

## Wordlist Speakout Advanced 2nd Edition (chronological)

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
<b>Unit 1 - Origins</b>									
given name	8	n	'gɪvən neɪm	Vorname	nome	prénom	voornaam	first name (American English)	My given name is Nicholas.
maiden name	8	n	'meɪdn neɪm	Mädchenname	nome di ragazza	nom de jeune fille	meisjesnaam	a woman's family name before she got married and started using her husband's family name	I'm Mrs Mary Smith, but my maiden name is Mary Black.
name after	8	phr v	'neɪm ,ɑ:ftə	benennen nach	dare a qu il nome di	porter le nom de qn	noemen naar	give someone or something the same name as another person or thing	He was named after his father.
live up to your name	8	phr	lɪv ,ʌp tə jɔ: 'neɪm	seinem Namen alle Ehre machen	fare onore al proprio nome	faire honneur à son nom	zijn/haar naam alle eer aan doen	if someone lives up to their name, they do as well as they were expected to because of what their name or title is	The boss has certainly lived up to his name.
make a name for yourself	8	idiom	,'meɪk ə 'neɪm	sich einen Namen machen	farsi un nome con	se faire un nom	naam maken	to become famous for something	He made a name for himself as a conductor of the Berlin Orchestra.
household name	8	n	,'haʊshəʊld 'neɪm	allgemein bekannter Name	nome generalmente noto/famoso	très connu partout	begrip, bekende naam	someone who is famous	Barack Obama is a household name.
put your name forward	8	phr	pʊt 'fɔ:wəd	sich vorschlagen als	proporre sé stesso come	poser sa candidature	je kandidaat stellen	to suggest formally that you should be considered for a particular job, membership of an organisation etc	He put his name forward as a candidate for governor.
clear your name	8	idiom	,'kliə jə 'neɪm	sich rehabilitieren	riabilitarsi	rétablir sa réputation	je naam zuiveren	to prove that you are not guilty of something	They fought for years to clear his name.
by name	8	phr	baɪ 'neɪm	namentlich	per nome	par nom	met naam	using a person's name	He was mentioned by name in the report of the accident.
in name only	8	idiom	ɪn ,neɪm 'əʊnli	nur dem Namen nach	solo di nome	de nom seulement	alleen in naam	if a situation exists in name only, it does not really exist even though officially people say it does	That country is a democracy in name only.
surname	8	n	'sɜ:neɪm	Nachname	cognome	nom de famille	achternaam	the name that you share with your parents, or often with your husband if you are a married woman, and which in English comes at the end of your full name	The actor Michael Caine's real surname is Micklewhite.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
middle name	8	n	,mɪdl 'neɪm	zweiter Vorname	secondo nome	deuxième prénom	tweede voornaam	the name that is between your first name and your family name	Harry Potter's middle name is James.
married name	8	n	,mærid 'neɪm	Ehename	nome da sposata	nom marital	huwelijksnaam	a woman's last name, when she has changed it to her husband's name	She gave them Brenda's married name and address.
perceptive	12	adj	pə'septɪv	einfühlsam	sensibile	perspicace	opmerkzaam	someone who is perceptive notices things quickly and understands situations, people's feelings etc well – used to show approval	You're right. That's very perceptive of you.
inspirational	12	adj	,ɪnspə'reɪʃənəl	inspirierend	che ispira	inspirant	inspirerend	providing encouragement or new ideas for what you should do	Jones proved an inspirational figure in Welsh rugby.
over-ambitious	12	adj	,əʊvər æm'bɪʃəs	übertrieben ehrgeizig	troppo ambizioso	trop ambitieux	te ambitieus	too determined to be successful, rich, powerful etc :	The over-ambitious health reform programme failed.
conscientious	12	adj	,kɒnʃi'enʃəs	gewissenhaft	coscienzioso	conscientieux	gewetensvol, zorgvuldig	careful to do everything that it is your job or duty to do	A conscientious teacher may feel inclined to take work home.
obstinate	12	adj	'ɒbstənət	stur	ostinato	obstiné	halsstarrig	determined not to change your ideas, behaviour, opinions etc, even when other people think you are being unreasonable	He was the most obstinate man I've ever met.
neurotic	12	adj	nju'rɒtɪk	neurotisch	nevrotico	nevrosé	neurotisch	unreasonably anxious or afraid	He seemed a neurotic, self-obsessed man.
open-minded	12	adj	,əʊpən 'maɪndəd	aufgeschlossen	accessibile, aperto	ouvert d'esprit	onbevooroordeeld, ruimdenkend	willing to consider and accept other people's ideas and opinions	She's quite open-minded about what job she wants to do.
prejudiced	12	adj	'predʒədəst	voreingenommen, mit Vorurteilen belastet	prevenuto, gravata da pregiudizi	plein de préjugés	bevooroordeeld	having an unreasonable dislike of someone or something, especially a dislike of a group of people who belong to a different race, sex, or religion – used to show disapproval	Some officers were racially prejudiced.
apathetic	12	adj	,æpə'θetɪk	apathisch	apatico	apathique	apathisch, lusteloos	not interested in something, and not willing to make any effort to change or improve things	She felt too apathetic even to move.
insensitive	12	adj	ɪn'sensətɪv	unsensibel	insensibile	insensible, indifférent	ongevoelig	not noticing, or not taking the care to notice, other people's feelings, and not realising when they are upset or when something that you do will upset them	She's totally insensitive to Jack's feelings.
solitary	12	adj	'sɒlətəri	allein, einzelgängerisch	solo, solitario	solitaire	eenzelvig, teruggetrokken	spending a lot of time alone, usually because you like being alone	Pandas are solitary creatures.
rebellious	12	adj	rɪ'beljəs	rebellisch	ribelle	rebelle	opstandig	deliberately not obeying people in authority or rules of behaviour	He's always had a rebellious streak (= a tendency to rebel).
mature	12	adj	mə'tjʊə	reif	maturo	mûr	volwassen	sensible – someone, especially a child or young person, who is mature behaves in a sensible and reasonable way, as you would expect an adult to behave	We're mature enough to disagree on this issue but still respect each other.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
inquisitive	12	adj	ɪn'kwɪzətɪv	neugierig, wissbegierig	curioso, desideroso di apprendere	inquisiteur	nieuwsgierig	interested in a lot of different things and wanting to find out more about them	He's a very inquisitive little boy.
considerate	148	adj	kən'sɪdərət	umsichtig, fürsorglich	avveduto, premuroso	prévenant, bienveillant	attent, voorkomend	always thinking of what other people need or want and being careful not to upset them	He was always kind and considerate.
circumspect	148	adj	'sɜ:kəmspekt	besonnen, behutsam	avveduto, prudente	circonspect	omzichtig, behoedzaam	thinking carefully about something before doing it, in order to avoid risk	The governor was usually circumspect when dealing with the media.
conservative	148	adj	kən'sɜ:vətɪv	konservativ	tradizionalista, conservatore	conservateur	conservatief	not liking changes or new ideas	He has a very conservative attitude to education.
temperamental	148	adj	ˌtempərə'mentl	temperamentvoll	esuberante, vivace	caractériel	grillig, onberekenbaar	likely to suddenly become upset, excited, or angry – used to show disapproval	Preston is particularly good at handling temperamental people.
impetuous	148	adj	ɪm'petʃuəs	impulsiv, ungestüm	impulsivo	impétueux	impulsief	tending to do things very quickly, without thinking carefully first, or showing this quality	He was high-spirited and impetuous.
easy-going	148	adj	ˌi:zi 'gəʊɪŋ	unbekümmert	incurante, spensierato	facile à vivre, décontracté	relaxed	not easily upset, annoyed, or worried	Her easy-going nature made her popular.
gregarious	148	adj	grɪ'geəriəs	gesellig	socievole	sociable	van gezelschap houdend	friendly and preferring to be with other people	He's a very gregarious person.
selfish	148	adj	'selfɪʃ	egoistisch	egoistico	égoïste	egoïstisch	caring only about yourself and not about other people – used to show disapproval	How can you be so selfish?
liberal	148	adj	'lɪbərəl	liberal	liberale	libéral	liberaal	willing to understand and respect other people's ideas, opinions, and feelings	I had quite liberal parents.
introverted	148	adj	'ɪntrəvɜ:təd	introvertiert	introverso	introverti	introvert	someone who is introverted is quiet and shy and does not enjoy being with other people	Jenny is quite introverted and doesn't enjoy parties.
yes-man	13	n	'jes mæn	Jasager, Schleimer	adulatore, yes-man	béni-oui-oui	jaknikker	someone who always agrees with and obeys their employer, leader etc in order to gain some advantage – used to show disapproval	You can't expect Jim to disagree with the boss – he's a complete yes-man.
whizzkid	13	n	'wɪzki:d	Senkrechtstarter, Genie	fenomeno, asso, genio	petit prodige	wonderkind	a young person who is very skilled or successful at something	He's a financial whizzkid in the City.
busybody	13	n	'bɪzi,bɒdi	Wichtigtuier	spaccone	fouineur	bemoelial	someone who is too interested in other people's private activities – used to show disapproval	Mrs Jackson is a busybody.
chatterbox	13	n	'tʃætəbɒks	Quasselstrippe	blaterone	pipelette	klets-kous, babbelaar	someone, especially a child, who talks too much	Young John is a real chatterbox.
pain in the neck	13	idiom	ˌpeɪn ɪn ðə 'nek	Nervensäge	rompiscatole	casse-pieds, pénible	onuitstaanbaar	someone who is very annoying	Joshua is a pain in the neck.
dark horse	13	idiom	ˌdɑ:k 'hɔ:s	stilles Wasser	acqua cheta, una persona riservata/tacita	outsider	iemand die iets onverwachts doet	someone who does not tell people much about themselves, but who has surprising qualities or abilities	She's a dark horse. I didn't know she'd written a novel.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
old hand	13	idiom	,əʊld 'hænd	alter Hase, erfahrener Mitarbeiter	vecchia mano	avoir beaucoup d'expérience	ouwe rot	someone who has a lot of experience of something	He's an old hand at the job.
set in her ways	13	idiom	,set ɪn hə 'weɪz	in seinen Gewohnheiten festgefahren sein	essere bloccati nelle sue abitudini	figé dans ses habitudes	vastgeroest, met vaste gewoonten	having particular habits	Marc was 65 and very set in his ways.
black sheep	13	idiom	,blæk 'ʃi:p	schwarzes Schaf	pecora nera	mouton noir	zwart schaap	someone who is regarded by other members of their family or group as a failure or embarrassment	Amy's always been the black sheep of the family.
life and soul of the party	13	idiom	,laɪf ən ,səʊl əv ðə 'pɑ:ti	Mittelpunkt der Party	persona centrale/centro della festa	être le roi / la reine du dancefloor	gangmaker/gangmaakster, middelpunt	someone who enjoys social occasions and is fun and exciting to be with	We must ask Sylvia to come – she's the life and soul of the party.
rotten apple	148	idiom	,rɒtn 'æpəl	räudiges Schaf (fig.)	capro espiatorio	personne corrompue	rotte appel	one person who has a bad effect on all others in a group	Oliver was the rotten apple – people started arguing when he arrived.
loose cannon	148	idiom	,lu:s 'kænən	unberechenbarer Risikofaktor	fattore rischio	élément potentiellement incontrôlable	dwarsligger	someone who cannot be trusted because they say or do things you do not want them to	Don't send John to the meeting because he's a bit of a loose cannon.
couch potato	148	idiom	'kaʊtʃ pə,tetəʊ	Stubenhocker	pantofolaio	mollasson	tv-junkie	someone who spends a lot of time sitting and watching television	He's a bit of a couch potato.
wet blanket	148	idiom	,wet 'blæŋkət	Spielverderber	guastafeste	rabat-joie	spelbreker/spelbreekster	someone who seems to want to spoil other people's fun, for example by refusing to join them in something enjoyable that they are doing	Don't ask Sarah, she's such a wet blanket.
big cheese	148	idiom	,bɪg 'tʃi:z	großer Zampano, hohes Tier	un pezzo grosso, grande zampano	gros bonnet	een hele pief, een hoge ome	an important and powerful person in an organisation – used humorously	He's the big cheese in this business.
tough cookie	148	idiom	,tʌf 'kʊki	zäher Knochen	osso duro	dur à cuire	taaie (rakker)	someone who is very determined to do what they want and not what other people want	Ask Alice to help, she's a tough cookie.
capture the beauty of something	14	phr	,kæptʃə ðə 'bju:ti əv sʌmθɪŋ	die Schönheit von etwas einfangen	catturare la bellezza di qc	capturer la beauté de	de schoonheid van iets vastleggen	to succeed in recording, showing, or describing the beauty in a situation or feeling, using words or pictures	These photographs capture the beauty of the countryside at the turn of the century.
evocative	14	adj	i'vɒkətɪv	heraufbeschwörend	evocativo	évoqueur	herinneringen wekkend/oproepend	making people remember something by producing a feeling or memory in them	That picture is wonderfully evocative of a hot, summer's day.
iconic	14	adj	aɪ'kɒnɪk	kult-, kultig	particolare, iconico	emblématique	iconisch	admired by many people and thought to represent an important idea	Have you seen that iconic picture of Churchill?
revealing	14	adj	rɪ'vi:lɪŋ	aufschlussreich	istruttivo, rivelatore	révélateur	onthullend	something that is revealing shows you something interesting or surprising about a situation or someone's character	The programme gave a revealing insight into her life.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
striking	14	adj	'straɪkɪŋ	auffällig, markant	vizioso, sorprendente, notevole	frappant	opvallend, treffend	attractive in an unusual way that is easy to notice	A dark man with striking features walked up to me.
provocative	14	adj	prə'vɒkətɪv	provozierend	provocativo	provocateur	uitdagend, provocerend	provocative behaviour, remarks etc are intended to make people angry or upset, or to cause a lot of discussion	The minister's provocative remarks were widely reported in the press.
<b>Unit 2 - Opinion</b>									
over the hill	22	idiom	,əʊvə ðə 'hɪl	die beste Zeit hinter sich haben	avere il miglior tempo dietro	vieux	over zijn/haar hoogtepunt heen zijn	no longer young, and therefore no longer attractive or good at doing things	Kathleen thinks she's over the hill, but she's only 32.
go far	22	phr v	,gəʊ 'fɑ:	weit kommen	arrivare lontano	aller loin	het ver brengen/schoppen	if you think that someone will go far, you think they will be successful in the future	He was the best student in his year, and everyone was sure he would go far.
reach the peak	22	idiom	,ri:tʃ ðə 'pi:k	den Höhepunkt/Gipfel erreichen	raggiungere l'apice	atteindre le sommet	het hoogtepunt bereiken	the time when something or someone is best, greatest, highest, most successful	Most athletes reach their peak in their mid 20s.
go downhill	22	idiom	,gəʊ daʊn 'hɪl	abbauen	andare peggiorando/in discesa	se détériorer	bergafwaarts gaan	if a situation goes downhill, it gets worse	Grandma fell and broke her leg, and she went downhill quite rapidly after that.
at a crossroads	22	idiom	ət ə 'krɒsrəʊdz	am Scheideweg	al crocevia	au carrefour	zich op een keerpunt bevinden	a time when someone has to make very important decisions which will affect their future	Now farming is at a crossroads in the European Community.
hard to swallow	22	idiom	,hɑ:d tə 'swɒləʊ	kaum glauben können / schwer wegstecken können	stentare a crederlo	difficile à accepter/avalier	moeilijk te geloven	difficult to believe	I found his story a bit hard to swallow.
regurgitate	22	v	rɪ'gɜ:dʒətət	nachplappern	ripetere come un pappagallo	régurgiter	napraten, als een papegaai herhalen	to repeat facts, ideas etc that you have read or heard without thinking about them yourself – used to show disapproval	She tried to get students to think critically, not just regurgitate facts.
food for thought	22	idiom	,fu:d fə 'θɔ:t	Stoff zum Nachdenken	motivo di meditazione	matière à réflexion	stof tot nadenken	something that makes you think carefully	The teacher's advice certainly gave me food for thought.
half-baked	22	adj	,hɑ:f 'beɪkt	halb ausgegoren	mezzo crudo	boiteux	halfgaar	a half-baked idea, suggestion, plan etc has not been properly planned	He's always coming out with these half-baked ideas which will never work.
flash of inspiration	149	idiom	,flæʃ əv ɪnspə'reɪʃən	Geistesblitz	lampo di genio	éclair de génie	gedachteflits, ingenieuze inval	if someone has a flash of inspiration they suddenly have a clever idea	As he was thinking about the problem, he suddenly had a flash of inspiration.
bright	149	adj	braɪt	intelligent	intelligente	brillant	intelligent	intelligent and able learn things quickly	He was an exceptionally bright child.
shine	149	v	ʃaɪn	brillieren, glänzen	brillare	briller	stralen	to be very good at something	The concert will give young jazz musicians a chance to shine.
dim	149	adj	dɪm	begriffsstutzig	duro di comprendonio	pas très fute-fute	stom, dom	not intelligent	You can be really dim sometimes!

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
construct a theory	149	phr	kənˌstrʌkt ə ˈθɪəri	eine Theorie entwerfen	progettare una teoria	construire une théorie	een theorie ontwikkelen	to form something such as a sentence, argument or system by joining words, ideas etc together	Boyce has constructed a new theory of management.
support a theory	149	phr	səˌpɔːt ə ˈθɪəri	eine Theorie stützen	sostenere una teoria	appuyer une théorie	een theorie bevestigen	to make people believe an idea or set of ideas that is intended to explain something about life or the world, especially an idea that has not yet been proved to be true	Her findings supported Darwin's theory of evolution.
fall down	149	phr v	ˌfɔːl ˈdaʊn	einstürzen	crollare	s'effondrer	instorten, mislukken	to fail because of a particular reason or in a particular way	That's where the whole argument falls down.
foundations	149	n pl	faʊnˈdeɪʃənz	Grundlagen	nozioni di base	fondement	grondbeginselen, grondslagen	basic ideas, principles, situations etc that something develops from	All theories should be built on solid foundations of factual knowledge.
make a killing	149	idiom	ˌmeɪk ə ˈkɪlɪŋ	ein Mordsgeschäft machen	fare una strage	faire une bonne affaire	zijn/haar slag slaan, groot succes hebben	to make a lot of money in a short time	He made a killing on the stock exchange.
launch a campaign	149	phr	ˌlɔːntʃ ə kæmˈpeɪn	eine Kampagne lancieren	lanciare una campagna	lancer une campagne	een campagne starten	to start something, usually something big or important	The organisation has launched a campaign to raise £150,000.
target	149	v	ˈtɑːɡət	abzielen auf	mirare a	orienter vers	tot doel hebben	to make something have an effect on a particular limited group or area	The programme is targeted at improving the health of women of all ages.
join forces	149	idiom	ˌdʒɔɪn ˈfɔːsɪz	Kräfte bündeln	raccogliere le proprie forze	unir ses forces	krachten bundelen	to work together so that you can deal with a problem, be more powerful etc	Local schools have joined forces with each other to share facilities.
perspective	23	n	pəˈspektɪv	Perspektive	prospettiva	perspective	perspectief	a way of thinking about something, especially one which is influenced by the type of person you are or by your experiences	His father's death gave him a whole new perspective on life.
mind	23	n	maɪnd	Geist	ingegno	esprit	verstand	your thoughts or your ability to think, feel, and imagine things	It's important to keep an open mind as you study the topic.
eye-opening	23	adj	ˈaɪ ˌəʊpənɪŋ	erhellend, aufschlussreich	istruttivo, informativo, mi ha aperto gli occhi	révélateur	verbazingwekkend	an eye-opening experience is one from which you learn something surprising or new	The whole trip has been an eye-opening experience.
narrow-minded	23	adj	ˌnærəʊ ˈmaɪndəd	entstirnig	gretto, di vedute limitate	étroit d'esprit	bekrompen	unwilling to accept or understand new or different ideas, opinions, or customs	His attitude is narrow-minded and insensitive.
convincing	23	adj	kənˈvɪnsɪŋ	überzeugend	convincente	convaincant	overtuigend	making you believe that something is true or right	They produced convincing evidence of his guilt.
second thoughts	23	n pl	ˌsekənd ˈθɔːts	Zweifel, Befürchtungen	dubbi, timori	doute	twijfel	doubts about a decision you have made	You're not having second thoughts, are you?
stereotype	23	n	ˈsteriətaɪp	Stereotyp	stereotipo	stéréotype	stereotype	a belief or idea of what a particular type of person or thing is like, often unfair or untrue	She is someone who doesn't fit the stereotype of the good mother.
preconception	23	n	ˌpriːkənˈsepʃən	vorgefasste Meinung	preconcetto	idée préconçue, parti pris	vooroordeel	a belief or opinion that you have already formed before you know the actual facts, and that may be wrong	I had the same preconceptions about life in South Africa that many people have.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
the general opinion	149	phr	ðə ˌdʒenərəl əˈpɪnjən	allgemeine Meinung	opinione generale	l'avis général	algemene opvatting	the opinion that most people have about something	The general opinion seems to be that the government has made a mess of the war.
keep your opinions to yourself	149	phr	ˌkiːp jər əˈpɪnjənz tə jərˈself	seine Ansichten für sich behalten	tenere per sé le sue opinioni	garder ses opinions pour soi-même	je mening voor je houden	to not say what you really think	As the youngest person there, I knew enough to keep my opinions to myself.
personal opinion	149	phr	ˌpɜːsənəl əˈpɪnjən	persönliche Meinung	opinione personale	opinion personnelle	persoonlijke mening	what you yourself think about something or someone	My personal opinion is that his first film was better.
opinionated	149	adj	əˈpɪnjənɪɪtəd	rechthaberisch, dogmatisch	che vuol sempre avere ragione, dogmatico	qui a des avis très arrêtés	eigenwijs	expressing very strong opinions about things	I found him very arrogant and opinionated.
idealistic	149	adj	aɪ ˌdɪəˈlɪstɪk	idealistisch	idealistico	idéaliste	idealistisch	believing that you should live according to high standards and principles, even if they cannot really be achieved	Many people had idealistic values in the 1960s.
difference of opinion	149	phr	ˌdɪfərəns əv əˈpɪnjən	Meinungsverschiedenheit	divergenza d'opinioni	divergence de vues	meningsverschil	an occasion when two people disagree	He and Luke had a difference of opinion.
opinion is divided	149	phr	əˈpɪnjən ɪz dɪˈvaɪdəd	die Meinungen sind geteilt	le opinioni sono divise	l'avis est divisé	de meningen zijn verdeeld	people have different opinions about something	Opinion was divided as to whether the program will work.
a matter of opinion	149	phr	ə ˌmætər əv əˈpɪnjən	eine Ansichtssache	una questione di opinione	question d'opinion	een kwestie van opvatting	used to say that you disagree, or that people disagree about something	"He's a very nice man." "That's a matter of opinion," thought Sam.
entitled to your own opinion	149	phr	ɪn ˌtaɪtld tu jər ˌəʊn əˈpɪnjən	das Recht auf eine eigene Meinung haben	il diritto di avere una propria opinione	avoir tout le droit d'avoir sa propre opinion	recht hebben op zijn/haar eigen mening	used especially when politely disagreeing with what someone says	Of course everyone is entitled to their opinion, but I can't accept what he is saying.
however	25	conj	haʊˈevə	jedoch	ma, però	cependant	echter	used when saying something that seems different or surprising after your previous statement	He began his career as a mathematician. However, his main achievements were in nuclear physics.
consequently	25	adv	ˈkɒnsəkwəntli	folglich, infolgedessen	per conseguenza, quindi	par conséquent	derhalve, dus	as a result, therefore	The molecules are absorbed into the bloodstream and consequently affect the organs.
additionally	25	adv	əˈdɪʃənəli	zusätzlich, außerdem	addizionale	en plus	bovendien	in addition, also	A new contract is in place. Additionally, staff will be offered a bonus scheme.
so	25	conj	səʊ	daher	da ciò, perciò, quindi	donc, alors	daarom, dus	used to say that something happens or is true as a result of the situation you have just stated	There are no buses, so you'll have to walk.
on the other hand	25	phr	ɒn ði ˈlðə hænd	andererseits	d'altra parte	d'un autre côté	aan de andere kant, anderzijds	used to give another opinion or fact that should be considered as well as the one you have just given	I'd like to eat out, but on the other hand I should be trying to save money.
in addition	25	phr	ɪn əˈdɪʃən	außerdem	inoltre	de plus	bovendien	used to add another piece of information to what you have just said	The company provides cheap Internet access. In addition, it makes shareware freely available.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
in fact	25	phr	ɪn 'fækt	tatsächlich	infatti	en fait	eigenlijk	used to emphasise that the truth about a situation is the opposite of what has been mentioned	They told me it would be cheap but in fact it cost me nearly £500.
furthermore	25	adv	ˌfɜːðə'mɔː	außerdem	inoltre	en outre	verder	in addition to what has already been said	He is old and unpopular. Furthermore, he has at best only two years of political life ahead of him.
nevertheless	25	adv	ˌnevəðə'les	dennoch, trotz allem	tuttavia, nonostante	néanmoins	toch, niettemin	in spite of the fact that you have just mentioned	What you said was true. It was, nevertheless, a little unkind.
for this reason	25	phr	fə ˌðɪs 'riːzən	aus diesem Grund	per questa ragione, perciò	pour cette raison	daarom	used when giving a good reason for doing something	The river has flooded, and for this reason the bridge is closed.
likewise	25	adv	'laɪkwɑɪz	ebenso	allo stesso modo	de même	net zo	in the same way	The meat was delicious. Likewise, the aubergine was excellent.
in conclusion	25	phr	ɪn kən'kluːʒən	abschließend	in conclusione	pour conclure	concluderend	used in a piece of writing or a speech to show that you are about to finish what you are saying	In conclusion, I would like to say how much I have enjoyed myself today.
play devil's advocate	26	idiom	ˌdevəlz 'ædvəkət	des Teufels Advokaten spielen	fare l'avvocato del diavolo	faire l'avocat du diable	advocaat van de duivel spelen	to pretend to disagree with someone in order to have a good discussion about something	To play devil's advocate for a moment, what if the factory did close?
speak your mind	26	idiom	ˌspiːk jə 'maɪnd	sagen, was man denkt	dire quello che pensi	dire ce que l'on pense	je mening zeggen	to tell people exactly what you think, even if it offends them	He was a tough politician who wasn't afraid to speak his mind.
sit on the fence	26	idiom	ˌsɪt ɒn ðə 'fens	sich heraushalten, neutral bleiben	tenersi fuori da qc	ne pas prendre position	geen partij kiezen	to avoid saying which side of an argument you support	Stop sitting on the fence and tell us what you really think!
beat about the bush	26	idiom	ˌbiːt əbaʊt ðə 'bʊʃ	um den heißen Brei herumreden	menare il can per l'aia, tergiversare	tourner autour du pot	ergens omheen draaien	to avoid or delay talking about something embarrassing or unpleasant	Don't beat about the bush. Ask for your account to be paid, and paid quickly.
innate talent	28	adj	ɪˌneɪt 'tælənt	angeborenes Talent	talento innato	talent inné	aangeboren talent	an innate talent is one you are born with	Children have an innate talent for learning languages.
put success down to	28	phr	ˌput sək'ses daʊn tə	Erfolg zurückführen auf	attribuire un successo a	attribuer le succès à	succes wijten aan	to think that a success is caused by something else	I put the team's success down to good management.
lifelong passion	28	phr	ˌlaɪflɒŋ 'pæʃən	lebenslange Leidenschaft	passione a vita/che dura tutta la vita	la passion depuis toujours	levenslange passie	a very strong liking for something, that has lasted all someone's life	Gardening was her lifelong passion.
academically gifted	28	adv	ˌækədemɪkli 'ɡɪftəd	intellektuell begabt, begabt für akademisches Arbeiten	intellettualmente dotato	d'excellence académique	academisch talent	concerned with studying from books, as opposed to practical work	Are some people born academically gifted?
artistically gifted	28	adj	ɑː'tɪstɪkli 'ɡɪftəd	künstlerisch begabt	dotato per l'arte	avoir un don artistique	kunstzinnig, creatief	having a natural ability to do one or more things relating to art or culture extremely well	Opinion about how artistically gifted he was has been mixed.
physically gifted	28	adj	ˌfɪzɪkli 'ɡɪftəd	sportlich begabt	dotato per sport	doué pour le sport	fysiek talent	having a natural physical ability to do one or more things extremely well	He was a physically gifted gymnast.
inherit	28	v	ɪn'herət	erben	ereditare	hériter	erven	to have the same character or appearance as your parents	I inherited my mother's curly hair.
trait	28	n	treɪ, treɪt	Charakterzug	tratto del carattere	trait	trek, eigenschap	a particular quality in someone's character	His most noticeable trait was his charm.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
shape	28	v	ʃeɪp	formen	formare, modellare	modeler	vormen	to influence something such as a belief, opinion etc and make it develop in a particular way	People's political beliefs are shaped by what they see in the papers.
<b>Unit 3 - Places</b>									
picturesque	32	adj	ˌpɪktʃəˈresk	pittoresk	pittoresco	pittoresque	pittoresk	a picturesque place is pretty and interesting in an old-fashioned way	It was a quiet fishing village with a picturesque harbour.
tranquil	32	adj	ˈtræŋkwəl	ruhig	tranquillo	tranquille	rustig, stil	pleasantly calm, quiet, and peaceful	We stayed in a small, tranquil village.
bustling	32	adj	ˈbʌsəlɪŋ	geschäftig sein	attivo, operoso	animé	bedrijvig	a bustling place is very busy	The flower market was bustling with shoppers.
magnificent	32	adj	mæɡˈnɪfəsənt	wunderbar, herrlich	magnifico	formidable	prachtig, schitterend	very good or beautiful, and very impressive	The twelve-mile coastline has magnificent scenery.
ancient	32	adj	ˈeɪnfənt	alt	anziano, vecchio	ancien	oud	belonging to a time long ago in history, especially thousands of years ago	The ancient Egyptians built the Pyramids.
deserted	32	adj	dɪˈzɜːtəd	verlassen	abbandonare	abandonné	verlaten	empty and quiet because no people are there	The streets were deserted.
run-down	32	adj	ˌrʌn ˈdaʊn	heruntergekommen	rovinato, decaduto	décrépit	vervallen, verwaarloosd	a building or area that is run-down is in very bad condition	Something needs to be done about the run-down inner city areas.
unspoilt	32	adj	ˌʌn ˈspɔɪlt	unverdorben	non guasto	intact, bon	ongeschonden	an unspoilt place is beautiful because it has not changed for a long time and does not have a lot of new buildings	The countryside in the area is completely unspoilt.
shabby	32	adj	ˈʃæbi	schäbig	liso, misero, logoro	miteux	versleten	shabby clothes, places, or objects are untidy and in bad condition because they have been used for a long time	Hugh's old jacket was torn and shabby.
dilapidated	32	adj	dəˈlæpədəɪtəd	baufällig, marode	cadente, pericolante	en ruines, délabré	vervallen, bouwvallig	a dilapidated building, vehicle etc is old and in very bad condition	They bought a dilapidated old manor house.
stunning	32	adj	ˈstʌnɪŋ	überwältigend	travolgente, straordinario	éblouissant	ongelofelijk	extremely attractive or beautiful	You look absolutely stunning in that dress.
breathtaking	32	adj	ˈbreθˌteɪkɪŋ	atemberaubend	che mozza il fiato	à couper le souffle	adembenemend	very impressive, exciting, or surprising	The view from my bedroom window was absolutely breathtaking.
uninhabited	32	adj	ˌʌnɪn ˈhæbətəd	unbewohnt	disabitato	inhabité	onbewoond	an uninhabited place does not have anyone living there	The island was uninhabited.
cave house	33	n	ˈkeɪv haʊs	Höhle	caverna, grotta	cave, grotte	grotwoning	a large natural hole in the side of a cliff or hill, or under the ground, made into a place to live	Our ancestors possibly lived in these cave houses.
fingerprint	33	n	ˈfɪŋɡəprɪnt	Fingerabdruck	impronta digitale	empreinte	vingerafdruk	a mark made by the pattern of lines at the end of a person's finger, which is used by the police to find out who has committed a crime	His fingerprints were all over the gun.
candy-floss	33	n	ˈkændi flɒs	Zuckerwatte	zucchero filato	barbe à papa	suikerspin	a type of sweet food made from sticky threads of pink sugar wound around a stick	He bought some candy-floss at the fair.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
refuge	35	n	'refju:dʒ	Zuflucht	rifugio	refuge, abri	schuilplaats	shelter or protection from someone or something	During the frequent air-raids, people took refuge in their cellars.
spirit	35	n	'spɪrət	Geist	spirito, fantasma	esprit	geest	a creature without a physical body that some people believe exists, such as an angel or a dead person, who has returned to this world and has strange or magical powers	Although Laurie is dead, I can feel his spirit with me.
earthbound	35	adj	'ɜ:θbaʊnd	erdgebunden	legato con terra	terrestre	aan de aarde gebonden	unable to move away from the surface of the Earth	Humans thought they were earthbound until the aeroplane was invented.
stilts	35	n pl	stɪlts	Stelzen	trampoli	pilotis	palen	a set of poles that support a building above the ground or above water	He lives in a house built on stilts in the heart of the jungle.
insulator	35	n	'ɪnsjələɪtə	Isoliermaterial	(materiale) isolante	isolant	isolatie(middel)	a material or object which does not allow electricity, heat, or sound to pass through it	Wood is an excellent insulator.
primitive	35	adj	'prɪmətɪv	primitiv	primitivo	primitif	primitief	belonging to a simple way of life that existed in the past and does not have modern industries and machines	The village buildings were quite primitive.
dwelling	35	n	'dwellɪŋ	Behausung	abitazione, casa	demeure, domicile	woning, onderkomen	a house, apartment etc where people live	The two buildings form one large, comfortable dwelling.
adorn with	35	phr v	ə'dɔ:n wɪð, wɪθ	(aus-)schmücken mit	(ad)ornare di	orner de	versieren met	to decorate something with (something)	The church walls were adorned with religious paintings.
figurine	35	n	'fɪgʒə'ri:n, 'fɪgʒəri:n	Statuette	statuetta, figurina	figurine	beeldje, figuurtje	a small model of a person or animal, used as a decoration	The shelves were covered in figurines of the Virgin Mary.
nomad	35	n	'nəʊmæd	Nomade	nomade	nomade	nomade	a member of a tribe that travels from place to place instead of living in one place all the time, usually in order to find grass for their animals	The herdsmen were nomads who did not stay in one place for long.
chilly	35	adj	'tʃɪli	kühl	fresco	froid	koel, kil	chilly weather or places are cold enough to make you feel uncomfortable	The bathroom's a bit chilly.
gaudy	35	adj	'ɡɔ:di	knallbunt, gell	colorato sgargiante, stridente	tapageur	opzichtig	clothes, colours etc that are gaudy are too bright and look cheap	He was wearing a gaudy waistcoat.
naughty	35	adj	'nɔ:ti	ungezogen	cattivo, maleducato	vilain	stout	a naughty child does not obey adults and behaves badly	You're a very naughty boy! Look what you've done!
dreary	35	adj	'driəri	öde, trostlos	desolato, monotono	morne, triste	somber	dull and making you feel sad or bored	It was a dreary winter's day.
gloomy	35	adj	'ɡlu:mi	düster	tetro	sombre	duister, donker	dark, especially in a way that makes you feel sad	It was a gloomy room with one small window.
roomy	35	adj	'ru:mi	geräumig	spazioso, vasto	spacieux	ruim	a house, car etc that is roomy is large and has a lot of space inside it	This car is roomy enough for a large family.
jokey	35	adj	'dʒəʊki	witzig	spiritoso, buffo	comique	grappig	not serious, and tending to make people laugh	Dave was a sweet man, very jokey about everything.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
poky	35	adj	'pəʊki	winzig	minuscolo, piccolissimo	exigu	benauwd	too small and not very pleasant or comfortable	The whole family was crammed into two poky little rooms.
shady	35	adj	'ʃeɪdi	schattig	ombreggiato	ombragé	schaduwrijk	protected from the sun or producing shade	It was nice and shady under the trees.
ready	35	adj	'redi	fertig, bereit	pronto	prêt	klaar	if you are ready, you are prepared for what you are going to do	When the doorbell rang he was ready and waiting.
daily	35	adj	'deɪli	täglich	giornaliero, quotidiano	quotidien	dagelijks	happening or done every day	There are daily flights to Miami.
airy	35	adj	'eəri	luftig	arioso, aerato	aéré, spacieux	luchtig	an airy room or building has plenty of fresh air because it is large or has a lot of windows	All the hotel's bedrooms are light and airy.
overpopulated	150	adj	ˌəʊvə'pɒpjəleɪtəd	überbevölkert	sovrapopolato	surpeuplé	overbevolkt	if a place is overpopulated there are too many people living in it	Most of our cities are overpopulated.
metropolis	150	n	mə'trɒpələs	Metropole	metropoli	métropole	metropool	a very large city that is the most important city in a country or area	The city has become a huge, bustling metropolis.
quaint	150	adj	kweɪnt	reizend, idyllisch	grazioso, carino, idilliaco	au charme suranné	apart, schilderachtig	unusual and attractive, especially in an old-fashioned way	We stayed in a quaint little village.
secluded	150	adj	sɪ'kluːdəd	abgelegen	isolato, fuori mano	isolé, solitaire	eenzaam, afgelegen	very private and quiet	We sunbathed on a small secluded beach.
scenic	150	adj	'siːnɪk	landschaftlich	paesistico	scénique, pittoresque	schilderachtig	surrounded by views of beautiful countryside	This is a region of scenic beauty.
awe-inspiring	150	adj	'ɔː ɪn'spaɪərɪŋ	ehrfurchtgebietend	che impone rispetto	impressionnant	ontzagwekkend	extremely impressive in a way that makes you feel great respect	The pyramids at dawn were an awe-inspiring sight.
sprawling	150	adj	'sprɔːlɪŋ	ausgedehnt	vasto, esteso, ampio	étendu	zich in alle richtingen verbreidend	spreading over a wide area in an untidy or unattractive way	Mexico is a sprawling city of more than 20 million inhabitants.
ramshackle	150	adj	'ræmfækəl	baufällig, klapprig	cadente, fragile	délabré	krakkemikkig	a ramshackle building or vehicle is in bad condition and in need of repair	They lived in a ramshackle old cottage.
supermodel	150	n	'suːpə'mɒdl	Supermodel	top model	top-modèle	supermodel	a very famous fashion model	One of the best-known supermodels of recent times was Naomi Campbell.
miniskirt	150	n	'mɪnɪskɜːt	Minirock	minigonna	minijupe	minirok	a very short skirt	Lots of young women wore miniskirts in the 1960s.
sub-zero	150	adj	ˌsʌb'zɪərəʊ	unter Null	sotto zero	en dessous de zéro	onder nul	below zero in temperature	They lived and worked in sub-zero temperatures for months.
cooperate	150	v	kəʊ'ɒpəreɪt	kooperieren	cooperare	coopérer	samenwerken	to work with someone else to achieve something that you both want	They agreed to co-operate with Brazil on a programme to protect the rain forests.
bilingual	150	adj	bai'lɪŋgwəl	zweisprachig	bilingue	bilingue	tweetalig	able to speak two languages equally well, or written or spoken in two languages	Louis is virtually bilingual in Dutch and German.
interact	150	v	ˌɪntər'ækt	interagieren	interagire	interagir	samenwerken	if people interact with each other, they talk to each other, work together etc	Lucy interacts well with other children in the class.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
semi-retired	150	adj	ˌsemi rɪˈtaɪəd	in Altersteilzeit	pensionato che continua a svolgere un'attività lavorativa	en semi-retraite	met deeltijdpensioen	someone who is semi-retired continues to work, but not for as many hours as they used to, especially because they are getting older and want time to do other things	I'm semi-retired, but I still do work when people offer it.
outlast	150	v	aʊtˈlɑːst	überdauern, länger halten als	sopravvivere a, durare più lungo di	durer plus longtemps que, survivre	langer meegaan dan	to continue to exist or be effective for a longer time than something else	A leather sofa will usually outlast a cloth one.
bimonthly	150	adj, adv	bɑɪˈmʌnθli	zweimonatlich	di due mesi	bimensuel	tweemaandelijks	appearing or happening every two months or twice each month	He gets a bimonthly magazine on trains.
bicentenary	150	n	ˌbaɪsənˈtiːnəri	200. Jahrestag	200° anniversario	bicentenaire	tweehonderjarig jubileum/gedenkfeest	the day or year exactly 200 years after an important event	1991 was the bicentenary of Mozart's death.
co-author	150	n	ˌkəʊˈɔːθə	Ko-Autor	co-autore	co-auteur	medeauteur	an author who writes with someone else as an equal or with less responsibility	We were co-authors of the standard school textbook on chemistry.
co-pilot	150	n	ˌkəʊˈpaɪlət	Kopilot	copilota	copilote	tweede piloot	a pilot who shares the control of an aircraft with the main pilot	My co-pilot took over for the landing.
interchangeable	150	adj	ˌɪntəˈtʃeɪndʒəbəl	austauschbar	intercambiabile	interchangeable	uitwisselbaar	things that are interchangeable can be used instead of each other	These two words are almost interchangeable.
intercontinental	150	adj	ˌɪntəkɒntəˈnenti	interkontinental	intercontinentale	intercontinental	intercontinentaal	going from one continent to another, or happening between two continents	An intercontinental flight between the USA and Europe has lost contact with air traffic control.
minicab	150	n	ˈmɪnɪkæb	Kleintaxi	piccolo taxi, minicab	taxi, minicab	taxi	a taxi that you have to order by telephone, not one that you can stop in the street	I've arranged for a minicab for 10 tomorrow morning.
minimise	150	v	ˈmɪnɪməɪz	minimieren, auf ein Minimum reduzieren	minimizzare	minimiser	beperken	to reduce something that is difficult, dangerous, or unpleasant to the smallest possible amount or degree	The rail company is bringing in more trains in an effort to minimise disruption to travellers.
outsell	150	v	aʊtˈsel	sich besser verkaufen als	si vendono meglio di	se vendre mieux que	meer verkopen dan	to sell more goods or products than a competitor	Australia now outsells the US in wines.
outplay	150	v	aʊtˈpleɪ	besser spielen als	giocare meglio come	surpasser, dominer	verslaan	to beat an opponent in a game by playing with more skill than they do	Murray outplayed his opponent in the final.
semi-skimmed	150	adj	ˌsemiˈskɪmd	halbfett	parzialmente scremato	demi-écrémé	halfvol	semi-skimmed milk has had some of the fat removed	Can you get me a bottle of semi-skimmed milk, too, please?
semicolon	150	n	ˌsemiˈkəʊlən	Semikolon	punto e virgola	point-virgule	puntkomma	a punctuation mark (;) used to separate different parts of a sentence or list	Many people who have spoken and written English from birth have difficulty with semicolons.
subtitle	150	n	ˈsʌb.tɪtl	Untertitel	sottotitolo	sous-titre	ondertitel	the words printed over a film in a foreign language to translate what is being said by the actors	It's a French film with English subtitles.
subway	150	n	ˈsʌbweɪ	U-Bahn	metropolitana	métro	metro	a path for people to walk under a road or railway	Take the subway – it's less dangerous than walking across the road.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
supernatural	150	adj	ˌsuːpəˈnætʃərəl	übernatürlich	soprannaturale	surnaturel	bovennatuurlijk	impossible to explain by natural causes, and therefore seeming to involve the powers of gods or magic	She has supernatural powers that help her defeat her enemies.
superpower	150	n	ˌsuːpəˈpaʊə	Supermacht	superpotenza	superpuissance	grootmacht, supermacht	a nation that has very great military and political power	The USA and China are two of the world's superpowers.
amenity	38	n	əˈmiːnəti	Einrichtung, Freizeiteinrichtung	strutture ricreative	aménagement	voorziening	something that makes a place comfortable to live in	The hotel is in the city centre, close to shops and local amenities
infrastructure	38	n	ˈɪnfəˌstrʌktʃə	Infrastruktur	infrastruttura	infrastructure	infrastructuur	the basic systems and structures that a country or organisation needs in order to work properly, for example roads, railways, banks etc	Some countries lack a suitable economic infrastructure.
congestion	38	n	kənˈdʒestʃən	Stau	coda	embouteillage	opstopping	the problem of too much traffic in a place	Councillors are looking at ways to reduce traffic congestion in the town centre.
abandonment	38	n	əˈbændənmənt	Aufgabe	abbandono	abandon	het verlaten	the leaving of a building, car, boat etc by the people who owned or used it	The fact that the building could no longer be used for its original purpose resulted in its abandonment.
toll	38	n	təʊl	Maut	pedaggio	péage	tol	the money you have to pay to use a particular road, bridge etc	I avoid the motorways in France because I don't want to pay the tolls.
regeneration	38	n	riːˌdʒenəˈreɪʃən	Erholung, Regenerierung	ricreazione	régénération	regeneratie	the process of making something develop and grow strong again	The Marshall Plan brought about the regeneration of the shattered Europe of 1947.
<b>Unit 4 - Justice</b>									
prove	44	v	pruːv	beweisen	provare	prouver	bewijzen	to show that (something) is true by providing facts, information etc	He claims the police destroyed records that could prove the officer's innocence.
dawn raid	44	n	ˌdɔːn ˈreɪd	Razzia im Morgengrauen	retata/raid all'alba	perquisition à l'aube	razzia in de vroege ochtend	an attack or operation by soldiers or police that happens very early in the morning	The police carried out dawn raids on the suspects' houses.
carry out	44	phr v	ˌkæri ˈaʊt	ausführen, begehen	realizzare, commettere	effectuer, réaliser	plegen	to do something that needs to be organised and planned	It became clear that Smith had carried out the crime.
driving	44	n	ˈdraɪvɪŋ	Fahren	guida	conduite	rijden	the activity of driving a car, truck etc	He had to appear in court for a driving offence.
report	44	v	rɪˈpɔːt	melden	riferire, denunciare	signaler, dénoncer	melden	to tell the police or someone in authority that an accident or crime has happened	I'd like to report a crime.
previous	44	adj	ˈpriːviəs	vorherig	precedente	précédent	vorig	having happened or existed before the event, time, or thing that you are talking about now	I've met him before on two previous occasions.
appeal against	44	phr v	əˈpiːl əˈgeɪnst, əˈgeɪnst	Berufung einlegen gegen	appellarsi contro	former un recours contre	in beroep gaan	to make a formal request to a court or someone in authority asking for a decision to be changed	Both men intend to appeal against their sentences.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
protest	44	v	prəˈtest	beteuern	affermare	clamer, proclamer	betuigen	to state very firmly that something is true, when other people do not believe you	Years later, he is still protesting his innocence.
commit	44	v	kəˈmɪt	begehen	commettere	commettre	plegen	to do something wrong or illegal	Women commit fewer crimes than men.
suspend	44	v	səˈspend	aussetzen	sospendere	suspendre	voorwaardelijk veroordelen	if a criminal's sentence is suspended, they are told they will be sent to prison if they do anything else illegal within the time mentioned	The judge suspended his sentence for two years.
drugs-related	44	adj	ˌdrʌgz rɪˈleɪtɪd	Drogen-	di droghe	lié aux drogues	drugsgelateerd	connected with or caused by illegal substances such as marijuana or cocaine, which some people take in order to feel happy, relaxed, or excited	She was sentenced to six months in prison for drugs-related offences.
police raid	44	n	pəˈliːs ˌreɪd	Polizeirazzia	una raid della polizia	raid de police	politie-inval	a surprise visit made to a place by the police to search for something illegal	Two suspects were arrested during the police raid.
drugs raid	44	n	ˈdrʌgz ˌreɪd	Drogenrazzia	una raid delle droghe	perquisition de drogues	drugsinval	a surprise visit made to a place by the police to search for illegal drugs	There was a drugs raid in the next street last night.
wrongful conviction	44	n	kənˈvɪkʃən	unrechtmäßige Verurteilung	condanna indebito	condamnation injustifiée	onterechte veroordeling	a wrongful conviction is unfair or illegal because the person affected by it has done nothing wrong	Her wrongful conviction meant that she went to prison for an offence she didn't commit.
difficult	45	adj	ˈdɪfɪkəlt	schwierig	difficile	difficile	moeilijk te geloven	hard to do, understand, or deal with	It's difficult to see how more savings can be made.
help	45	v	help	helfen	aiutare	aider	er niets aan kunnen doen dat	used to say that someone is unable to change their behaviour or feelings, or to prevent themselves from doing something	I can't help the way I feel about you.
fault	45	n	fɔːlt	Fehler	errore	faute	schuld	if something bad that has happened is your fault, you should be blamed for it, because you made a mistake or failed to do something	I'm really sorry, but it's not my fault.
funny	45	adj	ˈfʌni	lustig	buffo	drôle	grappig	unusual, strange, or difficult to explain	It's funny how you remember the words of songs, even ones you don't really like.
shame	45	n	ʃeɪm	Schande	vergogna	honte	jammer	used when you wish a situation was different, and you feel sad or disappointed	It's a shame that you have to leave so soon.
appear	45	v	əˈpiə	scheinen	apparire	apparaître	schijnen	used to say how something seems, especially from what you know about it or from what you can see	Police say there appear to be signs of a break-in.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
important	45	adj	ɪm'pɔ:tənt	wichtig	importante	important	belangrijk	an important event, decision, problem etc has a big effect or influence on people's lives or on events in the future	It's important to explain the procedure to the patient.
wonder	45	n	'wʌndə	Wunder	miracolo	miracle, merveille	wonder	used to say that you are not surprised by something	It's no wonder you've got a headache, the amount you drank last night.
human rights	47	n pl	ˌhju:mən 'raɪts	Menschenrechte	diritti dell'uomo	droits de l'homme	mensenrechten	the basic rights that many societies think every person should have to be treated in a fair equal way without cruelty, for example by their government, or the right to vote	There are claims of human rights being violated in the country.
intellectual property	47	n	ˌɪntələktʃuəl 'prɒpəti	intellektuelles Eigentum	proprietà intellettuale	propriété intellectuelle	intellectuele eigendom	something which someone has invented or has the right to make or sell, especially something that cannot legally be copied by other people	I wrote this book, so it is my intellectual property.
child labour	47	n	ˌtʃaɪld 'leɪbə	Kinderarbeit	lavoro infantile	travail des enfants	kinderarbeid	the use of children to do work that is normally done by adults	The company has been accused of using child labour for the production of its garments.
economic development	47	n	ˌekə,nɒmɪk dɪ'veləpmənt, i:-	wirtschaftliche Entwicklung	sviluppo economico	développement économique	economische ontwikkeling	the process of gradually becoming financially bigger, better, stronger, or more advanced	The US has been keen to encourage economic development in Egypt.
capital punishment	47	n	ˌkæpɪtl 'pʌnɪʃmənt	Todesstrafe	pena capitale	peine capitale	doodstraf	punishment which involves killing someone who has committed a crime	In some states, capital punishment is used for murderers.
religious freedom	47	n	rɪ,lɪdʒəs 'fri:dəm	Religionsfreiheit	libertà religiosa	liberté de religion	geloofsvrijheid	freedom to have any religious beliefs	The people were given religious freedom for the first time in the country's history.
environmental awareness	47	n	ɪn,vəɪrənməntl ə'weənəs	Umweltbewusstsein	coscienza ecologica	conscience écologique	milieubewustzijn	knowledge or understanding of how the air, water, and land on Earth are affected by man's activities	Political organisations have tried to raise environmental awareness.
gun control	47	n	'gʌn kən,troʊl	Waffenkontrolle	controllo delle armi	contrôle des armes	wapenbeperkingswetten	laws that limit the ways in which guns can be sold, owned, and used	The NRA are against gun control in any form.
illegal immigration	47	n	ɪ,lɪ:gəl ɪmə'greɪʃən	illegale Einwanderung	immigrazione illegale	immigration illégale	illegale immigratie	the process of entering another country illegally in order to live there permanently	He called for a common European policy on illegal immigration.
civil liberties	47	n	ˌsɪvəl 'lɪbətɪz	(bürgerliche) Freiheitsrechte	diritti (civili) della libertà	libertés civiles	burgerrechten	the right to be free to do what you want within the law	Detention without trial threatens our civil liberties.
free trade	47	n	ˌfri: 'treɪd	Freihandel	libero scambio	libre-échange	vrije handel	a situation in which the goods coming into or going out of a country are not controlled or taxed	We want to encourage free trade across Europe.
freedom of speech	151	n	ˌfri:dəm əv 'spi:tʃ	freie Rede	libertà di parola	liberté de parole	vrijheid van meningsuiting	the legal right to say what you want	We will defend freedom of speech and oppose censorship.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
white-collar crime	151	n	,waɪt kɒlə 'kraɪm	Wirtschaftskriminalität	crimine dei colletti bianchi	la criminalité en col blanc	witteboordencriminaliteit	crimes by professional people that involve ways of illegally getting money	White-collar crime costs American companies over \$100 billion a year.
illiteracy	151	n	ɪ'ɪtərəsi	Analphabetentum	analfabetismo	analphabétisme	analfabetisme	the situation of not knowing how to read or write	Illiteracy in modern Britain cannot be permitted.
poverty	151	n	'pɒvəti	Armut	povertà	pauvreté	armoede	the situation or experience of being poor	Millions of elderly people live in poverty.
gender inequality	151	n	,dʒendə ɪnɪ'kwɒləti	Geschlechterungleichheit	disuguaglianza di genere	les inégalités entre les genres	ongelijkheid tussen mannen en vrouwen	when men and women are treated differently, in a way that is unfair	Gender inequality means that many women are paid less than men for the same job.
censorship	151	n	'sensəʃɪp	Zensur	censura	censure	censuur	the practice or system of censoring something	Censorship of books is common in some countries.
ageism	151	n	'eɪdʒɪzəm	Diskriminierung von Senioren	ageismo, discriminazione di anziani	discrimination due à l'âge	leeftijdscriminatie	unfair treatment of people because they are old	The new law aims to stop ageism in the workplace.
organised crime	151	n	,ɔ:gənəɪzd 'kraɪm	organisiertes Verbrechen	criminalità organizzata	le crime organisé	georganiseerde misdaad	a large and powerful organisation of criminals	Organised crime is involved in drug trafficking.
antisocial behaviour	151	n	,æntɪsəʊʃəl bɪ'heɪvjə	asoziales Verhalten	comportamento anti-sociale	comportement antisocial	asociaal gedrag	antisocial behaviour is violent or harmful to other people, or shows that you do not care about other people	She was finding it hard to cope with her son's increasingly antisocial behaviour.
dilemma	50	n	də'lemə, daɪ-	Dilemma	dilemma	dilemme	dilemma	a situation in which it is very difficult to decide what to do, because all the choices seem equally good or equally bad	I'm in a dilemma about this job offer.
take into consideration	50	v phr	,teɪk ɪntə kən'sɪdə'reɪʃən	berücksichtigen	considerare	tenir compte de	in overweging nemen	to remember to think about (something important) when you are making a decision or judgment	We will take your recent illness into consideration when marking your exams.
think through	50	phr v	,θɪŋk 'θruː	durchdenken	approfondire, pensare su	examiner en détail	nadenken over	to think carefully about the possible results of (something)	It's my fault. I didn't think it through.
pros and cons	50	n phr	,prəʊz ən 'kɒnz	Pros und Kontras, Vor- und Nachteile	pro e contro, vantaggi e svantaggi	le pour et le contre	voor- en nadelen	the advantages and disadvantages of something	We discussed the pros and cons of going to university.
weigh up	50	phr v	,weɪ 'ʌp	abwägen	soppesare	considérer	tegen elkaar afwegen	to consider (something) carefully so that you can make a decision about it	We're still weighing up the pros and cons of the two options.
predicament	50	n	prɪ'dɪkəmənt	Notlage	situazione di emergenza	situation délicate	dilemma	a difficult or unpleasant situation in which you do not know what to do, or in which you have to make a difficult choice	She went to the office to explain her predicament.
benefit	50	n	'benəfɪt	Vorteil, Nutzen	beneficio, vanatggio	avantage, bénéfice	voordeel	an advantage, improvement, or help that you get from something	What are the benefits of contact lenses?
drawback	50	n	'drɔːbæk	Nachteil	svantaggio	inconvenient, désavantage	nadeel	a disadvantage of a situation, plan, product etc	It's a great city – the only drawback is the weather.
bear in mind	50	v phr	,beər ɪn 'maɪnd	berücksichtigen, nicht vergessen	tenere presente, non dimenticare	ne pas oublier	niet vergeten	to remember (a fact or piece of information) that is important or could be useful in the future	Bear in mind that some children will need help.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example	
assess	50	v	ə'ses	einschätzen, beurteilen	valutare	évaluer	beoordelen	to make a judgment about (a person or situation) after thinking carefully about it	The report assesses the impact of advertising on children.	
mastermind	52	n	'mɑ:stəmaɪnd	führender Kopf	capo	cerveau, organisateur	brein	someone who plans and organises a complicated operation, especially a criminal operation	He is suspected of being the mastermind behind the bombings.	
con	52	v	kɒn	abluchsen, betrügen	um	estorcere	escroquer	afhandig maken	to get money from (someone) by deceiving them	He conned me out of £300.
fake	52	adj	feɪk	gefälscht	finto	faux	namaak, vals	made to look like a real material or object in order to deceive people	She gave me a fake 20 dollar bill.	
provenance	52	n	'prɒvənəns	Herkunft	provenienza	provenance	herkomst	the place where something originally came from	The provenance of the paintings is unknown.	
forgery	52	n	'fɔ:dʒəri	Fälschung	falso	contrefaçon	vervalsing	a document, painting, or piece of paper money that has been copied illegally	The painting was a very clever forgery.	
con artist	52	n	'kɒn ,ɑ:təst	Schwindler, Hochstapler	imbroglione	escroc	oplichter	someone who tricks or deceives people in order to get money from them	He was a very clever con artist and made lots of money.	

### Unit 5 - Secrets

keep yourself to yourself	56	idiom	,ki:p jə ,self tə jə'self	unter sich bleiben	rimangono tra di loro	rester entre soi	op jezelf zijn	to live a very quiet private life and not do many things that involve other people	We hardly knew them – they kept themselves to themselves.
behind closed doors	56	idiom	bɪ ,haɪnd kləʊzd 'dɔ:z	hinter geschlossenen Türen	a porte chiuse	à porte close	achter gesloten deuren	if something happens behind closed doors, it happens in private and the public are not allowed in	It seems that the deal was made behind closed doors.
let it slip	56	idiom	,let it 'slɪp	ausplaudern	spifferare	laisser échapper	zich verspreken	to say something without meaning to, when you had wanted it to be a secret	He let it slip that they were planning to get married.
spill the beans	56	idiom	,spɪl ðə 'bi:nz	die Katze aus dem Sack lassen, verraten	lasciare il gatto fuori dal sacco, rivelare	tout avouer, vendre la mèche	zijn mond voorbijpraten	to tell something that someone else wanted you to keep a secret	I spilt the beans when I told her that he wasn't at the conference at all.
keep/stay schtum	56	idiom	,ki:p , ,steɪ 'ftʊm	nichts sagen zu	niente da dire	tenir sa langue	je mond houden	to keep or stay quiet or silent	The boss of the failed company is keeping schtum about his role in the disaster.
let the cat out of the bag	56	idiom	let ðə ,kæt aʊt əv ðə 'bæg	die Katze aus dem Sack lassen	lasciare il gatto fuori dal sacco	cracher le morceau, vendre la mèche	de kat uit de zak laten	to tell someone a secret, especially without intending to	The engagement ring on her finger rather let the cat out of the bag.
give the game away	56	idiom	,gɪv ðə 'geɪm ə ,weɪ	alles verraten	dire a tutti voi	vendre la mèche	het plan verklappen	to spoil a surprise or secret by doing or saying something that lets someone guess what the secret is	Lynn gave the game away by laughing when Kim walked in.
classified information	152	n	,klæsəfəɪd ɪnfə'meɪʃən	Verschlusssache, Geheimsache	segreto	information classifiée	geheime informatie	classified information, documents etc are ones which the government has ordered to be kept secret	This is classified information.
divulge	152	v	daɪ'vʌldʒ	enthüllen, verraten	svelare, rivelare	révéler, divulguer	onthullen	to give someone information that should be kept secret	It is not company policy to divulge personal details of employees.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
between you and me	152	phr	bɪ,twi:n ju: ən 'mi:	unter uns	tra di noi	entre toi et moi	onder ons (gezegd)	used before telling someone something that you do not want them to tell anyone else	Between you and me, I think Schmidt's about to resign.
covert	152	adj	'kʌvət, 'kəʊvət	verdeckt, geheim	coperto, segreto	secret	geheim	secret or hidden	A covert investigation was conducted to catch the drug-smugglers.
have something to hide	152	idiom	hæv ,sʌmθɪŋ tə 'haɪd	etwas zu verbergen haben	nascondere/celare qc	avoir qc à cacher	iets te verbergen hebben	to be secretly guilty of something	He told the jury that he is innocent, but they think he has something to hide.
look furtive	152	phr	'fɜ:tv	heimlich, verschlagen	furtivo	furtif	steels kijken	behaving as if you want to keep something secret	There was something furtive about his actions.
hush-hush	152	adj	ˌhʌʃ 'hʌʃ	streng geheim	segreto	archi-secret, top secret	(diep) geheim	very secret	Everything was very hush-hush.
confidential	152	adj	ˌkɒnfə'denʃəl	vertraulich	confidenziale	confidentiel	vertrouwelijk	spoken or written in secret and intended to be kept secret	Doctors are required to keep patients' records completely confidential.
blurt out	152	phr v	ˌblɜ:t 'aʊt	ausplaudern, herausplatzen mit	spifferare, uscire a dire qc	laisser échapper	eruit flappen	to say something suddenly and without thinking, usually because you are nervous or excited	Peter blurted the news out before we could stop him
top secret	152	adj	ˌtɒp 'si:kri:t	streng geheim	top secret, molto segreto	archi-secret, top secret	strikt geheim	top secret documents or information must be kept completely secret	They used a top secret code to prevent the enemy from knowing what they were saying.
myth	59	n	mɪθ	Mythos	mito	mythe	mythe	an idea or story that many people believe, but which is not true	The first myth about motherhood is that new mothers instantly fall in love with their babies.
conventional wisdom	59	n phr	kən'venʃənəl 'wɪzdəm	herkömmliche Auffassung, gängige Meinung	saggezza convenzionale	sagesse populaire	volkswijsheid	the opinion that most people consider to be normal and right, but that is sometimes shown to be wrong	As traffic grows, conventional wisdom says we should widen the roads.
perception	59	n	pə'sepʃən	Wahrnehmung	opinione tradizionale/comune	perception	waarneming	the way you think about something and your idea of what it is like	Art is a great way to discover children's perceptions of the world.
commonly held	59	adj phr	ˌkɒmənli 'held	allgemein verbreitet	comunemente diffuso	très répandu	algemeen aanvaard	accepted usually or by most people	This isn't a commonly held belief.
fallacy	59	n	'fæləsi	Trugschluss, Irrtum	falsa conclusione, errore	idée fausse, erreur	misvatting	a false idea or belief, especially one that a lot of people believe is true	It is a fallacy to think that the more information an organisation has, the better its decisions will be.
verify	59	v	'verəfaɪ	prüfen	controllare, verificare	vérifier, confirmer	verifiëren	to discover whether something is correct or true	A computer program verifies that the system is working.
uncover	59	v	ʌn'kʌvə	aufdecken	rivelare, svelare	découvrir	onthullen	to find out about (something that has been kept secret)	Customs officials uncovered the truth about a plot to smuggle weapons into the country.
intuitively	59	adv	ɪn'tju:ətɪvli	intuitiv	intuitivamente	intuitivement	intuïtief	if you do something intuitively you do it based on a feeling rather than on knowledge or facts	He knew what to do intuitively.
debunk	59	v	ˌdi:'bʌŋk	widerlegen	confutare	briser, déboulonner	aan de kaak stellen	to show that an idea or belief is false	His claims were later debunked by fellow academics.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
disprove	59	v	dɪs'pru:v	widerlegen, entkräften	confutare	réfuter	weerleggen	to show that (something) is wrong or not true	These figures disproved Smith's argument.
text message	61	n	'tekst ,mesɪdʒ	Textnachricht	messaggio di testo	texto	sms	a written message that is sent or received on a mobile phone	Send me a text message once you've arrived.
video game	61	n	'vɪdiəʊ ,geɪm	Videospiel	videogioco	jeu vidéo	videospel	a computer game in which you move images on a screen using electronic controls	There are always ads for video games on the TV these days.
fast food	61	n	'fɑ:st fu:d	Fastfood	fast food	cochonneries, malbouffe, junk food	fastfood	food such as hamburgers which is prepared quickly and that you can take away with you	There are lots of fast food outlets in the high street.
social networking website	61	n	ˌsəʊʃəl 'netwɜ:kɪŋ ,websaɪt	soziales Netzwerk	rete sociale	réseau social	sociaalnetwerksite	a website where people put information about themselves and can send messages to other people	Facebook is probably the best-known social networking website.
hang out	61	v	ˌhæŋ 'aʊt	seine Zeit verbringen mit	trascorrere/passare il suo tempo con	traîner	uithangen	to spend a lot of time in a particular place or with particular people	I don't really know who she hangs out with.
shopping mall	61	n	'ʃɒpɪŋ mɔ:l	Einkaufszentrum	centro commerciale	centre commercial	winkelcentrum	a group of shops together in one large covered building	She goes to the shopping mall with her friends at the weekend.
mobile phone	61	n	ˌməʊbaɪl 'fəʊn	Mobiltelefon, Handy	cellulare, telefonino	téléphone portable	mobiele telefoon	a telephone that you can carry with you and use in any place	The latest mobile phones are on sale here.
mobile device	61	n	ˌməʊbaɪl di'vaɪs	Mobilgerät	dispositivo mobile	appareil mobile	mobiel apparaat	an electronic machine, especially a phone or computer, that you can carry with you and use in any place	This app will work on all your mobile devices.
speed up	61	phr v	ˌspi:d 'ʌp	beschleunigen	accelerare	accélérer	versnellen	to move or happen faster, or to make (something) move or happen faster	The truck speeded up going down the hill.
brighten up	61	phr v	ˌbraɪtn 'ʌp	aufhellen	schiarire	se dégager	opfleuren	to make (something) more colourful or attractive	She bought some flowers to brighten up the room.
jazz up	61	phr v	ˌdʒæz 'ʌp	aufpeppen	ravvivare	agrémenter	opvrolijken	to make something more attractive or exciting	Jazz up your everyday meals with our new range of seasonings.
go on	61	phr v	ˌgeʊ 'ɒn	weiterhin tun...	continuare a fare	continuer de faire qc	doorgaan	to continue doing something or being in a situation	He went on working until he was 91.
carry on	61	phr v	ˌkæri 'ɒn	fortsetzen	continuare	continuer de faire qc	doorgaan	to continue doing something	You'll have an accident if you carry on driving like that.
keep on	61	phr v	ˌki:p 'ɒn	nicht aufhören, etwas zu tun	non smettere di fare qualcosa	continuer à faire qc	doorgaan, verder gaan	to continue doing something, or to do something many times	You just have to keep on trying.
pension off	61	phr v	ˌpenʃən 'ɒf	stilllegen, pensionieren	pensionare, chiudere	mettre à la retraite	met pensioen sturen, afdanken	to make someone leave their job when they are old or ill and pay them a pension, or to get rid of something because it is old or not useful any more	Many of the old ships have been pensioned off.
cry off	61	phr v	ˌkraɪ 'ɒf	einen Rückzieher machen	fare marcia indietro	se décommander	terugkrabbelen	to say that you cannot do something that you have already promised to do	Leah and I were going to go to Morocco together, but at the last moment she cried off.
call off	61	phr v	ˌkɔ:l 'ɒf	abblasen, absagen	annullare, evocare	annuler	annuleren, afzeggen	to decide that a planned event will not take place	The trip to Italy might be called off.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
switch off	61	phr v	ˌswɪtʃ ˈɒf	abstellen, ausschalten	spegnere	éteindre, décrocher	uitzetten	to turn off a machine, light, radio etc using a switch	The burglar alarm was switched off.
find out	61	phr v	ˌfaɪnd ˈaʊt	herausfinden	ritrovare	découvrir, apprendre	uitzoeken, erachter komen	to get (information), after trying to discover it or by chance	Has anyone bothered to find out how much all this is going to cost?
speak out	61	phr v	ˌspi:k ˈaʊt	seine Meinung sagen, sich äußern	dire la sua, esprimersi	parler franchement	zich tegen iets uitspreken	to publicly speak in protest about something, especially when protesting could be dangerous	Five students who had spoken out against the regime were arrested.
stand out	61	phr v	ˌstænd ˈaʊt	hervorstechen	risaltare	se démarquer, se détacher	afsteken, zich onderscheiden	to be very easy to see or notice or to be much better than other similar people or things	That day still stands out as the greatest day in my life.
call out	61	phr v	ˌkɔ:l ˈaʊt	ausrufen, herausschreien	esclamare	appeler, interpeller	roepen	to say something loudly	'Hi there!' I called out.
slow down	61	phr v	ˌsləʊ ˈdaʊn	verlangsamen	rallentare	ralentir	langzamer maken	to become slower or to make (something) slower	The ice on the road slowed us down.
narrow down	61	phr v	ˌnærəʊ ˈdaʊn	einschränken, beschränken	limitare, ridurre	réduire à	beperken	to reduce the number of things included in a range	The police have narrowed down their list of suspects.
crack down	61	phr v	ˌkræk ˈdaʊn	energisch einschreiten gegen	intervenire energicamente contro	sévir contre	aanpakken	to become more strict in dealing with a problem and punishing the people involved	The government is determined to crack down on terrorism.
put away	61	phr v	ˌpʊt ə ˈweɪ	wegräumen	rimuovere	ranger	opbergen	to put (something) in the place where it is usually kept	He put his toys away every night.
blow away	61	phr v	ˌbləʊ ə ˈweɪ	wegwehen	soffiare via	emporter	wegblazen	to move, or to make (something) move, away from a place by the force of the wind or a current of air	My ticket blew away.
take away	61	phr v	ˌteɪk ə ˈweɪ	wegnehmen	togliere	enlever	weghalen	to remove (someone or something), or make (something) disappear	She whisked the tray off the table and took it away.
bring back	61	phr v	ˌbrɪŋ ˈbæk	wieder in Betrieb nehmen	riassumere l'esercizio di	ramener	herinvoeren	to start to use something again that was used in the past	The city council has decided to bring back the old electric trams.
think back	61	phr v	ˌθɪŋk ˈbæk	sich zurückversetzen	ritornare col pensiero	se rappeler qc, repenser à qc	terugdenken	to think about things that happened in the past	Thinking back, it amazes me how we survived on so little sleep.
look back	61	phr v	ˌlʊk ˈbæk	zurückblicken	richiamare alla mente	regarder en arrière	terugkijken	to think about something that happened in the past	When I look back on those days I realise I was desperately unhappy.
cast your mind back	61	phr v	ˌkɑ:st jə ˈmaɪnd bæk	an etwas zurückdenken	ripensare a	se rappeler qc	terugblikken (op)	to think about something again or to remember something	He frowned, casting his mind back over the conversation.
mess around	61	phr v	ˌmes ə ˈraʊnd	herumwursteln, herumhängen	gingillarsi	traîner	rondhangen	to spend time lazily, doing things slowly and in a way that is not planned	He spent his vacation messing around on the farm.
stand around	61	phr v	ˌstænd ə ˈraʊnd	herumstehen	starsene senza far niente	rester debout à ne rien faire	staan te kijken	to stand somewhere and not do anything	We stood around saying goodbye for a while.
hang around	61	phr v	ˌhæŋ ə ˈraʊnd	herumlungern, -hängen	essere buttato lì, bighellonare	traîner	rondhangen	to wait or spend time somewhere, doing nothing	I hung around the station for an hour but he never came.
mull over	61	phr v	ˌmʌl ˈəʊvə	grübeln über	rimuginare	retourner dans sa tête	iets overwegen	to consider something for a long time	We mulled over the candidates and finally chose one.
pore over	61	phr v	ˌpɔ:r ˈəʊvə	vertieft sein in	immergersi in	étudier de près	zich verdiepen in	to read or look at something very carefully for a long time	She was poring over a book.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
look over	61	phr v	ˌlʊk 'əʊvə	einen Blick werfen über	dare un'occhiata al sopra	jeter un coup d'oeil à	doornemen	to examine (something or someone) quickly, without paying much attention to detail	Do you have a few minutes to look these samples over?
think over	61	phr v	ˌθɪŋk 'əʊvə	überdenken	riflettere su	bien réfléchir à	nadenken over	to consider (something) carefully before making a decision	Why don't you think it over and give me a call in a couple of days?
talk over	152	phr v	ˌtɔ:k 'əʊvə	etw. besprechen mit, Rücksprache halten mit	parlare di qc con qu, consultare	discuter de	uitvoerig spreken over	to discuss a problem with someone before deciding what to do	Talk over any worries with your GP.
look up	152	phr v	ˌlʊk 'ʌp	besser werden	migliorare	s'améliorer	beter worden	if a situation is looking up, it is improving	Now the summer's here, things are looking up!
soldier on	152	phr v	ˌsəʊldʒər 'ɒn	unermüdlich weitermachen	continuare instancabilmente	persévérer envers et contre tout	volhouden	to continue working in spite of difficulties	We'll just have to soldier on without him.
kill off	152	phr v	ˌkɪl 'ɒf	zunichte machten	sconfitta di fatto	éliminer	uit de weg ruimen	to stop or remove something completely	These figures kill off any hope that the economy is poised for recovery.
calm down	152	phr v	ˌkɑ:m 'daʊn	sich beruhigen	calmarsi	se calmer	kalmeren	to become quiet and relaxed after you have been angry, excited, nervous, or upset, or to make someone become quiet and relaxed	Calm down and tell me what happened.
tidy up	152	phr v	ˌtaɪdi 'ʌp	aufräumen	fare ordine	ranger	opruimen	to make a place look neatly arranged with everything in the right place	It's time we tidied up the office.
slip back	152	phr v	ˌslɪp 'bæk	wieder hineinrutschen	scivolare di nuovo in	retomber	afglijden	to gradually start being in a particular condition again or doing things in the way they were done before	He had begun to slip back into debt.
lounge around	152	phr v	ˌlaʊndʒ ə 'raʊnd	herumlungern	bighellonare	paresser	rondhangen	to spend time relaxing and doing nothing, often when you should be doing something	James does nothing but lounge around the apartment.
investigative journalism	62	n	ɪnˈvestəgətɪv	investigativer Journalismus	giornalismo investigativo	journalisme d'enquête	onderzoeksjournalistiek	work or activities that involve investigating something	He's a well-known investigative journalist.
injunction	62	n	ɪnˈdʒʌŋkʃən	einstweilige Verfügung	provvedimento interinale	injonction	gerechtelijk bevel	an order given by a court, which tells someone not to do something	The family is seeking an injunction against the book's publication.
whistle-blowing	62	adj	'wɪsəl ˌbləʊɪŋ	der etwas auspackt	qu che smaschera qc, informatore	dénonciateur	klokkenluiden	telling people in authority or the public about dishonest or illegal practices	The company had paid out substantial sums to discourage whistle-blowing employees.
sensitive information	62	n	ˌsensətɪv ɪnfə'meɪʃən	sensible Informationen	informazioni sensibili	informations sensibles	vertrouwelijke informatie	sensitive information needs to be dealt with very carefully, because it is secret or because it may offend people	She has access to sensitive information about national security.
scoop	62	n	sku:p	Knüller, Exklusivbericht	sensazione, scoop	scoop, exclusivité	primeur	an important or exciting news story that is printed in one newspaper or shown on one television station before any of the others know it	He managed to get the scoop of the year when he broke the news.
source	62	n	so:s	Quelle	reportage esclusivo	source	bron	a person, book, or document that supplies you with information	I've heard from reliable sources that the company is in trouble.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
deserted	64	adj	dɪˈzɜ:təd	menschenleer, verlassen	deserto, lasciato	abandonné	verlaten	empty and quiet because no people are there	The old mine now stands completely deserted.
abandoned	64	adj	əˈbændənd	verlassen, aufgegeben	abbandonato, lasciato	abandonné	achtergelaten	an abandoned building, car, boat etc has been left by the people who owned or used it	The car was found abandoned in Bristol.
uninhabited	64	adj	ˌʌnɪnˈhæbətəd	unbewohnt	disabitato, deserto	inhabité	onbewoond	an uninhabited place does not have anyone living there	They found an uninhabited island in the Caribbean.
rehabilitation	64	n	ˌriːhəbɪləˈteɪʃən	Rehabilitation	riabilitazione	rééducation	revalidatie	helping someone to live a healthy, useful, or active life again after they have been seriously ill, in prison, or on drugs	He was sent to a special rehabilitation unit for stroke patients.
quarantine	64	n	ˈkwɒrəntiːn	Quarantäne	quarantena	qarantaine	quarantaine	a period of time when a person or animal is kept apart from others in case they are carrying a disease, or the state of being kept apart in this way	The monkeys were kept in quarantine for 31 days.

### Unit 6 - Trends

a distant memory	68	phr	əˈdɪstənt ˈmeməri	ferne Erinnerung	lontano ricordo	un lointain souvenir	herinnering van lang geleden	something remembered that is far away in space or time	Her honeymoon seemed like a distant memory.
the signs are	68	phr	ðəˌsaɪnz ˈɑː	die Anzeichen deuten darauf hin	i segni indicano	les signes indiquent	er zijn tekenen dat	there are things that show that something is happening	The signs are that the country is likely to recover soon.
the days are over	68	phr	ðəˌdeɪz ə ˈəʊvə	die Tage sind vorbei	questi giorni sono passati	finie l'époque	de tijd is voorbij	the time when something could happen is in the past	The days are over when you could buy a cinema ticket for sixpence.
a thing of the past	68	phr	əˌθɪŋ əv ðəˈpɑːst	etwas, das der Vergangenheit angehört	qualcosa che appartiene al passato	une chose du passé	iets dat tot het verleden behoort	something that does not exist any more	We hope that smoking will become a thing of the past.
may well	68	phr	ˌmeɪ ˈwel	kann durchaus	può essere abbastanza	pourrait bien	het zou best eens kunnen dat	used to say that something is likely to happen or is likely to be true	What you say may well be true.
be likely to	68	v phr	biˈlaɪkli tu	sehr wahrscheinlich etwas tun/werden	molto probabilmente fare qualcosa	être probable de	waarschijnlijk zijn	something that is likely to do or be something will probably do it or be true	Children who live in the country's rural areas are very likely to be poor.
suggest	68	v	səˈdʒest	nahelegen	suggerire	suggérer	suggereren	to make someone think that a particular thing is true	Opinion polls suggest that only 10% of the population trust the government.
point to	68	v phr	ˈpɔɪnt tu	darauf hindeuten	suggerire	indiquer qc	erop wijzen	to suggest that something is true	Everything points to her having died from a drugs overdose.
be bound to	68	v phr	biˈbaʊnd tu	verpflichtet sein zu	essere obbligato a	être obligé de	vastbesloten zijn	to be very likely to do or feel a particular thing	Don't lie to her. She's bound to find out.
be destined to	68	v phr	biˈdestɪnd tu	dazu bestimmt sein	essere destinato a	destiné à	bestemd zijn	to seem certain to happen at some time in the future	She was destined to have a successful career.
on track	70	prep phr	ˌɒn ˈtræk	auf Kurs	sulla buona strada, andare nella direzione giusta	en bonne voie	op schema liggen	to be likely to achieve a particular result	We're still on track for 10% growth.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
on average	70	prep phr	ɒn 'ævərɪdʒ	im Durchschnitt	in media	en moyenne	gemiddeld	based on a calculation about how many times something usually happens, how much money someone usually gets, how often people usually do something etc	On average, men still earn more than women.
on trial	70	prep phr	ɒn 'traɪəl	zur Probe, zum Probieren	in prova	à l'essai	op proef	a short period during which you use or do something or employ someone to find out whether they are satisfactory for a particular purpose or job	They let me have the computer on trial for thirty days.
at risk	70	prep phr	æt 'rɪsk	gefährdet	in pericolo	à risque	het risico lopen	in a situation where you may be harmed	Their children are also at high risk of developing the disease.
at present	70	prep phr	æt 'prezənt	gegenwärtig	al presente/momento	pour l'instant	op dit moment	at this time	The item you want is not available at present.
at least	70	prep phr	æt 'li:st	mindestens	almeno	au moins	ten minste	not less than a particular number or amount	It will take you at least 20 minutes to get there.
by far	70	prep phr	bai 'fɑ:	bei Weitem	di gran lunga	de loin	verreweg	used to say that something is much better, worse etc than anything else	Watching sport was by far the most popular activity on Saturday afternoons.
by nature	70	prep phr	bai 'neɪtʃə	von Natur aus	di carattere	par nature	van nature	according to someone's character	She was by nature a very affectionate person.
by law	70	prep phr	bai 'lɔ:	vom Gesetz vorgeschrieben	prescritto dalla legge	selon la loi	wettelijk bepaald	according to the whole system of rules that people in a particular country or area must obey	By law, seat belts must be worn by all passengers.
in decline	70	prep phr	ɪn dɪ 'klaɪn	im Niedergang begriffen	in declino	en déclin	in verval	decreasing in quality, quantity, or importance	He disagrees with the widely held belief that educational standards are in decline.
in danger	70	prep phr	ɪn 'deɪndʒə	in Gefahr	in pericolo	en danger	gevaar lopen	in a situation where something bad may happen	The party is in danger of being defeated in the next election.
in effect	70	prep phr	ɪn ɪ 'fekt	tatsächlich	in effetti	en réalité	in feite	used when you are describing what you see as the real facts of a situation	In effect, we'll be earning less than we were last year.
out of control	70	prep phr	ˌaʊt əv kən'trəʊl	außer Kontrolle	fuori controllo	incontrôlable	onbeheersbaar	not having the ability or power to make someone or something do what you want or make something happen in the way you want	The economy is worsening and out of control.
out of sight	70	prep phr	ˌaʊt əv 'saɪt	außer Sichtweite	fuori del campo visivo	hors de vue	verborgen	hidden	Voters suspected the real political agenda was being kept out of sight.
out of necessity	70	prep phr	ˌaʊt əv nə 'sesəti	aus Notwendigkeit	per necessità	par nécessité	uit noodzaak	used when something happens in a particular way because that is the only possible way it can happen	Many of the jobs are temporary out of necessity.
off course	153	prep phr	ˌɒf 'kɔ:s	ab vom Kurs	sulla strada cattiva, andare nella direzione sbagliata	dévié de son cours	uit de koers	going in the wrong direction	The ship was blown off course.
off the pace	153	prep phr	ˌɒf ðə 'peɪs	in Rückstand sein	essere in ritardo	en retard	achterliggen	not going fast enough	I was off the pace and decided to retire from the race.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
off balance	153	prep phr	ˌɒf ˈbæləns	aus dem Gleichgewicht	fuori equilibrio	déséquilibré	niet in evenwicht	in an unsteady position and likely to fall	The sudden movement of the ship knocked them both off balance.
above suspicion	153	prep phr	ə ˌbʌv sə ˈspɪʃən	über jeden Verdacht erhaben	essere al di sopra di ogni sospetto	au-dessus de tout soupçon	boven alle verdenking verheven	if someone is above suspicion they are so honest that no one could think that they had done anything wrong	The President is surely above suspicion.
above board	153	adj	ə ˌbʌv ˈbɔːd	legal, astrein	legale, perfetto	honnête, irréprochable	eerlijk	honest and legal	His plans for opening a coffee shop are completely above board.
above all	153	prep phr	ə ˌbʌv ˈɔːl	vor allem	soprattutto	par-dessus tout	vooral, bovenal	used to say that something is more important than anything else	Max is hard-working, cheerful, and above all, honest.
over the hill	153	prep phr	ˌəʊvə ðə ˈhɪl	die besten Jahre hinter sich habend	avendo i migliori anni dietro	ne plus être dans la force de l'âge	over zijn/haar hoogtepunt heen zijn	no longer young, and therefore no longer attractive or good at doing things	Kathleen thinks she's over the hill, but she's only 32.
over the moon	153	prep phr	ˌəʊvə ðə ˈmuːn	im siebten Himmel	felicissimo, esultante di gioia	sur un petit nuage	zielsgelukkig zijn	very happy	I was over the moon when I won the championship.
over the top	153	adj	ˌəʊvə ðə ˈtɒp	übertrieben	esagerato	exagéré	overdreven	remarks, behaviour etc that are over the top are so extreme or unreasonable that they seem stupid or offensive	He was a bit over the top with his drinking last night.
under the weather	153	prep phr	ˌʌndə ðə ˈweðə	unpässlich, angeschlagen	indisposto, esausto	pas dans son assiette	(zich) niet lekker (voelen)	slightly ill	You look a bit under the weather.
under the impression	153	prep phr	ˌʌndə ði ɪm ˈpreʃən	den Eindruck habe, dass ...	avere l'impressione di	avoir l'impression que	de indruk hebben	believing that something is true when it is not	I'm sorry, I was under the impression that you were the manager.
under oath	153	prep phr	ˌʌndər ˈəʊθ	unter Schwur	sotto giuramento	sous serment	onder ede	obliged by the law to tell the truth in court	The evidence was given under oath.
command	71	n	kə ˈmɑːnd	Meisterung, Herrschaft	padronanza	maîtrise	beheersing	knowledge of something, especially a language, or ability to use something	He's studied in the US and has a good command of English.
mind your language	71	v	ˌmaɪnd jə ˈlæŋgwɪdʒ	so etwas sagt man nicht!	(stai) attento a quello che dici!	fais attention à tes propos!	op je woorden letten	to be careful so that you do not offend anyone	She gave him a frown and told him to mind his language.
dead language	71	n	ˌded ˈlæŋgwɪdʒ	tote Sprache	linguaggio morto	langue morte	uitgestorven taal	a dead language, for example Latin or Ancient Greek, is no longer used by ordinary people	He is an expert in dead languages.
offensive language	71	adj	ə ˌfensɪv ˈlæŋgwɪdʒ	beleidigende Sprache	linguaggio offensivo	langage offensant	beledigend taalgebruik	very rude or insulting and likely to upset people	I found her language deeply offensive.
everyday language	71	n	ˌevrɪdeɪ ˈlæŋgwɪdʒ	Alltagssprache	lingua quotidiana/ di tutti i giorni	langage courant	alledaagse taal	ordinary, usual, or happening every day	Describe it in ordinary everyday language.
global language	71	n	ˌgləʊbəl ˈlæŋgwɪdʒ	Weltsprache	lingua mondiale	langue globale	universele taal	affecting, used by or including the whole world	Why did English become a global language?
language barrier	71	n	ˈlæŋgwɪdʒ ˌbæriə	Sprachbarriere	barriera della lingua	barrière linguistique	taalbarrière	the problem of understanding people who do not speak the same language	Living in China was hard for me at first because of the language barrier.
official language	71	n	ə ˈfɪʃl ˈlæŋgwɪdʒ	offizielle Sprache	lingua ufficiale	langue officielle	officiële taal	a language used by people in authority, especially the government of a country	Hindi is one of the official languages of India.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
get a word in edgeways	153	idiom	get ə ,wɜ:d ɪn 'edʒweɪz	auch mal zu Wort kommen	poter dire una parola	arriver à placer un mot	ergens geen speld tussen krijgen	to get a chance to say something	Once George starts talking it's difficult to get a word in edgeways.
get to the point	153	idiom	get tə ðə 'pɔɪnt	zum Punkt kommen	venire al punto, fare il punto della situazione	en venir au fait	ter zake komen	to talk about the most important thing	I wish you'd get to the point.
talk at cross purposes	153	idiom	ˌtɔ:k ət ,krɒs 'pɜ:pəsɪz	aneinander vorbeireden	parlare di cose diverse	se quereller	langs elkaar heen praten	if two people talk at cross purposes, they do not understand each other because they are talking about different things but fail to realise this	I think we're talking at cross purposes.
catch what someone says	153	idiom	ˌkætʃ wɒt ,sʌmwʌn 'sez	mitbekommen, was jemand sagt	sentire/notare quello che qualcuno dice	comprendre ce que qn dit	begrijpen wat iemand zegt	to hear or understand what someone says	I'm afraid I didn't catch what you said, because of the noise.
need a good talking to	153	idiom	ˌni:d ə gud 'tɔ:kɪŋ tu	den muss man sich mal richtig vorknöpfen	è necessario rompere a destra che è	se prendre un savon	een hartig woordje (met iemand) spreken	to need to be talked to in an angry way, especially of a child or someone who is below you in rank	I can see that young man needs a good talking to.
talk shop	153	idiom	ˌtɔ:k 'ʃɒp	fachsimpeln, über Geschäftliches sprechen	parlare di questioni professionali	parler boutique	over het werk praten	to talk about things that are related to your work, especially in a way that other people find boring	I'm fed up with you two talking shop.
run something by somebody	153	idiom	ˌrʌn sʌmθɪŋ 'bʌɪ ,sʌmbədi	etwas mit jmd. kurz besprechen	brevemente discutere qualcosa con qualcuno	discuter de qc avec qn	iets met iemand bespreken	to tell someone something so that they can give you their opinion	I just wanted to run it by you and see what you thought.
not make head or tail of	153	idiom	ˌnɒt meɪk 'hed ɔ: 'teɪl ɒv	sich keinen Reim auf etwas machen können	nessuna figura qualcosa fuori può	y perdre son latin	ergens geen touw aan vast kunnen knopen	to be completely unable to understand something	I couldn't make head or tail of the instructions.
to say the least	153	idiom	tə ,seɪ ðə 'li:st	geline gesagt	a dir poco	pour le moins	om het zachtjes uit te drukken	used to show that something is worse or more serious than you are actually saying	His teaching methods were strange, to say the least.
get the wrong end of the stick	153	idiom	get ðə ,rɒŋ end əv ðə 'stɪk	etwas völlig falsch auffassen	fraintendere qc completamente, capire qualcosa di completamente sbagliato	mal comprendre	het bij het verkeerde eind hebben	to understand a situation in completely the wrong way	Geoff had got the wrong end of the stick, and thought I was angry with him.
take off	74	phr v	ˌteɪk 'ɒf	abheben	decollare	décoller	van start gaan	to suddenly start being successful	Mimi became jealous when Jack's career started taking off.
latest thing	74	n phr	ˌleɪtəst 'θɪŋ	das Allerneueste	l'ultima	la plus récente nouveauté	het laatste snufje	the most recent or the newest or most popular thing	These handbags are the latest thing in accessories, darling!
passing trend	74	n phr	ˌpɑ:sɪŋ 'trend	vorübergehende Mode	moda temporanea	tendance passagère	voorbijgaande trend	a fashion, activity, type of music etc that suddenly becomes very popular, but only remains popular for a short time	I'm sure it's just a passing trend.
word of mouth	74	n phr	ˌwɜ:d əv 'maʊθ	Mundpropaganda	pubblicità verbale	bouche à oreille	van mond tot mond	information you get by someone telling you	Word of mouth is one of the best ways of getting business.
lose appeal	74	v phr	ˌlu:z ə 'pi:l	seinen Reiz verlieren	perdere il suo fascino	perdre son attrait	aantrekkingskracht verliezen	to no longer have the quality that makes people like something or someone	This kind of music has lost its appeal for the under-20s.
capture imagination	74	v phr	ˌkæptʃər ɪmædʒɪ'neɪʃən	die Fantasie fesseln	catturare l'immaginazione	captiver l'imagination	tot de verbeelding spreken	to make (someone) feel very interested in something	His stories of foreign adventure captured my imagination.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
strike a chord	74	v phr	ˌstraɪk ə ˈkɔːd	bei jemandem Verständnis finden	trovare comprensione da qualcuno	toucher une corde sensible	een snaar raken	to say or do something that other people agree with or have sympathy with	Their story is bound to strike a chord with all parents.
rise dramatically	74	v phr	ˌraɪz drəˈmætɪkli	enorm ansteigen	aumentare enormamente	connaître une hausse spectaculaire	dramatisch stijgen	to increase greatly and suddenly	Output has risen dramatically since last month.
take off	76	phr v	ˌteɪk ˈɒf	abheben	decollare	décoller	van start gaan	to suddenly start being successful	Mimi became jealous when Jack's career started taking off.
breakout	76	adj	ˈbreɪkaʊt	bahnbrechend	rivoluzionario	à succès	doorbraak-	having a sudden unexpected success	This new smartphone will be the next breakout mobile device.
push the boat out	76	idiom	ˌpʊʃ ðə ˈbəʊt aʊt	auf den Putz hauen	fare baldoria	frapper un grand coup	niet op een cent kijken	to spend more money than you usually do, on something special	Push the boat out and get tickets to the theatre or ballet.
take	76	n	teɪk	Ansicht	punto di vista	point de vue	mening	someone's opinion about a situation or idea	What's your take on this issue?
to the fore	76	phr	tə ðə ˈfɔː	in den Vordergrund	in risalto	au front	opkomen, op de voorgrond treden	to or in a position of importance or influence	Environmental issues came to the fore in the 1980s.
smart watch	76	n	ˈsmɑːt wɒtʃ	Smartwatch	smartwatch	montre intelligente	smartwatch	a smart watch is controlled by computers and is designed to provide information in a suitable way depending on the situation	Have you seen the company's latest smart watch?
interactive television	76	n phr	ˌɪntəræktɪv ˈteləvɪʒən	interaktives Fernsehen	televisione interattiva	télévision interactive	interactieve televisie	an interactive television allows you to communicate directly with it, and does things in reaction to your actions	We don't have an interactive television – you have to get up and press buttons to change the channel!
smart thermostat	76	n phr	ˌsmɑːt ˈθɜːməstæt	smarte Heizungssteuerung	controllo di riscaldamento intelligente	thermostat intelligent	slimme thermostaat	a smart thermostat is an instrument used for keeping a room or a machine at a particular temperature, and is controlled by computers and designed to react in a suitable way depending on the situation	Our new smart thermostat changes the room temperature whenever it senses changes in the weather.
driverless car	76	n phr	ˌdraɪvələs ˈkɑː	selbstfahrendes Auto	macchina semovente	voiture sans conducteur	zelfrijdende auto	a driverless car is controlled by equipment in the vehicle, rather than by a human driver	I'm not sure I would feel safe on the motorway in a driverless car.
drone	76	n	drəʊn	Drohne	fuco	drone	drone	an aircraft that does not have a pilot, but is operated by radio	Drones have been used to take images of countries thousands of miles away from where they are controlled.
brain imaging	76	n phr	ˈbreɪn ɪˌmædʒɪŋ	Bildgebende Verfahren zur Darstellung des Gehirns	formazione immagine del cervello	imagerie cérébrale	brain imaging, beeldvorming van de hersenen	a technical process in which pictures of the inside of someone's brain are produced, especially for medical reasons	New brain imaging technologies mean that doctors are better able to screen for defects.
genetic data	76	n phr	dʒəˌnetɪk ˈdɜːtə, ˈdɑːtə	genetische Daten	dati genetici	données génétiques	genetische gegevens	information relating to genes or genetics (= the study of how the qualities of living things are passed on)	This new breakthrough gave scientists immense amounts of genetic data.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
crowdfunding	77	n	'kraʊd, fʌndɪŋ	Crowdfunding	crowdfunding	crowdfunding	crowdfunding	a method of getting money for something, for example a new film or album, by asking many people to give part of the money needed, often on the Internet	He was able to start his new business with the help of crowdfunding.
<b>Unit 7 - Freedom</b>									
to no avail	81	adv phr	tʊ, nəʊ ə'veeɪl	umsonst, erfolglos	inutilmente, senza successo	en vain	nutteloos	if something you do is to no avail, you do not succeed in getting what you want	We searched the whole area but all to no avail. Robbie had disappeared.
in vain	81	adv phr	ɪn 'veɪn	vergeblich	invano, senza successo	en vain	tevergeefs	without success in spite of your efforts	Police searched in vain for the missing gunman.
frantically	81	adv	'fræntɪkli	verzweifelt, hektisch	disperatamente, freneticamente	frénétiquement	verwoed	in an extremely worried and frightened way, so that you cannot control your feelings	There was still no news of Jill, and her parents were frantically searching for her.
extensively	81	adv	ɪk'stensɪvli	ausgiebig, flächendeckend	ampiamente, su tutto il territorio	largement	uitgebreid	over a very large area	They search extensively for clues to the girl's disappearance.
set off	81	phr v	,set 'ɒf	auslösen	scatenare	déclencher	doen afgaan	to make (an alarm) start ringing	Smoke from a cigarette will not normally set off a smoke alarm.
sound	81	v	saʊnd	läuten	s(u)onare	s'entendre	alarmeren	to warn people that something bad is happening	His bankers sounded the alarm when they discovered that money had gone missing from his accounts.
raise	81	v	reɪz	verursachen, auslösen	causare, suscitare,	donner l'alarme	alarmeren	to warn people that something bad is happening	Neighbours raised the alarm when they smelled smoke.
trigger	81	v	'trɪgə	auslösen	far scattare, provocare	déclencher, provoquer	doen afgaan	to make (an alarm) start ringing	A window blew open, triggering the alarm.
presume	81	v	pri'zju:m	annehmen, mutmaßen	presumere	présumer	veronderstellen	to think that something is true, although you are not certain	From the way he talked I presumed, wrongly, that he was your boss.
presume dead	81	phr	pri,zju:m 'ded	mutmaßlich tot	morte presunta	présumé mort	veronderstellen dat iemand dood is	to accept that someone is dead until it is shown to not be true, especially in law	Their nephew was missing, presumed dead.
presume innocent	81	phr	pri,zju:m 'ɪnəsənt	mutmaßlich unschuldig	innocente presunto	présumé innocent	iemand als onschuldig beschouwen	to accept that someone is innocent until it is shown to not be true, especially in law	The defendant is presumed innocent until he or she is found guilty.
suffer from	81	phr v	'sʌfə frəm, frɒm	leiden an	soffrire di	souffrir de	lijden aan	to have (a particular disease or medical condition), especially for a long time	Craig suffers from a rare bone disease.
migraine	81	n	'mi:greɪn, 'maɪ-	Migräne	emicrania	migraine	migraine	an extremely bad headache, during which you feel sick and have pain behind your eyes	I won't be coming this evening – I'm suffering from migraines.
asthma	81	n	'æsmə	Asthma	asma	asthme	astma	a medical condition that causes difficulties in breathing	She carries an inhaler because she suffers with asthma.
amnesia	81		æm'ni:ziə	Gedächtnisverlust	amnesia	amnésie	geheugenverlies	the medical condition of not being able to remember anything	After the accident, she woke up suffering from amnesia.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
hay fever	81	n	ˌheɪ ˈfiːvə	Heuschnupfen	raffreddore da fieno	rhume des foins	hooikoorts	a medical condition like a bad cold, that is caused by breathing in pollen (= dust from plants)	John always suffers badly from hay fever in the summer.
investigation	81	n	ɪnˌvestɪˈɡeɪʃən	Ermittlungen	investigazioni, indagini	recherche, investigation	onderzoek	an official attempt to find out the truth about or the cause of something such as a crime, accident, or scientific problem	The investigation continued for nearly three years.
launch	81	v	lɔːntʃ	einführen, starten	avviare, iniziare	lancer	starten	to start something, usually something big or important	The authorities are planning to launch a full-scale investigation into the crash.
be the subject of	81	v phr	bi ðə ˈsʌbdʒɪkt əv	das Thema sein von	essere il tema/soggetto di	faire l'objet de	onderwerp zijn van	to be the thing that is talked about, dealt with or considered	The causes of the air crash are the subject of investigation.
pursue	81	v	pəˈsjuː	durchführen	eseguire, effettuare	poursuivre	vervolgen, doorgaan	to continue trying to find out about or persuade someone about a particular subject	A private detective was hired to pursue the investigation.
lead	81	v	liːd	leiten	guidare, condurre	conduire, guider	leiden	to be in charge of a group of people who are trying to do something	The investigation is being led by a senior detective.
day shift	81	n	ˈdeɪ ʃɪft	Tagschicht	turno di giorno	poste de jour	dagdienst	a particular period of time worked during the day, or the workers who work during one of these periods	He's going to be on day shifts for five days.
night shift	81	n	ˈnaɪt ʃɪft	Nachtschicht	turno di notte	équipe de nuit	nachtdienst	a particular period of time worked during the night, or the workers who work during one of these periods	She found it hard to stay awake during her night shifts at the factory.
early shift	81	n	ˈɜːli ʃɪft	Frühschicht	primo turno	équipe du matin	vroege dienst	a particular period of time worked during the early hours of the day, or the workers who work during one of these periods	The early shift will be coming on in a few minutes.
late shift	81	n	ˈleɪt ʃɪft	Spätschicht	turno di notte	équipe de nuit	late dienst	a particular period of time worked during the later part of the day, or the workers who work during one of these periods	Nobody wants to do the late shift.
split shift	81	n	ˈsplɪt ʃɪft	geteilte Schicht	turno diviso	travail fractionné	gebroken dienst	a period of work that is divided into two or more parts on the same day, or the workers who work during one of these periods	She hates doing split shifts – they disrupt her sleep patterns.
10-hour shift	81	n	ˌten aʊə ˈʃɪft	10-Stunden-Schicht	turno 10 ore	équipe de 10 heures	10-uursdienst	a period of 10 hours worked during a single day	I did 10-hour shifts every day last week.
motivate	82	v	ˈməʊtəveɪt	motivieren	motivare	motiver	motiveren	to be the reason why someone does something	Was he motivated solely by his desire for power?
hesitate	82	v	ˈhezətet	zögern	esitare	hésiter	twijfelen	to pause before saying or doing something because you are nervous or not sure	Kay hesitated for a moment and then said 'yes'.
renovate	82	v	ˈrenəveɪt	renovieren	rinnovare	rénover	renoveren	to repair a building or old furniture so that it is in good condition again	The hotel has been renovated and redecorated.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
elaborate	82	v	ɪˈlæbəreɪt	weiter ausführen	esporre, spiegare	préciser, entrer dans les détails	uitwijden	to give more details or new information about something	He said he had new evidence, but refused to elaborate any further.
darken	82	v	ˈdɑ:kən	sich verdunkeln	oscurarsi	s'obscurcir	donker worden	to become dark or darker, or to make something dark or darker	The sky darkened and a few drops of rain fell.
strengthen	82	v	ˈstreŋθən, ˈstrenθən	stärker, kräftiger werden	rinforzarsi, rafforzarsi	se renforcer	sterker worden	to become stronger or make something stronger	Our friendship has steadily strengthened over the years.
brighten	82	v	ˈbraɪtn	aufhellen	schiarire	éclaircir	lichter maken	to make something lighter or brighter	The morning sunshine brightened up the room.
prioritise	82	v	praɪˈɒrɪtaɪz	Prioritäten setzen	stabilire delle priorità	donner la priorité à	prioriteit geven aan	to put several things, problems etc in order of importance, so that you can deal with the most important first	You need to prioritise your tasks.
legalise	82	v	ˈli:ɡəlaɪz	legalisieren	legalizzare	légaliser	legaliseren	to make something legal so that people are allowed to do it	Rules to legalise casino gambling could be introduced next autumn.
modernise	82	v	ˈmɒdənaɪz	modernisieren	modernizzare	moderniser	moderniseren	to make something such as a system or building more modern	They need more funds to modernise the country's telephone system.
realise	82	v	ˈri:əlaɪz	merken, realisieren	realizzare, notare	se rendre compte de	realiseren	to know and understand something, or suddenly begin to understand it	I suddenly realised that the boy was crying.
glorify	82	v	ˈɡlɔ:rəfaɪ	verherrlichen	glorificare	glorifier	verheerlijken	to make someone or something seem more important or better than they really are, or to praise someone or something	I don't like films which glorify violence.
electrify	82	v	ɪˈlektərəfaɪ	elektrisieren	elettrizzare	électriser	elektrificeren	if a performance or a speech electrifies people, it makes them feel very interested or excited	She would sit at the piano and sing, electrifying us all.
exemplify	82	v	ɪɡˈzempləfaɪ	ein Beispiel sein für	esemplificare, essere un esempio per	elettrizzare	illustreren	to be a very typical example of something	The building exemplifies the style of architecture which was popular at the time.
exhaustion	82	n	ɪɡˈzɔ:stʃən	Erschöpfung	esaurimento	illustrer	uitputting	extreme tiredness	He collapsed with exhaustion.
production	82	n	prəˈdʌkʃən	Produktion, Herstellung	produzione	production	productie	the process of making or growing things to be sold, especially in large quantities	The production of consumer goods has slowed recently.
recollection	82	n	ˌrekəˈleʃən	Erinnerung	ricordo	souvenir, mémoire	herinnering	something from the past that you remember	My earliest recollections are of my mother bending over my cot.
immediacy	82	n	ɪˈmi:diəsi	Unmittelbarkeit	immediatezza	effet immédiat	urgentie	when something is important or urgent because it relates to a situation or event that is happening now	Television brings a new immediacy to world events.
accuracy	82	n	ˈækjərəsi	Präzision	precisione	précision	nauwkeurigheid	the ability to do something in an exact way without making a mistake	He passes the ball with unerring accuracy.
tendency	82	n	ˈtendənsi	Neigung, Tendenz	tendenza	tendance	neiging	if someone or something has a tendency to do or become a particular thing, they are likely to do or become it	Greg's tendency to be critical made him unpopular with his co-workers.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
clarity	82	n	'klærəti	Klarheit	chiarezza	clarté	duidelijkheid	the clarity of a piece of writing, law, argument etc is its quality of being expressed clearly	Letters may be edited for length and clarity.
stupidity	82	n	stju:'pidəti	Dummheit	stupidità	stupidité, bêtise	domheid, stommiteit	behaviour or actions that show a lack of good sense or good judgment	Saying that showed his complete stupidity!
opportunity	82	n	,ɒpə'tju:nəti	Gelegenheit	opportunità, occasione	occasion	gelegenheid	a chance to do something or an occasion when it is easy for you to do something	I'd like to take this opportunity to thank you all.
embarrassment	82	n	ɪm'bærəsmənt	Verlegenheit, Peinlichkeit	imbarazzo	gêne, embarrass	onbehegen, verlegenheid	the feeling you have when you are embarrassed (= uncomfortable or nervous and worrying about what people think of you)	She suffered extreme embarrassment at not knowing how to read.
enjoyment	82	n	ɪn'dʒɔɪmənt	Freude	gioia	plaisir	plezier	the feeling of pleasure you get from having or doing something, or something you enjoy doing	Acting has brought me enormous enjoyment.
harassment	82	n	'hærəsmənt, hæ'ræsmənt	Belästigung	molestia, disturbo	harcèlement, tracasserie	pesterij	when someone behaves in an unpleasant or threatening way towards you	African-Americans have been complaining about police harassment for years.
loneliness	82	n	'ləʊnlɪnəs	Einsamkeit	solitudine	solitude	eenzaamheid	being unhappy because you are alone or do not have anyone to talk to	Her loneliness is caused by being on her own all day.
unhappiness	82	n	ʌn'hæpɪnəs	Traurigkeit	tristezza	tristesse	ellende	being not happy	Leslie had a lot of unhappiness in her childhood.
tiredness	82	n	'taɪədnes	Müdigkeit	stanchezza	fatigue	moeheid	the feeling that you want to sleep or rest	He began to fall asleep from tiredness.
engineer	82	n	,endʒə'nɪə	Ingenieur/in	ingegnere	ingénieur	ingenieur	someone whose job is to design or build roads, bridges, machines etc	He trained as a civil engineer.
musician	82	n	mju:'zɪʃən	Musiker/in	musicista	musicien/ne	musicus/musicienne	someone who plays a musical instrument, especially very well or as a job	She was a talented young musician.
professor	82	n	prə'fesə	Professor/in, Dozent/in	professore(-essa) (universitario, -a), docente	professeur	professor	a teacher of the highest rank in a university department	She's been named the professor of English.
applicant	82	n	'æplɪkənt	Bewerber/in	aspirante, concorrente	candidat/e	sollicitant/-e	someone who has formally asked, usually in writing, for a job, university place etc	He was one of 30 applicants for the manager's job.
attendant	82	n	ə'tendənt	Aufseher/in, Wärter/in	guardiano, a	gardien/ne	bewaker/bewaakster	someone whose job is to look after or help customers in a public place	Jim got a holiday job as a car park attendant.
disinfectant	82	n	,dɪsən'fektənt	Desinfektionsmittel	disinfettante	désinfectant	ontsmettingsmiddel	a chemical or a cleaning product that destroys bacteria	The tables were washed with disinfectant at the end of the day.
clearance	82	n	'klɪərəns	Freigabe	autorizzazione, derequisizione	autorisation	toestemming	the process of getting official permission or approval for something	She'll race if she gets medical clearance from her doctor.
reappearance	82	n	,ri:'piərəns	Wiedererscheinen	ricomparsa	réapparition	herverschijning	the act of appearing again after not being seen for some time	Many of these ideas make a reappearance in his later books.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
pretence	82	n	prɪ'tens	Vortäuschung	finzione	faux-semblant	voorwendsel	a way of behaving which is intended to make people believe something that is not true	How long are you going to keep up the pretence of being ill?
dominant	82	adj	'dɒmənənt	dominant	dominante	dominant	dominant	more powerful, important, or noticeable than other people or things	The dominant male gorilla is the largest in the group.
redundant	82	adj	rɪ'dʌndənt	überflüssig	superfluo	superflu, licencié	redundant, overbodig	if you are redundant, your employer no longer has a job for you	Seventy factory workers were made redundant in the resulting cuts.
independent	82	adj	ˌɪndə'pendənt	unabhängig	independente	indépendant	onafhankelijk	an independent organisation is not owned or controlled by, or does not receive money from, another organisation or the government	There are plans to split the corporation into a number of smaller independent companies.
scandalous	82	adj	'skændələs	skandalös	scandaloso	scandaleux	schandalig	completely unfair and wrong	That's a scandalous waste of public money!
rebellious	82	adj	rɪ'beljəs	rebellisch	ribelle	rebelle	opstandig	deliberately not obeying people in authority or rules of behaviour	How would you like to take charge of a class of rebellious teenagers?
suspicious	82	adj	sə'spɪʃəs	misstrauisch	sospettoso	méfiant	achterdochtig	thinking that someone might be guilty of doing something wrong or dishonest	Some of his colleagues at work became suspicious of his behaviour.
capable	82	adj	'keɪpəbəl	fähig	capace	capable	in staat	having the qualities or ability needed to do something	I don't think he's capable of murder.
edible	82	adj	'edəbəl	essbar	mangiabile	mangeable	eetbaar	something that is edible can be eaten	These berries are edible, but those are poisonous.
visible	82	adj	'vɪzəbəl	sichtbar	visibile	visible	zichtbaar	something that is visible can be seen	The outline of the mountains was clearly visible.
persuasive	82	adj	pə'sweɪsɪv	überzeugend	persuasivo	persuasif	overtuigend	able to make other people believe something or do what you ask	Trevor can be very persuasive.
elusive	82	adj	ɪ'luːsɪv	schwer zu fassen, schwer zu erreichen	elusivo, sfuggibile, irraggiungibile	furtif	moeilijk te vinden	an elusive person or animal is difficult to find or not often seen	She managed to get an interview with that elusive man.
evasive	82	adj	ɪ'veɪsɪv	ausweichend	evasivo, elusivo	évasif	ontwijkend	not willing to answer questions directly	Paul's being a bit evasive about this job.
massive	82	adj	'mæsɪv	wuchtig, massiv	massivo	énorme	massief	very large, solid, and heavy	The bell is massive, weighing over 40 tons.
respectful	82	adj	rɪ'spektfəl	respektvoll	pieno di rispetto	respectueux	eerbiedig	feeling or showing respect	They listened in respectful silence.
helpful	82	adj	'helpfəl	hilfreich	disponibile	utile	behulpzaam	providing useful help in making a situation better or easier	Thank you for your advice; it's been very helpful.
resourceful	82	adj	rɪ'zɔːsfəl, -'sɔːs-	einfallreich	pieno di risorse	ingénieux	vindingrijk	good at finding ways of dealing with practical problems	She is a woman who is energetic and resourceful.
deeply	82	adv	'diːpli	äußerst, sehr	estremamente, molto	profondément	ernstig, diep	used to emphasise that a belief, feeling, opinion etc is very strong, important, or sincere	Teachers are deeply divided on this issue.
financially	82	adv	fə'nænfjəli, faɪ-	finanziell	finanziario	financièrement	financieel	in a way relating to money or the management of money	He was successful and financially secure.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
dramatically	82	adv	drə' mætrikli	erheblich, sehr stark	considerevolmente, notevole, molto forte	radicalement	dramatisch	greatly and suddenly	Computers have changed the workplace dramatically.
extensively	82	adv	ɪk'stensɪvli	ausgiebig	ampiamente	beaucoup, largement	uitgebreid	widely, over a great area	As a student, he travelled extensively in the Middle East.
supposedly	82	adv	sə'pəʊzədli	angeblich, vermeintlich	presuntamente, supposto che	soi-disant	zogenaamd	used when saying what many people say or believe is true, especially when you disagree with them	How could a supposedly intelligent person be so stupid?
ensorship	154	n	'sensəʃɪp	Zensur	censura	censure	censuur	the practice or system of examining books, films, letters etc to remove anything that is considered offensive, morally harmful, or politically dangerous etc	The information given to the press was subject to censorship by the Ministry of Defence.
exorbitant	154	adj	ɪg'zɔ:bətənt	übertrieben, unverschämmt	esorbitante, esagerato	exorbitant	buitensporig	an exorbitant price, amount of money etc is much higher than it should be	He paid an exorbitant price for his house.
nationalist	154	adj, n	'næʃənəlɪst	nationalistisch	nazionalista, nazionalistico	nationaliste	nationalistisch	a nationalist organisation, party etc wants to gain or keep political independence for their country and people	We have seen the rise of the nationalist movement in the country.
governor	154	n	'gʌvənə	Gouverneur	governatore (governatrice)	gouverneur	gouverneur	the person in charge of governing a country that is under the political control of another country	His last post was as governor of a British colony.
responsive	154	adj	rɪ'spɒnsɪv	eingehen auf etw.	reattivo, rispondere bene a qc	sensible à, réagir	snel reagerend	reacting quickly, in a positive way	We try to be responsive to the needs of the customer.
senility	154	n	sə'nɪlɪti	Senilität	senilità	sénilité	seniliteit	being mentally confused or behaving strangely, because of old age	His senility is becoming more of a problem.
fabricate	154	v	'fæbrɪkeɪt	fabrizieren	fabbricare	inventer	construeren	to invent a story, piece of information etc in order to deceive someone	The police were accused of fabricating evidence.
likelihood	154	n	'laɪklihud	Wahrscheinlichkeit	probabilità	probabilité	waarschijnlijkheid	the degree to which something can reasonably be expected to happen	Using a seatbelt will reduce the likelihood of serious injury in a car accident.
personable	154	adj	'pɜ:sənəbəl	sympathisch, angenehm	simpatico, piacevole	avenant, aimable	knap, voorkomend	someone who is personable is attractive and pleasant	She is a very personable young woman.
kindliness	154	n	'kaɪndlɪnəs	Freundlichkeit	gentilezza	bienveillance	vriendelijkheid	the quality of being kind and caring for other people	Mrs Smith's kindliness to my wife was much appreciated.
identical	154	adj	aɪ'dentɪkəl	identisch	identico	identique	identiek	exactly the same, or very similar	The sisters were identical in appearance and character.
repetition	154	n	ˌrepə'tɪʃən	Wiederholung	ripetizione	répétition	herhaling	doing or saying the same thing many times	The job involved the constant repetition of the same movements.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
sarcasm	154	n	'sɑ:kæzəm	Sarkasmus	sarcasmo	sarcasme	sarcasme	a way of speaking or writing that involves saying the opposite of what you really mean in order to make an unkind joke or to show that you are annoyed	'Good of you to arrive on time,' George said, with heavy sarcasm.
glorify	154	v	'glɔ:rəfaɪ	verherrlichen	glorificare	glorifier	verheerlijken	to make someone or something seem more important or better than they really are	I don't like films that glorify violence.
troublesome	154	adj	'trʌbəl səm	mühselig, lästig	penoso, fastidioso, noioso	ennuyeux, difficile	lastig	causing problems, in an annoying way	Her three-year-old son was quite troublesome.
classy	154	adj	'klɑ:si	elegant, stilvoll, nobel	elegante, di buon gusto, nobile	élégant, chic	chic, deftig	fashionable and expensive	There were some classy restaurants in the capital city.
expertise	154	n	ˌekspɜ:ˈti:z	Expertise	perizia	compétence, expertise	expertise, deskundigheid	special skills or knowledge in a particular subject, that you learn by experience or training	What he's bringing to the company is financial expertise.
remission	154	n	rɪˈmɪʃən	Nachlassen	recesso, remissione	rémission	remissie	a period when a serious illness improves for a time	The cancer has gone into remission.
anxious	154	adj	'æŋkjəs	besorgt	preoccupato	anxieux	bezorgd	worried about something	He was a bit anxious about the safety of the machinery.
heroic	154	adj	hɪˈrəʊɪk	heroisch	eroico	héroïque	heldhaftig	extremely brave or determined, and admired by many people	She made heroic efforts to save her family.
sympathy	154	n	'sɪmpəθi	Wohllwollen, Sympathie	simpatia	sympathie, compassion	sympathie	the feeling of being sorry for someone who is in a bad situation	I have a lot of sympathy for her; she had to bring up the children on her own.
effect	154	n	ɪˈfekt	Auswirkung	effetto	effet	invloed	a change that is caused by an event, action etc	My parents' divorce had a big effect on me.
impose	154	v	ɪmˈpəʊz	auferlegen	imporre	infliger, imposer	opleggen	if someone in authority imposes a rule, punishment, tax etc, they can force people to accept it	The court can impose a fine.
frivolous	154	adj	'frɪvələs	leichtfertig	leggero, sconsiderato	frivole	frivool	not serious or sensible, especially in a way that is not suitable for a particular occasion	The court discourages frivolous law suits.
envy	154	n	'envi	Neid	invidia	envie, jalousie	afgunst	the feeling of wanting something that someone else has	He watched the other boys with envy.
hesitate	154	v	'hezətet	zögern	esitare	hésiter	aarzelen	to pause before saying or doing something because you are nervous or not sure	Kay hesitated for a moment and then said 'yes'.
enthusiastic	154	adj	ɪnˌθju:ziˈæstɪk	begeistert, enthusiastisch	entusiastico	enthousiaste	enthousiast	feeling or showing a lot of interest and excitement about something	All the staff are enthusiastic about the project.
chauvinist	154	n	'ʃəʊvənəst	Chauvinist	sciovinista	machiste	chauvinist	someone, especially a man, who believes that their own sex is better or more important than the other sex	He's a bit of a male chauvinist.
take time out	83	v phr	ˌteɪk taɪm ˈaʊt	sich eine Auszeit nehmen	prendere una sospensione/un time out	prendre du temps	er tussenuit gaan	to rest or do something different from your usual job or activities	In between jobs, Liz always took time out to return to her first love – travelling.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
have a breather	83	v phr	hæv ə 'bri:ðə	eine Verschnaufpause einlegen	fare un'interruzione, fare pausa per riprendere fiato	faire une pause	even rusten	to stop what you are doing for a short time in order to rest, especially when you are exercising	I'm really tired – let's stop for a while and have a breather!
take your mind off	83	v phr	ˌteɪk jə 'maɪnd ɒf	sich ablenken	svagarsi, distrarre, distogliere	cesser de penser à	afleiden van	to stop thinking and worrying about (something), or to make someone do this	Going back to work helped take my mind off Ian's death.
switch off	83	phr v	ˌswɪtʃ 'ɒf	abschalten	distrarsi, spegnere	détendre	uitzetten	to relax for a short time	They switch off by listening to music.
let your hair down	83	v phr	ˌlet jə 'heə daʊn	sich gehen lassen	lasciarsi andare	se laisser aller	zich laten gaan	to enjoy yourself and start to relax, especially after working very hard	The party gave us all a chance to really let our hair down.
unwind	83	v	ʌn 'waɪnd	sich entspannen	rilassarsi	se détendre	zich ontspannen	to relax and stop feeling anxious	The country hotel was the perfect place to unwind.
burn the candle at both ends	154	idiom	ˌbɜ:n ðə 'kændl ət ˌbəʊθ 'endz	sich übernehmen	affaticarsi	brûler la chandelle par les deux bouts	te veel hooi op zijn vork nemen	to get very tired by doing things until very late at night and getting up early in the mornings	He's been burning the candle at both ends for far too long.
while away	154	phr v	ˌwaɪl ə 'weɪ	sich die Zeit vertreiben	far passare il tempo	passer le temps	verdrijven	to spend time in a pleasant and lazy way	The evenings were whiled away in endless games of cards.
hang out	154	phr v	ˌhæŋ 'aʊt	sich herumtreiben mit	bighellonare con	traîner	uithangen, zich bevinden	to spend a lot of time in a particular place or with particular people	I don't really know who she hangs out with.
chill out	154	phr v	ˌtʃɪl 'aʊt	sich entspannen	rilassarsi	se détendre	chillen	to relax completely instead of feeling angry, tired, or nervous	I spent the afternoon chilling out in front of the TV.
work all hours	154	idiom	ˌwɜ:k ɔ:l 'aʊəz	zu allen möglichen Zeiten arbeiten	lavorare ad ogni tempo	travailler à toute heure	dag en nacht	to work for a long time	He's been working all hours trying to get the business up and running.
burn the midnight oil	154	idiom	ˌbɜ:n ðə ˌmɪdnɑɪt 'ɔɪl	bis spätnachts etwas tun	fare qc fino a notte inoltrata	travailler jusqu'à très tard dans la nuit	werken tot diep in de nacht	to work or study until late at night	I'll need to burn the midnight oil if I'm to get this job finished in time.
deliberately	86	adv	dɪ 'lɪbərətli	bewusst, absichtlich	consapevole, intenzionale	délibérément	opzettelijk	if you do something deliberately, you do it because you want to	I deliberately kept the letter short.
unsupervised	86	adj	ʌn 'su:pəvaɪzd	unbeaufsichtigt	non sorvegliato	sans surveillance	zonder toezicht	without being in the charge of, or looked after by, another person	You need to be good at working alone unsupervised.
encourage	86	v	ɪn 'kʌrɪdʒ	verführen zu	indurre a	tenter à	aanmoedigen	to make (something) more likely to exist, happen, or develop	Violent TV programmes encourage anti-social behaviour.
independence	86	n	ˌɪndə'pendəns	Unabhängigkeit	indipendenza	indépendance	onafhankelijk	the freedom and ability to make your own decisions in life, without having to ask other people for permission, help, or money	Having a job gives you financial independence.
over-protectiveness	86	n	əʊvə prə'tektɪvnəs	übertriebene Fürsorge	previdenza/protezione esagerata	la surprotection	overbezorgdheid	the quality of being so anxious to protect someone from harm that you restrict their freedom	He was guilty of over-protectiveness towards his children.
risk-averse	86	adj	ˌrɪsk ə'vɜ:s	risikoscheu	avverso al rischio	réticent à prendre des risques	risicomijdend	not willing to take risks	Shareholders are more risk-averse than they used to be.
deal with	86	phr v	'di:l wɪð	sich um etwas kümmern	preoccuparsi di qc	s'occuper de	regelen	to take the necessary action, especially in order to solve a problem	Don't worry, I'll deal with this.
danger	86	n	'deɪndʒə	Gefahr	pericolo	danger	gevaar	the possibility that someone or something will be harmed, destroyed, or killed	The refugees believe that their lives are in danger.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
take risks	86	v phr	ˌteɪk ˈrɪzks	Risiken auf sich nehmen	prendere dei rischi	prendre des risques	risico's nemen	to do things that might have bad results	Isn't he taking risks in coming here?
mollycoddle	86	v	ˈmɒliˌkɒdl	verhätscheln	viziare	couver	moederszootje	to treat someone too kindly and to protect them too much from anything unpleasant	He had been mollycoddled as a young boy.
expose	86	v	ɪkˈspəʊz	aussetzen	esporre	exposer	blootstellen	to put someone in a situation where they are not protected from something dangerous or unpleasant	The report revealed that workers had been exposed to great danger.
colonial domination	88	n phr	kəˌləʊniəl dɒmɪˈneɪʃən	Kolonialherrschaft	dominio coloniale	domination coloniale	koloniale overheersing	control by a country that controls and rules other countries, usually ones that are far away	They were subject to colonial domination for centuries.
revere	88	v	rɪˈviə	verehren	venerare	vénérer	vereren	to respect and admire someone or something very much	He is revered as a national hero.
figurehead	88	n	ˈfɪgəhed	Galionsfigur	polena	figure de proue	hoofd in naam	someone who seems to be the leader of a country or organisation but who has no real power	The Queen is merely a figurehead.
clampdown	88	n	ˈklæmpdaʊn	hartes Durchgreifen	intervenire duramente	(mesures de) répression	(politie)optreden, actie	sudden firm action that is taken to reduce crime	The police announced a clampdown on drug dealers.
outrage	88	n	ˈaʊtreɪdʒ	Empörung, Entsetzen	indignazione, spavento	indignation	verontwaardiging	a feeling of great anger and shock	The response to the jury's verdict was one of outrage.
galvanise	88	v	ˈgælvənaɪz	aufschrecken	far sobbalzare	galvaniser	aansporen	to shock or surprise someone so that they do something to solve a problem, improve a situation etc	The possibility of defeat finally galvanised us into action.
crowning moment	88	n phr	ˌkraʊnɪŋ ˈməʊmənt	krönender Moment	momento culminante	couronnement	klap op de vuurpijl	a time that makes something complete or perfect, or is the best feature of something	Their crowning moment was the winning of the cup in 1966.
rest on somebody's shoulders	88	idiom	ˌrest ɒn ˌsʌmbədɪz ˈʃəʊldəz	die Verantwortung tragen für	assumersi la responsabilità di qc	reposer sur les épaules de	op de schouders van iemand rusten	if blame or a difficult job rests on somebody's shoulders, they have to take responsibility for it	The blame rests squarely on Jim's shoulders.
<b>Unit 8 - Time</b>									
date back to	92	phr v	ˌdeɪt ˈbæk tu	stammen aus	essere originario di	remonter à	stammen uit, bestaand sinds	to have existed since a particular time in the past	The church dates back to the 13th century.
about to	92	phr	əˈbaʊt tə	im Begriff sein, zu	essere sul punto di	sur le point de	op het punt staan	if someone is about to do something, or if something is about to happen, they will do it or it will happen very soon	Work was about to start on a new factory building.
the foreseeable future	92	n phr	ðə ˈfɔːsɪːəbəl ˈfjuːtʃə	in absehbarer Zeit	in un prossimo futuro	l'avenir prévisible	de nabije toekomst	as long as it is possible to know what is likely to happen	The situation is likely to continue for the foreseeable future.
at regular intervals	92	adv phr	ət ˌregjələ ˈɪntəvəlz	in regelmäßigen Abständen	a intervalli regolari	à intervalles réguliers	regelmatig	happening every hour, every week, every month etc, usually with the same amount of time in between	Trains will run at regular intervals from 11 am to 4pm.
in years to come	92	adv phr	ɪn ˌjɪəz tə ˈkʌm	In der Zukunft	nel futuro	dans les années à venir	in de toekomst	in the future	In years to come, some of the practices we take for granted now will seem quite barbaric.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
the outset	92	n	ði 'aʊtset	der Anbeginn	il principio	le début	van het begin af aan	the beginning of an event or process	It was clear from the outset that there were going to be problems.
a picture is worth a thousand words	94	proverb	ə ,pɪktʃər ɪz ,wɜ:θ ə θaʊzənd 'wɜ:dz	ein Bild erzählt mehr als tausend Worte	un'immagine dice più di mille parole	une image vaut mille mots	een beeld zegt meer dan duizend woorden	an idea can be conveyed better with just a single image than a written or spoken description does	As far as the assembly instructions are concerned, a picture is worth a thousand words.
better safe than sorry	94	proverb	ˌbetə ,seɪf ðən 'sɒri	Doppelt genäht hält besser	cucito doppio tiene meglio	mieux vaut prévenir que guérir	het zekere voor het onzekere nemen	used to say that it is better to be careful, even if this takes time, effort etc, than take a risk that may have a bad result	Set the alarm clock – better safe than sorry!
out of sight, out of mind	94	proverb	aʊt əv ,saɪt aʊt əv 'maɪnd	aus den Augen, aus dem Sinn	lontano dagli occhi, lontano dal cuore.	loin des yeux, loin du coeur	uit het oog, uit het hart	used to say that people soon stop thinking about something or someone if they do not see them for a while	I forgot all about her. Out of sight, out of mind, I suppose.
home is where the heart is	94	proverb	ˌhəʊm ɪz weə ðə 'hɑ:t ɪz	Da wo mein Herz ist, bin ich zuhause	casa è dove il cuore è	la maison est là où se trouve le coeur	eigen haard is goud waard	used to say that someone is more fond of their home than of anywhere else	I live in England, but home is where the heart is – Scotland!
practise what you preach	94	proverb	ˌpræktɪs wɒt ju 'pri:tʃ	sich an die eigene Nase fassen	farsi gli affari propri	appliquer ce que l'on prêche	doe zelf ook wat je andere opdraagt	to do the things that you advise other people to do	She didn't always practise what she preached.
Rome wasn't built in a day	94	proverb	ˌrəʊm wɒzənt ˌbɪlt ɪn ə 'deɪ	Rom entstand nicht von heute auf morgen	Roma non fu costruita in un giorno	Rome ne s'est pas faite en un jour	Keulen en Aken zijn niet op één dag gebouwd	a phrase meaning that it takes time to achieve something important, and you should not expect to succeed immediately	Take it slowly – Rome wasn't built in a day.
beggars can't be choosers	155	proverb	ˌbegəz kɑ:nt bi 'tʃu:zəz	In der Not schmeckt jedes Brot	in caso di emergenza, qualsiasi pane gusti	il faut faire de ce qu'on a	lieverkoekjes worden niet gebakken	used to say that, when you have no money or no power to choose, you have to accept whatever you are given	I'll have to take what he's offering – beggars can't be choosers.
better late than never	155	proverb	ˌbetə ˌleɪt ðən 'nevə	besser spät als nie	meglio tardi che mai	mieux vaut tard que jamais	beter laat dan nooit	used to say that even if something happens late or someone arrives late, this is better than if it did not happen, or the person did not come at all	He's finally arrived! Better late than never, I suppose.
don't count your chickens	155	proverb	ˌdəʊnt kaʊnt ju: 'tʃɪkənz	freu dich nicht zu früh	non troppo presto per gongolare	il ne faut pas vendre la peau de l'ours avant de l'avoir tué	niet te vroeg juichen	used to say that you should not make plans that depend on something good happening, because it might not	I wouldn't count your chickens, Mr Vass. I've agreed to sign the contract, but that's all.
strike while the iron's hot	155	proverb	ˌstraɪk waɪl ði ˌaɪənz 'hɒt	die Gelegenheit nutzen	approfittare dell'occasione	battre le fer pendant qu'il est chaud	het ijzer smeden als het heet is	to do something immediately rather than waiting until a later time when you are less likely to succeed	Go and see her now! Strike while the iron's hot!
keep your nose clean	155	proverb	ˌki:p jə 'nəʊz kli:n	sauber bleiben, vorsichtig seinn	tenersi fuori dai guai	se tenir à carreau	geen domme dingen doen	to make sure you do not get into trouble, or do anything wrong or illegal	Sid's got to keep his nose clean or he'll end up back in prison.
no rest for the wicked	155	proverb	nəʊ ˌrest fə ðə 'wɪkɪd	es gibt keine Ruhe für die Schuldigen	non c'è nessun riposo per il colpevole	pas de répit pour le méchant	het zijn altijd dezelfde die ervoor moeten opdraaien	used to say that you have no opportunity to stop working	Well, I had better get back to work – no rest for the wicked, you know!

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
put your best foot forward	155	proverb	pʊt jɔː ˌbest fʊt ˈfɔːwəd	sein Bestes geben	fare del proprio meglio	faire de son mieux	het beste beentje voor zetten	used to describe a situation where you have to make your best attempt at success	OK, put your best foot forward and we'll find out the results tomorrow.
share and share alike	155	proverb	ˌʃeər ən ˌʃeər əˈlaɪk	gerecht teilen	dividere giustamente	il faut partager	eerlijk delen	used to say that you should share things fairly and equally between everyone	Give each child three sweets – share and share alike.
the early bird catches the worm	155	proverb	ði ˌɜːli ˈbɜːd ˌkæʃtʃəz ðə ˈwɜːm	der frühe Vogel fängt den Wurm	il mattino ha l'oro in bocca	l'avenir appartient à ceux qui se lèvent tôt	de morgenstond heeft goud in de mond	used to say that if you do something early or before other people, you will be successful	Well, I'm getting up early tomorrow – the early bird catches the worm!
the pen is mightier than the sword	155	proverb	ðə ˌpen ɪz ˌmaɪtiə ðən ðə ˈsɔːd	die Feder ist mächtiger als das Schwert	la penna è più potente della spada	la plume est plus forte que l'épée	de pen is machtiger dan het zwaard	used to say that writing a complaint, encouragement etc is often more effective than using violence	His eloquent letter had the desired effect and proved that the pen is mightier than the sword.
evocative	95	adj	iˈvɒkətɪv	sinnträchtig	evocativo, suscitare sensazione/destare ricordi	évocateur	herinneringen wekkend/oproepend	making people remember something by producing a feeling or memory in them	He takes some very evocative photographs.
evoke	95	v	iˈvəʊk	hervorrufen	evocare, suscitare	évoquer, faire penser à	herinneringen wekken/oproepen	to produce a strong feeling or memory in someone	His appearance is bound to evoke sympathy.
take you back	95	phr v	ˌteɪk ju ˈbæk	jmd. zurückversetzen	rimettere qu	(se) reporter	doen denken aan	to make you remember a time in the past	Having the grandchildren around takes me back to the days when my own children were small.
carry back	95	phr v	ˌkæri ˈbæk	jmd. zurückversetzen	rimettere qu	rappoter	doen denken aan	to make you remember a time in the past	That scene in the film carried me back to my childhood.
distinctly	96	adv	dɪˈstɪŋktli	deutlich	chiaramente	distinctement	duidelijk	clearly	He distinctly remembered the day his father left.
spring to mind	155	v phrase	ˌsprɪŋ tə ˈmaɪnd	in den Sinn kommen	in den Sinn kommen	venir à l'esprit	te binnen schieten	if someone or something springs to mind, you immediately think of it or them	Two questions spring to mind.
once-in-a-lifetime	155	adj	ˌwʌns ɪn ə ˈlaɪftaɪm	einmal im Leben	unica nella vita	une fois dans la vie	de kans van je leven	the best that you will ever have	It was a once-in-a-lifetime opportunity.
to remember	155	v phrase	tə rɪˈmembə	sich erinnern an	ricordarsi di	se souvenir de	(zich) herinneren	to have a picture or idea in your mind of people, events, places etc from the past	I can't remember her exact words.
on the tip of your tongue	155	idiom	ɒn ðə ˌtɪp əv jə ˈtʌŋ	auf der Zunge	sulla lingua	sur le bout de la langue	op het puntje van de tong	if a word, name etc is on the tip of your tongue, you know it but cannot remember it	What is her name? It's on the tip of my tongue. Joan. Joan Simpson. That's it!
for the life of me	155	idiom	fə ðə ˈlaɪf əv mi	um alles in der Welt, beim besten Willen	tutto nel mondo, con tutta la buona volontà	avec la meilleure bonne volonté du monde	al sla je me dood	used to say that you cannot remember or understand something even when you try hard	I couldn't for the life of me remember his name.
clean forget	155	v phrase	ˌkliːn fəˈɡet	glatt vergessen	facilmente/totalmente dimenticato	oublier complètement	straal vergeten	used to emphasise the fact you have forgotten something completely	I've clean forgotten what I was doing!
go back	155	phr v	ɡəʊ ˈbæk	zurückreichen	risalire a	remonter à	lang geleden	used to say that someone has mentioned something from a long time ago	United winning the league? Well that's going back a bit!

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
like it was yesterday	155	v phrase	ˌlaɪk ɪt wəz ˈjestədi, -deɪ	als wäre es gestern	come se fosse ieri	comme si c'était hier	alsof het gisteren was	very well, as if it happened only a short time ago	I remember meeting you for the first time like it was yesterday.
memory lapse	155	n	ˈmeməri ˌlæps	Gedächtnislücke	amnesia, vuoto di memoria	trou de mémoire	black-out	a short period of time during which you cannot remember something	He had a complete memory lapse and couldn't remember my name.
etch on your memory	155	v phrase	ˌetʃ ɒn jə ˈmeməri	ins Gedächtnis eingraben	incidersi/scolpirsi nella memoria	être gravé dans la mémoire	in het geheugen gegrift staan	if an experience, name etc is etched on your memory or mind, you cannot forget it and you think of it often	The island remained etched on my memory.
all the time in the world	98	phr	ˌɔːl ðə ˈtaɪm ɪn ðə ˈwɜːld	alle Zeit der Welt	tutto il tempo del mondo	tout son temps	alle tijd van de wereld	unlimited time	He strolled up the street as if he had all the time in the world.
pushed for time	98	phr	ˌpuʃt fə ˈtaɪm	wenig Zeit haben	avere poco tempo	être à court de temps	maar weinig tijd hebben	if you are pushed for time you are very busy and have little time to spare	He was pushed for time so couldn't stay to help her.
time on your hands	98	phr	ˈtaɪm ɒn jə ˌhændz	viel Zeit haben	avere molto tempo	du temps à gaspiller	te weinig om handen	if you have time on your hands, you do not have enough to do	Now the children have left home, she has too much time on her hands.
time to yourself	98	phr	ˈtaɪm fə jə ˈself	Zeit für sich selbst	tempo per se stesso	du temps pour soi	tijd voor jezelf	if you have time to yourself, you are free to do what you want to do	She couldn't wait till all the visitors has left so she could have time to herself.
pass the time	98	phr	ˌpɑːs ðə ˈtaɪm	sich die Zeit vertreiben	passare il tempo	passer le temps	de tijd verdrijven	to make time seem to go by more quickly	We played cards to pass the time.
just in time	98	phr	ˌdʒʌst ɪn ˈtaɪm	gerade rechtzeitig	giusto in tempo	juste à temps	net op tijd	only moments before the time by which it is necessary for something to be done	She finished her essay just in time.
time to spare	98	phr	ˈtaɪm tə ˈspeə	Zeit übrig haben	avere tempo da perdere	avoir du temps libre	tijd over hebben	if you have time to spare you have time available to do something	June had little time to spare for making her own clothes.
science	100	n	ˈsaɪəns	Wissenschaft	scienza	science	wetenschap	knowledge about the world, especially based on examining, testing, and proving facts	Many leading scientists do not consider that science can give absolutely reliable knowledge.
universe	100	n	ˈjuːnɪvɜːs	Universum	universo	univers	universum	all space, including all the stars and planets	The new programme studies the universe.
nature	100	n	ˈneɪtʃə	Natur	natura	nature	natuur	everything in the physical world that is not controlled by humans, such as wild plants and animals, earth and rocks, and the weather	We grew up in the countryside, surrounded by the beauties of nature.
art	100	n	ɑːt	Kunst	arte	art	kunst	the use of painting, drawing, sculpture etc to represent things or express ideas	The cave paintings are an example of early Indian art.
<b>Unit 9 - Inspiration</b>									
unconventional	104	adj	ˌʌnkənˈvenʃənəl	unkonventionell	inconsueto, stravagante, disinvolto	non conformiste	onconventioneel	very different from the way people usually behave, think, dress etc	She had very unconventional political views.
thought-provoking	104	adj	ˈθɔːt prəˈvʊkɪŋ	zum Nachdenken anregend	stimolare il pensiero/la riflessione	qui invite à réfléchir	tot nadenken stemmend	making people think seriously about a particular subject	They wrote a very thought-provoking article.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
bleak	104	adj	bli:k	düster	fosco, tetro	morne	somber	without anything to make you feel happy or hopeful	The company still hopes to find a buyer, but the future looks bleak.
compelling	104	adj	kəm'pelɪŋ	zwingend	conclusivo, convincente	irréfutable, convaincant	overtuigend, dwingend	used to describe an argument etc that makes you feel certain that something is true or that you must do something about it	Lucy had no compelling reason to go into town.
charming	104	adj	'tʃɑ:mɪŋ	charmant	affascinante	charmant	charmant	very pleasing or attractive	Harry can be very charming.
well-received	104	adj	ˌwel rɪ'si:vd	gut aufgenommen	ben accettato	bien accueilli	goed ontvangen	happily accepted, or considered to be correct, by many people	The news was well-received by all the people in the room.
poignant	104	adj	'pɔɪnjənt	schmerzlich, ergreifend	toccante, doloroso	poignant	aangrijpend	making you feel sad or full of pity	The statue is a poignant reminder of our nation's great sacrifices.
overrated	104	adj	ˌəʊvə'reɪtəd	überbewertet	sopravalutato	surfait	overschat	not as good or important as some people think or say	The new film was vastly overrated.
offbeat	104	adj	ˌɒf'bi:t	neben der Spur	poco convenzionale, fuori di testa	excentrique, décalé	excentriek	unusual and not what people normally expect, especially in an interesting way	She's a little offbeat, but she's a wonderful actress.
stylish	104	adj	'staɪlɪʃ	schick	chic, elegante	chic, élégant	stijlvol, chic	attractive in a fashionable way	They went to a stylish restaurant in the West End.
striking	104	adj	'straɪkɪŋ	auffällig, markant	vistoso, notevole	saisissant, frappant	opvallend, markant	attractive in an unusual way that is easy to notice	A dark man with striking features walked up to me.
subtle	104	adj	'sʌtl	subtil, fein	sottile	subtil	subtiel	not easy to notice or understand unless you pay careful attention	The pictures are similar, but there are subtle differences between them.
come up with	106	phr v	kʌm 'ʌp wɪð	sich ausdenken	escogitare, inventare	imaginer, inventer	op de proppen komen met	to think of an idea, answer etc	We've been asked to come up with some new ideas.
go on	106	phr v	gəʊ 'ɒn	etw. weiter tun	continuare	continuer à faire qc	doorgaan	to continue doing something or being in a situation	He went on working until he was 91.
carry out	106	phr v	ˌkæri 'aʊt	durchführen, ausführen	eseguire, effettuare	effectuer, réaliser	doen, uitvoeren	to do something that needs to be organised and planned	We need to carry out more research.
set up	106	phr v	ˌset 'ʌp	gründen	fondare	fonder	beginnen, oprichten	to start a company, organisation, committee etc	They want to set up their own import-export business.
pick up	106	phr v	ˌpɪk 'ʌp	aufheben, aufnehmen	raccogliere, alzare	ramasser	oprapen, optillen	to lift something or someone up	He picked up the letter and read it.
go back	106	phr v	gəʊ 'bæk	zurückkehren	ritornare	retourner	teruggaan	to return to a place that you previously been to	I think we ought to go back to Paris some day.
come back	106	phr v	kʌm 'bæk	wiederkommen	(ri)tornare	revenir, rentrer	terugkomen	to return to a place that you previously went away from	Please come back and see us again soon!
go out	106	phr v	gəʊ 'aʊt	ausgehen	uscire	sortir	uitgaan	to leave your house, especially in order to enjoy yourself	We went out for a meal and then on to a movie.
point out	106	phr v	ˌpɔɪnt 'aʊt	betonen	accentuare, mettere in rilievo	indiquer, signaler	attenderen op	to tell someone something that they did not already know or had not thought about	He was always very keen to point out my mistakes.
find out	106	phr v	ˌfaɪnd 'aʊt	herausfinden	ritrovare, scoprire	découvrir, apprendre	achterhalen, uitvinden	to get information, after trying to discover it or by chance	Did you find out whether there are any seats left?
get round to	106	phr v	get 'raʊnd tə	dazu kommen, etw. zu tun	non trovare il tempo di fare qc	arriver à qc	aan iets toekomen	to do something that you have been intending to do for some time	I keep meaning to put a lock on it, but I never get round to it.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
go in for	106	phr v	gəʊ 'ɪn fə	etw. mögen, auf etw. abfahren	coltivare	aimer, apprécier	houden van	to do or use something often because you enjoy it	I never really went in for sports.
put up with	106	phr v	pʊt 'ʌp wɪð	etw. hinnehmen, ertragen	sopportare	supporter, tolérer	iets pikken	to accept an unpleasant situation or person without complaining	She put up with his violent temper.
stand up for	106	phr v	ˌstænd 'ʌp fə	jmd. Paroli bieten	dichiarare apertamente le proprie opinioni, controbattere	se battre pour, défendre	opkomen voor	to refuse to accept unfair treatment from a person or organisation	He'll respect you more if you stand up to him.
catch up with	106	phr v	ˌkætʃ 'ʌp wɪð	Kontakt aufnehmen mit	prendere contatto con non mantenere, non adempi(e)re, non osservare	rattraper	bijkletsen	to finally speak to someone you haven't had a chance to speak to for a while	I'll catch up with you next week.
go back on	156	phr v	gəʊ 'bæk ɒn	nicht einhalten		revenir sur	terugkomen op	to not do something that you promised or agreed to do	Delors claimed that the President had gone back on his word.
get up to	156	phr v	get 'ʌp tə	machen, unternehmen	fare	faire	uitspoken	to do something, especially something slightly bad	What did you get up to at the weekend?
cut down on	156	phr v	ˌkʌt 'daʊn ɒn	reduzieren, senken	ridurre	réduire	verminderen	to reduce the amount of something	By getting the design right, you can cut down on accidents.
look in on	156	phr v	ˌlʊk 'ɪn ɒn	vorbeischauen, besuchen	passare da, andare a trovare, visitare	faire un saut chez	bij iemand langsgaan	to make a short visit to someone, while you are going somewhere else, especially if they are ill or need help	I promised to look in on Dad and see if he's feeling any better.
watch out for	156	phr v	ˌwɒtʃ 'aʊt fə	achten auf	stare attento a, badare a	faire attention à	letten op	to pay close attention in a particular situation because you are expecting something to happen or you want to avoid something bad	What problems should I watch out for when buying an old house?
keep up with	156	phr v	ˌki:p 'ʌp wɪð	mithalten mit	tener dietro a qc, starci	suivre, garder le rythme	bijhouden	to manage to do as much or as well as other people	Jack's having trouble keeping up with the rest of the class.
go through with	156	phr v	gəʊ 'θru: wɪð	etw. durchhalten	tenere duro, resistere a	mener à bien	doorzetten	to do something you had promised or planned to do, even though it causes problems or you are no longer sure you want to do it	He bravely went through with the wedding ceremony even though he was in a lot of pain.
go down with	156	phr v	gəʊ 'daʊn wɪð	sich zuziehen (Krankheit)	prendersi (una malattia), farsi	s'infecter, attraper	gevloerd worden	to become ill, especially with an infectious disease	Half the team had gone down with flu.
do away with	156	phr v	ˌdu: ə'weɪ wɪð	abschaffen	abolire	supprimer	iets wegdoen	to get rid of something or stop using it	People thought that the use of robots would do away with boring low-paid factory jobs.
look down on	156	phr v	ˌlʊk 'daʊn ɒn	herabschauen auf	guardare dall'alto in basso	regarder de haut	neerkijken op	to think that you are better than someone else, for example because you are more successful, or of a higher social class than they are	Mr Garcia looks down on anyone who hasn't had a college education.
come up with an idea	107	phr	kʌm 'ʌp wɪð ən aɪ'dɪə	sich einfallen lassen	farsi venire	avoir une idée	een idee aandragen	to think of an idea	We've been asked to come up with some new ideas.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
novel idea	107	adj	ˌnɒvəl aɪˈdɪə	neuartige Idee	nuova idea	idée originale	verrassend idee	an idea that is not like anything known before, and unusual or interesting	What a novel idea!
toy with an idea	107	phr	ˌtɔɪ wɪð ən aɪˈdɪə	mit einer Idee spielen	giocare con un'idea	jouer avec une idée	met een idee spelen	to think about an idea or possibility, usually for a short time and not very seriously	I've been toying with the idea of going to Japan to visit them.
give the idea	107	phr	ˌɡɪv di aɪˈdɪə	den Eindruck vermitteln	dare l'impressione	donner l'impression	de indruk wekken	to make someone think that a particular thing is true	We don't want to give you the idea that you will be offered a permanent job.
brainstorm ideas	107	phr	ˌbreɪnstɔːm aɪˈdɪəz	Ideen brainstormen	brainstorming di idee	faire un remue-méninges	brainstormen	to meet in a group in order to try to develop ideas and think of ways of solving problems	Employees get together and brainstorm ideas.
hit on an idea	107	phr	ˌhɪt ɒn ən aɪˈdɪə	auf eine Idee kommen	venire con un'idea	il vient une idée à qn	ineens een idee hebben	to have an idea or discover something suddenly or unexpectedly	Then we hit on the idea of asking viewers to donate money over the Net.
bright idea	107	n	ˌbraɪt aɪˈdɪə	tolle Idee	grande idea	idée brillante	slim idee	a very clever idea, often used in a joking way to mean a very stupid idea or action	Whose bright idea was it to leave the washing out in the rain?
original idea	107	n	əˌrɪdʒənəl aɪˈdɪə	originelle Idee	idea originale	idée originale	verrassend idee	an idea that is completely new and different from anything that anyone has thought of before	I don't think George is capable of having original ideas!
seem like a good idea at the time	107	idiom	ˌsiːm laɪk ə ˌɡʊd aɪˈdɪə ət ðə ˈtaɪm	schien damals eine gute Idee zu sein	allora sembrava d'essere stata una buon'idea	semblait être une bonne idée à ce temps-là	op dat moment een goed idee lijken	what you decided to do seemed sensible at first, but it turned out to be a poor decision	"Why did you jump in the lake?" "Well, it seemed like a good idea at the time."
ridiculous idea	107	n	rɪˈdɪkjələs aɪˈdɪə	lächerliche Idee	una idea ridicola	idée ridicule	belachelijk idee	a very silly or unreasonable idea	Going to school in your pyjamas is a ridiculous idea!
get the wrong idea about something	156	phr	ɡet ðə ˌrɒŋ aɪˈdɪə əbaʊt ˌsʌmθɪŋ	sich falsche Vorstellungen machen von	ottenere idee sbagliate di	se tromper de qc	iets verkeerd denken van	to think that something is true when it is not	Don't get the wrong idea about Dan and Helen – they're just friends.
not have the faintest idea about something	156	phr	ˌnɒt hæv ðə ˌfeɪntəst aɪˈdɪə əbaʊt ˌsʌmθɪŋ	nicht die geringste Vorstellung von etwas haben	non avere la minima idea di qc	n'en avoir pas la moindre idée	geen flauw benul van iets hebben	to not have even a general understanding of something	I don't have the faintest idea what to get Rachel for her birthday.
full of bright ideas	156	phr	ˌfʊl əv ˌbraɪt aɪˈdɪəz	voller glänzender Ideen	pieno di idee brillanti	plein de brillantes idées	vol geweldige ideeën zitten	having lots of very clever ideas, often used in a joking way to mean very stupid ideas or actions	Jim? Oh, yes, he's full of bright ideas, he is!
someone's idea of a joke	156	phr	ˌsʌmwʌnz aɪˈdɪə əv ə ˈdʒəʊk	jmds. Vorstellung von einem Spaß/Witz	l'idea di uno scherzo di qualcuno	l'idée d'humour que qn a	noem je dat grappig?	used when you are surprised and often rather annoyed by what someone has said or done	"She wants you to do it by tomorrow." "Is that your idea of a joke?"
have an idea of/about something	156	phr	ˌhæv ən aɪˈdɪə əbaʊt ˌsʌmθɪŋ	eine Ahnung haben	avere un'idea	avoir une idée de	een vermoeden hebben	to be fairly sure that something is true, without being completely sure	I'm not sure where my necklace is, but I have an idea about who took it.
have a clear idea about something	156	phr	ˌhæv ə ˌkliə aɪˈdɪə əbaʊt ˌsʌmθɪŋ	eine klare Vorstellung von etwas haben	avere una idea chiara di qc	avoir une idée claire de qc	een duidelijk idee hebben van	to have a good understanding of something	I think I have a clear idea now of how it works.
rave	110	v, n	reɪv	schwärmen von	parlare con entusiasmo di qu/qc	chanter des louanges de	lyrisch zijn	to talk about something you enjoy or admire in an excited way	Now I understand why travellers rave about Lapland.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
crave	110	v	kreɪv	ersehen	anelare a qc, desiderare ardentemente	brûler d'envie de faire qc	hunkeren	to have an extremely strong desire for something	He is an insecure child who craves attention.
rant	110	v, n	rænt	schimpfen, zetern über	imprecare, strillare, urlare	râler contre	tekeergaan, een tirade afsteken	to talk or complain in a loud, excited and rather confused way because you feel strongly about something	She was ranting about the unfairness of it all.
fresh perspective	110	n	ˌfref pəˈspektɪv	neue Perspektive	nuova prospettiva, nuovo punto di vista	nouvelle perspective	frisse kijk	a new and interesting or useful way of thinking about something, especially one which is influenced by the type of person you are or by your experiences	The venture will benefit from their fresh perspective.
speak your mind	110	v phr	ˌspi:k jə ˈmaɪnd	sagen, was man denkt	dire quello che pensi	dire ce que l'on pense	je mening zeggen	to tell people exactly what you think, even if it offends them	He was a tough politician who wasn't afraid to speak his mind.
let your feelings fly	110	v phr	let jɔ: ˌfi:lɪŋz ˈflaɪ	sich nicht zurückhalten	non trattenerti	ne pas se réfréner	je gevoelens de vrije loop laten	to say exactly what you think about things	You don't have to hold back on what you say, you can let your feelings fly.
give someone a piece of your mind	110	phr	ə ˌpi:s əv jə ˈmaɪnd	jemandem etwas flüstern/erzählen	sussurrare/raccontare qc a qu	réprimander qn	iemand flink de waarheid zeggen	to tell someone that you are very angry with them	After the game he gave the players a piece of his mind.
<b>Unit 10 - Horizons</b>									
set off	116	phr v	ˌset ˈɒf	sich aufmachen	avviarsi	se mettre en route pour	vertrekken, op weg gaan	to start to go somewhere	Jerry and I set off on foot for the beach.
epic	116	adj	ˈepɪk	episch, schwierig und abenteuerlich	epico, difficile, avventuroso	epique, homérique	episch	an epic event continues for a long time and involves brave or exciting actions	It was the following year when he made his epic journey to South America.
on the road	116	phr	ɒn ðə ˈrəʊd	unterwegs	in giro	sur la route	onderweg	travelling	They're on the road for six months out of every year.
trial run	116	n	ˌtraɪəl ˈrʌn	Probelauf	prova di funzionamento	essai	het proefdraaien	an occasion when you test a new method or system to see if it works well	This year is something of a trial run for the new service.
learning experience	116	n	ˈlɜ:nɪŋ ɪkˌspɪəriəns	Lernerfahrung	esperienza di apprendimento	expérience instructive	leerervaring	an experience through which you learn a new skill	Everyone in the centre has had quite a learning experience this week.
quit your job	116	v phr	ˌkwɪt jə ˈdʒɒb	seinen Job kündigen	licenziarsi il suo lavoro	quitter votre emploi	ontslag nemen	to leave a job, especially without finishing it completely	He quit his job after an argument with a colleague.
head straight for	116	v phr	ˌhed ˈstreɪt fə	direkt fahren zu/nach	andare direttamente a	filer droit vers	rechtstreeks gaan naar	to go or travel directly towards a particular place, without going anywhere else first	We headed straight for the capital.
off the beaten track	116	idiom	ˌɒf ðə ˌbi:tən ˈtræk	abseits der ausgetretenen Pfade	fuori dal sentiero battuto	hors des sentiers battus	buiten de gebaande paden	a place that is off the beaten track is not well known and is far away from the places that people usually visit	We want to visit all the places that are off the beaten track for a change.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
journey	118	n	'dʒɜ:nɪ	Reise	viaggio	voyage	reis	an occasion when you travel from one place to another, especially over a long distance	The novel is an account of his African journey.
conceal	118	v	kən'si:l	verbergen	nascondere	dissimuler	verbergen, verstoppen	to hide (something) carefully	The path was concealed by long grass.
gripping	118	adj	'grɪpɪŋ	packend	avvincente	captivant	pakkend	a gripping film, story etc is very exciting and interesting	Collins's gripping detective novel became a bestseller.
embark on	118	phr v	ɪm'bɑ:k ɒn	in Angriff nehmen	imbarcarsi in	se lancer dans	beginnen aan	to start something, especially something new, difficult, or exciting	He embarked on a new career as a teacher.
spacious	118	adj	'speɪʃəs	geräumig	spazioso, vasto	spacieux	ruim	a spacious house, room etc is large and has plenty of space to move around in	There is a spacious living area facing out onto the pool.
master	118	v	'mɑ:stə	meistern	venire a capo di, dominare, imparare bene	maîtriser	de baas worden	to learn a skill or a language so well that you have no difficulty with it	I never quite mastered the art of walking in high heels.
impure	157	adj	ɪm'pjʊə	unrein	impuro	impur	onzuiver	not pure or clean, and often consisting of a mixture of things instead of just one	Unfortunately it was an impure crystal and therefore not worth very much.
unadulterated	157	adj	ˌʌnə'dʌltəreɪtəd	unverfälscht	genuino	parfait, pur	onvervalst	complete or total, or not mixed with other less pure substances	These recipes are intended to be unadulterated bliss.
natural	157	adj	'nætʃərəl	natürlich	naturale	naturel	natuurlijk	existing in nature and not caused, made, or controlled by people	The need for natural light in offices cannot be contested.
genuine	157	adj	'dʒenjuən	echt	vero, genuino	véritable, authentique	echt, oprecht	something genuine really is what it seems to be	We need laws that will protect genuine refugees.
shun	157	v	ʃʌn	meiden	evitare	éviter	schuwen, mijden	to deliberately avoid someone or something	She was a shy woman who shunned publicity.
ignore	157	v	ɪg'no:	nicht beachten	ignorare	ignorer	negeren	to behave as if you had not heard or seen someone or something	The phone rang, but she ignored it.
ostracise	157	v	'ɒstrəsaɪz	ächtchen, ausschließen	proscrivere, escludere	ostraciser	uitstoten	if a group of people ostracise someone, they refuse to accept them as a member of the group	He was ostracised by the other students.
welcome	157	v	'welkəm	willkommen heißen	dare il benvenuto a qu	accueillir	verwelkomen	to be glad to accept something or someone	The college welcomes applications from people of all races.
guess	157	v	ges	raten	indovinare	deviner	raden	to try to answer a question or form an opinion when you are not sure whether you will be correct	I'd say he's around 50, but I'm only guessing.
estimate	157	v	'estəmeɪt	schätzen	stimare	estimer, évaluer	schatten	to try to judge the value, size, speed cost etc of something, without calculating it exactly	The tree is estimated to be at least 700 years old.
assume	157	v	ə'sju:m	annehmen	assumere	supposer	aannemen	to think that something is true, although you do not have definite proof	I didn't see your car, so I assumed you'd gone out.
hypothetical	157	adj	ˌhaɪpə'θetɪkəl	hypothetisch	ipotetico	hypothétique	hypothetisch	based on a situation that is not real, but that might happen	Brennan brought up a hypothetical case to make his point.
argue	157	v	'ɑ:gju:	streiten	discutere, litigare	se disputer	debatteren, ruziën	to disagree with someone in words, often in an angry way	Gallacher continued to argue with the referee throughout the game.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
squabble	157	v	'skwɒbəl	sich zanken	litigare	se quereller	kibbelen	to argue about something unimportant	They're always squabbling over money.
admit	157	v	əd'mɪt	zugeben	ammettere	admettre, avouer	toegeven	to agree unwillingly that something is true or that someone else is right	You may not like her, but you have to admit that she's good at her job.
dispute	157	v	dɪ'spju:t	bestreiten	negare, smentire	contester	in twijfel trekken, betwisten	to say that something such as a fact or idea is not correct or true	The main facts of the book have never been disputed.
run	157	v	rʌn	rennen, laufen	correre	courir	rennen	to move very quickly, by moving your legs more quickly than when you walk	I ran down the stairs as fast as I could.
stroll	157	v	strɔ:l	schlendern	bighellonare	flâner	slenteren	to walk somewhere in a slow, relaxed way	We were strolling along, laughing and joking.
meander	157	v	mi'ændə	(umher)schlendern	vagare, gironzolare	errer, vagabonder	slenteren	to walk somewhere in a slow, relaxed way rather than take the most direct way possible	We meandered through the ancient streets.
saunter	157	v	'sɔ:ntə	schlendern, bummeln	passaggiare, gironzolare, bighellonare	se balader	slenteren	to walk in a slow, relaxed way, especially so that you look confident or proud	He came sauntering down the road with his hands in his pockets.
lightweight	157	adj	'laɪtweɪt	leicht	leggero	léger	licht	weighing less than average	He wore a lightweight jacket.
cumbersome	157	adj	'kʌmbəsəm	sperrig, unhandlich	ingombrante, poco maneggevole	encombrant	log	difficult and heavy to move	It was a very large, cumbersome machine.
awkward	157	adj	'ɔ:kwəd	schwierig	difficile	peu commode	onhandig	difficult to do, use, or deal with	It'll be awkward getting cars in and out.
heavy	157	adj	'hevi	schwer	pesante	lourd	zwaar	weighing a lot	The wardrobe was too heavy for me to move on my own.
considerable	157	adj	kən'sɪdərəbəl	beträchtlich	considerevole	considérable	aanzienlijk	fairly large, especially large enough to have an effect or be important	We've saved a considerable amount of money.
extensive	157	adj	ɪk'stensɪv	ausgedehnt, weitläufig	esteso, vasto	grand, vaste, approfondi	groot, uitgebreid	large in size, amount, or degree	The house stands in extensive grounds.
minimal	157	adj	'mɪnɪməl	geringfügig, minimal	minimale	minime	minimaal	very small in degree or amount, especially the smallest degree or amount possible	The storm caused only minimal damage.
substantial	157	adj	səb'stænʃəl	bedeutend	importante	considérable	aanzienlijk	large in amount or number	We have the support of a substantial number of parents.
sincere	157	adj	sɪn'sɪə	aufrichtig	sincero	sincère	oprecht	a feeling, belief, or statement that is sincere is honest and true, and based on what you really feel	Please accept my sincere apologies.
dishonest	157	adj	dɪs'ɒnəst	unehrlich	disonesto	malhonnête	oneerlijk	not honest, and so deceiving or cheating people	People on welfare are wrongly seen as lazy or dishonest.
straightforward	157	adj	ˌstreɪt'fɔ:wəd	einfach	semplice	simple, direct	simpel	simple and easy to understand	Installing the program is relatively straightforward.
unambiguous	157	adj	ˌʌnæm'brɪɡjuəs	eindeutig	chiaro evidente	sans ambiguïté	ondubbelzinnig	a statement, instruction etc that is unambiguous is clear and easy to understand because it can only mean one thing	Such communications should be clear and unambiguous.
scrap	120	n	skræp	Stückchen	minuzzolo	petit bout	beetje, greintje	a small amount of information, truth etc	There isn't a single scrap of evidence.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
dazzled	120	adj	'dæzəld	überwältigt	sconvolto	éboui	verbluft, onder de indruk	very impressed	I was dazzled by all the attention I got.
ascension	120	n	ə'senfən	Aufstieg	promozione, ascesa	ascension	promotie	when someone moves to a more important or higher position or job	His ascension to the ranks of senior management was a surprise.
clamour	120	n	'klæmə	Lärm	rumore	revendication, clameur	herrie	a very loud noise made by a large group of people or animals	He shouted over the rising clamour of voices.
geriatric	120	adj	'dʒeri'ætrɪk	altersschwach	geriatrico, debole	gériatrique	oud	too old to work well	He's a geriatric rock star.
beacon	120	n	'bi:kən	Signal	segnale	phare, signal	baken	a person, idea etc that guides or encourages you	The education program offers a beacon of hope to these children.
crave	120	v	kreɪv	ersehen	anelare a qc	avoir un grand besoin de	hunkeren	to have an extremely strong desire for something	He is an insecure child who craves attention.
hanker after	120	phr v	'hæŋkər ,ɑ:ftə	sich etwas sehnlischst wünschen	desiderare qc ardentemente	rêver de, avoir envie de	hunkeren naar	to feel strongly that you want something	She hankered after a life in the country.
spotlight	120	n	'spɔ:tlɑ:t	Rampenlicht	luci della ribalta	projecteurs	schijnwerpers	a place or position that gets a lot of attention in newspapers, on television etc	Education is once again in the spotlight.
centre of attention	120	n phr	ˌsentər əv ə'tenfən	Zentrum der Aufmerksamkeit	centro dell'interesse/ dell'attenzione	centre d'attention	het middelpunt van de belangstelling	the person who everyone is interested in, listens to etc	Rob loves being the centre of attention.
serve an apprenticeship	120	n	ˌsɜ:v ən ə'prentɪʃɪp	eine Lehre machen	andare a fare un apprendistato	effectuer un apprentissage	stage lopen	the job of being an apprentice (= someone who works for an employer for a fixed period of time in order to learn a particular skill or job), or the period of time in which you are an apprentice	He's serving an apprenticeship as a printer.
pay your dues	120	idiom	ˌpeɪ jɔ: 'dju:z	seine Beiträge zahlen/Verpflichtungen erfüllen	fare il proprio dovere	effectuer les cotisations	de tol betalen	to make regular payments, or fulfil obligations, to an organisation of which you are a member and where you are learning a trade	You have to start at the bottom of the career ladder and pay your dues.
be held in high esteem	120	idiom	bi ,held ɪn ,haɪ ɪ'sti:m	hoch angesehen sein	essere tenuto in gran considerazione	être tenu en haute estime	hoogachten	if someone is held in high esteem, people have a feeling of respect for them or a good opinion of them	The critics held him in high esteem as an actor.
be renowned	120	v phr	bi ɪ'naʊnd	berühmt sein	essere famoso	être célèbre	beroemd	to be known and admired by a lot of people, especially for a special skill, achievement, or quality	He's renowned as a public speaker.
overnight success	120	idiom	ˌəʊvənɑ:t sək'ses	über Nacht ein Erfolg werden	diventare un successo improvvisamente/da un giorno a altro	succès immédiat	van de ene op de andere dag succes hebben	a success that happens surprisingly quickly	The show was an overnight success.
shoot to fame	120	idiom	ˌʃu:t tə 'feɪm	plötzlich berühmt werden	diventare famoso improvvisamente	être propulsé vers la gloire	plotseling beroemd worden	to suddenly become very famous	Brian, an air steward, shot to fame on the television show 'Big Brother'.
be set on	120	v phr	bi 'set ɒn	entschlossen sein etw. zu tun	essere determinato a fare qc	être déterminé à	dolgraag willen	to be determined about (something)	Nina's set on going to the party.
have aspirations	120	v phr	hæv ,æspə'reɪʃənz	Ambitionen	ambizioni	avoir des aspirations	ambities hebben	to have a strong desire to have or achieve something	They had a lot of hopes and aspirations for the future.
burning ambition	157	n phr	ˌbɜ:nɪŋ æm'brɪʃən	brennender Ehrgeiz	ambizione ardente	très ambitieux	brandende ambitie	a burning ambition (= a strong desire to achieve something), desire, need etc is very strong	My burning ambition is to be world champion.

Word	Page	Part of speech	Pronunciation	German	Italian	French	Dutch	Definition	Example
set your heart on	157	idiom	ˌset jə 'hɑ:t ɒn	sein ganzes Herz an etwas hängen	appendere di tutto il suo cuore a qualcosa	jeter son dévolu sur	je zinnen zetten op	to want very much to have or achieve something, or to be determined to do something	Ellen has completely set her heart on buying that house.
in the limelight	157	idiom	ɪn ðə 'laɪmlaɪt	im Rampenlicht	al centro dell'interesse	sous les feux de la rampe	in de schijnwerpers	a situation in which someone receives a lot of attention, especially from newspapers, television etc	Tad loves being in the limelight.
hit the big time	157	idiom	ˌhɪt ðə 'bɪɡ taɪm	den großen Durchbruch schaffen	essere il grosso colpo, il grande passo/salto in avanti	être un grand succès	het (helemaal) maken	to get to a position of being very famous or important, for example in the entertainment business or in politics	The 46-year-old author has finally hit the big time.
stroke of luck	157	n phr	ˌstrʊk əv 'lʌk	Glücksfall	caso fortunato	coup de chance	gelukkig toeval	something lucky that happens to you unexpectedly	In a stroke of luck, a suitable organ donor became available.
pay off	157	phr v	ˌpeɪ 'ɒf	sich bezahlt machen	valere la pena, convenire	porter des fruits	de moeite waard zijn	if something you do pays off, it is successful or has a good result	Teamwork paid off.
one-hit wonder	157	idiom	ˌwʌn hɪt 'wʌndə	Eintagsfliege	cosa effimera	succès sans lendemain	eendagsvlieg	if someone has success with one song, book, etc. only, they are a one-hit wonder	She made a lot of money with that song, but she turned out to be a one-hit wonder.
a legend in your lifetime	157	idiom	ə ˌledʒənd ɪn jə 'laɪftaɪm	schon zu Lebzeiten eine Legende	già nel corso della sua vita una leggenda	une légende de son vivant	een levende legende	someone who is famous and admired for being extremely good at doing something while they are still alive	Stanley Matthews was a football legend in his own lifetime.
establish common goals	122	v phr	ɪˌstæblɪʃ ˌkɒmən ˈɡəʊlz	gemeinsame Ziele festlegen	fissare obiettivi comuni	établir des objectifs communs	gemeenschappelijke doelen hebben	to decide on aims that are shared by more than one person or organisation	Iran and Turkey shared common goals in their handling of the refugee crisis.
haggle	122	v	'hæɡəl	feilschen, schachern	mercanteggiare su qc	marchander	pingelen	to argue when you are trying to agree about the price of something	Ted was haggling with the street vendors.
make compromises	122	v phr	ˌmeɪk ˈkɒmprəmaɪzɪz	Kompromisse machen	venire ai/fare dei compromessi	faire des compromis	compromissen sluiten	coming to agreements that are achieved after everyone involved accepts less than what they wanted at first	Marriage involves being tolerant and making compromises.
tactful	122	adj	'tæktfəl	taktvoll	che ha tatto	qui a du tact	tactvol	not likely to upset or embarrass other people	There was no tactful way of phrasing what he wanted to say.
defer	122	v	dɪˈfɜː	verschieben, vertagen	rinvviare, aggiornare	reporter	uitstellen	to delay something until a later date	Further discussion on the proposal will be deferred until April.
bluff	122	v	blʌf	mogeln, täuschen	imbrogliare, ingannare	bluffer	bluffen	to pretend something, especially in order to achieve what you want in a difficult or dangerous situation	I hope we'll be able to bluff our way past the guard.
make concessions	122	n	ˌmeɪk kən'seʃənz	Zugeständnisse machen	fare delle concessioni	faire des concessions	concessies doen	something that you allow someone to have in order to end an argument or disagreement	He was ready to make concessions on many of the issues raised.