year after year.	77
fully alert	coll	'fʊli ə'ɜ:t	hellwach, ganz wach	tout à fait éveillé	totalmente vigile	able to see, understand, and act in a particular situation to a high degree	I'm not feeling fully alert today – not enough sleep last night!	72
infinitely preferable	coll	'ɪnfɪnɪtli 'prefərəbəl	weitaus vorzuziehen	infiniment préférable	di gran lunga preferibile	much better or more suitable	He finds country life infinitely preferable to living in the city.	72
instantly recognisable	coll	'ɪnstəntli 'rɛkəgnəɪzəbl	sofort wiedererkennbar	immédiatement reconnaissable	immediatamente riconoscibile	very easy to recognise	The Eiffel Tower in Paris is an instantly recognisable landmark.	-
intricately carved	coll	'ɪntrɪkɪtli kɑ:vɔd	kunstvoll geschnitzt	finement sculpté	finemente intagliato	engraved with a lot of complicated details	Their ancestors created intricately carved pillars made of ancient wood.	83
notoriously difficult	coll	nəʊ'to:riəsli 'dɪfɪkəlt	notorisch schwierig, bekanntermaßen schwierig	notoirement difficile	notoriamente difficile	if something is notoriously difficult, it is well known that it is not easy	The company is notoriously difficult to contact. You may as well not even bother.	-
painstakingly decorated	coll	'peɪnz,tɛɪkɪŋli 'dekəreɪtɪd	sorgfältig/in mühevoller Kleinarbeit dekoriert	minutieusement décoré	meticolosamente decorato	decorated in a very careful and thorough way	The room has been painstakingly decorated for their wedding reception.	83
strikingly similar	coll	'straɪkɪŋli 'sɪmɪlə	verblüffend ähnlich	remarquablement similaire	sorprendentemente simile	unusually and noticeably similar	The two girls are strikingly similar in how they look and what they like, but they're not even related.	-
universally known	coll	'ju:nɪ'vɜ:səli nəʊn	allgemein bekannt	universellement connu	generalmente noto	known by everyone	It is universally known as the best cure for the common cold.	73
widely believed	coll	'waɪdli bɪ'li:vɔd	weithin vermutet, angenommen	largement reconnu	è opinione ampiamente diffusa	according to most people's belief	It is widely believed that the virus originally came from monkeys.	57
button up	phr v	'bʌtn ʌp	zuknöpfen	boutonner (jusqu'en haut)	abbottonare	to fasten something with buttons, or to be fastened with buttons	Button up your coat – it's cold outside.	72
derive from	phr v	dɪ'raɪv frɒm	ableiten von	dériver de	derivare da	to develop or come from something	This word is derived from Latin.	72
dispose of	phr v	dɪ'spəʊz ɒv	beseitigen	se débarrasser de	smaltire	to get rid of something	Nuclear waste can cause serious damage to the environment if not disposed of properly.	63
freak out	phr v	'fri:k aʊt	ausflippen, durchdrehen	piquer une crise	impazzire, agitarsi	to suddenly become very anxious, upset, or afraid, or to make someone do this	People just freaked out when they heard the news.	74

Wordlist Formula C1

keep up with	phr v	ki:p ʌp wið	mithalten mit	se tenir au courant	tenere il passo con	to know about the latest facts, information, and products in a particular area	It's hard to keep up with all the changes in computer technology.	60
pass something on	phr v	pɑ:s 'sʌmθɪŋ ɒn	etw weitergeben, vererben	transmettre	trasmettere	to give something to your children through your genes	My mother passed on her poor eyesight to me.	-
stick to (a routine)	phr v	stɪk tu: (ə ru:'ti:n)	sich (an eine Routine) halten	s'en tenir à (une routine)	seguire (una routine)	to keep using or doing one particular thing and not change to anything else	Reporters should stick to investigating the facts.	65
take on	phr v	teɪk ɒn	auf sich nehmen	assumer, prendre en charge	assumersi	to acquire or be burdened with something	It was surprising that he took on his brother's problems.	-
anaesthetic	n	ˌænəs'θetɪk	Narkose	anesthésique, anesthésiant	anestesia	a drug that stops you feeling pain	The operation will have to be done under anaesthetic.	77
aversion	n	ə'vɜ:ʃən	Abneigung	aversion	avversione	a strong dislike of something or someone	Despite his aversion to publicity, Arnold was persuaded to talk to the press.	81
circuit/circuitry	n	'sɜ:kɪt/'sɜ:kɪtri	Schaltkreis, Schaltschema	circuit/système de circuits	circuiti/circuito	electrical connections	The circuitry in the human brain is extremely complicated.	-
commodity	n	kə'mɒdəti	Handelsware, Rohstoff	marchandise, produit	merce, materia prima	a product that is bought and sold	Land is an extremely valuable commodity.	72
cotton wool	n	'kɒtn wʊl	Watte	coton, ouate	ovatta, cotone	a soft mass of cotton, used for cleaning the skin, wounds etc	She put some disinfectant on a piece of cotton wool and cleaned the cut.	72
detour	n	'di:tʊə	Umweg	détour	deviazione	a way of going from one place to another that is longer than the usual way	We took a detour to avoid the town centre.	78
loop	n	lu:p	Schleife	boucle	cappio, laccio	a shape like a circle in a piece of wire, string etc	A loop of wire held the gate shut.	64
occupant	n	'ɒkjʊpənt	Bewohner/in	occupant/e	abitante	someone who lives in a house, room etc	The furniture had been left by the previous occupants.	75
octave	n	'ɒktəv	Oktave	octave	ottava	the range of musical notes between the first note of a scale and the last one	Bill had a voice that was nearly an octave higher than Ben's.	83
pitch	n	pɪtʃ	Tonlage	hauteur (d'un ton)	altezza del suono	how high or low a note or other sound is	The same symphonies were sung repeatedly at a number of different pitches.	71
suffrage	n	'sʌfrɪdʒ	Wahlrecht	droit de vote	diritto di voto	the right to vote in national elections	Suffrage reforms took place in the 18th, 19th and 20th centuries.	82
vapour	n	'veɪpə	Dampf	vapeur	vapore	a mass of very small drops of a liquid which float in the air, for example because the liquid has been heated	If there's too much water vapour, you should wipe off the glass with a paper towel.	76
doubtless	adj	'daʊtləs	zweifellos	sans doute	indubbiamente, senza dubbio	used when saying that something is almost certain to happen or be true	There will doubtless be someone at the party that you know.	75
downside	n	'daʊnsaɪd	Nachteil	inconvenient	lato negativo, svantaggio	the negative part or disadvantage of something	The downside of living here, of course, is that it is expensive.	72
drawback	n	'drɔ:bæk	Nachteil	inconvenient, désavantage	inconveniente, svantaggio	a disadvantage of a situation, plan, product etc	It's a great city – the only drawback is the weather.	73
forego	v	fo:'gəʊ	verzichten auf	renoncer à	cedere, rinunciare	to not do or have something pleasant or enjoyable	Senior board members have offered to forego their annual bonuses this year.	-
meantime	n	'mi:ntaɪm	Zwischenzeit	entre-temps	frattempo	in the period of time between now and a future event, or between two events in the past	The doctor will be here soon. In the meantime, try and relax.	71
never-ending	adj	ˌnevə-'endɪŋ	endlos	interminable	senza fine	seeming to continue for a very long time	Keeping such a big house neat and clean is a never-ending battle.	-
outlook	n	'aʊtlʊk	Aussichten, Perspektive	perspectives	prospettiva, previsione	what is expected to happen in the future	The long-term outlook for the industry is worrying.	75

Wordlist Formula C1

overcome	v	'əʊvə 'kʌm	Überwinden	vaincre	superare, vincere	to successfully control a feeling or problem that prevents you from achieving something	I'm trying to overcome my fear of flying.	68
overview	n	'əʊvəʊvju:	Übersicht	vue d'ensemble	visione d'insieme	a short description of a subject or situation that gives the main ideas without explaining all the details	Before we can consider the details we need to have an overview of the whole situation.	70
ownership	n	'əʊnəʃɪp	Eigentum, Besitz	propriété	proprietà, possesso	the fact of owning something	The company was returned to private ownership in 1990.	71
setback	n	'setbæk	Rückschlag	contretemps	battuta d'arresto, contrattempo	a problem that delays or prevents progress, or makes things worse than they were	Today's result was a major setback for the team.	75
shortcoming	n	'ʃɔ:t kʌmɪŋ	Mangel	défaut	difetto, mancanza	a fault or weakness that makes someone or something less successful or effective than they should be	Critics take pleasure in focusing on shortcomings and ignoring strengths.	80
troublesome	adj	'trʌbəl səm	mühsam, beschwerlich	difficile, ennuyeux	fastidioso, seccante	causing problems, in an annoying way	The negotiations have proven more troublesome than any of us expected.	-
upbeat	adj	'ʌpbɪ:t	fröhlich, optimistisch	optimiste, joyeux	positivo, ottimista	positive and making you feel that good things will happen	I like a story with an upbeat ending.	77
viewpoint	n	'vjʊ: pɔɪnt	Standpunkt, Perspektive	point de vue	punto di vista, prospettiva	a particular way of thinking about a problem or subject	Try and think of it from the child's viewpoint.	71
affectionate	adj	ə'fekʃənət	liebevoll, zärtlich	affectueux	affezionato	showing in a gentle way that you love someone and care about them	Jo is very affectionate towards her little sister.	77
crippling	adj	'krɪplɪŋ	lähmend	paralysant	paralizzante	causing so much damage or harm that something no longer works or is no longer effective	The new regulations will be potentially crippling for the industry.	78
detectable	adj	dɪ'tektəbl	erkennbar, feststellbar	déetectable	rilevabile, rintracciabile	that can be noticed or discovered	There has been no detectable change in the patient's condition.	-
distressing	adj	dɪ'stresɪŋ	erschütternd	pénible, bouleversant	doloroso, sconvolgente	making you feel very upset	The news reports about the famine were very distressing.	76
eligible	adj	'elɪdʒəbəl	berechtigt	éligible	idoneo	someone who is eligible for something is able or allowed to do it, for example because they are the right age	Students on a part-time course are not eligible for a loan.	71
evolutionary	adj	i:'veɪ'lʊ:ʃənəri	evolutionär	évolutionniste	evolutivo	relating to the way in which plants and animals develop and change gradually over a long period of time	The evolutionary path of many species is fascinating.	75
exquisite	adj	'ekskwɪzɪt	vorzüglich, erlesen	magnifique	squisito	extremely beautiful and very delicately made	This sculpture has the most exquisite craftsmanship.	76
fluffy	adj	'flʌfi	flauschig	duveteux, doux	soffice	very light and soft to touch	Look at that fluffy little kitten!	76
heavy-duty	adj	'hevi-'dju:ti	strapazierfähig	ultra-résistant	resistente, robusto	heavy-duty materials, pieces of equipment etc are very strong and not easily damaged	These are large, heavy-duty bags for those who buy a lot of groceries.	81
squeaky	adj	'skwi:ki	piepsig	aigu	stridulo	making very high noises that are not loud	His voice is kind of high and squeaky.	78
stringent	adj	'strɪndʒənt	strikt, zwingend	strict, rigoureux	stringente, rigoroso	a stringent law, rule, standard etc is very strict and must be obeyed	Stringent air quality standards will be imposed on oil companies.	81

Wordlist Formula C1

underlying	adj	ˌʌndəˈlaɪɪŋ	zugrundeliegend	sous-jacent	sottostante	the cause that is the most important, although it is not easily noticed	Stress is the underlying cause of many illnesses.	-
unmanly	adj	ʌnˈmænli	unmännlich	peu virile	poco virile	not thought to be suitable for or typical of a man	I disagree that dancing is an unmanly pursuit.	-
defy	v	dɪˈfaɪ	sich widersetzen, herausfordern	braver, défier	opporsi, sfidare	to refuse to obey a law or rule, or refuse to do what someone in authority tells you to do	It is rare to see children openly defying their teachers.	72
dodge	v	dɒdʒ	ausweichen	éviter, esquiver	schivare	to move quickly to avoid someone or something	He managed to dodge the speeding bicycle.	78
forgo	v	fɔːˈɡəʊ	verzichten auf, ohne auskommen	renoncer à	rinunciare, fare a meno di	to not do or have something pleasant or enjoyable	I had to forgo lunch.	-
peer	v	pɪə	spähen, angestrengt schauen	regarder (fixement)	scrutare, sbirciare	to look very carefully at something, especially because you are having difficulty seeing it	The driver was peering into the distance trying to read the road sign.	73
trigger	v	ˈtrɪɡə	auslösen	déclencher	innescare	to make something start to happen	Some people find that certain foods trigger their headaches.	70
deprivation	n	ˌdeɪprɪˈveɪʃən	Entzug, Mangel	manque	privazione	the lack of something that you need in order to be healthy, comfortable, or happy	Sleep deprivation can result in memory loss and concentration problems.	75
drop off	v	dɹɒp ɒf	einnicken	s'assoupir	appisolarsi	to go to sleep	She kept dropping off for a few minutes, before waking with a start.	64
hypersomnia	n	ˌhaɪpəˈsɒmniə	Schlafsucht, Hypersomnie	hypersomnie	ipersonnia	a sleep disorder in which someone sleeps for very long periods and is always very tired during the day	My hypersomnia is really making it difficult for me to function normally.	-
nap	n/v	næp	Nickerchen, Kurzschlaf	somme, sieste	riposino	a short sleep, especially during the day	I usually take a nap after lunch.	73/80
nocturnal	adj	nɒkˈtʃ:nl	nachtaktiv	nocturne	notturmo	being active or happening at night rather than during the day	Hamsters are nocturnal creatures.	79
restorative	adj	rɪˈstɔːrətɪv	erholsam	revigorant, revitalisant	riposante	making you feel healthier or stronger	He's a great believer in the restorative power of short naps.	-
shut-eye	n	ˈʃʌt-aɪ	Schlaf, Nickerchen	petite somme, sieste	dormita	sleep	You look exhausted. Try to get some shut-eye on the train.	-
tuck someone up	v	tʌk ˈsʌmʍʌn ʌp	jdn ins Bett bringen	coucher qn	mettere a letto qn	to make someone comfortable in bed by arranging the sheets around them	Could you please go tuck Lisa up and sing her a lullaby?	-
wind down	v	wɪnd daʊn	sich entspannen	se détendre	rilassarsi	to rest and relax after a lot of hard work or excitement	I find it difficult to wind down after a hard day at work.	71
bark an order	phr	bɑːk ən ˈɔːdə	einen Befehl bellen, anherrschen	aboyer des commandes	abbaiare ordini	to tell someone to do something in a loud angry voice	The coach was running up and down the pitch barking orders at his team.	81
be in good company	phr	biː ɪn gud ˈkʌmpəni	in guter Gesellschaft sein	ne pas être seul	essere in buona compagnia	if you say that someone is in good company, you mean that they should not be ashamed of a mistake or opinion, because it is shared by many others, or by someone important or successful	'I can't play tennis – I'm hopeless at it!' 'Oh well, you're in good company.'	-
for the time being	phr	fɔː ðə taɪm ˈbiːɪŋ	bis auf Weiteres, erst einmal	pour le moment	per il momento, per ora	for a short period of time, but not permanently	You can stay here for the time being.	68

Wordlist Formula C1

glimmer of hope	phr	'glɪməʳ ðv həʊp	Hoffnungsschimmer	lueur d'espoir	barlume di speranza	a small sign of hope	This month's sales figures offer a glimmer of hope for the depressed economy.	-
it got me thinking	phr	ɪt ɡɒt mi 'θɪŋkɪŋ	das hat mich zum Nachdenken angeregt	il m'a fait réfléchir	mi ha dato da pensare	it made me think	After seeing the news it got me thinking whether I should go on holiday or not.	-
no takers?	phr	nəʊ 'teɪkəz	Keiner interessiert?	pas de preneur/-euse?	non vuole nessuno?	if there are no takers for something, no one accepts or is willing to do what is being asked	Would anybody like to go with me to the shop? No takers?	-
on a practical note	phr	ɒn ə 'præktɪkəl nəʊt	praktisch gesehen	d'un point de vue pratique	da un punto di vista pratico	speaking in a practical way	On a practical note, we don't really have to follow every rule.	-
run in families	phr	rʌn ɪn 'fæmɪlɪz	erblich sein	être héréditaire	essere di famiglia	if something such as a quality, disease, or skill runs in the family, many people in that family have it	We're all ambitious – it seems to run in the family.	65
spark an idea	phr	spɑ:k ən əɪ 'dɪə	einen Gedanken zünden	inspirer une idée	accendere un'idea	to initiate or be the impetus of an idea	When I'm stuck, my notes usually spark an idea and that gets me writing again.	77
summon up the courage	phr	'sʌməŋ ʌp ðə 'kʌrɪdʒ	allen Mut zusammennehmen	rassembler le courage	trovare il coraggio	if you summon up your courage, strength etc, you try to be brave, strong etc even though it is difficult	Ruth took a deep breath, summoned up her courage, and told him the truth.	80
the heart of the problem	phr	ðə hɑ:t ðv ðə 'prɒbləm	der Kern des Problems	le cœur du problème	il fulcro del problema	the most central and important part of a problem	After two hours of tinkering with your computer, I think I've gotten to the heart of the problem.	-
Extra vocabulary								
know-it-all	n	'nəʊ ɪt ɔ:l	Alleswisser, Besserwisser	Monsieur/Madame je-sais-tout	sapientone	someone who behaves as if they know everything	OK, if you're such a know-it-all, you try and do it, then.	82
counterpart	n	'kaʊntəpɑ:t	Gegenpart	équivalent	controparte	someone or something that has the same job or purpose as someone or something else in a different place	Belgian officials are discussing this with their French counterparts.	77
guideline	n	'gaɪdlaɪn	Richtlinie, Leitlinie	ligne directrice	linea guida	rules or instructions about the best way to do something	This chapter gives you some guidelines to help you in your work.	62
spokesperson	n	'spəʊks.pɜ:sən	Sprecher/in	porte-parole	portavoce	someone who has been chosen to speak officially for a group, organisation, or government	A spokesperson for the company read a prepared statement to the waiting reporters.	68
workshop	n	'wɜ:kʃɒp	Workshop	atelier	workshop	a meeting where people learn about a particular subject by discussing their experiences and doing practical exercises	Staff attended a two-day training workshop on basic PR techniques.	64
breakdown	n	'breɪkdaʊn	Störung, Zusammenbruch	rupure, panne	rottura, fallimento	the failure of a relationship or system	The misunderstanding was the result of a communication breakdown.	68
strike without warning	phr	straɪk wɪ ðəʊt 'wɔ:nɪŋ	ohne Vorwarnung eintreten	frapper sans avertir	avvenire senza avvertimento	to happen without warning	The power outage struck the town without warning.	-
halo	n	'heɪləʊ	Lichthof	auréole	alone, aureola	a circle of light or something bright	If you look through this glass, you can see a halo of sunlight.	-
chirp	n	tʃɜ:p	zwitschern	gazouiller	cinguettare	the short high sound of a bird or insect	She was looking out the window and heard several bird chirps.	83
moped	n	'məʊpəd	Moped	mobylette	motorino	a small two-wheeled vehicle with an engine	It would be much easier to go around the city on a moped than in a car.	81
Extended vocabulary								

Wordlist Formula C1

actively involved	adv + adj coll	'æktivli in'vɒlvd	aktiv miteinbezogen	activement impliqué	attivamente coinvolto	involved in a way that involves doing things or taking part in something	Parents must be actively involved in their children's education.	72
deeply offended	adv + adj coll	'di:pli ə'fendɪd	tief gekränkt	profondément offensé	profondamente offeso	insulted or upset by someone's behaviour or remarks to a very high degree	Stella was deeply offended when she was not invited to Mona's birthday party.	66
painfully shy	adv + adj coll	'peɪnfuli ʃaɪ	äußerst schüchtern	terriblement timide	terribilmente timido	extremely nervous and embarrassed about meeting and speaking to other people, especially people you do not know	She was painfully shy as a child.	77
readily available	adv + adj coll	'redɪli ə'veɪləbəl	leicht erhältlich	facilement accessible	prontamente disponibile	quickly and easily available	The information is readily available on the internet.	67
sorely missed	adv + adj coll	'sɔ:li mɪst	schmerzlich vermisst	qui manque grandement	qn/qc ci manca molto	missed very much	You'll be sorely missed by everyone here, and we wish you success in your new job.	-
strictly forbidden	adv + adj coll	'strɪktli fə'bɪdn	streng verboten	strictement interdit	severamente vietato	not allowed according to a rule, law, or custom	The use of mobile phones in the library is strictly forbidden.	75
strongly opposed	adv + adj coll	'strɒŋli ə'pəuzd	entschieden dagegen	fermement opposé	fortemente contrario	definitely believing that something is wrong and should not be allowed	She's strongly opposed to any changes to the current legislation.	82
vaguely familiar	adv + adj coll	'veɪgli fə'mɪliə	vage bekannt	vaguement familier	vagamente noto	slightly or distantly familiar	There was something vaguely familiar about him that I couldn't quite put my finger on.	78