

Gold First

Wordlist English / German / French / Italian

Page	Act.	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
Unit 1								
6	1	live	adj	laɪv	live (Konzert)	sur scène	dal vivo	He prefers going to a live concert instead of listening to the album at home.
6	1	gig	n	ɡɪɡ	Auftritt, Gig	concert (de rock), engagement	concerto	The band are doing a gig in Sheffield on Nov 12.
6	1	fan	n	fæn	Fan	fan	fan	He's a big fan of Elvis Presley.
6	1	particular	adj	pə'ɪkju:lə	bestimmte/r,s, besondere/r,s	particulier	particolare	In this particular case, no one else was involved.
6	2	computer	n	kəm'pjʊ:tə	Computer	ordinateur	computer	The information is stored on the computer.
6	2	DVD	n	di:v'ði:	DVD	DVD	DVD	The film is now on DVD.
6	2	have friends round	phrasal v	hæv 'frendz ,raʊnd	Freunde zu Besuch haben	inviter/avoir des amis chez soi	avvere visite	I had some friends round for dinner last night.
6	2	guitar	n	ɡɪ'tɑ:	Gitarre	guitare	chitarra	Her brother plays the guitar in a band.
6	2	theatre	n	'θi:tə	Theater	théâtre	teatro	We went to the theatre to see <i>The Lion King</i> last week.
6	2	yoga	n	'jəʊɡə	Yoga	yoga	yoga	She does yoga every Monday.
6	4	relax	v	rɪ'læks	entspannen	relâcher, se détendre	rilassare	I just want to sit down and relax for a bit.
6	4	close	adj	kləʊs	nah	proche	vicino	My brother and I are very close.
7	5	tend	v	tend	neigen zu	avoir tendance à	tendere a	People tend to need less sleep as they get older.
7	5	switch off	phrasal v	swɪtʃ 'ɒf	abschalten	déconnecter	distrarsi, riposarsi	I switch off by listening to music.
7	7	bring up	phrasal v	bɪŋɡ 'ʌp	großziehen	élever	allevare	He was brought up by his grandparents.
7	7	activity	n	æk'tɪvəti	Aktivität, Unternehmung	activité	attività	My free time activities include hiking and climbing.
7	9	vary	v	'veəri	(sich) verändern	varier, changer	variare, cambiare	My taste in music varies, depending on my mood.
8	2	subculture	n	'sʌb,kʌltʃə	Subkultur	sous-culture	sottocultura	The article is about music subcultures.
8	2	like-minded	adj	laɪk'maɪndəd	gleichgesinnt	dans les mêmes dispositions, du même avis	con la stessa mentalità	The festival was a chance to meet like-minded people.
8	2	bond	v	bɒnd	sich zusammentun	s'attacher à, créer des liens entre	unirsi	New mothers need time to bond with their babies.
8	2	on its way out	n phrase	ɒn its 'weɪ ,aʊt	im Begriff, unmodern zu werden	en voie d'extinction	scomparire	I think buying music on CD is on its way out - I download everything now.
8	2	average	adj	'ævərɪdʒ	durchschnittlich	moyen,ne	mediocre	He's an average student.
8	2	reaction	n	rɪ'ækʃən	Reaktion	réaction	reazione	What was Jeff's reaction when you told him about the job?
8	2	impression	n	ɪm'preʃən	Eindruck	impression	impressione	I got the impression that she wasn't very happy with her job.
8	2	behaviour	n	bɪ'haɪvjə	Verhalten	comportement	comportamento	It is important to reward good behaviour.
8	2	base something on	phrasal v	'beɪs ,sʌmθɪŋ ɒn	sich auf etwas gründen	se fonder sur qc./être basé sur	basarsi su qc	Their impressions were based on the clothes they wore.
8	2	mod	n	mɒd	Mod (Kurzform für "Modernist"; Anhänger einer bestimmten Lebensform im England der 1960er-Jahre)	les "Mods" (Modernistes)	"mod" è la abbreviazione per "modernista"	The mods used to listen to soul music.
8	2	style-conscious	adj	ˌstɑɪl 'kɒnʃəs	stilbewusst	branché	essere conscio di stile/alla moda	The style-conscious mods of the 1960s dressed very neatly.
8	2	roam around	v phrase	rəʊm ə'raʊnd	herumstreifen, herumstromern	rôder, vadrouiller	vagare per	The dogs are allowed to roam around.
8	2	scooter	adj	'sku:tə	Motorroller	scooter	motorino	The mods rode around on their scooters.
8	2	passing	adj	'pɑ:sɪŋ	vorbeifahrend, vorbeikommend	qui passe/nt	che passa	Michael watched the passing cars.
8	2	rocker	n	'rɒkə	Rocker	rocker	rockettaro	The rockers used to fight with the mods.
8	2	identify	v	aɪ'dentɪfaɪ	identifizieren	identifier	identificare	The aircraft were identified as American.
8	2	grease	v	ɡri:s	Pomade od. Haargel auftragen, gelen	graisser les cheveux	lubrificare	The rockers used to grease their hair.

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8	2	punk	n	pʌŋk	Punk	punk	punk	Punks would dye their hair pink.
8	2	terrorise	v	'terərəɪz	erschrecken, Angst einflößen	terroriser	terrorizzare	My dog likes terrorising rabbits when we go out on walks.
8	2	granny	n	'græni	Großmutter, Oma	mamie	nonna	My granny made me this jumper.
8	2	come across	phrasal v	kʌm ə'krɒs	wirken, Eindruck vermitteln	apparaître comme qn. de	dare l'impressione, emergere	He comes across as a very intelligent sensitive man.
8	2	be associated with	v phrase	bi: ə'səʊʃieɪtəd wɪð	in Verbindung gebracht werden	être associé à	associarsi	There are some problems associated with this type of treatment.
8	2	cultural	adj	'kʌltʃərəl	kulturell	culturel,le	culturale	There are very real cultural differences between our two societies.
8	2	tribe	n	traɪb	Gruppe, Gruppierung	groupe, groupement	gruppo	Tribes today are looser and broader than before.
8	2	loose	adj	lu:s	locker	lâche	libero, leggero	The tribes today are looser than before.
8	2	broad	adj	brɔ:d	breiter aufgestellt; weiter gefasst	le plus large possible	vasto	The show aims to reach the broadest possible audience.
8	2	access	v	'ækses	zugreifen auf	accéder à	accedere	Music is accessed very differently these days.
8	2	stream	v	stri:m	streamen (Internet)	écouter en ligne	stream (Internet)	Today records are streamed or downloaded.
8	2	download	v	'daʊn'ləʊd	herunterladen	télécharger	scaricare	The games can be downloaded free from the internet.
8	2	explore	v	ɪk'splɔ:	entdecken	explorer	esplorare	Nowadays it is easy to explore all kinds of music.
8	2	openness	n	'əʊpənəs	Offenheit	ouverture (d'esprit)	franchezza	An openness to music is now a natural part of being young.
8	2	observe	v	əb'zɜ:v	beobachten	observer	osservare	Scientists have observed a drop in ozone levels.
8	2	participate	v	pa:'tɪsəpeɪt	teilhaben, teilnehmen	participer	partecipare	Some members refused to participate.
8	2	pride	n	praɪd	Stolz	fierté	orgoglio	He wore his medals with pride.
8	2	aggression	n	ə'greɪʃən	Aggression	agression	aggressione	Television violence can encourage aggression in children.
8	2	statement	n	'steɪtmənt	Aussage, Erklärung	déclaration	dichiarazione	The type of car you drive makes a statement about you.
8	2	odd	adj	ɒd	seltsam	bizarre	strano	It was an odd thing to say.
8	2	aspect	n	'æspekt	Aspekt	aspect	aspetto	He believes that the political aspect was exaggerated.
8	2	exaggerate	v	ɪg'zædʒəreɪt	übertreiben	exagérer	esagerare	It's difficult to exaggerate the importance of sleep.
8	2	desire	n	dɪ'zaɪə	Wunsch, Verlangen	désir	desiderio	She expressed a desire to visit us.
8	2	mass	adj	mæs	massen-	de masse, en masse	di massa	Email has made mass mailings possible at the touch of a button,
8	2	underground	adj	'ʌndəgraʊnd	underground (Musik)	underground	underground (musica)	The most underground metal or hip-hop can be found not just on the internet.
8	2	metal	n	'metl	Metal (Musik)	metal	metal (musica)	He likes listening to heavy metal music.
8	2	hip-hop	n	'hɪphɒp	Hip-hop (Musik)	hip-hop	hip-hop (musica)	The kids in the area are all into hip-hop.
8	2	restricted to	adj	ri'strɪktəd tə	begrenzt auf	limité à	limitato a	The biggest change to pop tribes is that they are no longer restricted to young people.
8	2	audience	n	'ɔ:diəns	Publikum	le public	pubblico	The show attracts a regular audience of about 20 million.
8		powerful	adj	'paʊəfəl	stark, kräftig	puissant	potente, forte	Their motorbikes were very powerful.
9	4	expand	v	ɪk'spænd	sich ausdehnen, größer werden	se développer	espandersi	Sydney's population expanded rapidly in the 1960s.
9	4	consequence	n	'kɒnsəkwəns	Folge, Konsequenz	conséquence	conseguenza	Many believe that poverty is a direct consequence of overpopulation.
9	4	mainstream	n	'meɪnstri:m	Hauptströmung, Mainstream	le courant dominant	mainstream	All kinds of music are now found in the mainstream.
9	4	make up for	phrasal v	meɪk 'ʌp fə	kompensieren, wiedergutmachen	compenser, pallier	compensare	I'll buy you dinner to make up for being late.
9	4	taste	n	teɪst	Geschmack	goût	gusto	He asked about my taste in music.
9	4	stage	n	steɪdʒ	Stadium	stade, phase	stadio	He's doing really well at this stage in his career.
9	4	adulthood	n	'ædʌlθud	Erwachsenenalter	âge adulte	età adulta	It's a stage people go through before adulthood.

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9	4	experience	v	ik' spɪəriəns	verspüren, erfahren	éprouver	subire	If you experience any fever or dizziness, contact your doctor.
9	4	track	n	træk	Musikstück	morceau	brano	There are ten great tracks on their new album.
9	4	cassette	n	kə'set	Kassette	cassette	cassetta	My parents used to listen to music on cassettes.
9	4	lack	n	læk	Fehlen, Abwesenheit	manque	mancanza	There is a lack of information available about climate change.
9	4	visible	adj	'vɪzəbəl	sichtbar	visible	visibile	The outline of the mountains was clearly visible through the window.
9	4	overlap	v	ˌəʊvə'læp	sich überschneiden	coïncider	sovrapporre	Youngsters are finding that their music taste overlaps with their parents'.
9	4	rebellious	adj	rɪ'beljəs	rebellisch	rebelle	ribelle	All teenagers are rebellious in some way.
10	1	overtime	n	'əʊvətɑɪm	Überstunden	heures supplémentaires	straordinario	We're working overtime to get the job finished.
10	1	editor	n	'edətə	Redakteur/in	rédacteur/trice	redattore	The music editor is on sick leave this week.
10	1	sick leave	n	'sɪk li:v	Urlaub wegen Krankheit	congé de maladie	essere in malattia	I'm going on leave this afternoon, I'll be back next week.
10	3	appear	v	ə'piə	scheinen, scheinbar etw. tun	paraître	sembrar essere	It appears to be time for us to go.
10	3	appear	v	ə'piə	auftreten	apparaître	apparire	She has already appeared in a number of films.
10	3	think about	v	θɪnk ə'baʊt	überlegen, über etw. nachdenken	penser à	pensare a	I think about my ex-boyfriend a lot.
10	3	think	v	θɪnk	glauben, denken	penser	pensare, credere	I think you're being unfair.
10	3	depend on somebody	phrasal v	dɪ'pend ɒn ˌsʌmbɒdi	auf jemanden angewiesen sein	dépendre de qn.	dipendere da qu	I'm depending on him to organise everything.
10	3	depend on	phrasal v	dɪ'pend ɒn	abhängen von	dépendre de	dipendere da	Choosing the right bike depends on what you want to use it for.
10	3	taste	v	teɪst	schmecken	avoir un goût	sapere di	This cake tastes delicious, well done!
10	3	taste	v	teɪst	kosten von, probieren	goûter	assaggiare	Joe's tasting the soup.
11	1	take off	phrasal v	teɪk 'ɒf	Schwung bekommen, abheben	décoller	decollare	Mary was a bit jealous when Jack's career started taking off.
11	1	take after	phrasal v	teɪk 'ɑ:ftə	jmd. ähnlich sein	tenir de	assomigliare a qu	Jenni really takes after her mother.
11	1	take up	phrasal v	teɪk 'ʌp	anfangen mit etw.	se mettre à	cominciare	Roger took up painting for a while, but soon lost interest.
11	1	take over	phrasal v	teɪk 'əʊvə	übernehmen (Aufgabe)	prendre le relais de qn.	assumersi	Tom took over after the band's manager left.
11	1	take back	phrasal v	teɪk 'bæk	zurücknehmen	retirer	ritirare	You'd better take back that unkind remark.
11	4	be familiar with	adj phrase	bi: fə'mɪliə wɪð	vertraut sein mit	connaître	avere dimistichezza con qc	Are you familiar with this type of machine?
11	7	promote	v	prə'məʊt	Werbung machen für	faire de la publicité pour	fare pubblicità per	Is this a good way for artists to promote their music?
11	7	drum up	phrasal v	drʌm 'ʌp	die Werbetrommel rühren, Interesse wecken für	susciter	battere la grancassa/fare grande pubblicità di qc	The organisation is using the event to drum up new business.
11	7	session	n	'seʃən	Sitzung, Session	session	session (musica)	Josh Freese is a very successful session drummer based in Los Angeles.
11	7	unique	adj	ju:'ni:k	einzigartig	unique	unico	Every person's fingerprints are unique.
11	7	sell out	phrasal v	sel 'aʊt	restlos verkaufen, ausverkaufen	tout vendre	esaurirsi	Sorry, tickets for tomorrow's show have sold out.
11	7	available	adj	ə'veɪləbəl	erhältlich, verfügbar	disponible	disponibile	Tickets are available from the box office.
11	7	snare drum	n	'sneə drʌm	kleine Trommel, Snare	caisse claire	tamburo	A fan was allowed to take one of Josh Freese's a snare drums home.
11	7	release	v	rɪ'li:s	veröffentlichen, herausbringen	faire sortir	pubblicazione	The new game will be released online in February.
12	1	varied	adj	'veərɪd	abwechslungsreich	varié	vario	My music tastes are quite varied.
12	1	personal	adj	'pɜ:sənəl	persönlich	personnel	personale	Italian food is my personal favourite.
12	1	recommendation	n	ˌrekəmə'n'deɪʃən	Empfehlung	recommandation	raccomandazione	I often discover bands through personal recommendations.
12	3	stuff	n	stʌf	Zeug, Sache	truc(s)	roba	I've got some sticky stuff on my shoe.
12	3	be into something	prep phrase	bi: 'ɪntə ˌsʌmθɪŋ	etw. mögen, auf etw. stehen	aimer qc.	piacere qc	I'm into the same music as my friends.
12	3	mainly	adv	'meɪnli	hauptsächlich	surtout	soprattutto	The workforce at the hospital is mainly made up of women.
12	3	share	v	ʃeə	teilen, austauschen	partager	condividere	The three of us shared a taxi home.
12	3	share files	n phrase	ʃeə faɪlz	Dateien austauschen	partager des fichiers	scambiare file	I don't buy much new music - I just share my friends' files

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12	3	show off	phrasal v	ʃəʊ ˈɒf	angeben, sich wichtig machen	se la péter	vantarsi	He couldn't resist showing off his skills on the tennis court.
12	2/audio	bother	v	ˈbɒðə	sich aus einer Sache etwas machen	s'en faire	importarsene (molto)	I don't usually bother with Twitter or Facebook.
12	2/audio	miss out	phrasal v	mɪs ˈaʊt	verpassen	rater	perdere	Prepare food in advance so you don't miss out on the fun!
12	2/audio	come out	phrasal v	kʌm ˈaʊt	herauskommen	sortir	uscire	Artists will tell you when they've got a song coming out.
12	2/audio	have in common with	n phrase	hæv ɪn ˈkɒmən wɪð	gemeinsam haben mit	avoir en commun	avere qc in comune con qu	I found I had a lot in common with these people.
12	2/audio	sociable	adj	ˈsəʊʃəbəl	gesellig	sociable	socievole	My little brother is quite shy, whereas my older brother's very sociable.
12	2/audio	be obsessed with	v phrase	bɪ: əb ˈsest wɪð	besessen sein von	être obsédé par	avere l'ossessione di qc	A lot of young girls are obsessed with how they look.
12	2/audio	influence	v	ˈɪnfluəns	Einfluss	influence	influenza	Several factors are likely to influence this decision.
12	2/audio	creative	adj	kri ˈeɪtɪv	kreativ	créatif	creativo	I think artists are at their most creative when they are just starting out.
13	2	jazz	n	dʒæz	Jazz	jazz	jazz	My parents used to go to a jazz festival every year.
13	2	insurance broker	n	ɪn ˈʃʊərəns ˌbrəʊkə	Versicherungsmakler	courtier en assurances	broker di assicurazioni	Sarah Collins is an insurance broker.
13	2	at heart	n	æt ˈhɑ:t	im Innersten seines Herzens	au font	nel cuore	Let's face it, we're all romantics at heart.
13	2	fondly	adv	ˈfɒndli	gewogen, mit Zuneigung	affectueuxment, tendrement	affettuosamente	It's a time that I look back on fondly.
13	2	haircut	n	ˈheəkʌt	Haarschnitt	coupe (de cheveux)	taglio di capelli	Punks often had outrageous haircuts.
13	2	personality	n	ˌpɜ:sə ˈnæləti	Persönlichkeit	personnalité, caractère	personalità	Unfortunately, the illness can lead to changes in personality.
13	2	roots	n	ru:ts	Wurzeln	racines	radici, origine	Recently I've decided to return to my punk roots.
13	2	hang around with	phrasal v	hæŋ ə ˈraʊnd wɪð	zusammen sein mit	être avec	frequentare qu	The people I hang around with are much older than me.
14	2	perform	v	pə ˈfɔ:m	aufführen	jouer, chanter	rappresentare	Chenier and the band are performing at the Silver Palace tomorrow.
14	2	extend	v	ɪk ˈstend	verlängern	prolonger	prolungare	Kasabian have extended their tour to include extra dates.
14	2	in advance	n	ɪn əd ˈvɑ:ns	im Voraus	à l'avance	in anticipo	The tickets are expected to sell out far in advance.
14	2	stage	n	steɪdʒ	Bühne	sur scène	palcoscenico	She is on stage for most of the play.
Unit 2								
16	1	characteristic	n	ˌkærəktə ˈrɪstɪk	Eigenschaft	caractéristique	caratteristica	Natural imagery is a defining characteristic of his work.
16	2	change your mind	v phrase	ˈtʃeɪndʒ jə ˌmaɪnd	deine Meinung ändern, es dir anders überlegen	changer d'avis	cambiare idea	He father tried to persuade her to change her mind.
16	4	accurate	adj	ˈækjərət	exakt	exact, précis	preciso, accurato	The guide tries to give a fair and accurate description of each hotel.
16	title	relative	adj	ˈrelətɪv	relativ, jeweilig	relatif	relativo	The relative methods of both approaches have to be considered.
16	title	relative	n	ˈrelətɪv	Verwandte/r	parent / ma famille	parente	I spent the holidays at my relatives' house in the countryside - it was lovely.
17	5	caution	n	ˈkɔ:ʃən	Vorsicht	prudence	cautela, attenzione	We must proceed with caution, and not make hasty decisions.
17	5	comfort	n	ˈkʌmfət	Komfort, Behaglichkeit	confort	comodità	The temperature in the pool was too low for comfort.
17	5	comfortable	adj	ˈkʌmfətəbəl	bequem, komfortabel, gemütlich	confortable	comodo	The bed was so comfortable, I didn't want to get up!
17	5	drama	n	ˈdra:mə	Aufregung, Drama	drame	dramma	Maggie's life is always full of drama.
17	5	dramatic	adj	dra ˈmæɪtɪk	aufregend, dramatisch	dramatique	drammatico	Some of the most dramatic events in American history happened here.
17	5	emotion	n	ɪ ˈmeɪʃən	Gefühl	émotion	emozione, sentimento	Her voice was full of emotion.

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17	5	emotional	adj	ɪ'məʊʃənəl	emotional, gefühlsbetont	émotionnel,le	emotivo, emozionato	She provided emotional support at a very distressing time for me.
17	5	generosity	n	ˌdʒenə'rɒsəti	Großzügigkeit	générosité	generosità	I shall never forget the generosity shown to me by the people of Bataisk, in Russia.
17	5	generous	adj	ˌdʒenərəs	großzügig	généreux	generoso	She's always very generous with birthday presents.
17	5	harm	n	hɑ:m	Schaden, Unheil, Unglück	mal, danger	male	Put that vase on a high shelf, away from harm.
17	5	harmful	adj	'hɑ:mfəl	schädlich	nuisible	nocivo	Smoking is harmful to your health.
17	5	hope	n	həʊp	Hoffnung	espoir	speranza	When I first arrived in New York, I was full of hope for the future.
17	5	meaning	n	'mi:nɪŋ	Bedeutung, Sinn	sens	senso, significato	Her studies no longer seemed to have any meaning.
17	5	pessimist	n	'pesə'mɪst	Pessimist	pessimiste	pessimista	Don't be such a pessimist!
17	5	pessimistic	adj	ˌpesə'mɪstɪk	pessimistisch	pessimiste	essere pessimista	I try not to be too pessimistic.
17	5	prediction	n	pri'dɪkt	Vorhersage	prédiction	pronostico	The data can be used to make useful economic predictions.
17	5	predictable	adj	pri'dɪktəbəl	vorhersehbar, voraussagbar	prévisible	prevedibile	The snow had a predictable effect on traffic.
17	5	reliability	n	rɪ'laɪə'bɪləti	Verlässlichkeit, Zuverlässigkeit	fiabilité	attendibilità, fidezza	Reliability is the first quality I look for when choosing a new car.
17	5	reliable	adj	rɪ'laɪəbəl	zuverlässig	fiable	fidato, attendibile	My uncle was a quiet and reliable man.
17	5	sympathy	n	'sɪmpəθi	Mitgefühl	compassion	comprensione, compassione	I have a lot of sympathy for her; she had to bring up the children on her own.
17	5	sympathetic	adj	ˌsɪmpə'θetɪk	mitfühlend	sympathique	compassionevole	She is a sympathetic friend.
17	5	love	n	lʌv	Liebe	amour	amore	What these kids need is love and support.
17	5	lovable	adj	lʌvəbəl	liebenswert	adorable	adorabile, amabile	She's such a lovable child.
17	8	oversimplify	v	ˌəʊvə'sɪmpləfaɪ	stark vereinfachen	simplifier à l'excès	semplificare troppo	I don't want to oversimplify the situation.
17	8	sum somebody up	phrasal v	sʌm ˌsʌmbɒdi ʌp	jmd. mit einem Wort beschreiben	faire le portrait de qn.	caratterizzare	I can sum him up in one sentence: He loves to have fun.
17	8	outlook	n	'aʊtlʊk	Einstellung	conception, vue	atteggiamento	He's got a wonderful outlook on life.
17	8	inconsistent	adj	ˌɪnkən'sɪstənt	uneinheitlich	inconsistant	incoerente	The team's performance has been so inconsistent this season.
17	8	contradictory	adj	ˌkɒntrə'dɪktəri	widersprüchlich	contradictoire	contraddittorio	The public is being fed contradictory messages about the economy.
17	8	thrill-seeker	n	'θrɪlˌsi:kə	Abenteuerlustige/r	casse-cou	persona avventurosa	The park's new roller coaster will please thrill-seekers.
17	8	neatly	adv	ni:tli	säuberlich, ordentlich	soigneusement	accuratamente	People cannot be neatly divided into personality types.
17	8	alter	v	'ɔ:ltə	sich verändern	changer	cambiare	Our friendship hasn't altered much over the years.
17	8	misconception	n	ˌmɪskən'sepʃən	Missverständnis, falsche Vorstellung	idée fausse	idea sbagliata, malinteso	There is a popular misconception that too much exercise is bad for you.
18	1	ideal	adj	ˌaɪ'diəl	ideal	idéa	ideale	What do you think is the ideal number of children in a family?
18	1	sibling	n	'sɪblɪŋ	Geschwister	frère et/ou soeur	fratello, sorella	I'm an only child - I don't have any siblings.
18	4	competitive	adj	kəm'petətɪv	wetteifernd, konkurrenzfähig	qui a l'esprit de compétition	competitivo	He is a very competitive person.
18	4	jealousy	n	'dʒeləsi	Eifersucht	jalousie	gelosia	Polly felt a sharp pang of jealousy when she saw Paul with Suzanne.
18	4	combination	n	ˌkɒmbə'neɪʃən	Kombination	combination	combinazione	A combination of tact and authority was needed to deal with the situation.
18	5/audio	encourage	v	ɪn'klɪdʒ	ermutigen	encourager	incoraggiare	Fleur encouraged Dana in her ambition to become a model.
18	5/audio	take seriously	adv phrase	teɪk 'sɪəriəsli	ernst nehmen	prendre au sérieux	prendere qc sul serio	It's only a joke - don't take it seriously.
18	5/audio	pressure	n	'preʃə	Druck	pression	pressione	The minister was under pressure to resign.
18	5/audio	treat	v	tri:t	behandeln	traiter	trattare	She treats me like one of the family.
18	5/audio	impact	n	'ɪmpækt	Auswirkungen	impact	impatto, effetto	We need to assess the impact of climate change.
18	5/audio	wise	adj	wɪz	klug	sage	saggio	I think you were wise to leave when you did.
19	2	depressed	adj	dɪ'prest	deprimiert	déprimé	depresso	She felt lonely and depressed.
19	3	enormous	adj	ɪ'nɔ:məs	riesig	énorme	enorme	They gave her an enormous bunch of flowers.

Page	Act.	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
19	3	terrified	adj	'terəfəɪd	sehr große Angst habend	terrifié	temere, avere paura di	Sid is terrified of heights.
19	3	exhausted	adj	ɪg'zɔːstəd	erschöpft	épuisé	esausto	I was exhausted by the end of the journey.
19	3	brilliant	adj	'brɪljənt	brillant, großartig	brillant	brillante, geniale	We think that's a brilliant idea.
19	3	furious	adj	'fjʊəriəs	wütend	furieux	furioso	Her family are furious that her name has been published by the press.
19	6	judge	v	dʒʌdʒ	beurteilen	juger	giudicare	You should never judge a person by their looks.
20	1	gifted	adj	'gɪftəd	begabt	doué	di talento	She was an extremely gifted poet.
20	4	mixed feelings	adj phrase	mɪksɪt 'fiːlɪŋz	gemischte Gefühle	sentiments contradictoires	sentimenti contrastanti	I had mixed feelings about meeting Laura again.
20	4	sibling rivalry	n	'sɪblɪŋ 'raɪvəlri	Geschwisterrivalität	la rivalité entre frères/frère et soeur	rivalità fra fratelli (e sorelle)	A bit of sibling rivalry is completely normal.
20	4	label	v	'leɪbəl	etikettieren, bezeichnen	étiqueter	etichettare	The college had unjustly labelled him a troublemaker.
20	4	efficient	adj	ɪ'fɪjənt	effizient	efficace	efficiente	What is the most efficient way to organise the project?
20	4	admire	v	əd'maɪə	bewundern	admirer	ammirare	I really admire the way he brings up those kids on his own.
20	4	determination	n	dɪ'tɜːmə'neɪʃən	Entschlossenheit	détermination	risolutezza	Yuri shows great determination to learn English.
21	2	coach	n	kəʊtʃ	Trainer, Privatlehrer, Coach	entraîneur/euse	allenatore	My swimming coach is fantastic - I've improved so much this year.
21	2	protective	adj	prə'tektɪv	beschützend	protecteur	protettivo	He's very protective of his younger brother.
21	2	look up to	phrasal v	lʊk 'ʌp tə	aufsehen zu jmd.	admirer	ammirare qu	I've always looked up to Bill because of his courage and determination.
21	2	capable	adj	'keɪpəbəl	fähig	capable de	essere capace di	I don't think he's capable of carrying all those boxes.
21	2	arty	adj	'ɑːti	künstlerisch (begabt)	artiste	con pretese artistiche	My cousin is very arty - he loves to paint, draw and sculpt.
21	2	conventional	adj	kən'venʃənəl	konventionell	conventionnel	convenzionale	He is conventional in his approach to life.
21	2	set your heart on	n phrase	'set jə 'hɑːt ɒn	sich etwas in den Kopf setzen	se fixer de	mettersi in testa	She had set her heart on becoming a hairdresser.
21	2	desperately	adv	'despərətli	unbedingt, verzweifelt	impérativement	in ogni caso, assolutamente	I desperately wanted to act too.
21	2	courage	n	'kʌrɪdʒ	Mut	courage	coraggio	Gradually I lost the courage to speak out about anything.
21	2	make it	v	'meɪk ɪt	etwas schaffen	arriver à qc	riuscirci, farcela	If we run, we should make it before the show starts.
21	2	talented	adj	'tæləntəd	talentiert, begabt	doué	dotato di talento	Her brother is a talented actor.
21	2	novelist	n	'nɒvələst	Romanautor	romancier/ière	romanziera	John Grisham is a very successful novelist.
21	2	broadcaster	n	'brɔːdkɑːstə	Radiosprecher	journaliste de radio	conduttore televisivo	Will Self is a famous novelist and broadcaster.
21	2	get rid of	adj	get 'rɪd əv	etw. loswerden	se débarrasser de qc.	sbarazzarsi di qc/qu	It's time we got rid of all these old toys.
21	2	turn up	phrasal v	tɜːn ʌp	auftauchen, ankommen	venir, arriver	comparire, arrivare	Steve turned up late, as usual.
21	2	value	v	'væljuː	wertschätzen	apprécier	valutare	Shelly valued her privacy.
21	2	intellect	n	'ɪntələkt	Intellekt	intelligence	intelletto	I've always admired her intellect and her ability to speak her mind.
21	2	incredible	adj	ɪn'kredəbəl	unglaublich	incroyable	incredibile	The view is just incredible.
21	2	establish yourself	v	ɪ'stæblɪʃ jɔː'self	sich durchsetzen, eine Position einnehmen	s'établir	imporsi	He had three years in which to establish himself as Prime Minister.
21	2	the public eye	adj	ðe 'pʌblɪk aɪ	im Blick der Öffentlichkeit	exposé à l'opinion publique	sotto l'occhio del pubblico	I would hate to have a job in the public eye, I'm far too shy.
21	2	cheque	n	tʃek	Scheck	chèque	chèque	They sent me a cheque for £100.
21	2	rescue	v	'reskjʊː	retten	sauver	salvare	Survivors of the crash were rescued by helicopter.
21	2	underground	n	'ʌndəgraʊnd	U-Bahn	métro	metropolitana	She got lost on the underground.
21	2	mature	adj	mə'tjʊə	reif, erwachsen	adulte	matturo	Cara still can't accept that I'm now a mature woman with children.
21	2	sort out	phrasal v	sɔːt 'aʊt	ordnen	ranger	sistemare	We need to sort out our camping gear before we go away.
21	2	filing	n	'faɪlɪŋ	Ablage, Akten	classement	schedatura	We need to sort out the filing system.
21	2	get away	phrasal v	get ə'weɪ	loskommen von	s'enfuir	andarsene	I just wanted to get away from everything.
21	2	founder	n	'faʊndə	Gründer	fondateur/trice	fondatore	Rupert Young is the founder of a charity.

Page	Act.	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
21	2	depression	n	dɪˈpreʃən	Depression	dépression	depressione	Lucy has suffered from depression in the past, but counselling has helped her a lot.
21	2	give up	phrasal v	ɡɪv ˈʌp	aufgeben	quitter	rassegnarsi	I give up: tell me what the answer is.
21	2	tearaway	n	ˈteərəweɪ	Rabauke	casse-cou	teppista	His car was wrecked by a couple of young tearaways.
21	2	self-conscious	adj	ˌself ˈkɒnʃəs	befangen, gehemmt, schüchtern	conscient de sa personne etc	imbarazzato	Jerry's pretty self-conscious about his height.
22	4	regret	v	rɪˈɡret	bereuen	regretter	pentirsi di	Don't do anything you might regret.
22	4	upset	adj	ˌʌp ˈset	aufgebracht	contrarié	adirato	Anna looks upset - have you spoken to her this evening?
22	4	on tour	n	ɒn ˈtuə	auf Tournee	en tournée	essere in tournée	The Moscow Symphony Orchestra is here on tour.
22	4	split up	phrasal v	splɪt ˈʌp	sich trennen	se séparer	separarsi da qu	Steve's parents split up when he was four.
22	4	supportive	adj	sə ˈpɔːtɪv	unterstützend, eine Stütze seiend	d'un grand secours	dare aiuto/supporto	My family were very supportive throughout my illness.
22	2/audio	scary	adj	ˈskeəri	unheimlich	effrayant	spaventoso	The book is both scary and funny.
22	2/audio	cute	adj	kju:t	süß, niedlich	mignon	carino	That's really cute outfit.
22	2/audio	get on	phrasal v	ɡet ˈɒn	zurechtkommen	bien s'entendre	andare d'accordo	I've always got on well with Henry.
22	2/audio	be worth doing	prep phrase	bi: ˈwɜːθ ˈduːɪŋ	es wert sein, etwas zu tun	valoir	valere la pena	A lot of the small towns in this area are worth visiting.
22	2/audio	argumentative	adj	ˌɑːɡjə ˈmentətɪv	streitlustig	argumentateur	litigioso, polemico	He quickly becomes argumentative after a few drinks.
22	2/audio	step-father	n	ˈstepfɑːðə	Stiefvater	beau-père	patrigno	My step-father has three daughters.
23	3	convinced	adj	kən ˈvɪnst	überzeugt	convaincu	convinto	I was convinced that we were doing the right thing.
23	2/audi	inspirational	adj	ˌɪnspə ˈreɪʃənəl	inspirierend	inspirateur	ispirante	Jones is an inspirational figure in Welsh rugby.
23	2/audio	patient	adj	ˈpeɪʃənt	geduldig	patient	paziente	You'll just have to be patient and wait until I'm off the phone.
24	1	accommodation	n	ə ˌkɒmə ˈdeɪʃən	Unterbringung	logement	alloggio	The price for a package holiday includes flights and accommodation.
24	1	placement	n	ˈpleɪsmənt	Vermittlung, Platzierung	placement	collocamento	The centre provides a job placement service.
24	1	appropriate	adj	ə ˈprəʊpri-ət	angemessen, angebracht	approprié	appropriato	It would not be appropriate to discuss this now.
24	1	would be grateful if	adj phrase	wʊd bi: ˈɡreɪtful ɪf	wäre dankbar, wenn	je vous serais reconnaissant de	sarebbe grato se	I'd be grateful if you could send me more details.
24	1	suburb	n	ˈsʌbɜːb	Vorstadt, Stadtrand	banlieue	fuori città, periferia	Don't you get bored living in the suburbs?
24	1	prompt	adj	prɒmpt	unverzüglich	rapide	rapido, pronto	Prompt payment is requested.
25	1	doorstep	n	ˈdoːstep	Türschwelle	seuil	gradinodella porta d'ingresso	He stood on the doorstep, straightening his tie.
157	3	confident	adj	ˈkɒnfədənt	selbstsicher	sûr, confiant	sicuro di sé	Despite her disability, Philippa is very confident.
157	3	independent	adj	ˌɪndə ˈpendənt	unabhängig	indépendant,e	indipendente	Now that my sons are more independent, I have more time for myself.
157	3	shy	adj	ʃaɪ	schüchtern, scheu	timide	timido	He was a quiet, shy man.
157	3	organised	adj	ˈɔːɡənəɪzd	gut organisiert	organisé	ben' organizzato	He is a very organised person.
157	3	practical	adj	ˈpræktɪkəl	praktisch	pratique	pratico	I try to be practical when planning business trips.
157	3	in charge	n phrase	ɪn ˈtʃɑːdʒ	verantwortlich	responsable	responsabile	He asked to speak to the person in charge.
157	3	spontaneous	adj	spɒn ˈteɪniəs	spontan	spontané	spontaneo	The crowd gave a spontaneous cheer.
157	3	deadline	n	ˈdedlaɪn	Frist	délai	scadenza	He missed the deadline for applications.
157	3	imaginative	adj	ɪ ˈmædʒənətɪv	mit viel Fantasie	plein d'imagination	creativo, con fantasia	I like people who are imaginative.
157	3	focus	v	ˈfəʊkəs	sich konzentrieren auf	concentrer	focalizzare	He needs to focus more on his career.
157	3	thoughtful	adj	ˈθɔːtfəl	aufmerksam, umsichtig	gentil, prévenant	attento, gentile	It was really thoughtful of you to remember my birthday.
157	3	realistic	adj	rɪə ˈlɪstɪk	realistisch	réaliste	realistico	It's just not realistic to expect a promotion so soon.
157	3	cautious	adj	ˈkɔːsəs	vorsichtig	prudent	cauto	You're too cautious when making decisions.
157	3	argument	n	ɑːɡjəmənt	Streit	dispute	litigio, disputa	She had a big argument with her husband.
Unit 3								
26	1	interest	n	ˈɪntrest	Interesse	intérêt	interesse	Her interests include walking and golf.
26	1	education	n	ˌedʊ ˈkeɪʃən	Bildung	éducation	educazione	Education is very important to me, so I'm training to be a teacher.

Page	Act.	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
26	1	career	n	kə'riə	Karriere	carrière	carriera	He realised that his acting career was over.
26	1	possession	n	pə'zeʃən	Eigentum, Besitz	biens	possesso	I packed my oldest possessions in a suitcase.
26	3	attitude	n	'ætətju:d	Haltung, Einstellung	attitude	atteggiamento	As soon as they found out I was a doctor, their whole attitude changed.
26	3	astonished	adj	ə'stɒnɪʃt	erstaunt	étonné	essere sorpreso	I was astonished by the result.
26	3	irresponsible	adj	ˌɪrɪ'spɒnsəbəl	verantwortungslos	irresponsable	irresponsabile	When it comes to money, Dan is completely irresponsible.
26	3	fascinated	adj	'fæsəneɪtəd	fasziniert	captivé, fasciné	affascinato	I was fascinated by the article.
26	3	out of touch	n	'aʊt əv 'tʌtʃ	keinen Kontakt/Bezug haben zu	être déconnecté	non essere più in contatto	I'm out of touch with modern celebrity culture - I don't understand it at all.
26	3	affectionate	adj	ə'fekʃənət	liebepoll, zärtlich	affectueux	affettuoso	Jo is very affectionate towards her.
26	3	unimpressive	adj	ˌʌnɪm'presɪv	bescheiden, wenig eindrucksvoll	insignifiant, banal	moderato, non impressionante	Her test results were unimpressive.
26	3	infrequent	adj	ɪn'fri:kwənt	seltē	rare	raro	I make infrequent trips to the gym.
26	3	inflexible	adj	ɪn'fleksəbəl	unflexibel	inflexible	inflexibile	Her inflexible attitude towards change has been a problem.
26	3	unexpected	adj	ˌʌnɪk'spektəd	unerwartet	inattendu	inaspettato	The experiment produced some unexpected results.
27	2	bury your head	v phrase	'berɪ jə 'hed	seinen Kopf verbergen <i>od.</i> vergraben	enterrer sa tête	immergersi la testa	I buried my head in my pillow
27	2	catch on television	v	'kætʃ ɒn 'teləvɪʒən	im Fernsehen ansehen	attraper à la télé	guardare in televisione	Try to catch the European Cup Final on television tomorrow.
27	2	enrich	v	ɪn'ri:tʃ	bereichern	enrichir	arricchire	Owning a pet can greatly enrich your life.
27	2	passion	n	'pæʃən	Leidenschaft	passion	passione	He has a passion for football.
27	2	fare	n	feə	Reisekosten	prix du billet		Air fares have shot up by 20 percent this year.
27	2	abroad	adv	ə'brɔ:d	im Ausland	à l'étranger	all'estero	I've never lived abroad before.
27	2	borrow	v	'bɒrəʊ	(aus-)leihen	emprunter	prestare	Can I borrow your pen for a minute?
27	2	despite	prep	dɪ'spaɪt	trotz	malgré	nonostante	Despite all our efforts to save the school, the authorities decided to close it.
27	2	relieved	adj	rɪ'li:vd	erleichtert	soulagé	sollevato	She looked very relieved when she heard the news.
27	2	madness	n	'mædnəs	Wahnsinn	folie	pazzia	It would be madness to drive all that way on your own.
27	2	fortunate	adj	'fɔ:tʃənət	glücklich	heureux,se	fortunato, contento	I've been fortunate to find a career that I love.
27	2	confuse	v	kən'fju:z	verwechseln, durcheinanderbringen	confondre avec	confondere	I always confuse you with your sister - you look so alike.
27	2	obsession	n	əb'seʃən	Besessenheit	obsession	ossessione	The game pachinko became a national obsession in Japan.
27	2	dream	n	dri:m	Traum	rêve	sogno	He has the strangest dreams.
27	2	log on to	phrasal v	lɒg 'ɒn tə	anmelden, einloggen	se connecter à	entrare nel sistema	You need to log on to access your emails.
27	2	sensible	adj	'sensəbəl	vernünftig	raisonnable	ragionevole, sensato	She seems very sensible.
27	2	employee	n	ɪm'plɔɪ-ɪ	Angestellte/r	salarié	impiegato	The company has over one hundred employees.
27	2	employer	n	ɪm'plɔɪə	Arbeitgeber	employeur,se	datore di lavoro	The shoe factory is the largest employer in this area.
27	2	straightforward	adj	ˌstreɪt'fɔ:wəd	einfach	simple	semplice	Installing the program on your computer is very straightforward.
27	2	sob	v	sɒb	schluchzen	sangloter	singhiozzare	He began sobbing noisily.
27	2	hurt	adj	hɜ:t	verletzt	blessé	ferito	I'm so sorry if you were hurt by my comments.
27	2	disappointment	n	ˌdɪsə'pɔɪntmənt	Enttäuschung	déception	delusione	He could see the disappointment in her eyes.
27	2	enthusiasm	n	ɪn'θju:ziæzəm	Begeisterung	enthousiasme	entusiasmo	They greeted the speakers with great enthusiasm.
27	2	hug	v	hʌg	umarmen	êtreinte	abbracciare	We hugged and promised to stay in touch.
27	2	community	n	kə'mju:nəti	Gemeinde	commune	comunità, vicinato	The new arts centre will serve the whole community.
27	2	tease	v	ti:z	necken	taquiner	prendere in giro	Don't get upset, I was only teasing.
27	2	be absorbed	v	bi: əb'sɔ:bd	in Anspruch genommen werden	être absorbé	essere intento a	They are delighted to become absorbed by something outside home.

Page	Act.	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
27	2	explosion	n	ɪkˈsplɒʒən	Ausbruch	explosion	scoppio	Explosions of joy are normally thin on the ground.
27	2	thin on the ground	adj phrase	ˈθɪn ɒn ðə ˈgraʊnd	dünn gesät	mince sur le terrain	essere scarso	Taxis seem to be thin on the ground.
27	2	celebration	n	ˌseleɪˈbreɪʃən	Feier	fête, célébration	celebrazione	If you follow a football team, there are celebrations all the time.
27	2	witness	v	ˈwɪtnəs	Zeuge sein/werden	être témoin	essere testimone, testimoniare	Witness the behaviour that tennis brings about at Wimbledon.
27	2	damp	adj	dæmp	feucht	humide	umido	Wipe the table with a damp cloth.
27	2	squeal	v	skwi:l	quiéken, kreischen	pousser des cris aigus	strillare	The children squealed with delight.
27	2	spurt	v	spɜ:t	spritzen	jaillir	uscire a fiotti	Water spurted through the whole in the dam.
27	2	nightmare	n	ˈnaɪtmee	Alptraum	cauchemar	incubo	My little sister used to have terrible nightmares.
27	2	penalty shoot-out	n	ˌpenəlti ˈʃu:təʊt	Elfmeterschießen	séance de pénalties	calci di rigore	Liverpool's match against AC Milan went to a penalty shoot-out.
27	2	in a sweat	n	ɪn ə ˈswet	nassgeschwitzt	être en sueur	essere in un bagno di sudore	I woke up from the nightmare in a cold sweat.
27	2	tremble	v	ˈtreɪnbəl	zittern	trembler	tremare	His lip started to tremble and then he started to cry.
27	2	define	v	dɪˈfaɪn	ausmachen, definieren	définir	definire	What defines us as human is not only language.
27	2	wealth	n	welθ	Reichtum, Wohlstand	fortune, richesse	ricchezza	The country's wealth comes from it oil.
27	2	rehearsal	n	rɪˈhɜ:səl	Probe	répétition	prova	We only had a couple of rehearsals before the performance.
27	2	distraction	n	dɪˈstrækʃən	Ablenkung	distraction	distrazione	I prefer studying in the library as there are too many distractions at home.
27	2	let down	phrasal v	let ˈdaʊn	im Stich lassen	être abandonné	lasciare in asso	He had been let down badly in the past.
27	3	emphasise	v	ˈemfəsaɪz	betonen	mettre l'accent sur	sottolineare	The report emphasises the importance of improving safety standards.
27	3	stressful	adj	ˈstresfəl	anstrengend, belastend	stressant	stressante	Moving to a new house is a very stressful experience.
27	3	domestic	adj	dəˈmestɪk	heimisch, privat	familial	domestico	Unfortunately his domestic life wasn't very happy.
27	5	worried	adj	ˈwɒrɪd	besorgt	soucieux	preoccupato	She gave me a worried look.
27	5	annoyed	adj	əˈnɔɪd	verärgert	fâché	arrabbiato	I'll be annoyed if we don't finish by eight.
27	5	embarrassed	adj	ɪmˈbærəst	verlegen, geniert	gêné	imbarazzato	Lori gets embarrassed if we ask her to sing.
28	1	mad about	adj	ˈmæd ə baʊt	verrückt nach	fou de	essere pazzo/fanatico di	I've been mad about horses for most of my life.
28	1	pony	n	ˈpeʊni	Pony	poney	pony	I used to have a pony when I was young.
28	1	colleague	n	ˈkɒli:ɡ	Kollege/in	collègue	collega	She discussed the idea with some of her colleagues.
28	1	persuade	v	pəˈsweɪd	überreden zu etw., überzeugen von etw.	persuader	convincere	I finally persuaded her to go out for dinner with me.
28	1	keep up	phrasal v	ki:p ˈʌp	weitermachen	continuer	continuare	I used to speak French, but I haven't kept it up.
28	4	relevant	adj	ˈreləvənt	relevant	utile, pertinent	pertinente, importante	We received all the relevant information.
28	6	so far	adv	səʊ ˈfɑ:	bisher	pour l'instant	finora	So far we have not had to borrow any money.
29	1	regard	v	rɪˈɡɑ:d	betrachten	considérer	considerare	I have always regarded you as a friend.
29	3	therapy	n	ˈθerəpi	Therapie	thérapie	terapia	Music for me is a kind of therapy.
29	3	mood	n	mu:d	Stimmung, Laune	humeur	umore	You're in a good mood this morning!
29	3	volume	n	ˈvɒlju:m	Lautstärke	volume	volume	Can you turn the volume on the TV up? I can't hear it properly.
29	3	cheerful	adj	ˈtʃɪəfəl	fröhlich	joyeux,se	allegro	Danny is always very cheerful.
30	1	luxury	n	ˈlʌkʃəri	Luxus	luxe	lusso	He was leading a life of luxury in Australia.
30	1	boutique	n	bu:ˈti:k	Geschäft, Boutique	boutique	boutique	She runs a boutique hotel in Brighton.
30	1	accessory	n	əkˈsesəri	Accessoire	accessoire	accessorio	She bought accessories to match her dress.
30	1	worth the money	n phrase	ˈwɜ:θ ðə ˌmʌni	sein Geld wert	valoir la dépense	valere i soldi	The food was expensive but it was worth the money.
30	1	good value for money	n phrase	ɡʊd ˈvælju: fə ˌmʌni	ein guter Gegenwert, von guter Qualität für das Geld	en avoir pour son argent	buono controvalore	The lunch special is really good value for money.
30	1	waste of money	n phrase	ˈweɪst əv ˌmʌni	Geldverschwendung	gaspillage d'argent	spreco di denaro	The beach holiday was a total waste of money - it rained every day.
30	2	put your money where your mouth is	n phrase	put jə ˈmʌni weə jə ˌmaʊθ ɪz	den Worten Taten folgen lassen	faire suivre l'acte à la parole	lasciare seguire le parole con i fatti	If you think it's such a good idea, why don't you put your money where your mouth is?

Page	Act.	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
30	2	have money to burn	n phrase	hæv 'mʌni tə ,bɜ:n	Geld wie Heu haben	avoir de l'argent à ne savoir qu'en faire	avere denaro a bizzeffe	John won the lottery, so now he's got money to burn.
30	2	not made of money	n phrase	nɒt 'meɪd əv ,mʌni	kein Krösus sein	ne pas être cousu d'or	non essere un creso	I can't buy a new car - I'm not made of money, you know.
30	2	have more money than sense	n phrase	hæv mo: 'mʌni ðən ,sens	das Geld aus dem Fenster werfen	jeter l'argent par les fenêtres	avere più denaro che intelletto	He's got more money than sense.
30	2	short of money	adj phrase	'ʃɔ:t əv ,mʌni	knapp bei Kasse	à court de monnaie	essere a corto di denaro	I'm a bit short of money this month.
30	2	be worth a fortune	n phrase	bi: ,wɜ:θ ə 'fɔ:tʃən	ein Vermögen wert sein	valoir une fortune	valere un patrimonio	That watch must be worth a fortune.
30	2	money is tight	adj phrase	'mʌni ɪz ,taɪt	Geld ist knapp	l'argent est serré	denaro è scarso	Money was tight, but we didn't mind because we were doing what we loved.
30	2	make ends meet	n phrase	meɪk 'endz ,mi:t	über die Runden kommen	joindre les deux bouts	farcela a stento	When Mike lost his job, we could barely make ends meet.
30	3	live within your means	n phrase	lɪv wɪð 'ɪn jə ,mi:nz	mit seinen Mitteln zurechtkommen	vivre selon les moyens	farcela con i propri mezzi	You should teach your children to live within their means.
30	3	in debt	n phrase	ɪn 'det	verschuldet	endetté	indebitato	Nearly half the students said they were in debt.
30	3	on a budget	n phrase	ɒn ə 'bʌdʒət	mit knappem Budget	à petit budget	con un budget ridottissimo	Travellers on a budget might prefer to camp.
30	3	give away	phrasal v	ɡɪv ə 'wei	verschenken	faire don de	regalare, dare via	He gave most of his money away to animal charities.
30	3	credit card	n	'kredət kɑ:d	Kreditkarte	carte de crédit	carta di credito	Can I pay by credit card?
30	3	standard of living	n	'stændəd əv ,lɪvɪŋ	Lebensstandard	niveau de vie	standard/tenore di vita	Young people today have a higher standard of living than their grandparents' generation.
31	6	charity	n	'tʃærɪti	Hilfsorganisation	organisation caritative	organizzazione di beneficenza	Several charities sent aid to the flood victims.
31	6	profit	n	'prɒfət	Gewinn	profit	profitto	She sold her business and bought a farm with the profit.
31	9	inherit	v	ɪn 'herət	erben	hériter de	ereditare	He inherited a fortune from his grandmother.
31	5/audio	stall	n	stɔ:l	Stand, Bude	stand	bancarella	His business started on a market stall.
31	5/audio	rapidly	adv	'ræpədli	schnell	rapide	rapidamente	Sarah rose rapidly in her company, and became a manager when she was just 25.
31	5/audio	take time out	n	teɪk 'taɪm ,aʊt	sich eine Auszeit nehmen	prendre un congé	prendere time out/tempo libero	In between jobs, Liz always took time out to return to her first love, travelling.
31	5/audio	loads of	n phrase	'ləʊdz əv	reichlich, viel	plein de	un mucchio di	Don't worry, there's loads of time.
31	5/audio	satisfying	adj	'sætəsfaɪ-ɪŋ	befriedigend	satisfaisant, qui apporte de la satisfaction	soddisfacente	I find working in my garden very satisfying.
31	5/audio	loan	n	ləʊn	Darlehen	prêt	prestito	I had to take out a loan to buy my car.
31	5/audio	case	n	keɪs	Fall	cas	caso	In many cases standards have improved.
31	5/audio	poverty	n	'pɒvəti	Armut	pauvreté	povertà	Our foundation helps people living in poverty.
31	5/audio	operational	adj	ˌɒpə'reɪʃənəl	einsatzbereit, betriebsfähig	opérationnel,le	disponibile	The new system became operational in March.
31	5/audio	privileged	adj	'prɪvələdʒd	privilegiert	privilegié	privilegiato	Students from a privileged background have an advantage at university.
31	5/audio	appreciate	v	ə'pri:ʃieɪt	anerkennen, wertschätzen	re rendre compte de	apprezzare	We appreciate that caring for children is an important job.
31	5/audio	finance	v	'faɪnæns	finanzieren	financer	finanziare	The concerts are financed by the Arts Council.
31	5/audio	security	n	sɪ'kjʊərəti	Sicherheit	sécurité	sicurezza	Parenting is about giving your child security and love.
31	5/audio	yacht	n	jɒt	Yacht	yacht	yacht	I don't think a yacht or a Ferrari would bring them happiness.
33	4	graduation	n	ˌgrædʒu'eɪʃən	Abschlussprüfung	obtention d'un diplôme	laurea	After graduation, Nancy became an art teacher.
33	4	ceremony	n	'serəməni	Zeremonie	cérémonie	cerimonia	We really enjoyed the opening ceremony of the Olympic Games.
33	5	whereas	conj	weər'æz	wohingegen	alors que	mentre	The old system was fairly complicated, whereas the new system is really very simple.
34	1	publish	v	'pʌblɪʃ	veröffentlichen	publier	pubblicare	They are publishing the dictionary on CD-ROM.
34	2	eye-catching	adj	'ai,kætʃɪŋ	auffällig	qui ne passe pas inaperçu	che attira lo sguardo, vistoso	The title of an advertisement needs to be eye-catching.
34	2	precious	adj	'preʃəs	wertvoll	précieux,se	prezioso	We cannot afford to waste precious time.
34	3	user-friendly	adj	ˌju:zə'frendli	benutzerfreundlich	convivial	facile da usare	I need to find a user-friendly guide to computers.
35	1	treasure	n	'treʒə	Schatz	trésor	tesoro	The British Museum is full of treasures - many of the objects are priceless.

Page	Act.	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
35	1	resource	n	rɪˈzɔːs	Ressource, Vorkommen	ressource	risorsa	Canada has vast mineral resources.
Unit 4								
36	1	volcano	n	vɒlˈkeɪnəʊ	Vulkan	volcan	vulcano	Pompeii was destroyed when the volcano erupted in 79AD.
36	1	desert	n	ˈdezət	Wüste	désert	deserto	This area of the country is mostly desert.
36	1	mountain range	n	ˈmaʊntən ˌreɪnzɜː	Bergkette	chaîne de montagnes	catena montuosa	It's a land of high mountain ranges and deep valleys.
36	1	tropical	adj	ˈtrɒpɪkəl	tropisch	tropical	tropicale	They travelled through tropical rain forests.
36	1	penguin	n	ˈpeŋgwən	Pinguin	pingouin	pinguino	The film <i>Happy Feet</i> was about penguins.
36	1	seal	n	si:l	Robbe	phoque	foca	There were a lot of grey seals on the rocks.
36	1	polar bear	n	ˌpəʊlə ˈbeə	Eisbär	ours polaire	orso polare	There are no polar bears in Antarctica.
36	1	South Pole	n	ˌsaʊθ ˈpəʊl	Südpol	pôle Sud	Polo Sud	They travelled across the ice to the South Pole.
36	1	expedition	n	ˌekspeɪˈdɪʃən	Expedition	expédition	spedizione	Ernest Shackleton's expedition to the South Pole is very famous.
36	1	survive	v	səˈvaɪv	überleben	survivre	sopravvivere	Everyone except Shackleton survived the trip.
36	title	battle	v	ˈbætl	kämpfen	lutter	combattere	We battled through the storm back to the house.
36	title	nature	n	ˈneɪtʃə	Natur	nature	natura	We grew up in the countryside surrounded by the beauties of nature.
37	2	record	n	ˈrekɔːd	Rekord	record	record	The American team set a new world record in the sprint relay.
37	2	break a record	n	breɪk ə ˈrekɔːd	einen Rekord brechen	battre le record	battere un record	They were trying to break a world record.
37	2	mentally	adv	ˈmentli	mental	mentalement	mentalmente	It's important to prepare mentally for a trip like this.
37	2	physically fit	adv	ˈfɪzɪkli	körperlich fit	en bonne forme physique	fisicamente	She is young and physically fit, so she has a good chance of completing the marathon.
37	2	fit	adj	fit	fit	en forme	in forma	I swim twice a week to try and keep fit.
37	2	route	n	ru:t	Weg, Route	chemin	via	They took the most direct route home.
37	2	run out of	phrasal v	rʌn ˈaʊt əv	jemandem geht etwas aus	se retrouver à court de qc.	finire	They ran out of money and had to abandon the project.
37	2	doubt	v	daʊt	bezweifeln	douter	essere in dubbio	I doubt we'll ever see him again.
37	2	leader	n	ˈliːdə	Anführer	chef, leader	leader	His air of confidence makes him a natural leader.
37	2	ambition	n	æmˈbɪʃən	Ehrgeiz	ambition	ambizione	She had always had an ambition to be a pilot.
37	2	bravery	n	ˈbreɪvəri	Mut, Unerschrockenheit	courage	bravura, coraggio	His bravery saved the woman's life.
37	6	get your head round	n phrase	get jə ˈhed ˌraʊnd	etwas begreifen	comprendre qc	comprendere qc	I just can't get my head round what's been going on here.
37	6	come face to face with	n phrase	kʌm ˈfeɪs tə ˌfeɪs wɪð	direkt mit etwas konfrontiert sein	se retrouver face à face avec qc.	mettere qc/qu di fronte	It was the first time he had come face to face with death.
37	6	put your foot in it	n phrase	pʊt jə ˈfʊt ɪn ɪt	ins Fettnäpfchen treten	mettre les pieds dans le plat	fare una topica	I've really put my foot in it this time.
37	6	see eye to eye	v phrase	siː ˈaɪ tə ˌaɪ	einer Meinung sein	être d'accord	condividere il parere di	We didn't exactly see eye to eye.
37	6	catch somebody's eye	v phrase	ˈkætʃ ˌsʌmbədiz ˌaɪ	jemandes Blick auf sich ziehen	attirer l'attention de qn.	accentrare l'attenzione/sguardi	As he drove through the city, a billboard caught his eye.
37	6	keep an eye on	n phrase	ki:p ən ˈaɪ ɒn	aufpassen, im Auge behalten	garder un oeil sur	tenere sottocchio	Mary will keep an eye on the kids this afternoon.
37	6	keep a straight face	n phrase	ki:p ə ˈstreɪt ˌfeɪs	keine Miene verziehen	garder son sérieux	restare impassibile	I couldn't keep a straight face when she said that.
37	6	get cold feet	adj phrase	get kəʊld fi:t	kalte Füße bekommen, Angst kriegen	avoir les jetons	tirarsi indietro, avere paura di	The plan failed after sponsors got cold feet.
37	6	can't face	v phrase	kɑːnt ˈfeɪs	nicht aushalten können	trouver qc insupportable	non stare più nei propri panni	I can't face going out tonight - I'm far too tired.
37	6	put your foot down	n phrase	pʊt jə ˈfʊt ˌdaʊn	ein Machtwort sprechen	taper du pied	fare la voce grossa	You'll just have to put your foot down and tell him he can't stay out on school nights.
37	3/audio	review	v	rɪˈvjuː	Kritiken schreiben	faire la critique de	recensire	Mark Kermode reviews new films for the BBC.
37	3/audio	veteran	n	ˈvetərən	Veteran	vétéran	veterano	Leo Stone is a veteran of several polar expeditions.
37	3/audio	polar	adj	ˈpəʊlə	polar-	polaire, du pôle	polare	As our climate warms up, the polar ice caps will begin to melt.
37	3/audio	descendant	n	dɪˈsendənt	Nachkomme	descendant	discendente	He was a direct descendant of Napoleon Bonaparte.
37	3/audio	compass	n	ˈkʌmpəs	Kompass	compass	bussola	Worsley took the compass Shackleton used.

Page	Act.	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
37	3/audio	marathon	n	'mæɾəθən	Marathon	marathon	maratona	Juan ran the marathon in just under three hours.
37	3/audio	hell	n	hel	Hölle	enfer	inferno	Honestly, the town centre is absolute hell on Saturday afternoons.
37	3/audio	navigation	n	ˌnævə'geɪʃən	Navigation	navigation	navigazione	The team had a map and modern navigation equipment.
37	3/audio	endure	v	ɪn'dʒʊə	ertragen	supporter	sopportare	It seemed impossible that anyone could endure such pain.
37	3/audio	spare	v	speə	jmd. etw. ersparen, jmd. verschonen	épargner qc. à qn.	risparmiare	One of Shackleton's team fell seriously ill, which luckily the 21st century team was spared.
37	3/audio	crevasse	n	kri'væs	Spalte	crevasse	crepaccio	There were incredibly dangerous crevasses on the Beardmore Glacier.
37	3/audio	plateau	n	'plætəʊ	Hochebene, Plateau	plateau	altopiano	They reached the Antarctic plateau.
37	3/audio	glacier	n	'glæsiə	Gletscher	glacier	ghiacciaio	The plateau was more difficult to cross than the glacier.
37	3/audio	climax	n	'klaɪmæks	Höhepunkt	point culminant	culmine	The climax of the story is when they arrive at the place that Shackleton turned back.
37	3/audio	inspiring	adj	ɪn'spaɪərɪŋ	inspirierend	enthousiasmant	stimolante	Dr King was a great orator and an inspiring leader.
37	3/audio	memorable	adj	'memərəbəl	unvergesslich	mémorable	indimenticabile	We want to make this a truly memorable day for the children.
37	3/audio	relief	n	rɪ'li:f	Erleichterung	soulagement	solievo	I felt a huge surge of relief and happiness.
37	3/audio	reputation	n	ˌrepjə'teɪʃən	Ruf, Ansehen	réputation	reputazione	That judge has a reputation for being strict but fair.
37	3/audio	hero	n	'hɪərəʊ	Held	héros	eroe	His father was a war hero, a former fighter pilot.
38	1	shipwrecked	v	'ʃɪprekd	Schiffbruch erleiden	faire naufrage	nafragare	They were shipwrecked off the coast of Africa.
38	1	set off	phrasal	set 'ɒf	sich auf den Weg machen	se mettre en route	partire	I'll set off early to avoid the traffic.
38	1	cabin cruiser	n	'kæbən 'kru:zə	Kajütboot	yacht de croisière	cabinato	He set off from Florida in his cabin cruiser.
38	1	sail	v	seɪl	segeln	naviguer	navigare	Three tall ships sailed past.
38	1	blow up	v	bləʊ 'ʌp	heraufziehen, sich zusammenbrauen	se préparer	alzarsi	It looks as if there's a storm blowing up.
38	4	launch	v	lɔ:ntʃ	in Gang setzen	lancer	avviare	The Canadian police plan to launch an investigation into the deal.
38	4	noodle	n	'nu:dl	Nudel	nouille	pasta	Serve the meat with rice or noodles.
38	4	ashore	adv	ə'ʃɔ:	ans Ufer	vers le rivage, à terre	a riva	Seals come ashore to breed in the spring.
38	6	life guard	n	'laɪfgɑ:d	Rettungsschwimmer, Strandwächter	sauveteur	salvataggio	He works as a lifeguard at the local swimming pool.
39	1	shelter	n	'ʃeltə	Unterschlupf, Schutzdach	abri	rifugio	They are in need of food and shelter.
39	1	bare	adj	beə	bloß, unbedeckt	nu	nudo, scoperto	She felt the warm sun on her bare arms.
39	1	raft	n	rɑ:ft	Floß	radeau	zattera	They built a raft to escape from the island.
39	3	fishing rod	n	'fɪʃɪŋ rɒd	Angel	canne à pêche	canna da pesca	He has just bought a new fishing rod.
39	5	in the wild	n	ɪn ðə 'waɪld	in der Wildnis	à l'état sauvage	allo stato libero	There are very few pandas living in the wild now.
39	5	threat	n	θret	Bedrohung	menace	minaccia	The fighting is a major threat to stability in the region.
40	1	shock	n	ʃɒk	Schock	choc	shock	He was suffering from shock.
40	1	frostbite	n	'frɒstbaɪt	Erfrierung	engelure	congelamento	I nearly got frostbite.
40	1	hypothermia	n	ˌhaɪpəʊ'θɜ:mɪə	Unterkühlung	hypothermie	ipotermia	When they found the climbers, they were suffering from hypothermia.
40	4	panic	v	'pænik	in Panik ausbrechen	paniquer	essere panico	He panicked when the car went out of control.
40	4	faint	v	feɪnt	in Ohnmacht fallen	s'évanouir	svenire	Several fans fainted in the blazing heat at the festival.
40	4	incident	n	'ɪnsədənt	Ereignis	incident	incidente	Roads were sealed off because of a major incident.
40	4	multiple	adj	'mʌltɪpəl	mehrfach	multiple	multiplo	She's published multiple articles on the subject of conservation.
40	4	deafness	n	'defnəs	Taubheit	surdité	sordità	Deafness is not a barrier to enjoying films or music.
40	4	variation	n	ˌveəri'eɪʃən	Schwankung, Unterschied	variation, différence	differenza	At this time of year there's not much variation in temperature - it's always warm and dry.

Page	Act.	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
40	6	soaking	adj	'səʊkɪŋ	triefend nass	trempe	essere molto bagnato	I got caught in the storm and am soaking wet.
40	6	dense	adj	dens	dicht	dense	denso	The jungle was so dense, we worried that we would lose our way.
40	6	torrential rain	adj phrase	tə'renʃəl ,reɪn	sinflutartige Regenfälle	pluie torrentielle	pioggia torrenziale	The torrential rain last night caused severe flooding.
40	7	freeze	v	fri:z	erstarren	se figer	intirizzare	I froze and listened; someone was in my apartment.
40	7	storm out of	v phrase	stɔ:m 'aʊt əv	hinausstürmen	partir furibond	correre fuori con rabbia	He stormed out of the room.
40	7	like lightning	n phrase	laɪk 'laɪtnɪŋ	blitzschnell	fulgurant	fulmineo	Mitch moved like lightning and caught the little girl before she fell.
40	7	be icy with	adj phrase	bi: 'aɪsi wɪð	jmd. gegenüber kühl sein	froid	essere freddo verso qn	She was icy with me and refused to say hello.
40	7	cloud over	phrasal v	klaʊd 'əʊvə	sich umwölken, verdüstern	s'assombrir	oscurarsi	His face clouded over in disappointment.
40	7	a face like thunder	n phrase	ə 'feɪs laɪk θʌndə	eine grimmige Miene	l'air furieux	un viso atroce	The boss had a face like thunder when he arrived this morning.
41	2	avalanche	n	'ævələ:ntʃ	Lawine	avalanche	valanga	Luckily nobody was injured in the avalanche.
41	2	warning	n	'wɔ:nɪŋ	Warnung	avis	avvertimento	The weather forecast gave warnings of severe flooding this evening.
41	2	instant	adj	'ɪnstənt	sofort, augenblicklich	immédiat	immediato	We had an instant connection, as soon as we met.
41	2	curl up	phrasal v	kɜ:l 'ʌp	sich einrollen	se pelotonner	arannichiarsi	I just wanted to curl up and go to sleep.
41	2	packed	adj	pækt	sehr voll	plein de	pieno di	My mouth was packed with snow.
41	2	lose it	v	'lu:z ɪt	durchdrehen	péter les plombs	andare in tilt	She completely lost it with one of the kids in the class.
41	2	be out of your mind	n phrase	bi: 'aʊt əv jə ,maɪnd	den Verstand verloren haben	être fou	essere impazzito	He must have been out of his mind to employ her.
41	2	upside down	adv	ˌʌpsaɪd 'daʊn	kopfüber, umgedreht	à l'envers	sottosopra	To get the plant out of the pot, turn it upside down and give it a gentle knock.
41	2	over the moon	n phrase	'əʊvə ðə ,mu:n	überglücklich	sur un petit nuage	felicissimo, esultante di gioia	She's over the moon about her new job.
41	2	misfortune	n	mɪs 'fɔ:tʃən	Pech, Unglück	malheur	sfortuna	It was a terrible misfortune, but we're trying to be positive.
41	2	trivial	adj	'trɪviəl	trivial, banal	insignifiant	triviale	She writes about such trivial subjects.
41	2	drown	v	draʊn	ertrinken	noyer	affogare	Many people drowned when the boat overturned.
41	2	tremendous	adj	tri'mendəs	gewaltig	énorme	tremendo	Suddenly, there was a tremendous bang, and the whole building shook.
41	2	pitch	n	pɪtʃ	Pech	brai	pece	The night was as black as pitch.
41	2	violent	adj	'vaɪələnt	gewaltsam	violent	violento, forte	There was a violent storm last night.
41	2	anxious	adj	'æŋkʃəs	ängstlich	inquiet	pauroso	He was a bit anxious about the safety of the machinery.
41	2	despairing	adj	dɪ'speərɪŋ	verzweifelt	désespéré	disperato	She gave me a despairing look.
41	2	unbearable	adj	ʌn'beərəbəl	unerträglich	insupportable	insopportabile	The pain was almost unbearable.
41	2	vision	n	'vɪʒən	Vision	vision	visione	He had a clear vision of how he hoped the company would develop.
41	2	grab	v	græb	packen	saisir	afferrare	I grabbed my bag and ran to catch the train.
41	2	rail	n	reɪl	Reling, Geländer	balustrade	sbarra	Several passengers were leaning against the ship's rail.
41	2	shiver	v	'ʃɪvə	zittern, frösteln	grelotter	tremare dal freddo	Jake stood shivering in the cold air.
41	2	afloat	adj	ə'fləʊt	über Wasser	sur l'eau	a galla	Somehow we kept the ship afloat.
41	2	vividly	adv	'vɪvədli	lebhaft	très bien	bene	I can vividly remember the day we met.
41	2	after-effect	n	'ɑ:ftəɪ ,fekt	Nachwirkung	répercussion	effetto secondario	I'm still not sure how long the after-effects will last.
41	2	tornado	n	to:'neɪdəʊ	Tornado	tornade	tornado	John survived a tornado in Mississippi.
41	2	twister	n	'twɪstə	Tornado, Wirbelsturm	tornade	tornado	Did you hear about the twister in Iowa last week?
41	2	goods	n	gudz	Güter	marchandises	merce	The goods train thundered past the towns.
41	2	howl	n	haʊl	Heulen	hurlement	ululare	The howl of the wind was terrifying.
41	2	shudder	v	'ʃʌdə	beben	trembler	vibrare	The ground shuddered as the tornado swept through.
41	2	trailer	n	'treɪlə	Anhänger, Wohnwagen	caravane, remorque	roulotte	The rain against the side of the trailer sounded like machine-gun fire.

Page	Act.	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
41	2	snap	v	snæp	abbrechen	craquer	spezzare	A twig snapped under my feet.
41	2	consciousness	n	'kɒŋʃəsnəs	Bewusstsein	conscience	coscienza	David lost consciousness at 8 o'clock and only woke up a few hours later.
41	2	end up	phrasal v	end 'ʌp	(an einen Ort) verschlagen werden	se retrouver	gettato	He came round for a coffee and we ended up having a meal together.
41	2	concussion	n	kən'kʌʃən	Gehirnerschütterung	commotion cérébrale	commozione cerebrale	He was rushed into hospital with concussion.
41	2	lung	n	lʌŋ	Lunge	poumon	polmone	Smoking can cause lung cancer.
41	2	cracked	adj	krækt	gebrochen	cassé	rotto	He escaped with a cracked rib and bruising.
41	2	rib	n	rɪb	Rippe	côte	costola	I think I might have broken a rib when I fell off my horse this morning.
41	2	shattered	v	'ʃætə	zertrümmert	brisé	in frantumi	The cup fell off the shelf and shattered on the floor.
41	2	surgeon	n	'sɜ:dʒən	Chirurg	chirurgien	chirurgo	The surgeons managed to save his life.
41	2	sew	v	səʊ	nähen	coudre	cucire	She sewed the two sides together.
41	2	drizzle	v	'drɪzəl	nieseln	bruiner	piovigginare	The rain isn't too bad - it's only drizzling.
41	2	lightning	n	'laɪtnɪŋ	Blitz	éclairs	fulmuni	I find storms with thunder and lightning really exciting.
41	2	dull ache	adj phrase	dʌl eɪk	dumpfer Schmerz	douleur sourde	dolore sordo/monotono	She had a dull ache in her back.
41	2	lightning bolt	n	bɒlt	Blitzschlag	la foudre	lampo	There's not much left of the house after it was struck by a bolt of lightning.
41	2	wound	n	wu:nd	Wunde	blessure	ferita	A nurse cleaned and bandaged the wound.
41	2	complex	adj	'kɒmpleks	komplex, schwierig	complexe	complesso	It was a very complex relationship between two complex people.
41	2	calculation	n	ˌkælkjə'leɪʃən	Berechnung, Rechnung (<i>math.</i>)	calcul	calcolo	Diana looked at the bill and made some rapid calculations.
42	4	skid	v	skɪd	rutschen, schleudern	déraper	slittare	The car skidded as she turned onto the highway.
42	4	emergency	n	ɪ'mɜ:dʒənsi	Notfall	cas d'urgence	emergenza	Lifeguards are trained to deal with emergencies.
43	1	(be) unsuccessful	adj	ˌʌnsək'sesfəl	erfolglos sein	échouer	(essere) sfortunato	We have been unsuccessful in finding a new manager.
43	1	discouraged	adj	dɪs'kʌrɪdʒd	entmutigt	découragé	scoraggiare	A lot of players get discouraged and quit.
43	1	impossible	adj	ɪm'pɒsəbəl	unmöglich	impossible	impossibile	It's impossible to be accurate about these things.
43	1	misunderstand	v	ˌmɪsʌndə'stænd	falsch verstehen, missverstehen	mal comprendre	capire male, fraintendere	They misunderstood our instructions and went the wrong way.
43	1	advantage	n	əd'vɑ:ntɪdʒ	Vorteil	avantage	vantaggio	Younger workers tend to be at an advantage.
43	2	disadvantage	n	ˌdɪsəd'vɑ:ntɪdʒ	Nachteil	inconvéniént	svantaggio	The disadvantage of the material is that it fades in strong sunlight.
43	2	misread	v	ˌmɪs'ri:d	falsch lesen	mal lire	leggere male	The doctor must have misread the notes.
43	2	likely	adj	'laɪkli	wahrscheinlich	probable	probabile	Snow showers are likely tomorrow.
43	2	unlikely	adj	ʌn'laɪkli	unwahrscheinlich	improbable	poco probabile	The weather is unlikely to improve over the next few days.
43	2	impatient	adj	ɪm'peɪfənt	ungeduldig	agacé, impatient	impaziente	He turned away with an impatient gesture.
43	2	regular	adj	'regjələ	regelmäßig, regulär	régulier	normale, regolare	Our regular opening hours are 10a.m. to 7p.m.
43	2	irregular	adj	ɪ'regjələ	unregelmäßig	irrégulier	irregolare	They work irregular hours.
43	2	incapable	adj	ɪn'keɪpəbəl	nicht in der Lage, unfähig	incapable	incapace	He seemed incapable of understanding how she felt.
43	6	heatstroke	n	'hi:stɹəʊk	Hitzschlag	coup de chaleur	insolazione	Heatstroke often occurs when the body is unable to control its temperature.
43	6	dizzy	adj	'dɪzi	schwindlig	avoir la tête qui tourne	vertiginoso	I hate heights - they make me feel dizzy.
44	1	tap	v	tæp	klopfen	taper	bussare	I went up and tapped on the window.
44	2	eventually	adv	ɪ'ventʃʊəli	schließlich	finalement	col tempo, alla fine	He eventually escaped and made his way back to England.
44	6	flood back	v	flʌd 'bæk	wieder hochkommen (<i>Erinnerungen</i>)	remonter à la surface	tornare	Memories of my time in Paris flooded back.
Unit 5								
46	2	snack	n	snæk	Imbiss	casse-croûte	spuntino	Drinks and light snacks are served at the bar.
46	2	organic	adj	ɔ:'gæɪnɪk	ökologisch, bio	biologique	biologico, ecologico	The shop sells organic food.
46	2	be allergic to	adj	bi: ə'ɪ:lɜ:dʒɪk tə	allergisch sein gegen	être allergique à	essere allergico a qc	I'm allergic to feathers.

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46	3	diet	n	'daɪət	Ernährung, Nahrung	alimentation	nutrizione	She doesn't eat a very healthy diet.
46	3	strict	adj	strikt	streng	strict	rigoroso	He follows a strict vegetarian diet.
46	3	vegetarian	adj	ˌvedʒə'teəriən	vegetarisch	végétarien,ne	vegetariano	Let's go to the new vegetarian restaurant.
46	3	vitamin	n	'vitəmən	Vitamin	vitamine	vitamina	Try to eat foods that are rich in vitamins and minerals.
46	3	well-balanced	adj	ˌwel'bælənst	(gut) ausgewogen	équilibré	bilanciata	He makes sure he has a well-balanced diet.
46	3	salt	n	sɔ:lt	Salz	sel	sale	This might need some salt and pepper.
46	3	dairy-free	adj	'deəri fri:	ohne Milchprodukte	sans produits laitiers	senza prodotti di latte	She's on a dairy-free diet at the moment.
47	5	honey	n	'hʌni	Honig	miel	miele	Honey is a good natural sweetener.
47	5	curry	n	ˌkʌri	Curry	curry	curry	She ordered chicken curry for lunch.
47	5	rice	n	raɪs	Reis	riz	riso	Serve the meat with plain boiled rice.
47	5	chicken	n	'tʃɪkən	Huhn	poulet	pollo	We're having roast chicken for dinner tonight.
48	1	can't stand	v	kɑ:nt 'stænd	nicht mögen, nicht ausstehen	ne pas supporter	non supportare, non piacere	I can't stand bad table manners.
48	1	chilli	n	'tʃɪli	Chili	piment rouge	peperoncino	Some people can't stand the taste of chilli.
48	1	spice	n	spɑ:ɪs	Gewürz, Würze	épice	spezia	I love food which has lots of spice in it.
48	1	flavour	n	'fleɪvə	Geschmacksrichtung, Geschmack	goût	sapore, gusto	Which flavour do you want - chocolate or vanilla?
48	2	addictive	adj	ə'dɪktɪv	süchtig machend	ce qui crée une dépendance	dà dipendenza	Scientists say that chocolate can actually be addictive.
48	2	for the sake of	n phrase	fə ðə 'seɪk əv	zuliebe	dans l'intérêt de	per, a favore di	He moved to the the seaside for the sake of his health.
48	2	bitter	adj	'bɪtə	bitter	amer,ère	amaro	Lemon cordial is bitter but refreshing.
48	2	caffeine	n	'kæfi:n	Koffein	caféine	caffaina	Avoid drinks with caffeine in them before bedtime.
48	2	ingredient	n	ɪn'ɡri:diənt	Zutat	ingrédient	ingrediente	Combine all the ingredients in a large bowl.
48	2	culture	n	'kʌltʃə	Kultur	culture	cultura	In our culture, it is rude to ask someone how much they earn.
48	2	recipe	n	'resəpi	Rezept	recette	ricetta	Have you got a recipe for tomato soup?
48	2	acquired taste	v phrase	ə'kwɑ:ɪəd ,teɪst	anerzogener Geschmack	qu'il faut apprendre à aimer	gusto acquistato	Chillies are an acquired taste.
48	2	sensation	n	sen'seɪʃən	Gefühl	sensation	sensazione	I felt a tingling sensation in my fingers.
49	4	benefit	n	'benəfɪt	Nutzen, Vorzug	avantage	beneficio	I never had the benefit of a university education.
49	4	evidence	n	'evədəns	Beweis, Beleg, Anzeichen	preuves	prova	At present we have no evidence of life on other planets.
49	6	raw	adj	rɔ:	roh	cru	crudo	Cabbage can be eaten raw.
49	4/audio	research	n	rɪ'sɜ:tʃ	Forschung, Recherche	recherche	ricerca	It's a good idea to do lots of research before you buy a house.
49	4/audio	jaw	n	dʒɔ:	Kiefer	mâchoire	mascella	Our jaws aren't strong enough to chew huge quantities of plants like chimpanzees.
49	4/audio	chew	v	tʃu:	kauen	mâcher	masticare	The meat's so tough I can hardly chew it.
49	4/audio	leisure	n	'leɪʒə	Freizeit	loisir	tempo libero	Most people now enjoy shorter working hours and more leisure time.
49	4/audio	debate	n	dɪ'beɪt	Diskussion	discussion	dibattito, discussione	We had a really good debate about politics over dinner.
49	4/audio	rot	v	rɒt	verrotten	pourrir	imputridire	The trees were cut and left to rot.
49	4/audio	hunter	n	'hʌntə	Jäger	chasseur	cacciatore (-trice)	When humans learned to preserve meat, it meant hunters didn't have to bring back meat so often.
49	4/audio	digestive	adj	dɑɪ'dʒestɪv	Verdauungs-	digestif	digestivo	The development of cooking resulted in our digestive systems becoming much smaller.
49	4/audio	brain	n	breɪn	Gehirn	cerveau	cervello	Our brains are much more developed than other animals'.
49	4/audio	take place	n phrase	teɪk 'pleɪs	stattfinden	se dérouler	tenersi, aver luogo	The next meeting will take place on Thursday.
49	4/audio	tradition	n	trə'dɪʃən	Tradition	tradition	tradizione	It's tradition that the eldest son inherits the property.
49	4/audio	divide	v	də'vaɪd	aufteilen	diviser	dividere	The book is divided into six sections.
49	4/audio	ice age	n	ˌaɪs eɪdʒ	Eiszeit	ère glaciaire	era glaciale	During the ice age, most of Britain was uninhabited.

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49	4/audio	similarity	n	ˌsɪməˈlærəti	Ähnlichkeit	ressemblance	somiglianza	I can see the similarities between you and your sister.
49	4/audio	self-service	adj	self sɜːvɪs	Selbstbedienungs-	libre-service	self-service	The atmosphere is more casual in a self-service restaurant.
49	4/audio	formal	adj	ˈfɔːməl	formell	officiel	formale, cerimoniale	Will the dinner be very formal? Should we dress up smartly?
50	1	common	adj	ˈkɒmən	üblich, verbreitet	courant	comune	Bad dreams are fairly common among children.
50	2	critic	n	ˈkrɪtɪk	Kritiker	critique	critico	He has become a food critic.
50	2	hummus	n	ˈhuːməs	Hummus	houmous	hummus	They suggested he grab some hummus from his usual Greek takeout.
50	2	takeout	n	ˈteɪkaʊt	Essen zum Mitnehmen	à emporter	cibo da asporto	He eats too many takeouts.
50	2	reflective	adj	rɪˈflektɪv	reflektierend	réfléchissant	riflettente	Always wear reflective clothes when you ride your bike at night.
50	2	jar	n	ʃɑː	Glas(gefäß)	pot, jarre	barattolo di vetro	There was only half a jar of peanut butter left.
50	2	olive	n	ˈɒləv	Olive	olive	oliva	I don't really like olives - they're so salty.
50	2	artichoke	n	ˈɑːtətʃəʊk	Artischocke	artichaut	carciofo	There were jars of artichokes on the walls.
50	2	turn out	phrasal v	tɜːn aʊt	sich herausstellen	se révéler	rivelarsi	To my surprise it turned out that I was wrong.
50	2	turn somebody away	phrasal v	tɜːn ˌsʌmbədi əˈweɪ	jmd. abweisen	détourner	rifiutare qu	A year before, he had been turned away from the half-empty restaurant.
50	2	unaccompanied	adj	ˌʌnəˈkʌmpənid	ohne Begleitung	non accompagné	non accompagnato	Unaccompanied children are not allowed on the premises.
50	2	squeeze somebody in	phrasal v	skwiːz ˌsʌmbədi ˈɪn	noch unterbringen, obwohl es voll ist	caser	stipare qu	The restaurant was full, but the waitress squeezed him in.
51	2	impress	v	ɪmˈpres	beeindrucken	impressionner	impressionare	We were very impressed by the standard of his work.
51	2	stare	v	steə	anstarren	regarder fixement	fissare	She stared at me in disbelief.
51	2	cash	n	kæʃ	Bargeld	espèces	denaro contante	You can pay with cash or with a credit card.
51	2	strike up	phrasal v	straɪk ˈʌp	anfängen, beginnen	entamer	cominciare, iniziare	I struck up a conversation with the girl sitting next to me.
51	2	mousse	n	muːs	Mousse, Crème	mousse	mousse, crema	I had chocolate mousse for dessert.
51	2	arugula	n	əˈruːɡjələ	Rucola	roquette	rucola	He recommended they try the arugula salad.
51	2	leather-bound	adj	ˈleðəbaʊnd	in Leder gebunden	relié en cuir	rilegato in pelle	He owned a leather-bound volume of Shakespeare's plays.
51	2	softish	adj	sɒftɪʃ	recht weich, eher soft	leger	leggero, molle	The restaurant played softish jazz music.
51	2	overly	adv	ˈəʊvəli	übermäßig	trop, excessivement	troppo	I'm not overly fond of cats.
51	2	sickly-sweet	adv	ˌsɪkli ˈswiːt	übersüß, künstlich süß	douceâtre	dolciastro	There were no sickly-sweet smiles.
51	2	insulting	adj	ɪnˈsʌltɪŋ	beleidigend	insultant	offensivo	He made several insulting remarks.
51	2	complimentary	adj	ˌkɒmpləˈmentəri	kostenlos	gratuit	in omaggio	Please accept this complimentary dessert.
51	2	tripe	n	traɪp	Kutteln	tripes	trippa	He was given a complimentary tripe stew.
51	2	stew	n	stiː	Eintopf	ragoût	minestrone, stufato	He didn't know what was in the stew.
51	2	intestine	n	ɪnˈtestən	Innereien	abats	interiora	You can eat intestines - they're delicious with onions and peppers.
51	2	foodie	n	ˈfuːdi	Feinschmecker	gourmet	buongustaio	My boyfriend is a real foodie, he loves to cook and to eat out.
51	2	chef	n	ʃef	Chefkoch	chef	chef	He's the chef at the new French restaurant.
51	2	extend a greeting	v	ˌɪkstend ə ˈɡriːtɪŋ	(förmlich) begrüßen	saluer	salutare	The chef came over to extend a greeting.
51	2	cuisine	n	kwiːziːn	Küche	cuisine	cucina	He knew a little about traditional Italian cuisine.
51	2	cool	adj	kuːl	toll, cool, selbstbewusst	cool	grande	She's pretty cool.
51	2	violinist	n	ˌvɪəˈlɪnɪst	Geiger/in	violoniste	violinista	His younger sister is a brilliant violinist.
51	2	media	n	ˈmiːdiə	Medien	média	i media	The scandal was widely reported in the national media.
51	2	contestant	n	kənˈtestənt	Kandidat, Mitbewerber, Mitstreiter	concurrent	concorrente	He was a contestant on a TV game show.
51	2	tender years	adj	ˈtendə ʒɪəz	zartes Alter	les tendres années	gioventù	Despite his tender years, he is now reviewing some of the city's top restaurants.
51	4	publication	n	ˌpʌblɪˈkeɪʃən	Veröffentlichung	publication	pubblicazione	He spent his holiday writing reviews for publication.
51	4	keen	adj	kiːn	begierig	fervent, motivé	avere voglia di fare qc	He told me he was keen to help.

Page	Act.	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
51	4	reserve	v	rɪˈzɜ:v	reservieren	réserver	riservare	I'd like to reserve a table for two.
51	4	celebrity	n	səˈlebrəti	Berühmtheit	célébrité	famoso	He's a national celebrity.
51	4	fuss	n	fʌs	Aufheben, Wirbel	histoires	rumore (per nulla)	Josie made a fuss because the soup was too salty.
51	6	turn somebody off	phrasal v	tʃ:n ˌsʌmbɒdi ˈɒf	jmd. abschrecken	détourner	distogliere qn	Any prospective buyer would be turned off by the sight of rotting wood.
51	6	turn something down	phrasal v	tʃ:n ˌsʌmθɪŋ ˈdaʊn	etwas absagen, ablehnen	rejeter	rifiutare	They offered her the job but she turned it down.
51	6	turn on somebody	phrasal v	tʃ:n ˈɒn ˌsʌmbɒdi	sich jmd. zuwenden	se tourner vers qn	rivolgersi a qu	Peter turned on Rai and screamed, 'Get out of my sight!'
52	1	feast	n	fi:st	Festmahl	festin	banchetto	The king promised to hold a great feast for all his people.
52	1	provide	v	prəˈvaɪd	bereitstellen	fournir	prevedere	Tea and biscuits will be provided.
52	1	monkey	n	ˈmʌŋki	Affe	singe	scimmia	I'm a bit scared of monkeys.
52	1	jungle	n	ˈdʒʌŋɡəl	Dschungel	jungle	giungla	He lived in the Amazon jungle for several years.
52	3	wedding	n	ˈwedɪŋ	Hochzeit	mariage	matrimonio	She's busy planning her daughter's wedding.
52	3	sugared	adj	ˈʃʊɡəd	gezuckert	sucré	zuccherato	They gave away sugared almonds to all the wedding guests.
52	3	almond	n	ˈɑ:mənd	Mandel	amande	mandoria	Don't forget to stir in the ground almonds and coconut milk.
52	3	anniversary	n	ˌænəˈvɜ:səri	Jahrestag, Geburtstag	anniversaire	anniversario	Jack and Kim celebrated their twentieth wedding anniversary in January.
52	3	thrilled	adj	θrɪld	begeistert	excité	entusiasta	We were thrilled to hear about the baby.
52	3	reception	n	rɪˈsepʃən	Empfang	réception	ricevimento	It's an ideal location for a wedding reception.
52	6	curious	adj	ˈkjʊəriəs	neugierig	curieux	curioso	Puppies are naturally curious animals.
52	6	consume	v	kənˈsjʊ:m	zu sich nehmen	consommer	consumare	Alcohol may not be consumed on the premises.
52	6	estimate	v	ˈestəmeɪt	schätzen	estimer	stimare	The tree is estimated to be at least 700 years old.
52	6	aggressive	adj	əˈɡresɪv	aggressiv	agressif	aggressivo	Jim's voice became aggressive.
53	1	atmosphere	n	ˈætmosfɪə	Atmosphäre	atmosphère	atmosfera	The hotel had a lovely relaxed atmosphere.
53	1	junk food	n	ˌdʒʌŋk fu:d	minderwertige Nahrung	malbouffe	porcherie	He eats too much junk food.
54	1	location	n	ləʊˈkeɪʃən	Lage (<i>geograph.</i>)	endroit	luogo, posto	His apartment is in a really good location.
54	1	avoid	v	əˈvɔɪd	vermeiden	éviter	evitare	I'd always avoided visiting the Hard Rock Café.
54	1	legendary	adj	ˈledʒəndəri	legendär	légendaire	leggendaro	Her singing was legendary.
54	1	overpriced	adj	ˌəʊvəˈpraɪst	übersteuert	trop cher	costa troppo	I thought the food was overpriced.
54	1	outstanding	adj	aʊtˈstændɪŋ	herausragend	frappant, remarquable	eccezionale	His performance was outstanding.
54	1	tempt	v	tempt	locken, verlocken	tenter	attirare, convincere	The new programme is designed to tempt young people into studying engineering.
54	1	veggie	adj	ˈvedʒi	vegetarisch (<i>ugs.</i>)	végétarien	vegetariano	I ordered the veggie burger.
54	1	stodgy	adj	ˈstɒdʒi	schwer (verdaulich)	bourratif	pesante	The pudding was very stodgy.
54	1	bland	adj	blænd	fade	fade	insipido	Because of her illness, she's on a very bland diet at the moment.
54	1	downside	n	ˈdaʊnsaɪd	Nachteil	inconvéient	svantaggio	The downside of the book is that it is written in a rather boring style.
54	1	literally	adv	ˈlɪtərəli	wortwörtlich	littéralement	parola per parola	The Olympic Games were watched by literally billions of people.
Unit 6								
58	1	performance	n	pəˈfɔ:mənd	Aufführung	interprétation, représentation	rappresentazione	Their performance of Mozart's <i>Concerto in E flat</i> was finely controlled and dramatic.
58	1	performer	n	pəˈfɔ:mə	Künstler, Interpret	artiste	artista	He was a better songwriter than performer.
58	2	obvious	adj	ˈɒbvɪəs	offensichtlich	évident	ovvio	The obvious way of reducing pollution is to use cars less.
58	2	additional	adj	əˈdɪʃənəl	zusätzlich	supplémentaire	supplementare	Additional information can be obtained from the centre.
58	2	considerable	adj	kənˈsɪdərəbəl	beachtlich, beträchtlich	considérable	considerevole	We've saved a considerable amount of money.
58	3	circus	n	ˈsɜ:kəs	Zirkus	cirque	circo	He had always wanted to be a circus performer.
58	3	stress	n	stres	Stress	stress	stress	Your headaches are due to stress.

Page	Act.	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
58	4	talent	n	'tælənt	Talent	talent	talento	He has a lot of talent, and his work is fresh and interesting.
59	8	production	n	prə'dʌkʃən	Stück, Inszenierung, Aufführung	production	produzione	It was a wonderful production.
59	8	script	n	skript	Skript, Text	texte	sceneggiatura	They write all their own scripts.
59	8	set	n	set	Bühnenbild	décor de théâtre	scenario	I'm working on the set for the new Shakespeare production.
59	9	landscape	n	'lændskeɪp	Landschaft	paysage	paesaggio	My parents have several landscape paintings on their walls.
59	9	graffiti	n	græ'fi:ti	Graffiti	graffiti	graffiti	The walls are covered in graffiti.
59	9	still life	n	'stɪl 'laɪf	Stilleben	nature morte	natura morta	I find his still life paintings very realistic.
59	9	abstract	adj	'æbstrækt	abstrakt	abstrait	astratto	He does abstract paintings mostly.
59	9	portrait	n	'pɔ:tret	Porträt	portrait	ritratto	She's been commissioned to paint Jackson's portrait.
59	10	on display	n	ɒn dɪ'spleɪ	ausgestellt	exposé	in esposizione, esposto	Mapplethorpe's photographs were first put on display in New York.
60	1	costume	n	'kɒstjʊm	Kostüm	costume	costume	The film had wonderful costumes and spectacular sets.
60	3	chat show	n	'tʃæt ʃəʊ	Talkshow	talk show	talk show	I saw Tom Cruise on a chat show last night.
60	3	comedy	n	'kɒmədi	Komödie	comédie	commedia	He wrote a very successful TV comedy.
60	3	festival	n	'festɪvəl	Festival	festival	festivale	She always goes to the Swansea Festival of Music and Arts.
60	3	venue	n	'venju:	Veranstaltungsort	lieu	posto di manifestazione	We need to book a venue for the party.
60	3	retire	v	rɪ'taɪə	in Rente gehen	prendre sa retraite	andare in pensione	Most people retire at 65.
60	3	exhibition	n	'ekʃə'bjʃən	Ausstellung	exposition	esposizione, mostra	We went to the new exhibition of her paintings.
60	3	content	n	'kɒntent	Inhalt	biens mobiliers	contenuto	Most of the gallery's contents were damaged in the fire.
60	3	state	v	steɪt	äußern, erklären	déclarer	spiegare, dichiarare	Rembert again stated his intention to resign from Parliament.
60	1/audio	futuristic	adj	'fju:tʃə'rɪstɪk	futuristisch	futuriste	futurista	The futuristic sports stadium is the pride of the city.
60	1/audio	stunning	adj	'stʌnɪŋ	überwältigend	stupéfiant	straordinario	You look absolutely stunning in that dress.
60	1/audio	contrast	v	ken'trɑ:st	kontrastieren, einen Gegensatz bilden	contraster	contrastare	The snow was icy and white, contrasting with the brilliant blue sky.
60	1/audio	hoodie	n	'hudi	Kapuzenpullover, -jacke	sweat à capuche	maglione con cappuccio,hoodie	Young people today all seem to wear jeans and hoodies.
60	1/audio	compose	v	kəm'pəʊz	komponieren	composer	comporre	Barrington has composed the music for a new production of <i>A Midsummer Night's Dream</i> .
60	1/audio	threatening	adj	'θreɪn-ɪŋ	drohend	menaçant	minaccioso	His voice sounded threatening on the phone.
60	3/audio	be starving	v	bi:'stɑ:vɪŋ	sehr hungrig sein	mourir de faim	morire di fame	I was starving when I got home.
60	3/audio	queue	v	kju:	Schlange stehen	faire la queue	fare la coda	Some of the people queuing for tickets had been there since dawn.
60	3/audio	premiere	n	'premiə	Premiere	première	prima	The new film has its premiere next week.
60	3/audio	star	v	stɑ:	eine Rolle haben, auftreten	jouer le rôle principal dans	entrare in scena, sostenere una parte	Clint Eastwood starred in <i>The Good, the Bad and the Ugly</i> .
60	3/audio	alongside	adv	ə'lɒŋ'saɪd	zusammen mit, neben	à côté	insieme con	Brad Pitt starred alongside his wife in the last film.
60	3/audio	contemporary	adj	kən'tempərəri	zeitgenössisch	contemporain,e	contemporaneo	There is an exhibition of contemporary British designs at the museum.
60	3/audio	it's a shame	n phrase	ɪts ə 'ʃeɪm	es ist schade, dass	quel dommage que	è un peccato che	It's a shame that you have to leave to soon.
60	3/audio	challenging	adj	'tʃæləndʒɪŋ	anspruchsvoll	difficile	esigente	Teaching young children is a challenging and rewarding job.
60	3/audio	audition	n	ɔ:'dɪʃən	Vorsprechen, Vorsingen, Probespiel	audition	recitare/cantare in prova	I've got an audition for the Bournemouth Symphony Orchestra on Friday.
62	2	blockbuster	n	'blɒk,bʌstə	Blockbuster	superproduction	successo di cassetta	Have you seen the latest Hollywood blockbuster?
62	2	niche	adj	ni:ʃ	Nische	niche	nicchia	Niche' films are doing well these days.
62	5	digital	adj	'dɪdʒɪtəl	digital	digital	digitale	Digital technology has had a huge effect on the film industry.

Page	Act.	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
62	6	access	n	'æksəs	Zugang	accès	accesso	Access to the papers is restricted to senior management
62	6	accessible	adj	ək'sesəbəl	zugänglich, offen, erreichbar	accessible	accessibile	We need a health service that is accessible to everyone.
62	6	anxiety	n	æŋ'zæri	Angst, Ängstlichkeit	grandes inquiétudes	angoscia, timore, paura	There is considerable anxiety among staff about job losses.
62	6	romance	n	rəu'mæns	Romanze	romance	romanza	Michelle married him after a whirlwind romance.
62	6	romantic	adj	rəu'mæntɪk	romantisch	romantique	romantico	Tom is very romantic and always sends her red roses on her birthday.
62	6	succeed	n	sək'ses	Erfolg haben	réussir	avere successo	The experiment was a big success.
62	6	successful	adj	sək'sesfəl	erfolgreich	réussi	di successo	The operation was successful.
62	6	choose	v	tʃu:z	wählen, aussuchen	choisir	scegliere	It took us ages to choose a new carpet.
62	6	choice	n	tʃɔɪs	Wahl	choix	scelta	You have a choice of hotel or self-catering accommodation.
62	6	entertain	v	ˌentə'teɪn	unterhalten	divertir	divertirsi	She entertained the children with stories, songs and drama.
62	6	entertainment	n	ˌentə'teɪnmənt	Unterhaltung	divertissement	divertimento	The town provides a wide choice of entertainment.
62	6	grow	v	grəʊ	wachsen, zunehmen	augmenter	crescere	Sales of new cars grew by 10 percent last year.
62	6	growth	n	grəʊθ	Wachstum	croissance	crescita	There has been a rapid growth of world population.
62	6	produce	v	prə'dju:s	produzieren	produire	produrre	Costner produced and directed the film.
62	6	separate	v	'sepəreɪt	trennen	se séparer	separare	At this point the satellite separates from its launcher.
62	6	separation	n	ˌsepə'reɪʃən	Trennung	séparation	separazione	This is the zone of separation between the warring factions.
62	6	supply	v	sə'plɑɪ	liefern, bereitstellen	fournir	mettere a disposizione	Paint for the project was supplied by the city.
62	6	supply	n	sə'plɑɪ	Vorrat, Angebot, Lieferung	réserves	scorta	I've only got a week's supply of tablets left.
63	2	shoot	v	ʃu:t	drehen (Film)	tourner	girare	The movie was shot in New Zealand.
63	2	distribute	v	dɪ'strɪbjʊ:t	verteilen	distribuer	distribuire	The man is distributing leaflets to passers-by.
63	2	vastly	adv	'vɑ:stli	in hohem Maße	considérablement	in alto grado, grandemente	This book is vastly superior to his last one.
63	2	tighten one's grip on	v phrase	'taɪn jə grɪp ɒn	besseren Zugriff bekommen auf	resserrer sa prise sur	ottenere un migliore accesso per	The military have tightened their grip on the capital.
63	2	sell-out	n	ˌselaut	ausverkauft sein	complet	esaurito	The concert was expected to be a sell-out.
63	2	at the expense of	n	æt ði: ɪk'spens əv	auf Kosten von	aux dépens de	a scapito di	The growth in short breaks is at the expense of longer package holidays.
63	2	near miss	n	nɪə mɪs	Beinahe-Fehlschlag	presque un échec	quasi un fiasco	Several of his films have been near misses.
63	2	box office	n	'bɒks ɒfɪs	Abendkasse	caisse	cassa	Collect your tickets at the box office.
63	2	media-hyped	v	'mi:diə haɪpt	von den Medien hochgespielt	du matraquage publicitaire	gonfiato dai media	Many people only go to see the media-hyped blockbusters.
63	2	handy	adj	'hændi	praktisch	pratique	pratico	It's very handy having a light above your desk.
63	2	alphabetically	adv	ˌælfə'betɪkli	alphabetisch	par ordre alphabétique	alfabetico	All the iTunes files are arranged alphabetically.
63	2	conservative	adj	kən'sɜ:vətɪv	konservativ	conservateur	conservatore, tradizionale	He has a conservative attitude to education.
63	2	cancel	v	'kænsəl	annullieren	annuler	annullare	Our flight was cancelled.
63	2	approve	v	ə'pru:v	gutheißen	apprécier	approvare	I don't approve of cosmetic surgery.
63	2	demand	n	dɪ'mɑ:nd	Nachfrage	demande	domanda, richiesta	There is a huge demand for new housing.
63	2	option	n	'ɒpʃən	Optionen	choix	opzioni	There are a number of options available.
63	2	raise your game	v phrase	ˌreɪz jə 'geɪm	sich mehr anstrengen, mehr Einsatz bringen	passer à la vitesse supérieure	sforzarsi ancora più, essere in full immersion	So the media industry must raise its game now.
63	2	guarantee	v	ˌgærən'ti	garantieren	garantir	garantire	I guarantee you'll love this film.
63	2	delight	v	dɪ'laɪt	erfreuen	faire plaisir à	far piacere a	Her fabulous recipes will delight anyone who loves chocolate.
63	2	format	n	'fɔ:mæt	Format	format	format, formato	You can see the film in a wide variety of formats.
63	2	offering	n	'ɒfərɪŋ	Darbietung	album, offre, proposition	rappresentazione	This is the latest offering from Nanci Griffith.
63	2	climate	n	'klaɪmət	Klima	climat	clima	Small businesses are finding it hard to survive in the present economic climate.
63	2	consumer	n	kən'sju:mə	Verbraucher	consommateur/trice	consumatore (trice)	Consumers will soon be paying higher air fares.
64	1	project	v	prə'dʒekt	Projekt	projeter	progetto	They project films onto the wall in that restaurant.

Page	Act.	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
64	1	screen	n	skri:n	Bildschirm	écran	schermo	He went on staring at the television screen.
64	1	monitor	v	'mɒnɪtə	überwachen	surveiller	controllare, monitorare	The temperature is carefully monitored.
64	1	avatar	n	'ævətə:	Avatar	avatar	avatar	Your thoughts will be able to control your avatar.
65	1	get ¹	v	get	erfassen, begreifen	comprendre	capire, comprendere	I don't think she got the joke.
65	1	get ²	v	get	jdm. dazu bringen, etw. zu tun	faire faire qn.	indurre qn a fare qc	We couldn't get him to sign the agreement.
65	1	get ³	v	get	haben	avoir	avere	I never get the time to read these days.
65	1	get ⁴	v	get	werden	être, devenir (<i>ici: s'ennuyer</i>)	venire, essere (passivo)	She soon got bored with the job.
65	1	get ⁵	v	get	nehmen	prendre	prendere	Let's get the bus to the airport.
65	1	get ⁶	v	get	bekommen	recevoir	ricevere	We get a lot of junk mail.
65	2	gadget	n	'gædʒət	Gerät	gadget	macchina, apparecchio	I've just bought a neat gadget for sharpening knives.
65	2	hoverboard	n	'hɒvəbɔ:d	Schwebebrett	aéroglyseur	volopattino	Michael Fox used a hoverboard in the film <i>Back to the Future</i> .
65	2	tarmac	n	'tɑ:mæk	Teer	macadam	catrame	Careful! They've just put new tarmac on the driveway.
65	2	roll	n	rəʊl	Brötchen	petit pain	panino	He had a bacon roll for breakfast.
65	2	vacuum cleaner	n	'vækjuəm ,kli:nə	Staubsauger	aspirateur	aspirapolvere	She went over the carpet with the vacuum cleaner.
65	2	commercially	adv	kə'mɜ:ʃəli	im Handel	commerciallement; <i>ici: disponible dans le commerce</i>	in commercio, in vendita	Robotic vacuum cleaners are already commercially available.
65	2	touchscreen technology	n	'tʌʃskri:n tek,nɒlədʒɪ	Touchscreen-Technologie	la technologie de l'écran tactile	tecnologia di touch screen	Touch-screen technology has revolutionised the way we use computers.
65	2	fiction	n	'fɪkʃən	Erzählliteratur, Fiktion	romans, fiction	finzione	I prefer reading fiction to biographies.
65	2	astonishing	adj	ə'stɒnɪʃɪŋ	verblüffend	étonnant	stupendo	Their success is astonishing.
65	2	amazing	adj	ə'meɪzɪŋ	erstaunlich	extraordinaire	sorprendente, stupendo	He's an amazing player to watch.
65	2	predict	v	pri'dɪkt	vorhersagen	prédire	predire, pronosticare	Sales were five percent lower than predicted.
66	1	outline	v	'aʊtlɑɪn	skizzieren, erläutern	exposer brièvement	schizzare, spiegare	The new president outlined plans to deal with crime, drugs, and education.
66	1	potential	adj	pə'tensəl	potenziell	potentiel	potenziale	There is a potential problem with the new equipment.
66	1	recommendation	n	ˌrekəmen'deɪʃən	Empfehlung	recommandation	raccomandazione, consiglio	We will review the case and make recommendations.
66	1	consult	v	kən'sʌlt	jmd. um Rat fragen	consulter	chiedere consiglio a qu	I need to consult my lawyer before we go ahead with the sale.
66	1	widen	v	'waɪdn	erweitern	élargir	estendere, allargare	They are trying to widen the discussion to include environmental issues.
66	1	appeal	n	ə'pi:l	Reiz	fascination, charme	attrattiva, fascino	The film has great appeal for young audiences.
66	1	raise concerns	n	kən'sɜ:n	Bedenken hervorrufen	causer des inquiétudes	suscitare dubbi	The incident has raised concerns over safety at the power station.
66	1	pay your way	v	'peɪ jə ,wei	sich bezahlt machen	être rentable	valere la pena, convenire	A new boiler would pay its way within two years.
66	1	outweigh	v	aʊt'wei	überwiegen	l'emporter sur	predominare	The benefits of the scheme outweigh the disadvantages.
67	1	stand-up comedy	n	'stændʌp ,kɒmədi	Stegreifkomödie	stand-up	commedia a soggetto	He started doing stand-up comedy in small clubs.
67	2	interval	n	'ɪntəvəl	Pause	entracte	intervallo, pausa	We can get some drinks in the interval.
67	2	series	n	'siəri:z	Serie	série	serie	The new crime series is very good.
Unit 7								
68	1	emigrate	v	'emɪgreɪt	auswandern	émigrer	emigrare	He emigrated to Australia as a young man.
68	1	presume	v	pri'zju:m	annehmen, vermuten	supposer	presumere, supporre	I presume he will be there by six o'clock.
68	1	routine	n	ru:'ti:n	Routine, geregelter Ablauf	routine	routine	John's departure had upset their daily routine.
68	1	single out	phrasal v	'sɪŋɡəl 'aʊt	herausgreifen, auswählen	singulariser	scegliere, prendere	I don't see why he should be singled out for special treatment.
68	1	rush	n	rʌʃ	Hektik, Eile	hâte	fretta	I knew there would be a last-minute rush to meet the deadline.
68	1	fizzy	adj	'fɪzi	sprudelnd, aufgeregt	excité, pétillant	fizzante, traboccante	She was fizzy with excitement.
68	1	precisely	adv	pri'saɪsli	exakt	précisément	esattamente	He arrived at precisely four o'clock.

Page	Act.	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
68	1	lose your nerve	n phrase	lu:z jə 'nɜ:v	die Nerven/den Mut verlieren	perdre son sang-froid	sfiduciarsi, scoraggiarsi, perdere la calma	I wanted to ask him the question, but I lost my nerve.
68	1	remind	v	rɪ'maɪnd	(jmd.) erinnern	rappeler à qn de faire qc	ricordare qu	Remind me to buy some milk tonight.
68	1	hide	v	haɪd	verbergen	caler	nascondere	She laughed to hide her nervousness.
68	1	kill	v	kɪl	umbringen, <i>hier auch:</i> schmerzen	tuer	ammazzare	It kills me to see him working so hard.
68	1	wear a look	v	weə ə 'lʊk	einen Gesichtsausdruck haben	expression faciale / air	avere una espressione del volto	His face wore a welcoming smile.
68	1	strained	adj	streɪnd	angespannt	tendu	teso	Nina's voice sounded strained.
68	1	be taken aback	phrasal v	bi: teɪkən ə 'bæk	bestürzt, verblüfft sein	être déconcerté	costernato	Emma was taken aback by his honesty.
68	1	tone	n	təʊn	Tonfall	ton	inflessione	Her tone was sharp with anger.
68	1	hallway	n	'hɔ:lweɪ	Flur, Korridor	couloir	corridoio	She followed her mother into the hallway.
68	1	small talk	n	'smɔ:l tɔ:k	oberflächliche Unterhaltung	faire la conversation	small talk	We stood around making small talk.
68	1	resume	v	rɪ'zju:m	wieder aufnehmen	reprendre	riprendere	She hopes to resume work after the baby is born.
68	1	unbidden	adv	ʌn'bɪdn	ungebeten, unaufgefordert	sans le vouloir	non richiesto, spontaneamente	The thought came to her unbidden.
68	1	arrangement	n	ə'reɪndʒmənt	Vorbereitung	préparatifs	preparativi	Have you made all your travel arrangements?
68	1	bustle	n	'bʌsl	Geschäftigkeit	agitation	viavai	There was a lot of bustle and talk.
68	1	dread	n	dred	Furcht, Grauen	terreur	timore, orrore	The prospect of flying filled me with dread.
68	1	unfamiliar	adj	ʌnfə'mɪliə	unbekannt, fremd, unvertraut	inconnu, étranger	estraneo, sconosciuto	She stood on the deck to gaze at the unfamiliar surroundings.
68	1	bright	adj	braɪt	heiter, fröhlich	vif, vive	sereno, allegro	Her voice was bright and cheerful.
69	3	adjust	v	ə'dʒʌst	anpassen	s'adapter	adattare	It took a few seconds for her eyes to adjust to the darkness.
69	3	departure	n	dɪ'pɑ:tfə	Abreise	départ	partenza	I saw Simon shortly before his departure for Russia.
69	3	get over something	phrasal v	get 'əʊvə ,sʌmθɪŋ	über etwas hinwegkommen	se remettre de	superare qc	She never got over the death of her son.
69	3	emotion	n	ɪ'məʊʃən	Emotion, Gefühl	émotion	emozione, sentimento	Her voice was full of emotion.
70	5	clubbing	n	'klʌbɪŋ	in Nachtclubs ausgehen	aller en boîte	andare a ballare/al nightclub	She usually goes out clubbing at the weekend.
70	5	blind as a bat	adj	'blaɪnd əz ə ,bæt	blind wie ein Maulwurf	myope comme une taupe	quasi cieco/non essere capace di vedere bene	I'm blind as a bat without my glasses.
71	3	luxurious	adj	lʌg'zjuəriəs	luxuriös, Luxus-	luxueux	lussuoso, di lusso	We stayed in a luxurious hotel.
71	2/audio	eco-friendly	adj	'i:kəʊ'frendli	umweltfreundlich	écologique	non inquinante	I only buy eco-friendly products.
71	2/audio	weird	adj	wɪəd	seltsam	étrange	strano	A really weird thing happened last night.
72	1	monastery	n	'mɒnəstri	Kloster	monastère	monastero	The monastery has a magnificent library.
72	1	brehtaking	adj	'breθ,tɛɪkɪŋ	atemberaubend	stupéfiant	che mozza il fiato	The view from my bedroom window was absolutely breathtaking.
72	1	magnificent	adj	mæg'nɪfəsənt	wundervoll	magnifique	meraviglioso	She looked magnificent in a long red dress.
72	1	mysterious	adj	mɪ'stɪəriəs	geheimnisvoll	mystérieux	misterioso	Benson later disappeared in mysterious circumstances.
72	1	peaceful	adj	'pi:sfəl	friedlich, ruhig	paisible, calme	calmo, pacifico	We had a peaceful afternoon without the children.
72	1	remote	adj	rɪ'məʊt	entlegen, abgelegen	lointain	isolato, fuori mano	She lives in a remote border town.
72	1	spiritual	adj	'spɪrɪtʃuəl	spirituell	spirituel,le	spirituale	Painting helps fill a spiritual need for beauty.
72	3	imaginary	adj	ɪ'mædʒənəri	imaginär	imaginaire	immaginario	As she listened, she played an imaginary piano on her knees.
72	3	paradise	n	'pærədəɪs	Paradies	paradis	paradiso	The hotel felt like paradise after two weeks of camping.
72	3	utopia	n	ju:'təʊpiə	Utopia	utopie	utopia	To outsiders it seemed to be a mountaintop utopia.
73	1	source of income	n	ˌsɔ:s əv 'ɪŋkʌm	Einkommensquelle	source de revenu	fonte di guadagno	His job was his only source of income.
73	7	domestic	adj	də'mestɪk	Inlands- (<i>hier:</i> -flug)	intérieur national	(volo) nazionale	You can get a domestic flight to the north of the country.
73	7	direct	adj	də'rekt	direkt	direct,e	diretto	Which is the most direct route to London?
73	7	season ticket	n	'si:zən 'tɪkət	Saisonkarte	abonnement saisonnier	biglietto stagionale	He bought a season ticket for his train journey to work.
73	7	return ticket	adj	rɪ'tɜ:n	Rückfahrkarte	billet aller-retour	biglietto di andata e ritorno	They didn't buy return tickets.

Page	Act.	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
73	7	open ticket	adj	'əʊpən 'tɪkət	Fahrkarte ohne bestimmtes Reisedatum	billet ouvert	biglietto aperto	He gave her an open ticket to Australia in case she changed her mind.
73	7	sightseeing	n	'saɪt si:ɪŋ	Besichtigung	visite, tourisme	visita, giro turistico	She went on a sightseeing tour around the city.
73	7	package tour	n phrase	'pækɪdʒ tuə	Pauschalreise	voyage organisé	viaggio tutto compreso	They got a cheap package deal to Tenerife.
73	7	guided tour	n	'gaɪdəd 'tuə	Führung	visite guidée	visita guidata	You will be taken on a guided tour of the palace.
73	7	excursion	n	ɪk'skɜ:ʃən	Exkursion, Ausflug	excursion	escursione	Included in the tour is an excursion to the Grand Canyon.
73	7	round trip	n	'raʊnd trɪp	Hin- und Rückreise	aller-retour	viaggio d'andata e di ritorno	It's a round trip of about 90 miles.
73	8	out of this world	n phrase	'aʊt əv ðɪs 'wɜ:lɪd	überirdisch	extraordinaire, surnaturel,le	soprannaturale	The scenery is absolutely out of this world.
73	8	in a world of your own	n phrase	ɪn ə 'wɜ:lɪd əv jə 'əʊn	in deiner eigenen Welt	dans un monde à part	nel tuo proprio mondo	She was a shy child who seemed to live in a world of her own.
73	8	have the world at your feet	n phrase	hæv ðə 'wɜ:lɪd ət jə 'fi:t	die Welt liegt dir zu Füßen	avoir le monde à ses pieds	hai il mondo ai tuoi piedi	He is a bright young lad with the world at his feet.
73	8	mean the world to somebody	n phrase	mi:n ðə 'wɜ:lɪd tə 'sʌmbədi	für jemanden Ein und Alles sein	valoir tout l'or du monde pour qn	essere tutto per qu	Lee thinks the world of that dog.
73	1/audio	mythical	adj	'mɪθɪkəl	mythisch	mythique	mitico	The Minotaur is a mythical creature.
73	1/audio	synonym	n	'sɪnənɪm	Synonym	synonyme	sinonimo	'Shut' is a synonym for 'closed'.
73	1/audio	popularity	n	'pɒpjə' lærəti	Beliebtheit	popularité	popolarità	The popularity of the internet has soared.
73	1/audio	screenplay	n	'skri:npleɪ	Drehbuch	scénario	sceneggiatura	He's written the screenplay for the new Robert de Niro film.
73	1/audio	fantasy	n	'fæntəsi	Fantasie	fantaisiste	fantasia	He lived in a fantasy world of his own, even as a small boy.
73	1/audio	harmonious	adj	hɑ:'məʊniəs	harmonisch	harmonieux	armonico	He read a fantasy about somewhere that was peaceful and harmonious.
73	1/audio	fateful	adj	'feɪtʃəl	verhängnisvoll	fatal	fatale	When his rent was raised, he made the fateful decision.
73	1/audio	violence	n	'vaɪələns	Gewalt	violence	violenza	There is too much violence on television these days.
73	1/audio	material	adj	mə'tɪəriəl	materiell	materiel,le	materiale	The spiritual life is more important than material possessions.
73	1/audio	wisdom	n	'wɪzdəm	Weisheit	sagesse	saggezza	He is a man of great wisdom.
73	1/audio	humanity	n	hju:'mænəti	Menschheit	humanité	umanità	We want a clean healthy environment for all humanity.
73	1/audio	scenery	n	'si:nəri	Landschaft	paysage	paesaggio	The best part of the trip was the fantastic scenery.
73	1/audio	kingdom	n	'kɪŋdəm	Königreich	royaume	regno	According to this legend, Shambhala was a kingdom.
73	1/audio	cut off from	v	ˌkʌt 'ɒf frəm	abgeschnitten von	déconnecté de, coupé de	tagliato/lontano di	The kingdom was cut off from the outside world.
73	1/audio	dominate	v	'dɒməneɪt	beherrschen, dominieren	dominer	dominare	The cathedral dominates the city.
73	1/audio	accidental	adj	ˌæksə'dentl	zufällig	accidentel,le	per caso	These similarities aren't accidental.
73	1/audio	indication	n	ˌɪndə'keɪʃən	Anzeichen	indice	indizio, segno	Dark green leaves are a good indication of healthy roots.
73	1/audio	authentic	adj	ɔ:'θentɪk	echt	authentique	vero, autentico	They serve authentic French food in the new restaurant.
73	1/audio	claim	v	kleɪm	behaupten, vorgeben	prétendre	preimpostare	He claimed to be a doctor, but it wasn't true.
73	1/audio	investment	n	ɪn'vestmənt	Investition	investissement	investimento	Each of us put in \$5,000 as an investment.
73	1/audio	reliant	adj	rɪ'laɪənt	abhängig von	dépendant	dipendere da qu/qc	Most companies are now reliant on computer technology.
73	1/audio	live up to	phrasal v	lɪv 'ʌp tə	(etw.) erfüllen	être à la hauteur de	mantenere qc	The film has certainly lived up to my expectations.
74	1	abundance	n	ə'bʌndəns	Überfluss	abondance	abbondanza	One quality the team possessed in abundance was fighting spirit.
74	1	geyser	n	'gi:zə	Geysir	geyser	geyser	Iceland's main attraction is its volcanoes and geysers.
74	1	dependent on	adj phrase	dɪ'pendənt ɒn	abhängig von	être dépendant de	dipendente da	Norway's economy is dependent on natural resources.
74	1	lava	n	'lə:və	Lava	lave	lava	The Blue Lagoon is a naturally heated pool of seawater in the middle of a lava field.

Page	Act.	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
75	4	foggy	adj	'fɒɡi	neblig	brumeux	nebbioso	I hate driving in foggy conditions.
75	4	ghost	n	ɡəʊst	Geist	fantôme	anima, spirito	They say the young girl's ghost still haunts the house.
76	2	anticipate	v	æn'tɪsɪpeɪt	erwarten, annehmen	prévoir, s'attendre	aspettare, attendere, presumere	The schedule isn't final, but we don't anticipate many changes.
76	5	make matters worse	n phrase	meɪk 'mætəz ,wɜ:s	zu allem Übel	pour aggraver les choses	per il colmo delle sventure	The team has lost the last two games and, to make matters worse, two of its best players are injured.
76	5	on top of that	n phrase	ɒn 'tɒp əv ðæt	damit nicht genug ...	en plus (de ça)	non basta	On top of everything else I have to go to work next Saturday.
76	5	what's more	phrase	wɒts 'mɔ:	und außerdem	de plus	e inoltre	I've been fortunate to find a career that I love and, what's more, I get well paid for it.
77	1	spot	v	spɒt	entdecken, ausmachen, erblicken	apercevoir	scoprire	I spotted a police car behind us.
77	2	refer	v	rɪ'fɜ:	zurückkommen auf	recourir à	ritornare a	We agreed never to refer to the matter again.
77	2	charming	adj	'tʃɑ:mɪŋ	charmant	charmant,e	affascinante	Harry can be very charming.
77	2	seafront	n	'si:frʌnt	direkt am Meer	bord de mer	lungomare, alla spiaggia	The hotel is right on the seafront.
77	2	in tune with	n	ɪn 'tju:n wɪð	in Übereinstimmung mit	conformément à, en accord à	in conformità a	The industry is changing in tune with demand.
77	2	overestimate	v	ˌəʊvə'estəmeɪt	überschätzen	surestimer	sopravvalutare	He tends to overestimate his own abilities.
77	2	awesome	adj	'ɔ:səm	fantastisch	fantastique, génial	fantastico	Their last concert was really awesome.
77	2	cottage	n	'kɒtɪdʒ	Häuschen, kleines Landhaus	maison de campagne	casetta	We're staying in a holiday cottage in Dorset.
77	2	clapboard	n	'klæpbɔ:d	Schindel	clin	scandola	The town has very pretty cottages and clapboard houses.
77	2	misty	adj	'mɪsti	neblig	brumeux	nebbioso	It was a cold, misty morning.
77	2	chilly	adj	'tʃɪli	kühl	froid	fresco	The bathroom's a bit chilly.
Unit 8								
78	1	profession	n	prə'feʃən	Beruf	profession	professione	Do you know what profession you want after university?
78	1	social-networking	n	ˌsəʊʃəl'netwɜ:kɪŋ	mit anderen über soziale Netzwerke in Kontakt treten	communiquer sur les réseaux sociaux	collegamento sociale in rete	Social networking sites are very popular these days.
78	1	counsellor	n	'kaʊnsələ	Berater, Anwalt	conseiller	consulente, avvocato	She's seeing a counsellor about her problems.
78	1	vertical farmer	n	'vɜ:tkəl'fɑ:mə	Ein Landwirt, der vertikalen Anbau betreibt	agriculteur vertical	agricoltore che coltiva verticalmente	Vertical farmers will be able to get food from the farm to the supermarket in less than two hours.
78	1	robotics	n	rəʊ'bɒtɪks	Robotik	robotique	robotica	He's studying robotics at university.
78	1	engineer	n	ˌendʒɪ'nɪə	Ingenieur	ingénieur	ingegnere	He works as a robotics engineer, making robots for medical uses.
78	1	virtual	adj	'vɜ:tʃuəl	virtuell	virtuel,le	virtuale	The website allows you to take a virtual tour of the art gallery.
78	1	lawyer	n	'lɔ:jə	Anwalt	avocat	avvocato	I'll have to speak to my lawyer first.
78	1	spaceship	n	'speɪs_ʃɪp	Raumschiff	aéronef	nave spaziale	He's learning to be a spaceship pilot.
78	2	qualification	n	ˌkwɒləfə'keɪʃən	Qualifizierung	qualification	qualificazione	We're looking for graduates with qualifications in maths or science.
78	5	demanding	adj	dɪ'mɑ:ndɪŋ	anspruchsvoll	demandeur, exigeant	esigente	Climbing is physically demanding.
78	2/audio	cyber-bullying	n	'saɪbə'bulɪɪŋ	Cybermobbing	cyberintimidation	mobbing in Rete	Unfortunately, cyberbullying seems to be on the increase.
78	2/audio	trend	n	trɛnd	Trend	tendance, mode	trend, tendenza	Lately there has been a trend towards hiring younger, cheaper employees.
78	2/audio	occur	v	ə'kɜ:	sich ereignen	se produire	operarsi, svolgersi	The explosion occurred at 5.30 a.m.
78	2/audio	counselling	n	'kaʊnsəlɪŋ	Beratung	conseil	consultazione	You should use the debt counselling service they've set up.
78	2/audio	online	adj	'ɒnlɑ:n	online, auf dem Internet	en ligne	online	I prefer to shop online.
78	2/audio	pattern	n	'pætən	Muster	schéma	modello, modo abituato	The child showed a normal pattern of development.
78	2/audio	affordable	adj	ə'fɔ:dəbəl	bezahlbar, finanzierbar	abordable	pagabile	Building robots is slowly becoming more affordable.
78	2/audio	recruit	v	rɪ'kru:t	rekrutieren	recruter	reclutare	We're having difficulty recruiting enough qualified staff.

Page	Act.	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
78	2/audio	individual	n	ˌɪndəˈvɪdʒuəl	Individuum	individu	individuo	Each individual receives two genes, one inherited from each parent.
78	2/audio	hire	v	haɪə	einstellen, beschäftigen	engager	impiegare	Employers hire skilled people on fixed-term contracts.
78	2/audio	destination	n	ˌdestəˈneɪʃən	Reiseziel	destination	destinazione	Allow plenty of time to get to your destination.
78	2/audio	pollution	n	pəˈluːʃən	Verschmutzung	pollution	inquinamento	The costs of pollution must be considered.
78	2/audio	recycle	v	ˌriːˈsaɪkləl	recyceln	recycler	riciclare	We take all our bottles to be recycled.
79	6	work	n	wɜ:k	Arbeit	travail	lavoro	There is a lot of work at this time of year.
79	6	job	n	dʒɒb	Arbeitsstelle	emploi	lavoro	Do you enjoy your job?
79	6	satisfaction	n	ˌsætəsˈfækʃən	Befriedigung	satisfaction	soddisfazione	She got great satisfaction from helping people to learn.
79	6	employment	n	ɪmˈplɔɪmənt	Anstellung, Arbeitsplatz	travail, emploi	impiego, posto	She was offered employment in the sales office.
79	6	occupation	n	ˌɒkjəˈpeɪʃən	Beruf, Tätigkeit	métier, profession	professione, lavoro	Please state your name, address and occupation.
79	6	employment agency	n	ɪmˈplɔɪmənt ˌeɪdʒənsi	Stellenvermittlung, Arbeitsagentur	bureau de placement	agenzia di lavoro	The employment agency found me a job in sales.
79	7	work out	phrasal v	wɜ:k ˈaʊt	berechnen	calculer	calcolare	See if you can work this bill out.
79	7	work out well	phrasal v	wɜ:k ˈaʊt wel	gut laufen	s'arranger	andare a gonfie vele	Financially things have worked out well for us.
79	7	work out	phrasal v	wɜ:k ˈaʊt	trainieren, Sport machen	faire de l'exercice	allenarsi	I work out at the gym three of four times a week.
79	7	work out	phrasal v	wɜ:k ˈaʊt	überlegen, ein Problem lösen	résoudre	risolvere un problema, riflettere	We need to work out who would be the best person for the job.
79	7	worked up	adj	wɜ:kt ˈʌp	verärgert	énervé	arrabbiato	You shouldn't get worked up about it.
79	7	work around something	phrasal v	ˌwɜ: əˈraʊnd ˌsʌmθɪŋ	die Arbeit anderweitig erledigen; ein Problem auf andere Art lösen, umgehen	contourner	risolvere un problema in altro modo	John won't be here on the 15th so we'll have to work round that.
80	2	litter	n	ˈlɪtə	Abfall	détritus	immondizia	People who drop litter can be fined in some cases.
80	2	security camera	n	sɪˈkjærətɪ ˌkæməərə	Überwachungskamera	caméra de surveillance	video sorveglianza	He was seen on a car park security camera.
80	2	criminal	n	ˈkrɪmənəl	Kriminelle/r	criminel,le	criminale	Police have described the man as a violent and dangerous criminal.
80	2	deal with	phrasal v	ˈdi:l wið	sich um etw. kümmern	s'occuper de	attendere a qc	Don't worry, I'll deal with this.
80	2	firefighter	n	ˈfaɪə ˌfaɪtə	Feuerwehrmann	pompier	vigile del fuoco	Firefighters perform a valuable service to communities.
80	2	unemployed	adj	ˌvni:m ˈplɔɪd	arbeitslos	au chômage	disoccupato, senza lavoro	I've only been unemployed for a few weeks.
80	3	actually	adv	ˈæktʃʊəli	eigentlich	en fait	in realtà, veramente	Actually, on second thoughts, I don't think I want to go out tonight.
81	1	accuse	v	əˈkju:z	beschuldigen, anklagen	accuser	accusare	He was accused of murder.
81	1	apologise	v	əˈpɒlədʒaɪz	entschuldigen	s'excuser	scusarsi	You should apologise for being so rude.
81	2	advise	v	ədˈvaɪz	Rat geben	conseiller, donner des conseils à	dare un consiglio	She needed someone to advise her.
81	2	deny	v	dɪˈnaɪ	leugnen	nier	negare	I never denied that there was a housing problem.
81	2	explain	v	ɪkˈspleɪn	erklären	expliquer	spiegare	He carefully explained the procedure.
81	2	offer	v	ˈɒfə	anbieten	offrir	offrire	My dad offered to pick to us up.
81	2	recommend	v	ˌrekeˈmend	empfehlen	recommander	racomandare	I recommend you get some professional advice.
81	2	suggest	v	səˈdʒest	vorschlagen	suggérer	proporre	Her mother suggested that she should go and see the doctor.
81	2	warn	v	wɔ:n	warnen	avertir	avvertire	Salmon farmers are warning of the severe crisis facing the industry.
81	1/audio	brief	adj	bri:f	kurz	bref	breve	We stopped at Alice's house for a brief visit.
81	1/audio	interviewer	n	ˈɪntəvju:ə	Interviewer	intervieweur/euse	intervistatore (-trice)	The interviewer was a senior lawyer.
81	1/audio	memorise	v	ˈmeməraɪz	sich merken	mémoriser	ricordare qc	You should memorise the key information.
81	1/audio	prospective	adj	prəˈspektɪv	zukünftig, voraussichtlich	potentiel, futur	futuro	Find out as much as you can about your prospective employer.
82	2	risky	adj	ˈrɪski	riskant	risqué	rischioso	Doctors say it's too risky to try and operate.
82	2	specific	adj	spəˈsɪfɪk	speziell, genau festgelegt	particulier	specifico	The games are suitable for specific age groups.

Page	Act.	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
82	2	sacrifice	n	'sækɹəfaɪs	Opfer	sacrifice	sacrificio	The minister stressed the need for economic sacrifice.
82	2	primitive	adj	'prɪmətɪv	primitiv, einfach	primitif,ve	semplice, primitivo	They live in a very primitive environment.
82	2	flexible	adj	'fleksəbəl	flexibel	flexible	flessibile	Our new computer software is extremely flexible.
82	2	priority	n	pɹaɪ'ɔrəti	Priorität	priorité	priorità	The club's main priority is to win the League.
82	2	exotic	adj	ɪg'zɔtɪk	exotisch	exotique	esotico	The five people talk about working in exotic locations.
82	2	surgery	n	'sɜ:dʒəri	Praxis	cabinet du médecin	studio medico, ambulatorio	Surgery is from 9 a.m. to 1 p.m. on weekdays.
82	2	blood pressure	n	'blʌd ,preʃə	Blutdruck	tension artérielle	pressione sanguigna	The nurse will take your blood pressure.
82	2	stretch somebody	v phrase	'stretʃ ,sʌmbɔdi	jmd. fordern	demander qc à qn	richiedere impegno da qu	The work's too easy. The students aren't being stretched enough.
82	2	apply	v	ə'plai	sich bewerben	poser sa candidature	sollecitare	She applied for a job with the local newspaper
82	2	practise	v	'præktəs	praktizieren	pratiquer	praticare	He has been practising medicine for over 30 years.
82	2	multi-task	v	'mʌltɪ ,tɑ:sk	mehrere Dinge gleichzeitig tun	faire plusieurs choses à la fois	essere multitasking	The successful applicant for this job must be able to multitask.
82	2	the bush	n	bʊʃ	der Busch	la brousse	savana	We doctors are dropped off by plane at remote houses in the bush.
82	2	snake bite	n	'sneɪk baɪt	Schlangenbiss	morsure de serpent	morso di serpente	A lot of people need the doctor because of snake bites.
82	2	travel bug	n phrase	'trævl ,bʌg	Reisefieber	le virus du voyage	febbre della partenza	She's got the travel bug.
82	2	administrative	adj	əd'mɪnɪstrətɪv	Verwaltungs-	administratif,ve	administrativo	The job is mainly administrative.
82	2	backpacking	n	'bæk ,pækɪŋ	mit dem Rucksack unterwegs sein	partir en voyage avec son sac à dos	viaggiare con lo zaino	They decided to go backpacking.
82	2	stumble across	phrasal v	'stʌmbəl ə ,kros	stoßen auf etw.	tomber sur qc.	incorrere in qc.	Researchers have stumbled across a drug that may help patients with Parkinson's disease.
82	2	blog	n	blɒg	Blog	blog	blog	I wrote a blog about my experiences working as a vet in South Africa.
82	2	burst	v	bɜ:st	platzen	bouillir de qc	scoppiare	I could have burst with excitement.
82	2	graphic designer	n	græfɪk de'zajɪnə	Grafiker, Designer	graphiste	grafico (-a)	He works as a graphic designer.
82	2	redundant	adj	rɪ'dʌndənt	arbeitslos	licencié	disoccupato, senza lavoro	Seventy factory workers were made redundant in the resulting cuts.
82	2	hit on the idea	phrasal v	hɪt ,ɒn ði: aɪ'dɪə	auf eine Idee kommen	l'idée est venue à qn.	venire ad un'idea	Then we hit on the idea of asking viewers to donate money over the net.
82	2	lifestyle	n	'laɪfstɑɪl	Lebensstil	mode de vie	modo di vivere	Regular exercise is part of a healthy lifestyle.
82	2	unsettling	adj	ʌn'setlɪŋ	beunruhigend	troublant	inquietante	I found it an unsettling experience.
83	2	freelance	adj	'fri:lɑ:ns	freiberuflich	free-lance	fare il libero professionista	She does freelance work from her home.
83	2	agonising	adj	'ægənəɪzɪŋ	qualvoll	déchirant	penoso, tormentoso	She had to make an agonising decision.
83	2	correspondent	n	ˌkɔrə'spɒndənt	Korrespondent	correspondant,e	corrispondente	Our correspondent in Thailand sent this report.
83	2	issue	n	'ɪsu:	Aspekt, Thema, Punkt	problème, question	aspetto, questione, argomento, punto	What are the main issues raised in this article?
83	2	settle in	phrasal v	ˌsetl 'ɪn	einziehen, sich einleben/eingewöhnen	être à l'aise	andare ad abitare, ambientarsi in, abituarsi a	It takes a few months to settle into life at college.
83	2	enormity	n	ɪ'no:məti	ungeheures Ausmaß	énormité	enormità, gravità, atrocità	Even now, the full enormity of his crimes has not been exposed.
83	2	previously	adv	'pri:vɪəsli	zuvor	auparavant	precedentemente	Almost half the group had previously been teachers.
83	2	entirely	adv	ɪn'taɪəli	vollkommen	entièrement	completamente, totalmente	Our situation is entirely different.
83	2	frustrated	adj	frʌ'streɪtəd	frustriert	frustré	frustrato	He gets frustrated when people don't understand what he's saying.
83	2	survival	n	sə'vaɪvl	Überleben	survie	sopravvivenza	The doctors gave him a one in ten chance of survival.
83	2	be faced with	v phrase	bi: 'feɪst wɪð	mit etw. konfrontiert sein	se trouver face à	mettere qu di fronte a qc	I was faced with a lot of work when I came back from holiday.
83	2	runway	n	'rʌnweɪ	Rollbahn, Start-/Landebahn	piste d'aviation	pista di rullaggio/decollo/atterraggio	He had to land the plane on an ice runway.
83	2	iceberg	n	'aɪsbɜ:g	Eisberg	iceberg	iceberg	Seeing giant icebergs for the first time blew my mind.

Page	Act.	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
83	2	blow somebody's mind	v	bləʊ ˌsʌnbɒdiːz ˈmaɪnd	jmd. umhauen	époustoufler, stupéfier	lasciare senza fiato	Seeing her again really blew my mind.
83	2	challenge	n	ˈtʃæləndʒ	Herausforderung	défi	sfida	The company is ready to meet the challenges of the next few years.
83	6	enrol	v	ɪn ˈrəʊl	anmelden (Kurs)	inscrire	iscrivere	I decided to enrol on the 'Art for Beginners' evening class.
83	6	salary	n	ˈsæləri	Gehalt	salaire	salario	The average salary for a teacher is \$39,000 a year.
84	2	teenager	n	ˈtiːneɪdʒə	Jugendlicher	l'adolescent	giovane	My work is involved with looking after teenagers.
84	2	fingers crossed	n phrase	ˈfɪŋgəz ˌkrɒst	die Daumen halten	croiser les doigts	incrociare le dita	We're keeping our fingers crossed that she's going to be OK.
84	6	vacancy	n	ˈveɪkənsi	unbesetzte Stellen, Stellenangebot	poste vacant	posto vacante	There are still two vacancies on the school board.
85	1	engineering	n	ˌendʒɪˈniəriŋ	Ingenieurwesen, Maschinenbau	ingénierie	ingegneria	He wants to go into engineering.
85	1	journalist	n	ˈdʒɜːnəl-əst	Journalist	journaliste	giornalista	He's a well known journalist.
85	1	journalism	n	ˈdʒɜːnəl-ɪzəm	Journalismus	journalisme	giornalismo	Luca has a successful career in journalism.
85	1	musician	n	mjuːˈzɪʃən	Musiker	musicien	musicista	Her son is a talented musician.
85	2	creation	n	kriˈeɪʃən	Entwicklung, Ausarbeitung	création	creazione, sviluppo	I'm involved in the creation of a new course at college.
85	2	create	v	kriˈeɪt	schaffen, erzeugen	créer	creare	Her behaviour is creating a lot of problems.
85	2	advice	n	ədˈvaɪs	Rat	conseil	consiglio	You should have followed my advice.
85	2	adviser/advisor	n	ədˈvaɪzə	Berater	conseiller	consigliere	He needs to speak to his financial adviser.
85	2	tourism	n	ˈtuəɪzəm	Tourismus	tourisme	turismo	The country depends on tourism for much of its income.
85	2	tourist	n	ˈtuəɪst	Tourist	touriste	turista	Cambridge is always full of tourists in the summer.
85	2	application	n	ˌæplɪˈkeɪʃən	Bewerbung	demande d'inscription	concorso	The university welcomes applications from overseas students.
85	2	applicant	n	ˌæplɪkənt	Bewerber	candidat	aspirante, concorrente	He was one of 30 applicants for the manager's job.
85	2	representation	n	ˌreprɪzənˈteɪʃən	Vertretung	représentation	rappresentanza	Minority groups need more representation in the Government.
85	2	representative	n	ˌreprɪˈzentətɪv	Vertreter	représentant	rappresentante	He works as a sales representative.
85	2	childhood	n	ˈtʃaɪldhʊd	Kindheit	enfance	infanzia	I had a very happy childhood.
85	2	politics	n	ˈpɒlətɪks	Politik	politique	politica	He has always been interested in politics.
85	2	politician	n	ˌpɒləˈtɪʃən	Politiker	homme/femme politique	politico	Several politicians are trying to get the minority vote.
85	3	confide	v	kənˈfaɪd	anvertrauen, vertraulich mitteilen	confier	confidare	He confided to his friends that he didn't have much hope for his marriage.
85	3	permit	v	pəˈmɪt	erlauben	permettre	permettere	You are not permitted to park here.
85	3	permit	n	ˈpɜːmɪt	Genehmigung	permis	permesso	A permit is required for fishing in the canal.
85	5	licence	n	ˈlaɪsəns	Lizenz	licence	licenza	The dealers applied for an export licence.
85	5	code	n	kəʊd	Code	code	code	The code is what makes the game work.
86	1	recent	adj	ˈriːsənt	neu, kürzlich	nouveau, récent	recentemente	This is his most recent book.
86	1	position	n	pəˈzɪʃən	Position, Stelle	poste	posizione, lavoro	Bill took up his new position as Senior Manager in October.
86	5	demonstrate	v	ˈdemənstreɪt	zeigen, vorführen	démontrer	dimostrare	This section will attempt to demonstrate how the Bank of England operates.
87	2	crisis	n	ˈkraɪsɪs	Krise	crise	crisi	The country now faces an economic crisis.
87	2	resign	v	rɪˈzaɪn	kündigen	démissionner	licenziarsi	I decided to resign, because I wasn't happy at work.
87	3	the press	n	ðəˈpres	die Presse	la presse	la stampa	The press have been very nasty about him.
Unit 9								
88	1	role model	n	ˈrəʊl ˌmɒdl	Vorbild	exemple, modèle	esempio	I want to be a positive role model for my sister.
88	1	sprinter	n	ˈsprɪntə	Kurzstreckenläufer	sprinteur	scattista	Usain Bolt is a sprinter.
88	3	persuasion	n	pəˈsweɪʒən	Überredung	persuasion	persuasione	After a little persuasion, Debbie agreed to see the film I wanted.

Page	Act.	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
88	3	cheetah	n	'tʃi:tə	Gepard	guépard	ghepardo	His manager says he runs like a cheetah.
88	4	grounded	adj	'graundəd	realistisch, vernünftig	réaliste, terre-à-terre	restare autoctono	Simmons says that her family keeps her grounded.
88	4	legend	n	'ledʒənd	Legende	légende	leggenda	Roger Federer is a tennis legend in his own lifetime.
89	2	track and field	n	ˌtræk ən 'fi:ld	Leichtathletik	athlétisme	atletica leggera	I prefer watching track and field events to the other sports.
89	2	concentrate	v	'kɒnsəntreɪt	sich konzentrieren	se concentrer	concentrarsi	Adrian was finding it difficult to concentrate.
89	2	hold a light to	n phrase	həʊld ə laɪt tu:	jemandem das Wasser reichen können	arriver à la cheville de qn	non essere all'altezza di qu	Nobody can hold a light to Usain Bolt.
89	2	one-off	n	ˌwʌn 'ɒf	einmalig	exceptionnel	unico	Usain Bolt is a one-off.
89	2	scoliosis	n	ˌskɒli'əʊsəs	Skoliose	scoliose	scoliosi	Usain Bolt suffered from scoliosis.
89	2	spine	n	spaɪn	Wirbelsäule	colonne vertébrale	spina dorsale	As a young man he damaged his spine in a car accident.
89	2	warm-up	n	'wɔ:mʌp	Aufwärmübungen	échauffement	riscaldamento	Bolt looks really calm at warm-up.
89	2	rival	n	'raɪvəl	Rivale	rival	rivale	This gives the company a competitive advantage over its rivals.
89	2	explode	v	ɪk'spləʊd	explodieren	exploser	esplodere	She exploded with grief and anger.
89	2	tension	n	'tenʃən	Anspannung, Spannung	tension	tensione	The tension was becoming unbearable, and I felt quite uncomfortable.
89	2	laid-back	adj	ˌleɪd' bæk	gelassen	décontracté	calmo, rilassato	I don't know how you can be so laid-back about your exams.
89	2	uptight	adj	'ʌptʌɪt	verspannt, nervös, aufgeregt	tendu, coincé	teso, nervoso	You have to learn to laugh instead of getting uptight.
89	2	medallist	n	'medl-əst	Medaillengewinner	médaille	vincitore (-trice) di medaglia	He is an Olympic gold medallist.
89	2	undisciplined	adj	ˌʌn'dɪsəplənd	undiszipliniert	indiscipliné	insubordinato, senza disciplina	People said that Bolt was undisciplined.
89	2	party	v	'pɑ:ti	feiern	faire la fête	festeggiare, celebrare	They also said that Bolt partied too much.
89	2	criticise	v	'krɪtəsəɪz	kritisieren	critiquer	criticare	Rowena does nothing but criticise and complain all the time.
89	2	hold somebody back	phrasal v	həʊld ˌsʌmbədi 'bæk	jmd. aufhalten, zurückhalten	empêcher qn de faire qc	impedire a qcn. di fare qc.	My mum held my brother back from rushing into drama school.
89	2	respect	n	rɪ'spekt	Respekt	respect	rispetto	I have the greatest respect for Jane's work.
89	2	beg	v	beg	betteln	supplier	supplicare	She begged and pleaded with them until they finally agreed.
89	2	image	n	'ɪmədʒ	Bild, Vorstellung	image	immagine	You have an image of celebrities' lives as perfect and easy.
89	2	easy-going	adj	ˌi:zi'gəʊɪŋ	unbekümmert	insouciant	spensierato	Her easy-going nature made her popular.
89	2	tense	adj	tens	angespannt, nervös	tendu	teso, nervoso	Is anything wrong? You look a little tense.
89	2	blank	adj	blæŋk	nichtssagend, ausdruckslos	ébahi, absent	insignificante, inespressivo	Zoe looked at me with a blank expression.
89	2	stride	n	straɪd	Schritt	pas	passo	Paco reached the door in only three strides.
89	2	mechanics	n	mɪ'kænɪk	Mechanik, Funktionsweise	mécanisme	meccanica, modalità di funzionamento	The mechanics of this process are quite complex.
89	2	generate	v	'dʒenəreɪt	hervorbringen	créer	creare	The program would generate a lot of new jobs.
89	2	hamstring	n	'hæm'strɪŋ	Kniesehne, hintere Oberschenkelmuskulatur	tendon du jarret	tendine del ginocchio	He pulled a hamstring in training.
89	2	uncommunicative	adj	ˌʌnkə'mju:nəkətɪv	wenig mitteilksam	peu communicatif,ve	poco comunicativo	Tom was uncommunicative, and kept himself to himself.
89	2	self-important	adj	ˌselfɪm'pɔ:tənt	wichtigtuertisch	fanfaron	borioso	He was a self-important and pompous little man.
89	2	opinionated	adj	ə'pɪnjənətəd	eigensinnig	obstiné	ostinato, testardo	I found him very arrogant and opinionated.
89	2	fulfil	v	fʊl'fɪl	erfüllen	réaliser	avverarsi, realizzarsi	Visiting Disneyland has fulfilled a boyhood dream.
89	2	potential	n	pə'tenʃəl	Potential	potentiel	potenziale	She has the potential to become a champion.
89	5	competitive streak	n phrase	kem'petətɪv ˌstri:k	wettbewerbsfreudige Ader	l'esprit de compétition	voglia di competizione	Sports people need to have a competitive streak.
89	5	overcome	v	ˌəʊvə'kʌm	überwinden	vaincre	superare, vincere	He struggled to overcome his shyness.
89	5	setback	n	'setbæk	Rückschlag	revers de fortune	rimbalzo	The team's hopes of playing Europe suffered a major setback last night.

Page	Act.	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
89	5	motivated	adj	'məʊtəveɪtəd	motiviert	motivé	motivato	The students are all highly motivated.
89	5	set a goal	n phrase	set ə 'gəʊl	sich ein Ziel setzen	se fixer un objectif	mettersi un traguardo	It helps if you set yourself clear goals.
89	5	make a go of something	n	meɪk ə gəʊ əv ,sɪmθɪŋ	etw. zu einem Erfolg machen	faire marcher qc.	fare qc con successo	This year I'm going to make a go of my dancing career.
89	5	stamina	n	'stæməne	Durchhaltevermögen	résistance, endurance	resistenza	Elaine has the stamina and determination to succeed.
89	5	single-minded	adj	,sɪŋgəl'maɪndəd	zielstrebig	tenace, résolu	determinato	He worked with single-minded determination.
89	5	commitment	n	kə'mɪtmənt	Hingabe, Engagement	engagement	impegno	I was impressed by the energy and commitment shown by the players.
89	6	cope with	v phrase	kəʊp wɪð	fertig werden mit etw.	s'arranger de qc	venire a capo di	She feared she wouldn't be able to cope with two new babies.
89	6	aim for	v phrase	aɪm fə	anstreben	viser à	perseguire	We're aiming for a big improvement.
89	6	take on	phrasal v	teɪk 'ɒn	es aufnehmen mit	défier	competere	Nigeria will take on Argentina in the first round of the World Cup on Saturday.
89	6	give in to	phrasal v	ɡɪv 'ɪn tə	nachgeben	céder à	cedere	Don't give in to the temptation to argue back.
89	6	face up to	phrasal v	feɪs ʌp tə	sich einer Sache stellen, etwas einsehen	faire face à	essere disposto ad assumersi una cosa	I finally faced up to my lack of commitment, and ended my gym membership.
90	2	dedication	n	,dedə'keɪʃən	Hingabe, Einsatz	dévouement	passione, fervore, zelo	To reach a high level of skill requires talent, dedication, and a lot of hard work.
90	3	as far as I know	v phrase	əz 'fɔ: əz aɪ ,nəʊ	soweit ich weiß	(pour) autant que je sache	per quanto ne so	As far as I know, they're arriving on Saturday.
92	3	fortune	n	'fɔ:ʃən	Glück	chance	fortuna	I had the good fortune to work with a brilliant Head of Department.
92	3	facilities	n	fə'sɪlətɪ	Einrichtungen	équipements	servizi	The hotel has its own pool and leisure facilities.
92	2/audio	champion	n	'tʃæmɪən	Meister, Champion	champion	campione (-essa)	What is it that makes a champion?
92	2/audio	achievement	n	ə'tʃi:vmənt	Erfolg, Leistung, Errungenschaft	réussite	successo, exploit	We try to celebrate the achievements of our students.
92	2/audio	blame	v	bleɪm	jmd. die Schuld geben für etw.	attribuer la responsabilité de qc à qn	dare la colpa a qn	I'm not sure who's to blame here.
92	3/audio	span	n	spæn	Zeitspanne	espace de temps	spazio di tempo	It'll be difficult to hire that many new staff in such a short time span.
92	3/audio	strive	v	straɪv	sich bemühen	s'efforcer	darsi d'attorno, sforzarsi	I was still striving to be successful.
92	3/audio	improvement	n	ɪm'pru:vmənt	Verbesserung	amélioration	miglioramento	There's been a big improvement in the children's behaviour.
92	3/audio	account for	phrasal v	ə'kaʊnt fə	die Ursache für etw. sein	expliquer, justifier	essere la causa/ragione di	Recent pressure at work may account for his behaviour.
92	3/audio	standards	n	'stændəd	Niveau	niveau	livello	We have very high standards here at the restaurant.
92	3/audio	nourish	v	'nʌrɪʃ	hegen	nourrir	nutrire	We need to nourish our hopes and dreams.
92	3/audio	exceptional	adj	ɪk'sepʃənəl	außergewöhnlich	exceptionnel,le	straordinario	He's an exceptional student.
92	3/audio	expert	adj	'ekspɜ:t	erfahren, sachkundig	spécialisé	esperto, versato	The police are expert at handling situations like this.
92	3/audio	tuition	n	tju:'ɪʃən	Unterricht	cours	lezioni	I had to have extra tuition in maths.
92	3/audio	rate	n	reɪt	Tempo	rhythme	velocità	Children learn at different rates.
92	3/audio	factor	n	'fæktə	Faktor	facteur	fattore	The rise in crime is mainly due to social and economic factors.
92	3/audio	contribute	v	kən'trɪbjʊ:t	beitragen	contribuer	contribuire	Stress is a contributing factor in many illnesses.
92	3/audio	occupied	adj	'ɒkjəpaɪd	beschäftigt	occupé	occupato	Her time was occupied with the children.
92	3/audio	endless	adj	'endləs	endlos	infini	infinito	The possibilities are endless.
92	3/audio	primary school	n	'praɪməri ,sku:l	Grundschule	école primaire	scuola elementare	She was a teacher at Matthew's primary school.
92	3/audio	inevitable	adj	ɪ'nevətəbəl	unvermeidlich	inévitabile	inevitabile	It's inevitable that doctors will make the occasional mistake.
93	1	compete	v	kəm'pi:t	wetteifern	rivaliser	competare, gareggiare	She and her sister are always competing for attention.
93	1	competitive	adj	kəm'petətɪv	wetteifernd, wettkampf-	de compétition	competetivo	Competitive sports encourage children to work together as a team.
93	1	competing	adj	kəm'pi:tɪŋ	konkurrierend	en concurrence	in competizione	There was disagreement between the competing teams.

Page	Act.	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
93	1	referee	n	ˌrefəri:	Schiedsrichter	arbitre	arbitro	They couldn't agree on who was to be the referee.
93	1	perfection	n	pəˈfɛkʃən	Vollkommenheit	perfection	perfezione	My father expected perfection from all of us.
93	1	perfectionist	n	pəˈfɛkʃənɪst	Perfektionist	perfectionniste	perfezionista	Many top athletes are perfectionists who drive themselves to excel.
93	1	imperfection	n	ˌɪmpəˈfɛkʃən	Unvollkommenheit, Fehler	imperfection	imperfezione	There are always slight imperfections in every gymnast's performance.
93	1	gymnast	n	ˈdʒɪmnæst	Turner	gymnaste	ginnasta	His daughter is a world-class gymnast.
93	1	athletics	n	æθˈlɛtɪks	Leichtathletik	athlétisme	atletica leggera	She's talking to her athletics coach.
93	1	athlete	n	ˈæθli:t	Athlet	athlète	atleta	I was a natural athlete as a child.
93	1	athleticism	n	æθˈlɛtɪsɪzəm	Athletik	athlétisme	atletismo	It requires more athleticism to be a ballet dancer than a footballer.
93	3	superstitious	adj	ˌsu:pəˈstɪʃəs	abergläubisch	superstitieux,se	superstizioso	Some people are very superstitious.
93	3	superstition	n	ˌsu:pəˈstɪʃən	Aberglaube	superstition	superstizione	There is an old superstition that walking under a ladder is unlucky.
93	3	wristband	n	ˈrɪstbænd	Armband	bracelet	braccialeto	He always wore a red wristband.
93	3	lucky charm	n	ˈlʌki tʃɑ:m	Talisman	talisman	talismano	He wouldn't go anywhere without his lucky charm.
93	3	argue	v	ˈɑ:gju:	behaupten	alléguer, débattre	affermare	It is argued that encouraging children to be competitive puts them under too much pressure.
93	3	obsessive compulsive disorder	n	əbˈsesɪv kəmˈpʌlsɪv dɪsˈɔ:də	Zwangsstörung	trouble obsessionnel compulsif	disturbo forzato/ossessivo	He's got obsessive compulsive disorder. That's why he keeps washing his hands every few minutes.
93	3	ritual	n	ˈrɪtʃuəl	Ritual	rituel	rituale	Often superstition presents itself in the form of a ritual.
93	3	indulge in	v phrase	ɪnˈdʌldʒ ɪn	nachgeben	céder à	cedere	Eve had never been one to indulge in self-pity.
93	3	irrational	adj	ɪˈræʃənəl	irrational, unvernünftig	irrationnel,le	irrazionale	He's becoming increasingly irrational.
93	3	oddly	adv	ˈɒdli	seltsamerweise	curieusement	stranamente	Oddly enough, someone asked me the same question only yesterday.
93	3	goalpost	n	ˈgəʊlˌpəʊst	Torpfosten	poteau de but	montante della porta	Some players even talk to the goalposts.
94	1	ladder	n	ˈlædə	Leiter	échelle	scala a pioli	She climbed up the ladder.
94	3	piece of luck	n phrase	ˌpi: s əv ˈlʌk	Glück	chance	fortuna	What a piece of luck that he arrived when he did.
94	3	wish somebody luck	v phrase	wɪʃ ˌsʌmbədi ˈlʌk	jmd. Glück wünschen	souhaiter bonne chance à qn	fare gli auguri a qn	He shook my hand and wished me luck.
94	3	can't believe your luck	n phrase	ˈkɑ:nt bəˈli:v jə ˈlʌk	ich kann nicht glauben, welches Glück ich habe	je n'arrive pas à croire à ma chance	Sono proprio fortunato!	I couldn't believe my luck as my number was called out.
94	3	somebody's luck runs out	n phrase	sʌnbədi:z lʌk rʌnz aʊt	jds. Glücksphase ist vorbei	la chance a tourné	i tempi fortunati sono passati	Finally my luck ran out and they caught me.
94	4	miss an opportunity	n phrase	mɪs ən ˌɒpəˈtju:nəti	eine Gelegenheit auslassen	manquer une occasion	perdere un'occasione	Dwyer never missed an opportunity to criticise her.
94	4	opponent	n	əˈpəʊnənt	Gegner	adversaire	avversario	Graf's opponent in today's final will be Sukova.
94	4	beat	v	bi:t	schlagen	battre	battere	Brazil was beaten 2-1.
94	4	target	n	ˈtɑ:ɡet	Ziel	but	bersaglio	We missed our sales targets last month.
94	4	achieve/reach a target	n	əˈtʃi:v / ri:tʃ ə ˈtɑ:ɡet	ein Ziel erreichen	atteindre son but	raggiungere un traguardo	The achieved/reached their target with just days to spare.
94	5	deserve	v	dɪˈzɜ:v	verdienen	mériter	meritare	We didn't deserve to win.
95	4	scuba diving	n	ˈsku:bə ˌdaɪvɪŋ	Tauchen	plongée sous-marine	immersione	They met while they were doing a scuba diving course.
96	1	failure	n	ˈfeɪljə	Misserfolg, Fehlschlag	échec	insuccesso, fallimento	Successful people often aren't very good at dealing with failure.
97	1	commit	v	kəˈmɪt	binden, verpflichten	obliger, engager	obbligare	Meeting them doesn't commit us to anything.
97	3	attempt	v	əˈtempt	versuchen	essayer	tentare	Weather conditions prevented them from attempting the jump.
97	3	recall	v	rɪˈkɔ:l	sich erinnern	rappeler	ricordarsi	I seem to recall I've met him before somewhere.
Unit 10								
98	1	favouritism	n	ˈfeɪvərətɪzəm	Günstlingswirtschaft	favoritisme	favoritismo	I think that favouritism is very damaging to a friendship.
98	1	damaging	adj	ˈdæmɪdʒɪŋ	schädlich	désastreux, nuisible	dannoso	The loss of jobs was damaging to morale.

Page	Act.	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
98	1	selfishness	n	'selfɪfnəs	Egoismus	égoïsme	egoismo	Selfishness is something I cannot accept in people.
98	1	dishonesty	n	dɪs'ɒnəsti	Unehrllichkeit	malhonnêteté	disonestà, insincerità	I really dislike dishonesty in other people.
98	1	favour	n	'feɪvə	Gefallen	service	favore	Could you do me a favour and tell Kelly I can't make it?
98	1	pick up where you left off	v phrase	pɪk 'ʌp weə jə left ,ɒf	mach dort weiter, wo du aufgehört hast	reprendre là où on s'est arrêté	continua dove smettevi	We'll meet again in the morning and we can pick up where we left off.
98	1	definitely	adv	'defɪnətli	definitiv, ganz sicher	sans aucun doute	di sicuro	The hotel fitness centre is definitely worth a visit.
98	1	via	prep	'vaɪə	über, mittels	via	per	I regularly contact my friends via social networking.
98	1	loyalty	n	'lɔɪəlti	Treue	loyauté	fedeltà	Elizabeth understood her husband's loyalty to his sister.
98	1	trust	n	trʌst	Vertrauen	confiance	fiducia	At first there was a lack of trust between them.
98	1	self-aware	adj	,'self'əweə	selbstkritisch, seiner selbst bewusst	qui se connaît bien	autocritico, autocosciente	It's important to be self-aware.
98	1	outgoing	adj	,'aʊt'geʊɪŋ	kontaktfreudig	ouvert et sociable	socievole	We're looking for someone with an outgoing personality.
99	4	self-centred	adj	,'self'sentəd	ichbezogen	égocentrique	egocentrico	He's the most self-centred person I know.
99	4	self-confident	adj	,'self'kɒnfədənt	selbstbewusst, selbstsicher	qui a de l'aplomb	sicuro di sé	We need to employ someone who is self-confident and charming.
99	4	selfless	adj	'selfləs	selbstlos	altruiste	altruistico	She displayed a selfless devotion to others less fortunate than herself.
99	4	self-satisfied	adj	,'self'sætəsfaɪd	selbstzufrieden	content, suffisant	soddisfatto di sé	A self-satisfied smile settled on his face.
99	4	self-sufficient	adj	,'selfsə'fɪʃənt	eigenständig, selbstversorgend, selbstgenügsam	autonome	autosufficiente	Australia is 65 percent self-sufficient in oil.
99	5	share	v	ʃeə	teilen	partager	dividersi	The three of us shared a taxi.
99	8/audio	conduct	v	kən'dʌkt	durchführen	faire	condurre	We are conducting a survey of consumer attitudes towards organic food.
99	8/audio	promote	v	prə'məʊt	befördern	promouvoir	promuovere	Helen was promoted to senior manager.
99	8/audio	catch up	phrasal v	kæʃtʃ 'ʌp	nachholen, aufholen	rattraper	recuperare	When I got home I phoned Jo to catch up on all the gossip.
99	8/audio	foursome	n	'fɔ:səm	Quartett, Vierergruppe	groupe de quatre	quartetto	Jim and Tina made up a foursome with Jean and Bruce.
99	8/audio	at short notice	n phrase	ət 'sɔ:t ,nəʊtɪs	kurzfristig	à court terme	con poco preavviso	The trip was planned at short notice.
100	1	unless	conj	ʌn'les	außer, sofern nicht	à moins que	a meno che	I can't sleep unless I have a bath before bed.
100	1	even if	adv phrase	'i:vən ɪf	selbst wenn	même si	anche se	She's going to have problems finding a job even if she gets her A levels.
100	1	as long as	adv phrase	əz 'lɒŋ əz	solange, sofern	tant que	finché, a condizione che	You can go out to play as long as you stay in the back yard.
100	1	otherwise	adv	'ʌðəwaɪz	andernfalls	sinon	altrimenti	Put your coat on, otherwise you'll get cold.
100	2	provided	conj	prə'vaɪdəd	vorausgesetzt	à condition que	supposto che, a condizione che	He can come with us, provided he pays for his own meals.
100	2	whether	conj	'weðə	ob	si	se	I don't know whether I'm free on Friday or not... Can I check and get back to you?
101	1	actual	adj	'æktʃʊəl	tatsächlich	réel, exact	infatti	I'm not joking. Those were his actual words.
101	1	present	adj	'prezənt	gegenwärtig	présent	presente	At the present time we have no explanation for this.
101	1	current	adj	'kʌrənt	derzeitig, momentan	actuel	del momento, attuale	In its current state, the car is worth £1,000.
101	1	typical	adj	'tɪpɪkəl	typisch	typique	tipico	This painting is typical of his work.
101	1	individual	adj	,'ɪndə'vɪdʒʊəl	einzel, individuell	individuel	individuale	Each individual leaf on the tree is different.
101	2	current affairs	n	,'kʌrənt ə'feəz	aktuelle Nachrichten, Zeitgeschehen	actualité	attualità	She's interested in current affairs.
101	2	keep somebody company	n phrase	ki:p ,sʌmbɒdi 'kʌmpəni	jmd Gesellschaft leisten	tenir compagnie	fare compagnia a qn	Mum was out so I stayed at home to keep my younger sister company.
101	2	companionship	n	kəm'pænjənʃɪp	Gesellschaft	compagnie	compagnia	My granny just got a cat, for companionship.
101	2	socialise	v	'səʊʃəl-aɪz	Kontakte knüpfen	socialiser	socializzare	Some people don't enjoy socialising.
101	2	workmate	n	'wɜ:ɪməɪt	Arbeitskollege/in	collègue	collega	He often goes out with this workmates.

Page	Act.	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
101	2	undemanding	adj	ˌʌndɪˈmɑːndɪŋ	wenig anspruchsvoll	peu exigeant	poco esigente	She's looking for an undemanding job.
101	2	loneliness	n	ˈləʊnlɪnəs	Einsamkeit	solitude	solitudine	Loneliness is a common problem for the elderly.
101	2	complicated	adj	ˈkɒmpləkeɪtəd	kompliziert	compliqué	complicato	The situation is very complicated, but I think I understand it now.
102	1	proportion	n	prəˈpɔːʃən	Anteil	proportion	parte, quota	The proportion of women graduates has increased in recent years.
102	1	acquaintance	n	əˈkweɪntəns	Bekanntschaft	connaissance	conoscente	She was a casual acquaintance of my family in Vienna.
102	1	make fun of	n phrase	meɪk ˈfʌn əv	sich lustig machen über	se moquer de	prendere in giro qn, ridere di qc	I'm not making fun of you. I admire what you did.
102	1	survey	n	ˈsʌːveɪ	Umfrage	enquête	inchiesta	We conducted a survey of parents in the village.
102	1	reveal	v	rɪˈviːl	enthüllen, bekanntgeben	dévoiler, révéler	rivelare, svelare	The author of the book will be revealed in the newspaper tomorrow.
102	1	be worthy of	adj phrase	biː ˈwɜːði əv	etw. wert sein	mériter, être digne de	valere	A couple of other books are worthy of mention.
102	1	crop up	phrasal v	krɒp ˈʌp	auftreten	survenir, apparaître	sorgere, succedere	You'll have to wait. Something's cropped up.
102	1	shocked	adj	ʃɒkt	schockiert	choqué	scioccato	I was deeply shocked by the news.
102	1	play a character	n phrase	pleɪ ə ˈkærəktə	eine Figur spielen	jouer un rôle/personnage	atteggiarsi un personaggio	People often play a character online.
102	1	version	n	ˈvɜːʃən	Version	version	versione	I think I preferred the television version to the novel.
102	1	alternative	n	ɔːlˈtɜːnətɪv	Alternative	alternative	alternativa	Is there a viable alternative to the present system?
102	1	distance	n	ˈdɪstəns	Abstand	distance	distanza	For some, a professional distance between their 'work' selves and their 'social' selves is necessary.
102	1	disapproving	adj	ˌdɪsəˈpruːvɪŋ	missbilligend	désapprobateur	di disapprovazione	He gave her a disapproving look.
102	1	concept	n	ˈkɒnsept	Vorstellung, Konzept	concept	concetto	I like the concept that we are citizens of the world.
102	1	distinction	n	dɪˈstɪŋkʃən	Unterscheidung	distinction	distinzione	There is often no clear distinction between an allergy and food intolerance.
102	1	meaningful	adj	ˈmiːnɪŋfəl	wichtig, von Bedeutung	utile	significativo, importante	They want a chance to do meaningful work.
102	1	interaction	n	ˌɪntərˈæksjən	Interaktion	interaction	interazione	Meaningful human interaction requires time and effort.
102	1	exchange	v	ɪksˈtʃeɪndʒ	austauschen	échanger	scambiare	We exchanged phone numbers.
102	1	update	n	ʌpˈdeɪt	Aktualisierung	mise à jour	aggiornamento	The report provides a brief update on the progress of the project.
102	1	rushed	adj	rʌʃt	gehetzt	hâtif	in fretta	We did have a meeting, but it was a bit rushed.
102	1	shallow	adj	ˈʃæləʊ	oberflächlich, flach	superficiel	superficiale	If he's only interested in your looks, that shows how shallow he is.
102	1	enemy	n	ˈenəmi	Feind	ennemi	nemico	She's a dangerous enemy to have.
102	1	element	n	ˈeləmənt	Element, kleines Stückchen	élément, part	pezzettino	There's an element of truth in your argument.
102	1	oddball	n	ˈɒdbɔːl	Kauz, Exzentriker	excentrique	tipo strano, stravagante	He's a bit of an oddball.
102	1	serial killer	n phrase	ˈsɪəriəl ˈkɪlə	Serienmörder	meurtrier en série	serial killer	The police have finally caught the serial killer.
102	1	geographically	adv	ˌdʒiːəˈgræfɪkli	geographisch	géographiquement	geograficamente	The friends might be spread wide geographically.
102	1	the net	n	ðə ˈnet	das Internet	internet	Internet	You can find more information on the net.
102	1	awkwardness	n	ˈɔːkwədnes	Unbeholfenheit, Unbehaglichkeit	côté gênant	goffaggine, scomodità	Making friends online, avoids the social awkwardness that can occur when trying to make new friends.
102	1	sustain	v	səˈsteɪn	aufrecht erhalten	maintenir	mantenere	She found it difficult to sustain the children's interest.
102	1	cut out	phrasal v	kʌt ˈaʊt	weglassen	supprimer, omettre	tralasciare, lasciare andare	The benefit is clear - you cut out all the boring small talk.
102	1	buzz around	v phrase	bʌz ə ˈraʊnd	umherschwirren	courir, circuler	svolazzare, circolare	There are always stories buzzing around.
102	1	soulmate	n	ˈsəʊlmeyt	Seelenverwandte/r	âme soeur	spirito affine	Some people say they've met their soulmate online.
102	1	die out	phrasal v	dai ˈaʊt	aussterben	disparaître	estinguersi	The wild population of koalas is in danger of dying out.

Page	Act.	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
102	1	notion	n	'nəʊʃən	Begriff, Vorstellung, Idee	idée, notion	idea	The traditional notion of marriage goes back thousands of years.
102	1	figure	n	'fɪɡə	Zahl	chiffre	quantità, numero	Government figures underestimate the problem.
102	1	countless	adj	'kaʊntləs	unzählig	je ne sais combien de fois	innumerevole	That film clip has been shown countless times.
102	1	disabled	adj	dɪs' eɪbəld	behindert	handicapé	minorato	If you are elderly or physically disabled, massage can be beneficial to you.
102	1	housebound	adj	'haʊsbəʊnd	an das Haus gebunden	confiné à la maison	legato alla casa	Without the internet, many housebound people would have no social contact at all.
102	1	naive	adj	naɪ' ɪv	naiv	naïf	ingenuo	Jim can be so naive sometimes.
102	1	social misfit	n phrase	'səʊʃəl 'mɪs ,fɪt	Außenseiter	inadapté social	outsider	I was very conscious of being a social misfit at school.
103	2	amusing	adj	ə' mju:zɪŋ	lustig	amusant	divertente	I don't find his jokes at all amusing.
103	2	ridiculous	adj	rɪ' dɪkjələs	lächerlich	ridicule	ridicolo	That's a ridiculous idea.
103	2	functional	adj	'fʌŋkʃənəl	funktional	fonctionnel	funzionale	Those buildings are sensitively designed, they're not purely functional.
103	2	genuine	adj	'dʒenjuən	echt	authentique	sincero	She is the most genuine person I've ever met.
103	2	worthwhile	adj	'wɜ:θ' waɪl	lohnenswert	qui en vaut la peine	vale la pena	I thought it was worthwhile to clarify the matter.
103	4	quick-tempered	adj	'kwɪk' tempəd	aufbrausend, jähzornig	fougueux	collerico	My sister has always been quick-tempered.
103	4	strong-willed	adj	'strɒŋ' wɪld	willensstark, eigensinnig	obstiné	determinato, ostinato	I was a strong-willed child, and insisted on having my own way.
103	4	have your head in the clouds	n phrase	hæv jə 'hed ɪn ðə ,klaʊdz	abgehoben, ein Träumer sein	avoir la tête dans les nuages	avere la testa tra le nuvole, essere un(a) sognatore (-trice)	My brother tends to have his head in the clouds. He's the dreamer in the family.
103	4	level-headed	adj	'levəl' hedəd	besonnen	pondéré	ponderato, riflessivo	She is extremely level-headed and sensible.
103	4	old-fashioned	adj	'əʊld' fæʃənd	altmodisch	démodé	fuori moda	The idea seems rather old-fashioned now.
103	4	kind-hearted	adj	'kaɪnd' hɑ:təd	gutherzig, gütig	bénin, complaisant	cordiale, benevolo	She's such a kind-hearted person, I wish I was more like her.
104	6	bond	n	bɒnd	Bindung	lien	legame	There is a strong emotional bond between mother and child.
105	5	theme park	n	'θɪ:m pɑ:k	Themenpark	parc d'attraction	parco a tema	I used to love going to theme parks.
106	2	tube	n	tju:b	U-Bahn	métro	metropolitana	It's best to travel by tube.
106	2	keep an eye out for	n phrase	ki:p ən 'aɪ ,aʊt fə	die Augen offen halten nach	faire attention	fare attenzione a	Keep an eye out for rabbits in the field.
106	2	well-built	adj	'wel' bɪlt	gut gebaut	bien bâti, robuste, costaud	ben fatto	My brother is tall and well-built.
108	6	unimaginable	adj	'ʌnɪ' mædʒənəbəl	unvorstellbar	inimaginable	inimmaginabile	He has unimaginable wealth.
108	6	noticeboard	n	'nəʊtəs ,bɔ:d	Mitteilungstafel	panneau d'affichage	insegna di notizia	She saw a message on the hospital noticeboard.
108	6	astronaut	n	'æstrɒnɔ:t	Astronaut	astronaute	astronauta	France's space centre was looking for astronauts.
108	6	spectacle	n	'spektəkəl	Spektakel	spectacle	spettacolo	The Northern Lights are an amazing spectacle.
108	7	ultimate	adj	'ʌltəmət	höchstes	final, ultime	massimo	Our ultimate objective is to have as many female members of Parliament as there are male.
Unit 11								
110	2	mountaineer	n	'maʊntə' niə	Bergsteiger	alpiniste	alpinista	The article is about a young mountaineer.
110	6	triathlon	n	traɪ' æθlən	Triathlon	triathlon	triathlon	I've never done a triathlon.
111	2	conquer	v	'kɒŋkə	bezwingen	conquérir	scalare	He is the youngest climber to conquer Everest.
111	2	inspiration	n	'ɪnspə' reɪʃən	Inspiration	inspiration	ispirazione	The beaches at Cape Cod were her inspiration.
111	2	peer	n	pɪə	Kolleg, (Alters-)genosse	collègue	coetaneo, -a	Staff members are trained by their peers.
111	2	spark a debate	v phrase	spɑ: ɪ dɪ' beɪt	eine Debatte auslösen	susciter un débat	provocare una discussione	His age sparked a debate on whether teenagers should be allowed to do these things.
111	2	drop somebody off	phrasal v	drɒp ,sʌmbɒdi 'ɒf	jmd. absetzen (mit dem Auto)	déposer	far scendere qu	I'll drop you off on your my home.
111	2	assemble	v	ə' sɛmbəl	sich versammeln	rassembler	riunirsi	A large crowd had assembled outside the American embassy.
111	2	refer to somebody	v phrase	rɪ' fɜ: tə ,sʌmbɒdi	sich bezeichnen	se nommer	autodefinirsi	They refer to themselves as Team Jordan.
111	2	comprise	v	kəm' praɪz	umfassen, enthalten, haben	comprendre	contenere, comprendere	The house comprises two bedrooms, a kitchen, and a living room.
111	2	stepmother	n	'stepmʌðə	Stiefmutter	belle-mère	matrigna	She has a good relationship with her stepmother.
111	2	be on track	n	bi: ɒn 'træk	im Plan sein	en bonne voie	essere in progetto	We're still on track for 10 percent growth.

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111	2	continent	n	'kɒntənənt	Kontinent	continent	continente	He has climbed all the highest mountains on the world's seven continents.
111	2	double life	n	ˌdʌbl̩ 'laɪf	Doppelleben	double vie	doppia vita	Marje had no idea that her husband was leading a double life.
111	2	intense	adj	ɪn'tens	stark, hoch	intense	forte, grande	Young people today are under intense pressure to succeed.
111	2	oxygen	n	'ɒksɪdʒən	Sauerstoff	oxygène	ossigeno	He had to get used to low oxygen levels high up on the mountain.
111	2	drag	v	dræg	ziehen	faire traîner, tirer	tirare	Inge managed to drag the table into the kitchen.
111	2	driveway	n	'draɪvweɪ	Einfahrt, Auffahrt	allée	ingresso, rampa d'accesso	They walked up the driveway to the big house.
111	2	litter	v	'lɪtə	verstreut herumliegen	joncher	essere sparso	Clothes littered the floor.
111	2	adventure	n	əd'ventʃə	Abenteuer	aventure	avventura	We're going on an adventure tomorrow.
111	2	gear	n	ɡɪə	Ausrüstung	matériel	equipaggiamento	We'll need some camping gear.
111	2	racer	n	'reɪsə	Rennfahrer	coureur, pilote	corridore automobilista	They have been professional racers for years.
111	2	decade	n	'dekeɪd	Jahrzehnt	décade	decennio	Things have changed a lot on the last decade.
111	2	reception	n	rɪ'seɪpʃən	Empfang	réception	accoglienza	His ideas met with a hostile reception.
111	2	solo	adj	'səʊləʊ	Solo-, allein	solo, seul	solo	He is the youngest solo sailor to sail around the world.
111	2	sailor	n	'seɪlə	Segler	voilier		We were both experienced sailors.
111	2	globe	n	ɡləʊb	Erde	globe	terra	He sailed around the globe.
111	2	controversy	n	'kɒntrəvɜ:si	Streitigkeiten	controverse	polemica	The judge's decision provoked controversy.
111	2	pre-schooler	n	ˌpri: 'sku:lə	Vorschulkind	enfant à l'âge préscolaire	bambino in età prescolare	My little brother will be a pre-schooler next year!
111	2	neighbourhood	n	'neɪbəhʊd	Nachbarschaft	quartier, voisinage	vicinato	Be quiet! You'll wake up the whole neighbourhood.
111	2	tricycle	n	'traɪsɪkl̩	Dreirad	tricycle	triciclo	He used to win neighbourhood tricycle events.
111	2	diagnose somebody with	v phrase	'daɪəgnəʊz ˌsʌmbədɪ wɪð	etwas bei jmd. diagnostizieren	diagnostiquer qc chez qn	diagnosticare qu	She was diagnosed with breast cancer.
111	2	disorder	n	dɪs'ɔ:de	Erkrankung	troubles, maladie	malattia	He suffers from a rare disorder of the liver.
111	2	painful	adj	'peɪnfəl	schmerzhaft	douloureux	doloroso	Is your arm very painful?
111	2	immobility	n	ˌɪmə'biləti	Bewegungslosigkeit	immobilité	immobilità	The months of immobility seem to have encouraged him to make adventure sports into a lifestyle.
111	2	hyper-	prefix	'haɪpə	über-	hyper-	iper-	Jordan doesn't have Paul's hyper-competitive gene.
111	2	gene	n	dʒi:n	Gen	gène	gene	Information is transferred by genes in much the same way as it is by words.
111	2	summit	n	'sʌmɪt	Gipfel	sommet	cima	Many people have now reached the summit of Mount Everest.
111	2	mouth	v	maʊð	ein Wort mit den Lippen formen	articuler silencieusement	articolare una parola con le labbra	She silently mouthed the words 'Good luck'.
111	2	vague	adj	veɪɡ	vage	vague	vago	Julia was vague about where she had been and what she had been doing.
111	2	driven	adj	'drɪvən	ehrgeizig, getrieben	obsédé	ambizioso	He claims he is not a driven workaholic.
111	2	philosophy	n	fə'ləsəfi	Philosophie	philosophie	filosofia	The company explained their management philosophy.
111	3	sour	v	sauə	vergällen, verbittern	gâter	avvelenare, guastare	An unhappy childhood has soured her view of life.
111	3	deadly	adj	'dedli	lebensgefährlich	périlleux	pericolosissimo	He climbed one of the world's deadliest mountains.
111	3	background	n	'bækgraʊnd	Herkunft, Vorgeschichte	origines	provenienza, antecedente	You have to understand his background.
111	3	wilderness	n	'wɪldənəs	Wildnis	région déserte, contrée sauvage	regione selvaggio	They entered a wilderness race.
111	3	calling	n	'kɔ:lɪŋ	Berufung	vocation	vocazione	Paul finally felt like he had found his true calling.
111	3	justification	n	ˌdʒʌstəfə'keɪʃən	Rechtfertigung	justification	giustificazione	There is no justification for holding her in jail.
112	5	broke	adj	brəʊk	pleite	fauché	essere al verde	I'm fed up with being broke all the time.
113	2	educate	v	'edʒukeɪt	unterrichten	enseigner	insegnare	I have always wanted to educate young children.
113	2	educational	adj	ˌedʒu'keɪʃənəl	Bildungs-	de l'enseignement	educativo	The educational development of children is very important.

Page	Act.	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
113	2	terrify	v	'terəfaɪ	Angst einjagen	terrifier	terrorizzare	Spiders terrify me - I can't be near them.
113	2	terror	n	'terə	Angst, Schrecken	terreur	paura, terrore	People fled in terror as fire tore through the building.
113	2	terrifying	adj	'terəfaɪ-ɪŋ	furchteinflößend	terrifiant	orrido, terribile	He told her of his terrifying experience.
113	2	strengthen	v	'streŋθən	stärker werden	se renforcer	intensificare	Our friendship has steadily strengthened over the years.
113	2	strength	n	streŋθ	Kraft, Stärke	force	forza	She didn't even have the strength to stand up.
113	2	strong	adj	strɒŋ	stark	fort	forte	He was a big strong man.
113	2	critical	adj	'krɪtɪkəl	kritisch	critique	critico	Many parents are strongly critical of the school.
113	2	endanger	v	ɪn'deɪndʒə	gefährden	mettre en danger	mettere in pericolo	If you don't wear a seatbelt, you are endangering yourself and others.
113	2	danger	n	'deɪndʒə	Gefahr	danger	pericolo	The refugees believe that their lives are in danger.
113	2	dangerous	adj	'deɪndʒərəs	gefährlich	dangereux	pericoloso	Swimming in the sea at night can be dangerous.
113	3	blood	n	blʌd	Blut	sang	sangue	I hate the sight of blood.
113	3	cheat	n	tʃi:t	Mogler, Betrüger, Falschspieler	tricheur,euse	baro, truffatore (-trice), imbroglione	My sister is such a cheat at cards.
113	3	experience	n	ɪk'spɪəriəns	Erfahrung	expérience	esperienza	You've got a lot of experience of lecturing.
113	3	be frozen	adj	'frəʊzən	gefroren sein	gelé	essere ghiacciato	The ground is frozen for most of the year.
113	3	length	n	leŋθ	Länge	longueur	lunghezza	We measured the length and width of the living room.
113	3	memory	n	'meməri	Gedächtnis	mémoire	memoria	She has a terrible memory for names.
113	3	modern	adj	'mɒdn	modern	moderne	moderno	Such companies must change if they are to compete in the modern world.
113	4	in aid of	n	ɪn aɪd əv	als Hilfe für	au bénéfice de	come aiuto per	We're collecting money in aid of cancer research.
113	4	well-being	n	ˌwel'bi:ɪŋ	Wohlbefinden	bien-être	benessere	We are responsible for the care and well-being of all our patients.
113	4	flu	n	flu:	Grippe	grippe	influenza	Steven's still in bed with flu.
113	4	put to the test	v phrase	put tə ðə 'test	testen	tester	mettere alla prova	We put 15 rain jackets to the test, and chose the best one.
113	4	weight	n	weɪt	Last	poids	peso	She felt a great weight of responsibility.
114	2	brave	adj	breɪv	mutig	courageux	coraggioso	It was brave of you to speak in front of all those people.
114	2	determined	adj	dɪ'tɜ:mənd	entschlossen	résolu	determinato	Gwen is a very determined woman.
114	2	exciting	adj	ɪk'saɪtɪŋ	aufregend	excitant	eccitante	I've got some exciting news for you.
114	2	exhausting	adj	ɪg'zɔ:stɪŋ	anstrengend	fatigant	faticoso	It had been an exhausting day.
114	2	skilful	adj	'skɪlfəl	geschickt, gewandt, geübt	adroit	abile, dotato	After a few years, he became very skilful at drawing.
114	4	risk-averse	adj	'rɪskə,vɜ:s	risikoscheu	qui craint le risque	avverso al rischio, rifiutare il rischio	Shareholders are more risk averse than they used to be.
114	4	reassure	v	ˌri:ə'ʃʊə	beruhigen	rassurer	calmare	Teachers reassured anxious parents.
114	4	slippery	adj	'slɪpəri	glatt, rutschig	glissant	scivoloso	In places, the path can be wet and slippery.
114	4	ignore	v	ɪg'no:	ignorieren, übergehen	ne pas tenir compte de	ignorare	You can't ignore the fact that many criminals never go to prison.
114	4	headgear	n	'hedʒɪə	Kopfbedeckung	couvre-chef, casque	copricapo	Each sport has different safety equipment, from headgear to harnesses.
114	4	harness	n	'hɑ:nəs	Gurt, Gurtzeug	ceinture, baudrier	cintura, cinghia	She always wears a safety harness when she climbs.
114	4	snowboarding	n	'snəʊbɔ:dɪŋ	Snowboarden	snowboard	rock-surf	His favourite sport is snowboarding.
114	4	free-running	n	'fri:ʌŋɪŋ	Free Running	parkozur	free-running	Free-running is an extreme sport.
114	4	hormone	n	'hɔ:məʊn	Hormon	hormone	ormone	Hormones are released when the body experiences stress.
114	4	adrenalin	n	ə'drenəl-ən	Adrenalin	adrénaline	adrenalina	There's nothing like a good horror film to get the adrenalin going.
114	4	basically	adv	'beɪsɪkli	im Grunde genommen	essentiellement	sostanzialmente	Basically, I'm just lazy.
114	4	stimulation	n	ˌstɪmjə'leɪʃən	Anreiz, Antrieb	stimulation	stimolazione	People who do extreme sports have a need to seek excitement and stimulation.

Page	Act.	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
114	4	destructive	adj	dɪ'strʌktɪv	zerstörerisch	destructeur	distruggente	What is good for the individual can be destructive to the family.
115	1	committed	adj	kə'mɪtəd	engagiert	dévoué	impegnato	The party has a core of committed supporters.
115	1	devoted	adj	dɪ'veʊtəd	anhänglich, zugetan	loyal	affezionato	Isabella was devoted to her brother.
115	1	concerned	adj	kən'sɜ:nd	besorgt, beunruhigt	inquiet	preoccupato per	She is concerned about how much junk food I eat.
115	1	worried	adj	'wʌrɪd	(ängstlich) besorgt, beunruhigt	soucieux	preoccupato per, inquietato per	I'm really worried about my brother.
115	1	timid	adj	'tɪməd	schüchtern	timide	timido	I was a timid child.
115	1	enthusiastic	adj	ɪn'θju:zɪ'æstɪk	enthusiastisch	passionné	entusiastico	All the staff are enthusiastic about the project.
115	3	complain about	v phrase	kəm'pleɪn ə'baʊt	sich beschweren über	se plaindre de	lamentarsi di	Residents are complaining about the amount of traffic in the area.
115	3	inaccurate	adj	ɪn'ækjərət	unzutreffend	inexact	inesatto	A lot of what has been written about him is inaccurate.
115	3	insist on	v	ɪn'sɪst ɒn	beharren auf	insister sur	insistere in	She kept insisting on her innocence.
115	3	admit to	v	əd'mɪt tu	etw. zugeben	avouer	ammettere	Dana admitted to taking the last biscuit.
115	3	be involved in	adj	bɪ: ɪn'vɒlvd ɪn	beteiligt sein	participer	essere coinvolto in	More than 30 firms were involved in the project.
115	3	prevent from	v	pri'vent frəm	abhalten von	empêcher de	impedire a	His back injury may prevent him from playing in tomorrow's game.
115	3	rely on	v	rɪ'laɪ ɒn	sich verlassen auf	compter sur	affidarsi a	I knew I could rely on David.
115	3	congratulate somebody on	v	kən'grætfəleɪt ,sʌnbɒdi ɒn	jmd. gratulieren zu	féliciter qn de	congratularsi con qu	She congratulated me warmly on my exam results.
115	4	back off	phrasal v	bæk 'ɒf	zurückweichen	reculer	retrocedere	She backed off and then turned and ran.
115	4	call off	phrasal v	kɔ:l 'ɒf	abblasen, absagen	annuler	disdire, annullare	The trip to Italy might be called off.
115	4	go off	phrasal v	gəʊ 'ɒf	hochgehen	détoner, exploser	esplodere	The bomb went off at 6.30 in the morning.
115	4	put off	phrasal v	pʊt 'ɒf	aufschieben	reporter	differire, aggiornare	The match has been put off until tomorrow because of bad weather.
115	4	see off	phrasal v	si: 'ɒf	begleiten, verabschieden	dire au revoir	congedare	They've gone to the airport to see their son off.
115	4	tell off	phrasal v	tel 'ɒf	ausschimpfen, tadeln	réprimander	sgridare	Shelley was one of those kids who was always getting told off at school.
115	4	wear off	phrasal v	wɛə 'ɒf	nachlassen, abklingen	s'atténuer	calmarsi, diminuire	As the day went on, my sleepiness wore off.
115	5	flooding	n	'flʌdɪŋ	Überschwemmung	inondation	inondazione	The heavy rain has led to serious flooding in some areas.
116	2	hobby	n	'hɒbi	Hobby	passe-temps	hobby	Susan's hobbies include reading, cooking and drama.
117	2	boxer	n	'bɒksə	Boxer	boxeur	boxeur	Boxers have to be very controlled and calm, as well as strong, if they want to win.
117	2	long-term	adj	ˌlɒŋ'tɜ:m	langfristig	à long terme	a lungo termine	I took out a long-term loan to pay for my university course.
117	2	yachtswoman	n	'jɒts,wʊmən	Seglerin	navigatrice	velista	A yachtswoman has to be very fit and well-trained.
117	2	fearless	adj	'fri:ləs	furchtlos	sans peur, intrépide	impavido	These dogs are absolutely fearless.
118	1	brochure	n	'brɔʃʊə	Prospekt	brochure	prospetto	I've picked up a few holiday brochures to look at.
118	1	hut	n	hʌt	Hütte	cabane	capanna, rifugio	You will stay in a mountain hut.
118	1	fee	n	fi:	Gebühr	frais	quota, tasse	You can use the gym and pool for a fee of £35 a month.
118	1	porter	n	'pɔ:tə	Gepäckträger	porteur	portabagagli	Your price includes the services of a porter.
118	3	tent	n	tent	Zelt	tente	tenda	We looked for a flat spot where we could pitch our tent.
118	3	deposit	n	dɪ'pɒzɪt	Anzahlung	versement initial	acconto	We put down a deposit on the house.
119	2	premier	n	'premiə	Premierminister	premier ministre	primo ministro	She was congratulated by the Australian Premier.
119	2	treacherous	adj	'treɪʃərəs	trügerisch	fallacieux	pericoloso, illusorio	Strong winds and loose rocks made climbing treacherous.
119	2	moody	adj	'mu:di	launisch	de mauvaise humeur	lunicato	Keith had seemed moody all morning.
119	2	homesick	adj	'həʊm,sɪk	an Heimweh leidend	avoir le mal du pays	avere nostalgia di (casa)	At first she was a little homesick.
119	2	tower	v	'taʊə	überragen	s'élever au-dessus de	superare	He towered over his mother.
119	2	strap yourself into	v phrase	stræp jɔ:'self ɪntə	sich anschnallen an	attacher qn /s'attacher	allacciarsi	Are the kids strapped in?

Page	Act.	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
119	2	bunk	n	bʌŋk	Koje	couchette	cuccetta, fodero	She had to strap herself into her bunk.
Unit 12								
120	1	prison	n	'prɪzən	Gefängnis	prison	prigione	The thief was sent to prison for six months.
120	2	punish	v	'pʌnɪʃ	bestrafen	punir	punire	My parents punished me by taking away my computer.
120	2	discourage	v	dɪs'kʌrɪdʒ	entmutigen	décourager	scoraggiare	My father is a lawyer, and he discouraged me from entering the field.
120	2	crime	n	kraɪm	Verbrechen	crime	crimine	He insisted that he had not committed a crime.
120	2	rehabilitate	v	ˌrɪhə'biːləteɪt	rehabilitieren	réhabiliter	riabilitare	Do you think criminals should be rehabilitated into society?
120	3	shoplifting	n	'ʃɒp,lɪftɪŋ	Ladendiebstahl	vol à l'étalage	taccheggio	She had been falsely accused of shoplifting in a clothing store.
120	3	armed	adj	ɑ:mɪd	bewaffnet	armé	armato	The prisoners were kept under armed guard.
120	3	robber	n	'rɒbə	Räuber	voleur	rapinatore, ladro	Armed robbers broke into the shop and demanded money from the till.
120	3	steal	v	sti:l	stehlen	voler	rubare	He stole money from his parents.
120	3	terrorist	n	'terərəst	Terrorist	terroriste	terrorista	Twenty people were killed in the latest terrorist attack.
120	3	fine	n	faɪn	Geldstrafe	amende	multa	She was ordered to pay £150 fine, plus court costs.
120	3	community service	n	kə,mju:nəti'sɜ:vɪs	gemeinnützige Arbeit, Sozialdienst	travaux d'intérêt général	servizio sociale/civile	He was ordered to do 100 hours of community service.
120	3	sentence	n	'sentəns	Strafe	peine	sentenza, pena	She received an eight-year prison sentence.
120	3	serve a sentence	n phrase	sɜ:v ə'sentəns	eine Strafe verbüßen	purger une peine	scontare una pena	Her husband is serving a two-year sentence for credit-card fraud.
120	3	overnight	adv	ˌəʊvə'naɪt	über Nacht	pour la nuit	per una notte	Pam's staying overnight at my house.
120	3	curfew	n	'kɜ:fju:	Hausarrest	arrestation domiciliaire	arresto domiciliare	The government imposed a night-time curfew throughout the country.
120	3	electronic tag	n phrase	ˌelɪk'trɒnɪk tæg	elektronische Fessel	bracelet électronique	bracciale elettronico	When he got out of prison he had to wear an electronic tag.
120	4	former	adj	'fɔ:mə	frühere/r	antérieur	precedente	Their farm had been reduced to half its former size.
120	5/audio	willingly	adv	'wɪlɪŋli	bereitwillig	volontiers	premurosamente	Sixty percent of voters said they would willingly pay higher taxes for better health-care.
120	5/audio	convert	v	kən'vɜ:t	umwandeln	convertir	cambiare, convertire	The converted the spare bedroom into an office.
120	5/audio	construct	v	kən'strʌkt	errichten, bauen	construire	costruire	There are plans to construct a new road bridge across the river.
120	5/audio	obey	v	əʊ'beɪ	gehörchen	obéir	ubbidire	The little boy made no effort to obey.
120	5/audio	admittedly	adv	əd'mɪtədli	zugegebenermaßen	il est vrai	com'è stato ammesso	This has led to financial losses, thought admittedly on a fairly small scale.
120	5/audio	honeymoon	n	'hʌnɪmu:n	Hochzeitsreise	voyage de noces	viaggio di nozze	We went to Italy on our honeymoon.
120	5/audio	courtyard	n	'kɔ:rtjɑ:d	Hof	cour	cortile	Everybody was lined up in the courtyard.
120	5/audio	cell	n	sel	Zelle	cellule	cella	He spent the night in the cells at the local police station.
120	5/audio	fingerprint	n	'fɪŋgə'prɪnt	Fingerabdruck	empreinte digitale	impronta digitale	His fingerprints were all over the place.
120	5/audio	hunk	n	hʌŋk	Brocken, großes Stück	gros morceau	briciolo/pezzo grande	Dinner consisted of a hunk of dry bread and black tea.
120	5/audio	sum up	phrasal v	sʌm'ʌp	zusammenfassen	résumer	riassumere	To sum up, you must take regular exercise in order to have a healthy heart.
120	5/audio	comparable	adj	'kɒmpərəbəl	vergleichbar	comparable	paragonabile	A car of comparable size would cost far more abroad.
121	7	arrest	n	ə'rest	Festnahme	arrestation	arresto	The police made an arrest yesterday morning.
121	7	suspect	n	'sʌspekt	Verdächtige/r	suspect	sospetto (-a)	Two suspects were arrested today in connection with the robbery.
121	7	witness	n	'wɪtnəs	Zeuge	témoin	testimone	Police have appealed for witnesses to come forward.
121	7	court	n	kɔ:t	Gericht	tribunal	corte, tribunale	It could not be proved in a court of law.

Page	Act.	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
121	7	judge	n	dʒʌdʒ	Richter	jugé	giudice	The trial judge specifies the number of years to be spent in prison.
121	7	harsh	adj	hɑːʃ	scharf	sévère	mordace	His theory met with harsh criticism from colleagues.
121	7	trial	n	ˈtraɪəl	Prozess	procès	processo	The trial is due to start next week.
121	7	defendant	n	dɪˈfendənt	Angeklagte/r	accusé	accusato (-a)	We find the defendant not guilty.
121	7	guilty	adj	ˈɡɪlti	schuldig	coupable	colpevole	The jury found her guilty of murder.
121	10	verdict	n	ˈvɜːdɪkt	Urteil	verdict	verdetto, giudizio	The verdict was 'not guilty'.
121	10	catch in the act	v	ˈkætʃ ɪn ðiː ˌækt	auf frischer Tat ertappen	prendre qn sur le fait	cogliere qu sul fatto/in flagrante	The gang was caught in the act of unloading stolen goods.
121	10	catch your breath	n	kætʃ jə ˈbreθ	durchatmen, wieder zu Atem kommen	reprendre son souffle	respirare profondamente	He leant against a tree until he had caught his breath.
121	10	conviction	n	kənˈvɪkʃən	Verurteilung	condamnation	condanna	They had no previous convictions.
121	10	lead	n	liːd	Hinweis	indication, piste	acento	The police are following a lead.
122	4	prohibit	v	prəˈhɪbət	verbieten	interdire	proibire	Smoking is strictly prohibited on trains and inside the station.
122	4	jury	n	ˈdʒʊəri	die Geschworenen	jury	giuria	The jury found him not guilty.
123	1	cybercrime	n	ˈsaɪbəkraɪm	Cyberkriminalität	cybercriminalité	cybercrime	How seriously to do you take cybercrime?
123	2	identity theft/fraud	n	aɪˈdentɪti ˌθeft	Identitätsdiebstahl	vol d'identité	furto di identità	I was the victim of identity theft once, it was awful.
123	2	hacking	n	ˈhæktɪŋ	Hacken (<i>Computer</i>)	piratage informatique	hacking	There is a problem with computer hacking.
123	2	libel	n	ˈlaɪbəl	Verleumdung	diffamation	diffamazione	Holt sued the newspaper for libel.
124	1	genre	n	ˈʒɒnrə	Genre	genre	genere	Crime fiction is now one the best-selling genres.
124	2	unwillingness	n	ʌnˈwɪlɪŋnəs	Widerwille, Weigerung	réticence	renitenza, aversione	His unwillingness to pay the fine landed him in court.
124	2	be fond of	adj phrase	biː fɒnd əv	etwas lieben, mögen	apprécier	essere affezionato di qc	I'd grown fond of the place and it was difficult to leave.
124	2	disbelief	n	ˌdɪsbəˈliːf	Ungläubigkeit	incrédulité	incredulità	The reaction to the murders was one of shock and disbelief.
124	2	disinterested	adj	dɪsˈɪntrestəd	uninteressiert	indifférent	disinteressato	I tried to engage her in conversation, but she seemed disinterested.
124	2	stalk	v	stɔːk	belauern, sich heranschleichen	chasser, épier	avvicinarsi di soppiatto, spiare	Our cat stalks mice through the garden at night.
124	2	meek	adj	miːk	sanft	docile	mite	He was always so meek and quiet.
124	2	cowardice	n	ˈkɔːədɪs	Feigheit	lâcheté	vigliaccheria	His cowardice was made his an outcast.
124	2	pacifism	n	ˈpæsəfɪzəm	Pazifismus	pacifisme	pacifismo	She was a great believer in pacifism.
124	2	intervene	v	ˌɪntəˈviːn	einschreiten	intervenir	intervenire	The army will have to intervene to prevent further fighting.
124	2	unfold	v	ʌnˈfəʊld	sich entfalten, sich abspielen	se dérouler	svolgersi	He had watched the drama unfold from a nearby ship.
124	2	mode	n	məʊd	Art	mode	modo	They have a relaxed mode of life that suits them well.
124	2	promenader	n	ˌprɒməˈnɑːdə	Spaziergänger	promeneur	passeggiatore	The beach was crowded with promenaders enjoying the sunshine.
124	2	brutal	adj	ˈbruːtl	brutal	brutal	brutale	It was a brutal attack on a defenceless old man.
124	2	spoil	v	spɔɪl	verschandeln, verunstalten	abîmer	deturpare	The whole park is spoiled by litter.
124	2	impromptu	adj	ɪmˈprɒmptjuː	aus dem Stegreif	improvisé	improvvisare	The band gave an impromptu concert.
124	2	faux	adj	fəʊ	falsch/e	faux	falso, imitato	She was wearing faux pearls around her neck.
124	2	immunity	n	ɪˈmjuːnəti	Immunität	exemption légale	immunità	They were granted immunity from prosecution.
124	2	voyeur	n	vɔːˈjɜːr	Voyeur	voyeur	voyeur	We had become passive voyeurs of violence.
124	2	detached	adj	dɪˈtætʃt	unbeteiligt, distanziert	détaché	non coinvolto, distante	He appeared to be totally detached from the horrific nature of his crimes.
124	2	intellectual	adj	ˌɪntəˈlektʃʊəl	intellektuell	intellectuel	intellettuale	This is a job that requires considerable intellectual effort.
124	2	bellow	n	ˈbeləʊ	Gebrüll	hurlement	urli	His voice rose to a bellow.
124	2	yell	n	jel	Schrei	cri	grido	She let out a yell when she saw me.
124	2	parade-ground	n	pəˈreɪd ˌgraʊnd	Exerzierplatz	place d'armes	piazza d'armi	His father would shout at him in his parade-ground tones.
124	2	brandish	v	ˈbrændɪʃ	schwenken, fuchteln mit	brandir	brandire, gesticolare	A man leapt out brandishing a kitchen knife.

Page	Act.	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
124	2	victory	n	'vɪktəri	Sieg	victoire	vittoria	The court's decision represents a victory for all women.
124	2	blow	n	bləʊ	Schlag	coup	botta, colpo	She died from a heavy blow to the head.
124	2	instinctively	adv	ɪn 'stɪŋktɪvli	instinktiv	d'instinct	istintivamente	He acted instinctively to save the man.
124	2	hammer	n	'hæmə	Hammer	marteau	istintivamente	He swung the bag in hammer-throw fashion.
124	2	insane	adj	ɪn 'seɪn	verrückt	fou	pazzo, matto	The whole idea sounds absolutely insane to me.
125	2	duck	v	dʌk	sich ducken	se baisser	piegarsi	If she hadn't ducked, the ball would have hit her.
125	2	weighty	adj	'weɪti	schwer, wuchtig	lourd	pesante	The weighty edge of the bag hit the man on the shoulder.
125	2	spin	v	spɪn	sich (schnell) drehen	tourner	girarsi, rotare	The plane's propellers were spinning.
125	2	token	adj	'təʊkən	Alibi-	symbolique pour la forme, alibi	alibi-	You're our token man,' one of them said.
125	2	culprit	n	'kʌlprɪt	Täter	coupable	reo (-a)	Police finally managed to catch the culprit.
125	2	missile	n	'mɪsaɪl	Rakete, Wurfgeschoss	missile	missile, proiettile	Demonstrators threw missiles at the police.
125	2	anonymous	adj	ə 'nɒnəməs	anonym	anonyme	anonimo	Martin tried to make himself an anonymous figure in the queue.
125	2	figure	n	'fɪgə	Gestalt	figure	figura	Through the window I could see the commanding figure of Mrs Bradshaw.
125	2	pretend	v	pri 'tend	vorgeben; so tun, als ob	simuler, faire semblant	pretendere, fingere	Let's pretend we're on the moon.
125	2	bully	v	'bʊli	drangsalieren, einschüchtern	intimider, maltraiter	vessare, intimidire	Don't let them bully you into working on Saturdays.
125	2	cling on to	phrasal v	klɪŋ 'ɒn tə	sich an etwas festklammern	re raccrocher à	aggrapparsi a qu/qc	He clung on to the hope that she would forgive him.
125	2	arc	n	ɑ:k	Bogen	arc	arco	The sun moves across the sky in an arc.
125	2	annihilation	n	ə 'naɪə 'leɪʃən	Zerstörung, Vernichtung	anéantissement	distruzione	We must divert the flood waters to avoid total annihilation of the village!
125	2	hand-clap	n	'hændklæp	Applaus	applaudissement	applauso	They gave Martin a slow hand-clap.
125	2	follow through	phrasal v	'fɒləʊ 'θru:	etw. durchziehen, zu Ende bringen	aller au bout de	terminare	The project went wrong when the staff failed to follow through.
125	2	set aside	phrasal v	set ə 'saɪd	beiseite legen	mettre de côté	mettere da parte	Both sides agreed to set aside the question of independence.
125	3	road rage	n	'rəʊd reɪdʒ	aggressive Fahrweise	violence au volant	furia al volante	Road rage seems to be on the increase.
126	1	break-in	n	'breɪkɪn	Einbruch	cambiolage	scasso	Since the break-in we've had all our locks changed.
126	3	ache	v	eɪk	schmerzen	faire mal	dolere	His feet were aching from standing so long.
126	3	short-sighted	adj	ʃɔ:t 'saɪtəd	kurzsichtig	myope	miope	I need glasses because I'm short-sighted.
126	3	optician	n	ɒp 'tɪʃən	Optiker	opticien	ottico	I visited the optician yesterday.
126	3	shed	n	ʃed	Schuppen	remise	capannone	I keep all the tools in the garden shed.
127	1	go off ¹	phrasal v	gəʊ 'ɒf	schlecht werden	s'abîmer	guastarsi, deteriorarsi	The milk's gone off.
127	1	go off ²	phrasal v	gəʊ 'ɒf	aufhören etw. zu mögen	ne plus aimer qc	finire di piacere	Many women go off coffee during pregnancy.
127	1	go off ³	phrasal v	gəʊ 'ɒf	ausgehen, erlöschen	s'éteindre	spegnere	Suddenly, all the lights went off.
127	1	go over	phrasal v	gəʊ 'əʊvə	über etw. drübergehen	examiner en détail	controllare	I went over my report to make sure I had included everything.
127	1	go on ¹	phrasal v	gəʊ 'ɒn	weitermachen	continuer	continuare	He went on working until he was 91.
127	1	go on ²	phrasal v	gəʊ 'ɒn	vor sich gehen, geschehen	se passer	svolgersi, succedere	I don't know what's going on.
127	1	go ahead	phrasal v	gəʊ ə 'hed	etw. in Angriff nehmen	y aller	abbordare	They've decided to go ahead with the plans to build 50 new houses on the site.
127	1	go down	phrasal v	gəʊ 'daʊn	hinunterfahren, sich abschalten	se débrancher	disinserire, spegnere	If one of the file servers goes down, you lose the whole network.
127	1	sour	adj	sauə	sauer	aigre	acido	Rachel sampled the wine. It was sour.
127	1	revise	v	rɪ 'vaɪz	revidieren	réviser	cambiare	The college has revised its plans because of local objections.
127	4	in the footsteps	n phrase	ɪn ðə 'fʊtstɛps	in die Fußstapfen treten	marcher sur les traces de qn	seguire le orme di qn	He is a doctor and expects his son to follow in his footsteps.
127	4	fictional	adj	'fɪkʃənəl	fiktiv	imaginaire	fittivo	The novel is set in the fictional German town of Kreiswald.
127	4	detective	n	dɪ 'tektɪv	Detektiv	déetective	detective	Sherlock Holmes is a famous fictional detective.

Page	Act.	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
127	4	novel	n	'nɒvəl	Roman	roman	romanzo	The novels of Charles Dickens are famous around the world.
127	4	flock	v	fɒk	in Scharen herbeiströmen	affluer	affluire	People have been flocking to the exhibition.
128	5	plead	v	plɪ:d	plädieren	plaider	chiedere	He's probably going to plead guilty.
129	1	offence	n	ə'fens	Straftat, Vergehen	infraction	delitto, trasgressione	His solicitor said he committed the offence because he was heavily in debt.
129	1	solve	v	sɒlv	lösen	résoudre	solvere	More than 70 percent of murder cases were solved last year.
Unit 13								
130	1	resemble	v	rɪ'zembəl	ähneln	ressembler	assomigliare	He grew up to resemble his father.
130	1	feature	n	'fi:tʃə	Merkmal	caractéristique	segno caratteristico	Her eyes were her best feature.
130	2	blindness	n	'blaɪndnəs	Blindheit	cécité	cecità	Some people suffer from 'face blindness'.
130	2	clue	n	klu:	Hinweis, Indiz	indice	indizio	Police have found a vital clue.
130	2	assume	v	ə'sju:m	annehmen, vermuten	supposer	supporre	I didn't see your car, so I assumed you'd gone out.
131	2	disability	n	ˌdɪsə'biləti	Behinderung	handicap	handicap	Public places are becoming more accessible to people with disabilities.
131	2	misleading	adj	mɪs'li:dɪŋ	irreführend	trompeur	che trae in inganno	The article was misleading, and the newspaper has apologised.
131	2	condition	n	kən'dɪʃən	Leiden	maladie	malattia	People suffering from this condition should not smoke.
131	2	embarrassing	adj	ɪm'bærəsɪŋ	peinlich	embarrassant	imbarazzante, spiacevole	She asked a lot of embarrassing questions.
131	2	pretty	adj	'prɪti	ziemlich	assez	quasi	I'm pretty sure he'll say yes.
131	2	facial	adj	'feɪʃəl	Gesichts-	facial	facciale	Victor's facial expression didn't change.
131	2	be thrown	v phrase	bi: 'θrəʊn	aufgeschmissen sein	perdu	stare fresco	I can be completely thrown if someone has their hair coloured.
131	2	beard	n	bɪəd	Bart	barbe	barba	His beard has gone very grey this year.
131	2	contact lens	n	'kɒntækt ˌlenz	Kontaktlinse	lentille de contact	lenti a contatto	I've thrown my glasses away now that I've got contact lenses.
131	2	greet	v	gri:t	grüßen	saluer	salutare	Belinda greeted her warmly.
131	2	flatmate	n	'flætmeɪt	Mitbewohner	colocataire	coabitatore (-trice)	She's got two flatmates now.
131	2	studio	n	'stju:diəʊ	Studio, Büro	studio, bureau	studio	Andrea works in a design studio.
131	2	jewellery	n	'dʒu:əlri	Schmuck	bijoux	gioielli	She wears a lot of gold jewellery.
131	2	tricky	adj	'trɪki	trickreich, knifflig, schwierig	difficile	complicato, delicato	I can get you tickets for the show but it'll be tricky.
131	2	identical	adj	aɪ'dentɪkəl	identisch	identique	identico	The sisters were identical in appearance and character.
131	2	client	n	'klaɪənt	Kunde	client	cliente	He's got a meeting with an important client.
131	2	obviously	adv	'ɒbvɪəsli	offensichtlich	évidemment	evidentemente	We're obviously going to need more help.
131	2	faintly	adv	feɪntli	schwach, leicht	faiblement	debolmente	She smiled faintly.
131	2	occurrence	n	ə'kʌrəns	Ereignis, Vorfall	fait	avvenimento	Flooding is a common occurrence in the area.
131	2	stand out	phrasal v	stænd 'aʊt	hervorstechen, herausragen	sortir de l'ordinaire	sporgere	Three of the cars we tested stood out from the rest.
131	2	birthmark	n	'bɜ:θmɑ:k	Muttermal	tache de naissance	neo	Paul had a birthmark on his left cheek.
131	2	plot	n	plɒt	Plot, Geschichte	intrigue	plot	The plot was a little confusing.
131	2	earplug	n	'ɪəplʌg	Ohrstöpsel	embout auriculaire	tappo per le orecchie	I have to wear earplugs, otherwise I can't sleep.
131	2	consciously	adv	'kɒnjəsli	bewusst	consciemment	consapevolmente, coscientemente	She was probably not consciously aware of her true feelings.
131	2	offend	v	ə'fend	verletzen, beleidigen, kränken	offenser	offendere	His remarks deeply offended many Scottish people.
131	2	trigger	v	'trɪgə	auslösen	déclencher	provocare	The protests were triggered by spending cuts.
131	2	reflection	n	rɪ'flekʃən	Spiegelbild	reflet	riflesso	Can you see your reflection in the glass?
131	2	hint	n	hɪnt	Hinweis	indice	indicazione	There have been hints that he may take up coaching.
131	3	strategy	n	'strætədʒi	Strategie	stratégie	strategia	The police had a new strategy for dealing with crime.
131	4	come across ¹	phrasal v	kʌm ə'krɒs	auf etwas stoßen	tomber sur	trovare qn/qc	I came across an old diary in her desk.
131	4	come across ²	phrasal v	kʌm ə'krɒs	wirken wie	apparaître comme qn de	dare l'impressione di, sembrare come	He comes across as a very intelligent sensitive man.

Page	Act.	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
131	4	come up with	phrasal v	kʌm 'ʌp wið	entwickeln, sich einfallen lassen	trouver, inventer	sviluppare, farsi venire qc	We've been asked to come up with some new ideas.
131	4	come round	phrasal v	kʌm ə 'raʊnd	sich einer Sache anschließen	se laisser convaincre	aderire ad una cosa	It took him a while to come round to the idea.
131	4	come down with	phrasal v	kʌm 'daʊn wið	an etw. erkranken	attraper	ammalarsi di qc	I think I'm coming down with a cold.
131	4	come into	phrasal v	kʌm 'ɪntə	erben	entrer en possession	ereditare	She'll come into quite a lot of money when her father dies.
131	4	come out	phrasal v	kʌm 'aʊt	herauskommen	être communiqué	uscire, risultare	When are the exam results coming out?
131	4	come up	phrasal v	kʌm 'ʌp	bevorstehen, sich ereignen	être imminent	essere imminente, operarsi	With Christmas coming up, people don't have much money to spare.
132	1	fancy dress	n	'fænsi 'dres	Verkleidung, Faschingskostüm	déguisement	mascheramento	We're going to a fancy dress party tomorrow.
132	1	wig	n	wɪɡ	Perücke	perruque	parrucca	Everyone is wearing a wig at the party.
132	1	minor	adj	'maɪnə	geringfügig	moindre	insignificante, esiguo	We have made some minor changes to the programme.
133	2	speculate	v	'spekjəleɪt	spekulieren	spéculer	speculare	She refused to speculate.
134	1	go blank	adj phrase	ɡəʊ 'blæŋk	der Kopf ist wie leer	avoir la tête vide	la testa è vuota, avere un blackout	My heart began to race and my mind went blank.
134	1	lose your mind	v phrase	lu:z jə 'maɪnd	seinen Verstand verlieren	perdre la raison	perdere la testa/essere impazzito	Nicholas stared at her as if she'd lost her mind.
134	1	bear in mind	n phrase	'beə ɪn 'maɪnd	berücksichtigen, im Gedächtnis behalten	garder à l'esprit	tenere a mente/conto	Thanks for your ideas. I'll bear them in mind.
134	1	be in two minds	number phrase	bi: ɪn 'tu: 'maɪnds	unentschlossen sein	être indécis, irrésolu	essere indeciso	I was in two minds about whether or not to go out with him.
134	1	cross somebody's mind	n phrase	'krɒs ,sʌmbədɪz 'maɪnd	jmd. in den Sinn kommen	traverser l'esprit de qn	venire in mente a qu	It never crossed my mind that Lisa might be lying.
134	1	slip somebody's mind	n phrase	'slɪp ,sʌmbədɪz 'maɪnd	entfallen, vergessen	échapper à qn	dimenticare, uscire di mente, sfuggire	It had completely slipped her mind that Dave still had a key to the house.
134	1	put somebody's mind at rest	n phrase	pʊt ,sʌmbədɪz 'maɪnd ət 'rest	sich beruhigen	se rassurer	calmarsi	If you're worried, see a doctor to set your mind at rest.
134	1	take somebody's mind off something	n phrase	teɪk ,sʌmbədɪz 'maɪnd ɒf sʌmθɪŋ	sich ablenken	distraindre qn de qc	stordirsi	Going back to work helped take my mind off Ian's illness.
134	3	record	v	rɪ'kɔ:d	protokollieren, aufzeichnen	noter	registrare	I try to record every film I see in my diary.
134	3	preserve	v	pri'zɜ:v	erhalten, bewahren	préserver	conservare, proteggere	It's so important to preserve our rainforests, as they're home to millions of animals.
134	3	maintain	v	meɪn'teɪn	aufrechterhalten, behaupten	maintenir	mantenere	Britain wants to maintain its position as a world power.
134	3	reflect	v	rɪ'flekt	nachdenken, reflektieren	réfléchir	riflettere	He had time to reflect on his successes and failures.
134	4	consider	v	kən'sɪdə	in Betracht ziehen	considérer	prendere in considerazione	I seriously considered resigning.
135	1	approximately	adv	ə'prɒksəmətli	annäherungsweise, in etwa	environ	approssimativo	The disease affects approximately 10 percent of the adult population.
135	1	remaining	adj	rɪ'meɪnɪŋ	verbleibend, restlich	restant	restante	The few remaining guests were in the kitchen.
135	1	significant	adj	sɪɡ'nɪfɪkənt	wesentlich	considérable	essenziale, fondamentale	Please inform us if there are any significant changes in your plans.
135	1	meaningless	adj	'mi:nɪŋləs	bedeutungslos	insignifiant	insignificante	He said a few meaningless words to his hostess and looked round the room.
135	1	handful	n	'hændfʊl	Handvoll	poignée	manciata	The boy picked up a handful of stones and started throwing them at us.
135	1	delete	v	dɪ'li:t	löschen	supprimer	cancellare	His name was deleted from the list.
135	1	fraction	n	'frækʃən	Bruchteil	fraction	frazione	I got these shoes at a fraction of the original price.
135	1	vacant	adj	'veɪkənt	frei, verfügbar	libre, disponible	vacante	Only a few apartments are vacant.
135	1	in reality	n	rɪ:'ælətɪ	in Realität	en réalité	in realtà	In reality, violent crimes are still extremely rare.
135	1	valuable	adj	'væljuəbəl	wertvoll	précieux	di valore, prezioso	Their most valuable belongings were locked in a safe in the bedroom.
135	1	worthless	adj	'wɜ:θləs	wertlos	sans valeur	senza valore, non vale nulla	The house was full of worthless junk.
136	1	unsociable	adj	ʌn'səʊʃəbəl	reserviert, ungesellig	peu sociable	poco socievole, riservato	Her colleagues were unsociable.
136	1	support	n	sə'pɔ:t	Unterstützung	support	appoggio, supporto	Local people have given us a lot of support in our campaign.

Page	Act.	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
136	1	volunteer	n	ˌvɒlənˈtɪə	Freiwillige/r	volontaire	volontario (-a)	Most of the relief work was done by volunteers.
136	4	time flies	v phrase	taɪm ˈflaɪz	die Zeit verfliegt im Nu	le temps passe vite	il tempo vola/fugge	They say time flies when you're having fun.
136	4	ahead of your time	n phrase	əˈhed əv jə ˈtaɪm	seiner Zeit voraus	être en avance sur son temps	avere percorso i tempi	Coleridge's understanding of the human mind was way ahead of his time.
136	1/audio	conversational	n	ˌkɒnvəˈseɪʃənəl	gesprächig, plauder-, Unterhaltung	de conversation	loquace, di conversazione	The article was written in straightforward, almost conversational language.
136	1/audio	straightforward	n	ˌstreɪtˈfɔːwəd	eindeutig, einfach, unkompliziert	simple	schietto, semplice	This area of law is far from straightforward.
136	1/audio	compromise	n	ˈkɒmprəmaɪz	Kompromiss	compromis	compromesso	To stop the arguments they decided on a compromise.
136	1/audio	conservation	v	ˌkɒnsəˈveɪʃən	Naturschutz, Erhaltung	conservation, protection	tutela della natura, conservazione	She got a job with a conservation magazine.
136	1/audio	pin number	n phrase	ˈpɪn ˌnʌmbə	PIN-Nummer	code confidentiel	numero di pin	I couldn't remember the pin number for my credit card.
137	2	forgetful	adj	fəˈɡetfəl	vergesslich	perdre un peu la mémoire	smemorato	He's become very forgetful recently.
137	2	wallet	n	ˈwɒlət	Portemonnaie, Brieftasche	portefeuille	portafoglio	I've only got about £10 in my wallet.
138	1	lose your temper	n phrase	luːz jə ˈtempə	die Beherrschung verlieren	s'emporter	perdere il controllo/il calma	It was hot and I was beginning to lose my temper.
138	2	owe	v	əʊ	schulden	devoir	dovere	I owe Shaun a letter; I must write soon.
138	2	apology	n	əˈpɒlədʒi	Entschuldigung	excuses	scusa	She finally received an apology from the company.
138	2	by accident	n phrase	bɑɪ ˈæksədənt	zufällig	par hasard	per caso	I met her quite by accident.
139	1	coma	n	ˈkəʊmə	Koma	coma	coma	He was in a coma for nearly a week.
139	1	curtain	n	ˈkɜːtɪn	Vorhang	rideau	tenda	Ella drew the curtains and switched on the light.
139	1	voice	n	vɔɪs	Stimme	voix	voce	He recognised her voice instantly.
139	1	stranger	n	ˈstreɪndʒə	Fremde/r	étranger	straniero (-a)	Children must not talk to strangers.
Unit 14								
140	1	accent	n	ˈæksənt	Akzent	accent	accento	He had a strong Irish accent.
140	2	shrug	v	ʃrʌɡ	(mit den Schultern) zucken	hausser les épaules	prendere alla leggera, alzare le spalle	I just shrugged my shoulders and ignored him.
140	2	eyebrow	n	ˈaɪbrəʊ	Augenbraue	sourcil	sopracciglio	He's got thick bushy eyebrows.
140	2	cross your fingers	v phrase	kros jə ˈfɪŋgəz	die Daumen drücken	croiser les doigts	incrociare le dita	She hung the washing out, then crossed her fingers for a dry day.
140	2	roll your eyes	v phrase	rəʊl jɔːr ˈaɪz	mit den Augen rollen	lever les yeux au ciel	roteare gli occhi	Lucy rolled her eyes as Tom sat down beside her.
140	3	gesture	n	ˈdʒestʃə	Geste	geste	gesto	Jim raised his hands in a despairing gesture.
140	3/audio	comment	v	ˈkɒment	Bemerkungen machen über	faire des commentaires	commentare, fare un commento di	People were always commenting on his size.
140	3/audio	fed up	adj	ˌfed ˈʌp	etw. satt haben	en avoir marre	essere stufo di	She felt tired and a bit fed up.
140	3/audio	copy	v	ˈkɒpi	kopieren	copier	copiare	Could you copy this letter and send it out, please?
140	3/audio	pronounce	v	prəˈnaʊns	aussprechen	prononcer	pronunciare	How do you pronounce your last name?
140	3/audio	rude	adj	ruːd	unhöflich	impoli	scortese	I didn't mean to be rude, but I had to leave early.
140	3/audio	aware	adj	əˈweə	sich bewusst sein, wissen	au courant, conscient de	essere conscio di, avere coscienza di	The children are aware of the dangers of walking alone at night.
140	3/audio	privacy	n	ˈprɪvəsi	Privatsphäre	vie privée	privacy	With seven people squashed in one house, you don't get much privacy.
140	3/audio	exception	n	ɪkˈsepʃən	Ausnahme	exception	eccezione	It's been cold, but today's an exception.
140	3/audio	arrogant	adj	ˈærəɡənt	arrogant	arrogant	arrogante	He was unbearably arrogant.
140	3/audio	helpline	n	ˈhelplʌn	Hotline	service d'assistance téléphonique	hot line	I work for a customer service helpline.
140	3/audio	interact	v	ˌɪntərˈækt	sich austauschen, zusammenarbeiten, zusammen spielen	communiquer	interagire, cambiarsi, cooperare	Lucy interacts well with other children in the class.
140	3/audio	non-verbal	adj	ˌnɒn ˈvɜːbəl	non-verbal	non verbal	non verbale, senza parole	Men may be more aware of non-verbal communication.
140	3/audio	body language	n	ˈbɒdi ˌlæŋɡwɪdʒ	Körpersprache	langage corporel	linguaggio del corpo	It was obvious from Luke's body language that he was nervous.

Page	Act.	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
140	3/audio	awful	adv	ˈɔːfəl	sehr	très	molto	These clues tell you an awful lot about someone's personality.
140	3/audio	throat	n	θrəʊt	Hals	gorge	collo	She fingered the pearls at her throat.
140	3/audio	native tongue	adj phrase	ˈneɪtv ˌtʌŋ	Muttersprache	langue maternelle	lingua madre	Her native tongue is Spanish, but she also speaks English and Portuguese.
141	6	not speak a word of	v phrase	nɒt spi:k ə ˈwɜːd əv	kein Wort sprechen	ne pas parler un seul mot	parlare nessuna parola	I don't speak a word of French.
141	6	have a big mouth	n phrase	hæv ə ˈbɪɡ ˌmaʊθ	eine große Klappe haben	avoir une grande gueule	fare lo sbruffone	Don't tell her anything - she has such a big mouth.
141	6	forgive	v	fə ˈɡɪv	verzeihen	pardonner	perdonare	I've tried to forgive him for what he said.
141	7	tell the difference	v	tel ðe ˌdɪfərəns	den Unterschied erkennen	voir la différence	riconoscere la differenza	I can't tell the difference between the twins.
141	7	tell a joke	n phrase	tel ə ˈdʒəʊk	einen Witz erzählen	raconter une blague	raccontare barzellette	He told us a really good joke.
141	7	tell a lie	n phrase	tel ə ˈlaɪ	lügen	mentir	mentire	He told me a lie.
141	7	talk rubbish	n phrase	tɔːk ˈrʌbɪʃ	Unsinn erzählen	raconter des conneries	dire schiocchezze	You do talk rubbish sometimes.
141	7	tell a secret	n phrase	tel ə ˈsiːkrət	ein Geheimnis sagen	confier un secret à qn	raccontare un segreto	Let me tell you a secret.
141	7	talk sense	n phrase	tɔːk ˈsens	vernünftig reden	dire des choses sensées	ragionevole parlare	She talks a lot of sense.
141	7	talk to yourself	n phrase	tɔːk tə ˈjə ˈself	Selbstgespräche führen	parler tout seul	parlare fra sé	I often talk to myself.
141	8	it goes without saying	v phrase	ɪt ɡəʊz ˌwɪðaʊt ˈseɪ-ɪŋ	selbstverständlich	cela va sans dire	naturalmente, senz'altro	It goes without saying that the internet is a good source of information.
141	8	actions speak louder than words	idiom	ˈækʃnz spi:k ˌlaʊdə ðən ˌwɜːdz	Taten sagen mehr als Wort	mieux vaut agir que de parler	le azioni parlano più delle parole	I've always thought that actions speak louder than words.
141	8	say the word	v phrase	ˈseɪ ðə ˌwɜːd	sag es einfach, und es wird getan	dis-le	dire semplice, ed è fatto	Anywhere you want to go, just say the word.
141	8	say for yourself	v phrase	ˈseɪ fə ˈjə ˌself	zu seiner Verteidigung sagen	avoir comme excuse	dire in sua difesa	What have you got to say for yourself?
141	8	generally speaking	adv phrase	ˈdʒenərəli ˌspiːkɪŋ	allgemein gesprochen	généralement	parlato in generale	Generally speaking, large breeds of dog are becoming less popular.
141	8	speak your mind	v phrase	spi:k ˈjə maɪnd	sag, was du denkst	dire ce que l'on pense	dimmi cosa ne pensi	He was a tough politician who wasn't afraid to speak his mind.
141	9	mumble	v	ˈmʌmbəl	murmeln	marmonner	mormorare	He bumped into someone and mumbled an apology.
141	9	mutter	v	ˈmʌtə	nuscheln, murmeln	marmonner	farfugliare	Elsie muttered something I couldn't catch and walked off.
141	9	whisper	v	ˈwɪspə	flüstern	chuchoter	sussurrare	You don't have to whisper, no one can hear us.
142	1	unacceptable	adj	ˌʌnək ˈseptəbəl	inakzeptabel	inacceptable	inaccettabile	I found her attitude totally unacceptable.
142	2	applause	n	ə ˈplɔːz	Applaus	applaudissements	applauso	He left the stage to rapturous applause.
142	2	tip	v	tɪp	Trinkgeld geben	donner de pourboire	lasciare una mancia	Did you tip the waiter?
143	5	paraphrase	n	ˈpærəfreɪz	Umschreibung	paraphrase	perifrasi	If you don't know how to say something, try to use a paraphrase.
144	1	bark	v	bɑːk	bellen	aboyer	abbaiare	The dog always barks at strangers.
144	1	growl	v	ɡraʊl	knurren	gronder	ringhiare	The dog growled at me.
144	1	lick	v	lɪk	lecken	lécher	leccare	The dog jumped up and licked her face.
144	1	sniff	v	snɪf	riechen, schnüffeln	renifler	annusare	He opened the milk and sniffed it.
144	1	mark its territory	n phrase	ˈmɑːk ɪts ˌterətəri	sein Territorium markieren	marquer son territoire	marcare il suo territorio	A dog uses urine to mark its territory.
144	1	wag its tail	v phrase	ˈwæg ɪts ˌteɪl	mit dem Schwanz wedeln	remuer	scodinzolare	Every time my dog sees me it wags its tail.
144	1	psychologist	n	sai ˈkɒlədʒɪst	Psychologe/in	psychologue	psicologo	He is a psychologist who studies dog behaviour.
144	2	anthropologist	n	ˌænθrə ˈpɒlədʒɪst	Anthropologe/in	anthropologue	antropologo	He is an anthropologist with several years experience in the field.
144	2	engaging	adj	ɪn ˈɡeɪdʒɪŋ	gewinnend	charmant	attraente, simpatico	He had an engaging smile.
144	2	intensity	n	ɪn ˈtensɪti	Stärke	intensité	intensità	The intensity of the hurricane was frightening.
144	2	affection	n	ə ˈfekʃən	Zuneigung	affection	affetto	Bart had a deep affection for the old man.
144	2	devote	v	dɪ ˈvəʊt	sich widmen	se consacrer à	dedicarsi a	He devoted his energies to writing films.
144	2	rat	n	ræt	Ratte	rat	ratto	A lot of people keep rats as pets.
144	2	crow	n	krəʊ	Krähe	corbeau	cornacchia	There are two crows in the garden.
144	2	cockroach	n	ˈkɒk-rəʊtʃ	Schabe, Kakerlake	cafard	scarafaggio	She screamed when she saw the cockroach.
144	2	irritation	n	ˌɪrə ˈteɪʃən	Ärger	irritation	irritazione	The heavy traffic is a source of irritation.
144	2	puzzle	n	ˈpʌzəl	Rätsel	mystère, casse-tête	enigma	She enjoys doing word puzzles.
144	2	confirm	v	kən ˈfɜːm	bestätigen	confirmer	confermare	New evidence has confirmed the first witness' story.
144	2	prejudice	n	ˈpredʒədəs	Vorurteil	préjugé	pregiudizio	Women still face prejudice in the workplace.

Page	Act.	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
144	2	signal	n	'sɪgnəl	Signal, Zeichen	signal	segnale	At a prearranged signal the lights went out.
144	2	perspective	n	pə'spektɪv	Perspektive	perspective	prospettiva	His father's death gave him a whole new perspective.
144	2	come along for the ride	n phrase	klɪm ə' lɒŋ fə ðə ,raɪd	einfach nur mit dabei sein	être de la partie	partecipare a qc	A couple of friends had come along for the ride.
144	2	receptor cell	n phrase	rɪ'septə sel	Rezeptorzelle	cellule récepteur	cellula ricettiva	Sniffing objects gets smells to the brain via receptor cells.
144	2	convey	v	kən'veɪ	vermitteln	exprimer	mediare	All this information can be conveyed in a simple diagram.
144	2	mating	n	'meɪtɪŋ	Paarung	accouplement	accoppiamento	Mating happens in the springtime.
144	2	scent	n	sent	Duftmarke	fumet	scia	Dogs like to leave their scent on lampposts.
145	2	pack	n	pæk	Rudel	meute	branco	He has done research into wild dog packs.
145	2	puppy	n	'pʌpi	Welpen	petit	cucciolo	They've just got a six-month old puppy.
145	2	hunting	n	'hʌntɪŋ	Jagd, Jagen	chasse	caccia	The puppies lick their mother's faces on return from hunting.
145	2	welcome	v	'welkəm	begrüßen	accueillir	salutare	I must be there to welcome my guests.
145	2	exaggeration	n	ɪg ,zædʒə'reɪʃən	Übertreibung	exagération	esagerazione	It would be an exaggeration to say that we were close friends.
145	2	mammal	n	'mæməl	Säugetier	mammifère	mammifero	All mammals tend to produce the same kinds of sounds.
145	2	take advantage of	n phrase	teɪk əd'vɑ:ntɪdʒ əv	ausnutzen	exploiter	sfruttare	Don't lend them the car - they're taking advantage of you!
145	2	range	n	reɪndʒ	Bereich	gamme	zona	Your blood pressure is well within the normal range.
145	2	pitch	n	pɪtʃ	Tonhöhe	hauteur, ton	altezza del suono	Dogs can hear things at a higher pitch than humans can.
145	2	frequency	n	'fri:kwənsi	Frequenz	fréquence	frequenza	Dolphins produce a high frequency sound.
145	2	vocal	adj	'vəʊkəl	Gesangs-, Sing-	vocal	vocale	Allison's vocal style is influenced by country and blues music.
145	2	domesticate	v	də'mestə'keɪt	zähmen, domestizieren	domestiquer	addomesticare	Dogs developed a wider vocal range as they became domesticated.
145	2	reassurance	n	,ri:ə'ʃʊərəns	Beruhigung, Bestätigung, Versicherung	réconfort	rassicurazione	Parents are looking for reassurance about their children's safety.
145	2	guidance	n	'gɑ:dnəns	Führung, Leitung	conseil	guida	I asked my manager for guidance on my career.
145	2	inspect	v	ɪn'spekt	inspizieren, untersuchen	examiner de près	ispezionare	I got out of the car to inspect the damage.
145	2	spy on	phrasal v	'spai ,ɒn	ausspionieren	espionner	spiare	She sent you to spy on me, didn't she?
145	2	comings and goings	n phrase	'kʌmɪŋz ən ,gəʊɪŋz	Kommen und Gehen	va-et-vient	andare e venire	Beds are arranged so that patients can watch the comings and goings of visitors and staff.
145	2	tire	v	tʌə	ermüden	se fatiguer	stancare	As we neared the summit, we were tiring fast.
145	2	character	n	'kærəktə	Charakter	caractère	carattere	He has a cheerful but quiet character.
145	2	contrary to popular belief	adj phrase	'kɒntrəri tə 'pɒpjələ bə ,li:f	entgegen der allgemeinen Auffassung	contrairement à ce que l'on peut croire	contrariamente alla opinione/credenza comune	Contrary to popular belief, a desert can be very cold.
145	2	wolves	n	wʊlf	Wölfe	loups	lupi	Wolves hunt in packs.
145	2	interpret	v	ɪn'tɜ:pɪt	interpretieren, deuten	interpréter	interpretare	His refusal to work late was interpreted as a lack of commitment to the company.
145	5	his bark is worse than his bite	idiom	hɪz 'bɑ:k ɪz wɜ:s ðən hɪz ,baɪt	Hunde, die bellen, beißen nicht.	il fait plus de bruit que de mal	cani che abbaiano non mordono	Don't worry, her bark is worse than her bite!
145	5	let the cat out of the bag	idiom	let ðə 'kæt aʊt əv ðə ,bæg	Die Katze aus dem Sack lassen	vendre la mèche	spiattellare il segreto	Oh dear! I think I let the cat out of the bag.
145	5	put the cat among the pigeons	idiom	put ðə 'kæt ə'mɒŋ ðə ,pɪdʒənz	für Unruhe sorgen	lancer le pavé dans la mare	causare agitazione	So she really put the cat among the pigeons by announcing she was getting married.
145	5	a big fish in a little pond	idiom	ə 'bɪg fɪʃ ɪn ə ,lɪtl pɒnd	innerhalb seiner Gruppe eine wichtige Rolle spielen	briller dans un petit groupe	avere un ruolo importante nel proprio gruppo	She was a big fish in a little pond at school.
145	5	have kittens	idiom	hæv 'kɪtnz	Zustände kriegen, sehr aufgeregt sein	piquer une crise	avere un attacco	She's having kittens about what to do next.
145	5	kill two birds with one stone	idiom	kɪl 'tu: bɜ:dz wɪð ,wʌn stəʊn	zwei Fliegen mit einer Klappe schlagen	faire d'une pierre deux coups	prendere due piccioni con una fava	That way we could kill two birds with one stone.

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145	5	water off a duck's back	idiom	'wɔ:təʊf ə ˌdʌks bæk	an jmd. abprallen	cela ne le/la touche absolument pas	rimbalzare contro qu/qc	Her comments to him were like water off a duck's back.
145	5	make a beeline	idiom	meɪk ə 'bi:lɪn	schnurstracks auf jmd. zugehen	se diriger tout droit vers	avvicinarsi a qn difilato	Rob always makes a beeline for beautiful women.
146	3	charge somebody with	v phrase	tʃɑ:dʒ 'sʌmbədi wɪð	jmd. einer Sache beschuldigen	accuser qn de	accusare qn di qc	Gibbons has been charged with murder.
146	4	breed	v	bri:d	züchten, sich fortpflanzen, abstammen	se reproduire	allevare, riprodursi	All modern rabbits have been bred from the European wild rabbit.
146	4	cancer	n	'kænsə	Krebs (<i>Krankheit</i>)	cancer	cancro (malattia)	A lot of cancers can now be treated successfully.
147	1	ape	n	eɪp	Menschenaffe	grand singe	antropoide	But even apes can only produce a very small number of sounds.
147	1	genetic	adj	dʒəˌnetɪk	genetisch	génétique	genetico	The colour of your hair is genetic, as it the colour of your eyes.
147	1	species	n	'spi:si:z	Art	espèce	spezia	There are several species of deer living in these woods.
147	1	reproduce	v	ˌri:prə'dju:s	sich fortpflanzen	se reproduire	riprodursi	The turtles return to the coast to reproduce.
147	1	dolphin	n	'dɒlfən	Delfin	dauphin	delfino	Dolphins can copy whistles.
147	1	whale	n	weɪl	Wal	baleine	balena	Whales swim for months without stopping.
147	1	parrot	n	'pærət	Papagei	perroquet	pappagallo	Parrots are famous for copying sounds.
147	1	dissimilar	adj	dɪ'sɪmələ	unähnlich	dissemblable	dissimile, essere diverso da	Madonna's career is not dissimilar to Cher's.
147	1	eager	adj	'i:ge	begierig, versessen auf	impatient	essere fanatico di qc	I was eager to get back to work as soon as possible.
147	1	shed light on	v phrase	ʃed laɪt ɒn	Aufschluss geben über	clarifier	spiegare qc a qu, dare informazioni su	Recent research has shed light on the causes of the disease.
150	5	simplistic	adj	sɪm'plɪstɪk	vereinfachend	simpliste	semplicitico	This is a very simplistic approach to the problem.
150	5	westerner	n	'westənə	jmd., der im Westen/im Abendland aufgewachsen ist	Occidental	occidentale	As a westerner, I was confused by some of the Japanese traditions at first.
150	5	glance	v	glɑ:ns	flüchtig blicken	jeter un coup d'oeil		The man glanced nervously at his watch.
150	6	rooftop	n	'ru:ftɒp	Hausdach	toit	tetto di casa	Spectators stood on rooftops to watch the parade.
150	6	invisible	adj	ɪn'vɪzəbəl	unsichtbar	invisible	invisibile	The plane is meant to be invisible to radar.
150	6	resident	n	'resədənt	Einwohner	résident	abitante	The town's residents were unhappy with the council's decision.
150	6	leap	n	li:p	großer Sprung	saut	un salto grande	With one leap, the dog flew from the riverbank into the water.
150	6	handstand	n	'hændstænd	Handstand	équilibre sur les mains	verticale sulle mani	He did an amazing handstand on the edge of the roof.
150	6	breakdancer	n	'breɪkˌdɑ:nse	Breakdancer	breakdancer	breakdancer, uno che fa break-dance	He had always wanted to be famous breakdancer.
150	6	acrobatics	n	ˌækroʊ'bætɪks	Akrobatik	acrobaties	acrobatica	He combines his dance moves with acrobatics.
150	6	be at the forefront	n phrase	bi:ət ðə 'fɔ:frʌnt	an der Spitze sein	être à l'avant-garde	essere in cima	He now finds himself at the forefront of a young sport.
157	3	adventurous	adj	əd'ventʃərəs	wagemutig	aventureux,se	avventuroso, rischioso	Andy isn't a very adventurous cook.